

Independent Radio (Alphabetical order)

Frequency Finder

Commercial and community radio stations are listed together in alphabetical order. National, local and multi-city stations are listed together as there is no longer a clear distinction between them.

For maps and transmitter details see:

- Digital Multiplexes
 - FM Transmitters by Region
 - AM Transmitters by Region
- FM and AM transmitter details are also included in the frequency-order lists.

Most stations broadcast 24 hours.

Stations will often put separate adverts, and sometimes news and information, on different DAB multiplexes or FM/AM transmitters carrying the same programmes. These are not listed separately.

Local stations owned by the same broadcaster often share overnight, evening and weekend, programming.

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

STATION

Format Broadcaster Coverage (AM/FM)
 Programme sharing information (where relevant)
 DAB Coverage area DAB channel
 FM/AM Coverage area FM/AM Frequency
Airdate and historical notes
 m = mono, s = stereo. FM and DAB+ transmissions are stereo unless indicated otherwise. All AM transmissions are mono
 * denotes frequencies previously relayed corresponding FM or AM service

A

ABBEY 104

Mixed Format	Community	
Sherborne, Dorset		FM 104.7

ABC

Mixed Format	Community	
Portadown, County Down		FM 100.2

ABSOLUTE RADIO

Format: Rock Music
 Broadcaster: Bauer
 England, Wales and Northern Ireland (D1 Mux) DABm 11D
 Scotland (D1 Mux) DABm 12A
 London area, Surrey, W Kent, Herts, Luton (Mx 1) a DABs 12C
 London area a FM 105.8
 London, Herts, Essex, S Beds AM 1215
 South East Kent & S East Sussex AM 1260
 Brighton and South Sussex AM 1197
 S Hampshire & Isle of Wight AM 1215
 Bournemouth area AM 1197
 South Wales, Avon, Somerset AM 1215
 Gloucestershire AM 1197
 Western Midlands Region AM 1215
 Oxfordshire AM 1197
 Northamptonshire AM 1233
 South East Suffolk & NE Essex AM 1233
 East Norfolk & NE Suffolk AM 1215
 Lincs, Peterborough, Kings Lynn AM 1242
 Nottingham and Derby area AM 1197
 Stoke-on-Trent area AM 1242
 NW England & Yorkshire AM 1215
 Cleveland, S Durham, N Yorkshire AM 1242
 Tyneside, N Durham, S Northumberland AM 1215
 Central Scotland AM 1215
 Belfast & East Northern Ireland AM 1215

85% daytime coverage.
 Marginal reception is available in most other areas except NW Scotland, W Northern Ireland, South Scotland and North Cumbria and parts of Cornwall and the Cardigan Bay area
 Satellite 0107/724, DTT 727, Cable 915
 Airdate: 30/4/1993 as Virgin Radio. Absolute from 29/9/2008
 The AM service originally used more transmitters. Gatwick closed in 2011; Reading in May 2015; Cambridge, Dundee Guildford, Hoo (Thames Estuary) and Swindon in May 2018; Aberdeen, Hull, Plymouth, Redruth (Cornwall), Sheffield, Torbay and Wallasey (Mersey-side) in June 2018.
 a: 10/4/1995. Absolute from 29/9/2008
 Absolute was also available on FM in the West Midlands from 7/9/2015 to 16/12/2018

ABSOLUTE RADIO 00s

00s Rock and Pop	Bauer	
Inverness area		DABm 12D

ABSOLUTE RADIO 60s

60s Rock and Pop	Bauer	
Inverness area		DABm 12D

ABSOLUTE RADIO 70s

70s Rock and Pop	Bauer	
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B

ABSOLUTE 80s

Format: 80s Rock and Pop Music
 Broadcaster: Bauer
 Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux) DABm 11A
 Satellite 0200/726
 Airdate: 2009 (Moved from D1 Mux on 29/2/2016)

ABSOLUTE RADIO 90s

Format: 90s Rock and Pop Music
 Broadcaster: Bauer
 Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux) DABm 11A
 National and Local DAB duplication will eventually cease
 Satellite 0201
 Airdate: 2010 (Moved from D1 to local multiplexes on 5/11/15; returned to D1 29/1/18); Moved to SD mux and left local muxes 4/2/19)

ABSOLUTE RADIO CLASSIC ROCK

Format: Classic Rock Broadcaster: Bauer
 London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11D
 Shropshire, Wolverhampton, Black Country DABm 11B
 Birmingham area, West Midlands, SE Staffs DABm 11C
 Coventry and Warwickshire DABm 12D
 South Yorkshire, North Notts, Chesterfield DABm 11C
 Leeds and Wakefield Districts DABm 12D
 East Yorkshire and North Lincolnshire DABm 11B
 Tees Valley and County Durham DABm 11B
 Tyne and Wear, North Durham, Northumberland DABm 11C
 Greater Manchester and North East Cheshire DABm 12C
 Central and East Lancashire DABm 12A
 Merseyside and West Cheshire DABm 10C
 Ayrshire DABm 11B
 Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk DABm 11C
 Edinburgh, Lothian and South Fife DABm 12D
 Dundee, Angus, Perth & Kinross, North Fife DABm 11B
 Inverness area DABm 12D
 Northern Ireland DABm 12D
 Wolverhampton area a AM 990
 Shropshire a AM 1017
 Birmingham area b AM 1152
 Satellite 0203/725

Airdate (London DAB): 5/2004 (as Virgin Radio Classic Rock).
 Absolute Radio Classic Rock from 29/9/2008. Other DAB areas from 2010; coverage has subsequently varied.
 a: 15/1/1989*: WABC (Nostalgia). 31/12/1990: +Shropshire added. 1991: oldies format. 1997: Classic Gold WABC.
 3/8/2007: Gold. 4/9/2012: Free Radio 80s. 7/11/2019: Absolute Radio Classic Rock.
 b: 4/4/1989*: Xtra AM (oldies). 1/6/1998: Capital Gold.
 3/8/2007: Gold. 4/9/2012: Free Radio 80s. 7/11/2019: Absolute Radio Classic Rock.

ACADEMY FM (FOLKESTONE)

Mixed Format	Community	
Folkestone		FM 105.9

ACCESS FM

Mixed Format	Community	
Bridgwater, Somerset		FM 104.2

ADVENTIST WORLD RADIO

Christian	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A

AHBS COMMUNITY RADIO

Mixed Format, Health	Community	
Ashford, Kent		FM 107.1

AIR

Mixed Format	Community	
Weymouth, Dorset		FM 107.2

RADIO AIRE

Contemporary, Adult	Bauer	1 100 000
Part of Hits Radio Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		FM 96.3

1/9/1981.

AKASH RADIO

Asian	Community	
Leeds		AM 1323

ALIVE RADIO

Mixed Format	Community	
Dumfries		FM 107.3

ALL FM

Mixed Format	Community	
South Manchester		FM 96.9

AMBER SOUND FM

Mixed Format	Community	
Amber Valley, Derbyshire		FM 107.2

AMBUR RADIO

Asian	Community	
North East Birmingham		DAB+ 9A
Walsall		FM 103.6

ANDOVER RADIO

Mixed Format	Community	
Andover, Hampshire		FM 95.9

ANGEL RADIO

Nostalgia	Community	
Based: Havant, Hampshire		
South Hampshire and Isle of Wight	DABm 11C	
North East Birmingham	DABm 9A	
Brighton area	DAB+m 9A	
Bristol	DAB+m 9A	
Cambridge	DABm 7D	
Central London	DAB+m 9A	
Glasgow	DAB+m 10B	
Norwich	DAB+m 9A	
Aldershot and Woking area	DABm 8A	
Portsmouth and Havant, Hants	FM 89.3	

ANGEL RADIO (ISLE OF WIGHT)

Nostalgia	Community	
Isle of Wight		FM 91.5

APPLE FM

Mixed Format	Community	
Taunton		FM 97.3

APNI AWAZ

Asian	Independent	
Satellite 0125		

ARGYLL FM

Adult, Contemporary	Independent	25 000
Campbeltown		FM 106.5
West Kintyre, S Islay, Gigha		FM 107.1
S Knapdale, East Islay, Jura		FM 107.7
17/6/2000.		

THE ARROW

Classic Rock/ Rock	Global	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A

ASHBOURNE RADIO

Adult, Oldies	Independent	20 000
Opt-out of High Peak Radio		
Asbourne area, Derbyshire		FM 96.7
Wirksworth, Derbyshire		FM 101.8
Uttoxeter, Staffordshire		FM 101.8
6/2008, 2010: +Wirksworth. 10/2015: +Uttoxeter		

RADIO ASIAN FEVER

Asian	Community	
North Leeds		FM 107.3

ASIAN FX

Asian Contemporary Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+ 12A
7/3/2016		

ASIAN SOUND RADIO

Asian	Independent	2 050 000
Greater Manchester and North East Cheshire	DABm 12C	
Bradford, Calderdale and Kirklees Districts	DABm 11B	
SE Lancashire & N Gt Mancs	AM 963	
Manchester & East Gt Mancs	AM 1377	
3/6/1996.		

ASIAN STAR

Asian	Community	
Slough		FM 101.6

ATHAVAN RADIO

Tamil	Lyca Media	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

ATLAS RADIO

Mixed Music	Independent	
Herefordshire and Worcestershire		DABm 12A

ATMOSPHERE RADIO

Dance	Community	
Portsmouth		DAB+7D

AWAAZ RADIO

Asian	Community	
High Wycombe		FM 107.4

AWAAZ FM

Asian	Community	
Portsmouth		DAB+7D
Southampton		FM 99.8

AWAZ FM

Asian	Community	
Glasgow		FM 107.2

AWAZ 103.1

Asian	Community	
Nelson, Lancashire		FM 103.1

B**BAIKAL RADIO**

Russian Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+m 12A

BANBURY SOUND

Adult	Quidem	150 000
Banbury area, Oxfordshire		FM 107.6
Brackley, Northants		FM 95.9
26/2/2006: Touch Radio. 1/6/2009: Banbury Sound. 9/2018: 95.9 added.		

BANGOR 107.9 FM

Mixed Format	Community	
Bangor		FM 107.9

BCR FM

Mixed Format	Community	
Bradford		FM 106.6

THE BEACH

Oldies, Adult	Bauer	200 000
Shares all programmes with Dream 100, North Norfolk Radio, Radio Norwich and Town FM		
Southwold area, Suffolk		FM 97.4
Great Yarmouth		FM 97.4
Great Yarmouth & Lowestoft		FM 103.4
29/9/1996. 2/2004: +Southwold. 2007: +Gt Yarmouth relay.		

BEAT RADIO

Mixed Format	Community	
Preston		FM 103.2

THE BEAT

Adult, Contemporary	MKFM	
Relaying MKFM		
North East Birmingham		DAB+ 9A
Brighton area		DAB+ 9A

THE BEAT LONDON

Rhythmic Contemporary	Community	
Central London		DAB+s 9A
Stonebridge & Harlesden		FMm 103.6

BELFAST 89 FM

Oldies	Community	
Belfast		FM 89.3

BETAR BANGLA

Asian (Bengali)	Community	
East Central London		AM 1503

BEVERLEY FM

Mixed Format	Community	
Beverley, East Yorkshire		FM 107.8

BEYOND RADIO

Mixed Format	Community	
Lancaster and Morecambe		FM 103.5

BFBS NETWORK

Format: Contemporary and Adult Contemporary Music for the armed forces		
Broadcaster: BFBS		

BFBS UK

Contemporary, Adult	BFBS	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		
		DAB+ 11A
Satellite 0211/786		

The following stations opt-out of BFBS UK with local output Mon-Fri 06-10 and local news and information:

BFBS (ALDERSHOT)

Contemporary, Adult	BFBS	
Aldershot and Woking area		DABs 8A
Aldershot, Mytchett, Pirbright		FM 102.5

BFBS (BLANDFORD)

Contemporary, Adult	BFBS	
Blandford, Dorset		FM 89.3
Bovington Camp, Dorset		AM 1287

BFBS BRIZE NORTON

Contemporary, Adult	BFBS	
Oxfordshire		DABm 10B
Brize Norton, Oxfordshire		106.1

BFBS (CATTERICK)

Contemporary, Adult	BFBS	
Catterick		FM 106.9

BFBS (COLCHESTER)

Contemporary, Adult	BFBS	
Colchester		FM 107.0

BFBS (EDINBURGH)

Contemporary, Adult	BFBS	
Edinburgh		FM 98.5
Inverness		FM 87.7
Fort George, Highland		FM 87.7

BFBS NORTHERN IRELAND

Contemporary, Adult	BFBS	
Lisburn		FM 100.6
Palace Barracks, Holywood		FM 101.0
RAF Aldergrove, Crumlin		FM 106.5
Abercorn Barracks, Ballykinlar		FM 107.5

BFBS (PORTSMOUTH)

Contemporary, Adult	BFBS	
Portsmouth		DAB+m 7D

BFBS (SALISBURY PLAIN)

Contemporary, Adult	BFBS	
Bulford, Tidworth, Netheravon		FM 106.8

BFBS BEATS

Dance	BFBS	
Aldershot and Woking area		DABs 8A

BFBS GURKHA RADIO

Nepali	BFBS	
Bristol		DAB+ 9A
Aldershot and Woking area		DABs 8A
Catterick Garrison, North Yorkshire		AM 1134
Bramcote Barracks, Nuneaton		AM 1134
Gurkha Demo. Co., Sandhurst		AM 1134
Imphal Barracks, York		AM 1251
Sir John Moore Barracks, Folkestone		AM 1278
Beacon Barracks, Stafford		AM 1278
Aldershot Garrison		AM 1287
Blandford Forum		AM 1287
Infantry Training C., Brecon		AM 1287
Invicta Park Bcks, Maidstone		AM 1287
Innsworth, Gloucester		AM 1287
Airdate: 2000		

BGFM

Mixed Format	Community	
Blaenau Gwent		FM 97.3

RADIO BGWS

Nepalese	Community	
NE Hampshire & Camberley		AM 1179

BIG CITY RADIO

Mixed Format	Community	
North East Birmingham		DABm 9A
North Central Birmingham		FM 89.1

BIGGLES FM

Mixed Format	Community	
Biggleswade & Sandy, Beds		FM 104.8

BISHOP FM

Mixed Format	Community	
Bishop Auckland, Durham		FM 105.9

BLACK CAT RADIO

Mixed Format	Community	
Cambridge		DAB+ 7D
St Neots, Cambridgeshire		FM 107.0

BLACK COUNTRY RADIO

Mixed Format	Community	
North East Birmingham		DAB+ 9A
Stourbridge		FM 102.5

BLACK DIAMOND FM

Mixed Format	Community	
Dalkeith and Midlothian		FM 107.8

BLAST 106

New Music	Community	
Belfast		FM 106.4

BLISS RADIO

Mixed Music	Community	
North East Wales, West Cheshire and Merseyside		DABm 10D

BLOOMBERG RADIO

Business News	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

BLYTH VALLEY RADIO

Mixed Format	Community	
Southwold		FM 105.0

BOB FM

Oldies, Adult, Rock	Independent	300 000
Stevenage area		FM 106.7
Central and East Herts		FM 106.9
Hitchin and Letchworth, Herts		FM 106.9
3/3/2001: <i>Hertbeat</i> . 9/2005: <i>+Hitchin & Letchworth</i> . 10/5/2010: <i>Jack FM</i> from. 10/3/2014: <i>Bob FM</i> .		

BOLTON FM

Mixed Format	Community	
Bolton		FM 96.5

RADIO BORDERS

Contemporary, Adult	Bauer	100 000
Part of Hits Radio Network (Scotland)		
Border Region		FM 96.8
Berwick-upon-Tweed		FM 102.3
Peebles, Border Region		FM 103.1
Eyemouth and Border Coast		FM 103.4
22/1/1990.		

