

# Independent Radio (Alphabetical order)

# Frequency Finder

Commercial and community radio stations are listed together in alphabetical order. National, local and multi-city stations are listed together as there is no longer a clear distinction between them.

For maps and transmitter details see:

- Digital Multiplexes
  - FM Transmitters by Region
  - AM Transmitters by Region
- FM and AM transmitter details are also included in the frequency-order lists.

Most stations broadcast 24 hours.

Stations will often put separate adverts, and sometimes news and information, on different DAB multiplexes or FM/AM transmitters carrying the same programmes. These are not listed separately.

Local stations owned by the same broadcaster often share overnight, evening and weekend, programming.

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

## STATION

Format	Broadcaster	Coverage (AM/FM)
Programme sharing information (where relevant)		
DAB Coverage area		DAB channel
FM/AM Coverage area		FM/AM Frequency
<i>Airdate and historical notes</i>		
m = mono, s = stereo, FM and DAB+ transmissions are stereo unless indicated otherwise. All AM transmissions are mono		
* denotes frequencies previously relayed corresponding FM or AM service		

## A

### ABBEY 104

Mixed Format	Community	
Sherborne, Dorset		FM 104.7

### ABC

Mixed Format	Community	
Portadown, County Down		FM 100.2

### ABN RADIO

African	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

### ABOUT NORWICH

Test transmissions	Community	
Norwich		DAB+ 9A

## ABSOLUTE RADIO

Format: Rock Music  
Broadcaster: Bauer  
England, Wales and Northern Ireland (D1 Mux) DABm 11D  
Scotland (D1 Mux) DABm 12A  
London area, Surrey, W Kent, Herts, Luton (Mx 1) a DABs 12C  
London area a FM 105.8  
West Midlands region b FM 105.2  
London, Herts, Essex, S Beds AM 1215  
N & W Kent, S & Central Essex AM 1197  
West Surrey and NE Hampshire AM 1260  
South East Kent & S East Sussex AM 1260  
Brighton and South Sussex AM 1197  
S Hampshire & Isle of Wight AM 1215  
Bournemouth area AM 1197  
Torbay area AM 1197  
Plymouth area AM 1215  
West Cornwall AM 1215  
South Wales, Avon, Somerset AM 1215  
Gloucestershire AM 1197  
Swindon area AM 1233  
Western Midlands Region AM 1215  
Oxfordshire AM 1197  
Northamptonshire AM 1233  
S & Central Cambridgeshire AM 1197  
South East Suffolk & NE Essex AM 1233  
East Norfolk & NE Suffolk AM 1215  
Lincs, Peterborough, Kings Lynn AM 1242  
Nottingham and Derby area AM 1197  
Stoke-on-Trent area AM 1242  
Merseyside and North Clwyd AM 1197  
NW England & Yorkshire AM 1215  
Sheffield, Roth., Chesterfield AM 1233  
Humberside AM 1215  
Cleveland, S Durham, N Yorkshire AM 1242  
Tyneside, N Durham, S Northumberland AM 1215  
Central Scotland AM 1215  
East Tayside AM 1242  
Aberdeen and East Grampian AM 1215  
Belfast & East Northern Ireland AM 1215

92% daytime coverage  
Marginal reception is available in most other areas except NW Scotland, W Northern Ireland, South Scotland and North Cumbria and parts of Cornwall and the Cardigan Bay area  
Satellite 0107/724, DTT 727, Cable 915  
Airdate: 30/4/1993 as Virgin Radio. Absolute from 29/9/2008  
a: 10/4/1995. Absolute from 29/9/2008  
b: 10/6/2004: Kerrang (Modern Rock). 14/06/2013: Planet Rock. 07/09/2015: Absolute Radio

### ABSOLUTE RADIO 00s

00s Rock and Pop	Bauer	
Inverness area		DABm 12D

### ABSOLUTE RADIO 60s

60s Rock and Pop	Bauer	
Inverness area		DABm 12D

### ABSOLUTE RADIO 70s

70s Rock and Pop	Bauer	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
Satellite 0188		

## ABSOLUTE 80s

Format: 80s Rock and Pop Music  
Broadcaster: Bauer  
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
Satellite 0200/726  
Airdate: 2009 (Moved from D1 Mux on 29/2/2016)

## ABSOLUTE RADIO 90s

Format: 90s Rock and Pop Music  
Broadcaster: Bauer  
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABm 12C  
Birmingham area, West Midlands, SE Staffs DABm 11C  
South Yorkshire, North Notts, Chesterfield DABm 11C  
Leeds and Wakefield Districts DABm 12D  
East Yorkshire and North Lincolnshire DABm 11B  
Tees Valley and County Durham DABm 11B  
Tyne and Wear, North Durham, Northumberland DABm 11C  
Greater Manchester and North East Cheshire DABm 12C  
Central and East Lancashire DABm 12A  
Merseyside and West Cheshire DABm 10C  
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C  
Edinburgh, Lothian and South Fife DABm 12D  
Dundee, Angus, Perth & Kinross, North Fife DABm 11B  
Inverness area DABm 12D  
Northern Ireland DABm 12D  
Satellite 0201  
Airdate: 2010 (Moved from D1 to local multiplexes on 5/11/15)

## ABSOLUTE RADIO CLASSIC ROCK

Format: Classic Rock Broadcaster: Bauer  
London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11D  
Birmingham area, West Midlands, SE Staffs DABm 11C  
South Yorkshire, North Notts, Chesterfield DABm 11C  
Leeds and Wakefield Districts DABm 12D  
East Yorkshire and North Lincolnshire DABm 11B  
Tees Valley and County Durham DABm 11B  
Tyne and Wear, North Durham, Northumberland DABm 11C  
Central and East Lancashire DABm 12A  
Merseyside and West Cheshire DABm 10C  
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C  
Edinburgh, Lothian and South Fife DABm 12D  
Dundee, Angus, Perth & Kinross, North Fife DABm 11B  
Inverness area DABm 12D  
Northern Ireland DABm 12D  
Satellite 0203/725  
Airdate (London DAB): 5/2004 (as Virgin Radio Classic Rock).  
Absolute Radio Classic Rock from 29/9/2008. Other DAB areas from 2010; coverage has subsequently varied.

### ACADEMY FM (FOLKESTONE)

Mixed Format	Community	
Folkestone		FM 105.9

### ACCESS FM

Mixed Format	Community	
Bridgwater, Somerset		FM 104.2

### ADVENTIST WORLD RADIO

Christian	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A

### AHBS COMMUNITY RADIO

Mixed Format, Health	Community	
Ashford, Kent		FM 107.1

### AIR

Mixed Format	Community	
Weymouth, Dorset		FM 107.2

### RADIO AIRE

Contemporary, Adult	Bauer	1 100 000
Part of Big City Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		FM 96.3
1/9/1981.		

### RADIO AIRE 2

Oldies	Bauer	1 100 000
All programmes from Greatest Hits Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		AM 828
17/7/1990*: Magic 828 (oldies). 12/2/1997: Soft. 2003: oldies. 5/11/2015: Radio Aire 2.		

### AKASH RADIO

Asian	Community	
Leeds		AM 1323

### ALIVE RADIO

Mixed Format	Community	
Dumfries		FM 107.3

### ALL FM

Mixed Format	Community	
South Manchester		FM 96.9

**AMBER SOUND FM**

Mixed Format	Community	
Amber Valley, Derbyshire		FM 107.2

**AMBUR RADIO**

Asian	Community	
Birmingham		DAB+ 9A
Walsall		FM 103.6

**AN RADIO**

Mixed Format	Community	
Benbecula		FM 105.2
South Uist		FM 107.2

**ANGEL RADIO**

Nostalgia	Community	
Based: Havant, Hampshire		
South Hampshire and Isle of Wight		DABm 11C
Birmingham		DABm 9A
Brighton area		DAB+ 9A
Bristol		DABm 9A
Norwich		DAB+m 9A
Aldershot and Woking area		DABm 8A
Portsmouth and Havant, Hants		FM 89.3

**ANGEL RADIO (ISLE OF WIGHT)**

Nostalgia	Community	
Isle of Wight		FM 91.5

**ANTENNA**

Pop	Independent	
Based: Manchester		
Aldershot and Woking area		DAB+ 8A
Glasgow		DAB+ 10B
Manchester		DAB+ 10B
Norwich		DAB+ 9A

**APPLE FM**

Mixed Format	Community	
Taunton		FM 97.3

**APNI AWAZ**

Asian	Independent	
Satellite 0125		

**ARGYLL FM**

Adult, Contemporary	Independent	25 000
Campbelltown		FM 106.5
West Kintyre, S Islay, Gigha		FM 107.1
S Knapdale, East Islay, Jura		FM 107.7
<i>17/6/2000.</i>		

**THE ARROW**

Classic Rock/ Rock	Global	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A

**ASHBOURNE RADIO**

Adult, Oldies	Independent	20 000
Opt-out of High Peak Radio		
Asbourne area, Derbyshire		FM 96.7
Wirksworth, Derbyshire		FM 101.8
Uttoxeter, Staffordshire		FM 101.8
<i>6/2008. 2010: +Wirksworth. 10/2015: +Uttoxeter</i>		

**RADIO ASIAN FEVER**

Asian	Community	
Manchester		DAB+m 10B
North Leeds		FM 107.3

**ASIAN FX**

Asian Contemporary Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+ 12A
<i>7/3/2016</i>		

**ASIAN SOUND RADIO**

Asian	Independent	2 050 000
Greater Manchester and North East Cheshire		DABs 12C
Bradford, Calderdale and Kirklees Districts		DABm 11B
SE Lancashire & N Gt Mancs		AM 963
Manchester & East Gt Mancs		AM 1377
<i>3/6/1996.</i>		

**ASIAN STAR**

Asian	Community	
Slough		FM 101.6

**ATHAVAN RADIO**

Tamil	Lyca Media	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**AWAAZ RADIO**

Asian	Community	
High Wycombe		FM 107.4

**AWAAZ FM**

Asian	Community	
Portsmouth		DAB+7D
Southampton		FM 99.8

**AWAZ FM**

Asian	Community	
Glasgow		FM 107.2

**B****BAIKAL RADIO**

Russian Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+m 12A

**BANBURY SOUND**

Adult	Quidem	150 000
Banbury & Brackley area		FM 107.6
<i>26/2/2006: Touch Radio. 1/6/2009: Banbury Sound.</i>		

**BANGOR 107.9 FM**

Mixed Format	Community	
Bangor		FM 107.9

**THE BAY / LIKELY TO BECOME HEART**

Adult	Global Radio	300 000
S Cumbria & NW Lancashire		FM 96.9
Windermere & Ambleside		FM 102.3
Kendal, Cumbria		FM 103.2
<i>1/3/1993.</i>		

**BAY FM**

Mixed Format	Community	
Exmouth, Devon		FM 106.4

**BCR FM**

Mixed Format	Community	
Bradford		FM 106.6

**THE BEACH (SH)**

Adult	Celador	200 000
Southwold area, Suffolk		FM 97.4
Great Yarmouth		FM 97.4
Great Yarmouth & Lowestoff		FM 103.4
<i>29/9/1996. 2/2004: +Southwold. 2007: +Gt Yarmouth relay.</i>		

**THE BEAT**

Adult, Contemporary	MKFM	
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Birmingham		DAB+ 9A
Norwich		DAB+ 9A

**THE BEAT LONDON**

Rythmic Contemporary	Community	
Stonebridge & Harlesden		FMm 103.6

**BELFAST 89 FM**

Oldies	Community	
Belfast		FM 89.3

**BETAR BANGLA**

Asian (Bengali)	Community	
East Central London		AM 1503

**BEVERLEY FM**

Mixed Format	Community	
Beverley, East Yorkshire		FM 107.8

**BEYOND RADIO**

Mixed Format	Community	
Lancaster and Morecambe		FM 103.5

**BFBS NETWORK**

Format: Contemporary and Adult Contemporary Music for the armed forces  
Broadcaster: BFBS

**BFBS UK**

Contemporary, Adult	BFBS	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Cent/ East Northern Ireland (SD Mux) from 24 Jan		DAB+ 11A
Bristol		DABs 9A
Satellite 0211/786		

The following stations opt-out of BFBS UK with local output Mon-Fri 06-10 and local news and information:

**BFBS (ALDERSHOT)**

Contemporary, Adult	BFBS	
Aldershot and Woking area		DABs 8A
Aldershot, Mytchett, Pirbright		FM 102.5

**BFBS (BLANDFORD)**

Contemporary, Adult	BFBS	
Blandford, Dorset		FM 89.3
Bovington Camp, Dorset		AM 1287

**BFBS BRIZE NORTON**

Contemporary, Adult	BFBS	
Oxfordshire		DABm 10B

**BFBS (CATTERICK)**

Contemporary, Adult	BFBS	
Catterick		FM 106.9

**BFBS (COLCHESTER)**

Contemporary, Adult	BFBS	
Colchester		FM 107.0

<b>BFBS (EDINBURGH)</b>			
Contemporary, Adult	BFBS		
Edinburgh		FM 98.5	
Inverness		FM 87.7	
Fort George, Highland		FM 87.7	
<b>BFBS NORTHERN IRELAND</b>			
Contemporary, Adult	BFBS		
Lisburn		FM 100.6	
Palace Barracks, Holywood		FM 101.0	
RAF Aldergrove, Crumlin		FM 106.5	
Abercorn Barracks, Ballykinlar		FM 107.5	
<b>BFBS (PORTSMOUTH)</b>			
Contemporary, Adult	BFBS		
Portsmouth		DAB+m 7D	
<b>BFBS (SALISBURY PLAIN)</b>			
Contemporary, Adult	BFBS		
Bulford, Tidworth, Netheravon		FM 106.8	
<b>BFBS BEATS</b>			
Dance	BFBS		
Aldershot and Woking area		DABs 8A	
<b>BFBS GURKHA RADIO</b>			
Nepali	BFBS		
Bristol		DABs 9A	
Aldershot and Woking area		DABs 8A	
Catterick Garrison, North Yorkshire		AM 1134	
Bramcote Barracks, Nuneaton		AM 1134	
Gurkha Demo. Co., Sandhurst		AM 1134	
Impfal Barracks, York		AM 1134	
Beacon Barracks, Stafford		AM 1278	
Aldershot Garrison		AM 1287	
Blandford Forum		AM 1287	
Infantry Training C., Brecon		AM 1287	
Sir John Moore Barracks, Folkestone		AM 1287	
Invicta Park Bcks, Maidstone		AM 1287	
Innsworth, Gloucester		AM 1287	
Airdate: 2000			
<b>RADIO BGWS</b>			
Nepalese	Community		
NE Hampshire & Camberley		AM 1179	
<b>BIG CITY RADIO</b>			
Mixed Format	Community		
Birmingham		DABm 9A	
North Central Birmingham		FM 89.1	
<b>BIG CITY NETWORKS</b>			
Format: Contemporary, Adult	Broadcaster: Bauer		
Stations broadcast local programmes Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, with English and Scottish stations carrying separate programmes at other times			
English Network: Radio Aire, CFM, Radio City, Free Radio, Hallam FM, Key 103, Metro Radio, Rock FM, TFM, Viking FM			
Scottish Network: Radio Borders Clyde 1, Forth 1, MFR, Northsound 1, Tay FM, West FM			
<b>BIGGLES FM</b>			
Mixed Format	Community		
Biggleswade & Sandy, Beds		FM 104.8	
<b>BISHOP FM</b>			
Mixed Format	Community		
Bishop Auckland, Durham		FM 105.9	
<b>BLACK CAT RADIO</b>			
Mixed Format	Community		
St Neots, Cambridgeshire		FM 107.0	
<b>BLACK COUNTRY RADIO</b>			
Mixed Format	Community		
Birmingham		DAB+ 9A	
Stourbridge		FM 102.5	
<b>BLACK DIAMOND FM</b>			
Mixed Format	Community		
Dalkeith and Midlothian		FM 107.8	
<b>BLAST 106</b>			
New Music	Community		
Glasgow		DAB+ 10B	
Belfast		FM 106.4	
<b>BLOOMBERG RADIO</b>			
Business News	Independent		
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B	
<b>BLYTH VALLEY RADIO</b>			
Mixed Format	Community		
Southwold		FM 105.0	

<b>BOB FM</b>			
Rock, Adult, Oldies	Independent		300 000
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D	
Stevenage area		FM 106.7	
Central and East Herts		FM 106.9	
Hitchin and Letchworth, Herts		FM 106.9	
3/3/2001: <i>Hertbeat</i> . 9/2005: <i>+Hitchin &amp; Letchworth</i> . 10/5/2010: <i>Jack FM from</i> . 10/3/2014: <i>Bob FM</i> .			

<b>BOLTON FM</b>			
Mixed Format	Community		
Bolton		FM 96.5	

<b>RADIO BORDERS</b>			
Contemporary, Adult	Bauer		100 000
Part of Big City Network (Scotland)			
Border Region		FM 96.8	
Berwick-upon-Tweed		FM 102.3	
Peebles, Border Region		FM 103.1	
Eyemouth and Border Coast		FM 103.4	
22/1/1990.			

<b>BRADFORD ASIAN RADIO</b>			
Asian	Community		
Bradford		AM 1413	

<b>BRADLEY STOKE RADIO</b>			
Mixed Format	Community		
Bristol		DABs 9A	
Bradley Stoke, Bristol		FM 103.4	

<b>BRANCH FM</b>			
Christian	Community		
Dewsbury		FM 101.8	

<b>THE BREEZE (NETWORK)</b>			
Format: Oldies and Easy Listening Music			
Broadcaster: Celador			
Stations broadcast local output Mon-Fri 06-10, 15-19, Sat-Sun 07-11, and local news and information.			

<b>BREEZE (BERKSHIRE &amp; N. HANTS)</b>			
Oldies, Easy	Celador		660 000
Newbury area, W Berkshire		a FM 105.6	
Andover area		b FM 106.4	
Reading		d FM 107.0	
Hungerford area, W Berks		a FM 107.4	
Basingstoke area		c FM 107.6	
a: 29/5/2000: <i>Kick FM</i> . 2010: <i>Newbury Sound</i>			
b: 26/5/2008: <i>Andover Sound</i>			
c: 18/5/1998: <i>Kestrel FM</i> .			
a, b, c: 16/12/2008: <i>Stations merged as The Breeze</i> .			
d: 22/10/2002: <i>Reading 107</i> . 2/3/2014: <i>Jack FM</i> . 8/2017: <i>The Breeze</i>			

<b>BREEZE (BRISTOL &amp; N SOMERSET, SH)</b>			
Oldies, Easy	Celador		860 000
Bristol		DABs 9A	
Bristol		a FM 107.2	
Warminster, Westbury, Frome		b FM 107.5	
Weston-super-Mare area		c FM 107.7	
Bath area		d FM 107.9	
a: 26/11/1999: <i>The Eagle</i> . 21/6/2001: <i>Star</i> . 2/14/2011: <i>Breeze</i> .			
b: 5/11/2001-24/3/2010: <i>3TR FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .			
c: 23/10/1999: <i>WFM</i> . 18/3/2002: <i>Star</i> . 26/9/2010: <i>Nova Radio</i> . 29/3/2013: <i>The Breeze</i> .			
d: 15/11/1999-24/3/2010: <i>Bath FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .			

