

Independent Radio (Alphabetical order)

Frequency Finder

Commercial and community radio stations are listed together in alphabetical order. National, local and multi-city stations are listed together as there is no longer a clear distinction between them.

For maps and transmitter details see:

- Digital Multiplexes
 - FM Transmitters by Region
 - AM Transmitters by Region
- FM and AM transmitter details are also included in the frequency-order lists.

Most stations broadcast 24 hours.

Stations will often put separate adverts, and sometimes news and information, on different DAB multiplexes or FM/AM transmitters carrying the same programmes. These are not listed separately.

Local stations owned by the same broadcaster often share overnight, evening and weekend, programming.

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

STATION

Format	Broadcaster	Coverage (AM/FM)
Programme sharing information (where relevant)		
DAB Coverage area		DAB channel
FM/AM Coverage area		FM/AM Frequency
<i>Airdate and historical notes</i>		
m = mono, s = stereo. FM and DAB+ transmissions are stereo unless indicated otherwise. All AM transmissions are mono		
* denotes frequencies previously relayed corresponding FM or AM service		

A

ABBEY 104

Mixed Format	Community	
Sherborne, Dorset		FM 104.7

ABC

Mixed Format	Community	
Portadown, County Down		FM 100.2

ABSOLUTE RADIO

Format: Rock Music
 Broadcaster: Bauer
 England, Wales and Northern Ireland (D1 Mux) DABm 11D
 Scotland (D1 Mux) DABm 12A
 London area, Surrey, W Kent, Herts, Luton (Mx 1) a DABs 12C
 London area b FM 105.8
 West Midlands region AM 105.2
 London, Herts, Essex, S Beds AM 1215
 South East Kent & S East Sussex AM 1260
 Brighton and South Sussex AM 1197
 S Hampshire & Isle of Wight AM 1215
 Bournemouth area AM 1197
 South Wales, Avon, Somerset AM 1215
 Gloucestershire AM 1197
 Western Midlands Region AM 1215
 Oxfordshire AM 1197
 Northamptonshire AM 1233
 South East Suffolk & NE Essex AM 1233
 East Norfolk & NE Suffolk AM 1215
 Lincs, Peterborough, Kings Lynn AM 1242
 Nottingham and Derby area AM 1197
 Stoke-on-Trent area AM 1242
 NW England & Yorkshire AM 1215
 Cleveland, S Durham, N Yorkshire AM 1242
 Tyneside, N Durham, S Northumberland AM 1215
 Central Scotland AM 1215
 Belfast & East Northern Ireland AM 1215

85% daytime coverage.

Marginal reception is available in most other areas except NW Scotland, W Northern Ireland, South Scotland and North Cumbria and parts of Cornwall and the Cardigan Bay area
 Satellite 0107/724, DTT 727, Cable 915

Airdate: 30/4/1993 as Virgin Radio. Absolute from 29/9/2008
The AM service originally used more transmitters. Gatwick closed in 2011; Reading in May 2015; Cambridge, Dundee Guildford, Hoo (Thames Estuary) and Swindon in May 2018; Aberdeen, Hull, Plymouth, Redruth (Cornwall), Sheffield, Torbay and Wallasey (Mersey-side) in June 2018.
a: 10/4/1995. Absolute from 29/9/2008
b: 10/6/2004: Kerrang (Modern Rock). 14/06/2013: Planet Rock. 07/09/2015: Absolute Radio

ABSOLUTE RADIO 00s

00s Rock and Pop	Bauer	
Inverness area		DABm 12D

ABSOLUTE RADIO 60s

60s Rock and Pop	Bauer	
Inverness area		DABm 12D

ABSOLUTE RADIO 70s

70s Rock and Pop	Bauer	
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B

ABSOLUTE 80s

Format: 80s Rock and Pop Music
 Broadcaster: Bauer
 Most of England, South Wales, Central/NE Scotland, Central/
 Eastern Northern Ireland (SD Mux) DABm 11A
 Satellite 0200/726
Airdate: 2009 (Moved from D1 Mux on 29/2/2016)

ABSOLUTE RADIO 90s

Format: 90s Rock and Pop Music
 Broadcaster: Bauer
 England, Wales and Northern Ireland (D1 Mux) DABm 11D
 Scotland (D1 Mux) DABm 12A
 London area, Surrey, W Kent, Herts, Luton (Mx 1) DABm 12C
 Birmingham area, West Midlands, SE Staffs DABm 11C
 South Yorkshire, North Notts, Chesterfield DABm 11C
 Leeds and Wakefield Districts DABm 12D
 East Yorkshire and North Lincolnshire DABm 11B
 Tees Valley and County Durham DABm 11B
 Tyne and Wear, North Durham, Northumberland DABm 11C
 Greater Manchester and North East Cheshire DABm 12C
 Central and East Lancashire DABm 12A
 Merseyside and West Cheshire DABm 10C
 Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C
 Edinburgh, Lothian and South Fife DABm 12D
 Dundee, Angus, Perth & Kinross, North Fife DABm 11B
 Inverness area DABm 12D
 Northern Ireland DABm 12D
National and Local DAB duplication will eventually cease
 Satellite 0201
Airdate: 2010 (Moved from D1 to local multiplexes on 5/11/15; returned to D1 29/11/18))

ABSOLUTE RADIO CLASSIC ROCK

Format: Classic Rock Broadcaster: Bauer
 London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11D
 Birmingham area, West Midlands, SE Staffs DABm 11C
 South Yorkshire, North Notts, Chesterfield DABm 11C
 Leeds and Wakefield Districts DABm 12D
 East Yorkshire and North Lincolnshire DABm 11B
 Tees Valley and County Durham DABm 11B
 Tyne and Wear, North Durham, Northumberland DABm 11C
 Greater Manchester and North East Cheshire DABm 12C
 Central and East Lancashire DABm 12A
 Merseyside and West Cheshire DABm 10C
 Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C
 Edinburgh, Lothian and South Fife DABm 12D
 Dundee, Angus, Perth & Kinross, North Fife DABm 11B
 Inverness area DABm 12D
 Northern Ireland DABm 12D
 Satellite 0203/725
Airdate (London DAB): 5/2004 (as Virgin Radio Classic Rock). Absolute Radio Classic Rock from 29/9/2008. Other DAB areas from 2010; coverage has subsequently varied.

ACADEMY FM (FOLKESTONE)

Mixed Format	Community	
Folkestone		FM 105.9

ACCESS FM

Mixed Format	Community	
Bridgwater, Somerset		FM 104.2

ADVENTIST WORLD RADIO

Christian	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A

AHBS COMMUNITY RADIO

Mixed Format, Health	Community	
Ashford, Kent		FM 107.1

AIR

Mixed Format	Community	
Weymouth, Dorset		FM 107.2

RADIO AIRE

Contemporary, Adult	Bauer	1 100 000
Part of Hits Radio Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		FM 96.3
1/9/1981.		

RADIO AIRE 2

Oldies	Bauer	1 100 000
All programmes from Greatest Hits Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		AM 828
17/7/1990*: Magic 828 (oldies). 12/2/1997: Soft. 2003: oldies. 5/1/2015: Radio Aire 2.		

AKASH RADIO

Asian	Community	
Leeds		AM 1323

ALIVE RADIO

Mixed Format Dumfries	Community	FM 107.3
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ALL FM

Mixed Format South Manchester	Community	FM 96.9
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AMBER SOUND FM

Mixed Format Amber Valley, Derbyshire	Community	FM 107.2
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AMBUR RADIO

Asian North East Birmingham Walsall	Community	DAB+ 9A FM 103.6
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AN RADIO

Mixed Format Benbecula South Uist	Community	FM 105.2 FM 107.2
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ANDOVER RADIO

Mixed Format Andover, Hampshire	Community	FM 95.9
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ANGEL RADIO

Nostalgia Based: Havant, Hampshire South Hampshire and Isle of Wight North East Birmingham Brighton area Bristol Cambridge Central London Glasgow Norwich Aldershot and Woking area Portsmouth and Havant, Hants	Community	DABm 11C DABm 9A DAB+m 9A DAB+m 9A DABm 7D DAB+m 9A DAB+m 10B DAB+m 9A DABm 8A FM 89.3
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ANGEL RADIO (ISLE OF WIGHT)

Nostalgia Isle of Wight	Community	FM 91.5
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APPLE FM

Mixed Format Taunton	Community	FM 97.3
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APNI AWAZ

Asian Satellite 0125	Independent	
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ARGYLL FM

Adult, Contemporary Campbeltown West Kintyre, S Islay, Gigha S Knapdale, East Islay, Jura 17/6/2000.	Independent	25 000 FM 106.5 FM 107.1 FM 107.7
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THE ARROW

Classic Rock/ Rock London area, Surrey, W Kent, Herts, Luton (Mx 2)	Global	DABs 12A
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ASHBOURNE RADIO

Adult, Oldies Opt-out of High Peak Radio Asbourne area, Derbyshire Wirksworth, Derbyshire Uttoxeter, Staffordshire 6/2008. 2010: +Wirksworth. 10/2015: +Uttoxeter	Independent	20 000 FM 96.7 FM 101.8 FM 101.8
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RADIO ASIAN FEVER

Asian North Leeds	Community	FM 107.3
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ASIAN FX

Asian Contemporary Music London area, Surrey, W Kent, Herts, Luton (Mx 2) 7/3/2016	Independent	DAB+ 12A
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ASIAN SOUND RADIO

Asian Greater Manchester and North East Cheshire Bradford, Calderdale and Kirklees Districts SE Lancashire & N Gt Mancs Manchester & East Gt Mancs 3/6/1996.	Independent	2 050 000 DABm 12C DABm 11B AM 963 AM 1377
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ASIAN STAR

Asian Slough	Community	FM 101.6
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ATHAVAN RADIO

Tamil London area, Surrey, W Kent, Herts, Luton (Mx 3)	Lyca Media	DABm 11B
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ATLAS RADIO from November

New Music Herefordshire and Worcestershire	Independent	DABs 12A
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AWAAZ RADIO

Asian High Wycombe	Community	FM 107.4
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AWAAZ FM

Asian Portsmouth Southampton	Community	DAB+7D FM 99.8
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AWAZ FM

Asian Glasgow	Community	FM 107.2
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AWAZ 103.1

Asian Nelson, Lancashire	Community	FM 103.1
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B**BAIKAL RADIO**

Russian Music London area, Surrey, W Kent, Herts, Luton (Mx 2)	Independent	DAB+m 12A
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BANBURY SOUND

Adult Banbury & Brackley area 26/2/2006: Touch Radio. 1/6/2009: Banbury Sound.	Quidem	150 000 FM 107.6
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BANGOR 107.9 FM

Mixed Format Bangor	Community	FM 107.9
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BCR FM

Mixed Format Bradford	Community	FM 106.6
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THE BEACH

Oldies, Adult Shares all programmes with Dream 100, North Norfolk Radio, Radio Norwich and Town FM Southwold area, Suffolk Great Yarmouth Great Yarmouth & Lowestoft 29/9/1996. 2/2004: +Southwold. 2007: +Gt Yarmouth relay.	Celador	200 000 FM 97.4 FM 97.4 FM 103.4
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BEAT RADIO

Mixed Format Preston	Community	FM 103.2
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THE BEAT

Adult, Contemporary Relaying MKFM North East Birmingham Brighton area Norwich	MKFM	DAB+ 9A DAB+ 9A DAB+ 9A
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THE BEAT LONDON

Rhythmic Contemporary Central London Stonebridge & Harlesden	Community	DAB+s 9A FMm 103.6
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BELFAST 89 FM

Oldies Belfast	Community	FM 89.3
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BETAR BANGLA

Asian (Bengali) East Central London	Community	AM 1503
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BEVERLEY FM

Mixed Format Beverley, East Yorkshire	Community	FM 107.8
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BEYOND RADIO

Mixed Format Lancaster and Morecambe	Community	FM 103.5
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BFBS NETWORK

Format: Contemporary and Adult Contemporary Music for the armed forces
Broadcaster: BFBS

BFBS UK

Contemporary, Adult Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) Satellite 0211/786	BFBS	DAB+ 11A
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The following stations opt-out of BFBS UK with local output
Mon-Fri 06-10 and local news and information:

BFBS (ALDERSHOT)

Contemporary, Adult Aldershot and Woking area Aldershot, Mytchett, Pirbright	BFBS	DABs 8A FM 102.5
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BFBS (BLANDFORD)

Contemporary, Adult Blandford, Dorset Bovington Camp, Dorset	BFBS	FM 89.3 AM 1287
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BFBS BRIZE NORTON

Contemporary, Adult Oxfordshire Brize Norton, Oxfordshire	BFBS	DABm 10B 106.1
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BFBS (CATTERICK)

Contemporary, Adult Catterick	BFBS	FM 106.9
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BFBS (COLCHESTER)

Contemporary, Adult Colchester	BFBS	FM 107.0
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BFBS (EDINBURGH)

Contemporary, Adult Edinburgh	BFBS	FM 98.5
Inverness		FM 87.7
Fort George, Highland		FM 87.7

BFBS NORTHERN IRELAND

Contemporary, Adult Lisburn	BFBS	FM 100.6
Palace Barracks, Holywood		FM 101.0
RAF Aldergrove, Crumlin		FM 106.5
Abercorn Barracks, Ballykinlar		FM 107.5

BFBS (PORTSMOUTH)

Contemporary, Adult Portsmouth	BFBS	DAB+m 7D
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BFBS (SALISBURY PLAIN)

Contemporary, Adult Bulford, Tidworth, Netheravon	BFBS	FM 106.8
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BFBS BEATS

Dance Aldershot and Woking area	BFBS	DABs 8A
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BFBS GURKHA RADIO

Nepali Bristol	BFBS	DAB+ 9A
Aldershot and Woking area		DABs 8A
Catterick Garrison, North Yorkshire		AM 1134
Bramcote Barracks, Nuneaton		AM 1134
Gurkha Demo. Co., Sandhurst		AM 1134
Impfal Barracks, York		AM 1251
Sir John Moore Barracks, Folkestone		AM 1278
Beacon Barracks, Stafford		AM 1278
Aldershot Garrison		AM 1287
Blandford Forum		AM 1287
Infantry Training C., Brecon		AM 1287
Invicta Park Bcks, Maidstone		AM 1287
Innsworth, Gloucester		AM 1287

Airdate: 2000

BGFM

Mixed Format Blaenau Gwent	Community	FM 97.3
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RADIO BGWS

Nepalese NE Hampshire & Camberley	Community	AM 1179
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BIG CITY RADIO

Mixed Format North East Birmingham	Community	DABm 9A
North Central Birmingham		FM 89.1

BIGGLES FM

Mixed Format Biggleswade & Sandy, Beds	Community	FM 104.8
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BISHOP FM

Mixed Format Bishop Auckland, Durham	Community	FM 105.9
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BLACK CAT RADIO

Mixed Format Cambridge	Community	DAB+ 7D
St Neots, Cambridgeshire		FM 107.0

BLACK COUNTRY RADIO

Mixed Format North East Birmingham	Community	DAB+ 9A
Stourbridge		FM 102.5

BLACK DIAMOND FM

Mixed Format Dalkeith and Midlothian	Community	FM 107.8
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BLAST 106

New Music Belfast	Community	FM 106.4
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BLISS RADIO

Mixed Music North East Wales, West Cheshire and Merseyside	Community	DABm 10D
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BLOOMBERG RADIO

Business News London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
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BLYTH VALLEY RADIO

Mixed Format Southwold	Community	FM 105.0
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BOB FM

Oldies, Adult, Rock Stevenage area	Independent	300 000
Central and East Herts		FM 106.7
Hitchin and Letchworth, Herts		FM 106.9
3/3/2001: <i>Hertbeat</i> . 9/2005: <i>+Hitchin & Letchworth</i> . 10/5/2010: <i>Jack FM</i> from. 10/3/2014: <i>Bob FM</i> .		

BOLTON FM

Mixed Format Bolton	Community	FM 96.5
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RADIO BORDERS

Contemporary, Adult Part of Hits Radio Network (Scotland)	Bauer	100 000
Border Region		FM 96.8
Berwick-upon-Tweed		FM 102.3
Peebles, Border Region		FM 103.1
Eyemouth and Border Coast		FM 103.4
22/11/1990.		

BOUNCE FM

Mixed Format Banbridge, Northern Ireland	Community	FM 102.4
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BRADFORD ASIAN RADIO

Asian Bradford	Community	AM 1413
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BRADLEY STAKE RADIO

Mixed Format Bristol	Community	DABs 9A
Bradley Stoke, Bristol		FM 103.4

BRANCH FM

Christian Dewsbury	Community	FM 101.8
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THE BREEZE (NETWORK)

Format: Oldies and Easy Listening Music
 Broadcaster: Celador
 Stations broadcast local output Mon-Fri 06-10, 15-19, Sat-Sun 07-11, and local news and information.

BREEZE (BERKSHIRE & N. HANTS)

Oldies, Easy Newbury area, W Berkshire	Celador	660 000
Andover area		a FM 105.6
Reading		b FM 106.4
Hungerford area, W Berks		d FM 107.0
Basingstoke area		a FM 107.4
a: 29/5/2000: <i>Kick FM</i> . 2010: <i>Newbury Sound</i>		
b: 26/5/2008: <i>Andover Sound</i>		
c: 18/5/1998: <i>Kestrel FM</i> .		
a, b, c: 16/12/2008: <i>Stations merged as The Breeze</i> .		
d: 22/10/2002: <i>Reading 107</i> . 2/3/2014: <i>Jack FM</i> . 8/2017: <i>The Breeze</i>		

BREEZE (BRISTOL & N SOMERSET)

Oldies, Easy Bristol	Celador	860 000
Bristol		DABs 9A
Warminster, Westbury, Frome		a FM 107.2
Weston-super-Mare area		b FM 107.5
Bath area		c FM 107.7
		d FM 107.9
a: 26/11/1999: <i>The Eagle</i> . 21/6/2001: <i>Star</i> . 2/14/2011: <i>Breeze</i> .		
b: 5/11/2001-24/3/2010: <i>3TR FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .		
c: 23/10/1999: <i>WFM</i> . 18/3/2002: <i>Star</i> . 26/9/2010: <i>Nova Radio</i> .		
29/3/2013: <i>The Breeze</i> .		
d: 15/11/1999-24/3/2010: <i>Bath FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .		