BOUNCE FM

Mixed Format	Community	
Banbridge, Northern Ireland		FM 102.4

BRADFORD ASIAN RADIO

Asian	Community	
Bradford		AM 1413

BRADLEY STOKE RADIO

Mixed Format	Community	
Bristol		DABs 9A
Bradley Stoke, Bristol		FM 103.4

BRANCH FM

Christian	Community	
Dewsbury		FM 101.8

THE BREEZE (NETWORK)

Format: Oldies Music
 Broadcaster: Bauer
 Stations broadcast local output Mon-Fri 06-10, 15-19, Sat-Sun 07-11, and local news and information.

BREEZE (BERKSHIRE & N. HANTS)

Oldies	Bauer	660 000
Newbury area, W Berkshire		a FM 105.6
Andover area		b FM 106.4
Reading		d FM 107.0
Hungerford area, W Berks		a FM 107.4
Basingstoke area		c FM 107.6
a: 29/5/2000: <i>Kick FM</i> . 2010: <i>Newbury Sound</i>		
b: 26/5/2008: <i>Andover Sound</i>		
c: 18/5/1998: <i>Kestrel FM</i> .		
a, b, c: 16/12/2008: <i>Stations merged as The Breeze</i> .		
d: 22/10/2002: <i>Reading 107</i> . 2/3/2014: <i>Jack FM</i> . 8/2017: <i>The Breeze</i>		

BREEZE (BRISTOL & N SOMERSET)

Oldies	Bauer	860 000
Bristol		DABs 9A
Bristol		a FM 107.2
Warminster, Westbury, Frome		b FM 107.5
Weston-super-Mare area		c FM 107.7
Bath area		d FM 107.9
a: 26/11/1999: <i>The Eagle</i> . 21/6/2001: <i>Star</i> . 2/14/2011: <i>Breeze</i> .		
b: 5/11/2001-24/3/2010: <i>3TR FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .		
c: 23/10/1999: <i>WFM</i> . 18/3/2002: <i>Star</i> . 26/9/2010: <i>Nova Radio</i> . 29/3/2013: <i>The Breeze</i> .		
d: 15/11/1999-24/3/2010: <i>Bath FM</i> . 8/2010: <i>TotalStar</i> . 11/2011: <i>The Breeze</i> .		

BREEZE (GLOUCESTERSHIRE)

Oldies	Bauer	180 000
Cheltenham & Tewkesbury		FM 107.5
5/3/1993 (AM): <i>CD 603</i> , then 603 R, 1995: <i>Boss 603</i> , 1996: <i>Cheltenham R</i> . 7/9/1998 (FM): <i>Cat FM</i> . 3/2002: <i>Star 107.5</i> . 8/2010: <i>TotalStar</i> . 2013: <i>The Breeze</i> .		

BREEZE (EAST HAMPSHIRE AND SW SURREY)

Oldies	Bauer	1 070 000
Haslemere area, Surrey		a FM 97.1
Fourmarks & Meadstead		b FM 101.6
Hindhead area		b FM 101.6
Petersfield, Hampshire		b FM 101.8
Alton & Bordon area, Hants		b FM 102.0
a: 1990: <i>Delta R</i> . 4/5/1992: <i>R Mercury</i> . 4/9/1995: <i>County Sound R</i> . 9/5/1996: <i>Delta R</i> . 2010: <i>Kestrel</i> . 16/12/2012: <i>The Breeze</i> .		
b: 22/11/1992: <i>Wey Valley Radio</i> . 1995: <i>Fourmarks added</i> . 11/1998: <i>Delta FM</i> . 2001: <i>+Hindhead</i> . 8/2003: <i>+Petersfield</i> . 2010: <i>Kestrel</i> . 16/12/2012: <i>The Breeze</i> .		

BREEZE (SOMERSET AND DORSET)

Oldies	Bauer	380 000
Blandford area, Dorset		a FM 96.6
N Dorset, SW Wilts, SE S'set		a FM 97.4
Porlock, Somerset		b FM 100.8
Minehead area		b FM 102.4
Yeovil area		c FM 105.6
Chard and Ilminster		c FM 106.6
Bridgwater area, Somerset		d FM 107.4
a: 25/6/1995: <i>Gold Radio</i> . 1/1999: <i>Vale FM</i> . 9/2008: <i>Midwest FM</i> from. 25/6/2012: <i>Breeze</i> .		
b: 23/7/1998: <i>Quay West Radio</i> . 12/2004: <i>+Porlock</i> . 24/3/2010: <i>closed</i> . 8/2010: <i>TotalStar</i> . 7/8/2011: <i>The Breeze</i> .		
c: 2003: <i>Ivel FM</i> . 9/2008: <i>Midwest FM</i> from. 25/6/2012: <i>Breeze</i> .		
d: 7/2001: <i>BCR</i> . 3/2007: <i>Quay West Radio</i> . 24/3/2010: <i>closed</i> . 8/2010: <i>TotalStar</i> . 7/8/2011: <i>The Breeze</i> .		

BREEZE (TORBAY)

Oldies	Bauer	200 000
Torbay area		FM 105.5
26/5/2006: <i>Palm FM</i> . 21/9/2015: <i>The Breeze</i>		

BREEZE 107

Oldies, Easy	Nation	1 070 000
Portsmouth		DABs 7D
Aldershot and Woking area		DABs 8A
Winchester area		a FM 107.2
Portsmouth area		b FM 107.4
Southampton area		c FM 107.8
a: 3/10/1999: <i>Win FM</i> . 2007: <i>Dream</i> . 1/2009: <i>R Hampshire</i> . 7/2009: <i>Play Radio</i> .		
b: 19/9/1999: <i>Victory</i> . 4/8/2001: <i>The Quay</i> .		
c: 5/9/1999: <i>South City FM</i> . 24/4/2004: <i>The Saint</i> (previously digital only) 2007: <i>R Hampshire</i> . 7/2009: <i>Play Radio</i> . 30/7/2010: <i>Stations merged as Breeze 107</i>		

BRFM

Mixed Format	Community	
Isle of Sheppey, Kent		FM 95.6

BRIDGE FM

Adult, Oldies	Nation Broadcasting	140 000
Shares programmes with R Carmathenshire, R Ceredigion, R Pembrokeshire and Swansea Bay Radio		
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
Bridgend area		FM 106.3
1/5/2000.		

BRISTOL COMMUNITY FM

Mixed Format	Community	
Bristol		DABs 9A
Bristol		FM 93.2

BRO RADIO

Mixed Format	Community	
Barry, South Wales		FM 98.1

BUCHAN RADIO

Mixed Format	Community	
Peterhead, Aberdeenshire		FM 107.9

BURGESS HILL COMMUNITY RADIO

Mixed Format	Community	
Burgess Hill, Sussex		FM 103.8

BUTE FM

Mixed Format	Community	
Isle of Bute		FM 96.5

C**RADIO CABIN**

Mixed Format	Community	
Herne Bay, Kent		FM 94.6

CALON FM

Mixed Format	Community	
Wrexham		FM 105.0

CAM FM

New Music	Community (Student)	
Cambridge		FM 97.2

CAMBRIDGE 105

Mixed Format	Community	
Cambridge		DABs 7D
Norwich		DAB+ 9A
Cambridge		FM 105.0

CAMGLEN RADIO

Mixed Format	Community	
Cambusland and Rutherglen		FM 107.9

CANALSIDE RADIO

Mixed Format	Community	
Bollington, Cheshire		FM 102.8

CANDO FM

Mixed Format	Community	
Barrow-in-Furness		FM 106.3

CANNOCK CHASE RADIO

Mixed Format	Community	
Rugeley and Trent Valley, Staffordshire		FM 89.6
Cannock Chase, Staffordshire		FM 94.0

CANTERBURY STUDENT RADIO

New Music	Community (Student)	
Canterbury		FM 97.4

CAPITAL (NETWORK)

Format: Contemporary Hit Music
 Broadcaster: Global Radio

CAPITAL UK

Contemporary	Global Radio	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Kent and Eastern London		DABs 11C
Sussex		DABs 10B
Berkshire and North Hampshire		DABs 12D
Oxfordshire		DABs 10B
Bristol, Bath and Avon		DABs 11B
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12D
Cornwall		DABs 11B
Most of Essex		DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		DABs 12D
South and Central Cambridgeshire		DABs 11C
East Norfolk		DABs 10B
Satellite 0109/719, Cable 958, DTT 724		
3/1/2011 (<i>Capital FM Network</i>), 12/9/2016 (<i>National DAB</i>)		

CAPITAL LONDON

Contemporary	Global Radio	9 650 000
As Capital UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 95.8
16/10/1973.		

The following stations opt-out of Capital UK with local output Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, and local news and information:

CAPITAL BRIGHTON

New Contemporary	Global Radio	210 000
Sussex		DABs 10B
Brighton area		FM 107.2
27/3/1998: <i>Surf</i> . 8/2001: <i>Juice</i> . 14/8/2018: <i>Capital</i>		

CAPITAL CYMRU

Contemporary, Welsh	Global Radio	180 000
Conwy county	DABs 12D	
Gwynedd and Anglesey	DABs 10D	
W & N Gwynedd & Anglesey	FM 103.0	
11/12/1998: <i>Champion FM</i> . 22/6/2009: <i>Heart</i> . 6/5/2014: <i>Capital FM</i> .		

CAPITAL EAST MIDLANDS

Contemporary	Global Radio	2 590 000
Leicestershire	c DABs 11B	
South and Central Nottinghamshire	a DABs 12C	
South and Central Derbyshire, SE Staffordshire	b DABs 10B	
South Nottinghamshire	a FM 96.2	
Mansfield & Ashfields, Notts	a FM 96.5	
South Derbyshire & Burton	b FM 102.8	
Leicestershire and Rutland	c FM 105.4	
a: 3/7/1975: <i>Radio Trent</i> . 1991: + <i>Mansfield</i> . b: 3/3/1987: <i>Trent FM</i> . 1994: <i>Ram FM</i> . c: 7/9/1984: <i>Leicester Sound</i> (city only, replaced <i>Centre Radio</i> 7/8/1981-6/10/1983). 1997: + <i>county</i> . 3/1/2011: Stations merged as <i>Capital FM</i> .		

CAPITAL LIVERPOOL

Contemporary	Global	1 060 000
Merseyside and West Cheshire	DABs 10C	
Liverpool area	FM 107.6	
27/3/1998: <i>Crash FM</i> (<i>New Music</i>). 3/2000: <i>Juice</i> . 18/1/2016: <i>Capital</i> .		

CAPITAL MANCHESTER

Contemporary	Global Radio	2 700 000
Greater Manchester and North East Cheshire	DABs 12C	
Central and East Lancashire	DABs 12A	
Greater Manchester	FM 102.0	
16/10/1994: <i>Kiss 102</i> (<i>Dance</i>). 27/9/1997: <i>Galaxy 102</i> . 3/1/2011: <i>Capital FM</i> . (Replaced <i>Sunset</i> 22/10/1989-1994.)		

CAPITAL NORTH EAST

Contemporary	Global Radio	2 630 000
Tees Valley and County Durham	DABs 11B	
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, N Durham, S Nthmb	FM 105.3	
West Tyneside, Tyne & Wear	FM 105.6	
Hexham & Tyne Valley	FM 105.8	
Cleveland, Durham, N Yorks	FM 106.4	
1/6/1999: <i>Galaxy</i> (<i>Dance</i>). 3/1/2011: <i>Capital FM</i> .		

CAPITAL NORTH WEST AND WALES

Contemporary	Global Radio	1 050 000
North East Wales, West Cheshire and Merseyside	DABs 10D	
Conwy county	a DABs 12D	
Gwynedd and Anglesey	a DABs 10D	
N Clwyd and NE Gwynedd	a FM 96.3	
Wirral and North East Clwyd	b FM 97.1	
East Clwyd & West Cheshire	c FM 103.4	
a: 27/8/1993: <i>Coast FM</i> . b: 1990: <i>MFM</i> . 1996: <i>separate programmes</i> . 14/2/1998: <i>Buzz</i> . c: 5/9/1983: <i>Marcher Sound</i> . 31/3/1989: <i>MFM</i> . 9/2006: <i>Marcher Sound</i> . All: 22/6/2009: <i>Heart</i> . 2/7/2010: Stations merged. 6/5/2014: <i>Capital FM</i> .		

CAPITAL SCOTLAND

Contemporary	Communicorp	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Edinburgh, Lothian and South Fife	DABs 12D	
Lothian and Fife	FM 105.7	
Glasgow and Clydeside area	FM 106.1	
19/11/1999: <i>Beat 106</i> (<i>New Music</i>). 4/1/2006: <i>XFM</i> (<i>Modern Rock</i>). 8/11/2008: <i>Galaxy</i> (<i>Dance</i>). 3/1/2011: <i>Capital FM</i> .		

CAPITAL SOUTH COAST

Contemporary	Global Radio	870 000
South Hampshire and Isle of Wight	DABs 11C	
East, South and Central Dorset	DABs 11B	
South Hampshire and Wight	FM 103.2	
4/12/1988: <i>Power FM</i> (<i>previously relayed Ocean Sound</i>). 22/8/2008: <i>Galaxy</i> (<i>Dance</i>). 3/1/2011: <i>Capital FM</i> .		

CAPITAL SOUTH WALES

Contemporary	Communicorp	880 000
South Glamorgan, Mid Glamorgan, Gwent	DABs 12C	
South Gwent	FM 97.4	
Cardiff & South Glamorgan	FM 103.2	
11/4/1980 (<i>Cardiff</i>): <i>CBC</i> . 13/6/1983 (<i>Gwent</i>): <i>Gwent Broadcasting</i> . 1986: <i>Red Dragon</i> . 3/1/2011: <i>Capital FM</i> .		

CAPITAL WEST MIDLANDS

Contemporary	Global Radio	2 650 000
Shropshire, Wolverhampton, Black Country	DABs 11B	
Birmingham area, West Midlands, SE Staffs	DABs 11C	
Coventry and Warwickshire	DABs 12D	
Birmingham area	FM 102.2	
1/1/1995: <i>Choice</i> (<i>Dance, Rhythm</i>). 1999: <i>Galaxy</i> . 3/1/2011: <i>Capital FM</i> (Replaced <i>Buzz FM</i> 31/1/1990-1994.)		

CAPITAL YORKSHIRE

Contemporary	Global Radio	4 540 000
South Yorkshire, North Notts, Chesterfield	DABs 11C	
Leeds and Wakefield Districts	DABs 12D	
Bradford, Calderdale and Kirklees Districts	DABs 11B	
East Yorkshire and North Lincolnshire	DABs 11B	
York and North Yorkshire	DABs 10C	
West & South Yorkshire, York	FM 105.1	
Sheffield area	FM 105.6	
Bradford area	FM 105.6	
Humberside	FM 105.8	
14/2/1997: <i>Kiss 105</i> (<i>Dance</i>). 27/9/1997: <i>Galaxy 105</i> . 3/1/2011: <i>Capital FM</i> .		