<b>BREEZE (GLOUCESTERSHIRE, SH)</b>			
Oldies, Easy	Celador		180 000
Cheltenham & Tewkesbury		FM 107.5	
5/3/1993 (AM): CD 603, then 603 R, 1995: Boss 603, 1996: Cheltenham R. 7/9/1998 (FM): <i>Cat FM</i> . 3/2002: <i>Star 107.5</i> . 8/2010: <i>TotalStar</i> . 2013: <i>The Breeze</i> .			

<b>BREEZE 107</b>			
Oldies, Easy	Celador		1 070 000
Portsmouth		DABs 7D	
Aldershot and Woking area		DABs 8A	
Haslemere area, Surrey		a FM 97.1	
Fourmarks & Meadstead		b FM 101.6	
Hindhead area		b FM 101.6	
Petersfield, Hampshire		b FM 101.8	
Alton & Bordon area, Hants		b FM 102.0	
Winchester area		c FM 107.2	
Portsmouth area		d FM 107.4	
Southampton area		e FM 107.8	
a: 1990: <i>Delta R</i> . 4/5/1992: <i>R Mercury</i> , 4/9/1995: <i>County Sound R</i> . 9/5/1996: <i>Delta R</i> . 2010: <i>Kestrel</i> . 16/12/2012: <i>The Breeze</i> .			

b: 22/11/1992: <i>Wey Valley Radio</i> . 1995: <i>Fourmarks added</i> . 11/1998: <i>Delta FM</i> . 2001: <i>+Hindhead</i> . 8/2003: <i>+Petersfield</i> . 2010: <i>Kestrel</i> . 16/12/2012: <i>The Breeze</i> .			
c: 3/10/1999: <i>Win FM</i> . 2007: <i>Dream</i> . 1/2009: <i>R Hampshire</i> . 7/2009: <i>Play Radio</i> .			
d: 19/9/1999: <i>Victory</i> . 4/8/2001: <i>The Quay</i> .			
e: 5/9/1999: <i>South City FM</i> . 24/4/2004: <i>The Saint</i> (previously digital only) 2007: <i>R Hampshire</i> . 7/2009: <i>Play Radio</i> . c/d/e: 30/7/2010: <i>Stations merged as Breeze 107</i>			

<b>BREEZE (SOMERSET AND DORSET, SH)</b>			
Oldies, Easy	Celador		380 000
Blandford area, Dorset		a FM 96.6	
N Dorset, SW Wilts, SE S'set		a FM 97.4	
Porlock, Somerset		b FM 100.8	
Minehead area		b FM 102.4	
Yeovil area		c FM 105.6	
Chard and Ilminster		c FM 106.6	
Bridgwater area, Somerset		d FM 107.4	
a: 25/6/1995: <i>Gold Radio</i> . 1/1999: <i>Vale FM</i> . 9/2008: <i>Midwest FM from</i> . 25/6/2012: <i>Breeze</i> .			
b: 23/7/1998: <i>Quay West Radio</i> . 12/2004: <i>+Porlock</i> . 24/3/2010: <i>closed</i> . 8/2010: <i>TotalStar</i> . 7/8/2011: <i>The Breeze</i> .			
c: 2003: <i>Ivel FM</i> . 9/2008: <i>Midwest FM from</i> . 25/6/2012: <i>Breeze</i> . d: 7/2001: <i>BCR</i> . 3/2007: <i>Quay West Radio</i> . 24/3/2010: <i>closed</i> . 8/2010: <i>TotalStar</i> . 7/8/2011: <i>The Breeze</i> .			

<b>BREEZE (TORBAY, SH)</b>			
Oldies, Easy	Celador		200 000
Torbay area		FM 105.5	
26/5/2006: <i>Palm FM</i> . 21/9/2015: <i>The Breeze</i>			

<b>BRFM</b>			
Mixed Format	Community		
Isle of Sheppey, Kent		FM 95.6	

<b>BRFM</b>			
Mixed Format	Community		
Blaenau Gwent		FM 97.3	

<b>BRICK FM</b>			
Mixed Format	Community		
St Boswells, Borders		FM 103.0	

<b>BRIDGE FM</b>			
Adult, Oldies	Nation Broadcasting		140 000
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C	
Bridgend area		FM 106.3	
1/5/2000.			

<b>BRISTOL COMMUNITY FM</b>			
Mixed Format	Community		
Bristol		DABs 9A	
Bristol		FM 93.2	

<b>BRO RADIO</b>			
Mixed Format	Community		
Barry, South Wales		FM 98.1	

<b>BUTE FM</b>			
Mixed Format	Community		
Isle of Bute		FM 96.5	

**C****RADIO CABIN**

Mixed Format	Community	
Herne Bay, Kent		FM 94.6

**CALON FM**

Mixed Format	Community	
Wrexham		FM 105.0

**CAM FM**

New Music	Community (Student)	
Cambridge		FM 97.2

**CAMBRIDGE 105**

Mixed Format	Community	
Cambridge		DABs 7D
Norwich		DAB+ 9A
Cambridge		FM 105.0

**CAMGLEN RADIO**

Mixed Format	Community	
Cambusland and Rutherglen		FM 107.9

**CANALSIDE RADIO**

Mixed Format	Community	
Bollington, Cheshire		FM 102.8

**CANDO FM**

Mixed Format	Community	
Barrow-in-Furness		FM 106.3

**CANTERBURY STUDENT RADIO**

New Music	Community (Student)	
Canterbury		FM 97.4

**CAPITAL (NETWORK)**

Format: Contemporary Hit Music  
 Broadcaster: Global Radio

**CAPITAL UK**

Contemporary	Global Radio	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Kent and Eastern London		DABs 11C
Sussex		DABs 10B
Berkshire and North Hampshire		DABs 12D
Oxfordshire		DABs 10B
Bristol, Bath and Avon		DABs 11B
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12D
Cornwall		DABs 11B
Most of Essex		DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		DABs 12D
South and Central Cambridgeshire		DABs 11C
East Norfolk		DABs 10B
Satellite 0109/719, Cable 958, DTT 724		
3/1/2011 (Capital FM Network), 12/9/2016 (National DAB)		

**CAPITAL LONDON**

Contemporary	Global Radio	9 650 000
As Capital UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 95.8
16/10/1973.		

The following stations opt-out of Capital UK with local output Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, and local news and information:

**CAPITAL CYMRU**

Contemporary, Welsh	Global Radio	180 000
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
W & N Gwynedd & Anglesey		FM 103.0
11/12/1998: Champion FM. 22/6/2009: Heart. 6/5/2014: Capital FM.		

**CAPITAL EAST MIDLANDS**

Contemporary	Global Radio	2 590 000
Leicestershire		c DABs 11B
South and Central Nottinghamshire		a DABs 12C
South and Central Derbyshire, SE Staffordshire		b DABs 10B
South Nottinghamshire		a FM 96.2
Mansfield & Ashfields, Notts		a FM 96.5
South Derbyshire & Burton		b FM 102.8
Leicestershire and Rutland		c FM 105.4
a: 3/7/1975: Radio Trent. 1991: +Mansfield.		
b: 3/3/1987: Trent FM. 1994: Ram FM.		

c: 7/9/1984: Leicester Sound (city only, replaced Centre Radio 7/8/1981-6/10/1983). 1997: +county.  
 3/1/2011: Stations merged as Capital FM.

**CAPITAL LIVERPOOL**

Contemporary	Global	1 060 000
Merseyside and West Cheshire		DABs 10C
Liverpool area		FM 107.6
27/3/1998: Crash FM (New Music). 3/2000: Juice. 18/1/2016: Capital.		

**CAPITAL MANCHESTER**

Contemporary	Global Radio	2 700 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Greater Manchester		FM 102.0
16/10/1994: Kiss 102 (Dance). 27/9/1997: Galaxy 102.		
3/1/2011: Capital FM. (Replaced Sunset 22/10/1989-1994.)		

**CAPITAL NORTH EAST**

Contemporary	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, N Durham, S Nthmb		FM 105.3
West Tyneside, Tyne & Wear		FM 105.6
Hexham & Tyne Valley		FM 105.8
Cleveland, Durham, N Yorks		FM 106.4
1/6/1999: Galaxy (Dance). 3/1/2011: Capital FM.		

**CAPITAL NORTH WEST AND WALES**

Contemporary	Global Radio	1 050 000
North East Wales, West Cheshire and Merseyside		DABs 10D
Conwy county		a DABs 12D
Gwynedd and Anglesey		a DABs 10D
N Clwyd and NE Gwynedd		a FM 96.3
Wirral and North East Clwyd		b FM 97.1
East Clwyd & West Cheshire		c FM 103.4
a: 27/8/1993: Coast FM.		
b: 1990: MFM. 1996: separate programmes. 14/2/1998: Buzz.		
c: 5/9/1983: Marcher Sound. 31/3/1989: MFM. 9/2006: Marcher Sound.		
All: 22/6/2009: Heart. 2/7/2010: Stations merged. 6/5/2014: Capital FM.		

**CAPITAL SCOTLAND**

Contemporary	Communicorp	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Lothian and Fife		FM 105.7
Glasgow and Clydeside area		FM 106.1
19/11/1999: Beat 106 (New Music); 4/1/2006: XFM (Modern Rock). 8/11/2008: Galaxy (Dance). 3/1/2011: Capital FM.		

**CAPITAL SOUTH COAST**

Contemporary	Global Radio	870 000
South Hampshire and Isle of Wight		DABs 11C
East, South and Central Dorset		DABs 11B
South Hampshire and Wight		FM 103.2
4/12/1988: Power FM (previously relayed Ocean Sound).		
22/8/2008: Galaxy (Dance). 3/1/2011: Capital FM.		

**CAPITAL SOUTH WALES**

Contemporary	Communicorp	880 000
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
South Gwent		FM 97.4
Cardiff & South Glamorgan		FM 103.2
11/4/1980 (Cardiff): CBC. 13/6/1983 (Gwent): Gwent Broadcasting. 1986: Red Dragon. 3/1/2011: Capital FM.		

**CAPITAL WEST MIDLANDS**

Contemporary	Global Radio	2 650 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
Birmingham area		FM 102.2
1/1/1995: Choice (Dance, Rhythm). 1999: Galaxy. 3/1/2011: Capital FM (Replaced Buzz FM 31/1/1990-1994.)		

**CAPITAL YORKSHIRE**

Contemporary	Global Radio	4 540 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABs 11B
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
West & South Yorkshire, York		FM 105.1
Sheffield area		FM 105.6
Bradford area		FM 105.6
Humberside		FM 105.8
14/2/1997: Kiss 105 (Dance). 27/9/1997: Galaxy 105. 3/1/2011: Capital FM.		

**CAPITAL XTRA**

Format: Rhythm Music  
 Broadcaster: Global Radio  
 England, Wales and Northern Ireland (D1 Mux) DABs 11D  
 Scotland (D1 Mux) DABs 12A  
 South and Central London FM 96.9  
 North London FM 107.1  
 Satellite 0114/720, Cable 959  
 31/3/1990 (South): Choice FM. 31/5/2000: (North) Choice FM (opted out until 2004), 7/10/2013: Capital Xtra and National DAB

**RADIO CARDIFF**

Rhythmic Music	Community	
Cardiff		FM 98.7

**RADIO CARMARTHENSIRE (SH)**

Adult, Welsh	Nation Broadcasting	170 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Carmarthenshire		FM 97.1
Carmarthen		FM 97.5
Llanelli area		FM 97.5
13/6/2004. (Llanelli transmitter carried Scarlet FM from 2004 to 2012)		

**RADIO CAROLINE**

Classic Rock	Independent	
Birmingham		DAB+ 9A
Brighton area		DAB+ 9A
Glasgow		DAB+10B
Norwich		DABs 9A
Portsmouth		DAB+7D
Aldershot and Woking area		DABs 8A
Suffolk and North East Essex		AM 648

**CASTLEDOWN RADIO**

Mixed Format	Community	
Tidworth area, Wiltshire		FM 104.7

**THE CAT**

Mixed Format	Community	
Crewe and Nantwich		FM 107.9

**CELTIC MUSIC RADIO**

Celtic Music	Community	
Glasgow		FM 95.0

**RADIO CENTRAL**

Asian	Community	
Birmingham		DAB+ 9A
Glasgow		DAB+ 10B

**CENTRAL FM**

Adult, Contemporary	New Wave Media	270 000
Glasgow, Edinburgh, Central Scotland		DABm 11D
Stirling and Falkirk area		FM 103.1
4/6/1990: Centresound. 1991: Central FM. 1994: +Falkirk.		

**RADIO CEREDIGION (SH)**

Mixed Music, Welsh	Nation Broadcasting	70 000
Lampeter & Teifi Valley		FM 96.6
Cardigan & Newcastle Emlyn		FM 97.4
Ceredigion		FM 103.3
14/12/1992.		

**CFM**

Contemporary, Adult	Bauer	300 000
Part of Big City Network (England)		
North Cumbria		FM 96.4
Workington area, Cumbria		FM 102.2
Penrith, Cumbria		FM 102.5
Whitehaven area, Cumbria		FM 103.4
14/4/1993: North. 14/4/1995: West. 2003: Stations fully merged		

**CHANNEL 103 FM**

Adult	Tindle	85 000
Jersey		FM 103.7
25/10/1992.		

**CHBN**

Mixed Format	Community	
Truro, Cornwall		FM 100.8

**CHELMSFORD COMMUNITY RADIO**

Mixed Format	Community	
Chelmsford, Essex		FM 104.4

**CHILL**

Chill-out music	Global Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
Airdate: 3/2005 (Coverage cut 08-09/2009)		

**CHRIS COUNTRY**

Country Music	Independent/Nation	
Based: Manchester		
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 12A	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	
Suffolk	DAB+ 10C	
Cambridge	DABs 7B	
Manchester	DAB+ 10B	
Norwich	DAB+ 9A	
Portsmouth	DAB+7D	

**CHORLEY FM**

Mixed Format	Community	
Chorley		FM 102.8

**RADIO CITY**

Contemporary, Adult	Bauer	2 420 000
Part of Big City Network (England)		
Merseyside and West Cheshire	DABs 10C	
Merseyside & West Cheshire	FM 96.7	
21/10/1974.		

**RADIO CITY 2**

Oldies	Bauer	2 000 000
Opts out of Greatest Hits Network (England)		
Merseyside and West Cheshire	DABs 10C	
Merseyside & West Cheshire	FM 105.9	
21/10/1989*: City Talk (talk) on 1548 AM. 1991: Radio City Gold (oldies). 12/2/1997: Magic 1548 (soft). 2003: oldies. 5/1/2015: Radio City 2. 7/12/2015 moved to FM		

**CITY BEAT PRESTON**

Mixed Format	Community	
Preston		FM 103.2

**RADIO CITY TALK**

Rock, Sport, Talk	Bauer	2 180 000
Merseyside and West Cheshire	DABm 10C	
Merseyside	AM 1548	
28/1/2008 on 105.9 FM (Talk then Talk, Adult). 7/12/2015 moved to AM		

**CLASSIC FM**

Format: Light Classical Music with News and Talk		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABs 11D	
Scotland (D1 Mux)	DABs 12A	
London & South East England	FM 100.9	
London area	FM 100.6	
Reading	FM 101.8	
East Kent	FM 101.8	
Brighton and Worthing area	FM 101.9	
Central Southern England	FM 100.3	
Devon and East Cornwall	FM 100.0	
West Cornwall	FM 101.5	
South Wales & West England	FM 101.7	
Bristol	FM 101.4	
Bath	FM 100.2	
Swindon area	FM 100.8	
Herefordshire and Gloucester	FM 100.4	
Swansea area	FM 101.3	
Pembrokeshire, W Carmar	FM 100.5	
Ceredigion	FM 101.1	
West and North Gwynedd	FM 100.7	
North Clwyd & NE Gwynedd	FM 101.6	
Midlands	FM 100.1	
Oxon, Bucks, Berks, S Midlands	FM 101.3	
Milton Keynes and West Beds	FM 100.4	
Cambs, Beds, S Lincs, E Nthnts	FM 101.9	
Norfolk and Suffolk	FM 101.5	
Lincolnshire & Humberside	FM 100.5	
NW England & Yorkshire	FM 101.1	
Sheffield and Rotherham	FM 101.7	
Leeds	FM 101.6	
Bradford	FM 100.3	
S Cumbria & NW Lancashire	FM 101.8	
Cleveland and South Durham	FM 101.6	
North East England	FM 100.3	
West Tyneside & Tyne Valley	FM 101.0	
North Cumbria & SW Scotland	FM 99.9	
Isle of Man	FM 100.2	
Border Region	FM 100.9	
Central Scotland	FM 101.7	
Ayrshire	FM 101.3	
East Tayside and East Fife	FM 100.1	
Grampian Region	FM 100.5	
Inverness & Moray Firth area	FM 101.4	
East & Cent. Northern Ireland	FM 101.9	
Derry area	FM 100.5	
95% stereo coverage. (99% mono)		
Marginal reception is available most other areas except		
Powys and parts of NW Scotland		
Satellite 0106/721, DTT 731, Cable 922		
Airdate: 7/9/1992		

**CLASSICAL 1**

Classical	Community	
Norwich		DAB+ 9A

**CLYDE 1 FM**

Contemporary, Adult	Bauer	2 050 000
Part of Big City Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Dumbarton and Alexandria	FM 97.0	
Largs, Rothesay, Clyde Mouth	FM 102.3	
Glasgow and Clydeside area	FM 102.5	
Greenock and Firth of Clyde	FM 103.3	
31/12/1973. 1994: Fillers added.		

**CLYDE 2 (SH)**

Oldies	Bauer	1 740 000
All programmes from Greatest Hits Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Glasgow and Clydeside area	AM 1152	
12/8/1988* (opt-out). 12/1989: (full service).		