BREEZE (BRISTOL & N SOMERSET)

Oldies, Easy Bristol	Celador	860 000
Bristol		DABs 9A
Warminster, Westbury, Frome		a FM 107.2
Weston-super-Mare area		b FM 107.5
Bath area		c FM 107.7
		d FM 107.9
a: 26/11/1999: <i>The Eagle</i> . 21/6/2001: <i>Star</i> . 2/14/2011: <i>Breeze</i> .		
b: 5/11/2001-24/3/2010: <i>3TR FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .		
c: 23/10/1999: <i>WFM</i> . 18/3/2002: <i>Star</i> . 26/9/2010: <i>Nova Radio</i> .		
29/3/2013: <i>The Breeze</i> .		
d: 15/11/1999-24/3/2010: <i>Bath FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .		

BREEZE (GLOUCESTERSHIRE)

Oldies, Easy Cheltenham & Tewkesbury	Celador	180 000
Cheltenham & Tewkesbury		FM 107.5
5/3/1993 (AM): CD 603, then 603 R, 1995: <i>Boss 603</i> , 1996: <i>Cheltenham R</i> . 7/9/1998 (FM): <i>Cat FM</i> . 3/2002: <i>Star 107.5</i> . 8/2010: <i>TotalStar</i> . 2013: <i>The Breeze</i> .		

BREEZE 107

Oldies, Easy Portsmouth	Celador	1 070 000
Aldershot and Woking area		DABs 7D
Haslemere area, Surrey		DABs 8A
Fourmarks & Meadstead		a FM 97.1
Hindhead area		b FM 101.6
Petersfield, Hampshire		b FM 101.6
Alton & Bordon area, Hants		b FM 101.8
Winchester area		b FM 102.0
Portsmouth area		c FM 107.2
Southampton area		d FM 107.4
		e FM 107.8

a: 1990: *Delta R*. 4/5/1992: *R Mercury*. 4/9/1995: *County Sound R*. 9/5/1996: *Delta R*. 2010: *Kestrel*. 16/12/2012: *The Breeze*.
 b: 22/11/1992: *Wey Valley Radio*. 1995: *Fourmarks added*. 11/1998: *Delta FM*. 2001: *+Hindhead*. 8/2003: *+Petersfield*. 2010: *Kestrel*. 16/12/2012: *The Breeze*.
 c: 3/10/1999: *Win FM*. 2007: *Dream*. 1/2009: *R Hampshire*. 7/2009: *Play Radio*.
 d: 19/9/1999: *Victory*. 4/8/2001: *The Quay*.
 e: 5/9/1999: *South City FM*. 24/4/2004: *The Saint* (previously digital only) 2007: *R Hampshire*. 7/2009: *Play Radio*.
 c/d/e: 30/7/2010: *Stations merged as Breeze 107*

BREEZE (SOMERSET AND DORSET)

Oldies, Easy Blandford area, Dorset	Celador	380 000
N Dorset, SW Wilts, SE S'set		a FM 96.6
Porlock, Somerset		a FM 97.4
Minehead area		b FM 100.8
Yeovil area		b FM 102.4
Chard and Ilminster		c FM 105.6
Bridgwater area, Somerset		c FM 106.6
		d FM 107.4

a: 25/6/1995: *Gold Radio*. 1/1999: *Vale FM*. 9/2008: *Midwest FM* from. 25/6/2012: *Breeze*.
 b: 23/7/1998: *Quay West Radio*. 12/2004: *+Porlock*. 24/3/2010: *closed*. 8/2010: *TotalStar*. 7/8/2011: *The Breeze*.
 c: 2003: *Ivel FM*. 9/2008: *Midwest FM* from. 25/6/2012: *Breeze*.
 d: 7/2001: *BCR*. 3/2007: *Quay West Radio*. 24/3/2010: *closed*. 8/2010: *TotalStar*. 7/8/2011: *The Breeze*.

BREEZE (TORBAY)

Oldies, Easy Torbay area	Celador	200 000
		FM 105.5

26/5/2006: *Palm FM*. 21/9/2015: *The Breeze*

BRFM

Mixed Format Isle of Sheppey, Kent	Community	FM 95.6
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BRIDGE FM

Adult, Oldies Shares programmes with R Carmathenshire, R Ceredigion, R Pembrokeshire and Swansea Bay Radio	Nation Broadcasting	140 000
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
Bridgend area		FM 106.3
1/5/2000.		

BRISTOL COMMUNITY FM

Mixed Format Bristol	Community	DABs 9A
Bristol		FM 93.2

BRO RADIO

Mixed Format Barry, South Wales	Community	FM 98.1
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BUTE FM

Mixed Format Isle of Bute	Community	FM 96.5
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C**RADIO CABIN**

Mixed Format	Community	
Herne Bay, Kent		FM 94.6

CALON FM

Mixed Format	Community	
Wrexham		FM 105.0

CAM FM

New Music	Community (Student)	
Cambridge		FM 97.2

CAMBRIDGE 105

Mixed Format	Community	
Cambridge		DABs 7D
Norwich		DAB+ 9A
Cambridge		FM 105.0

CAMGLEN RADIO

Mixed Format	Community	
Cambusland and Rutherglen		FM 107.9

CANALSIDE RADIO

Mixed Format	Community	
Bollington, Cheshire		FM 102.8

CANDO FM

Mixed Format	Community	
Barrow-in-Furness		FM 106.3

CANNOCK CHASE RADIO

Mixed Format	Community	
Rugeley and Trent Valley, Staffordshire		FM 89.6
Cannock Chase, Staffordshire		FM 94.0

CANTERBURY STUDENT RADIO

New Music	Community (Student)	
Canterbury		FM 97.4

CAPITAL (NETWORK)

Format: Contemporary Hit Music
 Broadcaster: Global Radio

CAPITAL UK

Contemporary	Global Radio	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Kent and Eastern London		DABs 11C
Sussex		DABs 10B
Berkshire and North Hampshire		DABs 12D
Oxfordshire		DABs 10B
Bristol, Bath and Avon		DABs 11B
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12D
Cornwall		DABs 11B
Most of Essex		DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		DABs 12D
South and Central Cambridgeshire		DABs 11C
East Norfolk		DABs 10B
Satellite 0109/719, Cable 958, DTT 724		
3/1/2011 (Capital FM Network), 12/9/2016 (National DAB)		

CAPITAL LONDON

Contemporary	Global Radio	9 650 000
As Capital UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 95.8
16/10/1973.		

The following stations opt-out of Capital UK with local output Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, and local news and information:

CAPITAL BRIGHTON

New Contemporary	Global Radio	210 000
Sussex		DABs 10B
Brighton area		FM 107.2
27/3/1998: Surf. 8/2001: Juice. 14/8/2018: Capital		

CAPITAL CYMRU

Contemporary, Welsh	Global Radio	180 000
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
W & N Gwynedd & Anglesey		FM 103.0
11/12/1998: Champion FM. 22/6/2009: Heart. 6/5/2014: Capital FM.		

CAPITAL EAST MIDLANDS

Contemporary	Global Radio	2 590 000
Leicestershire		c DABs 11B
South and Central Nottinghamshire		a DABs 12C
South and Central Derbyshire, SE Staffordshire		b DABs 10B
South Nottinghamshire		a FM 96.2
Mansfield & Ashfields, Notts		a FM 96.5
South Derbyshire & Burton		b FM 102.8
Leicestershire and Rutland		c FM 105.4
a: 3/7/1975: Radio Trent. 1991: +Mansfield.		
b: 3/3/1987: Trent FM. 1994: Ram FM.		
c: 7/9/1984: Leicester Sound (city only, replaced Centre Radio 7/8/1981-6/10/1983). 1997: +county.		
3/1/2011: Stations merged as Capital FM.		

CAPITAL LIVERPOOL

Contemporary	Global	1 060 000
Merseyside and West Cheshire		DABs 10C
Liverpool area		FM 107.6
27/3/1998: Crash FM (New Music). 3/2000: Juice. 18/1/2016: Capital.		

CAPITAL MANCHESTER

Contemporary	Global Radio	2 700 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Greater Manchester		FM 102.0
16/10/1994: Kiss 102 (Dance). 27/9/1997: Galaxy 102.		
3/1/2011: Capital FM. (Replaced Sunset 22/10/1989-1994.)		

CAPITAL NORTH EAST

Contemporary	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, N Durham, S Nthmb		FM 105.3
West Tyneside, Tyne & Wear		FM 105.6
Hexham & Tyne Valley		FM 105.8
Cleveland, Durham, N Yorks		FM 106.4
1/6/1999: Galaxy (Dance). 3/1/2011: Capital FM.		

CAPITAL NORTH WEST AND WALES

Contemporary	Global Radio	1 050 000
North East Wales, West Cheshire and Merseyside		DABs 10D
Conwy county		a DABs 12D
Gwynedd and Anglesey		a DABs 10D
N Clwyd and NE Gwynedd		a FM 96.3
Wirral and North East Clwyd		b FM 97.1
East Clwyd & West Cheshire		c FM 103.4
a: 27/8/1993: Coast FM.		
b: 1990: MFM. 1996: separate programmes. 14/2/1998: Buzz.		
c: 5/9/1983: Marcher Sound. 31/3/1989: MFM. 9/2006: Marcher Sound.		
All: 22/6/2009: Heart. 2/7/2010: Stations merged. 6/5/2014: Capital FM.		

CAPITAL SCOTLAND

Contemporary	Communicorp	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Lothian and Fife		FM 105.7
Glasgow and Clydeside area		FM 106.1
19/11/1999: Beat 106 (New Music); 4/1/2006: XFM (Modern Rock). 8/11/2008: Galaxy (Dance). 3/1/2011: Capital FM.		

CAPITAL SOUTH COAST

Contemporary	Global Radio	870 000
South Hampshire and Isle of Wight		DABs 11C
East, South and Central Dorset		DABs 11B
South Hampshire and Wight		FM 103.2
4/12/1988: Power FM (previously relayed Ocean Sound).		
22/8/2008: Galaxy (Dance). 3/1/2011: Capital FM.		

CAPITAL SOUTH WALES

Contemporary	Communicorp	880 000
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
South Gwent		FM 97.4
Cardiff & South Glamorgan		FM 103.2
11/4/1980 (Cardiff): CBC. 13/6/1983 (Gwent): Gwent Broadcasting. 1986: Red Dragon. 3/1/2011: Capital FM.		

CAPITAL WEST MIDLANDS

Contemporary	Global Radio	2 650 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
Birmingham area		FM 102.2
1/1/1995: Choice (Dance, Rhythm). 1999: Galaxy. 3/1/2011: Capital FM (Replaced Buzz FM 31/1/1990-1994.)		

CAPITAL YORKSHIRE

Contemporary	Global Radio	4 540 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABs 11B
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
West & South Yorkshire, York		FM 105.1
Sheffield area		FM 105.6
Bradford area		FM 105.6
Humberside		FM 105.8
14/2/1997: Kiss 105 (Dance). 27/9/1997: Galaxy 105. 3/1/2011: Capital FM.		

CAPITAL XTRA

Format: Rhythmic Contemporary Music
 Broadcaster: Global Radio

England, Wales and Northern Ireland (D1 Mux)		DABs 11D
Scotland (D1 Mux)		DABs 12A
South and Central London		FM 96.9
North London		FM 107.1
Satellite 0114/720, Cable 959		
31/3/1990 (South): Choice FM. 31/5/2000: (North) Choice FM (opted out until 2004), 7/10/2013: Capital Xtra and National DAB		

RADIO CARDIFF

Rhythmic Music	Community	
Cardiff		FM 98.7

RADIO CARMARTHENSHIRE

Adult, Welsh	Nation Broadcasting	170 000
Shares programmes with Bridge FM, R Ceredigion, R		
Pembrokeshire and Swansea Bay Radio		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Carmarthenshire		FM 97.1
Carmarthen		FM 97.5
Llanelli area		FM 97.5
13/6/2004. (Llanelli transmitter carried Scarlet FM from 2004 to 2012)		

RADIO CAROLINE

Classic Rock	Independent	
North East Birmingham		DAB+ 9A
Brighton area		DAB+ 9A
Glasgow		DAB+10B
Central London		DAB+ 9A
Norwich		DAB+ 9A
Portsmouth		DAB+7D
Aldershot and Woking area		DABs 8A
Suffolk and North East Essex		AM 648

CASTLEDOWN RADIO

Mixed Format	Community	
Tidworth area, Wiltshire		FM 104.7

THE CAT

Mixed Format	Community	
Crewe and Nantwich		FM 107.9

CELTIC MUSIC RADIO

Celtic Music	Community	
Glasgow		FM 95.0

RADIO CENTRAL

Asian	Community	
North East Birmingham		DAB+ 9A

CENTRAL FM

Adult, Contemporary	New Wave Media	270 000
Glasgow, Edinburgh, Central Scotland		DABm 11D
Stirling and Falkirk area		FM 103.1
4/6/1990: Centresound. 1991: Central FM. 1994: +Falkirk.		

CENTREFORCE

80s and 90s Dance Music	Community	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+ 12A
14/7/2018		

Independent Radio (Alphabetical order)

RADIO CEREDIGION

Mixed Music, Welsh	Nation Broadcasting	70 000
Shares programmes with Bridge FM, R Carmarthenshire, R Pembrokeshire and Swansea Bay Radio		
Lampeter & Teifi Valley	FM 96.6	
Cardigan & Newcastle Emlyn	FM 97.4	
Ceredigion	FM 103.3	
14/12/1992.		

CFM

Contemporary, Adult	Bauer	300 000
Part of Hits Radio Network (England)		
North Cumbria	FM 96.4	
Workington area, Cumbria	FM 102.2	
Penrith, Cumbria	FM 102.5	
Whitehaven area, Cumbria	FM 103.4	
14/4/1993: North. 14/4/1995: West. 2003: Stations fully merged		

CHANNEL 103 FM

Adult	Tindle	85 000
Jersey	FM 103.7	
25/10/1992.		

CHBN

Mixed Format	Community	
Truro, Cornwall	FM 100.8	

CHELMSFORD COMMUNITY RADIO

Mixed Format	Community	
Chelmsford, Essex	FM 104.4	

CHILL

Chill-out music	Global Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
Leicestershire	DABs 11B	
South and Central Nottinghamshire	DABs 12C	
Airdate: 3/2005 (Coverage cut 08-09/2009)		

CHORLEY FM

Mixed Format	Community	
Chorley	FM 102.8	

CHRIS COUNTRY

Country Music	Independent/Nation	
Based: Manchester		
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 12A	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	
Suffolk	DAB+ 10C	
Cambridge	DABs 7D	
Glasgow	DAB+ 10B	
Manchester	DAB+ 10B	
Norwich	DAB+ 9A	
Portsmouth	DAB+7D	

RADIO CITY

Contemporary, Adult	Bauer	2 420 000
Part of Hits Radio Network (England)		
Merseyside and West Cheshire	DABs 10C	
Merseyside & West Cheshire	FM 96.7	
21/10/1974.		

RADIO CITY 2

Oldies	Bauer	2 000 000
Opts out of Greatest Hits Network (England)		
Merseyside and West Cheshire	DABs 10C	
Merseyside & West Cheshire	FM 105.9	
21/10/1989*: City Talk (talk) on 1548 AM. 1991: Radio City Gold (oldies). 12/2/1997: Magic 1548 (soft). 2003: oldies. 5/1/2015: Radio City 2. 7/12/2015 moved to FM		

RADIO CITY TALK

Rock, Sport, Talk	Bauer	2 180 000
Merseyside and West Cheshire	DABm 10C	
Merseyside	AM 1548	
28/1/2008 on 105.9 FM (Talk then Talk, Adult). 7/12/2015 moved to AM		

CLASSIC FM

Format: Light Classical Music with News and Talk		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABs 11D	
Scotland (D1 Mux)	DABs 12A	
London & South East England	FM 100.9	
London area	FM 100.6	
Reading	FM 101.8	
East Kent	FM 101.8	
Brighton and Worthing area	FM 101.9	
Central Southern England	FM 100.3	
Devon and East Cornwall	FM 100.0	
West Cornwall	FM 101.5	
South Wales & West England	FM 101.7	
Bristol	FM 101.4	
Bath	FM 100.2	

Swindon area

Herefordshire and Gloucester		
Swansea area		
Pembrokeshire, W Carmarthen		
Ceredigion		
West and North Gwynedd		
North Clwyd & NE Gwynedd		
Midlands		
Oxon, Bucks, Berks, S Midlands		
Milton Keynes and West Beds		
Cambs, Beds, S Lincs, E Nthnts		
Norfolk and Suffolk		
Lincolnshire & Humberside		
NW England & Yorkshire		
Sheffield and Rotherham		
Leeds		
Bradford		
S Cumbria & NW Lancashire		
Cleveland and South Durham		
North East England		
West Tyneside & Tyne Valley		
North Cumbria & SW Scotland		
Isle of Man		
Border Region		
Central Scotland		
Ayrshire		
East Tayside and East Fife		
Grampian Region		
Inverness & Moray Firth area		
East & Cent. Northern Ireland		
Derry area		
95% stereo coverage, (99% mono)		
Marginal reception is available most other areas except		
Powys and parts of NW Scotland		
Satellite 0106/721, DTT 731, Cable 922		
Airdate: 7/9/1992		

CLASSICAL 1

Classical	Community	
Norwich	DAB+ 9A	

CLYDE 1 FM

Contemporary, Adult	Bauer	2 050 000
Part of Hits Radio Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Dumbarton and Alexandria	FM 97.0	
Largs, Rothesay, Clyde Mouth	FM 102.3	
Glasgow and Clydeside area	FM 102.5	
Greenock and Firth of Clyde	FM 103.3	
31/12/1973. 1994: Fillers added.		

CLYDE 2

Oldies	Bauer	1 740 000
All programmes from Greatest Hits Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Glasgow and Clydeside area	AM 1152	
12/8/1988* (opt-out). 12/1989: (full service).		