CAPITAL XTRA

Format: Rhythmic Contemporary Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABs 11D	
Scotland (D1 Mux)	DABs 12A	
South and Central London	FM 96.9	
North London	FM 107.1	
Satellite 0114/720, Cable 959		
31/3/1990 (<i>South</i>): <i>Choice FM</i> . 31/5/2000: (<i>North</i>) <i>Choice FM</i> (<i>opted out until 2004</i>), 7/10/2013: <i>Capital Xtra</i> and <i>National DAB</i>		

RADIO CARDIFF

Rhythmic Music	Community	
Cardiff		FM 98.7

RADIO CARMARTHENSHIRE

Adult, Welsh	Nation Broadcasting	170 000
Shares programmes with <i>Bridge FM</i> , <i>R Ceredigion</i> , <i>R Pembrokeshire</i> and <i>Swansea Bay Radio</i>		
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
Carmarthenshire	FM 97.1	
Carmarthen	FM 97.5	
Llanelli area	FM 97.5	
13/6/2004. (<i>Llanelli transmitter carried Scarlet FM from 2004 to 2021</i>)		

CARILLON WELLBEING RADIO

Oldies, Nostalgia, Health advice	Community	
West Leicestershire		AM 1476

RADIO CAROLINE

Classic Rock	Independent	
North East Birmingham	DAB+ 9A	
Brighton area	DAB+ 9A	
Glasgow	DAB+10B	
Central London	DAB+ 9A	
Norwich	DAB+ 9A	
Portsmouth	DAB+7D	
Aldershot and Woking area	DABs 8A	
Suffolk and North East Essex	AM 648	

CASTLEDOWN RADIO

Mixed Format	Community	
Tidworth area, Wiltshire		FM 104.7

THE CAT

Mixed Format	Community	
Crewe and Nantwich		FM 107.9

CELTIC MUSIC RADIO

Celtic Music	Community	
Glasgow	DAB+ 10B	
Glasgow	FM 95.0	

RADIO CENTRAL

Asian	Community	
North East Birmingham		DAB+ 9A

CENTRAL FM

Adult, Contemporary	New Wave Media	270 000
Glasgow, Edinburgh, Central Scotland	DABm 11D	
Stirling and Falkirk area	FM 103.1	
4/6/1990: <i>Centresound</i> . 1991: <i>Central FM</i> . 1994: + <i>Falkirk</i> .		

CENTREFORCE

80s and 90s Dance Music	Community	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 12A	
14/7/2018		

RADIO CEREDIGION

Mixed Music, Welsh	Nation Broadcasting	70 000
Shares programmes with <i>Bridge FM</i> , <i>R Carmarthenshire</i> , <i>R Pembrokeshire</i> and <i>Swansea Bay Radio</i>		
Lampeter & Teifi Valley		FM 96.6
Cardigan & Newcastle Emlyn		FM 97.4
Ceredigion		FM 103.3
14/12/1992.		

CFM

Contemporary, Adult	Bauer	300 000
Part of <i>Hits Radio Network</i> (England)		
North Cumbria		FM 96.4
Workington area, Cumbria		FM 102.2
Penrith, Cumbria		FM 102.5
Whitehaven area, Cumbria		FM 103.4
14/4/1993: <i>North</i> . 14/4/1995: <i>West</i> . 2003: Stations fully merged		

CHANNEL 103 FM

Adult	Tindle	85 000
Jersey		FM 103.7
25/10/1992.		

CHBN

Mixed Format	Community	
Truro, Cornwall		FM 100.8

CHELMSFORD COMMUNITY RADIO

Mixed Format	Community	
Chelmsford, Essex		FM 104.4

CHILL

Chill-out music	Global Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
Leicestershire	DABs 11B	
South and Central Nottinghamshire	DABs 12C	
Airdate: 3/2005 (<i>Coverage cut 08-09/2009</i>)		

CHORLEY FM

Mixed Format	Community	
Chorley		FM 102.8

CHRIS COUNTRY

Country Music	Independent/Nation	
Based: Manchester		
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 12A	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	
Suffolk	DAB+ 10C	
Cambridge	DABs 7D	
Glasgow	DAB+ 10B	
Manchester	DAB+ 10B	
Norwich	DAB+ 9A	
Portsmouth	DAB+7D	

RADIO CITY

Contemporary, Adult	Bauer	2 420 000
Part of <i>Hits Radio Network</i> (England)		
Merseyside and West Cheshire	DABs 10C	
Merseyside & West Cheshire		FM 96.7
21/10/1974.		

RADIO CITY TALK

Rock, Sport, Talk	Bauer	2 180 000
Merseyside and West Cheshire	DABm 10C	
Merseyside	AM 1548	
28/1/2008 on 105.9 FM (<i>Talk then Talk, Adult</i>). 7/12/2015 moved to AM		

CLASSIC FM

Format: Light Classical Music with News and Talk		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABs 11D	
Scotland (D1 Mux)	DABs 12A	
London & South East England	FM 100.9	
London area	FM 100.6	
Reading	FM 101.8	
East Kent	FM 101.8	
Brighton and Worthing area	FM 101.9	
Central Southern England	FM 100.3	
Devon and East Cornwall	FM 100.0	
West Cornwall	FM 101.5	
South Wales & West England	FM 101.7	
Bristol	FM 101.4	
Bath	FM 100.2	

Swindon area	FM 100.8
Herefordshire and Gloucester	FM 100.4
Swansea area	FM 101.3
Pembrokeshire, W Carmar	FM 100.5
Ceredigion	FM 101.1
West and North Gwynedd	FM 100.7
North Clwyd & NE Gwynedd	FM 101.6
Midlands	FM 100.1
Oxon, Bucks, Berks, S Midlands	FM 101.3
Milton Keynes and West Beds	FM 100.4
Cambs, Beds, S Lincs, E Nthnts	FM 101.9
Norfolk and Suffolk	FM 101.5
Lincolnshire & Humberside	FM 100.5
NW England & Yorkshire	FM 101.1
Sheffield and Rotherham	FM 101.7
Leeds	FM 101.6
Bradford	FM 100.3
S Cumbria & NW Lancashire	FM 101.8
Cleveland and South Durham	FM 101.6
North East England	FM 100.3
West Tyneside & Tyne Valley	FM 101.0
North Cumbria & SW Scotland	FM 99.9
Isle of Man	FM 100.2
Border Region	FM 100.9
Central Scotland	FM 101.7
Ayrshire	FM 101.3
East Tayside and East Fife	FM 100.1
Grampian Region	FM 100.5
Inverness & Moray Firth area	FM 101.4
East & Cent. Northern Ireland	FM 101.9
Derry area	FM 100.5
95% stereo coverage, (99% mono)	
Marginal reception is available most other areas except	
Powys and parts of NW Scotland	
Satellite 0106/721, DTT 731, Cable 922	
Airdate: 7/9/1992	

CLASSICAL 1

Classical	Community	
Norwich		DAB+ 9A

CLYDE 1 FM

Contemporary, Adult	Bauer	2 050 000
Part of Hits Radio Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	FM 97.0
Dumbarton and Alexandria		FM 102.3
Largs, Rothesay, Clyde Mouth		FM 102.5
Glasgow and Clydeside area		FM 103.3
Greenock and Firth of Clyde		
31/12/1973. 1994: Fillers added.		

CLYDE 2

Oldies	Bauer	1 740 000
All programmes from Greatest Hits Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Glasgow and Clydeside area		AM 1152
12/8/1988* (opt-out). 12/1989: (full service).		

COAST FM

Mixed Format	Community	
Penzance, Cornwall		FM 96.5
St Just, Cornwall		FM 97.2

COLNE RADIO

Mixed Format	Community	
Wivenhoe, NE Essex		FM 106.6

COMPASS FM

Oldies	Bauer	100 000
Lincolnshire, North Lincolnshire and Hull	DABs 12A	
Grimsby area		FM 96.4
03/06/2001.		

CONNECT RADIO

Adult, Oldies	Communicorp	380 000
To join Smooth East Midlands, subject to Ofcom approval		
Northamptonshire	a DABm 10C	
North Cambridgeshire, Huntingdon, S Lincs	b DABm 12D	
Hertfordshire, Bedfordshire, Buckinghamshire	DABm 10D	
Wellingborough area	a FM 97.2	
Peterborough area	b FM 106.8	
Kettering and Corby area	a FM 107.4	
a: 6/4/1990 (AM): KCBC. 4/1998: KCBC on 107.4 FM and Connect on 97.2. 22/11/1999: Connect on 107.4.		
b: 24/7/1999: Lite FM. 4/1/2010: Connect Radio.		
9/2010: Stations merged.		

COOL FM

Contemporary, Adult	Bauer	930 000
Northern Ireland		DABs 12D
East & Cent. Northern Ireland		FM 97.4
7/2/1990*.		

CORBY RADIO

Mixed Format	Community	
Corby		FM 96.3

CRACKERS RADIO

Dance Music	Community	
Cambridge		DABm 7D
Norwich		DAB+ 9A
Glasgow		DAB+ 10B

CRESCENT RADIO

Asian	Community	
Rochdale		FM 97.0

CROSS RHYTHMS PLYMOUTH

Christian	Community	
Plymouth		FM 96.3

CROSS RHYTHMS STOKE

Christian Contemporary	Community	
Stoke-on-Trent		FM 101.8

CROSS RHYTHMS TEESIDE

Christian Contemporary	Community	
Stockton on Tees		FM 107.1

CRYSTAL FM

Mixed Format	Community	
Penicuik, Lothian		FM 107.4

CUILIN FM

Mixed Music, Gaelic	Independent	8 000
Isle of Skye		FM 102.7
Portree, Skye		FM 106.2
8/6/2004.		

CYBER RADIO

Contemporary Pop	Independent	
Surrey, North East Hampshire, South London		DAB+ 10C
Brighton area		DAB+ 9A
Bristol		DAB+ 9A
Cambridge		DAB+ 7D
Glasgow		DAB+ 10B

CYBER GOLD

60s Music	Independent	
Surrey, North East Hampshire, South London		DAB+ 10C
Cambridge		DAB+ 7D
Norwich		DAB+ 9A

CYBER ROCK

Classic Rock	Independent	
Surrey, North East Hampshire, South London		DAB+ 10C
Bristol		DAB+ 9A
Cambridge		DAB+ 7D
Norwich		DAB+ 9A

D**DALES RADIO**

Mixed Format	Community	
Settle area, N Yorkshire		FM 104.9
Grassington area, N Yorkshire		FM 104.9
Ingletton & High Bentham		FM 103.0
West North Yorkshire		AM 936

DAWN FM

Asian	Community FM	
Nottingham		107.6

RADIO DEAD

Oldies	Independent	
Manchester		DAB+ 10B

DEAN RADIO

Mixed Format	Community	
Cinderford, Gloucestershire		FM 105.6

DEARNE FM

Oldies, Adult	Bauer	230 000
Penistone area, S Yorkshire		FM 97.1
Barnsley		FM 102.0
9/2003.		

DEE 106.3

Adult, Oldies	Dee Radio	200 000
North East Wales, West Cheshire and Merseyside	DABm 10D	
Chester		FM 106.3
01/03/2003.		

DELITE RADIO

Soul	Community	
Central London		DAB+ 9A
Glasgow		DAB+10B
Manchester		DAB+ 10B
Portsmouth		DAB+7D

DEMON FM

New Music	Community (Student)	
Leicester		FM 107.5

DESI RADIO

Asian	Community	
Southall, W London		AM 1602
Satellite 0169		

DEVON FM

Mixed Format	Community	
Banff		FM 107.4

RADIO DIAMOND

Soul, Reggae, Rap	Community	
Manchester		DAB+ 10B

DIVERSE FM

Rhythmic Music	Community	
Luton		FM 102.8

DOWN FM

Mixed Format	Community	
Downpatrick, County Down		FM 105.0

DOWNTOWN RADIO

Oldies, Adult	Bauer	1 560 000
Northern Ireland		DABs 12D
North Northern Ireland		FM 96.4
Fermanagh and South Tyrone		FM 96.6
Larne, Northern Ireland		FM 97.1
Ballymena and Antrim		FM 102.3
Derry area		FM 102.4
South East Northern Ireland		FM 103.1
Newcastle, Northern Ireland		FM 103.4
Belfast & East Northern Ireland		AM 1026
16/3/1976. 1/10/1986: +Derry and North. 31/10/1987:		
+Fermanagh & S Tyrone, 26/4/1997: +South East, 5/11/98:		
+Ballymena & Antrim and Larne.		

DOWNTOWN COUNTRY

Country Music	Bauer	
Northern Ireland		DABs 12D

DRAGON RADIO

Oldies	Nation Broadcasting	
Pembrokeshire, Carmarthenshire, Swansea		DABm 12D
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
28/12/2015: Nation Gold. 1/9/2016: Dragon Radio		

DREAM 100 FM

Oldies, Adult Bauer 130 000
 Shares all programmes with The Beach, North Norfolk Radio, Radio Norwich and Town FM
 North East Essex FM 100.2
 7/10/1990 (AM): *Mellow 1557*. 19/11/1998 (FM): *Dream*.

DRIVE FM

Mixed Format Community FM 105.3
 Derry

DRYSTONE RADIO

Mixed Format Community FM 103.5
 Sutton in Craven area, N Yorks

DUNOON COMMUNITY RADIO

Mixed Format Community FM 97.4
 Dunoon, Argyll

E**THE EAGLE**

Adult, Oldies UKRD 690 000
 Surrey, North East Hampshire, South London DABs 10C
 West Surrey & NE Hampshire FM 96.4
 4/4/1983: *County Sound*. 7/6/1988: *County Sound Premier*.
 4/5/1992: *R Mercury*. 4/9/1995: *County Sound*. 4/1/1996: *The Eagle*.

EAGLE 80s

80s Music UKRD
 Programmes shared with Pirate 80s
 Surrey, North East Hampshire, South London DABs 10C

EAST COAST FM

Mixed Format Community FM 107.6
 Haddington, East Lothian

EAVA FM

Asian, Rhythmic Music Community FM 102.5
 Leicester

EDEN FM

Mixed Format Community FM 107.5
 Penrith, Cumbria

ENCORE RADIO

Musical Theatre UKRD DABs 10C
 Surrey, North East Hampshire, South London

ENDEAVOUR FM

Mixed Format Community FM 107.0
 Boston, Lincs

ENERGY FM

Contemporary Independent 65 000
 Central Isle of Man FM 91.2
 North West Isle of Man FM 93.4
 South and East Isle of Man FM 98.6
 Ramsay, Isle of Man FM 98.4
 Peel area, Isle of Man FM 102.4
 Maughold area, Isle of Man FM 105.2
 Port Erin, Isle of Man FM 105.2
 2001 on 98.6. 2002: +*Snaefell, Jurby and Ramsay*. 2003: +*Peel and Maughold*. 2004: +*Port St Mary*.

EREWASH SOUND

Mixed Format Community FM 96.8
 Ilkeston, Derbyshire

RADIO ESSEX

Adult, Oldies Adventure Radio 530 000
 Most of Essex c DABm 12D
 Southend area b FM 105.1
 Chelmsford & Central Essex a FM 107.7
 a: 18/10/1998: *Chelmer FM*. 14/2/2002: *Dream 107.7 FM*.
 2/2/2009: *Chelmsford Radio*. 23/3/2015: *Radio Essex*
 b: 8/3/2008: *Southend Radio*. 23/3/2015: *Radio Essex*
 c: 6/3/2013 *Radio Essex (3 stations sharing programming)*

EWTN

Christian (Catholic) Independent
 Satellite 0147

RADIO EXE

Adult, Oldies Independent 150 000
 East Devon, Exeter and Torbay DABm 11C
 North and Central Devon DABm 10C
 Exeter area FM 107.3
 18/2/2008: *Exeter FM*. 10/1/12: *Radio Exe*.

EXMOUTH AIR 106.4

Mixed Format Community FM 106.4
 Exmouth, Devon

EXPRESS FM

Mixed Format Community DABs 7D
 Portsmouth FM 93.7
 Portsmouth

THE EYE

Mixed Format Community FM 103.0
 Melton Mowbray, Leics

F**RADIOÍ FÁILTE**

Irish Language Community FM 107.1
 Belfast

FANTASY

Mixed Format Community FM 97.0
 Devizes, Wiltshire

FAZA AWP

Asian Community FM 97.1
 Nottingham

FELIXTOWE RADIO

Mixed Format Community FM 107.5
 Felixtowe, Suffolk

THE FIRE

Contemporary, Dance Bauer 340 000
 East, South and Central Dorset DABm 11B
 Bournemouth area FM 107.6
 26/6/1999: *The NRG*. 11/2000: *The Fire*.