**COAST FM**

Mixed Format	Community	
Penzance, Cornwall		FM 96.5
St Just, Cornwall		FM 97.2

**COAST AND COUNTY RADIO**

Oldies	Independent	
York and North Yorkshire		DABm 10C

**COLNE RADIO**

Mixed Format	Community	
Wivenhoe, NE Essex		FM 106.6

**COLOURFUL RADIO**

Black Community	Independent	
Birmingham		DAB+ 9A
Glasgow		DAB+ 10B
Manchester		DAB+m 10B
Soon to launch in Brighton, Bristol and London		
Airdate: 3/2017.		

**COMPASS FM**

Oldies, Soft	Lincs	100 000
Lincolnshire, North Lincolnshire and Hull		DABs 12A
Grimby area		FM 96.4
03/06/2001.		

**CONNECT RADIO**

Adult, Oldies	Adventure Radio	380 000
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Wellingborough area		a FM 97.2
Peterborough area		b FM 106.8
Kettering and Corby area		a FM 107.4
a: 6/4/1990 (AM); KCBC. 4/1998: KCBC on 107.4 FM and		
Connect on 97.2. 22/11/1999: Connect on 107.4.		
b: 24/7/1999: Lite FM. 4/1/2010: Connect Radio.		
9/2010: Stations merged.		

**COOL FM**

Contemporary	Bauer	930 000
Northern Ireland		DABs 12D
East & Cent. Northern Ireland		FM 97.4
7/2/1990*.		

**CORBY RADIO**

Mixed Format	Community	
Corby		FM 96.3

**CRESCENT RADIO**

Asian	Community	
Rochdale		FM 97.0

**CROSS RHYTHMS PLYMOUTH**

Christian	Community	
Plymouth		FM 96.3

**CROSS RHYTHMS STOKE**

Christian Contemporary	Community	
Stoke-on-Trent		FM 101.8

**CROSS RHYTHMS TEESIDE**

Christian Contemporary	Community	
Stockton on Tees		FM 107.1

**CRYSTAL FM**

Mixed Format	Community	
Penicuik, Lothian		FM 107.4

**CUILLIN FM**

Mixed Music, Gaelic	Independent	8 000
Isle of Skye		FM 102.7
Portree, Skye		FM 106.2
8/6/2004.		

**CYBER HOT HITS**

Contemporary Pop	Independent	
Surrey, North East Hampshire, South London		DAB+ 10C
Brighton area		DAB+ 9A
Glasgow		DAB+ 10B
Norwich		DAB+ 9A

**CYBER ROCK**

Classic Rock	Independent	
Norwich		DAB+ 9A

**D****DALES RADIO**

Mixed Format	Community	
Settle area, N Yorkshire		FM 104.9
Grassington area, N Yorkshire		FM 104.9
Ingleton & High Bentham		FM 103.0
West North Yorkshire		AM 936

**DAWN FM**

Asian	Community FM	
Nottingham		107.6

**RADIO DEAD**

Oldies	Independent	
Manchester		DAB+ 10B

**DEARNE FM**

Adult, Oldies	Lincs	230 000
Penistone area, S Yorkshire		FM 97.1
Barnsley		FM 102.0
9/2003.		

**DEE 106.3**

Adult, Oldies	Dee Radio	200 000
North East Wales, West Cheshire and Merseyside		DABm 10D
Chester		FM 106.3
01/03/2003.		

**DELITE RADIO**

Soul	Community	
Central London		DAB+ 9A
Manchester		DAB+ 10B

**DEMON FM**

New Music	Community (Student)	
Leicester		FM 107.5

**DESI RADIO**

Asian	Community	
Southall, W London		AM 1602
Satellite 0169		

**DESTINY 105**

Mixed Format	Community	
South East Oxford		FM 105.1

**DEVERON FM**

Mixed Format	Community	
Banff		FM 107.4

**RADIO DIAMOND**

Soul, Reggae, Rap	Community	
Manchester		DAB+ 10B

**DIVERSE FM**

Rhythmic Music	Community	
Luton		FM 102.8

**DOWN FM**

Mixed Format	Community	
Downpatrick, County Down		FM 105.0

**DOWNTOWN RADIO**

Adult, Oldies	Bauer	1 560 000
Northern Ireland		DABs 12D
North Northern Ireland		FM 96.4
Fermanagh and South Tyrone		FM 96.6
Larne, Northern Ireland		FM 97.1
Ballymena and Antrim		FM 102.3
Derry area		FM 102.4
South East Northern Ireland		FM 103.1
Newcastle, Northern Ireland		FM 103.4
Belfast & East Northern Ireland		AM 1026
16/3/1976. 1/10/1986: +Derry and North. 31/10/1987:		
+Fermanagh & S Tyrone, 26/4/1997: +South East, 5/11/98:		
+Ballymena & Antrim and Larne.		

**DOWNTOWN COUNTRY**

Country Music	Bauer	
Northern Ireland		DABs 12D

**DRAGON RADIO**

Oldies	Nation Broadcasting	
Pembrokeshire, Carmarthenshire, Swansea		DABm 12D
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
North East Wales, West Cheshire and Merseyside		DABm 10D
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
28/12/2015: Nation Gold. 1/9/2016: Dragon Radio		

**DREAM 100 FM (SH)**

Adult	Celador	130 000
North East Essex		FM 100.2
7/10/1990 (AM): Mellow 1557. 19/11/1998 (FM): Dream.		

**DRIVE FM**

Mixed Format	Community	
Derry		FM 105.3

**DRYSTONE RADIO**

Mixed Format	Community	
Sutton in Craven area, N Yorks		FM 103.5

**DUNOON COMMUNITY RADIO**

Mixed Format	Community	
Dunoon, Argyll		FM 97.4

**E****THE EAGLE**

Adult	UKRD	690 000
Surrey, North East Hampshire, South London		DABs 10C
West Surrey & NE Hampshire		FM 96.4
4/4/1983: County Sound. 7/6/1988: County Sound Premier.		
4/5/1992: R Mercury. 4/9/1995: County Sound. 4/1/1996: The Eagle).		

**EAGLE 3**

Contemporary	UKRD	
Surrey, North East Hampshire, South London		DAB+ 10C

**EAGLE 70s**

70s Music	UKRD	
Programmes shared with My Music Radio and Pirate 70s		
Surrey, North East Hampshire, South London		DABm 10C

**EAST COAST FM**

Mixed Format	Community	
Haddington, East Lothian		FM 107.6

**EAVA FM**

Asian, Rhythmic Music	Community	
Leicester		FM 102.5

**EDEN FM**

Mixed Format	Community	
Penrith, Cumbria		FM 107.5

**ELECTRIC**

Dance	Community	
Cambridge		DABs 7D

**ENCORE RADIO**

Musical Theatre	UKRD	
Surrey, North East Hampshire, South London		DABm 10C
Kent and Eastern London		DABs 11C
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Most of Essex		DABs 12D

**ENDEAVOUR FM**

Mixed Format	Community	
Boston, Lincs		FM 107.0

**ENERGY FM**

Contemporary	Independent	65 000
Central Isle of Man		FM 91.2
North West Isle of Man		FM 93.4
South and East Isle of Man		FM 98.6
Ramsay, Isle of Man		FM 98.4
Peel area, Isle of Man		FM 102.4
Maughold area, Isle of Man		FM 105.2
Port Erin, Isle of Man		FM 105.2
2001 on 98.6, 2002: +Snaefell, Jurby and Ramsay. 2003: + Peel and Maughold: 2004: +Port St Mary.		

**EREWASH SOUND**

Mixed Format	Community	
Ilkeston, Derbyshire		FM 96.8

**RADIO ESSEX (SH)**

Adult, Oldies	Adventure Radio	530 000
Most of Essex		c DABm 12D
Southend area		b FM 105.1
Chelmsford & Central Essex		a FM 107.7
a: 18/10/1998: Chelmer FM. 14/2/2002: Dream 107.7 FM.		
2/2/2009: Chelmsford Radio. 23/3/2015: Radio Essex		
b: 8/3/2008: Southend Radio. 23/3/2015: Radio Essex		
c: 6/3/2013 Radio Essex (3 stations sharing programming)		

**EWTN**

Christian (Catholic)	Independent	
Satellite 0147		

**RADIO EXE**

Adult, Oldies	Independent	150 000
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Exeter area		FM 107.3
18/2/2008: Exeter FM. 10/1/12: Radio Exe.		

**EXPRESS FM**

Mixed Format	Community	
Portsmouth		DABs 7D
Portsmouth		FM 93.7

**THE EYE**

Mixed Format	Community	
Melton Mowbray, Leics		FM 103.0

**F****RAIDÍÓ FÁILTE**

Irish Language Community  
Belfast FM 107.1

**FANTASY**

Mixed Format Community  
Devizes, Wiltshire FM 97.0

**FAZA AWP**

Asian Community  
Nottingham FM 97.1

**FELIXTOWE RADIO**

Mixed Format Community  
Felixtowe, Suffolk FM 107.5

**THE FIRE**

Dance Celador 340 000  
East, South and Central Dorset DABm 11B  
Bournemouth area FM 107.6  
26/6/1999: *The NRG*. 11/2000: *The Fire*.

**FIX RADIO**

Mixed Format: Tradespeople Independent  
London area, Surrey, W Kent, Herts, Luton (Mx 2) DABm 12A

**FLAME CCR**

Christian Community  
Manchester DAB+m 10B  
Wirral AM 1521

**FLASH**

Classic Rock Community  
Portsmouth DAB+7D

**FOREST FM**

Mixed Format Community  
Verwood area, Dorset FM 92.3

**FORTH 1**

Contemporary, Adult Bauer 1 260 000  
Part of Big City Network (Scotland)  
Edinburgh, Lothian and South Fife DABs 12D  
Lothian and Fife FM 97.3  
West Lothian FM 97.6  
Penicuik, Lothian FM 102.2  
22/1/1975: *Radio Forth*. 1990: +*West Lothian*. 1998: +*Penicuik*.  
2000: *Forth 1*.

**FORTH 2 (SH)**

Oldies Bauer 1 260 000  
All programmes from Greatest Hits Network (Scotland)  
Edinburgh, Lothian and South Fife DABs 12D  
Lothian and Fife AM 1548  
6/2/1990\*: *Max AM*. 1997: *Radio Forth AM*. 2000: *Forth 2*.

**FOSSE 107**

Adult, Rock Independent 330 000  
Loughborough & NW Leics a FM 107.0  
Hinckley & SW Leicestershire b FM 107.9  
a: 3/1/1999. b: 1/11/1998: *Fosseway Radio*. 3/2008: *Oak FM*.  
6/2010: *Stations merged as Oak FM*; closed 28/7/2016  
30/11/2016: *Fosse 107*

**FREE RADIO (BIRMINGHAM)**

Contemporary Bauer 2 100 000  
Part of Big City Network (England)  
Birmingham area, West Midlands, SE Staffs DABs 11C  
Birmingham area FM 96.4  
19/12/1974: *BRMB*. 26/3/2012: *Free Radio*.

**FREE RADIO (COVENTRY)**

Contemporary Bauer 890 000  
Part of Big City Network (England)  
Coventry and Warwickshire DABs 12D  
Coventry and N Warwickshire FM 97.0  
Leamington Spa & Warwick FM 102.9  
23/5/1980: *Mercia Sound*. 1989: +*Leamington Spa*. 26/3/2012:  
*Free Radio*.

**FREE RADIO (HEREFORD & WORCS)**

Contemporary Bauer 460 000  
Part of Big City Network (England)  
Herefordshire and Worcestershire DABs 12A  
Kidderminster area FM 96.7  
Herefordshire FM 97.6  
Worcestershire FM 102.8  
4/10/1982: *Radio Wyvern*. 1/1996: +*Kidderminster*. 26/3/2012:  
*Free Radio*.

**FREE RADIO (WOLVES AND SHROPSHIRE)**

Contemporary Bauer 1 680 000  
Part of Big City Network (England)  
Shropshire, Wolverhampton, Black Country DABs 11B  
Wolverhampton area a FM 97.2  
Shropshire b FM 103.1  
a: 12/4/1976: *Beacon Radio*. b: 14/7/1987: *Beacon Radio*.  
2010: *Stations merged*. 26/3/2012: *Free Radio*.

**FREE RADIO 80s**

80s Music Bauer 4 060 000  
Shropshire, Wolverhampton, Black Country a DABm 11B  
Birmingham area, West Midlands, SE Staffs b DABm 11C  
Coventry and Warwickshire c DABm 12D  
Herefordshire and Worcestershire DABm 12A  
Wolverhampton area a AM 990  
Shropshire a AM 1017  
Birmingham area b AM 1152  
Coventry & N Warwickshire c AM 1359  
a: 15/1/1989\*: *WABC (Nostalgia)*. 31/12/1990: +*Shropshire*  
added. 1991: *oldies format*. 1997: *Classic Gold WABC*.  
b: 4/4/1989\*: *Xtra AM (oldies)*. 1/6/1998: *Capital Gold*.  
c: 4/4/1989\*: *Xtra AM (oldies)*. 7/3/1994: *Classic Gold*.  
All: 3/8/2007: *Gold*. 2010: *Merged*. 4/9/2012: *Free Radio 80s*.

**FROME FM**

Mixed Format Community  
Frome 96.6

**FUN KIDS**

Format: Childrens Broadcaster: Folder Media  
London and surrounding counties, Central South, Western  
counties, Midlands, North, South Wales, Central Scotland,  
Central/ Eastern Northern Ireland (SD Mux) DAB+ 11A  
Herefordshire and Worcestershire DABm 12A  
Suffolk DABm 10C  
Airdate: 5/2005 (London). On SD Mux: 29/2/2016.

**FUNKY SX**

Rhythmic Contemporary Community  
Southend, Essex FM 103.7

**FUSE FM**

Mixed Format Community  
Ballymoney, County Antrim FM 107.5

**FUTURE FM**

Mixed Format Community  
Norwich DABs 9A  
Norwich FM 107.8

**G****GATEWAY FM**

Mixed Format Community  
Basildon, Essex FM 97.8

**GAYDIO**

Music for Gay Community Independent  
Based: Manchester  
London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11B  
Birmingham DABm 9A  
Brighton area DAB+ 9A  
Cambridge DABs 7D  
Portsmouth DAB+7D  
Manchester DAB+ 10B  
Glasgow DABs 10B  
Manchester FM 88.4  
Airdate: London 2002 (as *Gaydar*). Manchester 2010. *Stations*  
*merged 2013*.

**GEM 106**

Adult Bauer 2 360 000  
Leicestershire DABs 11B  
South and Central Nottinghamshire DABs 12C  
South and Central Derbyshire, SE Staffordshire DABs 10B  
East Midlands FM 106.0  
23/9/1997: *Radio 106*. 17/4/1998: *Century*. 29/8/2005: *Heart*  
106. 3/1/2011: *GEM 106*.

**GFM**

Rhythmic Music Community  
Gloucester FM 96.6

**RADIO GLAN CLWYD**

Oldies, Nostalgia Community  
Bodelwyddan, Denbighshire AM 1287

**GLASTONBURY FM**

Mixed Format Community  
Glastonbury FM 107.1

**GN RADIO**

Ghanian Community Independent  
London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11B  
Satellite 0185

**GO RADIO**

Adult Independent  
Glasgow, Edinburgh, Central Scotland DABs 11D

**GOLD**

Format: 60s, 70s and 80s Music Broadcaster: Global Radio  
London area, Surrey, W Kent, Herts, Luton (Mx 1) a DABs 12C  
Kent and Eastern London DABs 11C  
Sussex DABs 10B  
East, South and Central Dorset DABs 11B  
Berkshire and North Hampshire DABs 12D  
Swindon area DABs 11C  
East Devon, Exeter and Torbay DABs 11C  
North and Central Devon DABs 10C  
Plymouth and South Devon DABs 12D  
Cornwall DABs 11B  
Leicestershire b DABs 11B  
South and Central Nottinghamshire b DABs 12C  
South and Central Derbyshire, SE Staffordshire b DABs 10B  
Birmingham area, West Midlands, SE Staffs DABs 11C  
Most of Essex DABs 12D  
North Cambridgeshire, Huntingdon, S Lincs DABs 12D  
South and Central Cambridgeshire DABs 11C  
East Norfolk DABs 10B  
East Yorkshire and North Lincolnshire DABm 11B  
Greater Manchester and North East Cheshire c DABs 12C  
London area a AM 1548  
South Derbyshire & Burton b AM 945  
South Nottinghamshire b AM 999  
Greater Manchester c AM 1458  
Satellite 0121/722, Cable 923  
Airdates: a: 28/11/1988\*: *Capital Gold*. 3/8/2007: *Gold*.  
b: 4/10/1988\*: *Gem AM*. Also covered *Leicester until*  
15/9/1992. 1998: *Classic Gold GEM*. 3/8/2007: *Gold*.  
28/6/2010: *National plus local news*.  
c: 20/6/1994: *Fortune 1458 (Soft, Adult, Talk)*. 9/1996: *Lite AM*  
(*Easy*). 5/2000: *Big AM (Adult, Rock)*. 21/2/2002: *Capital Gold*  
(*oldies*). 3/8/2007: *Gold*. 28/6/2010: *National plus local news*.  
Other areas: 14/9/2015 (Smooth AM/DAB stations carried  
*Gold from 3/8/2007 until 24/3/2014*)

**GORGEOUS FM**

Contemporary, Adult Community  
Birmingham DAB+ 9A

**GRAVITY FM**

Mixed Format Community  
Grantham, Lincolnshire FM 97.2

**GREAT YORKSHIRE RADIO**

Adult Independent DABm 10C  
York and North Yorkshire

**GREATEST HITS NETWORK**

Format: Oldies Music Broadcaster: Bauer  
Northern and Scottish networks broadcast separate output Mon-Fri 06-19, plus 6 hours on Sat and Sun. Individual stations broadcast separate local news and information. FM stations broadcast local programmes Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun.  
Northern Network (formerly Magic): Radio Aire 2, Radio City 2 (local progs), Hallam 2, Key 2, Metro Radio 2, Rock 2, TFM 2, Viking 2  
Scottish Network: Clyde 2, Forth 2, MFR 2, Northsound 2, Tay 2, West Sound (West), West Sound (South, local progs)

**GTFM**

Mixed Format Community  
Pontypridd, S Wales FM 107.9

**GULSHAN RADIO**

Asian Community  
Wolverhampton FM 106.9

**H****HALLAM FM**

Contemporary, Adult Bauer 1 410 000  
Part of Big City Network (England)  
South Yorkshire, North Notts, Chesterfield DABs 11C  
Sheffield area FM 97.4  
Doncaster area FM 103.4  
Barnsley and Rotherham FM 102.9  
1/10/1974. 1/10/1985: +Doncaster and Barnsley.