COAST FM

Mixed Format	Community	
Penzance, Cornwall	FM 96.5	
St Just, Cornwall	FM 97.2	

COAST AND COUNTY RADIO

Oldies	Independent	
York and North Yorkshire	DABm 10C	

COLNE RADIO

Mixed Format	Community	
Wivenhoe, NE Essex	FM 106.6	

COMPASS FM

Oldies	Lincs	100 000
Lincolnshire, North Lincolnshire and Hull	DABs 12A	
Grimby area	FM 96.4	
03/06/2001.		

CONNECT RADIO

Adult, Oldies	Adventure Radio	380 000
Northamptonshire	a DABm 10C	
North Cambridgeshire, Huntingdon, S Lincs	b DABm 12D	
Hertfordshire, Bedfordshire, Buckinghamshire	DABm 10D	
Wellingborough area	a FM 97.2	
Peterborough area	b FM 106.8	
Kettering and Corby area	a FM 107.4	
a: 6/4/1990 (AM); KCBC. 4/1998: KCBC on 107.4 FM and		
Connect on 97.2. 22/11/1999: Connect on 107.4.		
b: 24/7/1999: Life FM. 4/1/2010: Connect Radio.		
9/2010: Stations merged.		

Frequency Finder (www.frequencyfinder.org.uk)

COOL FM

Contemporary	Bauer	930 000
Northern Ireland	DABs 12D	
East & Cent. Northern Ireland	FM 97.4	
7/2/1990*.		

CORBY RADIO

Mixed Format	Community	
Corby	FM 96.3	

CRACKERS RADIO

Dance Music	Community	
Cambridge	DABm 7D	
Glasgow	DAB+ 10B	

CRESCENT RADIO

Asian	Community	
Rochdale	FM 97.0	

CROSS RHYTHMS PLYMOUTH

Christian	Community	
Plymouth	FM 96.3	

CROSS RHYTHMS STOKE

Christian Contemporary	Community	
Stoke-on-Trent	FM 101.8	

CROSS RHYTHMS TEESIDE

Christian Contemporary	Community	
Stockton on Tees	FM 107.1	

CRYSTAL FM

Mixed Format	Community	
Penicuik, Lothian	FM 107.4	

CUILLIN FM

Mixed Music, Gaelic	Independent	8 000
Isle of Skye	FM 102.7	
Portree, Skye	FM 106.2	
8/6/2004.		

CYBER GOLD

60s Music	Independent	
Surrey, North East Hampshire, South London	DAB+ 10C	
Cambridge	DAB+ 7D	
Norwich	DAB+ 9A	

CYBER HOT HITS

Contemporary Pop	Independent	
Surrey, North East Hampshire, South London	DAB+ 10C	
Brighton area	DAB+ 9A	
Bristol	DAB+ 9A	
Cambridge	DAB+ 7D	
Glasgow	DAB+ 10B	
Norwich	DAB+ 9A	

CYBER ROCK

Classic Rock	Independent	
Surrey, North East Hampshire, South London	DAB+ 10C	
Bristol	DAB+ 9A	
Cambridge	DAB+ 7D	
Norwich	DAB+ 9A	

D**DALES RADIO**

Mixed Format	Community	
Settle area, N Yorkshire		FM 104.9
Grassington area, N Yorkshire		FM 104.9
Ingleton & High Bentham		FM 103.0
West North Yorkshire		AM 93.6

DAWN FM

Asian	Community FM	
Nottingham		107.6

RADIO DEAD

Oldies	Independent	
Manchester		DAB+ 10B

DEARNE FM

Oldies, Adult	Lincs	230 000
Penistone area, S Yorkshire		FM 97.1
Barnsley		FM 102.0
9/2003.		

DEE 106.3

Adult, Oldies	Dee Radio	200 000
North East Wales, West Cheshire and Merseyside		DABm 10D
Chester		FM 106.3
01/03/2003.		

DELITE RADIO

Soul	Community	
Central London		DAB+ 9A
Glasgow		DAB+10B
Manchester		DAB+ 10B
Portsmouth		DAB+7D

DEMON FM

New Music	Community (Student)	
Leicester		FM 107.5

DESI RADIO

Asian	Community	
Southall, W London		AM 1602
Satellite 0169		

DEVERON FM

Mixed Format	Community	
Banff		FM 107.4

RADIO DIAMOND

Soul, Reggae, Rap	Community	
Manchester		DAB+ 10B

DIVERSE FM

Rhythmic Music	Community	
Luton		FM 102.8

DOWN FM

Mixed Format	Community	
Downpatrick, County Down		FM 105.0

DOWNTOWN RADIO

Adult, Oldies	Bauer	1 560 000
Northern Ireland		DABs 12D
North Northern Ireland		FM 96.4
Fermanagh and South Tyrone		FM 96.6
Larne, Northern Ireland		FM 97.1
Ballymena and Antrim		FM 102.3
Derry area		FM 102.4
South East Northern Ireland		FM 103.1
Newcastle, Northern Ireland		FM 103.4
Belfast & East Northern Ireland		AM 102.6
16/3/1976. 1/10/1986: +Derry and North. 31/10/1987: +Fermanagh & S Tyrone, 26/4/1997: +South East, 5/11/98: +Ballymena & Antrim and Larne.		

DOWNTOWN COUNTRY

Country Music	Bauer	
Northern Ireland		DABs 12D

DRAGON RADIO

Oldies	Nation Broadcasting	
Pembrokeshire, Carmarthenshire, Swansea		DABm 12D
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
28/12/2015: Nation Gold. 1/9/2016: Dragon Radio		

DREAM 100 FM

Oldies, Adult	Celador	130 000
Shares all programmes with The Beach, North Norfolk Radio, Radio Norwich and Town FM		
North East Essex		FM 100.2
7/10/1990 (AM): Mellow 1557. 19/11/1998 (FM): Dream.		

DRIVE FM

Mixed Format	Community	
Derry		FM 105.3

DRYSTONE RADIO

Mixed Format	Community	
Sutton in Craven area, N Yorks		FM 103.5

DUNOON COMMUNITY RADIO

Mixed Format	Community	
Dunoon, Argyll		FM 97.4

E**THE EAGLE**

Adult, Oldies	UKRD	690 000
Surrey, North East Hampshire, South London		
West Surrey & NE Hampshire		FM 96.4
4/4/1983: County Sound. 7/6/1988: County Sound Premier. 4/5/1992: R Mercury. 4/9/1995: County Sound. 4/1/1996: The Eagle).		

EAGLE 80s

80s Music	UKRD	
Programmes shared with Pirate 80s		
Surrey, North East Hampshire, South London		DABs 10C

EAST COAST FM

Mixed Format	Community	
Haddington, East Lothian		FM 107.6

EAVA FM

Asian, Rhythmic Music	Community	
Leicester		FM 102.5

EDEN FM

Mixed Format	Community	
Penrith, Cumbria		FM 107.5

ENCORE RADIO

Musical Theatre	UKRD	
Surrey, North East Hampshire, South London		
		DABs 10C

ENDEAVOUR FM

Mixed Format	Community	
Boston, Lincs		FM 107.0

ENERGY FM

Contemporary	Independent	65 000
Central Isle of Man		FM 91.2
North West Isle of Man		FM 93.4
South and East Isle of Man		FM 98.6
Ramsay, Isle of Man		FM 98.4
Peel area, Isle of Man		FM 102.4
Maughold area, Isle of Man		FM 105.2
Port Erin, Isle of Man		FM 105.2
2001 on 98.6. 2002: +Snaefell, Jurby and Ramsay. 2003: + Peel and Maughold: 2004: +Port St Mary.		

EREWASH SOUND

Mixed Format	Community	
Ilkeston, Derbyshire		FM 96.8

RADIO ESSEX

Adult, Oldies	Adventure Radio	530 000
Most of Essex		c DABm 12D
Southend area		b FM 105.1
Chelmsford & Central Essex		a FM 107.7
a: 18/10/1998: Chelmer FM. 14/2/2002: Dream 107.7 FM. 2/2/2009: Chelmsford Radio. 23/3/2015: Radio Essex		
b: 8/3/2008: Southend Radio. 23/3/2015: Radio Essex		
c: 6/3/2013 Radio Essex (3 stations sharing programming)		

EWTN

Christian (Catholic)	Independent	
Satellite 0147		

RADIO EXE

Adult, Oldies	Independent	150 000
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Exeter area		FM 107.3
18/2/2008: Exeter FM. 10/1/12: Radio Exe.		

EXMOUTH AIR 106.4

Mixed Format	Community	
Exmouth, Devon		FM 106.4

EXPRESS FM

Mixed Format	Community	
Portsmouth		DABs 7D
Portsmouth		FM 93.7

THE EYE

Mixed Format	Community	
Melton Mowbray, Leics		FM 103.0

F**RAIDÍÓ FÁILTE**

Irish Language Belfast	Community	FM 107.1
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FANTASY

Mixed Format Devizes, Wiltshire	Community	FM 97.0
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FAZA AWP

Asian Nottingham	Community	FM 97.1
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FELIXTOWE RADIO

Mixed Format Felixtowe, Suffolk	Community	FM 107.5
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THE FIRE

Contemporary, Dance East, South and Central Dorset Bournemouth area	Celador	340 000 DABm 11B FM 107.6
<i>26/6/1999: The NRG. 11/2000: The Fire.</i>		

FIRST FM

Mixed Format South East Oxford	Community	FM 105.1
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FIX RADIO

Mixed Format: Tradespeople Independent London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
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FLAME CCR

Christian Wirral	Community	AM 1521
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FLASH

Classic Rock Portsmouth	Community	DAB+7D
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FLEX FM

Rhythmic New Music South West London	Community	FM 101.4
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45 RADIO

Oldies North East Birmingham Norwich	Community	DAB+ 9A DAB+ 9A
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FOREST FM

Mixed Format Verwood area, Dorset	Community	FM 92.3
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FORTH 1

Contemporary, Adult Part of Hits Radio Network (Scotland)	Bauer	1 260 000
Edinburgh, Lothian and South Fife		DABs 12D FM 97.3 FM 97.6 FM 102.2
<i>22/1/1975: Radio Forth. 1990: +West Lothian. 1998: +Penicuik. 2000: Forth 1.</i>		

FORTH 2

Oldies All programmes from Greatest Hits Network (Scotland)	Bauer	1 260 000
Edinburgh, Lothian and South Fife		DABs 12D AM 1548
<i>6/2/1990*: Max AM. 1997: Radio Forth AM. 2000: Forth 2.</i>		

FOSSE 107

Adult, Rock Loughborough & NW Leics	Independent	330 000 a FM 107.0
Hinckley & SW Leicestershire		b FM 107.9
<i>a: 3/1/1999. b: 1/11/1998: Fosseyway Radio. 3/2008: Oak FM. 6/2010: Stations merged as Oak FM; closed 28/7/2016 30/11/2016: Fosse 107</i>		

FREE RADIO (BIRMINGHAM)

Contemporary, Adult Part of Hits Radio Network (England)	Bauer	2 100 000
Birmingham area, West Midlands, SE Staffs		DABs 11C FM 96.4
<i>19/12/1974: BRMB. 26/3/2012: Free Radio.</i>		

FREE RADIO (COVENTRY)

Contemporary, Adult Part of Hits Radio Network (England)	Bauer	890 000
Coventry and Warwickshire		DABs 12D FM 97.0
Coventry and N Warwickshire		FM 97.0
Leamington Spa & Warwick		FM 102.9
<i>23/5/1980: Mercia Sound. 1989: +Leamington Spa. 26/3/2012: Free Radio.</i>		

FREE RADIO (HEREFORD & WORCS)

Contemporary, Adult Part of Hits Radio Network (England)	Bauer	460 000
Herefordshire and Worcestershire		DABs 12A FM 96.7 FM 97.6
Kidderminster area		FM 102.8
<i>4/10/1982: Radio Wyvern. 1/1996: +Kidderminster. 26/3/2012: Free Radio.</i>		

FREE RADIO (WOLVES AND SHROPSHIRE)

Contemporary, Adult Part of Hits Radio Network (England)	Bauer	1 680 000
Shropshire, Wolverhampton, Black Country		DABs 11B a FM 97.2
Wolverhampton area		b FM 103.1
Shropshire		b FM 103.1
<i>a: 12/4/1976: Beacon Radio. b: 14/7/1987: Beacon Radio. 2010: Stations merged. 26/3/2012: Free Radio.</i>		

FREE RADIO 80s

80s Music Shropshire, Wolverhampton, Black Country	Bauer	4 060 000
Birmingham area, West Midlands, SE Staffs		a DABm 11B b DABm 11C
Coventry and Warwickshire		c DABm 12D
Herefordshire and Worcestershire		DABm 12A a AM 990
Wolverhampton area		a AM 1017
Shropshire		b AM 1152
Birmingham area		c AM 1359
Coventry & N Warwickshire		
<i>a: 15/1/1989*: WABC (Nostalgia). 31/12/1990: +Shropshire added. 1991: oldies format. 1997: Classic Gold WABC. b: 4/4/1989*: Xtra AM (oldies). 1/6/1998: Capital Gold. c: 4/4/1989*: Xtra AM (oldies). 7/3/1994: Classic Gold. All: 3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.</i>		

FRESH COVENTRY AND WARWICKSHIRE

Contemporary Coventry and Warwickshire	Independent	890 000 DABm 12D
<i>4/2018</i>		

FROME FM

Mixed Format Frome	Community	96.6
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FUN KIDS

Format: Childrens Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux)	Broadcaster: Folder Media	
Herefordshire and Worcestershire		DAB+ 11A DABm 12A DABm 10C
Suffolk		
<i>Airdate: 5/2005 (London). On SD Mux: 29/2/2016.</i>		

FUNKY SX

Rhythmic Contemporary Southend, Essex	Community	FM 103.7
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FUSE FM

Mixed Format Ballymoney, County Antrim	Community	FM 107.5
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FUTURE FM

Mixed Format Norwich	Community	DABs 9A FM 107.8
Norwich		

G**GATEWAY FM**

Mixed Format Basildon, Essex	Community	FM 97.8
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GAYDIO

Format: Music for Gay Community Broadcaster Independent		
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GAYDIO (NATIONAL)

Music for Gay Community London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B DABm 9A
North East Birmingham		DABs 7D
Cambridge		DAB+7D
Portsmouth		DABs 10B
Glasgow		
<i>2002 (London, as Gaydar). Merged with Gaydio Manchester in 2013</i>		

The following stations opt-out with local output Mon-Fri for 3 hours a day:

GAYDIO BRIGHTON

Music for Gay Community Brighton area	Independent	DAB+ 9A
Brighton area		FM 97.8
<i>8/2018</i>		

GAYDIO MANCHESTER

Music for Gay Community Manchester	Independent	DAB+ 10B
Manchester		FM 88.4
<i>2010</i>		

GEM 106

Adult Leicestershire	Bauer	2 360 000 DABs 11B
South and Central Nottinghamshire		DABs 12C
South and Central Derbyshire, SE Staffordshire		DABs 10B
East Midlands		FM 106.0
<i>23/9/1997: Radio 106. 17/4/1998: Century. 29/8/2005: Heart 106. 3/1/2011: GEM 106.</i>		

GFM

Rhythmic Music Gloucester	Community	FM 96.6
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RADIO GLAN CLWYD

Oldies, Nostalgia Bodelwyddan, Denbighshire	Community	AM 1287
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GLASTONBURY FM

Mixed Format Glastonbury	Community	FM 107.1
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GN RADIO

Ghanian Community London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
Satellite 0185		

GO RADIO

Adult Glasgow, Edinburgh, Central Scotland	Independent	DABs 11D
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GOLD

Format: 60s, 70s and 80s Music London area, Surrey, W Kent, Herts, Luton (Mx 1)	Broadcaster: Global Radio	
Kent and Eastern London		a DABs 12C DABs 11C
Sussex		DABs 10B
East, South and Central Dorset		DABs 11B
Berkshire and North Hampshire		DABs 12D
Swindon area		DABs 11C
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12D
Cornwall		DABs 11B
Leicestershire		b DABs 11B
South and Central Nottinghamshire		b DABs 12C
South and Central Derbyshire, SE Staffordshire		b DABs 10B
Birmingham area, West Midlands, SE Staffs		DABs 11C DABs 12D
Most of Essex		DABs 12D
North Cambridgeshire, Huntingdon, S Lincs		DABs 11C
South and Central Cambridgeshire		DABs 10B
East Norfolk		DABm 11B
East Yorkshire and North Lincolnshire		c DABs 12C
Greater Manchester and North East Cheshire		a AM 1548
London area		b AM 945
South Derbyshire & Burton		b AM 999
South Nottinghamshire		c AM 1458
Greater Manchester		
Satellite 0121/722, Cable 923		
<i>Airdates, a: 28/11/1988*: Capital Gold. 3/8/2007: Gold.</i>		

b: 4/10/1988*: *Gem AM*. Also covered Leicester until 15/9/1992. 1998: *Classic Gold GEM*. 3/8/2007: *Gold*. 28/6/2010: *National plus local news*.
 c: 20/6/1994: *Fortune 1458 (Soft, Adult, Talk)*. 9/1996: *Lite AM (Easy)*. 5/2000: *Big AM (Adult, Rock)*. 21/2/2002: *Capital Gold (oldies)*. 3/8/2007: *Gold*. 28/6/2010: *National plus local news*.
 Other areas: 14/9/2015 (Smooth AM/DAB stations carried Gold from 3/8/2007 until 24/3/2014)

GORGEOUS FM

Contemporary, Adult	Community	
North East Birmingham ??		DAB+ 9A

GRAVITY FM

Mixed Format	Community	
Grantham, Lincolnshire		FM 97.2

GREAT YORKSHIRE RADIO

Adult	Independent	
York and North Yorkshire		DABm 10C

GREATEST HITS NETWORK

Format: Oldies Music Broadcaster: Bauer
 Northern and Scottish networks broadcast separate output Mon-Fri 06–19, plus 6 hours on Sat and Sun. Individual stations broadcast separate local news and information. FM stations broadcast local programmes Mon-Fri 06-10, 16–19, plus 4 hours on Sat and Sun.