FIRST FM

Mixed Format Community FM 105.1
 South East Oxford

FIX RADIO

Mixed Format: Tradespeople Independent
 London area, Surrey, W Kent, Herts, Luton (Mx 2) DABm 12A
 Manchester (some separate programmes) DABm 10B

FLAME CCR

Christian Community AM 1521
 Wirral

FLASH

Classic Rock Community DAB+7D
 Portsmouth

FLEX FM

Rhythmic New Music Community FM 101.4
 South West London

45 RADIO

Oldies Community DAB+ 10B
 Glasgow DAB+ 9A
 North East Birmingham DAB+ 9A
 Norwich

FOREST FM

Mixed Format Community FM 92.3
 Verwood area, Dorset

FORTH 1

Contemporary, Adult Bauer 1 260 000
 Part of Hits Radio Network (Scotland)
 Edinburgh, Lothian and South Fife DABs 12D
 Lothian and Fife FM 97.3
 West Lothian FM 97.6
 Penicuik, Lothian FM 102.2
 22/1/1975: *Radio Forth*. 1990: +*West Lothian*. 1998: +*Penicuik*.
 2000: *Forth 1*.

FORTH 2

Oldies Bauer 1 260 000
 All programmes from Greatest Hits Network (Scotland)
 Edinburgh, Lothian and South Fife DABs 12D
 Lothian and Fife AM 1548
 6/2/1990*: *Max AM*. 1997: *Radio Forth AM*. 2000: *Forth 2*.

FOSSE 107

Adult, Rock Independent 330 000
 Loughborough & NW Leics a FM 107.0
 Hinckley & SW Leicestershire b FM 107.9
 a: 3/1/1999. b: 1/11/1998: *Fosseway Radio*. 3/2008: *Oak FM*.
 6/2010: *Stations merged as Oak FM*; closed 28/7/2016
 30/11/2016: *Fosse 107*

FREE RADIO (BIRMINGHAM)

Contemporary, Adult Bauer 2 100 000
 Part of Hits Radio Network (England)
 Birmingham area, West Midlands, SE Staffs DABs 11C
 Birmingham area FM 96.4
 19/12/1974: *BRMB*. 26/3/2012: *Free Radio*.

FREE RADIO (COVENTRY)

Contemporary, Adult	Bauer	890 000
Part of Hits Radio Network (England)		
Coventry and Warwickshire	DABs 12D	
Coventry and N Warwickshire	FM 97.0	
Leamington Spa & Warwick	FM 102.9	
23/5/1980: Mercia Sound. 1989: +Leamington Spa. 26/3/2012: Free Radio.		

FREE RADIO (HEREFORD & WORCS)

Contemporary, Adult	Bauer	460 000
Part of Hits Radio Network (England)		
Herefordshire and Worcestershire	DABs 12A	
Kidderminster area	FM 96.7	
Herefordshire	FM 97.6	
Worcestershire	FM 102.8	
4/10/1982: Radio Wyvern. 1/1996: +Kidderminster. 26/3/2012: Free Radio.		

FREE RADIO (WOLVES AND SHROPSHIRE)

Contemporary, Adult	Bauer	1 680 000
Part of Hits Radio Network (England)		
Shropshire, Wolverhampton, Black Country	DABs 11B	
Wolverhampton area	a FM 97.2	
Shropshire	b FM 103.1	
a: 12/4/1976: Beacon Radio. b: 14/7/1987: Beacon Radio. 2010: Stations merged. 26/3/2012: Free Radio.		

FROME FM

Mixed Format	Community	
Frome		96.6

FUN KIDS

Format: Childrens	Broadcaster: Folder Media
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	
	DAB+ 11A
Airdate: 5/2005 (London). On SD Mux: 29/2/2016.	

FUNKY SX

Rhythmic Contemporary	Community	
Southend, Essex		FM 103.7

FUSE FM

Mixed Format	Community	
Ballymoney, County Antrim		FM 107.5

FUTURE FM

Mixed Format	Community	
Norwich		DABs 9A
Norwich		FM 107.8

G**GATEWAY FM**

Mixed Format	Community	
Basildon, Essex		FM 97.8

GAYDIO

Format: Music for Gay Community
Broadcaster Independent

GAYDIO (NATIONAL)

Music for Gay Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
North East Birmingham		DABm 9A
Cambridge		DABs 7D
Portsmouth		DAB+7D
Glasgow		DABm 10B
2002 (London, as Gaydar). Merged with Gaydio Manchester in 2013		

The following stations opt-out with local output Mon-Fri for 3 hours a day:

GAYDIO BRIGHTON

Music for Gay Community	Independent	
Brighton area		DAB+ 9A
Brighton area		FM 97.8
		8/2018

GAYDIO MANCHESTER

Music for Gay Community	Independent	
Manchester		DAB+ 10B
Manchester		FM 88.4
		2010

GEM 106

Adult	Bauer	2 360 000
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
South and Central Derbyshire, SE Staffordshire		DABs 10B
East Midlands		FM 106.0
23/9/1997: Radio 106. 17/4/1998: Century. 29/8/2005: Heart 106. 3/1/2011: GEM 106.		

GFM

Rhythmic Music	Community	
Gloucester		FM 96.6

GLASTONBURY FM

Mixed Format	Community	
Glastonbury		FM 107.1

GN RADIO

Ghanian Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
Satellite 0185		

GO RADIO

Adult	Independent	
Glasgow, Edinburgh, Central Scotland		DABs 11D

GOLD

Format: 60s, 70s and 80s Music	Broadcaster: Global Radio
London area, Surrey, W Kent, Herts, Luton (Mx 1)	a DAB+ 12C
Kent and Eastern London	DABs 11C
Sussex	DABs 10B
East, South and Central Dorset	DABs 11B
Berkshire and North Hampshire	DABs 12D
Swindon area	DABs 11C
East Devon, Exeter and Torbay	DABs 11C
North and Central Devon	DABs 10C
Plymouth and South Devon	DABs 12D
Cornwall	DABs 11B
Leicestershire	b DABs 11B
South and Central Nottinghamshire	b DABs 12C
South and Central Derbyshire, SE Staffordshire	b DABs 10B
Birmingham area, West Midlands, SE Staffs	DABs 11C
Most of Essex	DABs 12D
North Cambridgeshire, Huntingdon, S Lincs	DABs 12D
South and Central Cambridgeshire	DABs 11C
East Norfolk	DABs 10B
East Yorkshire and North Lincolnshire	DABm 11B
Greater Manchester and North East Cheshire	c DABs 12C
London area	a AM 1548
South Derbyshire & Burton	b AM 945
South Nottinghamshire	b AM 999
Greater Manchester	c AM 1458
Satellite 0121/722, Cable 923	
Airdates, a: 28/11/1988*: Capital Gold. 3/8/2007: Gold. b: 4/10/1988*: Gem AM. Also covered Leicester until 15/9/1992. 1998: Classic Gold GEM. 3/8/2007: Gold. 28/6/2010: National plus local news.	

c: 20/6/1994: Fortune 1458 (Soft, Adult, Talk). 9/1996: Life AM (Easy). 5/2000: Big AM (Adult, Rock). 21/2/2002: Capital Gold (oldies). 3/8/2007: Gold. 28/6/2010: National plus local news. Other areas: 14/9/2015 (Smooth AM/DAB stations carried Gold from 3/8/2007 until 24/3/2014)

GOLDMINE

50s, 60s, 70s and 80s	Independent	
Cornwall		DABm 11B

GORGEOUS FM

Contemporary, Adult	Community	
North East Birmingham		DABm 9A

GRAVITY FM

Mixed Format	Community	
Grantham, Lincolnshire		FM 97.2

GREAT DRIFFIELD RADIO

Mixed Format	Community	
Driffield area, East Yorkshire		FM 107.2

GREAT YORKSHIRE RADIO

Adult	Independent	
York and North Yorkshire		DABm 10C

GREATEST HITS RADIO

Format: Oldies Music	
Broadcaster: Bauer	
Multiplexes and frequencies marked a to m carry local news and information; a to e also carry a local programme for the West Midlands each day	
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C
Kent and Eastern London	DABm 11C
Sussex	DABm 10B
South Hampshire and Isle of Wight	DABm 11C
East, South and Central Dorset	DABm 11B
Berkshire and North Hampshire	DABm 12D
Oxfordshire	DABm 10B
West Wiltshire and Bath	DABm 10D
Swindon area	DABm 11C
Bristol, Bath and Avon	DABm 11B
South Glamorgan, Mid Glamorgan, Gwent	DABm 12C
East Devon, Exeter and Torbay	DABm 11C
North and Central Devon	DABm 10C
Plymouth and South Devon	DABm 12D
Cornwall	DABm 11B
Herefordshire and Worcestershire	a DABm 12A
Shropshire, Wolverhampton, Black Country	b DABm 11B
Birmingham area, West Midlands, SE Staffs	c DABm 11C
Coventry and Warwickshire	d DABm 12D
Leicestershire	DABm 11B
South and Central Nottinghamshire	DABm 12C
South and Central Derbyshire, SE Staffordshire	DABm 10B
Most of Essex	DABm 12D
Hertfordshire, Bedfordshire, Buckinghamshire	DABm 10D
Northamptonshire	DABm 10C
North Cambridgeshire, Huntingdon, S Lincs	DABm 12D
South and Central Cambridgeshire	DABm 11C
East Norfolk	DABm 10B
South Yorkshire, North Notts, Chesterfield	f DABs 11C
Leeds and Wakefield Districts	g DABs 12D
East Yorkshire and North Lincolnshire	h DABs 11B
Tees Valley and County Durham	i DABs 11B
Tyne and Wear, North Durham, Northumberland	j DABs 11C
Greater Manchester and North East Cheshire	k DABs 12C
Central and East Lancashire	l DABs 12A
Merseyside and West Cheshire	m DABs 10C
West Midlands region	e FM 105.2
Merseyside & West Cheshire	m FM 105.9
Leeds and Wakefield area	g AM 828
Doncaster area	f AM 990
South, W & Cent Lancashire	l AM 999
Greater Manchester	k AM 1152
Tyneside, N Durham, S Nthm	j AM 1152
Humberside	h AM 1161
Tees Valley and Darlington	i AM 1170
Barnsley	f AM 1305
Coventry & N Warwickshire	d AM 1359
Sheffield and Rotherham	f AM 1548
a: 5/2016: Free Radio 80s	
b: 15/1/1989*: WABC (Nostalgia). 31/12/1990: +Shropshire added. 1991: oldies format. 1997: Classic Gold WABC. 3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.	
c: 4/4/1989*: Xtra AM (oldies). 1/6/1998: Capital Gold. 3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.	
d: 4/4/1989*: Xtra AM (oldies). 7/3/1994: Classic Gold. 3/8/2007: Gold. 2010: Merged. 4/9/2012: Free Radio 80s.	
e: 10/6/2004: Kerrang (Modern Rock). 14/06/2013: Planet Rock. 07/09/2015: Absolute Radio	
f: 1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 17/3/1997: Magic AM (soft). 2003: oldies. 5/11/2015: Hallam 2.	
g: 17/7/1990*: Magic 828 (oldies). 12/2/1997: Soft. 2003: oldies. 5/11/2015: Radio Aire 2.	

h: 1/5/1989*: *Classic Gold (oldies)*. 13/9/1993: *Great Yorkshire Gold*. 12/2/1997: *Magic 1161 (soft)*. 2003: *oldies*. 5/1/2015: *Viking 2*.

i: 8/4/1989*: *Great North Radio (oldies)* 2/1998: *Magic 1170 (soft)*. 2003: *oldies*. 5/1/2015: *TFM 2*.

j: 8/4/1989*: *Great North Radio (oldies)* 2/1998: *Magic 1152 (soft)*. 2003: *oldies*. 5/1/2015: *Metro R 2*.

k: 3/9/1988*: *Piccadilly (mixed format)*, 1990: *Piccadilly Gold (Oldies)*. 1996: *Piccadilly (Oldies, Adult, Talk)*. 4/1999: *Magic 1152 (soft)*. 2003: *oldies*. 5/1/2015: *Key 2*. 4/6/2018: *Key Radio*

l: 5/10/1982: *Red Rose (Mixed format)*, 1/6/1990: *Red Rose Gold (Oldies)*. 1996: *Red Rose 999 (Oldies, Adult)*. 1/1999: *Magic 999 (soft)*. 2003: *oldies*. 5/1/2015: *Rock 2*.

m: 21/10/1989*: *City Talk (talk)* on 1548 AM. 1991: *Radio City Gold (oldies)*. 12/2/1997: *Magic 1548 (soft)*. 2003: *oldies*.

5/1/2015: *Radio City 2*. 7/12/2015 moved to FM

All: 7/1/2019: *Greatest Hits Radio*

GREATEST HITS NETWORK - SCOTLAND

Format: *Oldies Music* Broadcaster: *Bauer*
All programmes shared (except West Sound South). Some programmes also shared with Greatest Hits Radio. Individual stations broadcast separate local news and information: *Clyde 2*, *Forth 2*, *MFR 2*, *Northsound 2*, *Tay 2*, *West Sound (West)*, *West Sound (South: some local progs)*

GTFM

Mixed Format Community FM 107.9
Pontypridd, S Wales

GULSHAN RADIO

Asian Community FM 106.9
Wolverhampton

H

HAILSHAM FM

Mixed Format Community FM 95.9
Hailsham, East Sussex

HALLAM FM

Contemporary, Adult Bauer 1 410 000
Part of Hits Radio Network (England)
South Yorkshire, North Notts, Chesterfield
Sheffield area DABs 11C
FM 97.4
Doncaster area FM 103.4
Barnsley and Rotherham FM 102.9
1/10/1974. 1/10/1985: +Doncaster and Barnsley.

HALTON FM

Mixed Format Community FM 92.3
Runcorn & Widnes, Cheshire

HARBOUR RADIO

Mixed Format Community FM 107.4
Great Yarmouth

HARBOROUGH FM

Mixed Format Community FM 102.3
Market Harborough, Leics

RADIO HARTLEPOOL

Mixed Format Community FM 102.4
Hartlepool

HAYES FM

Mixed Format Community FM 91.8
Hayes area, West London,

HCR FM

Mixed Format Community DABm 7D
Cambridge FM 104.0
Huntingdon

HEART (NETWORK)

Format: *Adult Contemporary Music*
Broadcaster: *Global Radio*

HEART UK

Adult Global Radio DABs 11B
Leicestershire DABs 12C
South and Central Nottinghamshire DABs 10B
South and Central Derbyshire, SE Staffordshire
Satellite 0111, DTT 728, Cable 918

HEART LONDON

Adult Global Radio 9 650 000
As Heart UK with local news and information
London area, Surrey, W Kent, Herts, Luton (Mx 1) DABs 12C
London area FM 106.2
5/9/1995.

The following stations opt-out of Heart UK with local output
Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together
with local news and information.

HEART CAMBRIDGESHIRE

Adult Global Radio 950 000
North Cambridgeshire, Huntingdon, S Lincs b DABs 12D
South and Central Cambridgeshire a DABs 11C
Newmarket, Suffolk a FM 97.4
Haverhill, Suffolk a FM 97.4
N Cambridgeshire, S Lincs b FM 102.7
South & C Cambridgeshire a FM 103.0

a: 12/2/1989: *CNFM*. 1995: *Q103*. 2007: +*Haverhill*
b: 20/7/1980: *Hereward FM*.

All: 5/1/2009: *Heart*. 2/7/2010: *Stations merged*.

HEART CORNWALL

Adult, Talk Global 460 000
Cornwall DABs 11B
East Cornwall FM 105.1
West Cornwall FM 107.0
7/2006: *Atlantic FM*. 7/5/2012: *Heart*.