**HALLAM 2**

Oldies Bauer 1 410 000  
All programmes from Greatest Hits Network (England)  
South Yorkshire, North Notts, Chesterfield DABs 11C  
Doncaster area AM 990  
Barnsley AM 1305  
Sheffield and Rotherham AM 1548  
1/5/1989\*: *Classic Gold (oldies)*. 13/9/1993: *Great Yorkshire Gold*. 17/3/1997: *Magic AM (soft)*. 2003: *oldies*. 5/1/2015: *Hallam 2*.

**HALTON FM**

Mixed Format Community  
Runcorn & Widnes, Cheshire FM 92.3

**HARBOUR RADIO**

Mixed Format Community  
Great Yarmouth FM 107.4

**HARBOROUGH FM**

Mixed Format Community  
Market Harborough, Leics FM 102.3

**RADIO HARTLEPOOL**

Mixed Format Community  
Hartlepool FM 102.4

**HAYES FM**

Mixed Format Community  
Hayes area, West London, FM 91.8

**HCR FM**

Mixed Format Community  
Huntingdon FM 104.0

**HEART (NETWORK)**

Format: Adult Contemporary Music  
Broadcaster: Global Radio

**HEART UK**

Adult Global Radio  
Leicestershire DABs 11B  
South and Central Nottinghamshire DABs 12C  
South and Central Derbyshire, SE Staffordshire DABs 10B  
Satellite 0111, DTT 728, Cable 918

**HEART LONDON**

Adult Global Radio 9 650 000  
As Heart UK with local news and information  
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABs 12C  
London area FM 106.2  
5/9/1995.

The following stations opt-out of Heart UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

**HEART CAMBRIDGESHIRE**

Adult Global Radio 950 000  
North Cambridgeshire, Huntingdon, S Lincs b DABs 12D  
South and Central Cambridgeshire a DABs 11C  
Newmarket, Suffolk a FM 97.4  
Haverhill, Suffolk a FM 97.4  
N Cambridgeshire, S Lincs b FM 102.7  
South & C Cambridgeshire a FM 103.0  
a: 12/2/1989: *CNFM*. 1995: Q103. 2007: +*Haverhill*  
b: 20/7/1980: *Hereward FM*.  
All: 5/1/2009: *Heart*. 2/7/2010: *Stations merged*.

**HEART CORNWALL**

Adult, Talk Global 460 000  
Cornwall DABs 11B  
East Cornwall FM 105.1  
West Cornwall FM 107.0  
7/2006: *Atlantic FM*. 7/5/2012: *Heart*.

**HEART DEVON**

Adult Global Radio 1 080 000  
East Devon, Exeter and Torbay b DABs 11C  
North and Central Devon a DABs 10C  
Plymouth and South Devon c DABs 12D  
North and Central Devon a FM 96.2  
Torbay area b FM 96.4  
Tavistock, Devon c FM 96.6  
Exeter area b FM 97.0  
Plymouth area c FM 97.0  
Ilfracombe, Devon a FM 97.3  
Tolnes area, Devon d FM 100.5  
Dartmouth area, Devon d FM 100.8  
South Hams, Devon d FM 01.2  
Ivybridge, Devon d FM 101.9  
East Devon b FM 103.0  
a: 19/10/1992: *Lantern FM*. 2002: +*Ilfracombe*.  
b: 1/1/1995: *Gemini FM*. (Replaced 7/11/1980- *Devon Air R3*)  
c: 19/5/1975: *Plymouth Sound*. 28/10/85: +*Tavistock with opt-out Radio in Tavistock until 1994*.  
d: 1/12/1999: *South Hams Radio*.  
All: 23/3/2009: *Heart*. 27/8/2010: *Stations merged*.

**HEART EAST ANGLIA**

Adult Global Radio 1 100 000  
East Norfolk a DABs 10B  
Suffolk b DABs 10C  
South and East Suffolk a FM 97.1  
West Suffolk a FM 96.4  
East Norfolk and NE Suffolk b FM 102.4  
a: 28/10/1975 (East): *Radio Orwell*. 6/11/1982 (West): *Saxon Radio*. 1992: *SGR FM*.  
b: 1/10/1984: *Broadland FM*.  
Both: 5/1/2009: *Heart*. 5/9/2010: *Stations merged*.

**HEART ESSEX**

Adult Global Radio 1 390 000  
Most of Essex DABs 12D  
Colchester & NE Essex a FM 96.1  
South East Essex b FM 96.3  
Southend b FM 97.5  
Harlow area c FM 101.7  
Chelmsford & Central Essex b FM 102.6  
a: 17/10/1993: *SGR Colchester*. 5/1/2009: *Heart*.  
b: 12/9/1981: *Essex FM*. 1998: +*Southend*. 22/6/2009: *Heart*.  
c: 1/5/1993: *Ten 17*. 2000: *Mercury FM*. 2001: *Ten 17*.  
22-25/7/2010: *Stations merged as Heart*.

**HEART GLOUCESTERSHIRE**

Adult Global Radio 360 000  
Gloucestershire DABs 10C  
Gloucester & Cheltenham FM 102.4  
Stroud area FM 103.0  
23/10/1980: *Severn Sound*. 7/3/1988: +*Stroud*. 23/3/2009: *Heart*.

**HEART HERTFORDSHIRE**

Adult Adventure 390 000  
West Hertfordshire FM 96.6  
22/10/1994: *Oasis*. 96.6 1995: *Classic Hits*. 1997: *Oasis*. 2000: *Mercury*. 25/7/2010: *Heart*.

**HEART HOME COUNTIES**

Adult Global Radio 1 900 000  
Hertfordshire, Bedfordshire, Buckinghamshire DABs 10D  
Northamptonshire DABs 10C  
Northamptonshire a FM 96.6  
Bedfordshire & North Herts b FM 96.9  
NW & C Herts, S Beds, E Bucks c FM 97.6  
Milton Keynes area d FM 103.3  
a: 1/10/1986: *Northants 96*.  
b: 1/3/1982: *Chiltern FM*. 1996: B97. 1999: *Chiltern FM*.  
c: 15/10/1981: *Chiltern FM*.  
d: 15/10/1989: *Horizon*.  
All: 5/1/2009: *Heart*. 16/7/2010: *Stations merged*.

**HEART KENT**

Adult Global Radio 1 440 000  
Kent and Eastern London DABs 11C  
Thanet, Kent FM 95.9  
Ashford area, Kent FM 96.1  
Dover and Folkestone area FM 97.0  
Canterbury area FM 102.8  
West Kent FM 103.1  
1/10/1984: *Invicta*. 22/6/2009: *Heart*.

**HEART NORTH EAST**

Adult Global Radio 2 630 000  
Tees Valley and County Durham DABs 11B  
Tyne and Wear, North Durham, Northumberland DABs 11C  
West Tyneside, Tyne & Wear FM 96.2  
Cleveland, Durham, N Yorks FM 100.7  
Hexham & Tyne Valley FM 101.2  
Sunderland FM 101.2  
Tyneside, N Durham, S Nthmb FM 101.8  
1/9/1994: *Century*. 1996: +*Tyne Valley*. 1/2009: *Real Radio*.  
6/5/2014: *Heart*.



**HEART NORTH WALES**

Adult	Communicorp	720 000
East Clwyd		FM 88.0
Welshpool, Powys		FM 102.8
N Clwyd and NE Gwynedd		FM 105.7
Newtown, Powys		FM 106.0
Denbigh, Ruthin and Rhyl		FM 106.9
W & N Gwynedd & Anglesey		FM 107.2
Rhyl and Prestatyn		FM 107.3
Ceredigion		FM 107.7

1/12/2010: Real Radio (as South Wales). 6/5/2014: Heart (separate peak-time programmes).

**HEART NORTH WEST**

Adult	Global Radio	5 670 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Merseyside and West Cheshire		DABs 10C
North West England		FM 105.4

8/9/1998: Century. 1/2009: Real Radio. 6/5/2014: Heart.

**HEART SCOTLAND**

Adult	Global Radio	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Dumbarton and Alexandria		FM 100.0
Glasgow and Clydeside area		FM 100.3
Lothian and Fife		FM 101.1
Greenock and Firth of Clyde		FM 101.1
Penicuik, Lothian		FM 103.3

16/9/1994: Scot FM. 2001: Real Radio. 11/2004: +Rosneath. 10/2006: +Millburn Muir. 4/2008: +Penicuik. 6/5/2014: Heart.

**HEART SOUTH COAST**

Adult	Global Radio	1 600 000
South Hampshire and Isle of Wight		a DABs 11C
East, South and Central Dorset		b DABs 11B
Winchester & Southampton		a FM 6.7
Portsmouth area		a FM 97.5
Bournemouth area		b FM 102.3

a: 12/10/1986: Ocean Sound. 1987: added Winchester. (4/12/88-27/1/91 on Winchester only: Ocean Light.) 22/6/2009: Heart. (Replaced R Victory in Portsmouth 1975-86.)  
b: 15/9/1980: Two Counties R, then 2CR FM. 22/6/2009: Heart. Stations merged: 29/7/2010

**HEART SOUTH WALES**

Adult	Global	1 500 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
West Glamorgan and SW Carmarthenshire		DABs 12A
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
Pontypridd area		FM 102.3
Carmarthenshire		FM 105.2
Abergavenny & Usk Valley		FM 105.2
Cardiff & South Glamorgan		FM 105.4
Pembrokeshire		FM 105.7
South Gwent		FM 105.9
Merthyr Tydfil & Aberdare		FM 105.9
Swansea area		FM 106.0
Carmarthen		FM 106.0
Ebbw Vale & Tedegar, Gwent		FM 106.1
Fishguard & Newport, Pems		FM 106.2
Bargoed area		FM 107.3

3/10/2000: Real Radio. 2002: +Carmarthenshire. 2003: +Pembrokeshire and Fishguard 12/2004: +Carmarthen. 2005: +Abergavenny, Ebbw Vale, Merthyr, Aberdare. 2010: +Egylsilan and Bargoed. 6/5/2014: Heart.

**HEART SUSSEX AND SURREY**

Contemporary	Global Radio	1 400 000
Sussex		a DABs 10B
Surrey, North East Hampshire, South London		b DABs 10C
Horsham		b FM 97.5
Newhaven & Seaford, Sussex		a FM 96.9
Hastings		a FM 102.0
East Sussex		a FM 102.4
North Sussex & East Surrey		b FM 102.7
Brighton and Worthing area		a FM 103.5

a: 29/9/1983: Southern Sound, then Southern FM. 5/2/1989: +East Sussex. 12/2/1988: +Newhaven. 22/6/2009: Heart. b: 20/10/1984 as Radio Mercury. Stations merged as Heart 25/7/2010

**HEART THAMES VALLEY**

Adult	Global Radio	1 700 000
Berkshire and North Hampshire		a DABs 12D
Oxfordshire		b DABs 10B
Reading area		a FM 97.0
Banbury & Brackley area		b FM 97.4
Oxfordshire and West Bucks		b FM 102.6
N Hampshire & W Berkshire		a FM 102.9
Henley, Oxon		a FM 103.4

a: 8/3/1976: Radio 210. 1/1/1987: + N Hants & W Berks. 1990: 2-Ten FM. 1997: +Henley. 22/6/2009: Heart. b: 15/9/1989: Fox FM. 22/6/2009: Heart. Stations merged 9/7/2010.

**HEART WEST COUNTRY**

Adult	Global Radio	1 290 000
Bristol, Bath and Avon		a DABs 11B
West Wiltshire and Bath		c DABs 10D
Somerset		b DABs 10B
Avon		a FM 96.3
Taunton		b FM 96.5
Yeovil area		b FM 97.1
Somerset		b FM 102.6
Bath		c FM 103.0
Weston-super-Mare area		a FM 103.0

a: 27/10/1981: Radio West. 1986: GWR. 2007: +Weston.  
b: 26/11/1989: Orchard FM. 1996: +Taunton relay.  
c: 22/5/1987 as part of GWR Bristol. Separate from 2002.  
All: 23/3/2009: Heart. 27/8/2010: Stations merged.

**HEART WEST MIDLANDS**

Adult	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
West Midlands region		FM 100.7

1/9/1994.

**HEART WILTSHIRE**

Adult	Global Radio	490 000
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Marlborough area, Wilts		FM 96.5
Swindon area & Cirencester		FM 97.2
West Wiltshire		FM 102.2

12/10/1982: Wiltshire Radio. 1986: GWR. 14/10/1988: +Marlborough. 23/3/2009: Heart.

**HEART YORKSHIRE**

Adult	Communicorp	3 750 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABm 11B
West & South Yorkshire, York		FM 106.2
Bradford area		FM 107.6
Sheffield area		FM 107.7

25/03/2002: Real Radio. 6/5/2014: Heart.

**HEART EXTRA**

Adult	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A

Airdate: 29/2/2016

**HEART 80s**

Format: 80s Pop Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Satellite 0112, Cable 921		

Airdate: 14/3/2017

**HEARTLAND FM**

Mixed Music	Independent	110 000
Pitlochry & Aberfeldy, Tayside		FM 97.5

21/3/1992.

**HEAT**

Format: American Pop Music and Celebrity Gossip		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DABm 11A
DTT 716		

Airdate: 10/2003. On SD Mux: 29/2/2016.

**HERITAGE RADIO**

Muslim Community	Community	
Manchester		DAB + 10B m
Manchester		AM 1602

**HERMITAGE FM**

Mixed Format	Community	
Coalville & Ashby-de-la-Zouch		FM 99.2

**HIGH PEAK RADIO**

Adult, Oldies	Independent	80 000
New Mills and Whaley Bridge		FM 103.3
Hope Valley, Derbyshire		FM 103.3
Buxton area, Derbyshire		FM 106.4
Glossop and Hadfield, Derbys		FM 106.4
Chapel-en-le-Frith, Derbys		FM 106.6

4/4/2004.

**HILLZ FM**

Mixed Format, Rhythmic	Community	
Hillfields, Coventry		FM 98.6

**HITMIX RADIO**

Mixed Format	Community	
Newcastle Under Lyme, Staffs		FM 107.5

**THE HITS**

Format: Contemporary Hit Music		
Broadcaster: Bauer		
South Yorkshire, North Notts, Chesterfield		DABm 11C
Leeds and Wakefield Districts		DABm 12D
East Yorkshire and North Lincolnshire		DABm 11B
Tees Valley and County Durham		DABm 11B
Tyne and Wear, North Durham, Northumberland		DABm 11C
Greater Manchester and North East Cheshire		DABm 12C
Central and East Lancashire		DABm 12A
Merseyside and West Cheshire		DABm 10C
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABm 11C
Edinburgh, Lothian and South Fife		DABm 12D
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B
Inverness area		DABm 12D
DTT 711		

Airdate: 10/2003 (From 5/1/2015 to 31/8/2017 DAB services in Northern England and Scotland broadcast under local 3 branding, but shared all programmes)

**HOPE FM**

Christian	Community	
Bournemouth		FM 90.1

**HOT**

Mixed Format	Community	
Poole		FM 102.8

**HUB RADIO**

New Music	Community (Student)	
Bristol		DABs 9A

**HULL KINGSTON RADIO**

Mixed Format	Community	
Hull		FM 107.4

**I**

<b>IBC TAMIL</b>			
Tamil	Independent		
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B	

<b>RADIO IKHLAS</b>			
Asian	Community		
Derby		FM 107.8	

<b>IMAGINE FM</b>			
Adult	Independent	1 460 000	
South & Cent Gt Manchester		FM 104.9	
17/2/1990: <i>KFM</i> . 1992: <i>Signal Cheshire (merged with 96.4)</i> . 1997: <i>Signal FM</i> . 1/2000: <i>Imagine FM</i> .			

<b>INSANITY</b>			
New Music, Pop	Community (Student)		
Egham, Surrey		FM 103.2	

<b>INSPIRATION FM</b>			
Soul, Reggae, Dance	Community		
Northampton		FM 107.8	

<b>INSPIRE FM</b>			
Muslim	Community		
Luton		FM 105.1	

<b>INTOBEATS</b>			
Rhythmic New Music	Community		
Bedford		FM 106.5	

<b>IPSWICH COMMUNITY RADIO</b>			
Mixed Format	Community		
Ipswich		FM 105.7	

<b>IRVINE BEAT FM</b>			
Mixed Format	Community		
Irvine, Ayrshire		FM 107.2	

<b>ISLAND FM</b>			
Adult	Tindle	60 000	
Alderney		FM 93.7	
Guernsey		FM 104.7	
15/10/1992. 1994: +Alderney.			

<b>ISLE OF WIGHT RADIO</b>			
Adult	Media Sound Holdings	125 000	
South East Isle of Wight		FM 102.0	
Ryde and NE Isle of Wight		FM 102.0	
Cowes, Isle of Wight		FM 102.0	
Isle of Wight		FM 107.0	
15/4/1990. Moved from AM to FM 28/3/1998.			

<b>ISLES FM</b>			
Mixed Music, Gaelic	Independent	20 000	
Isle of Lewis		FM 103.0	
7/3/1998.			

<b>IÚR FM</b>			
Mixed Format	Community		
Newry		FM 101.4	

**J**

<b>JACK FM (OXFORD/SURREY/PORTSMOUTH)</b>			
Rock, Adult, Oldies	Oxis Media	350 000	
Oxfordshire		DABm 10B	
Bicester, Oxon		FM 106.4	
Wallingford, Oxon		FM 106.4	
Wantage, Oxon		FM 106.4	
Witney, Oxon		FM 106.4	
Central and South Oxon		FM 106.8	
2007.			

<b>JACK FM 2</b>			
Pop	Oxis Media	140 000	
Oxfordshire		DABm 10B	
Oxford		FM 107.9	
14/2/1997: <i>Oxygen (student station)</i> . 2000: <i>Fusion (mixed format)</i> . 5/2003: <i>Passion (Dance)</i> 2006: <i>Oxford's 107.9</i> . 17/8/2010: <i>Glide (pop)</i> . 20/9/2013: <i>Jack FM 2</i> .			

<b>JACK 3</b>			
Easy Listening	Oxis Media		
Oxfordshire		DABm 10B	

<b>RADIO JACKIE</b>			
Adult, Oldies	Independent	1 150 000	
SW London & N Surrey		FM 107.8	
1/3/1997: <i>Thames Radio</i> . 19/10/2003: <i>Radio Jackie</i> .			

<b>JAZZ FM</b>			
Format: Jazz and Soul Music. Broadcaster: Independent			
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DAB+ 11A			
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A	
Norwich		DABs 9A	
Satellite 0202/729			
Airdate: 9/2008 (the original Jazz FM broadcast 4/3/1990 to 7/6/2005) DAB coverage has varied. On SD Mux: 29/2/2016.			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

<b>JUICE 107.2</b>			
New Music	Independent	210 000	
Sussex		DABm 10B	
Brighton area		DAB+ 9A	
Brighton area		FM 107.2	
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> .			