Northern Network (formerly Magic): Radio Aire 2, Radio City 2 (local progs), Hallam 2, Key 2, Metro Radio 2, Rock 2, TFM 2, Viking 2

Scottish Network: Clyde 2, Forth 2, MFR 2, Northsound 2, Tay 2, West Sound (West), West Sound (South, local progs)

GTFM

Mixed Format	Community	
Pontypridd, S Wales		FM 107.9

GULSHAN RADIO

Asian	Community	
Wolverhampton		FM 106.9

H**HAILSHAM FM**

Mixed Format	Community	
Hailsham, East Sussex		FM 95.9

HALLAM FM

Contemporary, Adult	Bauer	1 410 000
Part of Hits Radio Network (England)		
South Yorkshire, North Notts, Chesterfield		DABs 11C
Sheffield area		FM 97.4
Doncaster area		FM 103.4
Barnsley and Rotherham		FM 102.9
1/10/1974. 1/10/1985: +Doncaster and Barnsley.		

HALLAM 2

Oldies	Bauer	1 410 000
All programmes from Greatest Hits Network (England)		
South Yorkshire, North Notts, Chesterfield		DABs 11C
Doncaster area		AM 990
Barnsley		AM 1305
Sheffield and Rotherham		AM 1548
1/5/1989*: <i>Classic Gold (oldies)</i> . 13/9/1993: <i>Great Yorkshire Gold</i> . 17/3/1997: <i>Magic AM (soft)</i> . 2003: <i>oldies</i> . 5/1/2015: <i>Hallam 2</i> .		

HALTON FM

Mixed Format	Community	
Runcorn & Widnes, Cheshire		FM 92.3

HARBOUR RADIO

Mixed Format	Community	
Great Yarmouth		FM 107.4

HARBOROUGH FM

Mixed Format	Community	
Market Harborough, Leics		FM 102.3

RADIO HARTLEPOOL

Mixed Format	Community	
Hartlepool		FM 102.4

HAYES FM

Mixed Format	Community	
Hayes area, West London,		FM 91.8

HCR FM

Mixed Format	Community	
Huntingdon		FM 104.0

HEART (NETWORK)

Format: Adult Contemporary Music
 Broadcaster: Global Radio

HEART UK

Adult	Global Radio	
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
South and Central Derbyshire, SE Staffordshire		DABs 10B
Satellite 0111, DTT 728, Cable 918		

HEART LONDON

Adult	Global Radio	9 650 000
As Heart UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 106.2
5/9/1995.		

The following stations opt-out of Heart UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

HEART CAMBRIDGESHIRE

Adult	Global Radio	950 000
North Cambridgeshire, Huntingdon, S Lincs		b DABs 12D
South and Central Cambridgeshire		a DABs 11C
Newmarket, Suffolk		a FM 97.4
Haverhill, Suffk		a FM 97.4
N Cambridgeshire, S Lincs		b FM 102.7
South & C Cambridgeshire		a FM 103.0
a: 12/2/1989: <i>CNFM</i> . 1995: <i>Q103</i> . 2007: + <i>Haverhill</i>		
b: 20/7/1980: <i>Hereward FM</i> .		
All: 5/1/2009: <i>Heart</i> . 2/7/2010: <i>Stations merged</i> .		

HEART CORNWALL

Adult, Talk	Global	460 000
Cornwall		DABs 11B
East Cornwall		FM 105.1
West Cornwall		FM 107.0
7/2006: <i>Atlantic FM</i> . 7/5/2012: <i>Heart</i> .		

HEART DEVON

Adult	Global Radio	1 080 000
East Devon, Exeter and Torbay		b DABs 11C
North and Central Devon		a DABs 10C
Plymouth and South Devon		c DABs 12D
North and Central Devon		a FM 96.2
Torbay area		b FM 96.4
Tavistock, Devon		c FM 96.6
Exeter area		b FM 97.0
Plymouth area		c FM 97.0
Ilfracombe, Devon		a FM 97.3
Tolnes area, Devon		d FM 100.5
Dartmouth area, Devon		d FM 100.8
South Hams, Devon		d FM 01.2
Ivybridge, Devon		d FM 101.9
East Devon		b FM 103.0
a: 19/10/1992: <i>Lantern FM</i> . 2002: + <i>Ilfracombe</i> .		
b: 1/1/1995: <i>Gemini FM</i> . (Replaced 7/11/1980- <i>Devon Air R</i>)		
c: 19/5/1975: <i>Plymouth Sound</i> . 28/10/85: + <i>Tavistock with opt-out Radio in Tavistock until 1994</i> .		
d: 1/12/1999: <i>South Hams Radio</i> .		
All: 23/3/2009: <i>Heart</i> . 27/8/2010: <i>Stations merged</i> .		

HEART EAST ANGLIA

Adult	Global Radio	1 100 000
East Norfolk		a DABs 10B
Suffolk		b DABs 10C
South and East Suffolk		a FM 97.1
West Suffolk		a FM 96.4
East Norfolk and NE Suffolk		b FM 102.4
a: 28/10/1975 (East): <i>Radio Orwell</i> . 6/11/1982 (West): <i>Saxon Radio</i> . 1992: <i>SGR FM</i> .		
b: 1/10/1984: <i>Broadland FM</i> .		
Both: 5/1/2009: <i>Heart</i> . 5/9/2010: <i>Stations merged</i> .		

HEART ESSEX

Adult	Global Radio	1 390 000
Most of Essex		DABs 12D
Colchester & NE Essex		a FM 96.1
South East Essex		b FM 96.3
Southend		b FM 97.5
Harlow area		c FM 101.7
Chelmsford & Central Essex		b FM 102.6
a: 17/10/1993: <i>SGR Colchester</i> . 5/1/2009: <i>Heart</i> .		
b: 12/9/1981: <i>Essex FM</i> . 1998: + <i>Southend</i> . 22/6/2009: <i>Heart</i> .		
c: 1/5/1993: <i>Ten 17</i> . 2000: <i>Mercury FM</i> . 2001: <i>Ten 17</i> .		
22-25/7/2010: <i>Stations merged as Heart</i> .		

HEART GLOUCESTERSHIRE

Adult	Global Radio	360 000
Gloucestershire		DABs 10C
Gloucester & Cheltenham		FM 102.4
Stroud area		FM 103.0
23/10/1980: <i>Severn Sound</i> . 7/3/1988: + <i>Stroud</i> . 23/3/2009: <i>Heart</i> .		

HEART HERTFORDSHIRE

Adult	Adventure	390 000
West Hertfordshire		FM 96.6
22/10/1994: <i>Oasis</i> . 96.6 1995: <i>Classic Hits</i> . 1997: <i>Oasis</i> . 2000: <i>Mercury</i> . 25/7/2010: <i>Heart</i> .		

HEART HOME COUNTIES

Adult	Global Radio	1 900 000
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
Northamptonshire		a FM 96.6
Bedfordshire & North Herts		b FM 96.9
NW & C Herts, S Beds, E Bucks		c FM 97.6
Milton Keynes area		d FM 103.3
a: 1/10/1986: <i>Northants 96</i> .		
b: 1/3/1982: <i>Chiltern FM</i> . 1996: <i>B97</i> . 1999: <i>Chiltern FM</i> .		
c: 15/10/1981: <i>Chiltern FM</i> .		
d: 15/10/1989: <i>Horizon</i> .		
All: 5/1/2009: <i>Heart</i> . 16/7/2010: <i>Stations merged</i> .		

HEART KENT

Adult	Global Radio	1 440 000
Kent and Eastern London		DABs 11C
Thanet, Kent		FM 95.9
Ashford area, Kent		FM 96.1
Dover and Folkestone area		FM 97.0
Canterbury area		FM 102.8
West Kent		FM 103.1
1/10/1984: <i>Invicta</i> . 22/6/2009: <i>Heart</i> .		

HEART NORTH LANCASHIRE AND CUMBRIA

Adult	Global Radio	300 000
S Cumbria & NW Lancashire		FM 96.9
Windermere & Ambleside		FM 102.3
Kendal, Cumbria		FM 103.2
1/3/1993: <i>The Bay</i> . 5/3/2018: <i>Heart</i>		

HEART NORTH EAST

Adult	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
West Tyneside, Tyne & Wear		FM 96.2
Cleveland, Durham, N Yorks		FM 100.7
Hexham & Tyne Valley		FM 101.2
Sunderland		FM 101.2
Tyneside, N Durham, S Nthmb		FM 101.8
1/9/1994: Century. 1996: +Tyne Valley. 1/2009: Real Radio.		
6/5/2014: Heart.		

HEART NORTH WALES

Adult	Communicorp	720 000
East Clwyd		FM 88.0
Welshpool, Powys		FM 102.8
N Clwyd and NE Gwynedd		FM 105.7
Newtown, Powys		FM 106.0
Denbigh, Ruthin and Rhyl		FM 106.9
W & N Gwynedd & Anglesey		FM 107.2
Rhyl and Prestatyn		FM 107.3
Ceredigion		FM 107.7
1/12/2010: Real Radio (as South Wales). 6/5/2014: Heart (separate peak-time programmes).		

HEART NORTH WEST

Adult	Global Radio	5 670 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Merseyside and West Cheshire		DABs 10C
North West England		FM 105.4
8/9/1998: Century. 1/2009: Real Radio. 6/5/2014: Heart.		

HEART SCOTLAND

Adult	Global Radio	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Dumbarton and Alexandria		FM 100.0
Glasgow and Clydeside area		FM 100.3
Lothian and Fife		FM 101.1
Greenock and Firth of Clyde		FM 101.1
Penicuik, Lothian		FM 103.3
16/9/1994: Scot FM. 2001: Real Radio. 11/2004: +Rosneath.		
10/2006: +Millburn Muir. 4/2008: +Penicuik. 6/5/2014: Heart.		

HEART SOUTH COAST

Adult	Global Radio	1 600 000
South Hampshire and Isle of Wight		a DABs 11C
East, South and Central Dorset		b DABs 11B
Winchester & Southampton		a FM 6.7
Portsmouth area		a FM 97.5
Bournemouth area		b FM 102.3
a: 12/10/1986: Ocean Sound. 1987: added Winchester.		
(4/12/88-27/1/91 on Winchester only: Ocean Light.)		
22/6/2009: Heart. (Replaced R Victory in Portsmouth 1975-86.)		
b: 15/9/1980: Two Counties R, then 2CR FM. 22/6/2009: Heart.		
Stations merged: 29/7/2010		

HEART SOUTH WALES

Adult	Global	1 500 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
West Glamorgan and SW Carmarthenshire		DABs 12A
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
Pontypridd area		FM 102.3
Carmarthenshire		FM 105.2
Abergavenny & Usk Valley		FM 105.2
Cardiff & South Glamorgan		FM 105.4
Pembrokeshire		FM 105.7
South Gwent		FM 105.9
Merthyr Tydfil & Aberdare		FM 105.9
Swansea area		FM 106.0
Carmarthen		FM 106.0
Ebbw Vale & Tedegar, Gwent		FM 106.1
Fishguard & Newport, Pembs		FM 106.2
Bargoed area		FM 107.3
3/10/2000: Real Radio. 2002: +Carmarthenshire. 2003: +Pembrokeshire and Fishguard 12/2004: +Carmarthen. 2005: +Abergavenny, Ebbw Vale, Merthyr, Aberdare. 2010: +Eglysylan and Bargoed. 6/5/2014: Heart.		

HEART SUSSEX AND SURREY

Contemporary	Global Radio	1 400 000
Sussex		a DABs 10B
Surrey, North East Hampshire, South London		b DABs 10C
Horsham		b FM 97.5
Newhaven & Seaford, Sussex		a FM 96.9
Hastings		a FM 102.0
East Sussex		a FM 102.4
North Sussex & East Surrey		b FM 102.7
Brighton and Worthing area		a FM 103.5
a: 29/9/1983: Southern Sound, then Southern FM. 5/2/1989: +East Sussex. 12/2/1988: +Newhaven. 22/6/2009: Heart.		
b: 20/10/1984 as Radio Mercury.		
Stations merged as Heart 25/7/2010		

HEART THAMES VALLEY

Adult	Global Radio	1 700 000
Berkshire and North Hampshire		a DABs 12D
Oxfordshire		b DABs 10B
Reading area		a FM 97.0
Banbury & Brackley area		b FM 97.4
Oxfordshire and West Bucks		b FM 102.6
N Hampshire & W Berkshire		a FM 102.9
Henley, Oxon		a FM 103.4
a: 8/3/1976: Radio 210. 1/1/1987: + N Hants & W Berks. 1990: 2-Ten FM. 1997: +Henley. 22/6/2009: Heart.		
b: 15/9/1989: Fox FM. 22/6/2009: Heart.		
Stations merged 9/7/2010.		

HEART WEST COUNTRY

Adult	Global Radio	1 290 000
Bristol, Bath and Avon		a DABs 11B
West Wiltshire and Bath		c DABs 10D
Somerset		b DABs 10B
Avon		a FM 96.3
Taunton		b FM 96.5
Yeovil area		b FM 97.1
Somerset		b FM 102.6
Bath		c FM 103.0
Weston-super-Mare area		a FM 103.0
a: 27/10/1981: Radio West. 1986: GWR. 2007: +Weston.		
b: 26/11/1989: Orchard FM. 1996: +Taunton relay.		
c: 22/5/1987 as part of GWR Bristol. Separate from 2002.		
All: 23/3/2009: Heart. 27/8/2010: Stations merged.		

HEART WEST MIDLANDS

Adult	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
West Midlands region		FM 100.7
1/9/1994.		

HEART WILTSHIRE

Adult	Global Radio	490 000
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Marlborough area, Wilts		FM 96.5
Swindon area & Cirencester		FM 97.2
West Wiltshire		FM 102.2
12/10/1982: Wiltshire Radio. 1986: GWR. 14/10/1988: +Marlborough. 23/3/2009: Heart.		

HEART YORKSHIRE

Adult	Communicorp	3 750 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABm 11B
West & South Yorkshire, York		FM 106.2
Bradford area		FM 107.6
Sheffield area		FM 107.7
25/03/2002: Real Radio. 6/5/2014: Heart.		

HEART EXTRA

Adult	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Airdate: 29/2/2016		

HEART 80s

Format: 80s Pop Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Satellite 0112, Cable 921		
Airdate: 14/3/2017		

HEARTLAND FM

Mixed Music	Independent	110 000
Pitlochry&Aberfeldy, Tayside		FM 97.5
12/3/1992.		

HEAT

Format: Adult Contemporary Music and Celebrity Gossip		
Broadcaster: Bauer		
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		
		DABm 11A
DTT 716		
Airdate: 10/2003. On SD Mux: 29/2/2016.		

HERITAGE RADIO

Muslim Community	Community	
Manchester		DAB + 10B m
Manchester		AM 1602 will move to FM

HERMITAGE FM

Mixed Format	Community	
Coalville & Ashby-de-la-Zouch		FM 99.2

HIGH PEAK RADIO

Adult, Oldies	Independent	80 000
New Mills and Whaley Bridge		FM 103.3
Hope Valley, Derbyshire		FM 103.3
Buxton area, Derbyshire		FM 106.4
Glossop and Hadfield, Derbys		FM 106.4
Chapel-en-le-Frith, Derbys		FM 106.6
4/4/2004.		

HILLZ FM

Mixed Format, Rhythmic	Community	
Hillfields, Coventry		FM 98.6

HITMIX RADIO

Mixed Format	Community	
Newcastle Under Lyme, Staffs		FM 107.5

HITS RADIO (NETWORK)

Format: Contemporary Hit and Adult Contemporary Music
Broadcaster: Bauer

HITS RADIO (UK)

Contemporary, Adult	Bauer	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A
Kent and Eastern London		DABm 11C
Sussex		DABm 10B
South Hampshire and Isle of Wight		DABm 11C
East, South and Central Dorset		DABm 11B
Berkshire and North Hampshire		DABm 12D
Oxfordshire		DABm 10B
West Wiltshire and Bath		DABm 10D
Swindon area		DABm 11C
Bristol, Bath and Avon		DABm 11B
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Plymouth and South Devon		DABm 12D
Cornwall		DABm 11B
Shropshire, Wolverhampton, Black Country		DABm 11B
Birmingham area, West Midlands, SE Staffs		DABm 11C
Coventry and Warwickshire		DABm 12D
Leicestershire		DABm 11B
South and Central Nottinghamshire		DABm 12C
South and Central Derbyshire, SE Staffordshire		DABm 10B
Most of Essex		DABm 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Northamptonshire		DABm 10C
North Cambridgeshire, Huntingdon, S Lincs		DABm 12D
South and Central Cambridgeshire		DABm 11C
East Norfolk		DABm 10B
South Yorkshire, North Notts, Chesterfield		DABm 11C
Leeds and Wakefield Districts		DABm 12D
East Yorkshire and North Lincolnshire		DABm 11B
Tees Valley and County Durham		DABm 11B
Tyne and Wear, North Durham, Northumberland		DABm 11C
Central and East Lancashire		DABm 12A
Merseyside and West Cheshire		DABm 10C
Ayrshire		DABm 11B
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABm 11C
Edinburgh, Lothian and South Fife		DABm 12D
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B
Inverness area		DABm 12D
Northern Ireland		DABm 12D
Satellite 0188, DTT 711		
Airdate: 4/6/2018		

HITS RADIO MANCHESTER

Contemporary, Adult	Bauer	2 810 000
Greater Manchester and North East Cheshire		DABs 12C
Greater Manchester		FM 103.0
2/4/1974: Piccadilly (mixed). 3/9/1988*: Key 103 (Adult).		
1990: Piccadilly Key 103 (contemporary). 1996: Key 103. 200: Piccadilly Key 103. 2002: Key 103. 4/6/2018: Hits Radio Manchester		

Hits Radio Network - England

Format: Contemporary, Adult
Broadcaster: Bauer
Stations broadcast local programmes Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, relaying Hits Radio at other times: Radio Aire, CFM, Radio City, Free Radio, Hallam FM, Metro Radio, Rock FM, TFM, Viking FM

Hits Radio Network - Scotland

Format: Contemporary, Adult
Broadcaster: Bauer
Stations broadcast local programmes Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, sharing programming with each other at other times:
Radio Borders Clyde 1, Forth 1, MFR, Northsound 1, Tay FM, West FM

HOPE FM

Christian Bournemouth	Community	FM 90.1
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HOT

Mixed Format Poole	Community	FM 102.8
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HUB RADIO

New Music Bristol	Community (Student)	DAB+ 9A
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HULL KINGSTON RADIO

Mixed Format Hull	Community	FM 107.4
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I**IBC TAMIL**

Tamil	Independent	DABm 11B
London area, Surrey, W Kent, Herts, Luton (Mx 3)		

RADIO IKHLAS

Asian Derby	Community	FM 107.8
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IMAGINE FM

Adult Manchester	Independent	1 460 000 DAB+ 10B
South & Cent Gt Manchester		
17/2/1990: <i>KFM</i> . 1992: <i>Signal Cheshire (merged with 96.4)</i> . 1997: <i>Signal FM</i> . 1/2000: <i>Imagine FM</i> .		