HEART DEVON

Adult Global Radio 1 080 000
East Devon, Exeter and Torbay b DABs 11C
North and Central Devon a DABs 10C
Plymouth and South Devon c DABs 12D
North and Central Devon a FM 96.2
Torbay area b FM 96.4
Tavistock, Devon c FM 96.6
Exeter area b FM 97.0
Plymouth area c FM 97.0
Ilfracombe, Devon a FM 97.3
Tolnes area, Devon d FM 100.5
Dartmouth area, Devon d FM 100.8
South Hams, Devon d FM 01.2
Ivybridge, Devon d FM 101.9
East Devon b FM 103.0
a: 19/10/1992: *Lantern FM*. 2002: +*Ilfracombe*.
b: 1/1/1995: *Gemini FM*. (Replaced 7/11/1980- *Devon Air R*)
c: 19/5/1975: *Plymouth Sound*. 28/10/85: +*Tavistock with opt-out Radio in Tavistock until 1994*.
d: 1/12/1999: *South Hams Radio*.
All: 23/3/2009: *Heart*. 27/8/2010: *Stations merged*.

HEART EAST ANGLIA

Adult Global Radio 1 100 000
East Norfolk a DABs 10B
Suffolk b DABs 10C
South and East Suffolk a FM 97.1
West Suffolk a FM 96.4
East Norfolk and NE Suffolk b FM 102.4
a: 28/10/1975 (*East*): *Radio Orwell*. 6/11/1982 (*West*): *Saxon Radio*. 1992: *SGR FM*.
b: 1/10/1984: *Broadland FM*.
Both: 5/1/2009: *Heart*. 5/9/2010: *Stations merged*.

HEART ESSEX

Adult Global Radio 1 390 000
Most of Essex DABs 12D
Colchester & NE Essex a FM 96.1
South East Essex b FM 96.3
Southend b FM 97.5
Harlow area c FM 101.7
Chelmsford & Central Essex b FM 102.6
a: 17/10/1993: *SGR Colchester*. 5/1/2009: *Heart*.
b: 12/9/1981: *Essex FM*. 1998: +*Southend*. 22/6/2009: *Heart*.
c: 1/5/1993: *Ten 17*. 2000: *Mercury FM*. 2001: *Ten 17*.
22-25/7/2010: *Stations merged as Heart*.

HEART GLOUCESTERSHIRE

Adult Global Radio 360 000
Gloucestershire DABs 10C
Gloucester & Cheltenham FM 102.4
Stroud area FM 103.0
23/10/1980: *Severn Sound*. 7/3/1988: +*Stroud*. 23/3/2009: *Heart*.

HEART HERTFORDSHIRE

Adult Communicorp 390 000
West Hertfordshire FM 96.6
22/10/1994: *Oasis*. 96.6 1995: *Classic Hits*. 1997: *Oasis*. 2000: *Mercury*. 25/7/2010: *Heart*.

HEART HOME COUNTIES

Adult Global Radio 1 900 000
Hertfordshire, Bedfordshire, Buckinghamshire DABs 10D
Northamptonshire DABs 10C
Northamptonshire a FM 96.6
Bedfordshire & North Herts b FM 96.9
NW & C Herts, S Beds, E Bucks c FM 97.6
Milton Keynes area d FM 103.3
a: 1/10/1986: *Northants 96*.
b: 1/3/1982: *Chiltern FM*. 1996: *B97*. 1999: *Chiltern FM*.
c: 15/10/1981: *Chiltern FM*.
d: 15/10/1989: *Horizon*.
All: 5/1/2009: *Heart*. 16/7/2010: *Stations merged*.

HEART KENT

Adult Global Radio 1 440 000
Kent and Eastern London DABs 11C
Thanet, Kent FM 95.9
Ashford area, Kent FM 96.1
Dover and Folkestone area FM 97.0
Canterbury area FM 102.8
West Kent FM 103.1
1/10/1984: *Invicta*. 22/6/2009: *Heart*.

HEART NORTH LANCASHIRE AND CUMBRIA

Adult Global Radio 300 000
S Cumbria & NW Lancashire FM 96.9
Windermere & Ambleside FM 102.3
Kendal, Cumbria FM 103.2
1/3/1993: *The Bay*. 5/3/2018: *Heart*

HEART NORTH EAST

Adult	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
West Tyneside, Tyne & Wear		FM 96.2
Cleveland, Durham, N Yorks		FM 100.7
Hexham & Tyne Valley		FM 101.2
Sunderland		FM 101.2
Tyneside, N Durham, S Nthmb		FM 101.8

1/9/1994: *Century*. 1996: +*Tyne Valley*. 1/2009: *Real Radio*.

6/5/2014: *Heart*.

HEART NORTH WALES

Adult	Communicorp	720 000
East Clwyd		FM 88.0
Welshpool, Powys		FM 102.8
N Clwyd and NE Gwynedd		FM 105.7
Newtown, Powys		FM 106.0
Denbigh, Ruthin and Rhyl		FM 106.9
W & N Gwynedd & Anglesey		FM 107.2
Rhyl and Prestatyn		FM 107.3
Ceredigion		FM 107.7

1/12/2010: *Real Radio (as South Wales)*. 6/5/2014: *Heart (separate peak-time programmes)*.

HEART NORTH WEST

Adult	Global Radio	5 670 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Merseyside and West Cheshire		DABs 10C
North West England		FM 105.4

8/9/1998: *Century*. 1/2009: *Real Radio*. 6/5/2014: *Heart*.

HEART SCOTLAND

Adult	Global Radio	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Dumbarton and Alexandria		FM 100.0
Glasgow and Clydeside area		FM 100.3
Lothian and Fife		FM 101.1
Greenock and Firth of Clyde		FM 101.1
Penicuik, Lothian		FM 103.3

16/9/1994: *Scot FM*. 2001: *Real Radio*. 11/2004: +*Rosneath*.

10/2006: +*Millburn Muir*. 4/2008: +*Penicuik*. 6/5/2014: *Heart*.

HEART SOUTH COAST

Adult	Global Radio	1 600 000
South Hampshire and Isle of Wight		a DABs 11C
East, South and Central Dorset		b DABs 11B
Winchester & Southampton		a FM 6.7
Portsmouth area		a FM 97.5
Bournemouth area		b FM 102.3

a: 12/10/1986: *Ocean Sound*. 1987: added *Winchester*.

(4/12/88-27/1/91 on *Winchester only: Ocean Light*.)

22/6/2009: *Heart*. (Replaced *R Victory in Portsmouth 1975-86*.)

b: 15/9/1980: *Two Counties R*, then *2CR FM*. 22/6/2009: *Heart*. Stations merged: 29/7/2010

HEART SOUTH WALES

Adult	Global	1 500 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
West Glamorgan and Carmarthenshire		DABs 12A
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
Pontypridd area		FM 102.3
Carmarthenshire		FM 105.2
Abergavenny & Usk Valley		FM 105.2
Cardiff & South Glamorgan		FM 105.4
Pembrokeshire		FM 105.7
South Gwent		FM 105.9
Merthyr Tydfil & Aberdare		FM 105.9
Swansea area		FM 106.0
Carmarthen		FM 106.0
Ebbw Vale & Tedegar, Gwent		FM 106.1
Fishguard & Newport, Pembs		FM 106.2
Bargoed area		FM 107.3

3/10/2000: *Real Radio*. 2002: +*Carmarthenshire*. 2003:

+*Pembrokeshire and Fishguard 12/2004*: +*Carmarthen*. 2005:

+*Abergavenny, Ebbw Vale, Merthyr, Aberdare*. 2010:

+*Eglysylan and Bargoed*. 6/5/2014: *Heart*.

HEART SUSSEX AND SURREY

Contemporary	Global Radio	1 400 000
Sussex		a DABs 10B
Surrey, North East Hampshire, South London		b DABs 10C
Horsham		b FM 97.5
Newhaven & Seaford, Sussex		a FM 96.9
Hastings		a FM 102.0
East Sussex		a FM 102.4
North Sussex & East Surrey		b FM 102.7
Brighton and Worthing area		a FM 103.5

a: 29/9/1983: *Southern Sound*, then *Southern FM*. 5/2/1989:

+*East Sussex*. 12/2/1988: +*Newhaven*. 22/6/2009: *Heart*.

b: 20/10/1984 as *Radio Mercury*.

Stations merged as *Heart* 25/7/2010

HEART THAMES VALLEY

Adult	Global Radio	1 700 000
Berkshire and North Hampshire		a DABs 12D
Oxfordshire		b DABs 10B
Reading area		a FM 97.0
Banbury & Brackley area		b FM 97.4
Oxfordshire and West Bucks		b FM 102.6
N Hampshire & W Berkshire		a FM 102.9
Henley, Oxon		a FM 103.4

a: 8/3/1976: *Radio 210*. 1/1/1987: +*N Hants & W Berks*. 1990: 2-

Ten FM. 1997: +*Henley*. 22/6/2009: *Heart*.

b: 15/9/1989: *Fox FM*. 22/6/2009: *Heart*.

Stations merged 9/7/2010.

HEART WEST COUNTRY

Adult	Global Radio	1 290 000
Bristol, Bath and Avon		a DABs 11B
West Wiltshire and Bath		c DABs 10D
Somerset		b DABs 10B
Avon		a FM 96.3
Taunton		b FM 96.5
Yeovil area		b FM 97.1
Somerset		b FM 102.6
Bath		c FM 103.0
Weston-super-Mare area		a FM 103.0

a: 27/10/1981: *Radio West*. 1986: *GWR*. 2007: +*Weston*.

b: 26/11/1989: *Orchard FM*. 1996: +*Taunton relay*.

c: 22/5/1987 as part of *GWR Bristol*. Separate from 2002.

All: 23/3/2009: *Heart*. 27/8/2010: *Stations merged*.

HEART WEST MIDLANDS

Adult	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
West Midlands region		FM 100.7

1/9/1994.

HEART WILTSHIRE

Adult	Global Radio	490 000
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Marlborough area, Wilts		FM 96.5
Swindon area & Cirencester		FM 97.2
West Wiltshire		FM 102.2

12/10/1982: *Wiltshire Radio*. 1986: *GWR*. 14/10/1988:

+*Marlborough*. 23/3/2009: *Heart*.

HEART YORKSHIRE

Adult	Communicorp	3 750 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABm 11B
West & South Yorkshire, York		FM 106.2
Bradford area		FM 107.6
Sheffield area		FM 107.7

25/03/2002: *Real Radio*. 6/5/2014: *Heart*.

HEART EXTRA

Adult	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A

Airdate: 29/2/2016

HEART 80s

Format: 80s Pop Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Satellite 0112, Cable 921		

Airdate: 14/3/2017

HEARTLAND FM

Mixed Music	Independent	110 000
Pitlochry&Aberfeldy, Tayside		FM 97.5

21/3/1992.

HEAT

Adult	Bauer	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux) until 1 Feb		DABm 11A
DTT 716		

Airdate: 10/2003. On SD Mux: 29/2/2016 to 1/2/2019.

HERITAGE RADIO

Muslim Community	Community	
Manchester		DAB + 10B m
Manchester		AM 1602 will move to FM

HERMITAGE FM

Mixed Format	Community	
Coalville & Ashby-de-la-Zouch		FM 99.2

HIGH PEAK RADIO

Adult, Oldies	Independent	80 000
New Mills and Whaley Bridge		FM 103.3
Hope Valley, Derbyshire		FM 103.3
Buxton area, Derbyshire		FM 106.4
Glossop and Hadfield, Derbys		FM 106.4
Chapel-en-le-Frith, Derbys		FM 106.6

HILLZ FM

Mixed Format, Rhythmic	Community	
Hillfields, Coventry		FM 98.6

HITMIX RADIO

Mixed Format	Community	
Newcastle Under Lyme, Staffs		FM 107.5

HITS RADIO (NETWORK)

Format: Contemporary Hit and Adult Contemporary Music
Broadcaster: Bauer

HITS RADIO (UK)

Contemporary, Adult	Bauer	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A
Kent and Eastern London		DABm 11C
Sussex		DABm 10B
South Hampshire and Isle of Wight		DABm 11C
East, South and Central Dorset		DABm 11B
Berkshire and North Hampshire		DABm 12D
Oxfordshire		DABm 10B
West Wiltshire and Bath		DABm 10D
Swindon area		DABm 11C
Bristol, Bath and Avon		DABm 11B
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Plymouth and South Devon		DABm 12D
Cornwall		DABm 11B
Shropshire, Wolverhampton, Black Country		DABm 11B
Birmingham area, West Midlands, SE Staffs		DABm 11C
Coventry and Warwickshire		DABm 12D
Leicestershire		DABm 11B
South and Central Nottinghamshire		DABm 12C
South and Central Derbyshire, SE Staffordshire		DABm 10B
Most of Essex		DABm 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Northamptonshire		DABm 10C
North Cambridgeshire, Huntingdon, S Lincs		DABm 12D
South and Central Cambridgeshire		DABm 11C
East Norfolk		DABm 10B
South Yorkshire, North Notts, Chesterfield		DABm 11C
Leeds and Wakefield Districts		DABm 12D
East Yorkshire and North Lincolnshire		DABm 11B
Tees Valley and County Durham		DABm 11B
Tyne and Wear, North Durham, Northumberland		DABm 11C
Central and East Lancashire		DABm 12A
Merseyside and West Cheshire		DABm 10C
Ayrshire		DABm 11B
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABm 11C
Edinburgh, Lothian and South Fife		DABm 12D
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B
Inverness area		DABm 12D
Northern Ireland		DABm 12D

Satellite 0188, DTT 711

Airdate: 4/6/2018

HITS RADIO MANCHESTER

Contemporary, Adult	Bauer	2 810 000
Greater Manchester and North East Cheshire		DABs 12C
Greater Manchester		FM 103.0

2/4/1974: *Piccadilly (mixed)*. 3/9/1988*: *Key 103 (Adult)*.

1990: *Piccadilly Key 103 (contemporary)*. 1996: *Key 103*. 200:

Piccadilly Key 103. 2002: *Key 103*. 4/6/2018: *Hits Radio*

Manchester

HITS RADIO NETWORK - ENGLAND

Format: Contemporary, Adult	Broadcaster: Bauer	
Stations broadcast local programmes	Mon-Fri 06-10, 16-19,	
plus 4 hours on Sat and Sun, relaying Hits Radio at other times:		
Radio Aire, CFM, Radio City, Free Radio, Hallam FM, Metro		
Radio, Rock FM, TFM, Viking FM		

HITS RADIO NETWORK - SCOTLAND

Format: Contemporary, Adult	Broadcaster: Bauer	
Stations broadcast local programmes	Mon-Fri 06-10, 16-19,	
plus 4 hours on Sat and Sun, sharing programming with each		
other at other times:		
Radio Borders Clyde 1, Forth 1, MFR, Northsound 1, Tay FM,		
West FM		

HOPE FM

Christian Bournemouth	Community	FM 90.1
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HOT

Mixed Format Poole	Community	FM 102.8
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HUB RADIO

New Music Bristol	Community (Student)	DAB+ 9A
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HULL KINGSTON RADIO

Mixed Format Hull	Community	FM 107.4
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I**IBC TAMIL**

Tamil London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
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RADIO IKHLAS

Asian Derby	Community	FM 107.8
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IMAGINE RADIO

Adult Manchester	Independent	1 460 000
South & Cent Gt Manchester		DAB+ 10B
		FM 104.9

17/2/1990: *KFM*. 1992: *Signal Cheshire (merged with 96.4)*. 1997: *Signal FM*. 1/2000: *Imagine FM*.

INSANITY

New Music, Pop Egham, Surrey	Community (Student)	FM 103.2
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INSPIRATION FM

Soul, Reggae, Dance Northampton	Community	FM 107.8
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INSPIRE FM

Muslim Luton	Community	FM 105.1
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INTOBEATS

Rhythmic New Music Bedford	Community	FM 106.5
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IPSWICH 102

Oldies, Adult Suffolk Ipswich area	Nation/Bauer/Muxco	300 000
		DABs 10C
		FM 102.0

1/8/2018.

IPSWICH COMMUNITY RADIO

Mixed Format Ipswich	Community	FM 105.7
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IRVINE BEAT FM

Mixed Format Irvine, Ayrshire	Community	FM 107.2
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ISLAND FM

Adult Alderney Guernsey	Tindle	60 000
		FM 93.7
		FM 104.7

15/10/1992. 1994: *+Alderney*.