**K**

<b>KANE FM</b>			
Rhythmic Music	Community		
Guildford, Surrey		FM 103.7	

<b>KANSHI RADIO</b>			
Christian	Independent		
Satellite 0205,			

<b>KCC LIVE</b>			
Mixed Format	Community		
Knowsley, Merseyside		FM 99.8	

<b>KCFM</b>			
Adult, Oldies	Lincs	500 000	
Lincolnshire, North Lincolnshire and Hull		DABs 12A	
Hull area		FM 99.8	
1/8/2007.			

<b>KEITH COMMUNITY RADIO</b>			
Mixed Format	Community		
Keith & Buckie area		FM 107.7	

<b>KEMET RADIO</b>			
Rhythmic Music	Community		
Nottingham		FM 97.5	

<b>KERRANG</b>			
American Heavy Rock	Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A	
DTT 717			
10/2002 (Also carried elsewhere until 12/12/2014)			

<b>KEY 103</b>			
Contemporary, Adult	Bauer	2 810 000	
Part of Big City Network (England)			
Greater Manchester and North East Cheshire		DABs 12C	
Greater Manchester		FM 103.0	
2/4/1974: <i>Piccadilly (mixed)</i> , 3/9/1988*: <i>Key 103 (Adult)</i> . 1990: <i>Piccadilly Key 103 (contemporary)</i> . 1996: <i>Key 103</i> . 200: <i>Piccadilly Key 103</i> . 2002: <i>Key 103</i> .			

<b>KEY 2</b>			
Oldies	Bauer	2 160 000	
All programmes from Greatest Hits Network (England)			
Greater Manchester and North East Cheshire		DABs 12C	
Greater Manchester		AM 1152	
3/9/1988*: <i>Piccadilly (mixed format)</i> , 1990: <i>Piccadilly Gold (Oldies)</i> . 1996: <i>Piccadilly (Oldies, Adult, Talk)</i> . 4/1999: <i>Magic 1152 (soft)</i> . 2003: <i>oldies</i> . 5/1/2015: <i>Key 2</i> .			

<b>KHUSH KHABIRI</b>			
Asian Christian	Independent		
Satellite 0151			

<b>KINGDOM FM</b>			
Adult	Independent	350 000	
South and West Fife		FM 95.2	
Central Fife		FM 96.1	
Kirkcaldy, Fife		FM 96.6	
North East Fife		FM 105.4	
South East Fife		FM 106.3	
5/10/1998.			

<b>KISS</b>			
Format: Rhythmic Contemporary			
Broadcaster: Bauer			
England, Wales and Northern Ireland (D1 Mux)		DABm 11D	
Scotland (D1 Mux)		DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C	
Bristol		b FM 97.2	
London area		a FM 100.0	
South Wales, West England		b FM 101.0	
Southern Cambridgeshire		c FM 105.6	
East Norfolk and NE Suffolk		c FM 06.1	
Suffolk, S Norfolk & NE Essex		c FM 106.4	
Peterborough area		c FM 107.7	
Satellite 0178, DTT 713, Cable 963			
Airdate: Network: 6/2000, National DAB: 1/2013			
a: 1/9/1990			
b: 21/4/1990 (Bristol): FTP. 27/11/1991: <i>Galaxy</i> . 1/9/1994: +South Wales. 1/1/2003: <i>Vibe</i> . 6/9/2006: <i>Kiss</i> . c 22/11/1997: <i>Vibe FM</i> . 6/9/2006: <i>Kiss</i> .			

<b>KISS FRESH</b>			
Format: Rhythmic New Music			
Broadcaster: Bauer			
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABm 12C	
Birmingham area, West Midlands, SE Staffs		DABm 11C	
South Yorkshire, North Notts, Chesterfield		DABm 11C	
Leeds and Wakefield Districts		DABm 12D	
East Yorkshire and North Lincolnshire		DABm 11B	
Tees Valley and County Durham		DABm 11B	
Tyne and Wear, North Durham, Northumberland		DABm 11C	

Greater Manchester and North East Cheshire	DABm 12C
Central and East Lancashire	DABm 12A
Merseyside and West Cheshire	DABm 10C
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C
Edinburgh, Lothian and South Fife	DABm 12D
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B
Inverness area	DABm 12D
Northern Ireland	DABm 12D
DTT 712	
<i>Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in North, Scotland, Birmingham, N Ireland: 1/5/2016.</i>	

**KISSTORY**

Format: Classic Dance and Rhythm	
Broadcaster: Bauer	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A	
DTT 714	
<i>Airdate: 7/3/2013 (DTT), DAB 12/2014. On SD Mux: 29/2/2016.</i>	

**KLFM**

Adult, Contemporary	UKRD	200 000
West Norfolk		FM 96.7
<i>1/7/1992.</i>		

**KM-FM**

Contemporary	Kent Messenger	1 500 000
Kent and Eastern London		DABs 11C
Tunbridge Wells area, Kent		a FM 96.2
Folkestone		b FM 96.4
Medway towns area		c FM 100.4
Sevenoaks area		a FM 101.6
Maidstone		d FM 105.6
Canterbury area		e FM 106.0
Dover area		b FM 106.8
Thanet, Kent		f FM 107.2
Ashford area, Kent		g FM 107.6
Medway towns area		c FM 107.9

a: 9/7/1995: KFM. 3/2000: Mercury. 9/2002: KM-FM.  
b: 29/9/1997: Neptune Radio. 2/2003: KM-FM.  
c: 1/9/1997: Medway FM. 3/2000: Mercury. 9/2002: KM-FM.  
d: 18/10/2003: CTR. 2009: KM-FM.  
e: 21/9/1997: CTFM. 2/2003: KM-FM.  
f: 17/1/1998: TLR. 2/2003: KM-FM..  
g: 3/10/2005.  
12/3/2012: Stations merged, changing format from Adult.

**KOAST RADIO**

Mixed Format	Community	
Ashington, Northumberland		FM 106.6

**KOHINOOR FM**

Punjabi	Community	
Leicester		FM 97.3

**KYFM**

Mixed Format	Community	
Kirkcaldy, Fife		FM 107.0

**L****RADIO LAB**

New Music	Community (Student)	
Luton		FM 97.1

**LAKELAND R. LIKELY TO BECOME SMOOTH**

Oldies, Adult	Global Radio	100 000
Kendal, Cumbria		FM 100.1
Windermere & Ambleside		FM 100.8
Keswick		FM 101.4
<i>27/10/2001. 4/2013: +Keswick.</i>		

**LBC**

Format: Talk and News	
Broadcaster: Global Radio	
England, Wales and Northern Ireland (D1 Mux)	DABm 11D
Scotland (D1 Mux)	DABm 12A
London area	FM 97.3
Satellite 0124/724, DTT 732, Cable 919	
<i>Airdate (London): 6/10/1973: LBC. 2/10/1989 LBC Newstalk. 8/10/1994 London News Radio. 27/11/1996: News Direct. 6/1/2003: LBC. National DAB Airdate: 11/2/2014</i>	

**LBC NEWS**

News	Global Radio	8 530 000
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
London area		AM 1152
<i>6/10/1973: LBC. 2/10/1989 London Talkback Radio. 8/10/1994: London Newstalk Radio 1/1/1996: LBC. 6/1/2003: LBC News</i>		

**LEGACY 90.1 FM**

Rhythmic Music	Community	
Central Manchester		FM 90.1

**LEISURE FM**

Mixed Format	Community	
Braintree, Essex		FM 107.4

**LIBERTY RADIO**

Christian Soft	Independent	
Satellite 0186		

**LIKE RADIO**

Contemporary	Independent	
Herefordshire and Worcestershire		DABm 12A
Birmingham		DABm 9A

**LikWid**

Dance	Community	
Manchester		DAB+ 10B

**LINCOLN CITY RADIO**

Oldies, Mixed Format	Community	
Lincoln		FM 103.6

**LINCS FM**

Adult, Contemporary	Lincs	680 000
Lincolnshire, North Lincolnshire and Hull		DABs 12A
Grantham, Lincolnshire		FM 96.7
Scunthorpe, North Lincolnshire		FM 97.6
Lincolnshire & S Humberside		FM 102.2
<i>1/3/1992. 1995: +Grantham. 1999: +Scunthorpe.</i>		

**LINK FM**

Asian	Community	
Sheffield		FM 96.7

**LIONHEART RADIO**

Mixed Format	Community	
Alnwick, Northumberland		FM 107.3

**LISBURN CITY RADIO**

Mixed Format	Community	
Lisburn		FM 98.8

**LOCHBROOM FM**

Adult	Independent	2 000
Lochinver & Enard Bay		FM 96.8
Ullapool area, Highland		FM 102.2
<i>23/8/1997. 2001: + Lochinver &amp; Enard Bay.</i>		

**LONDON GREEK RADIO**

Greek	Independent	2 980 000
Birmingham		DABs 9A
Central London		DAB+ 9A
Manchester		DAB+ 10B
North London		FM 103.3
<i>13/11/1989 in London. Shared frequency with WNK (Dance) until 1994. Other cities from 2015.</i>		

**LOVE 80s**

80s Music	Dee Radio	
Manchester		DAB+m 10B
North East Wales, West Cheshire and Merseyside		DAB+ 10D

**LRB DIGITAL**

Muslim Community	Independent	
Leicestershire		DABm 11B
Central London		DABm 9A

**LYCA DIL SE 1035**

Asian	Lyca Media	7 440 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
London		AM 1035
<i>1/9/1994: Country 1035. 2000: Ritz. 2003: Easy R London (all Country formats). 1/2005: Kismet. 12/2013: Sunrise R3. 2/2014: R 1035. 9/2014: Lyca Dil Se.</i>		

**LYCA RADIO 1458**

Asian	Lyca Media	10 410 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
London area		AM 1458
<i>5/11/1989: Sunrise R in West London. 1/1/1994: London wide. 12/2013: Sunrise R1. 2/2014: R 1458. 9/2014: Lyca R</i>		

**M****MAGIC**

Format: Oldies Music  
 Broadcaster: Bauer  
 England, Wales and Northern Ireland (D1 Mux) DABm 11D  
 Scotland (D1 Mux) DABm 12A  
 London area, Surrey, W Kent, Herts, Luton (Mx 1) DABs 12C  
 London area FM 105.4  
 Satellite 0180, DTT 715, Cable 928  
*Airdate (London): 9/7/1990: Melody (Soft, Nostalgic Format).  
 Nostalgic phased out 1996-98. 9/1998-11/1998: Magic.  
 National DAB Airdate: 5/1/2015*

**MAGIC CHILLED**

Format: Soft Adult Contemporary Music  
 Broadcaster: Bauer  
 London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DAB+ 11A  
*Airdate: 21/3/2016.*

**MAGIC SOUL**

Format: Classic Soul music  
 Broadcaster: Bauer  
 London area, Surrey, W Kent, Herts, Luton (Mx 1) DABm 12C  
 Birmingham area, West Midlands, SE Staffs DABm 11C  
 Leeds and Wakefield Districts DABm 12D  
 East Yorkshire and North Lincolnshire DABm 11B  
 Tees Valley and County Durham DABm 11B  
 Tyne and Wear, North Durham, Northumberland DABm 11C  
 Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C  
 Edinburgh, Lothian and South Fife DABm 12D  
 Dundee, Angus, Perth & Kinross, North Fife DABm 11B  
 Inverness area DABm 12D  
 Northern Ireland DABm 12D  
*Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in  
 North, Scotland, Birmingham, N Ireland: 1/5/2016.*

**MANSFIELD 103.2 FM**

Adult Independent 210 000  
 Mansfield & Ashfields, Notts FM 103.2  
 1/12/1999.

**MATRYOSHKA RADIO**

Russian Music Independent  
 London area, Surrey, W Kent, Herts, Luton (Mx 3) DABs 11B

**MANGO VIBE**

Dance Community  
 Portsmouth DAB+7D

**MANX RADIO**

Mixed Format Independent 65 000  
 Central Isle of Man FM 89.0  
 Ramsay, Isle of Man FM 89.5  
 Peel area, Isle of Man FM 89.5  
 South and East Isle of Man FM 97.2  
 North Isle of Man FM 103.7  
 Isle of Man AM 1368  
 Some separate programmes on AM and FM  
 1968. 2014: +Ramsay and Peel.

**MARLOW FM**

Mixed Format Community  
 Marlow, Bucks FM 97.5

**MAX**

80s Music Independent  
 Manchester DAB+ 10B

**MCR LIVE**

Mixed Format Community  
 Manchester DAB+m 10B

**MEARNS FM**

Mixed Format Community  
 Stonehaven, Grampian FM 105.7  
 Inverbevie, Grampian FM 106.2  
 Laurencekirk, Grampian FM 107.3

**MELLOW MAGIC**

Format: Easy Listening Music  
 Broadcaster: Bauer  
 London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
*Airdate: 14/3/2016.*

**MERIDIAN FM**

Mixed Format Community  
 East Grinstead, Sussex FM 107.0

**METRO RADIO**

Contemporary, Adult Bauer 1 830 000  
 Part of Big City Network (England). Shares all programmes with TFM.  
 Tyne and Wear, North Durham, Northumberland DABs 11C  
 Tyneside, N Durham, S Nthm FM 97.1  
 Alnwick area, FM 102.6  
 West Tyneside, Tyne & Wear FM 103.0  
 Hexham & Tyne Valley FM 103.2  
 15/7/1974. 10/2/1989: +West Tyneside. 1996 + Tyne Valley and Alnwick.

**METRO RADIO 2**

Oldies Bauer 1 740 000  
 All programmes from Greatest Hits Network (England)  
 Tyne and Wear, North Durham, Northumberland DABs 11C  
 Tyneside, N Durham, S Nthm AM 1152  
 8/4/1989\*: Great North Radio (oldies) 2/1998: Magic 1152 (soft). 2003: oldies. 5/1/2015: Metro R 2.

**MFR 2**

Oldies Bauer 290 000  
 All programmes from Greatest Hits Network (Scotland)  
 Inverness area DABs 12D  
 North Scotland AM 1107  
 9/2014\*.

**MI SOUL**

Soul Independent  
 London area, Surrey, W Kent, Herts, Luton (Mx 2) DABm 12A  
 Brighton area DAB+ 9A  
 Manchester DAB+ 10B

**MINSTER FM**

Adult UKRD 460 000  
 York and North Yorkshire DABs 10C  
 Thirsk area, North Yorkshire b FM 102.3  
 Northallerton & Bedale b FM 103.5  
 South & Central North Yorks a FM 104.7  
 a: 4/7/1992. (Thirsk added 1996, then joined Northallerton)  
 b: 12/6/2007: Minster Northallerton FM. 2/11/2009: Star Radio.  
 4/2017: merged with Minster FM

**Mix 96**

Adult TLRC 160 000  
 Aylesbury area FM 96.2  
 15/4/1994.

**MKFM**

Mixed Format Community  
 Hertfordshire, Bedfordshire, Buckinghamshire DABm 10D  
 Milton Keynes FM 106.3

**MON FM**

Mixed Format Community  
 Anglesey FM 102.5

**MOORLANDS RADIO**

Mixed Format Community  
 Leek and Biddulph, Staffs FM 103.7

**MORAY FIRTH RADIO (MFR)**

Contemporary, Adult Bauer 290 000  
 Part of Big City Network (Scotland)  
 Some frequencies carry separate community radio services in the evenings: (C) Caiithness FM, (Ki) Kinnaird Radio.  
 Inverness area DABs 12D  
 Speyside, Highland FM 96.6  
 Fraserburgh area (Ki) FM 96.7  
 Wick (C) FM 96.7  
 Inverness & Moray Firth FM 97.4  
 Thurso & Wick area (C) FM 102.5  
 Keith & Buckie area FM 102.8  
 23/2/1982. 1995: +Speyside. 1997: + Thurso & Wick, Keith & Buckie and Fraserburgh.

**MORE RADIO**

Adult, Oldies Media Sound Holdings SE1 790 000  
 Burgess Hill, Haywards Heath a FM 106.4  
 Lewes area, Sussex a FM 106.8  
 Eastbourne area b FM 107.5  
 Worthing c FM 107.7  
 Hastings area d FM 107.8  
 a: 31/3/2001: Bright FM. 17/10/2005: +Lewes. 11/4/2016: More Radio.  
 b: 17/11/1997: Sovereign Radio. 11/4/2016: More Radio.  
 c: 05/05/2003: Splash FM. 11/4/2016: More Radio.  
 d: 10/4/1998: Arrow FM. 11/4/2016: More Radio.

**MY MUSIC RADIO**

70s Music UKRD  
 Programmes shared with Eagle 70s and Pirate 70s  
 York and North Yorkshire DABs 10C

**N****NATION RADIO**

Adult, Contemporary Nation Broadcasting 1 350 000  
 Pembrokeshire, Carmarthenshire, Swansea DABs 12D  
 South Glamorgan, Mid Glamorgan, Gwent DABs 12C  
 North East Wales, West Cheshire and Merseyside DABm 10D  
 Conwy county DABs 12D  
 Gwynedd and Anglesey DABs 10D  
 Carmarthenshire FM 102.9  
 Cardiff and SE Wales FM 106.8  
 Pembrokeshire FM 107.1  
 Swansea area FM 107.3  
 29/11/2007: XFM. 16/6/2008: Nation Radio. Rock format until 2017. 8/2017: Carmarthenshire added, 11/2017: Pembrokeshire added

**NE1 FM**

Mixed Format Community  
 Newcastle 102.5

**NEVIS RADIO**

Adult, Contemporary Community 20 000  
 Fort William area, Highland FM 96.6  
 Glen Coe, Highland FM 96.6  
 Mallaig, Arisaig & SE Skye FM 102.3  
 Ballachulish & Loch Leven FM 102.4  
 1/8/1994. 1997: Coverage extended.

**NEW STYLE RADIO**

Rhythmic Music Community  
 Birmingham FM 98.7

**RADIO NEWARK**

Mixed Format Community  
 Lincolnshire, North Lincolnshire and Hull DAB+ 12A  
 Newark, Notts 107.8

**NEWSTALK 106-108**

News and Talk Communicorp  
 Satellite 0210  
 Also available on FM in Republic of Ireland (see Ireland section)

**NLIVE**

Mixed Format Community  
 Northampton FM 106.9

**NONSTOP 90s**

90s Music Independent  
 Manchester DAB+ 10B

**NORTH EAST COMMUNITY RADIO**

Mixed Music Independent 100 000  
 Aberdeen, Aberdeenshire DABm 11C  
 Braemar & Upper Dee Valley FM 97.1  
 Turriff, Grampian FM 97.1  
 Dee Valley, Grampian FM 101.9  
 Mid East Grampian FM 102.1  
 Upper Don Valley, Grampian FM 102.6  
 Huntly & Glen of Foudland FM 103.2  
 Cock Bridge area, Grampian FM 106.4  
 6/6/1994. 1997: + Scar Hill and Foudland. 1998: + Braemar.  
 12/2003: +Turriff, Dee Valley, Cock Bridge.