INSANITY

New Music, Pop Egham, Surrey	Community (Student)	FM 103.2
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INSPIRATION FM

Soul, Reggae, Dance Northampton	Community	FM 107.8
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INSPIRE FM

Muslim Luton	Community	FM 105.1
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INTOBEATS

Rhythmic New Music Bedford	Community	FM 106.5
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IPSWICH 102

Oldies, Adult Suffolk	Nation/Lincs/Muxco	300 000 DABs 10C
Ipswich area From 19/10/2018. 1/8/2018.		

IPSWICH COMMUNITY RADIO

Mixed Format Ipswich	Community	FM 105.7
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IRVINE BEAT FM

Mixed Format Irvine, Ayrshire	Community	FM 107.2
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ISLAND FM

Adult Alderney	Tindle	60 000 FM 93.7
Guernsey		
15/10/1992. 1994: +Alderney.		

ISLE OF WIGHT RADIO

Adult	Media Sound Holdings	125 000
South East Isle of Wight		
Ryde and NE Isle of Wight		
Cowes, Isle of Wight		
Isle of Wight		
15/4/1990. Moved from AM to FM 28/3/1998.		

ISLES FM

Mixed Music, Gaelic Isle of Lewis	Independent	20 000 FM 103.0
7/3/1998.		

IÚR FM

Mixed Format Newry	Community	FM 101.4
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J**JACK FM (OXFORD/ SURREY/PORTSMOUTH)**

Oldies, Adult, Rock Oxfordshire	Oxis Media	350 000 DABm 10B
Bicester, Oxon		
Wallingford, Oxon		
Wantage, Oxon		
Witney, Oxon		
Central and South Oxon		
2007.		

JACK FM 2

Pop Oxfordshire	Oxis Media	140 000 DABm 10B
Oxford		
14/2/1997: <i>Oxygen (student station)</i> . 2000: <i>Fusion (mixed format)</i> . 5/2003: <i>Passion (Dance)</i> 2006: <i>Oxford's 107.9</i> . 17/8/2010: <i>Glide (pop)</i> . 20/9/2013: <i>Jack FM 2</i> .		

JACK 3 UK LIKELY TO BE A TEMPORARY SERVICE

Easy Listening, Oldies Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux)	Oxis Media	DAB+ 11A
6/4/2018		

JACK 3

Easy Listening, Oldies Oxfordshire	Oxis Media	DABm 10B
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RADIO JACKIE

Adult, Oldies SW London & N Surrey	Independent	1 150 000 FM 107.8
1/3/1997: <i>Thames Radio</i> . 19/10/2003: <i>Radio Jackie</i> .		

JAZZ FM

Format: Jazz and Soul Music Broadcaster: Bauer
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland DAB+ 11A
London area, Surrey, W Kent, Herts, Luton (Mx 2) DABm 12A
Norwich DAB+ 9A
Satellite 0202/729
Airdate: 9/2008 (the original Jazz FM broadcast 4/3/1990 to
7/6/2005) DAB coverage has varied. On SD Mux: 29/2/2016.

JUICE

Music for Gay Community Belfast	Independent	FM 103.8
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K**KANE FM**

Rhythmic Music Guildford, Surrey	Community	FM 103.7
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KANSHI RADIO

Punjabi Satellite 0205,	Independent	
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KCC LIVE

Mixed Format Knowsley, Merseyside	Community	FM 99.8
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KCFM

Adult, Oldies Lincolnshire, North Lincolnshire and Hull area	Lincs	500 000 DABs 12A FM 99.8
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1/8/2007.

KEEP 106

Oldies, Easy Listening Dorchester, Dorset	Community	FM 106.3
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KEITH COMMUNITY RADIO

Mixed Format Keith & Buckie area	Community	FM 107.7
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KEMET RADIO

Rhythmic Music Nottingham	Community	FM 97.5
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KENNET RADIO

Mixed Format Newbury, Berkshire	Community	FM 106.7
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KERRANG

American style Rock Dundee, Angus, Perth & Kinross, North Fife	Bauer	DABm 11B
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DTT 717
10/2002 (Also carried on DAB until 12/12/2014 in Scotland, Northern England and Birmingham and until 23/5/2018 in London)

KEY RADIO

Oldies	Bauer	2 160 000
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All programmes from Greatest Hits Network (England)
Greater Manchester and North East Cheshire DABs 12C
Greater Manchester AM 1152
3/9/1988*: Piccadilly (mixed format), 1990: Piccadilly Gold (Oldies), 1996: Piccadilly (Oldies, Adult, Talk), 4/1999: Magic 1152 (soft), 2003: oldies, 5/1/2015: Key 2, 4/6/2018: Key Radio

KHUSH KHABIRI

Asian Christian Satellite 0151	Independent	
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KINGDOM FM

Adult	Independent	350 000
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South and West Fife FM 95.2
Central Fife FM 96.1
Kirkcaldy, Fife FM 96.6
North East Fife FM 105.4
South East Fife FM 106.3
5/10/1998.

KISS

Format: Rhythmic Contemporary
Broadcaster: Bauer
England, Wales and Northern Ireland (D1 Mux) DABm 11D
Scotland (D1 Mux) DABm 12A
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABs 12C
Bristol b FM 97.2
London area a FM 100.0
South Wales, West England b FM 101.0
Southern Cambridgeshire c FM 105.6
East Norfolk and NE Suffolk c FM 06.1
Suffolk, S Norfolk & NE Essex c FM 106.4
Peterborough area c FM 107.7
Satellite 0178, DTT 713, Cable 963
Airdate: Network: 6/2000, National DAB: 1/2013
a: 1/9/1990
b: 21/4/1990 (Bristol): FTP, 27/1/1991: Galaxy, 1/9/1994: +South Wales, 1/1/2003: Vibe, 6/9/2006: Kiss, c 22/11/1997: Vibe FM, 6/9/2006: Kiss.

KISS FRESH

Format: Rhythmic New Music
Broadcaster: Bauer
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABm 12C
Birmingham area, West Midlands, SE Staffs DABm 11C
South Yorkshire, North Notts, Chesterfield DABm 11C
Leeds and Wakefield Districts DABm 12D
East Yorkshire and North Lincolnshire DABm 11B
Tees Valley and County Durham DABm 11B
Tyne and Wear, North Durham, Northumberland DABm 11C
Greater Manchester and North East Cheshire DABm 12C
Central and East Lancashire DABm 12A
Merseyside and West Cheshire DABm 10C
Glasgow, Clydebank, Lanarkshire, Stirling, Falkirk DABm 11C
Edinburgh, Lothian and South Fife DABm 12D
Dundee, Angus, Perth & Kinross, North Fife DABm 11B
Inverness area DABm 12D
Northern Ireland DABm 12D
DTT 712
Airdate: 7/3/2013 (Online), DAB in London 12/2014, DAB in North, Scotland, Birmingham, N Ireland: 1/5/2016.

KISSTORY

Format: Rhythmic Oldies
Broadcaster: Bauer
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux) DABm 11A
DTT 714
Airdate: 7/3/2013 (DTT), DAB 12/2014, On SD Mux: 29/2/2016.

KLFM

Adult, Oldies West Norfolk	UKRD	200 000
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1/7/1992. FM 96.7

KM-FM

Contemporary Kent	Kent Messenger	1 500 000
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Kent and Eastern London DABs 11C
Tunbridge Wells area, Kent a FM 96.2
Folkestone b FM 96.4
Medway towns area c FM 100.4
Sevenoaks area a FM 101.6
Maidstone d FM 105.6
Canterbury area e FM 106.0
Dover area b FM 106.8
Thanet, Kent f FM 107.2
Ashford area, Kent g FM 107.6
Medway towns area c FM 107.9
a: 9/7/1995: KFM, 3/2000: Mercury, 9/2002: KM-FM.
b: 29/9/1997: Neptune Radio, 2/2003: KM-FM.
c: 1/9/1997: Medway FM, 3/2000: Mercury, 9/2002: KM-FM.
d: 18/10/2003: CTR, 2009: KM-FM.
e: 21/9/1997: CTFM, 2/2003: KM-FM.
f: 17/1/1998: TLR, 2/2003: KM-FM..
g: 3/10/2005.
12/3/2012: Stations merged, changing format from Adult.

KOAST RADIO

Mixed Format Ashington, Northumberland	Community	FM 106.6
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KOHINOOR FM

Punjabi Leicester	Community	FM 97.3
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KYFM

Mixed Format Kirkcaldy, Fife	Community	FM 107.0
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L**RADIO LAB**

New Music Luton	Community (Student)	FM 97.1
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LBC

Format: Talk and News
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) DABm 11D
Scotland (D1 Mux) DABm 12A
London area FM 97.3
Satellite 0124/724, DTT 732, Cable 919
Airdate (London): 6/10/1973: LBC, 2/10/1989 LBC Newstalk, 8/10/1994 London News Radio, 27/11/1996: News Direct, 6/1/2003: LBC, National DAB Airdate: 11/2/2014

LBC NEWS

News London area, Surrey, W Kent, Herts, Luton (Mx 2)	Global Radio	8 530 000
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London area AM 1152
6/10/1973: LBC, 2/10/1989 London Talkback Radio, 8/10/1994: London Newstalk Radio 1/1/1996: LBC, 6/1/2003: LBC News

LEGACY 90.1 FM

Rhythmic Music Central Manchester	Community	FM 90.1
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LEISURE FM

Mixed Format Braintree, Essex	Community	FM 107.4
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LIBERTY RADIO

Christian Satellite 0186	Independent	
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LIKE RADIO

Contemporary Gloucestershire	Independent	DABm10C
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Herefordshire and Worcestershire DABm 12A
North East Birmingham DAB+ 9A

LINCOLN CITY RADIO

Oldies, Mixed Format Lincoln	Community	FM 103.6
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LINCS FM

Adult Lincolnshire, North Lincolnshire and Hull	Lincs	680 000
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DABs 12A
Grantham, Lincolnshire FM 96.7
Scunthorpe, North Lincolnshire FM 97.6
Lincolnshire & S Humberside FM 102.2
1/3/1992, 1995: +Grantham, 1999: +Scunthorpe.

LINK FM

Asian Sheffield	Community	FM 96.7
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LIONHEART RADIO

Mixed Format Alnwick, Northumberland	Community	FM 107.3
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LISBURN CITY RADIO

Mixed Format Lisburn	Community	FM 98.8
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LOCHBROOM FM

Adult Lochinver & Enard Bay	Independent	2 000
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Ullapool area, Highland FM 96.8
23/8/1997, 2001: + Lochinver & Enard Bay.

LONDON GREEK RADIO

Greek North East Birmingham	Independent	2 980 000
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DABs 9A
Central London DAB+ 9A
Glasgow DAB+10B
Manchester DAB+ 10B
North London FM 103.3
13/11/1989 in London. Shared frequency with WNK (Dance) until 1994. Other cities from 2015.

LOVE 80s

80s Music Manchester	Dee Radio	DAB+ 10B
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North East Wales, West Cheshire and Merseyside DAB+ 10D

LOVE SPORT

Sport, Talk	Independent	8 430 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11D	
London area	AM 558	
25/6/1990: <i>Spectrum Radio (Mixed ethnic)</i> . 5/3/2018: <i>Love Sport</i>		

LRB DIGITAL

Muslim Community	Independent	
Central London	DABm 9A	

LYCA DIL SE 1035

Asian	Lyca Media	7 440 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
London	AM 1035	
1/9/1994: <i>Country 1035</i> . 2000: <i>Ritz</i> . 2003: <i>Easy R London (all Country formats)</i> . 1/2005: <i>Kismet</i> . 12/2013: <i>Sunrise R3</i> . 2/2014: <i>R 1035</i> . 9/2014: <i>Lyca Dil Se</i> .		

LYCA RADIO 1458

Asian	Lyca Media	10 410 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
London area	AM 1458	
Plans to launch on SD national multiplex 5/11/1989: <i>Sunrise R in West London</i> . 1/1/1994: <i>London wide</i> . 12/2013: <i>Sunrise R1</i> . 2/2014: <i>R 1458</i> . 9/2014: <i>Lyca R</i>		

M**MAGIC**

Format: Oldies Music		
Broadcaster: Bauer		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C	
London area	FM 105.4	
Satellite 0180, DTT 715, Cable 928		
Airdate (London): 9/7/1990: <i>Melody (Soft, Nostalgic Format)</i> . <i>Nostalgic phased out 1996-98</i> . 9/1998-11/1998: <i>Magic</i> . <i>National DAB Airdate: 5/1/2015</i>		

MAGIC CHILLED

Format: Soft Adult Contemporary Music		
Broadcaster: Bauer		
Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux)	DAB+ 11A	
Airdate: 21/3/2016.		

MAGIC SOUL

Format: Classic Soul music		
Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABm 12C	
Leeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in North, Scotland, N Ireland: 1/5/2016. DAB in Birmingham 1/5/2016-23/5/2018.		

MANSFIELD 103.2 FM

Adult	Independent	210 000
Mansfield & Ashfields, Notts	FM 103.2	
1/12/1999.		

MANGO VIBE

Dance	Community	
Portsmouth	DAB+7D	

MANX RADIO

Mixed Format	Independent	65 000
Central Isle of Man	FM 89.0	
Ramsay, Isle of Man	FM 89.5	
Peel area, Isle of Man	FM 89.5	
South and East Isle of Man	FM 97.2	
North Isle of Man	FM 103.7	
Isle of Man	AM 1368	
Some separate programmes on AM and FM 1968. 2014: +Ramsay and Peel.		

MARLOW FM

Mixed Format	Community	
Marlow, Bucks	FM 97.5	

MATRYOSHKA RADIO

Russian Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABs 11B	
Glasgow	DABs 10B	

MAX

80s Music	Independent	
Manchester	DAB+ 10B	

MCR LIVE

Mixed Format	Community	
Manchester	DAB+ 10B	

MEARNS FM

Mixed Format	Community	
Stonehaven, Grampian	FM 105.7	
Inverbevie, Grampian	FM 106.2	
Laurencekirk, Grampian	FM 107.3	

MELLOW MAGIC

Format: Easy Listening Music		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)	DABm 11A	
Airdate: 14/3/2016.		

MERIDIAN FM

Mixed Format	Community	
East Grinstead, Sussex	FM 107.0	

METAL MAYHEM

Heavy Rock	Independent	
Portsmouth	DAB+7D	

METRO RADIO

Contemporary, Adult	Bauer	1 830 000
Part of Hits Radio Network (England). Shares all programmes with TFM.		
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, N Durham, S Nthm	FM 97.1	
Alnwick area,	FM 102.6	
West Tyneside, Tyne & Wear	FM 103.0	
Hexham & Tyne Valley	FM 103.2	
15/7/1974. 10/2/1989: +West Tyneside. 1996 + Tyne Valley and Alnwick.		

METRO RADIO 2

Oldies	Bauer	1 740 000
All programmes from Greatest Hits Network (England)		
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, N Durham, S Nthm	AM 1152	
8/4/1989*: <i>Great North Radio (oldies)</i> 2/1998: <i>Magic 1152</i> (soft). 2003: <i>oldies</i> . 5/1/2015: <i>Metro R 2</i> .		

MFR 2

Oldies	Bauer	290 000
All programmes from Greatest Hits Network (Scotland)		
Inverness area	DABs 12D	
North Scotland	AM 1107	
9/2014*.		

MI SOUL

Soul	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
Brighton area	DAB+ 9A	
Glasgow	DABs 10B	
Manchester	DAB+ 10B	

MINSTER FM

Adult, Oldies	UKRD	460 000
York and North Yorkshire	DABs 10C	
Thirsk area, North Yorkshire	b FM 102.3	
Northallerton & Bedale	b FM 103.5	
South & Central North Yorks	a FM 104.7	
a: 4/7/1992. (Thirsk added 1996, then joined Northallerton)		
b: 12/6/2007: <i>Minster Northallerton FM</i> . 2/11/2009: <i>Star Radio</i> . 4/2017: merged with <i>Minster FM</i>		

MIX 96

Adult	TLRC	160 000
Aylesbury area	FM 96.2	
15/4/1994.		

MKFM

Mixed Format	Community	
Hertfordshire, Bedfordshire, Buckinghamshire	DABm 10D	
Milton Keynes	FM 106.3	

MON FM

Mixed Format	Community	
Anglesey	FM 102.5	

MOORLANDS RADIO

Mixed Format	Community	
Leek and Biddulph, Staffs	FM 103.7	

MORAY FIRTH RADIO (MFR)

Contemporary, Adult	Bauer	290 000
Part of Hits Radio Network (Scotland)		
Some frequencies carry separate community radio services in the evenings: (C) Caithness FM, (Ki) Kinnaird Radio.		
Inverness area	DABs 12D	
Speyside, Highland	FM 96.6	
Fraserburgh area (Ki)	FM 96.7	
Wick (C)	FM 96.7	
Inverness & Moray Firth	FM 97.4	
Thurso & Wick area (C)	FM 102.5	
Keith & Buckie area	FM 102.8	
23/2/1982. 1995: +Speyside. 1997: +Thurso & Wick, Keith & Buckie and Fraserburgh.		