ISLE OF WIGHT RADIO

Adult South East Isle of Wight	Media Sound Holdings	125 000
		FM 102.0
Ryde and NE Isle of Wight		FM 102.0
Cowes, Isle of Wight		FM 102.0
Isle of Wight		FM 107.0

15/4/1990. Moved from AM to FM 28/3/1998.

ISLES FM

Mixed Music, Gaelic Isle of Lewis	Independent	20 000
		FM 103.0

7/3/1998.

IÚR FM

Mixed Format Newry	Community	FM 101.4
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J**JACK RADIO**

Female Vocal Oldies, Adult Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	Oxis Media	350 000
		DABm 10B
		FM 106.4
		FM 106.4
		FM 106.4
		FM 106.4
		FM 106.8

6/4/2018

JACK FM

Oldies, Adult, Rock Oxfordshire	Oxis Media	350 000
Bicester, Oxon		DABm 10B
Wallingford, Oxon		FM 106.4
Wantage, Oxon		FM 106.4
Witney, Oxon		FM 106.4
Central and South Oxon		FM 106.8

2007.

JACK FM 2

Pop Oxfordshire	Oxis Media	140 000
Oxford		DABm 10B
		FM 107.9

14/2/1997: *Oxygen (student station)*. 2000: *Fusion (mixed format)*. 5/2003: *Passion (Dance)* 2006: *Oxford's 107.9*. 17/8/2010: *Glide (pop)*. 20/9/2013: *Jack FM 2*.

JACK 3

Easy Listening, Oldies Oxfordshire	Oxis Media	DABm 10B
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RADIO JACKIE

Adult, Oldies SW London & N Surrey	Independent	1 150 000
		FM 107.8

1/3/1997: *Thames Radio*. 19/10/2003: *Radio Jackie*.

JAZZ FM

Format: Jazz and Soul Music	Broadcaster: Bauer	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland		DAB+ 11A
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
		Satellite 0202/729

Airdate: 9/2008 (the original Jazz FM broadcast 4/3/1990 to 7/6/2005) DAB coverage has varied. On SD Mux: 29/2/2016.

JUICE

Music for Gay Community Belfast	Independent	FM 103.8
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K**KANE FM**

Rhythmic Music Guildford, Surrey	Community	FM 103.7
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KANSHI RADIO

Punjabi Satellite 0205,	Independent	
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KCC LIVE

Mixed Format Knowsley, Merseyside	Community	FM 99.8
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KCFM

Adult, Oldies Lincolnshire, North Lincolnshire and Hull area 1/8/2007.	Nation	500 000 DABs 12A FM 99.8
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KEEP 106

Oldies, Easy Listening Dorchester, Dorset	Community	FM 106.3
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KEITH COMMUNITY RADIO

Mixed Format Keith & Buckie area	Community	FM 107.7
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KEMET RADIO

Rhythmic Music Nottingham	Community	FM 97.5
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KENNET RADIO

Mixed Format Newbury, Berkshire	Community	FM 106.7
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KERRANG

American style Rock Dundee, Angus, Perth & Kinross, North Fife DTT 717	Bauer	DABm 11B
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10/2002 (Also carried on DAB until 12/12/2014 in Scotland, Northern England and Birmingham and until 23/5/2018 in London)

KHUSH KHABIRI

Asian Christian Satellite 0151	Independent	
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KINGDOM FM

Adult South and West Fife Central Fife Kirkcaldy, Fife North East Fife South East Fife 5/10/1998.	Independent	350 000 FM 95.2 FM 96.1 FM 96.6 FM 105.4 FM 106.3
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KISS

Format: Rhythmic Contemporary
Broadcaster: Bauer
England, Wales and Northern Ireland (D1 Mux) Scotland (D1 Mux)
London area, Surrey, W Kent, Herts, Luton (Mx 1) Bristol London area South Wales, West England Southern Cambridgeshire East Norfolk and NE Suffolk Suffolk, S Norfolk & NE Essex Peterborough area
Satellite 0178, DTT 713, Cable 963
Airdate: Network: 6/2000, National DAB: 1/2013
a: 1/9/1990
b: 21/4/1990 (Bristol): FTP. 27/11/1991: Galaxy. 1/9/1994: +South Wales. 1/1/2003: Vibe. 6/9/2006: Kiss.
c: 22/11/1997: Vibe FM. 6/9/2006: Kiss.

KISS FRESH

Format: Rhythmic New Music
Broadcaster: Bauer
London area, Surrey, W Kent, Herts, Luton (Mx 1) Birmingham area, West Midlands, SE Staffs South Yorkshire, North Notts, Chesterfield Leeds and Wakefield Districts East Yorkshire and North Lincolnshire Tees Valley and County Durham Tyne and Wear, North Durham, Northumberland Greater Manchester and North East Cheshire Central and East Lancashire Merseyside and West Cheshire Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk Edinburgh, Lothian and South Fife Dundee, Angus, Perth & Kinross, North Fife Inverness area Northern Ireland DTT 712
Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in North, Scotland, Birmingham, N Ireland: 1/5/2016.

KISSTORY

Format: Rhythmic Oldies
Broadcaster: Bauer
England, Wales & N Ireland (D1 Mux) Scotland (D1 Mux) DTT 714
Airdate: 7/3/2013 (DTT), DAB 12/2014. On SD Mux: 29/2/2016. On Digital One Mux: 11/2/2019.

KLFM

Adult, Oldies West Norfolk 1/7/1992.	UKRD	200 000 FM 96.7
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KM-FM

Contemporary Kent and Eastern London Tunbridge Wells area, Kent Folkestone Medway towns area Sevenoaks area Maidstone Canterbury area Dover area Thanet, Kent Ashford area, Kent Medway towns area	Kent Messenger	1 500 000 DABs 11C a FM 96.2 b FM 96.4 c FM 100.4 a FM 101.6 d FM 105.6 e FM 106.0 b FM 106.8 f FM 107.2 g FM 107.6 c FM 107.9
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a: 9/7/1995: KFM. 3/2000: Mercury. 9/2002: KM-FM.
b: 29/9/1997: Neptune Radio. 2/2003: KM-FM.
c: 1/9/1997: Medway FM. 3/2000: Mercury. 9/2002: KM-FM.
d: 18/10/2003: CTR. 2009: KM-FM.
e: 21/9/1997: CTFM. 2/2003: KM-FM.
f: 17/11/1998: TLR. 2/2003: KM-FM..
g: 3/10/2005.
12/3/2012: Stations merged, changing format from Adult.

KOAST RADIO

Mixed Format Ashington, Northumberland	Community	FM 106.6
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KOHINOOR FM

Punjabi Leicester	Community	FM 97.3
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KYFM

Mixed Format Kirkcaldy, Fife	Community	FM 107.0
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L**RADIO LAB**

New Music Luton	Community (Student)	FM 97.1
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LBC

Format: Talk and News
Broadcaster: Global Radio
England, Wales and Northern Ireland (D1 Mux) Scotland (D1 Mux) London area
Satellite 0124/724, DTT 732, Cable 919
Airdate (London): 6/10/1973: LBC. 2/10/1989 LBC Newstalk. 8/10/1994 London News Radio. 27/11/1996: News Direct. 6/1/2003: LBC.
National DAB Airdate: 11/2/2014

LBC NEWS

News London area, Surrey, W Kent, Herts, Luton (Mx 2) London area	Global Radio	8 530 000 DABm 12A AM 1152
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6/10/1973: LBC. 2/10/1989 London Talkback Radio. 8/10/1994: London Newstalk Radio 1/1/1996: LBC. 6/1/2003: LBC News

LEGACY 90.1 FM

Rhythmic Music Central Manchester	Community	FM 90.1
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LEISURE FM

Mixed Format Braintree, Essex	Community	FM 107.4
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LIBERTY RADIO

Christian Satellite 0186	Independent	
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LIKE RADIO

Contemporary Gloucestershire Herefordshire and Worcestershire North East Birmingham	Independent	DABm10C DABm 12A DAB+ 9A
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LINCOLN CITY RADIO

Oldies, Mixed Format Lincoln	Community	FM 103.6
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LINCS FM

Adult Lincolnshire, North Lincolnshire and Hull Grantham, Lincolnshire Scunthorpe, North Lincolnshire Lincolnshire & S Humberside 1/3/1992. 1995: +Grantham. 1999: +Scunthorpe.	Bauer	680 000 DABs 12A FM 96.7 FM 97.6 FM 102.2
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LINK FM

Asian Sheffield	Community	FM 96.7
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LIONHEART RADIO

Mixed Format Alnwick, Northumberland	Community	FM 107.3
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LISBURN CITY RADIO

Mixed Format Lisburn	Community	FM 98.8
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LOCHBROOM FM

Adult Lochinver & Enard Bay Ullapool area, Highland 23/8/1997. 2001: + Lochinver & Enard Bay.	Independent	2 000 FM 96.8 FM 102.2
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LONDON GREEK RADIO

Greek North East Birmingham Central London Glasgow Manchester North London 13/11/1989 in London. Shared frequency with WNK (Dance) until 1994. Other cities from 2015.	Independent	2 980 000 DABs 9A DAB+ 9A DAB+10B DAB+ 10B FM 103.3
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LOVE 80s

80s Music Manchester North East Wales, West Cheshire and Merseyside	Dee Radio	DAB+ 10B DAB+ 10D
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LOVE SPORT

Sport, Talk	Independent	8 430 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11D	
London area	AM 558	
25/6/1990: <i>Spectrum Radio (Mixed ethnic)</i> . 5/3/2018: <i>Love Sport</i>		

LRB DIGITAL

Muslim Community Central London	Independent	DABm 9A
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LYCA DIL SE 1035

Asian	Lyca Media	7 440 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
London	AM 1035	
1/9/1994: <i>Country 1035</i> . 2000: <i>Ritz</i> . 2003: <i>Easy R London (all Country formats)</i> . 1/2005: <i>Kismet</i> . 12/2013: <i>Sunrise R3</i> . 2/2014: <i>R 1035</i> . 9/2014: <i>Lyca Dil Se</i> .		

LYCA RADIO 1458

Asian	Lyca Media	10 410 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
London area	AM 1458	
5/11/1989: <i>Sunrise R in West London</i> . 1/1/1994: <i>London wide</i> . 12/2013: <i>Sunrise R1</i> . 2/2014: <i>R 1458</i> . 9/2014: <i>Lyca R</i>		

M**MAGIC**

Format: Oldies and Easy Listening Music		
Broadcaster: Bauer		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C	
London area	FM 105.4	
Satellite 0180, DTT 715, Cable 928		
<i>Airdate (London): 9/7/1990: Melody (Soft, Nostalgic Format)</i> . <i>Nostalgic phased out 1996-98</i> . 9/1998-11/1998: <i>Magic</i> . <i>National DAB Airdate: 5/1/2015</i>		

MAGIC CHILLED

Format: Soft Adult Contemporary Music		
Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DAB+ 12C	
Birmingham area, West Midlands, SE Staffs	DABm 11C	
South Yorkshire, North Notts, Chesterfield	DABm 11C	
Leeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Greater Manchester and North East Cheshire	DABm 12C	
Central and East Lancashire	DABm 12A	
Merseyside and West Cheshire	DABm 10C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
<i>Airdate: 21/3/2016 on SDL national multiplex. Moved to local multiplexes on 11/2/2019</i>		

MAGIC SOUL

Format: Classic Soul music		
Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABm 12C	
L. South Yorkshire, North Notts, Chesterfield	DABm 11C	
Leeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Greater Manchester and North East Cheshire	DABm 12C	
Central and East Lancashire	DABm 12A	
Merseyside and West Cheshire	DABm 10C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
<i>Airdate: 7/3/2013 (Online)</i> . <i>DAB in London 12/2014</i> . <i>DAB in NE, Yorkshire, Scotland, N Ireland: 1/5/2016</i> . <i>DAB in Birmingham 1/5/2016-23/5/2018</i> . <i>DAB in North West and South Yorkshire from 4/2/2019</i>		

MANSFIELD 103.2 FM

Adult	Independent	210 000
Mansfield & Ashfields, Notts	FM 103.2	
1/12/1999.		

MANX RADIO

Mixed Format	Independent	65 000
Central Isle of Man	FM 89.0	
Ramsay, Isle of Man	FM 89.5	
Peel area, Isle of Man	FM 89.5	
South and East Isle of Man	FM 97.2	
North Isle of Man	FM 103.7	
Isle of Man	AM 1368	
Some separate programmes on AM and FM 1968. 2014: + <i>Ramsay and Peel</i> .		

MARLOW FM

Mixed Format	Community	
Marlow, Bucks	FM 97.5	

MATRYOSHKA RADIO

Russian Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABs 11B	
Glasgow	DAB+ 10B	

MAX

80s Music	Independent	
Manchester	DAB+ 10B	

MCR LIVE

Mixed Format	Community	
Manchester	DAB+ 10B	

MEARNS FM

Mixed Format	Community	
Stonehaven, Grampian	FM 105.7	
Inverbevie, Grampian	FM 106.2	
Laurencekirk, Grampian	FM 107.3	

MELLOW MAGIC

Format: Easy Listening Music		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
	DABm 11A	
<i>Airdate: 14/3/2016</i> .		

MERIDIAN FM

Mixed Format	Community	
East Grinstead, Sussex	FM 107.0	

METAL MAYHEM

Heavy Rock	Independent	
Portsmouth	DAB+7D	

METRO RADIO

Contemporary, Adult	Bauer	1 830 000
Part of Hits Radio Network (England). Shares all programmes with TFM.		
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, N Durham, S Nthmb	FM 97.1	
Alnwick area,	FM 102.6	
West Tyneside, Tyne & Wear	FM 103.0	
Hexham & Tyne Valley	FM 103.2	
<i>15/7/1974</i> . <i>10/2/1989: +West Tyneside</i> . 1996 + <i>Tyne Valley and Alnwick</i> .		

MFR 2

Oldies	Bauer	290 000
All programmes from Greatest Hits Network (Scotland)		
Inverness area	DABs 12D	
North Scotland	AM 1107	
9/2014*.		

MI SOUL

Soul	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
Brighton area	DAB+ 9A	
Manchester	DAB+ 10B	

MIGHTY RADIO

Mixed Format	Community	
Southport	FM 107.9	

MINSTER FM

Adult, Oldies	UKRD	460 000
York and North Yorkshire	DABs 10C	
Thirsk area, North Yorkshire	b FM 102.3	
Northallerton & Bedale	b FM 103.5	
South & Central North Yorks	a FM 104.7	
<i>a: 4/7/1992</i> . (<i>Thirsk added 1996, then joined Northallerton</i>)		
<i>b: 12/6/2007: Minster Northallerton FM</i> . 2/11/2009: <i>Star Radio</i> . 4/2017: merged with <i>Minster FM</i>		

MIX 96

Adult	TLRC	160 000
Aylesbury area	FM 96.2	
15/4/1994.		

MKFM

Mixed Format	Community	
Hertfordshire, Bedfordshire, Buckinghamshire	DABm 10D	
Milton Keynes	FM 106.3	

MON FM

Mixed Format	Community	
Anglesey	FM 102.5	

MOORLANDS RADIO

Mixed Format	Community	
Leek and Biddulph, Staffs	FM 103.7	

MORAY FIRTH RADIO (MFR)

Contemporary, Adult	Bauer	290 000
Part of Hits Radio Network (Scotland)		
Some frequencies carry separate community radio services in the evenings: (C) Caithness FM, (Ki) Kinnaird Radio.		
Inverness area	DABs 12D	
Speyside, Highland	FM 96.6	
Fraserburgh area (Ki)	FM 96.7	
Wick (C)	FM 96.7	
Inverness & Moray Firth	FM 97.4	
Thurso & Wick area (C)	FM 102.5	
Keith & Buckie area	FM 102.8	
<i>23/2/1982</i> . 1995: + <i>Speyside</i> . 1997: + <i>Thurso & Wick, Keith & Buckie and Fraserburgh</i> .		