**NORTH MANCHESTER FM**

Mixed Format Community  
 North Manchester FM 106.6

**NORTH NORFOLK RADIO (SH)**

Adult Celador 120 000  
 North East Norfolk FM 96.2  
 Fakenham FM 96.2  
 North West Norfolk FM 103.2  
 Cromer, Sheringham, Norfolk FM 103.2  
 10/11/2003. 11/2005: +Fakenham.

**NORTHSOUND ONE**

Contemporary, Adult Bauer 410 000  
 Part of Big City Network (Scotland)  
 Aberdeen, Aberdeenshire DABs 11C  
 East Grampian Region FM 96.9  
 Aberdeen FM 97.6  
 Peterhead area, Grampian FM 103.0  
 27/7/1981.

**NORTHSOUND TWO**

Oldies Bauer 410 000  
 All programmes from Greatest Hits Network (Scotland)  
 Aberdeen, Aberdeenshire DABs 11C  
 Aberdeen and East Grampian AM 1035  
 1995\*.

**RADIO NORWICH (SH)**

Adult Celador 300 000  
 Norwich DABs 9A  
 Norwich area FM 99.9  
 7/2006.

**NOVA FM**

Mixed Format	Community	
Newport, Shropshire		FM 97.5

**NTS RADIO**

Mixed Specialist Music	Community	
Central London		DAB+ 9A

**NU SOUND RADIO**

Asian	Community	
Central London		DAB+ 9A
Newham, E London		FM 92.0

**O****OBAN FM**

Mixed Music	Independent	10 000
Opts-out of Clyde 2		
Oban area, Highland		FM 103.3
1/7/1996.		

**OLDHAM COMMUNITY R**

Mixed Format	Community	
Oldham		FM 99.7

**1BTN**

Dance Music	Community	
Brighton area		DAB+ 9A
Central and East Brighton		FM 101.4

**100% DRAGON HITS**

Contemporary, Adult	Triple Media	
Somerset and SE Wales coast		DABs 10B
Portsmouth		DAB+7D

**100% WHATEVER**

Music and Comedy	Triple Media	
Somerset and SE Wales coast		DABs 10B

**ORIGINAL 106**

Oldies, Adult, Rock	New Wave Media	110 000
Aberdeen		FM 106.3
Peterhead area, Grampian		FM 106.3
East Grampian Region		FM 106.8
28/10/2007.		

**P****RADIO PANJ**

Punjabi	Community	
Coventry		AM 1521

**PANJAB RADIO**

Format: Music & Talk for the Punjabi and Sikh Communities  
 Broadcaster: Independent  
 London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
 NE London, SW Essex, SE Herts AM 1584  
 Satellite 0130  
 Airdate: 1/9/200 (Satellite), 4/11/2003 (Local DAB), 29/2/2016 (National DAB)  
 AM: 17/8/1995: London Turkish Radio (Turkish). 4/2014: Turkish Gold. 6/3/2015: Panjab Radio

**PARK RADIO**

Mixed Format	Community	
Harleston, Norfolk		FM 105.2
Diss, Norfolk		FM 107.6

**PEAK FM**

Contemporary, Adult	Wireless	320 000
Matlock and Bakewell		FM 102.0
Chesterfield area		FM 107.4
7/10/1998.		

**RADIO PEMBROKESHIRE (SH)**

Adult, Oldies	Nation Broadcasting	110 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Pembrokeshire		FM 102.5
Fishguard & Newport, Pems		FM 107.5
Tenby, Pembrokeshire		FM 107.5
14/07/2002.		

**PENDLE COMMUNITY RADIO**

Asian	Community	
Nelson, Lancashire		FM 103.1

**PENISTONE COMMUNITY RADIO**

Mixed Format	Community	
Penistone, South Yorks		FM 95.7

**PENKY WIND-UPS**

Comedy	Independent	
Manchester		DAB+m 10B

**PETERBOROUGH COMMUNITY RADIO**

Mixed Format	Community	
Peterborough		FM 103.2

**PHOENIX RADIO**

Mixed Format	Community	
Halifax		FM 96.7

**PHOENIX FM**

Mixed Format	Community	
Brentwood		FM 98.0

**PHONIC FM**

Mixed Format	Community	
Exeter		FM 106.8

**PIRATE FM**

Adult	UKRD	790 000
Cornwall		DABs 11B
East Cornwall & West Devon		FM 102.2
West Cornwall		FM 102.8
3/4/1992.		

**PIRATE 70S**

70s Music	UKRD	
Programmes shared with Eagle 70s and My Music Radio		
Cornwall		DABs 11B
Plymouth and South Devon		DABs 12D

**PLANET ROCK**

Format: Classic Heavy Rock Music  
 Broadcaster: Bauer  
 London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
 Satellite 0110/730, Cable 924  
 Airdate: 15/11/1999 (Moved from D1 Mux on 29/2/2016)

**RADIO PLUS**

Christian Contemporary	Community	
Coventry		FM 101.5

**RADIO PLYMOUTH**

Adult, Oldies	Independent	300 000
Plymouth area		FM 106.7
28/10/2010.		

**POLSKIE RADIO**

Polish Independent  
London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11B

**PREMIER CHRISTIAN RADIO**

Format: Christian Talk and Music  
Broadcaster: London Christian Radio  
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
NE London, SE Herts, SW Essex a AM 1305  
South London & East Surrey a AM 1305  
London a AM 1332  
E London & Thames Estuary a AM 1413  
W London, E Berks & N Surrey a AM 1413  
W Surrey, NE Hants b AM 1566  
DTT 725  
Airdates: a: 10/06/1995  
b: 7/6/1988\*: *First Gold (Oldies)*, 4/5/1992: *County Sound*, 1994: *Mercury Extra*, 4/9/1995: *County Sound Radio (Oldies Talk)*, 13/7/2012: *Eagle Extra*, 1/12/2014: *Premier Radio*  
National DAB: 21/9/2009 (Moved from D1 Mux on 29/2/2016)

**PREMIER GOSPEL**

Gospel Music (Christian) London Christian Radio  
London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11B  
Surrey, North East Hampshire, South London DABm 10C  
Airdate: 21/9/2009 (London)

**PREMIER PRAISE**

Format: Christian  
Broadcaster: London Christian Radio  
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
Airdate: 27/3/2016.

**PULSE FM**

Mixed Format Community  
Glasgow DABs 10B  
Barrhead, near Glasgow FM 98.4

**PULSE 1**

Contemporary, Adult Wireless 1 140 000  
Bradford, Calderdale and Kirklees Districts FM DABs 11B  
Bradford area 97.5  
Huddersfield & Halifax area FM 102.5  
16/9/1975: *Pennine Radio*, 4/12/1984: *+Huddersfield and Halifax*, 31/8/1991: *The Pulse from*, 2014: *Pulse 1*.

**PULSE 2**

Oldies Wireless 1 090 000  
Bradford, Calderdale and Kirklees Districts DABs 11B  
Bradford area AM 1278  
Huddersfield and Halifax area AM 1530  
1/5/1989\*: *Classic Gold (oldies)*, 13/9/1993: *Great Yorkshire Gold*, 17/3/1997: *Classic Gold*, 1/2000: *Big AM (adult, rock)*, 4/11/2001: *Classic Gold*, 3/8/2007: *Pulse Gold*, 12/2008: *Pulse 2*.

**PULSE 80s**

80s Music Wireless  
Bradford, Calderdale and Kirklees Districts DABs 11B  
1/1/2018.

**PURE RADIO**

Mixed Format Community  
Stockport FM 107.8

**Q****Q RADIO**

Adult Northern Media 1 160 000  
Northern Ireland a DABm 12D  
Belfast area a FM 96.7  
Coleraine area b FM 97.2  
Ballycastle h FM 97.6  
South East Northern Ireland c FM 100.5  
Kilkeel, N Ireland h FM 101.1  
Newcastle, Northern Ireland d FM 101.1  
Fermangh & South Tyrone h FM 101.2  
Enniskillen, Fermanagh h FM 102.1  
Newtownabbey a FM 102.5  
Derry area e FM 102.9  
Cookstown & Maghera, NI f 1 FM 06.0  
Maghera, N Ireland h FM 106.3  
Dungannon area, N Ireland f FM 107.2  
Ballymena and Antrim g FM 107.0  
Larne, Northern Ireland h FM 107.6  
a: 6/9/1990: *BCR*, 1997: *City Beat*, 9/8/2015: *Q Belfast*  
b: 26/11/2000.  
c: 2006: *Five FM*, 2012: *Q100.5*  
d: 19/3/2002.  
e: 21/10/1993.  
f: 01/02/2003: *Mid FM*, 3/2004: *+Dungannon*, 2006: *Six FM*, 2012: *Q106-7*  
g: 1/11/2005: *Seven FM*, 2012: *Q107*,  
h: added 2017

**QUAY FM**

Mixed Format Community  
Alderney FM 107.1

**R****RAINBOW RADIO**

African Independent  
Central London DABm 9A  
Manchester DAB + 10B m  
Satellite 0207

**RAAJ FM**

Punjabi Community  
Sandwell, West Midlands FM 91.3

**RATHERGOOD RADIO**

Adult View TV 600 000  
York and North Yorkshire DABm 10C  
Richmond area, North Yorks a FM 102.6  
Darlington & S Co Durham c FM 103.2  
*Licensed, but currently off air:*  
Durham & N Co Durham b FM 102.8  
Bishop Auckland area b FM 106.8  
a: 4/5/1997: *as part of Fresh Radio*, 2012: *Joined Star*.  
b: 3/12/2005: *Durham FM*.  
c: 30/11/1995: *A1 FM*, 1997: *Alpha 103.2*.  
b/c: 2/11/2009: *Star Radio*, 2010: *Stations merged (including Northallerton until 2017)*  
All: 1/8/2017: *Rathergood Radio*.

**RED KITE RADIO**

Mixed Format Community  
Haddenham & Thame, Oxon FM 107.2

**REDROD FM**

Mixed Format Community  
South Rotherham FM 102.4

**REPREZENT FM**

Rhythmic New Music Community  
Central London DABs 9A  
South London FM 107.3

**RESONANCE**

Arts, Experimental Community  
Central London DABs 9A  
Brighton area DAB+ 9A  
Central London FM 104.4

**RADIO REVERB**

Mixed Format Community  
Brighton area DAB+ 9A  
Central and East Brighton FM 97.2

**REVIVAL RADIO**

Christian Community  
Cumbernauld & Kirkintilloch FM 100.8

**REVOLUTION FM**

Adult Independent 400 000  
Manchester DAB+m 10B  
Oldham area FM 96.2  
30/8/1999.

**RIBBLE FM**

Mixed Format Community  
Clitheroe, Lancs FM 106.7

**RIDINGS FM**

Adult, Oldies Lincs 290 000  
Wakefield area FM 106.8  
3/10/1999.

**RINSE FM**

Rhythmic New Music Community  
Central London DABs 9A  
Central London FM 106.8

**RNA FM**

Mixed Music Independent 30 000  
Arbroath area FM 96.6  
Carnoustie FM 107.5  
Brechin Infirmary FM 87.7  
Strathcaro Hospital, Brechin FM 87.7  
Montrose Royal Infirmary FM 87.7  
Whitehills Health Centre, Forfar FM 87.7  
25/11/1998.

**RNIB CONNECT RADIO**

Talk for visually impaired Community  
West Glasgow FM 101.0  
DTT 730

**ROCK FM**

Contemporary, Adult Bauer 1 340 000  
Part of Big City Network (England)  
Central and East Lancashire DABs 12A  
South, West & Cent Lancashire FM 97.4  
1/6/1990\*: *Red Rose Rock FM*, 1996: *Rock FM*.

**ROCK FM 2**

Oldies Bauer 1 060 000  
All programmes from Greatest Hits Network (England)  
Central and East Lancashire DABs 12A  
South, W & Cent Lancashire AM 999  
5/10/1982: Red Rose (Mixed format), 1/6/1990: Red Rose  
Gold (Oldies), 1996: Red Rose 999 (Oldies, Adult), 1/1999:  
Magic 999 (Soft), 2003: oldies, 5/1/2015: Rock 2.

**ROCK SPORT**

Rock, Sport Independent  
Glasgow, Edinburgh, Central Scotland DABs 11D  
18/12/2017.

**ROTHER FM**

Adult, Oldies Lincs 250 000  
Rotherham area FM 96.1  
15/10/2006.

**RTE RADIO 1**

Format: Talk with Soft, Easy, Irish and Country music  
Broadcaster: RTE (Based: Dublin)  
Ireland, Wales, Western England & West Scotland AM 252  
Satellite 0160/750  
Airdate: 17/3/2004 on 252 (previously carried Atlantic 252  
1/9/1989-31/12/2001, Teamtalk 252 25/2/2002-31/7/2002)  
Also available on FM in Republic of Ireland and parts of  
Northern Ireland (see Ireland section)

**RTE 2FM**

Contemporary, Adult RTE  
Satellite 0164/751  
Also available on FM in Republic of Ireland and parts of  
Northern Ireland (see Ireland section)

**RTE LYRIC FM**

Classical, Jazz RTE  
Satellite 0165/752  
Also available on FM in Republic of Ireland and parts of  
Northern Ireland (see Ireland section)

**RTE RADIO NA GAELTACHTA**

Irish Language RTE  
Satellite 0166/753  
Also available on FM in Republic of Ireland and parts of  
Northern Ireland (see Ireland section)

**RUGBY FM (SH)**

Adult Quidem 100 000  
Shares programmes with Touch Radio  
Rugby area FM 107.1  
31/08/2002.

**RUTLAND RADIO**

Oldies, Soft Lincs 4 500  
Stamford, Lincs FM 97.4  
Rutland FM 107.2  
13/12/1998.

**RWS FM**

Mixed Format Community  
Bury St Edmunds FM 103.3

**S****SABRAS SOUND**

Asian Independent 610 000  
Leicestershire DABm 11B  
Leicester area AM 1260  
7/9/1995. (replaced Sunrise E Midlands 15/9/1992-7/9/1995)

**SAINT FM**

Mixed Format Community  
Burnham-on-Crouch area FM 94.7

**SALAAM RADIO**

Muslim Community Community  
Peterborough FM 106.2

**SALFORD COMMUNITY RADIO**

Mixed Format Community  
Salford and Swinton FM 94.4

**RADIO SALTIRE**

Mixed Format Community  
Glasgow DABs 10B

**SANDGROUNDER RADIO**

Oldies Independent  
North East Wales, West Cheshire and Merseyside DAB+ 10D  
28/5/2016

**SANSKAR RADIO**

Asian Independent  
Leicestershire DABm 11B

**SAM FM (BRISTOL AND SWINDON)**

Rock Celador 620 000  
Avon a FM 106.5  
Swindon area b FM 107.7  
a: 20/5/2007: Original 106, 2/12/2009: Jack FM, 1/4/2015:  
Sam FM  
b: 2/9/2006-24/3/2010: Brunel FM, 8/2010: TotalStar, 6/2011:  
More Radio, 28/5/2012: Jack FM, 1/4/2015: Sam FM,  
6/2016: Stations merged

**SAM FM (SOUTH COAST)**

Rock Celador 2 020 000  
Berkshire and North Hampshire DABm 12D  
Portsmouth DABs 7D  
S Hampshire, W Sussex, Wight FM 106.0  
Bournemouth area FM 106.6  
Winchester FM 106.6  
1/10/2006: Original 106, 10/2008: Coast, 4/7/2011: Jack FM,  
1/4/2015: Sam FM, Berks & N Hants DAB added 9/2017.

**RADIO SANGAM**

Asian Community  
Glasgow DAB+ 10B  
Birmingham DAB+ 9A  
Manchester DAB+ 10B  
Huddersfield FM 107.9

**SCOTTISH SUN 80s**

80s Music Wireless  
Glasgow, Edinburgh, Central Scotland DABs 11D  
1/1/2018.

**SCOTTISH SUN GREATEST HITS**

Oldies Wireless  
Glasgow, Edinburgh, Central Scotland DABs 11D  
1/1/2018.

**SCOTTISH SUN HITS**

Contemporary, Adult Wireless  
Glasgow, Edinburgh, Central Scotland DABs 11D  
1/1/2018.

**SEAHAVEN FM**

Mixed Format Community  
Newhaven & Seaford area FM 96.3

**SEASIDE RADIO**

Mixed Format Community  
Withernsea area, E Yorks FM 105.3

**SECKLOW SOUNDS**

Mixed Format Community  
Milton Keynes FM 105.5

**RADIO SCILLY**

Mixed Format Community  
Isles of Scilly FM 107.9

**SFM**

Mixed Format Community  
Sittingbourne, Kent FM 106.9

**SHEFFIELD LIVE**

Mixed Format Community  
Central Sheffield FM 93.2

**SHEPPEY FM**

Mixed Format Community  
Isle of Sheppey, Kent FM 92.2

**SHMU FM**

Mixed Format Community  
Aberdeen FM 99.8

**SIBC**

Contemporary, Adult Independent 23 000  
Shetland Islands FM 96.2  
Lerwick, Shetland FM 102.2  
19/10/1991.

**SIGNAL 1**

Contemporary, Adult Wireless 970 000  
Stoke-on-Trent, West Staffordshire, South Cheshire DABs 12D  
East Cheshire c FM 96.4  
Stafford area b FM 96.9  
Stoke-on-Trent area a FM 102.6  
a: 5/9/1983.  
b: 1990: Signal, 15/10/1990: Echo 96, 1992: Signal,  
c: 1989: Signal Cheshire 15/10/1990: Echo 96, 1992: Signal  
Cheshire (merged with 104.9), 1997: Signal FM, 1/2000:  
Imagine FM, 2002: Signal 1 (separate from 104.9).

**SIGNAL 2**

Oldies Wireless 560 000  
Stoke-on-Trent, West Staffordshire, South Cheshire DABs 12D  
Stoke-on-Trent area AM 1170  
14/9/1992\*: Signal Gold (oldies), 1997: Signal 2, 1/2000: Big  
AM (adult, rock), 9/2002: Signal 2 (oldies).

**SIGNAL 80s**

80s Music Wireless  
Stoke-on-Trent, West Staffordshire, South Cheshire DABs 12D  
1/1/2018.