MORE RADIO

SE1 ■

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Adult, Oldies	Media Sound Holdings	790 000
Sussex	DABs	10B
Burgess Hill, Haywards Heath	a FM	106.4
Lewes area, Sussex	a FM	106.8
Eastbourne area	b FM	107.5
Worthing	c FM	107.7
Hastings area	d FM	107.8
a: 31/3/2001: Bright FM. 17/10/2005: +Lewes. 11/4/2016: More Radio.		
b: 17/11/1997: Sovereign Radio. 11/4/2016: More Radio.		
c: 05/05/2003: Splash FM. 11/4/2016: More Radio.		
d: 10/4/1998: Arrow FM. 11/4/2016: More Radio.		

NATION RADIO (LONDON)

Oldies	Nation Broadcasting	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 12A	
26/6/2016: Thames Radio. 25/6/2018: Nation Radio		

NATION RADIO (SCOTLAND)

Oldies	Nation Broadcasting	
Glasgow	DABs 10B	
Glasgow area	FM 96.3	
9/2018		

NATION RADIO (WALES)

Oldies, Easy Listening	Nation Broadcasting	1 350 000
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
South Glamorgan, Mid Glamorgan, Gwent	DABs 12C	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	
Conwy county	DABs 12D	
Gwynedd and Anglesey	DABs 10D	
Carmarthenshire	FM 102.9	
Cardiff and SE Wales	FM 106.8	
Pembrokeshire	FM 107.1	
Swansea area	FM 107.3	
29/11/2007: XFM. 16/6/2008: Nation Radio. Rock format until 2017. 8/2017: Carmarthenshire added, 11/2017: Pembrokeshire added		

NE1 FM

Mixed Format	Community	
Newcastle		102.5

NEVIS RADIO

Adult, Contemporary	Community	20 000
Fort William area, Highland	FM 96.6	
Glen Coe, Highland	FM 96.6	
Mallaig, Arisaig & SE Skye	FM 102.3	
Ballachulish & Loch Leven	FM 102.4	
1/8/1994. 1997: Coverage extended.		

NEW STYLE RADIO

Rhythmic Music	Community	
Birmingham		FM 98.7

RADIO NEWARK

Mixed Format	Community	
Lincolnshire, North Lincolnshire and Hull	DAB+ 12A	
Newark, Notts	FM 107.8	

RADIO NEWQUAY

Mixed Format	Community	
Newquay, Cornwall		FM 107.8

NEWSTALK 106-108

News and Talk	Communicorp	
Satellite 0210		
Also available on FM in Republic of Ireland (see Ireland section)		

NINESPRINGS RADIO

Mixed Format	Community	
Yeovil area, Somerset		FM 104.5

NLIVE

Mixed Format	Community	
Northampton		FM 106.9

NME 1

Rock	Independent	
Brighton area		DAB+ 9A
Central London		DAB+ 9A
Norwich		DAB+ 9A

NME 2

Contemporary Rock	Independent	
Norwich		DAB+ 9A

NORTH MANCHESTER FM

Mixed Format	Community	
North Manchester		FM 106.6

NORTH NORFOLK RADIO

Oldies, Adult	Celador	120 000
Shares all programmes with The Beach, Dream 100, Radio Norwich and Town FM		
North East Norfolk		FM 96.2
Fakenham		FM 96.2
North West Norfolk		FM 103.2
Cromer, Sheringham, Norfolk		FM 103.2
10/11/2003. 11/2005: +Fakenham.		

NORTHSOUND ONE

Contemporary, Adult	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Aberdeen, Aberdeenshire		DABs 11C
East Grampian Region		FM 96.9
Aberdeen		FM 97.6
Peterhead area, Grampian		FM 103.0
27/7/1981.		

NORTHSOUND TWO

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Aberdeen, Aberdeenshire		DABs 11C
1995*. On AM until 3/4/2018.		

RADIO NORWICH

Oldies, Adult	Celador	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Town FM		
Norwich		DABs 9A
Norwich area		FM 99.9
7/2006.		

NOVA FM

Mixed Format	Community	
Newport, Shropshire		FM 97.5

NU SOUND RADIO

Asian	Community	
Central London		DAB+ 9A
Newham, E London		FM 92.0

O**OBAN FM**

Mixed Music Brighton area Oban area, Highland 1/7/1996.	Independent	10 000 FM 103.3
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OLDHAM COMMUNITY R

Mixed Format Oldham	Community	FM 99.7
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1BTN

Dance Music Brighton area Central and East Brighton	Community	DAB+ 9A FM 101.4
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100% DRAGON HITS

Contemporary, Adult Somerset and SE Wales coast Portsmouth	Triple Media	DABs 10B DAB+7D
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100% WHATEVER

Music and Comedy Somerset and SE Wales coast Portsmouth	Triple Media	DABs 10B DAB+7D
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ORIGINAL 106

Oldies, Adult, Rock Aberdeen Peterhead area, Grampian East Grampian Region 28/10/2007.	New Wave Media	110 000 FM 106.3 FM 106.3 FM 106.8
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P**PANDA RADIO**

Mixed Format, News from China London area, Surrey, W Kent, Herts, Luton (Mx 2) Norwich	Independent	DABm 12A DAB+ 9A
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RADIO PANJ

Punjabi Coventry	Community	AM 1521
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PANJAB RADIO

Format: Music & Talk for the Panjabi and Sikh Broadcaster: Independent Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) NE London, SW Essex, SE Herts Satellite 0130 Airdate: 1/9/200 (Satellite), 4/11/2003 (Local DAB), 29/2/2016 (National DAB) AM: 17/8/1995: London Turkish Radio (Turkish). 4/2014: Turkish Gold. 6/3/2015: Panjab Radio	Communities	DABm 11A AM 1584
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PARK RADIO

Mixed Format Harleston, Norfolk Diss, Norfolk	Community	FM 105.2 FM 107.6
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PEAK FM

Contemporary, Adult Matlock and Bakewell Chesterfield area 7/10/1998.	Wireless	320 000 FM 102.0 FM 107.4
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RADIO PEMBROKESHIRE

Adult, Oldies Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and Swansea Bay Radio Pembrokeshire, Carmarthenshire, Swansea Pembrokeshire Fishguard & Newport, Pems Tenby, Pembrokeshire 14/07/2002.	Nation Broadcasting	110 000 DABs 12D FM 102.5 FM 107.5 FM 107.5
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PENISTONE COMMUNITY RADIO

Mixed Format Penistone, South Yorks	Community	FM 95.7
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PETERBOROUGH COMMUNITY RADIO

Mixed Format Peterborough	Community	FM 103.2
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PHOENIX RADIO

Mixed Format Halifax	Community	FM 96.7
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PHOENIX FM

Mixed Format Brentwood	Community	FM 98.0
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PHONIC FM

Mixed Format Exeter	Community	FM 106.8
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PIRATE FM

Adult, Oldies Cornwall East Cornwall & West Devon West Cornwall 3/4/1992.	UKRD	790 000 DABs 11B FM 102.2 FM 102.8
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PIRATE 80S

80s Music Programmes shared with Eagle 80s Cornwall	UKRD	DABs 11B
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PLANET ROCK

Format: Classic Heavy Rock Music Broadcaster: Bauer Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) Satellite 0110/730, Cable 924 Airdate: 15/11/1999 (Moved from D1 Mux on 29/2/2016)		DABm 11A
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PLATFORM B

New Music Brighton	Community	FM 105.5
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RADIO PLUS

Christian Contemporary Coventry	Community	FM 101.5
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RADIO PLYMOUTH

Adult, Oldies Plymouth area 28/10/2010.	Independent	300 000 FM 106.7
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POLSKIE RADIO

Polish London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
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PREMIER CHRISTIAN RADIO

Format: Christian Talk and Music Broadcaster: London Christian Radio Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) NE London, SE Herts, SW Essex South London & East Surrey London E London & Thames Estuary W London, E Berks & N Surrey W Surrey, NE Hants DTT 725 Airdate: a: 10/06/1995 b: 7/6/1988*: First Gold (Oldies), 4/5/1992: County Sound, 1994: Mercury Extra, 4/9/1995: County Sound Radio (Oldies, Talk), 13/7/2012: Eagle Extra. 1/12/2014: Premier Radio National DAB: 21/9/2009 (Moved from D1 Mux on 29/2/2016)	Communities	DABm 11A a AM 1305 a AM 1305 a AM 1332 a AM 1413 a AM 1413 b AM 1566
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PREMIER GOSPEL

Gospel Music (Christian) London area, Surrey, W Kent, Herts, Luton (Mx 3) Surrey, North East Hampshire, South London Airdate: 21/9/2009 (London)	London Christian Radio	DABm 11B DABm 10C
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PREMIER PRAISE

Format: Christian Broadcaster: London Christian Radio Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) Airdate: 27/3/2016.		DABm 11A
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PRIDE RADIO

Music for Gay Community Newcastle	Independent	FM 89.2
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PULSE FM

Mixed Format Glasgow Barrhead, near Glasgow	Community	DABs 10B FM 98.4
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PULSE 1

Contemporary, Adult Bradford, Calderdale and Kirklees Districts Bradford area Huddersfield & Halifax area 16/9/1975: Pennine Radio. 4/12/1984: +Huddersfield and Halifax. 31/8/1991: The Pulse from. 2014: Pulse 1.	Wireless	1 140 000 DABs 11B 97.5 FM 102.5
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PULSE 2

Oldies Bradford, Calderdale and Kirklees Districts Bradford area Huddersfield and Halifax area 1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 17/3/1997: Classic Gold. 1/2000: Big AM (adult, rock). 4/11/2001: Classic Gold. 3/8/2007: Pulse Gold. 12/2008: Pulse 2.	Wireless	1 090 000 DABs 11B AM 1278 AM 1530
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PULSE 80S

80s Music Bradford, Calderdale and Kirklees Districts 1/1/2018.	Wireless	DABs 11B
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Q**Q RADIO**

Adult	Northern Media	1 160 000
Northern Ireland		a DABm 12D
Belfast area		a FM 96.7
Coleraine area		b FM 97.2
Ballycastle		h FM 97.6
South East Northern Ireland		c FM 100.5
Kilkeel, N Ireland		h FM 101.1
Newcastle, Northern Ireland		h FM 101.1
Fermangh & South Tyrone		d FM 101.2
Enniskillen, Fermanagh		h FM 102.1
Newtownabbey		a FM 102.5
Derry area		e FM 102.9
Cookstown & Maghera, NI		f 1 FM 06.0
Maghera, N Ireland		h FM 106.3
Dungannon area, N Ireland		f FM 107.2
Ballymena and Antrim		g FM 107.0
Larne, Northern Ireland		h FM 107.6
a: 6/9/1990: BCR. 1997: City Beat. 9/8/2015: Q Belfast		
b: 26/1/2000.		
c: 2006: Five FM. 2012: Q100.5		
d: 19/3/2002.		
e: 21/10/1993.		
f: 01/02/2003: Mid FM. 3/2004: +Dungannon. 2006: Six FM.		
2012: Q106-7		
g: 1/11/2005: Seven FM. 2012: Q107.		
h: added 2017		

QUAY FM

Mixed Format	Community	FM 107.1
Alderney		

R**RAINBOW RADIO**

African	Independent	
Central London		DABm 9A
Satellite 0207		

RAAJ FM

Panjabi	Community	
Sandwell, West Midlands		FM 91.3

RATHERGOOD RADIO

Adult	View TV	600 000
York and North Yorkshire		DABm 10C
Richmond area, North Yorks		a FM 102.6
Durham & N Co Durham		b FM 102.8
Darlington & S Co Durham		c FM 103.2
Bishop Auckland area		b FM 106.8
a: 4/5/1997: as part of Fresh Radio. 2012: Joined Star.		
b: 3/12/2005: Durham FM..		
c: 30/11/1995: A1 FM. 1997: Alpha 103.2.		
b/c: 2/11/2009: Star Radio. 2010: Stations merged (including Northallerton until 2017)		
All: 1/8/2017: Rathergood Radio.		

RED KITE RADIO

Mixed Format	Community	
Haddenham & Thame, Oxon		FM 107.2

REDROAD FM

Mixed Format	Community	
South Rotherham		FM 102.4

REPREZENT FM

Rhythmic New Music	Community	
Central London		DABs 9A
South London		FM 107.3

RESONANCE

Arts, Experimental	Community	
Central London		DAB+ 9A
Central London		FM 104.4

RESONANCE EXTRA

Arts, Experimental	Community	
Central London		DAB+ 9A
Brighton area		DAB+ 9A
Bristol		DAB+ 9A
Cambridge		DAB+ 7D
Norwich		DAB+ 9A

RADIO REVERB

Mixed Format	Community	
Brighton area		DAB+ 9A
Central and East Brighton		FM 97.2

REVIVAL RADIO

Christian	Community	
Cumbernauld & Kirkintilloch		FM 100.8

REVOLUTION FM

Adult	Independent	400 000
Manchester		DAB+ 10B
Oldham area		FM 96.2
30/8/1999.		

RIBBLE FM

Mixed Format	Community	
Clitheroe, Lancs		FM 106.7

RIDINGS FM

Oldies	Lincs	290 000
Wakefield area		FM 106.8
3/10/1999.		

RINSE FM

Rhythmic New Music	Community	
Central London		DABs 9A
Central London		FM 106.8

RNA FM

Mixed Music	Independent	30 000
Arbroath area		FM 96.6
Carnoustie		FM 107.5
Brechin Infirmary		FM 87.7
Stratchcaro Hospital, Brechin		FM 87.7
Montrose Royal Infirmary		FM 87.7
Whitehills Health Centre, Forfar		FM 87.7
25/11/1998.		

RNIB CONNECT RADIO

Talk for visually impaired	Community	
West Glasgow		FM 101.0
DTT 730		

ROCK FM

Contemporary, Adult	Bauer	1 340 000
Part of Hits Radio Network (England)		
Central and East Lancashire		DABs 12A
South, West & Cent Lancashire		FM 97.4
1/6/1990*: Red Rose Rock FM. 1996: Rock FM.		

ROCK FM 2

Oldies	Bauer	1 060 000
All programmes from Greatest Hits Network (England)		
Central and East Lancashire		DABs 12A
South, W & Cent Lancashire		AM 999
5/10/1982: Red Rose (Mixed format), 1/6/1990: Red Rose Gold (Oldies). 1996: Red Rose 999 (Oldies, Adult). 1/1999: Magic 999 (soft). 2003: oldies. 5/1/2015: Rock 2.		

ROCK SPORT

Rock, Sport	Independent	
Glasgow, Edinburgh, Central Scotland		DABs 11D
18/12/2017.		

ROTHER FM

Oldies, Adult	Lincs	250 000
Rotherham area		FM 96.1
15/10/2006.		

RTE RADIO 1

Format: Talk with Soft, Easy, Irish and Country music		
Broadcaster: RTE (Based: Dublin)		
Ireland, Wales, Western England & West Scotland		
		AM 252
Satellite 0160/750		
Airdate: 17/3/2004 on 252 (previously carried Atlantic 252		
1/9/1989-31/12/2001, Teamtalk 252 25/2/2002-31/7/2002)		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RTE 2FM

Contemporary, Adult	RTE	
Satellite 0164/751		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RTE LYRIC FM

Classical, Jazz	RTE	
Satellite 0165/752		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RTE RADIO NA GAELTACHTA

Irish Language	RTE	
Satellite 0166/753		
Also available on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		

RUGBY FM

Adult	Quidem	100 000
Shares programmes with Touch Radio		
Rugby area		FM 107.1
31/08/2002.		

RUTLAND RADIO

Oldies, Adult	Lincs	4 500
Stamford, Lincs		FM 97.4
Rutland		FM 107.2
13/12/1998.		

RWS FM

Mixed Format	Community	
Bury St Edmunds		FM 103.3

S**SABRAS SOUND**

Asian	Independent	610 000
Leicestershire		DABm 11B
Leicester area		AM 126.0
7/9/1995. (replaced Sunrise E Midlands 15/9/1992-7/9/1995)		

SALAAM RADIO

Muslim Community	Community	
Peterborough		FM 106.2

SALFORD COMMUNITY RADIO

Mixed Format	Community	
Salford and Swinton		FM 94.4

SANDGROUNDER RADIO

Oldies	Independent	
North East Wales, West Cheshire and Merseyside		DAB+ 10D
28/5/2016		

SANSKAR RADIO

Asian	Independent	
Leicestershire		DABm 11B

SAM FM (BRISTOL AND SWINDON)

Rock	Celador	620 000
Bristol, Bath and Avon		DABm 11B
Bristol		DABs 9A
Avon		a FM 106.5
Swindon area		b FM 107.7
a: 20/5/2007: Original 106. 2/12/2009: Jack FM. 1/4/2015: Sam FM		
b: 2/9/2006-24/3/2010: Brunel FM. 8/2010: TotalStar. 6/2011: More Radio. 28/5/2012: Jack FM. 1/4/2015: Sam FM. 6/2016: Stations merged		

SAM FM (SOUTH COAST)

Rock	Celador	2 020 000
Berkshire and North Hampshire		DABm 12D
Portsmouth		DABs 7D
S Hampshire, W Sussex, Wight		FM 106.0
Bournemouth area		FM 106.6
Winchester		FM 106.6
1/10/2006: Original 106. 10/2008: Coast. 4/7/2011: Jack FM. 1/4/2015: Sam FM. Berks & N Hants DAB added 9/2017.		

RADIO SANGAM

Asian	Community	
Glasgow		DAB+ 10B
North East Birmingham		DAB+ 9A
Manchester		DAB+ 10B
Huddersfield		FM 107.9

SCOTTISH SUN 80s

80s Music	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SCOTTISH SUN GREATEST HITS

Oldies	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SCOTTISH SUN HITS

Contemporary, Adult	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SEAHAVEN FM

Mixed Format	Community	
Newhaven & Seaford area		FM 96.3

SEASIDE RADIO

Mixed Format	Community	
Withernsea area, E Yorks		FM 105.3

SECKLOW SOUNDS

Mixed Format	Community	
Milton Keynes		FM 105.5

RADIO SCILLY

Mixed Format	Community	
Isles of Scilly		FM 107.9

SFM

Mixed Format	Community	
Sittingbourne, Kent		FM 106.9

SHEFFIELD LIVE

Mixed Format	Community	
Central Sheffield		FM 93.2

SHEPPEY FM

Mixed Format	Community	
Isle of Sheppey, Kent		FM 92.2

SHMU FM

Mixed Format	Community	
Aberdeen		FM 99.8

SIBC

Contemporary, Adult	Independent	23 000
Shetland Islands		FM 96.2
Lerwick, Shetland		FM 102.2
19/10/1991.		