MORE RADIO

SE1 ■

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Adult, Oldies	Media Sound Holdings	790 000
Sussex	DABm	10B
Burgess Hill, Haywards Heath	a FM	106.4
Lewes area, Sussex	a FM	106.8
Eastbourne area	b FM	107.5
Worthing	c FM	107.7
Hastings area	d FM	107.8
a: 31/3/2001: Bright FM. 17/10/2005: +Lewes. 11/4/2016: More Radio.		
b: 17/11/1997: Sovereign Radio. 11/4/2016: More Radio.		
c: 05/05/2003: Splash FM. 11/4/2016: More Radio.		
d: 10/4/1998: Arrow FM. 11/4/2016: More Radio.		

NATION RADIO (LONDON)

Oldies	Nation Broadcasting	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 12A	
26/6/2016: Thames Radio. 25/6/2018: Nation Radio		

NATION RADIO (SCOTLAND)

Oldies	Nation Broadcasting	
Glasgow	DABs 10B	
Glasgow area	FM 96.3	
9/2018		

NATION RADIO (WALES)

Oldies, Easy Listening	Nation Broadcasting	1 350 000
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
South Glamorgan, Mid Glamorgan, Gwent	DABs 12C	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	
Conwy county	DABs 12D	
Gwynedd and Anglesey	DABs 10D	
Carmarthenshire	FM 102.9	
Cardiff and SE Wales	FM 106.8	
Pembrokeshire	FM 107.1	
Swansea area	FM 107.3	
29/11/2007: XFM. 16/6/2008: Nation Radio. Rock format until 2017. 8/2017: Carmarthenshire added, 11/2017: Pembrokeshire added		

NE1 FM

Mixed Format	Community	
Newcastle		102.5

NEVIS RADIO

Adult, Contemporary	Community	20 000
Fort William area, Highland	FM 96.6	
Glen Coe, Highland	FM 96.6	
Mallaig, Arisaig & SE Skye	FM 102.3	
Ballachulish & Loch Leven	FM 102.4	
1/8/1994. 1997: Coverage extended.		

NEW STYLE RADIO

Rhythmic Music	Community	
Birmingham		FM 98.7

RADIO NEWARK

Mixed Format	Community	
Lincolnshire, North Lincolnshire and Hull	DAB+ 12A	
Newark, Notts	FM 107.8	

RADIO NEWQUAY

Mixed Format	Community	
Newquay, Cornwall		FM 107.8

NEWSTALK 106-108

News and Talk	Communicorp	
Satellite 0210		
Also available on FM in Republic of Ireland (<i>see Ireland section</i>)		

NINESPRINGS RADIO

Mixed Format	Community	
Yeovil area, Somerset		FM 104.5

NLIVE

Mixed Format	Community	
Northampton		FM 106.9

NME 1

Rock	Independent	
Brighton area		DAB+ 9A
Central London		DAB+ 9A
Norwich		DAB+ 9A

NME 2

Contemporary Rock	Independent	
Norwich		DAB+ 9A

NORTH MANCHESTER FM

Mixed Format	Community	
North Manchester		FM 106.6

NORTH NORFOLK RADIO

Oldies, Adult	Bauer	120 000
Shares all programmes with The Beach, Dream 100, Radio Norwich and Town FM		
North East Norfolk		FM 96.2
Fakenham		FM 96.2
North West Norfolk		FM 103.2
Cromer, Sheringham, Norfolk		FM 103.2
10/11/2003. 11/2005: +Fakenham.		

NORTHSOUND ONE

Contemporary, Adult	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Aberdeen, Aberdeenshire		DABs 11C
East Grampian Region		FM 96.9
Aberdeen		FM 97.6
Peterhead area, Grampian		FM 103.0
27/7/1981.		

NORTHSOUND TWO

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Aberdeen, Aberdeenshire		DABs 11C
1995*. On AM until 3/4/2018.		

RADIO NORWICH

Oldies, Adult	Bauer	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Town FM		
Norwich		DABs 9A
Norwich area		FM 99.9
7/2006.		

NOVA FM

Mixed Format	Community	
Newport, Shropshire		FM 97.5

NU SOUND RADIO

Asian	Community	
Central London		DAB+ 9A
Newham, E London		FM 92.0

O**OBAN FM**

Mixed Music Oban area, Highland 1/7/1996.	Independent	10 000 FM 103.3
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OLDHAM COMMUNITY R

Mixed Format Oldham	Community	FM 99.7
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1BTN

Dance Music Brighton area Central and East Brighton	Community	DAB+ 9A FM 101.4
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100% DRAGON HITS

Contemporary, Adult Somerset and SE Wales coast Portsmouth	Triple Media	DABs 10B DAB+7D
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100% WHATEVER

Music and Comedy Somerset and SE Wales coast Portsmouth	Triple Media	DABs 10B DAB+7D
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ORIGINAL 106

Oldies, Adult, Rock Aberdeen Peterhead area, Grampian East Grampian Region 28/10/2007.	New Wave Media	110 000 FM 106.3 FM 106.3 FM 106.8
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P**PANDA RADIO**

Mixed Format, News from China London area, Surrey, W Kent, Herts, Luton (Mx 2) Norwich	Independent	DABm 12A DAB+ 9A
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PAISLEY FM

Mixed Format Glasgow Paisley	Community	DAB+ 10B FM 107.5
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RADIO PANJ

Punjabi Coventry	Community	AM 1521
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PANJAB RADIO

Format: Music & Talk for the Panjabi and Sikh Broadcaster: Independent Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) NE London, SW Essex, SE Herts Satellite 0130 Airdate: 1/9/200 (Satellite), 4/11/2003 (Local DAB), 29/2/2016 (National DAB) AM: 17/8/1995: London Turkish Radio (Turkish). 4/2014: Turkish Gold. 6/3/2015: Panjab Radio	Communities	DABm 11A AM 1584
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PARK RADIO

Mixed Format Harleston, Norfolk Diss, Norfolk	Community	FM 105.2 FM 107.6
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PEAK FM

Contemporary, Adult Matlock and Bakewell Chesterfield area 7/10/1998.	Bauer	320 000 FM 102.0 FM 107.4
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RADIO PEMBROKESHIRE

Adult, Oldies Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and Swansea Bay Radio Pembrokeshire, Carmarthenshire, Swansea Pembrokeshire Fishguard & Newport, Pems Tenby, Pembrokeshire 14/07/2002.	Nation Broadcasting	110 000
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PENISTONE COMMUNITY RADIO

Mixed Format Penistone, South Yorks	Community	FM 95.7
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PETERBOROUGH COMMUNITY RADIO

Mixed Format Peterborough	Community	FM 103.2
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PHOENIX RADIO

Mixed Format Halifax	Community	FM 96.7
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PHOENIX FM

Mixed Format Brentwood	Community	FM 98.0
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PHONIC FM

Mixed Format Exeter	Community	FM 106.8
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PIRATE FM

Adult, Oldies Cornwall East Cornwall & West Devon West Cornwall 3/4/1992.	UKRD	790 000 DABs 11B FM 102.2 FM 102.8
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PIRATE 80s

80s Music Programmes shared with Eagle 80s Cornwall	UKRD	DABs 11B
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PLANET ROCK

Format: Classic Heavy Rock Music Broadcaster: Bauer Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) Satellite 0110/730, Cable 924 Airdate: 15/11/1999 (Moved from D1 Mux on 29/2/2016)		DABm 11A
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PLATFORM B

New Music Brighton area Brighton	Community	DAB+ 9A FM 105.5
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RADIO PLUS

Christian Contemporary Coventry	Community	FM 101.5
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RADIO PLYMOUTH

Adult, Oldies Plymouth area 28/10/2010.	Independent	300 000 FM 106.7
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POLSKIE RADIO

Polish London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
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PREMIER CHRISTIAN RADIO

Format: Christian Talk and Music Broadcaster: London Christian Radio Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) NE London, SE Herts, SW Essex South London & East Surrey London E London & Thames Estuary W London, E Berks & N Surrey W Surrey, NE Hants DIT 725 Airdates: a: 10/06/1995 b: 7/6/1988*: First Gold (Oldies), 4/5/1992: County Sound, 1994: Mercury Extra, 4/9/1995: County Sound Radio (Oldies, Talk), 13/7/2012: Eagle Extra. 1/12/2014: Premier Radio National DAB: 21/9/2009 (Moved from D1 Mux on 29/2/2016)		DABm 11A a AM 1305 a AM 1305 a AM 1332 a AM 1413 a AM 1413 b AM 1566
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PREMIER GOSPEL

Gospel Music (Christian) London area, Surrey, W Kent, Herts, Luton (Mx 3) Surrey, North East Hampshire, South London Airdate: 21/9/2009 (London)	London Christian Radio	DABm 11B DABm 10C
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PREMIER PRAISE

Format: Christian Broadcaster: London Christian Radio Most of England, South Wales, Central/NE Scotland, Central/ Eastern Northern Ireland (SD Mux) Airdate: 27/3/2016.		DABm 11A
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PRIDE RADIO

Music for Gay Community Glasgow Newcastle	Community	DAB+ 10B FM 89.2
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PULSE FM

Mixed Format Glasgow Barrhead, near Glasgow	Community	DABs 10B FM 98.4
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PULSE 1

Contemporary, Adult Bradford, Calderdale and Kirklees Districts FM Bradford area Huddersfield & Halifax area 16/9/1975: Pennine Radio. 4/12/1984: +Huddersfield and Halifax. 31/8/1991: The Pulse from. 2014: Pulse 1.	Bauer	1 140 000 DABs 11B 97.5 FM 102.5
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PULSE 2

Oldies Bradford, Calderdale and Kirklees Districts Bradford area Huddersfield and Halifax area 1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 17/3/1997: Classic Gold. 1/2000: Big AM (adult, rock). 4/11/2001: Classic Gold. 3/8/2007: Pulse Gold. 12/2008: Pulse 2.	Bauer	1 090 000 DABs 11B AM 1278 AM 1530
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PULSE 80s LIKELY TO CLOSE

80s Music Bradford, Calderdale and Kirklees Districts 1/1/2018.	Bauer	DABs 11B
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Q**Q RADIO**

Adult	Northern Media	1 160 000
Northern Ireland		a DABm 12D
Belfast area		a FM 96.7
Coleraine area		b FM 97.2
Ballycastle		h FM 97.6
South East Northern Ireland		c FM 100.5
Kilkeel, N Ireland		h FM 101.1
Newcastle, Northern Ireland		h FM 101.1
Fermangh & South Tyrone		d FM 101.2
Enniskillen, Fermanagh		h FM 102.1
Newtownabbey		a FM 102.5
Derry area		e FM 102.9
Cookstown & Maghera, NI		f 1 FM 06.0
Maghera, N Ireland		h FM 106.3
Dungannon area, N Ireland		f FM 107.2
Ballymena and Antrim		g FM 107.0
Larne, Northern Ireland		h FM 107.6
a: 6/9/1990: BCR. 1997: City Beat. 9/8/2015: Q Belfast		
b: 26/1/2000.		
c: 2006: Five FM. 2012: Q100.5		
d: 19/3/2002.		
e: 21/10/1993.		
f: 01/02/2003: Mid FM. 3/2004: +Dungannon. 2006: Six FM.		
2012: Q106-7		
g: 1/11/2005: Seven FM. 2012: Q107.		
h: added 2017		

QUAY FM

Mixed Format	Community	FM 107.1
Alderney		

R**RAINBOW RADIO**

African	Independent	
Central London		DABm 9A
Satellite 0207		

RAAJ FM

Punjabi	Community	
Sandwell, West Midlands		FM 91.3

RATHERGOOD RADIO

Adult	View TV	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
12/2018		

RED KITE RADIO

Mixed Format	Community	
Haddenham & Thame, Oxon		FM 107.2

REDROAD FM

Mixed Format	Community	
South Rotherham		FM 102.4

REPRESENT FM

Rhythmic New Music	Community	
Central London		DABs 9A
South London		FM 107.3

RESONANCE

Arts, Experimental	Community	
Central London		DAB+ 9A
Central London		FM 104.4

RESONANCE EXTRA

Arts, Experimental	Community	
Central London		DAB+ 9A
Brighton area		DAB+ 9A
Bristol		DAB+ 9A
Cambridge		DAB+ 7D
Norwich		DAB+ 9A

RADIO REVERB

Mixed Format	Community	
Brighton area		DAB+ 9A
Central and East Brighton		FM 97.2

REVIVAL RADIO

Christian	Community	
Cumbernauld & Kirkintilloch		FM 100.8

REVOLUTION FM

Adult	Independent	400 000
Manchester		DAB+ 10B
Oldham area		FM 96.2
30/8/1999.		

RHONDDA COMMUNITY RADIO

Mixed Format	Community	
Rhondda Valley, South Wales		FM 106.1

RIBBLE FM

Mixed Format	Community	
Clitheroe, Lancs		FM 106.7

RIDINGS FM

Oldies	Bauer	290 000
Wakefield area		FM 106.8
3/10/1999.		

RINSE FM

Rhythmic New Music	Community	
Central London		DABs 9A
Central London		FM 106.8

RNA FM

Mixed Music	Independent	30 000
Arbroath area		FM 96.6
Carnoustie		FM 107.5
Brechin Infirmary		FM 87.7
Strathcaro Hospital, Brechin		FM 87.7
Montrose Royal Infirmary		FM 87.7
Whitehills Health Centre, Forfar		FM 87.7
25/11/1998.		

RNIB CONNECT RADIO

Talk for visually impaired	Community	
West Glasgow		FM 101.0
DTT 730		

ROCK FM

Contemporary, Adult	Bauer	1 340 000
Part of Hits Radio Network (England)		
Central and East Lancashire		DABs 12A
South, West & Cent Lancashire		FM 97.4
1/6/1990*: Red Rose Rock FM. 1996: Rock FM.		

ROCK SPORT

Rock, Sport	Independent	
Glasgow, Edinburgh, Central Scotland		DABs 11D
18/12/2017.		

ROSSENDALE RADIO

Mixed Format	Community	
Rossendale, Lancashire		FM 104.7

ROTHER FM

Oldies, Adult	Bauer	250 000
Rotherham area		FM 96.1
15/10/2006.		

RTE RADIO 1

Format: Talk with Soft, Easy, Irish and Country music		
Broadcaster: RTE (Based: Dublin)		
Ireland, Wales, Western England & West Scotland		AM 252
Satellite 0160/750		
Airdate: 17/3/2004 on 252 (previously carried Atlantic 252		
1/9/1989-31/12/2001, Teamtalk 252 25/2/2002-31/7/2002)		
Also available on FM in Republic of Ireland and parts of		
Northern Ireland (see Ireland section)		

RTE 2FM

Contemporary, Adult	RTE	
Satellite 0164/751		
Also available on FM in Republic of Ireland and parts of		
Northern Ireland (see Ireland section)		

RTE LYRIC FM

Classical, Jazz	RTE	
Satellite 0165/752		
Also available on FM in Republic of Ireland and parts of		
Northern Ireland (see Ireland section)		

RTE RADIO NA GAELTACHTA

Irish Language	RTE	
Satellite 0166/753		
Also available on FM in Republic of Ireland and parts of		
Northern Ireland (see Ireland section)		

RUGBY FM

Adult	Quidem	100 000
Shares programmes with Touch Radio		
Rugby area		FM 107.1
31/08/2002.		

RUTLAND RADIO

Oldies, Adult	Bauer	4 500
Stamford, Lincs		FM 97.4
Rutland		FM 107.2
13/12/1998.		