**SIGNAL 107**

Adult Wireless 1 350 000  
Shrewsbury area a FM 106.5  
Oswestry, Shropshire a FM 107.1  
Kidderminster area b FM 107.2  
Telford area c FM 107.4  
Wolverhampton area d FM 107.7  
a: 18/9/2006: The Severn.  
b: 9/2005: The Wyre.  
c: 3/5/1999: Telford FM, 20/9/2010: The Severn (merged).  
d 7/10/1997: The Wolf.  
All: 26/3/2012: Signal 107.

**SILK FM**

Soft, Adult Dee Radio 230 000  
East Cheshire FM 106.9  
25/5/1998.

**SINE FM**

Mixed Format Community  
Doncaster FM 102.6

**SIREN FM**

New Music, Pop Community  
Lincoln FM 107.3

**60s**

60s Music Community  
Portsmouth DAB+7D

**SKYLINE COMMUNITY RADIO**

Mixed Format Community  
Hedge End, Botley, West End FM 102.5

**SLEEPYHEAD**

Childrens Community  
Portsmouth DAB+7D

**SMOOTH RADIO (NETWORK)**

Format: Easy Listening and Oldies Music  
Broadcaster: Global

**SMOOTH UK**

Easy Listening, Oldies Global Radio  
South Yorkshire, North Notts, Chesterfield DABs 11C  
Leeds and Wakefield Districts DABs 12D  
East Yorkshire and North Lincolnshire DABs 11B  
York and North Yorkshire DABs 10C  
Satellite 0128, DTT 718, Cable 916

The following stations relay Smooth UK with local news and  
information:

**SMOOTH RADIO (LONDON)**

Easy Listening, Oldies Global Radio 9 650 000  
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABs 12C  
London area FM 102.2  
4/3/1990: Jazz FM (Jazz and Soul). Known as JFM 1994-95.  
7/6/2005: Smooth 26/3/2007: Easy/Oldies format.

**SMOOTH RADIO (AM/DAB)**

Easy Listening, Oldies	Global Radio	12 910 000
Separate News and Information is broadcast for each area		
Kent and Eastern London	a DABs 11C	
Sussex	c DABs 10B	
South Hampshire and Isle of Wight	d DABs 11C	
East, South and Central Dorset	b DABs 11B	
Berkshire and North Hampshire	e DABs 12D	
Oxfordshire	DABs 10B	
Gloucestershire	f DABs 10C	
Bristol, Bath and Avon	g DABs 11B	
West Wiltshire and Bath	g DABs 10D	
Swindon area	g DABs 11C	
Somerset	DABs 10B	
East Devon, Exeter and Torbay	DABs 11C	
North and Central Devon	DABs 10C	
Plymouth and South Devon	h DABs 12D	
Most of Essex	n DABs 12D	
Hertfordshire, Bedfordshire, Buckinghamshire	j DABs 10D	
Northamptonshire	o DABs 10C	
North Cambridgeshire, Huntingdon, S Lincs	m DABs 12D	
South and Central Cambridgeshire	m DABs 11C	
Suffolk	l DABs 10C	
East Norfolk	k DABs 10B	
East Kent	a AM 603	
Gloucestershire	f AM 774	
Beds, NE Herts, SE Cambs	j AM 792	
Bournemouth area	b AM 828	
W & C Herts, S Beds, E Bucks	j AM 828	
West Wiltshire	g AM 936	
East Sussex	c AM 945	
Plymouth area	h AM 1152	
Swindon area	f AM 1161	
Portsmouth area	d AM 1170	
South and East Suffolk	l AM 1170	
West Kent	a AM 1242	
West Suffolk	l AM 1251	
Brighton and South Sussex	c AM 1323	
N Cambs, S Lincs, Rutland	m AM 1332	
Central, North & SW Essex	n AM 1359	
South East Essex	n AM 1431	
Southampton area	d AM 1557	
East Norfolk and NE Suffolk	k AM 1152	
Northamptonshire	o AM 1557	

a: 27/3/1989\*: *Coast AM (oldies)*. 1991: *Invicta Supergold*. 23/2/1998: *Capital Gold*.  
b: 15/9/1990\*: *2CR Classic Gold*. 1995: *Classic Gold*.  
c: 10/3/1991\*: *South Coast Radio (Talk, Nostalgia)*. 1995: *oldies*. 1996: *+East Sussex 1/6/1998: Capital Gold*.  
d: 4/12/1988\*: *Ocean Gold (Oldies)*. *South Coast Radio (Talk, Nostalgia)*. 1995: *oldies*. 1/6/1998: *Capital Gold*.  
e: 1990\*: 210 *Classic Gold (oldies)*. 1997: *+ 1485*.  
f: 1/10/1990\*: *Three Counties Radio (oldies)*, then *Severn Sound Supergold*. 1996: *Classic Gold*.  
g: 15/11/1988: *Brunel Radio (oldies)*. 1990: *Brunel Classic Gold*. 1998: *Classic Gold*.  
h: 1994\*: *Plymouth Sound AM (oldies)*. 7/2/2000: *Classic Gold*.  
j: 15/7/1990\*: *Chiltern Supergold (oldies)*. 1996: *Classic Gold*.  
k, l: 24/9/1995\* *Amber R (oldies)*. 1998: *Classic Gold Amber*.  
m: 14/4/1992\*: *WGMS (oldies)*. 18/3/1995: *Classic Gold*.  
n: 16/7/1989\*: *Breeze (oldies)*. 1/2001: *Classic Gold Breeze*.  
o: 15/7/1990\*: *Northants Radio Supergold (oldies)*. 1996: *Classic Gold*.  
All: 3/8/2007: *Gold (oldies)*. 28/6/2010: *National plus local news*. 24/3/2014: *Smooth Radio*.

**SMOOTH RADIO (WALES)**

Easy Listening, Oldies	Global Radio	910 000
Separate programmes Mon-Fri 1500-1900		
South Glamorgan, Mid Glamorgan, Gwent	a DABs 12C	
Conwy county	b DABs 12D	
Gwynedd and Anglesey	b DABs 10D	
East Clwyd & West Cheshire	b AM 1260	
South and Central Gwent	a AM 1305	
Cardiff & South Glamorgan	a AM 1359	
a: 15/7/1990*: <i>Touch Radio (oldies)</i> . 7/1999: <i>Capital Gold</i> . 3/8/2007: <i>Gold</i> . 24/3/2014: <i>Smooth</i> . b: 31/3/1989*: <i>Marcher Gold (oldies)</i> . 2001: <i>Classic Gold Marcher</i> .		

The following stations opt-out of Smooth UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

**SMOOTH RADIO (EAST MIDLANDS, NET)**

Easy Listening, Oldies	Communicorp	2 500 000
Leicestershire	DABm 11B	
South and Central Nottinghamshire	DABm 12C	
South and Central Derbyshire, SE Staffordshire	DABm 10B	
Derby	FM 101.4	
East Midlands and Lincoln	FM 106.6	
11/02/2003 <i>Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)</i>		

**SMOOTH RADIO (NORTH EAST)**

Easy Listening, Oldies	Communicorp	2 500 000
Tees Valley and County Durham	DABs 11B	
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, Durham, S Nthm	FM 97.5	
Hexham & Tyne Valley	FM 96.4	
West Tyneside, Tyne & Wear	FM 107.5	
Cleveland	FM 107.7	
8/1/2008. <i>National plus local news 4/10/2010-23/3/2014.</i>		

**SMOOTH RADIO (NORTH WEST)**

Easy Listening, Oldies	Communicorp	5 670 000
Greater Manchester and North East Cheshire	DABs 12C	
Central and East Lancashire	DABs 12A	
Merseyside and West Cheshire	DABs 10C	
North West England	FM 100.4	
1/9/1994 as <i>JFM (Jazz, Soul)</i> . 1995: <i>Jazz FM</i> . 3/2004: <i>Smooth FM (Soul)</i> . 2007: <i>Easy listening format</i> . <i>National plus local news 4/10/2010-23/3/2014.</i>		

**SMOOTH RADIO (SCOTLAND)**

Easy Listening, Oldies	Global Radio	1 900 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Edinburgh, Lothian and South Fife	DABs 12D	
Glasgow and Clydeside area	FM 105.2	
7/9/2004 <i>Saga FM</i> . 26/3/2007: <i>Smooth</i> .		

**SMOOTH RADIO (WEST MIDLANDS)**

Easy Listening, Oldies	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country	DABs 11B	
Birmingham area, West Midlands, SE Staffs	DABs 11C	
Coventry and Warwickshire	DABs 12D	
West Midlands region	FM 105.7	
16/10/2001: <i>Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)</i>		

**SMOOTH EXTRA**

Easy Listening, Oldies	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
Satellite 0146 Airdate: 27/12/2014		

**SOLAR RADIO**

Soul, Jazz	Independent	
Birmingham	DAB+ 9A	
Brighton area	DAB+ 9A	
Central London	DABs 9A	
Manchester	DAB+ 10B	
Norwich	DAB+ 9A	
Satellite 0129		

**SOMER VALLEY FM**

Mixed Format	Community	
Bristol	DABs 9A	
Midsomer Norton, Avon	FM 97.5	

**SOUNDART RADIO**

Mixed Format	Community	
Totnes	FM 102.5	

**SOUL TRAIN RADIO**

Classic Soul	Independent	
Bristol, Bath and Avon	DABm 11B	

**THE SOURCE**

Mixed Format	Community	
Falmouth & Penryn	FM 96.1	

**SOUT AL KALEEJ**

Arabic Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	

**SPARK FM**

Contemporary, New Music	Community	
Sunderland	FM 107.0	

**SPECTRUM R** *Likely to be replaced by Citisport*

Mixed Ethnic	Independent	8 430 000
London area	AM 558	
25/6/1990.		

**SPECTRUM SINO**

Chinese Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	

**SPEYSOUND RADIO**

Mixed Format	Community	
Badenoch & Strathspey	FM 107.1	

**SPICE FM**

Asian	Community	
Newcastle	FM 98.8	

**SPIRE FM**

Adult	UKRD	100 000
South Wiltshire	FM 102.0	
20/9/1992.		

**SPIRIT FM**

Adult, Oldies	UKRD	240 000
Chichester and Bognor Regis	FM 96.6	
Littlehampton and Arundel	FM 102.3	
North West Sussex	FM 106.6	
21/4/1996. 1997: <i>+Littlehampton</i> . 2005: <i>+Midhurst</i>		

**RADIO ST AUSTELL BAY**

Mixed Format	Community	
St Austell, Cornwall	FM 105.6	

**STAFFORD FM**

Mixed Format	Community	
Stafford	FM 107.3	

**STAR 107**

Adult	Independent	270 000
Cambridge	DABs 7D	
Ely and Littleport area	a FM 107.1	
Cambridge area	b FM 107.9	
a: 4/10/1999: <i>X-Cel FM</i> . 5/11/2001: <i>Star</i> b: 23/3/1998: <i>Cambridge Cafe Radio</i> . 1998: <i>Cambridge Red</i> . 31/7/2000: <i>The Eagle</i> . 21/6/2001: <i>Star</i> . Both: 2004: <i>Stations Merged</i>		

**STARPOINT**

Soul	Community	
Birmingham	DAB+ 9A	
Glasgow	DAB+ 10B	
Portsmouth	DAB+7D	

**STRAY FM**

Adult	UKRD	250 000
York and North Yorkshire	DABs 10C	
Harrogate area	a FM 97.2	
Pateley Bridge, North Yorks	b FM 107.1	
Ilkley area, West Yorks	b FM 107.1	
Skipton town	b FM 107.1	
Craven District, incl Skipton	b FM 107.8	
a: 4/7/1994. b: 4/5/1997: <i>Yorkshire Dales Radio on AM</i> . 1999: <i>Fresh R</i> . 2007: <i>+Ilkley and Pateley FM</i> . 2012: <i>Move to FM and join Stray FM</i> .		

**SUFFOLK FIRST**

Oldies, Country	Lincs	
Suffolk	DABm 10C	

**SUKH SAGAR**

Asian religious	Independent	
Satellite 0150		

**SUN FM**

Adult, Oldies	UKRD	390 000
Sunderland area	FM 103.4	
5/11/1990: <i>Wear FM</i> . 1/7/1995: <i>Sun City</i> . 1997: <i>Sun FM</i> .		

**SUNNY GOVAN RADIO**

Mixed Format	Community	
Govan, Glasgow	FM 103.5	

**SUNRISE RADIO (UK)**

Format: Asian	Broadcaster: Independent	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/Eastern Northern Ireland (SD Mux)		
East and Central London	DABm 11A	
West and Central London	AM 963	
Airdate (London): 1/9/2003: <i>Club Asia</i> . 2009: <i>Buzz Asia</i> . 12/2013: <i>Sunrise R2</i> . 2/2014: <i>Sunrise Radio</i> . (Replaced 3/7/1995: <i>Radio Viva</i> . 1996-2/7/2003: <i>Liberty Radio</i> ). Airdate (National DAB): 29/2/2016.		

**SUNRISE RADIO (YORKSHIRE)**

Asian	Independent	430 000
Bradford, Calderdale and Kirklees Districts	DABm 11B	
Manchester	DAB+m 10B	
Glasgow	DABm 10B	
Bradford area	FM 103.2	
9/12/1989: <i>Bradford City Radio</i> . 1991: <i>Sunrise</i> .		

**SUNSHINE RADIO (SH)**

Adult, Oldies	Laser	110 000
S Shropshire & N Herefordshire	FM 105.9	
FM transmitter is to relocate to Clee Hill on a new frequency		
S Shropshire & N Herefordshire	AM 855	
18/10/1992 on AM. FM added 5/2013.		

**SUNSHINE 106.2 (SH)**

Adult, Oldies	Laser	145 000
Herefordshire and Worcestershire	DABs 12A	
Gloucestershire	DABs 10C	
Herefordshire	FM 106.2	
14/12/2007.		



**SUNSHINE 107 (SH)**

Adult, Oldies	Laser	75 000
East Monmouthshire		FM 107.0
Abergavenny & Usk Valley		FM 107.8
Monnow Valley, Monmouth		
14/12/2007.		

**SUSY RADIO**

Mixed Format	Community	
Reigate and Redhill, Surrey		FM 103.4

**SWANSEA BAY RADIO**

Adult, Oldies	Nation Broadcasting	400 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Swansea area		FM 102.1
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio		

**SWANSEA SOUND**

Oldies	Wireless	450 000
West Glamorgan and SW Carmarthenshire		DABs 12A
Swansea area		AM 1170
30/9/1974.		

**SWINDON 105**

Mixed Format	Community	
Swindon		FM 105.5

**SWITCH RADIO**

Mixed Format	Community	
Birmingham		DAB+ 9A
NE Birmingham & Solihull		FM 107.5

**T****TAKEOVER RADIO (LEICESTER)**

Pop, Childrens	Community	
Leicester		FM 103.2

**TAKEOVER RADIO (ASHFIELD)**

Pop, Childrens	Community	
Sutton in Ashfield area		FM 106.9

**TALK SPORT**

Format: Sport	Broadcaster: Wireless	
England, Wales and Northern Ireland (D1 Mux)		
Scotland (D1 Mux)		DABm 11D
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
Glasgow, Edinburgh, Central Scotland		DABm 11D
Aberdeen, Aberdeenshire		DABm 11C
Ayrshire		DABm 11B
London & South East England		AM 1089
West Kent, N Sussex, E Surrey		AM 1053
North Sussex and East Surrey		AM 1107
South East Kent & S East Sussex		AM 1107
Brighton and South Sussex		AM 1053
S Hampshire & Isle of Wight		AM 1107
Bournemouth area		AM 1053
Exeter area		AM 1053
Torbay area		AM 1107
Plymouth area		AM 1053
West Cornwall		AM 1089
South Wales & West England		AM 1089
Central England		AM 1053
Norfolk and Suffolk		AM 1053
Lincs, Peterborough, KingsLynn		AM 1107
Nottinghamshire, E Derbyshire		AM 1071
Merseyside and North Clwyd		AM 1107
NW England, Yorks, N Wales		AM 1089
Humberside		AM 1053
Cleveland, S Durham, N Yorks		AM 1053
Tyneside, N Durham, S Nthmb		AM 1071
SW Scotland, N & W Cumbria		AM 1053
Central Scotland		AM 1089
East Tayside		AM 1053
Aberdeen and East Grampian		AM 1089
North Scotland		AM 1053
Belfast & East Northern Ireland		AM 1089
Derry area		AM 1053
96% daytime coverage		
Marginal reception is available in most other areas except parts of NW Scotland and Fermanagh		
Satellite 0108, DTT 723, Cable 927		
Airdate: 14/2/1995 as Talk Radio (Talk and News format), Sport phased in 1998-2000. Talk Sport from 17/1/2000		

**TALK SPORT 2**

Format: Sport	Broadcaster: Wireless	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
Aberdeen, Aberdeenshire		DABm 11A
		DABm 11C
Airdate: 15/3/2016.		

**TALK RADIO**

Format: Talk	Broadcaster: Wireless	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
Aberdeen, Aberdeenshire		DABm 11A
		DABm 11C
Airdate: 21/3/2016.		

**TAMESIDE COMMUNITY RADIO**

Mixed Format	Community	
Tameside		FM 103.6

**TAY FM**

Contemporary, Adult	Bauer	410 000
Part of Big City Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife		DABs 11B
Dundee		FM 96.4
Perth area		FM 96.4
East Tayside and North Fife		FM 102.8
9/1/1995*: 2007: +Dundee relay.		

**TAY 2 (SH)**

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife		DABs 11B
East Tayside		AM 1161
Perth area		AM 1584
17/10/1980: Radio Tay (mixed format). 9/1/1995: Radio Tay AM. 1/2015: Tay 2.		

**TCR FM**

Pop, New Music	Community	
Tamworth, Staffs		FM 106.8

**TD1 RADIO**

Mixed Format	Community	
Galashiels, Scottish Borders		FM 106.5

**RADIO TELSTAR**

Oldies	Community	
Glasgow		DABs 10B

**TEMPO FM**

Mixed Format	Community	
Wetherby, W Yorks		FM 107.4

**10 RADIO**

Mixed Format	Community	
Wiveliscombe, Somerset		FM 105.3

**TFM**

Contemporary, Adult	Bauer	1 070 000
Part of Big City Network (England). Shares all programmes with Metro Radio.		
Tees Valley and County Durham		DABs 11B
Cleveland, Durham, N Yorks		FM 96.6
24/6/1975: Radio Tees. 1/1/1988: TFM. 8/4/2013: All programming taken from Metro.		