SIGNAL 1

Contemporary, Adult	Wireless	970 000
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
East Cheshire		c FM 96.4
Stafford area		b FM 96.9
Stoke-on-Trent area		a FM 102.6
a: 5/9/1983.		
b: 1990: Signal. 15/10/1990: Echo 96. 1992: Signal.		
c: 1989: Signal Cheshire 15/10/1990: Echo 96. 1992: Signal Cheshire (merged with 104.9). 1997: Signal FM. 1/2000: Imagine FM. 2002: Signal 1 (separate from 104.9).		

SIGNAL 2

Oldies	Wireless	560 000
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
Stoke-on-Trent area		AM 1170
14/9/1992*: Signal Gold (oldies). 1997: Signal 2. 1/2000: Big AM (adult, rock). 9/2002: Signal 2 (oldies).		

SIGNAL 80s

80s Music	Wireless	
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
1/1/2018.		

SIGNAL 107

Adult	Wireless	1 350 000
Shrewsbury area		a FM 106.5
Oswestry, Shropshire		a FM 107.1
Kidderminster area		b FM 107.2
Telford area		c FM 107.4
Wolverhampton area		d FM 107.7
a: 18/9/2006: The Severn.		
b: 9/2005: The Wyre.		
c: 3/5/1999: Telford FM. 20/9/2010: The Severn (merged).		
d 7/10/1997: The Wolf.		
All: 26/3/2012: Signal 107.		

SILK FM

Soft, Adult	Dee Radio	230 000
East Cheshire		FM 106.9
25/5/1998.		

SINE FM

Mixed Format	Community	
Doncaster		FM 102.6

SIREN FM

New Music, Pop	Community	
Lincoln		FM 107.3

60s

60s Music	Community	
Portsmouth		DAB+7D

SKYLAB RADIO

Chill-out music	Independent	
Portsmouth		DAB+7D

SKYLINE COMMUNITY RADIO

Mixed Format	Community	
Hedge End, Botley, West End		FM 102.5

SMOOTH RADIO (NETWORK)

Format: Easy Listening and Oldies Music
Broadcaster: Global

SMOOTH UK

Easy Listening, Oldies	Global Radio	
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
Satellite 0128, DTT 718, Cable 916		

The following stations relay Smooth UK with local news and information:

SMOOTH RADIO (LONDON)

Easy Listening, Oldies	Global Radio	9 650 000
London area, Surrey, W Kent, Herts, Luton (Mx 1)		c DABs 12C
London area		FM 102.2
4/3/1990: Jazz FM (Jazz and Soul). Known as JFM 1994-95. 7/6/2005: Smooth 26/3/2007: Easy/Oldies format.		

SMOOTH RADIO (AM/DAB)

Easy Listening, Oldies	Global Radio	12 910 000
Separate News and Information is broadcast for each area		
Kent and Eastern London		a DABs 11C
Sussex		c DABs 10B
South Hampshire and Isle of Wight		d DABs 11C
East, South and Central Dorset		b DABs 11B
Berkshire and North Hampshire		e DABs 12D
Oxfordshire		DABs 10B
Gloucestershire		f DABs 10C
Bristol, Bath and Avon		g DABs 11B
West Wiltshire and Bath		g DABs 10D
Swindon area		g DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		h DABs 12D
Most of Essex		n DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		j DABs 10D
Northamptonshire		o DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		m DABs 12D
South and Central Cambridgeshire		m DABs 11C
Suffolk		l DABs 10C
East Norfolk		k DABs 10B
East Kent		a AM 603
Gloucestershire		f AM 774
Beds, NE Herts, SE Cambs		j AM 792
Bournemouth area		b AM 828
W & C Herts, S Beds, E Bucks		j AM 828
West Wiltshire		g AM 936
East Sussex		c AM 945
Plymouth area		h AM 1152
Swindon area		f AM 1161
Portsmouth area		d AM 1170
South and East Suffolk		l AM 1170
West Kent		a AM 1242
West Suffolk		l AM 1251
Brighton and South Sussex		c AM 1323
N Cambs, S Lincs, Rutland		m AM 1332
Central, North & SW Essex		n AM 1359
South East Essex		n AM 1431
Southampton area		d AM 1557
East Norfolk and NE Suffolk		k AM 1152
Northamptonshire		o AM 1557
a: 27/3/1989*: Coast AM (oldies). 1991: Invicta Supergold. 23/2/1998: Capital Gold.		
b: 15/9/1990*: 2CR Classic Gold: 1995: Classic Gold.		
c: 10/3/1991*: South Coast Radio (Talk, Nostalgia). 1995: oldies. 1996: +East Sussex 1/6/1998: Capital Gold.		
d: 4/12/1988*: Ocean Gold (Oldies). South Coast Radio (Talk, Nostalgia). 1995: oldies. 1/6/1998: Capital Gold.		
e: 1990*: 210 Classic Gold (oldies). 1997: + 1485.		
f: 1/10/1990*: Three Counties Radio (oldies), then Severn Sound Supergold. 1996: Classic Gold.		
g: 15/11/1988: Brunel Radio (oldies). 1997: Brunel Classic Gold. 1998: Classic Gold.		
h: 1994*: Plymouth Sound AM (oldies). 7/2/2000: Classic Gold.		
j: 15/7/1990*: Chiltern Supergold (oldies). 1996: Classic Gold.		
k, l: 24/9/1995*: Amber R (oldies). 1998: Classic Gold Amber.		
m: 14/4/1992*: WGMS (oldies). 18/3/1995: Classic Gold.		
n: 16/7/1989*: Breeze (oldies). 1/2001: Classic Gold Breeze.		
o: 15/7/1990*: Northants Radio Supergold (oldies). 1996: Classic Gold.		
All: 3/8/2007: Gold (oldies). 28/6/2010: National plus local news. 24/3/2014: Smooth Radio.		

SMOOTH RADIO (WALES)

Easy Listening, Oldies	Global Radio	910 000
Separate programmes Mon-Fri 1500-1900		
South Glamorgan, Mid Glamorgan, Gwent	a DABs 12C	
Conwy county	b DABs 12D	
Gwynedd and Anglesey	b DABs 10D	
East Clwyd & West Cheshire	b AM 1260	
South and Central Gwent	a AM 1305	
Cardiff & South Glamorgan	a AM 1359	
a: 15/7/1990*: Touch Radio (oldies). 7/1999: Capital Gold.		
3/8/2007: Gold. 24/3/2014: Smooth.		
b: 31/3/1989*: Marcher Gold (oldies). 2001: Classic Gold Marcher.		

The following stations opt-out of Smooth UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

SMOOTH RADIO (EAST MIDLANDS, NET)

Easy Listening, Oldies	Communicorp	2 500 000
Leicestershire	DABm 11B	
South and Central Nottinghamshire	DABm 12C	
South and Central Derbyshire, SE Staffordshire	DABm 10B	
Derby	FM 101.4	
East Midlands and Lincoln	FM 106.6	
11/02/2003 Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)		

SMOOTH RADIO (LAKES)

Oldies, Adult	Global Radio	100 000
Kendal, Cumbria	FM 100.1	
Windermere & Ambleside	FM 100.8	
Keswick	FM 101.4	
27/10/2001: Lakeland Radio. 4/2013: +Keswick. 5/3/2018: Smooth		

SMOOTH RADIO (NORTH EAST)

Easy Listening, Oldies	Communicorp	2 500 000
Tees Valley and County Durham	DABs 11B	
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, Durham, S Nthmb	FM 97.5	
Hexham & Tyne Valley	FM 96.4	
West Tyneside, Tyne & Wear	FM 107.5	
Cleveland	FM 107.7	
8/1/2008. National plus local news 4/10/2010-23/3/2014.		

SMOOTH RADIO (NORTH WEST)

Easy Listening, Oldies	Communicorp	5 670 000
Greater Manchester and North East Cheshire	DABs 12C	
Central and East Lancashire	DABs 12A	
Merseyside and West Cheshire	DABs 10C	
North West England	FM 100.4	
1/9/1994 as JFM (Jazz, Soul). 1995: Jazz FM. 3/2004: Smooth FM (Soul). 2007: Easy listening format. National plus local news 4/10/2010-23/3/2014.		

SMOOTH RADIO (SCOTLAND)

Easy Listening, Oldies	Global Radio	1 900 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Edinburgh, Lothian and South Fife	DABs 12D	
Glasgow and Clydeside area	FM 105.2	
7/9/2004 Saga FM. 26/3/2007: Smooth.		

SMOOTH RADIO (WEST MIDLANDS)

Easy Listening, Oldies	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country	DABs 11B	
Birmingham area, West Midlands, SE Staffs	DABs 11C	
Coventry and Warwickshire	DABs 12D	
West Midlands region	FM 105.7	
16/10/2001: Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)		

SMOOTH EXTRA

Easy Listening, Oldies	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
Satellite 0146		
Airdate: 27/12/2014		

SOLAR RADIO

Soul	Independent	
North East Birmingham ??	DAB+ 9A	
Brighton area	DAB+ 9A	
Central London	DABs 9A	
Norwich	DAB+ 9A	
Satellite 0129		

SOMER VALLEY FM

Mixed Format	Community	
Bristol	DABs 9A	
Midsomer Norton, Avon	FM 97.5	

SOUNDART RADIO

Mixed Format	Community	
Totnes	FM 102.5	

SOUL TRAIN RADIO

Classic Soul	Independent	
Bristol, Bath and Avon	DABm 11B	

THE SOURCE

Mixed Format	Community	
Falmouth & Penryn	FM 96.1	

SOUT AL KALEEJ

Arabic Community	Independent	
London area, Surrey, W Kent, Heris, Luton (Mx 2)	DABm 12A	

SPARK FM

Contemporary, New Music	Community	
Sunderland	FM 107.0	

SPEYSOUND RADIO

Mixed Format	Community	
Badenoch & Strathspey	FM 107.1	

SPICE FM

Asian	Community	
Newcastle	FM 98.8	

SPIRE FM

Adult, Oldies	UKRD	100 000
South Wiltshire	FM 102.0	
20/9/1992.		

SPIRIT FM

Adult, Oldies	UKRD	240 000
Chichester and Bognor Regis	FM 96.6	
Littlehampton and Arundel	FM 102.3	
North West Sussex	FM 106.6	
21/4/1996. 1997: +Littlehampton. 2005: +Midhurst		

RADIO ST AUSTELL BAY

Mixed Format	Community	
St Austell, Cornwall	FM 105.6	

STAFFORD FM

Mixed Format	Community	
Stafford	FM 107.3	

STAR 107

Adult	Independent	270 000
Cambridge	DABs 7D	
Ely and Littleport area	a FM 107.1	
Cambridge area	b FM 107.9	
a: 4/10/1999: X-Cel FM. 5/11/2001: Star		
b: 23/3/1998: Cambridge Cafe Radio. 1998: Cambridge Red.		
31/7/2000: The Eagle. 21/6/2001: Star.		
Both: 2004: Stations Merged		

STARPOINT

Soul	Community	
North East Birmingham	DAB+ 9A	
Portsmouth	DAB+7D	

STRAY FM

Adult, Oldies	UKRD	250 000
York and North Yorkshire	DABs 10C	
Harrogate area	a FM 97.2	
Pateley Bridge, North Yorks	b FM 107.1	
Ilkley area, West Yorks	b FM 107.1	
Skipton town	b FM 107.1	
Craven District, incl Skipton	b FM 107.8	
a: 4/7/1994.		
b: 4/5/1997: Yorkshire Dales Radio on AM. 1999: Fresh R. 2007: +Ilkley and Pateley FM. 2012: Move to FM and join Stray FM.		

SUFFOLK FIRST

Oldies, Country	Lincs	
Suffolk	DABm 10C	

SUKH SAGAR

Asian religious	Independent	
Satellite 0150		

SUN FM

Adult, Oldies	Nation Broadcasting	390 000
Sunderland area	FM 103.4	
5/11/1990: Wear FM. 1/7/1995: Sun City. 1997: Sun FM.		

SUNNY GOVAN RADIO

Mixed Format	Community	
Govan, Glasgow	FM 103.5	

SUNRISE RADIO (UK)

Format: Asian	Broadcaster: Independent	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	DABm 11A	
East and Central London	AM 963	
West and Central London	AM 972	
Airdate (London): 1/9/2003: Club Asia. 2009: Buzz		
Asia. 12/2013: Sunrise R2. 2/2014: Sunrise Radio. (Replaced		
3/7/1995: Radio Viva. 1996-2/7/2003: Liberty Radio).		
Airdate (National DAB): 29/2/2016.		

SUNRISE RADIO (YORKSHIRE)

Asian	Independent	430 000
Bradford, Calderdale and Kirklees Districts	DABm 11B	
Manchester	DAB+m 10B	
Glasgow	DABm 10B	
Bradford area	FM 103.2	
9/12/1989: Bradford City Radio. 1991: Sunrise.		

SUNSHINE RADIO (LUDLOW)

Adult, Oldies	Laser	110 000
S Shropshire & N Herefordshire	FM 105.9	
FM transmitter is to relocate to Clee Hill on a new frequency		
S Shropshire & N Herefordshire	AM 855	
18/10/1992 on AM. FM added 5/2013.		

SUNSHINE (HEREFORDSHIRE AND MONMOUTHSHIRE)

Adult, Oldies	Laser	220 000
Herefordshire and Worcestershire	DABs 12A	
Gloucestershire	DABs 10C	
Herefordshire	FM 106.2	
East Monmouthshire	FM 107.0	
Abergavenny & Usk Valley	FM 107.8	
14/12/2007.		

SUSY RADIO

Mixed Format	Community	
Reigate and Redhill, Surrey	FM 103.4	

SWANSEA BAY RADIO

Adult, Oldies	Nation Broadcasting	400 000
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire		
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
Swansea area	FM 102.1	
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio		

SWANSEA SOUND

Oldies	Wireless	450 000
West Glamorgan and SW Carmarthenshire	DABs 12A	
Swansea area	AM 1170	
30/9/1974.		

SWINDON 105

Mixed Format	Community	
Swindon	FM 105.5	

SWITCH RADIO

Mixed Format	Community	
North East Birmingham	DAB+ 9A	
NE Birmingham & Solihull	FM 107.5	

T**TAKEOVER RADIO (LEICESTER)**

Childrens Leicester	Community	FM 103.2
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TAKEOVER RADIO (ASHFIELD)

Childrens Sutton in Ashfield area	Community	FM 106.9
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TALK SPORT

Format: Sport	Broadcaster: Wireless	
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
Glasgow, Edinburgh, Central Scotland	DABm 11D	
Aberdeen, Aberdeenshire	DABm 11C	
Ayrshire	DABm 11B	
London & South East England	AM 1089	
West Kent, N Sussex, E Surrey	AM 1053	
North Sussex and East Surrey	AM 1107	
South East Kent & S East Sussex	AM 1107	
Brighton and South Sussex	AM 1053	
S Hampshire & Isle of Wight	AM 1107	
Bournemouth area	AM 1053	
Exeter area	AM 1053	
Torbay area	AM 1107	
Plymouth area	AM 1053	
West Cornwall	AM 1089	
South Wales & West England	AM 1089	
Central England	AM 1053	
Norfolk and Suffolk	AM 1053	
Lincs, Peterborough, KingsLynn	AM 1107	
Nottinghamshire, E Derbyshire	AM 1071	
Merseyside and North Ctwyd	AM 1107	
NW England, Yorks, N Wales	AM 1089	
Humberside	AM 1053	
Cleveland, S Durham, N Yorks	AM 1053	
Tyneside, N Durham, S Nthmb	AM 1071	
SW Scotland, N & W Cumbria	AM 1053	
Central Scotland	AM 1089	
East Tayside	AM 1053	
Aberdeen and East Grampian	AM 1089	
North Scotland	AM 1053	
Belfast & East Northern Ireland	AM 1089	
Derry area	AM 1053	
96% daytime coverage		
Marginal reception is available in most other areas except parts of NW Scotland and Fermanagh		
Satellite 0108, DTT 723, Cable 927		
Airdate: 14/2/1995 as Talk Radio (Talk and News format), Sport phased in 1998-2000. Talk Sport from 17/1/2000		

TALK SPORT 2

Format: Sport	Broadcaster: Wireless	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	DABm 11A	
Aberdeen, Aberdeenshire To close	DABm 11C	
Airdate: 15/3/2016.		

TALK RADIO

Format: Talk	Broadcaster: Wireless	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	DABm 11A	
Aberdeen, Aberdeenshire To close	DABm 11C	
Airdate: 21/3/2016.		

TAMESIDE COMMUNITY RADIO

Mixed Format Tameside	Community	FM 103.6
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TAY FM

Contemporary, Adult	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
Dundee	FM 96.4	
Perth area	FM 96.4	
East Tayside and North Fife	FM 102.8	
9/1/1995*. 2007: +Dundee relay.		

TAY 2

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
East Tayside	AM 1161	
Perth area	AM 1584	
17/10/1980: Radio Tay (mixed format). 9/1/1995: Radio Tay AM. 1/2015: Tay 2.		

TCR FM

Pop, New Music Tamworth, Staffs	Community	FM 106.8
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TD1 RADIO

Mixed Format Galashiels, Scottish Borders	Community	FM 106.5
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TEMPO FM

Mixed Format Wetherby, W Yorks	Community	FM 107.4
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10 RADIO

Mixed Format Wiveliscombe, Somerset	Community	FM 105.3
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TFM

Contemporary, Adult	Bauer	1 070 000
Part of Hits Radio Network (England). Shares all programmes with Metro Radio.		
Tees Valley and County Durham	DABs 11B	
Cleveland, Durham, N Yorks	FM 96.6	
24/6/1975: Radio Tees. 1/1/1988: TFM. 8/4/2013: All programming taken from Metro.		