**TFM2 (SH)**

Oldies	Bauer	960 000
All programmes from Greatest Hits Network (England)		
Tees Valley and County Durham		DABs 11B
Cleveland and Darlington		AM 1170
8/4/1989*: Great North Radio (oldies) 2/1998: Magic 1170 (soft). 2003: oldies. 5/1/2015: TFM 2.		

**THAMES RADIO**

Oldies	Nation Broadcasting	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+ 12A
26/6/2016.		

**THREE FM**

Adult/Oldies	Independent	65 000
Ramsay, Isle of Man		FM 104.2
Port Erin, Isle of Man		FM 104.2
South and East Isle of Man		FM 105.0
Peel and West Isle of Man		FM 106.2
Central Isle of Man		FM 106.6
18/11/2004.		

**3TFM**

Mixed Format	Community	
Saltcoats, Ayrshire		FM 103.1

**TIME 107.5 FM**

Adult, Soul	Lyca Media	480 000
Romford, Barking, Dagenham		FM 107.5
18/5/1998 as Active FM (Adult/ Soul). Soul FM from 18/3/2002. Time from 7/2004.		

**TIMELESS RADIO**

Easy Listening	Independent	
Based: Glasgow area		
Birmingham		DAB+m 9A
Glasgow		DABs 10B
Manchester		DAB+ 10B
Portsmouth		DAB+7D

**RADIO TIRCOED**

Mixed Format	Community	
NW Swansea		FM 106.5

**TMCR**

Mixed Format	Community	
Thorne-Moorends, South Yorks		FM 95.3

**TOPE FM**

Mixed Format	Community	
Taunton		FM 107.8

**TOTAL ACCESS**

Contemporary, New Music	Wireless Group	
West Glamorgan and SW Carmarthenshire		DABs 12A
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABs 11B
1/1/2018.		

**TOTAL STAR**

Adult, Oldies		
Gloucestershire		DABm 10C

**TOTALLY RADIO**

Mixed Music	Community	
Based: Brighton		
Brighton area		DAB+ 9A
Norwich		DAB+ 9A
Portsmouth		DAB+7D

**TOUCH RADIO**

Adult, Contemporary	Quidem	1 340 000
Birmingham		DAB+ 9A
Coventry		a FM 96.2
Lichfield & Tamworth area		b FM 101.6
S & C Warwicks, E Worcs		c FM 102.0
Burton & Swadlincote area		b FM 102.4
Warwick & Leamington Spa		c FM 107.3
a: 28/8/1990: Radio Harmony (Ethnic and mixed format).		
b: 1/6/1998: Centre FM. 5/2006: Touch.		
c: 24/5/1996: The Bear. 16/1/2006: Touch. 7/4/2008: +Warwick (initially with some separate programmes).		

**TOWER FM**

Adult	Wireless	450 000
Bolton and Bury area		FM 107.4
20/3/1999.		

**TOWN FM (SH)**

Adult	Celador	300 000
Ipswich area		FM 102.0
19/10/2006.		

**TRAFFORD SOUND**

Mixed Format	Community	
Manchester		DAB+m 10B

**TRAX FM**

Adult	Lincs	390 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Doncaster area		a FM 107.1
North Nottinghamshire		b FM 107.9
a: 5/9/1999.		
b: 2/11/1998.		

**TRICKSTAR**

New Music	Community	
Brighton area		DAB+ 9A

**TUNDO FM**

Mixed Format	Community	
Llandudno, Wales		FM 107.8

**2BR**

Adult, Oldies	UKRD	700 000
Central and East Lancashire		DABm 12A
Chorley		a FM 96.3
Burnley, Nelson and Colne		c FM 99.8
Preston and Leyland area		a FM 106.5
Blackburn & Darwen area		b FM 107.0
a: 10/2008: Central R. 11/2011: The Bee. 12/2012: +Chorley.		
6/2016: 2BR		
b: 1/10/2005: The Bee. 6/2016: 2BR		
c: 25/7/2000. 6/2016: Stations merged		

**TWO LOCHS RADIO**

Mixed Music	Independent	2 000
Loch Gairloch, W Highland		FM 106.0
Lochs Ewe & Maree, W Hghld		FM 106.6
11/2003.		

**TWR**

Christian	Independent	
Satellite 0138		

**U****U105**

Oldies, Easy, Talk	Wireless Group	700 000
Northern Ireland		DABm 12D
Belfast area		FM 105.8
14/11/2005.		

**UCB 1**

Format: Christian Contemporary Music		
Broadcaster: UCB	Based: Stoke-on-Trent	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Airdate 26/04/1993 as UCB UK (Analogue satellite), DAB from 2007. UCB 1 from 1/2016.		

**UCB 2**

Format: Christian Soft Adult Contemporary Music		
Broadcaster: UCB	Based: Stoke-on-Trent	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DABm 11A
Airdate on SD Mux: 29/2/2016 (previously UCB Inspirational)		

**UCB IRELAND**

Christian	UCB	
Satellite 0214		

**UCKFIELD FM**

Mixed Format	Community	
Uckfield, East Sussex		FM 105.0

**UJIMA RADIO**

Rhythmic Music	Community	
Bristol		DABs 9A
Bristol		FM 98.0

**UNION JACK**

Format: British Pop and Rock Music		
Broadcaster: Oxis Media		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DAB+ 11A
Airdate: 3/9/2016.		

**UNITY RADIO**

Dance and Rhythm	Community	
Manchester		DAB+ 10B
Manchester		FM 92.8

**UNITY FM**

Muslim Community	Community	
Birmingham		DAB+m 9A
East Birmingham		FM 93.5

**UNITY 101**

Asian	Community	
Southampton		FM 101.1

**UPLOAD RADIO**

Mixed Format	Forward Media	
Some programmes are shared across all multiplexes and some carried on individual multiplexes only.		
Surrey, North East Hampshire, South London		DABm 10C
North East Wales, West Cheshire and Merseyside		DABm 10D
York and North Yorkshire		DABm 10C

**URF**

New Music (Student)	Community	
Brighton area		DAB+ 9A

**UWS RADIO**

New Music	Student RSL	
Ayrshire		DABm 11B
University of Paisley, Ayr		FM 87.7

**V****VECTIS RADIO**

Mixed Format	Community	
Newport, Isle of Wight		FM 104.6

**RADIO VERULAM**

Mixed Format	Community	
St Albans		FM 92.6

**VIBE FM**

New Music, Pop	Community	
Watford, Herts		FM 107.6

**VIBE FM**

Mixed Format	Community	
Enniskillen		FM 105.3

**VIKING FM**

Contemporary, Adult	Bauer	960 000
Part of Big City Network (England)		
East Yorkshire and North Lincolnshire		DABs 11B
Humberside		FM 96.9
17/4/1984.		

**VIKING 2 (SH)**

Oldies	Bauer	790 000
All programmes from Greatest Hits Network (England)		
East Yorkshire and North Lincolnshire		DABs 11B
Humberside		AM 1161
1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 12/2/1997: Magic 1161 (soft). 2003: oldies. 5/1/2015: Viking 2.		

**VIRGIN RADIO**

Format: Rock Music		
Broadcaster: Wireless		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DABm 11A
Aberdeen, Aberdeenshire		DABm 11C
Airdate: 30/3/2016.		

**VIXEN 101**

Mixed Format	Community	
Mkt Weighton & Pocklington		FM 101.8

**THE VOICE**

Mixed Format	Community	
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Barnstaple, Devon		FM 106.1
Bideford, Devon		FM 107.8
Ilfracombe, Devon		FM 107.8

**VOICE FM**

New Music	Community (Student)	
Southampton		FM 103.9

**VOICE FM**

Mixed Format	Community	
Middlesborough		FM 104.5

**VOICE OF ISLAM**

Islamic	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**W****RADIO WARRINGTON**

Mixed Format	Community	
Warrington		AM 1332

**WAVE FM**

Adult	Wireless	330 000
Blackpool area		FM 96.5
25/5/1992: Radio Wave. 1998: Wave FM.		

**WAVE 80s**

80s Music	Wireless	
West Glamorgan and SW Carmarthenshire		DABs 12A
1/1/2018.		

**THE WAVE 96.4**

Contemporary	Wireless	400 000
West Glamorgan and SW Carmarthenshire		DABs 12A
Swansea area		FM 96.4
30/9/1995*: Sound Wave. 1998: The Wave.		

**WAVE 102**

Adult	Independent	150 000
Dundee		a FM 102.0
Perth area		b FM 106.6
a: 30/8/1999: Discovery FM. 3/2000: Wave.		
b: 5/11/2008: Perth FM. 4/2011: Heartland. 1/2017: Wave		

**WAVE 105**

Adult	Bauer	2 020 000
South Hampshire and Isle of Wight		DABs 11C
East, South and Central Dorset		DABs 11B
S Hampshire, W Sussex, Wight		FM 105.2
Bournemouth area		FM 105.8
14/6/1998.		

**WAVES RADIO**

Adult	Independent	60 000
Aberdeen, Aberdeenshire		DABm 11C
North East Grampian		FM 101.2
6/12/1997.		

**WCR**

Mixed Format	Community	
Warminster		FM 105.5

**WCR FM**

Mixed Format	Community	
Wolverhampton		FM 101.8

**WEATHER 24/7 RADIO**

Weather	Independent	
Aldershot and Woking area		DAB+m 8A
Norwich		DAB+m 9A
Portsmouth		DAB+m 7D

**WESSEX FM**

Adult, Oldies	UKRD	150 000
West Dorset		FM 96.0
Dorchester and Weymouth		FM 97.2
4/9/1993.		

**WEST FM**

Contemporary, Adult	Bauer	320 000
Part of Big City Network (Scotland)		
Ayrshire		DABs 11B
Ayrshire		FM 96.7
Girvan, Ayrshire		FM 97.5
Largs, Rothesay, Clyde Mouth		FM 106.7
1997* (previously relayed West Sound)		

**WEST HULL COMMUNITY RADIO**

Mixed Format	Community	
West Hull		FM 106.9

**WEST SOUND (SH)**

Oldies	Bauer	420 000
All programmes from Greatest Hits Network (Scotland)		
Ayrshire		DABs 11B
Ayrshire		AM 1035
16/10/1981.		

**WEST SOUND (SOUTH)**

Oldies, Adult	Bauer	140 000
Opts out of Greatest Hits Network (Scotland)		
Stranraer area, D & G		FM 96.5
Dumfriesshire		FM 97.0
Wigtown Bay area, D & G		FM 103.0
21/5/1990: South West Sound. 1997: + Stranraer and Wigtown Bay. 2008: West Sound.		

**WESTSIDE COMMUNITY RADIO**

Rhythmic Music	Community	
Southall, W London		FM 89.6

**WEY VALLEY RADIO**

Mixed Format	Community	
Alton, Hampshire		FM 101.1

**RADIO WINCHCOMBE**

Mixed Format	Community	
Winchcombe, Gloucs		FM 107.1

**WIRE FM**

Adult	Wireless	310 000
Warrington, Runcorn, Widnes		FM 107.2
1/9/1998.		

**THE WIRELESS**

Oldies and Easy Listening		
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**WIRRAL RADIO**

Mixed Format	Community	
Wrexham, Flint, Denbigh, Wirral, Liverpool, Chester		DABm 10D
Wirral		FM 92.1

**WISH FM**

Adult	Wireless	550 000
Wigan & Skelmersdale area		FM 102.4
1/4/1997.		

**WITNEY RADIO**

Mixed Format	Community	
Witney, Oxfordshire		FM 99.9

**RADIO WOKING**

Mixed Format	Community	
Aldershot and Woking area		DABs 8A

**WRN EUROPE**

News, Talk	Independent	
Satellite 0122/728, Cable 920		
Carries programmes from various international broadcasters		

**WYCOMBE SOUND**

Mixed Format	Community	
High Wycombe		FM 106.6

**WYTHENSHAW FM**

Mixed Format	Community	
Wythenshawe, Gt Manc		FM 97.2

**XYZ****RADIO X**

Format: Rock Music  
 Broadcaster: Global Radio  
 England, Wales and Northern Ireland (D1 Mux) DABm 11D  
 Scotland (D1 Mux) DABm 12A  
 London area FM 104.9  
 Greater Manchester FM 97.7  
 Satellite 0113/723, Cable 960  
 Airdate: 1/9/1997 as XFM in London, 6/2000: Other areas on DAB, 23/1/2006 Absorbed Storm network (airdate 31/1/2001), 15/3/2006 added FM in Manchester. 21/9/2015: Renamed Radio X and joined national DAB

**RADIO XL**

Asian	Independent	3 560 000
Shropshire, Wolverhampton, Black Country		DABm 11B
West Midlands		AM 1260
30/5/1995.		

**XS MANCHESTER**

Rock, Talk	Communicorp	2 300 000
Greater Manchester		FM 106.1
6/5/2008: Rock Radio. 5/9/2011: Real Radio XS. 1/3/2016: XS Manchester		

**YOUR RADIO**

Adult	Independent	220 000
Dumbarton area		FM 103.0
Helensburgh, Greenock, Clyde		FM 106.9
30/5/2001: Castle Rock FM. 11/2003: Your Radio. 12/2003: +Helensburgh area.		

**YOUTHCOMM RADIO**

Pop, New Music	Community	
Worcester		FM 106.7

**YORKSHIRE COAST RADIO**

Adult	UKRD	160 000
York and North Yorkshire		a DABs 10C
Scarborough & E North Yorks		a FM 96.2
Bridlington, East Yorkshire		b FM 102.4
Whitby, North Yorkshire		a FM 103.1
a: 7/11/1993. b: 7/11/1999.		

**ZEST LIVERPOOL**

Adult	Independent	
North East Wales, West Cheshire and Merseyside		DAB+ 10D

**ZETA 105.3**

Mixed Format	Community	
Forest Heath, Suffolk		FM 105.3

**ZETLAND FM**

Mixed Format	Community	
Redcar and East Cleveland		FM 105.0

**ZONE ONE RADIO**

Mixed Format	Community	
Central London		DAB+ 9A

## Institution Radio

Services are only intended for reception in the immediate vicinity of the institution, though the AM services will be receivable within a few kilometres. Institutional licences used to supplement coverage of larger scale services are included in the main list.

### HOSPITALS

FM Stations		
<b>Bridge FM</b>	Royal Dundee Liff Hospital	87.7
	Nine Wells Hospital, Dundee	87.7
	Royal Victoria Hospital, Dundee	87.7
	Ashludie Hospital, Monifieth	87.7
<b>Radio Bronglais</b>	Hospital, Aberystwyth	87.8
<b>Hospital R Glangwili</b>	Hospital, Carmarthen	87.7
<b>Hospital R Plymouth</b>	Derriford Hospital, Plymouth	87.7
AM Stations		
<b>Basildon Hospital R</b>	Basildon Hospital, Essex	1287
<b>Carillon Radio</b>	Loughborough Hospital	1386
<b>Radio Cavell</b>	Royal Oldham Hospital	1350
<b>Chichester Hospital R</b>	St Richards Hosp, Chichester	1431
<b>Radio Clatterbridge</b>	Clatterbridge Hospital, Wirral	1386
<b>Radio City Swansea</b>	Singleton Hospital, Swansea	1386
<b>Radio Gwendolen</b>	Leicester General Hospital	1287
<b>Hemel Hospital Radio</b>	Hemel Hempstead General H	1350
<b>Hospital Radio Yare</b>	James Page H, Gt Yarmouth	1350
<b>Kingstown Radio</b>	Hull Royal Infirmary	1350
<b>Luton &amp; Dunstable H R</b>	Luton & Dunstable hospitals	1134
<b>Mid Downs H R</b>	Princess Royal H, Haywards H	1350
<b>Radio Nightingale</b>	Rotherham District General H	1350
<b>Radio Redhill</b>	East Surrey Hospital, Redhill	1431
<b>Sheffield Hospital Radio</b>	Northern General, Sheffield	1431
<b>Stoke Mandeville H R</b>	Stoke Mandeville H, Aylesbury	1575
<b>Radio Stortford</b>	Bishops Stortford Hospital	1350
<b>Trust AM</b>	Bassetlaw Dist. Gen, Worksop	1278
<b>Radio Tyneside</b>	Royal Victoria Inf, Newcastle	1575

### UNIVERSITIES, COLLEGES AND SCHOOLS

FM Stations		
<b>Bairrigg FM</b>	Lancaster University	87.7
<b>Fresh FM</b>	N Devon College, Barnstaple	87.7
<b>HCC Radio</b>	Honiton Community College	87.7
<b>The Mouth</b>	Cockermouth School, Cumbria	87.7
<b>Storm FM</b>	University of Bangor	87.7
<b>Xpression</b>	University of Exeter	87.7
AM Stations		
<b>Acacia Radio</b>	Acacia C., Kirkby-in-Ashfield	1287
<b>Blast 1386</b>	Reading College	1386
<b>The Cat</b>	Warrington Collegiate Institute	1251
<b>Crush AM</b>	Univ. Hertfordshire, Hatfield	1278
<b>HCR</b>	Halesowen College, W Mids	1386
<b>The Hub</b>	University of Bristol	1449
<b>RAW Radio</b>	University of Warwick	1251
<b>Stag Radio</b>	University of Surrey, Guildford	1350
<b>This Radio</b>	Liverpool Hope Univ College	1350
<b>University Radio Bath</b>	University of Bath	1449
<b>University Radio York</b>	University of York	1350

### SPORTS VENUES (PART-TIME)

FM Stations		
<b>Radio Brands</b>	Brands Hatch Circuit, Kent	87.7
<b>The Baggies</b>	West Bromwich Albion FC	102.7
<b>Donnington FM</b>	Donnington Park Circuit, Leics	87.7
<b>Knockhill FM</b>	Knock Hill Circuit, Fife	87.7
<b>Nitro FM</b>	Santa Pod Circuit, Northants	96.2
<b>Radio Silverstone</b>	Silverstone Circuit, Northants	87.7
<b>Somerset Cricket</b>	Somerset County Cricket Club	87.7
<b>Radio Thruxton</b>	Thruxton Circuit, Andover	87.7

### OTHER INSTITUTIONS

FM Stations		
<b>Cornucopia Radio</b>	Cornucopia Park, St Austell	87.7
<b>Crealy Park Radio</b>	Crealy Park, near Exeter	87.7
<b>Moonbeamers Drive-In</b>	Drive-in, Billericay, Essex	87.7
<b>60 North FM (Tourist)</b>	Brae, Shetland	87.7
	Bressay & Ross Nature Rsv, Shetl	87.7
	Esha Ness, Shetland	87.7
	Haroldswick, Shetland	87.7
	Sumburgh Head, Shetland	87.7
	Walls Marina, Shetland	87.7
AM Stations		
<b>Brill AM</b>	Brill Village, Buckinghamshire	1449