TFM2

Oldies	Bauer	960 000
All programmes from Greatest Hits Network (England)		
Tees Valley and County Durham	DABs 11B	
Cleveland and Darlington	AM 1170	
8/4/1989*: Great North Radio (oldies) 2/1998: Magic 1170 (soft). 2003: oldies. 5/1/2015: TFM 2.		

THREE FM

Adult/Oldies	Independent	65 000
Ramsay, Isle of Man	FM 104.2	
Port Erin, Isle of Man	FM 104.2	
South and East Isle of Man	FM 105.0	
Peel and West Isle of Man	FM 106.2	
Central Isle of Man	FM 106.6	
18/11/2004.		

3TFM

Mixed Format Saltcoats, Ayrshire	Community	FM 103.1
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TIME 107.5 FM

Adult, Soul	Lyca Media	480 000
Romford, Barking, Dagenham	FM 107.5	
18/5/1998 as Active FM (Adult/ Soul). Soul FM from 18/3/2002. Time from 7/2004.		

RADIO TIRCOED

Mixed Format NW Swansea	Community	FM 106.5
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TMCR

Mixed Format Thorne-Moorends, South Yorks	Community	FM 95.3
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TOPE FM

Mixed Format Taunton	Community	FM 107.8
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TOTAL ACCESS

Contemporary, New Music	Wireless Group	
West Glamorgan and SW Carmarthenshire	DABs 12A	
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
Bradford, Calderdale and Kirklees Districts	DABs 11B	
1/1/2018.		

TOTALLY RADIO

Mixed Music Based: Brighton	Community	
Brighton area	DAB+ 9A	
Norwich	DAB+ 9A	
Portsmouth	DAB+7D	

TOUCH RADIO

Adult, Contemporary	Quidem	1 340 000
North East Birmingham	DAB+ 9A	
Coventry	a FM 96.2	
Lichfield & Tamworth area	b FM 101.6	
S & C Warwicks, E Worcs	c FM 102.0	
Burton & Swadlincote area	b FM 102.4	
Warwick & Leamington Spa	c FM 107.3	
a: 28/8/1990: Radio Harmony (Ethnic and mixed format). 1995: Kix (Dance and Pop). 16/1/2006: Touch.		
b: 1/6/1998: Centre FM. 5/2006: Touch.		
c: 24/5/1996: The Bear. 16/1/2006: Touch. 7/4/2008: +Warwick (initially with some separate programmes).		

TOWER FM

Adult	Wireless	450 000
Bolton and Bury area		FM 107.4
20/3/1999.		

TOWN RADIO

Oldies, Adult	Celador	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Radio Norwich		
Suffolk	DABm 10C	
Ipswich area UNTIL 18/10/2018.	FM 102.0	
19/10/2006.		

TRAFFORD SOUND

Mixed Format Manchester	Community	DAB+ 10B
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TRAX FM

Oldies, Adult	Lincs	390 000
South Yorkshire, North Notts, Chesterfield	DABs 11C	
Doncaster area	a FM 107.1	
North Nottinghamshire	b FM 107.9	
a: 5/9/1999.		
b: 2/11/1998.		

TRICKSTAR

New Music Brighton area	Community	DAB+ 9A
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TUNDO FM

Mixed Format Llandudno, Wales	Community	FM 107.8
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2BR

Adult, Oldies	Global Radio	700 000
Central and East Lancashire	DABm 12A	
Chorley	a FM 96.3	
Burnley, Nelson and Colne	c FM 99.8	
Preston and Leyland area	a FM 106.5	
Blackburn & Darwen area	b FM 107.0	
a: 10/2008: Central R. 11/2011: The Bee. 12/2012: +Chorley. 6/2016: 2BR		
b: 1/10/2005: The Bee. 6/2016: 2BR		
c: 25/7/2000. 6/2016: Stations merged		

TWO LOCHS RADIO

Mixed Music	Independent	2 000
Loch Gairloch, W Highland	FM 106.0	
Lochs Ewe & Maree, W Hghld	FM 106.6	
11/2003.		

TWR

Christian	Independent	
Satellite 0138		

RADIO TYNESIDE

Mixed Format, Hospital	Community	
Newcastle and Gateshead	FM 93.6	

U**U105**

Oldies, Easy, Talk
Northern Ireland
Belfast area
14/11/2005.

Wireless Group
700 000
DABm 12D
FM 105.8

UCB 1

Format: Christian Contemporary Music
Broadcaster: UCB
England, Wales and Northern Ireland (D1 Mux)
Scotland (D1 Mux)
Airdate 26/04/1993 as UCB UK (Analogue satellite), DAB from 2007. UCB 1 from 1/2016.

Based: Stoke-on-Trent
DABm 11D
DABm 12A
DABm 11A

UCB 2

Format: Christian Soft Adult Contemporary Music
Broadcaster: UCB
Most of England, South Wales, Central/NE
Eastern Northern Ireland (SD Mux)
Airdate on SD Mux: 29/2/2016 (previously UCB Inspirational)

Based: Stoke-on-Trent
DABm 11D
DABm 12A
DABm 11A

UCB IRELAND

Christian
Satellite 0214

UCB Ireland

UCKFIELD FM

Mixed Format
Uckfield, East Sussex

Community
FM 105.0

UJIMA RADIO

Rhythmic Music
Bristol
Bristol

Community
DABs 9A
FM 98.0

UNION JACK

Format: British Pop and Rock Music
Broadcaster: Oxis Media
Most of England, South Wales, Central/NE
Eastern Northern Ireland (SD Mux)
Airdate: 3/9/2016.

Scotland, Central/
DAB+ 11A

UNITED DJS

Oldies
Portsmouth

Community
DAB+7D

UNITY RADIO

Dance and Rhythm
Manchester
Manchester

Community
DAB+m 10B
FM 92.8

UNITY FM

Muslim Community
North East Birmingham
East Birmingham

Community
DAB+m 9A
FM 93.5

UNITY 101

Asian
Southampton

Community
FM 101.1

URF

New Music (Student)
Brighton area

Community
DAB+ 9A

UWS RADIO

New Music
Ayrshire
University of Paisley, Ayr

Student RSL
DABm 11B
FM 87.7

V**VECTIS RADIO**

Mixed Format
Newport, Isle of Wight

Community
FM 104.6

RADIO VERULAM

Mixed Format
St Albans

Community
FM 92.6

VIBE FM

New Music, Pop
Watford, Herts

Community
FM 107.6

VIBE FM

Mixed Format
Enniskillen

Community
FM 105.3

VIKING FM

Contemporary, Adult
Part of Hits Radio Network (England)
East Yorkshire and North Lincolnshire
Humberside
17/4/1984.

Bauer
960 000
DABs 11B
FM 96.9

VIKING 2

Oldies
All programmes from Greatest Hits Network (England)
East Yorkshire and North Lincolnshire
Humberside
1/5/1989*: *Classic Gold (oldies)*. 13/9/1993: *Great Yorkshire Gold*. 12/2/1997: *Magic 1161 (soft)*. 2003: *oldies*. 5/1/2015:
Viking 2.

Bauer
790 000
DABs 11B
AM 1161

VIRGIN RADIO

Format: Rock Music
Broadcaster: Wireless
Most of England, South Wales, Central/NE
Eastern Northern Ireland (SD Mux)
Aberdeen, Aberdeenshire To close
Airdate: 30/3/2016.

Scotland, Central/
DABm 11A
DABm 11C

VITA RADIO

Oldies
Manchester

Independent
DAB+ 10B

VIXEN 101

Mixed Format
Mkt Weighton & Pocklington

Community
FM 101.8

THE VOICE

Mixed Format
East Devon, Exeter and Torbay
North and Central Devon
Barnstaple, Devon
Bideford, Devon
Ilfracombe, Devon

Community
DABm 11C
DABm 10C
FM 106.1
FM 107.8
FM 107.8

VOICE FM

New Music
Southampton

Community (Student)
FM 103.9

VOICE FM

Mixed Format
Middlesborough

Community
FM 104.5

VOICE OF ISLAM

Islamic
London area, Surrey, W Kent, Herts, Luton (Mx 3)

Independent
DABm 11B

W**RADIO WARRINGTON**

Mixed Format
Warrington

Community
AM 1332

WAVE FM

Adult
Blackpool area
25/5/1992: *Radio Wave*. 1998: *Wave FM*.

Wireless
330 000
FM 96.5

WAVE 80s

80s Music
West Glamorgan and SW Carmarthenshire
1/1/2018.

Wireless
DABs 12A

THE WAVE 96.4

Contemporary
West Glamorgan and SW Carmarthenshire
Swansea area
30/9/1995*: *Sound Wave*. 1998: *The Wave*.

Wireless
400 000
DABs 12A
FM 96.4

WAVE 102

Adult
Dundee
Perth area
a: 30/8/1999: *Discovery FM*. 3/2000: *Wave*.
b: 5/11/2008: *Perth FM*. 4/2011: *Heartland*. 1/2017: *Wave*

Independent
150 000
a FM 102.0
b FM 106.6

WAVE 105

Oldies
South Hampshire and Isle of Wight
East, South and Central Dorset
S Hampshire, W Sussex, Wight
Bournemouth area
14/6/1998.

Bauer
2 020 000
DABs 11C
DABs 11B
FM 105.2
FM 105.8

WAVES RADIO

Adult
Aberdeen, Aberdeenshire
North East Grampian
6/12/1997.

Independent
60 000
DABm 11C
FM 101.2

WCR

Mixed Format
Warminster

Community
FM 105.5

WCR FM

Mixed Format
Wolverhampton

Community
FM 101.8

WEATHER 24/7 RADIO

Weather
Aldershot and Woking area
Norwich
Portsmouth

Independent
DAB+m 8A
DAB+m 9A
DAB+m 7D

WESSEX FM

Adult, Oldies
West Dorset
Dorchester and Weymouth
4/9/1993.

UKRD
150 000
FM 96.0
FM 97.2

WEST FM

Contemporary, Adult
Part of Hits Radio Network (Scotland)
Ayrshire
Ayrshire
Girvan, Ayrshire
Largs, Rothesay, Clyde Mouth
1997* (previously relayed West Sound)

Bauer
320 000
DABs 11B
FM 96.7
FM 97.5
FM 106.7

WEST HULL COMMUNITY RADIO

Mixed Format
West Hull

Community
FM 106.9

WEST SOMERSET RADIO

Mixed Format
Minehead

Community
FM 104.4

WEST SOUND

Oldies
All programmes from Greatest Hits Network (Scotland)
Ayrshire
Ayrshire
16/10/1981.

Bauer
420 000
DABs 11B
AM 1035

WEST SOUND (SOUTH)

Oldies, Adult	Bauer	140 000
Opts out of Greatest Hits Network (Scotland)		
Stranraer area, D & G		FM 96.5
Dumfriesshire		FM 97.0
Wigtown Bay area, D & G		FM 103.0
21/5/1990: South West Sound. 1997: + Stranraer and Wigtown Bay. 2008: West Sound.		

WESTSIDE COMMUNITY RADIO

Rhythmic Music	Community	
Southall, W London		FM 89.6

WEY VALLEY RADIO

Mixed Format	Community	
Alton, Hampshire		FM 101.1

RADIO WINCHCOMBE

Mixed Format	Community	
Winchcombe, Gloucs		FM 107.1

WIRE FM

Adult	Wireless	310 000
Warrington, Runcorn, Widnes		FM 107.2
1/9/1998.		

THE WIRELESS

Oldies and Easy Listening		
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	

WISH FM

Adult	Wireless	550 000
Wigan & Skelmersdale area		FM 102.4
1/4/1997.		

WITNEY RADIO

Mixed Format	Community	
Witney, Oxfordshire		FM 99.9

RADIO WOKING

Mixed Format	Community	
Aldershot and Woking area		DABs 8A

WRN EUROPE

News, Talk	Independent	
Satellite 0122/728, Cable 920		
Carries programmes from various international broadcasters		

WYCOMBE SOUND

Mixed Format	Community	
High Wycombe		FM 106.6

WYTHENSHAW FM

Mixed Format	Community	
Wythenshawe, Gt Manc		FM 97.2

XYZ**RADIO X**

Format: Rock Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area	FM 104.9	
Greater Manchester	FM 97.7	
Satellite 0113/723, Cable 960		
Airdate: 1/9/1997 as XFM in London, 6/2000: Other areas on DAB, 23/1/2006 Absorbed Storm network (airdate 31/1/2001), 15/3/2006 added FM in Manchester. 21/9/2015: Renamed Radio X and joined national DAB		

RADIO XL

Asian	Independent	3 560 000
Shropshire, Wolverhampton, Black Country	DABm 11B	
West Midlands	AM 1260	
30/5/1995.		

XS MANCHESTER

Rock, Talk	Communicorp	2 300 000
Manchester	DAB+ 10B	
Greater Manchester	FM 106.1	
6/5/2008: Rock Radio. 5/9/2011: Real Radio XS. 1/3/2016: XS Manchester		

YOUR RADIO

Adult	Independent	220 000
Glasgow	DABs 10B	
Dumbarton area	FM 103.0	
Helensburgh	FM 106.9	
30/5/2001: Castle Rock FM. 11/2003: Your Radio. 12/2003: +Helensburgh area.		

YOUR FM

Mixed Format	Community	
Stockport		FM 107.8

YOUTHCOMM RADIO

Pop, New Music	Community	
Worcester		FM 106.7

YORKSHIRE COAST RADIO

Adult, Oldies	UKRD	160 000
York and North Yorkshire	a DABs 10C	
Scarborough & E North Yorks	a FM 96.2	
Bridlington, East Yorkshire	b FM 102.4	
Whitby, North Yorkshire	a FM 103.1	
a: 7/11/1993. b: 7/11/1999.		

ZACK FM

Mixed Format	Community	
Cambridge	DAB+ 7D	
Norwich	DAB+ 9A	
Forest Heath, Suffolk	FM 105.3	

ZEST LIVERPOOL

Adult	Independent	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	

ZETLAND FM

Mixed Format	Community	
Redcar and East Cleveland		FM 105.0

ZONE ONE RADIO

Mixed Format	Community	
Central London		DAB+ 9A

Institution Radio

Services are only intended for reception in the immediate vicinity of the institution, though the AM services will be receivable within a few kilometres. Institutional licences used to supplement coverage of larger scale services are included in the main list.

HOSPITALS

FM Stations		
Bridge FM	Royal Dundee Liff Hospital	87.7
	Nine Wells Hospital, Dundee	87.7
	Royal Victoria Hospital, Dundee	87.7
	Ashludie Hospital, Monifieth	87.7
	Hospital, Aberystwyth	87.8
	Hospital, Carmarthen	87.7
	Derriford Hospital, Plymouth	87.7

Radio Bronglais

Hospital R Glangwili		
Hospital R Plymouth		
AM Stations		
Anker Radio	George Eliot Hosp, Nuneaton	1386
Basildon Hospital R	Basildon Hospital, Essex	1287
Carillon Radio	Loughborough Hospital	1386
Radio Cavell	Royal Oldham Hospital	1350
Chichester Hospital R	St Richards Hosp, Chichester	1431
Radio Clatterbridge	Clatterbridge Hospital, Wirral	1386
Radio City Swansea	Singleton Hospital, Swansea	1386
Radio Gwendolen	Leicester General Hospital	1287
Hemel Hospital Radio	Hemel Hempstead General H	1350
Hospital Radio Yare	James Paget H, Gt Yarmouth	1350
Kingstown Radio	Hull Royal Infirmary	1350
Luton & Dunstable H R	Luton & Dunstable hospitals	1134
Mid Downs H R	Princess Royal H, Haywards H	1350
Radio Nightingale	Rotherham District General H	1350
Radio Redhill	East Surrey Hospital, Redhill	1431
Sheffield Hospital Radio	Northern General, Sheffield	1431
Stoke Mandeville H R	Stoke Mandeville H, Aylesbury	1575
Radio Storrford	Bishops Storrford Hospital	1350
Trust AM	Bassetlaw Dist. Gen, Worksop	1278

UNIVERSITIES, COLLEGES AND SCHOOLS

FM Stations		
Bairrigg FM	Lancaster University	87.7
Fresh FM	N Devon College, Barnstaple	87.7
HCC Radio	Honiton Community College	87.7
Storm FM	University of Bangor	87.7
Xpression	University of Exeter	87.7
AM Stations		
Acacia Radio	Acacia C., Kirby-in-Ashfield	1287
Blast 1386	Reading College	1386
The Hub unconfirmed	University of Bristol	1449
RAW R unconfirmed	University of Warwick	1251
THIS R unconfirmed	Liverpool Hope Univ College	1350
University Radio Bath	University of Bath	1449
University Radio York	University of York	1350

SPORTS VENUES (PART-TIME)

FM Stations		
Radio Brands	Brands Hatch Circuit, Kent	87.7
The Baggies	West Bromwich Albion FC	102.7
Donnington FM	Donnington Park Circuit, Leics	87.7
Knockhill FM	Knock Hill Circuit, Fife	87.7
Nitro FM	Santa Pod Circuit, Northants	96.2
Radio Silverstone	Silverstone Circuit, Northants	87.7
Somerset Cricket	Somerset County Cricket Club	87.7
Radio Thruxton	Thruxton Circuit, Andover	87.7

AM Stations		
Radio Silverstone	Silverstone Circuit, Northants	1602
(Radio Silverstone uses FM and AM for different events)		

OTHER INSTITUTIONS

FM Stations		
Cornucopia Radio	Cornucopia Park, St Austell	87.7
Moonbeamers Drive-In	Drive-in, Billericay, Essex	87.7
Moonlight, Drive-in	Drive-in, Castleford, W Yorks	97.7
Moonlight, Drive-in	Drive-in, Paddock Wood, Kent	106.1
60 North FM (Tourist)	Brae, Shetland	87.7
	Bressay & Ross Nature Rsv, Shetl	87.7
	Esha Ness, Shetland	87.7
	Haroldswick, Shetland	87.7
	Sumburgh Head, Shetland	87.7
	Walls Marina, Shetland	87.7

AM Stations		
Brill AM	Brill Village, Buckinghamshire	1449