RWS FM

Mixed Format	Community	
Bury St Edmunds		FM 103.3

S**SABRAS SOUND**

Asian	Independent	610 000
Leicestershire		DABm 11B
Leicester area		AM 1260
7/9/1995. (replaced Sunrise E Midlands 15/9/1992-7/9/1995)		

SALAAM RADIO

Muslim Community	Community	
Peterborough		FM 106.2

SALFORD COMMUNITY RADIO

Mixed Format	Community	
Salford and Swinton		FM 94.4

RADIO SALTIRE

Mixed Format	Community	
Musselborough area, East Lothian		FM 106.7
Tranent area, East Lothian		FM 107.2

SANDGROUNDER RADIO

Oldies	Independent	
North East Wales, West Cheshire and Merseyside		DAB+ 10D
28/5/2016		

SANSKAR RADIO

Asian	Independent	
Leicestershire		DABm 11B

SAM FM (BRISTOL AND SWINDON)

Rock	Bauer	620 000
Bristol, Bath and Avon		DABm 11B
Bristol		DABs 9A
Avon		a FM 106.5
Swindon area		b FM 107.7
a: 20/5/2007: Original 106. 2/12/2009: Jack FM. 1/4/2015: Sam FM		
b: 2/9/2006-24/3/2010: Brunel FM. 8/2010: TotalStar. 6/2011: More Radio. 28/5/2012: Jack FM. 1/4/2015: Sam FM. 6/2016: Stations merged		

SAM FM (SOUTH COAST)

Rock	Nation	2 020 000
Berkshire and North Hampshire		DABm 12D
Portsmouth		DABs 7D
S Hampshire, W Sussex, Wight		FM 106.0
Bournemouth area		FM 106.6
Winchester		FM 106.6
1/10/2006: Original 106. 10/2008: Coast. 4/7/2011: Jack FM. 1/4/2015: Sam FM. Berks & N Hants DAB added 9/2017.		

RADIO SANGAM

Asian	Community	
Glasgow		DAB+ 10B
North East Birmingham		DAB+ 9A
Manchester		DAB+ 10B
Huddersfield		FM 107.9

SCALA RADIO

Format: Classical Music		
Broadcaster: Bauer		
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		
		DABs 11A
Airdate: 4/3/2019		

RADIO SCILLY

Mixed Format	Community	
Isles of Scilly		FM 107.9

SCOTTISH SUN 80s

80s Music	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SCOTTISH SUN GREATEST HITS

Oldies	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SCOTTISH SUN HITS

Contemporary, Adult	Wireless	
Glasgow, Edinburgh, Central Scotland		DABs 11D
1/1/2018.		

SEAHAVEN FM

Mixed Format	Community	
Newhaven & Seaford area		FM 96.3

SEASIDE RADIO

Mixed Format	Community	
Withernsea area, E Yorks		FM 105.3

SECKLOW SOUNDS

Mixed Format	Community	
Milton Keynes		FM 105.5

RADIO SEERAH

Muslim Community	Community	
Leicester		AM 1575

SFM

Mixed Format	Community	
Sittingbourne, Kent		FM 106.9

SHEFFIELD LIVE

Mixed Format	Community	
Central Sheffield		FM 93.2

SHEPPEY FM

Mixed Format	Community	
Isle of Sheppey, Kent		FM 92.2

SHMU FM

Mixed Format	Community	
Aberdeen		FM 99.8

SIBC

Contemporary, Adult	Independent	23 000
Shetland Islands		FM 96.2
Lerwick, Shetland		FM 102.2
19/10/1991.		

SIGNAL 1

Contemporary, Adult	Bauer	970 000
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
East Cheshire		c FM 96.4
Stafford area		b FM 96.9
Stoke-on-Trent area		a FM 102.6
a: 5/9/1983.		
b: 1990: Signal. 15/10/1990: Echo 96. 1992: Signal.		
c: 1989: Signal Cheshire 15/10/1990: Echo 96. 1992: Signal		
Cheshire (merged with 104.9). 1997: Signal FM. 1/2000: Imagine FM. 2002: Signal 1 (separate from 104.9).		

SIGNAL 2

Oldies	Bauer	560 000
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
Stoke-on-Trent area		AM 1170
14/9/1992*: Signal Gold (oldies). 1997: Signal 2. 1/2000: Big AM (adult, rock). 9/2002: Signal 2 (oldies).		

SIGNAL 80s LIKELY TO CLOSE

80s Music	Bauer	
Stoke-on-Trent, West Staffordshire, South Cheshire		DABs 12D
1/1/2018.		

SIGNAL 107

Adult	Bauer	1 350 000
Shrewsbury area		a FM 106.5
Oswestry, Shropshire		a FM 107.1
Kidderminster area		b FM 107.2
Telford area		c FM 107.4
Wolverhampton area		d FM 107.7

a: 18/9/2006: The Severn.

b: 9/2005: The Wyre.

c: 3/5/1999: Telford FM. 20/9/2010: The Severn (merged).

d: 7/10/1997: The Wolf.

All: 26/3/2012: Signal 107.

SILK FM

Soft, Adult	Dee Radio	230 000
East Cheshire		FM 106.9
25/5/1998.		

SINE FM

Mixed Format	Community	
Doncaster		FM 102.6

SIREN FM

New Music, Pop	Community	
Lincoln		FM 107.3

60s

60s Music	Community	
Portsmouth		DAB+7D

SKYLAB RADIO

Chill-out music	Independent	
Norwich		DAB+ 9A
Portsmouth		DAB+7D

SKYLINE COMMUNITY RADIO

Mixed Format	Community	
Hedge End, Botley, West End		FM 102.5

SMOOTH RADIO (NETWORK)

Format: Easy Listening and Oldies Music
Broadcaster: Global

SMOOTH UK

Easy Listening, Oldies	Global Radio	
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
Satellite 0128, DTT 718, Cable 916		

The following stations relay Smooth UK with local news and information:

SMOOTH RADIO (LONDON)

Easy Listening, Oldies	Global Radio	9 650 000
London area, Surrey, W Kent, Herts, Luton (Mx 1)		c DABs 12C
London area		FM 102.2
4/3/1990: Jazz FM (Jazz and Soul). Known as JFM 1994-95.		
7/6/2005: Smooth 26/3/2007: Easy/Oldies format.		

SMOOTH RADIO (AM/DAB)

Easy Listening, Oldies	Global Radio	12 910 000
Separate News and Information is broadcast for each area		
Kent and Eastern London		a DABs 11C
Sussex		c DABs 10B
South Hampshire and Isle of Wight		d DABs 11C
East, South and Central Dorset		b DABs 11B
Berkshire and North Hampshire		e DABs 12D
Oxfordshire		DABs 10B
Gloucestershire		f DABs 10C
Bristol, Bath and Avon		g DABs 11B
West Wiltshire and Bath		g DABs 10D
Swindon area		g DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		h DABs 12D
Most of Essex		n DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		j DABs 10D
Northamptonshire		o DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		m DABs 12D
South and Central Cambridgeshire		m DABs 11C
Suffolk		l DABs 10C
East Norfolk		k DABs 10B
East Kent		a AM 603
Gloucestershire		f AM 774
Beds, NE Herts, SE Cambs		j AM 792
Bournemouth area		b AM 828
W & C Herts, S Beds, E Bucks		j AM 828
West Wiltshire		g AM 936
East Sussex		c AM 945
Plymouth area		h AM 1152
Swindon area		f AM 1161
Portsmouth area		d AM 1170
South and East Suffolk		j AM 1170
West Kent		a AM 1242
West Suffolk		l AM 1251
Brighton and South Sussex		c AM 1323
N Cambs, S Lincs, Rutland		m AM 1332
Central, North & SW Essex		n AM 1359
South East Essex		n AM 1431
Southampton area		d AM 1557
East Norfolk and NE Suffolk		k AM 1152
Northamptonshire		o AM 1557
a: 27/3/1989*: Coast AM (oldies). 1991: Invicta Supergold.		
23/2/1998: Capital Gold.		
b: 15/9/1990*: 2CR Classic Gold: 1995: Classic Gold.		
c: 10/3/1991*: South Coast Radio (Talk, Nostalgia). 1995: oldies. 1996: +East Sussex 1/6/1998: Capital Gold.		
d: 4/12/1988*: Ocean Gold (Oldies). South Coast Radio (Talk, Nostalgia). 1995: oldies. 1/6/1998: Capital Gold.		
e: 1990*: 210 Classic Gold (oldies). 1997: + 1485.		
f: 1/10/1990*: Three Counties Radio (oldies), then Severn Sound Supergold. 1996: Classic Gold.		
g: 15/11/1988: Brunel Radio (oldies). 1990: Brunel Classic Gold. 1998: Classic Gold.		
h: 1994*: Plymouth Sound AM (oldies). 7/2/2000: Classic Gold.		
j: 15/7/1990*: Chiltern Supergold (oldies). 1996: Classic Gold.		
k, l: 24/9/1995* Amber R (oldies). 1998: Classic Gold Amber.		
m: 14/4/1992*: WGMS (oldies). 18/3/1995: Classic Gold.		
n: 16/7/1989*: Breeze (oldies). 1/2001: Classic Gold Breeze.		
o: 15/7/1990*: Northants Radio Supergold (oldies). 1996: Classic Gold.		
All: 3/8/2007: Gold (oldies). 28/6/2010: National plus local news. 24/3/2014: Smooth Radio.		

SMOOTH RADIO (WALES)

Easy Listening, Oldies	Global Radio	910 000
Separate programmes Mon-Fri 1500-1900		
South Glamorgan, Mid Glamorgan, Gwent	a DABs 12C	
Conwy county	b DABs 12D	
Gwynedd and Anglesey	b DABs 10D	
East Clwyd & West Cheshire	b AM 1260	
South and Central Gwent	a AM 1305	
Cardiff & South Glamorgan	a AM 1359	
a: 15/7/1990*: Touch Radio (oldies). 7/1999: Capital Gold.		
3/8/2007: Gold. 24/3/2014: Smooth.		
b: 31/3/1989*: Marcher Gold (oldies). 2001: Classic Gold Marcher.		

The following stations opt-out of Smooth UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

SMOOTH RADIO (EAST MIDLANDS, NET)

Easy Listening, Oldies	Communicorp	2 500 000
Leicestershire	DABm 11B	
South and Central Nottinghamshire	DABm 12C	
South and Central Derbyshire, SE Staffordshire	DABm 10B	
Derby	FM 101.4	
East Midlands and Lincoln	FM 106.6	
11/02/2003 Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)		

SMOOTH RADIO (LAKES)

Oldies, Adult	Global Radio	100 000
Kendal, Cumbria	FM 100.1	
Windermere & Ambleside	FM 100.8	
Keswick	FM 101.4	
27/10/2001: Lakeland Radio. 4/2013: +Keswick. 5/3/2018: Smooth		

SMOOTH RADIO (NORTH EAST)

Easy Listening, Oldies	Communicorp	2 500 000
Tees Valley and County Durham	DABs 11B	
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, Durham, S Nthmb	FM 97.5	
Hexham & Tyne Valley	FM 96.4	
West Tyneside, Tyne & Wear	FM 107.5	
Cleveland	FM 107.7	
8/1/2008. National plus local news 4/10/2010-23/3/2014.		

SMOOTH RADIO (NORTH WEST)

Easy Listening, Oldies	Communicorp	5 670 000
Greater Manchester and North East Cheshire	DABs 12C	
Central and East Lancashire	DABs 12A	
Merseyside and West Cheshire	DABs 10C	
North West England	FM 100.4	
1/9/1994 as JFM (Jazz, Soul). 1995: Jazz FM. 3/2004: Smooth FM (Soul). 2007: Easy listening format. National plus local news 4/10/2010-23/3/2014.		

SMOOTH RADIO (SCOTLAND)

Easy Listening, Oldies	Global Radio	1 900 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Edinburgh, Lothian and South Fife	DABs 12D	
Glasgow and Clydeside area	FM 105.2	
7/9/2004 Saga FM. 26/3/2007: Smooth.		

SMOOTH RADIO (WEST MIDLANDS)

Easy Listening, Oldies	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country	DABs 11B	
Birmingham area, West Midlands, SE Staffs	DABs 11C	
Coventry and Warwickshire	DABs 12D	
West Midlands region	FM 105.7	
16/10/2001: Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)		

SMOOTH EXTRA

Easy Listening, Oldies	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
Satellite 0146		
Airdate: 27/12/2014		

SOLAR RADIO

Soul	Independent	
North East Birmingham	DAB+ 9A	
Brighton area	DAB+ 9A	
Central London	DABs 9A	
Norwich	DAB+ 9A	
Satellite 0129 until 30 April 2019		

SOMER VALLEY FM

Mixed Format	Community	
Bristol	DABs 9A	
Midsomer Norton, Avon	FM 97.5	

SOUNDART RADIO

Mixed Format	Community	
Totnes	FM 102.5	

THE SOURCE

Mixed Format	Community	
Falmouth & Penryn	FM 96.1	

SOUT AL KALEEJ

Arabic Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	

SPARK FM

Contemporary, New Music	Community	
Sunderland	FM 107.0	

SPEYSOUND RADIO

Mixed Format	Community	
Badenoch & Strathspey	FM 107.1	

SPICE FM

Asian	Community	
Newcastle	FM 98.8	

SPIRE FM

Adult, Oldies	UKRD	100 000
South Wiltshire	FM 102.0	
20/9/1992.		

SPIRIT FM

Adult, Oldies	UKRD	240 000
Chichester and Bognor Regis	FM 96.6	
Littlehampton and Arundel	FM 102.3	
North West Sussex	FM 106.6	
21/4/1996. 1997: +Littlehampton. 2005: +Midhurst		

RADIO ST AUSTELL BAY

Mixed Format	Community	
St Austell, Cornwall	FM 105.6	

STAFFORD FM

Mixed Format	Community	
Stafford	FM 107.3	

STAR 107

Adult	Independent	270 000
Cambridge	DABs 7D	
Ely and Littleport area	a FM 107.1	
Cambridge area	b FM 107.9	
a: 4/10/1999: X-Cel FM. 5/11/2001: Star		
b: 23/3/1998: Cambridge Cafe Radio. 1998: Cambridge Red.		
31/7/2000: The Eagle. 21/6/2001: Star.		
Both: 2004: Stations Merged		

STARPOINT

Soul	Community	
North East Birmingham	DAB+ 9A	
Portsmouth	DAB+7D	

STRAY FM

Adult, Oldies	UKRD	250 000
York and North Yorkshire	DABs 10C	
Harrogate area	a FM 97.2	
Pateley Bridge, North Yorks	b FM 107.1	
Ilkley area, West Yorks	b FM 107.1	
Skipton town	b FM 107.1	
Craven District, incl Skipton	b FM 107.8	
a: 4/7/1994.		
b: 4/5/1997: Yorkshire Dales Radio on AM. 1999: Fresh R. 2007: +Ilkley and Pateley FM. 2012: Move to FM and join Stray FM.		

SUFFOLK FIRST

Oldies, Country	Bauer	
Suffolk	DABm 10C	

SUKH SAGAR

Asian religious	Independent	
Satellite 0150		

SUN FM

Adult, Oldies	Nation Broadcasting	390 000
Sunderland area	FM 103.4	
5/11/1990: Wear FM. 1/7/1995: Sun City. 1997: Sun FM.		

SUNNY GOVAN RADIO

Mixed Format	Community	
Govan, Glasgow	FM 103.5	

SUNRISE RADIO (UK)

Format: Asian	Broadcaster: Independent	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)		
East and Central London	DABm 11A	
West and Central London	AM 963	
West and Central London	AM 972	
Airdate (London): 1/9/2003: Club Asia. 2009: Buzz		
Asia. 12/2013: Sunrise R2. 2/2014: Sunrise Radio. (Replaced		
3/7/1995: Radio Viva. 1996-2/7/2003: Liberty Radio).		
Airdate (National DAB): 29/2/2016.		

SUNRISE RADIO (YORKSHIRE)

Asian	Independent	430 000
Bradford, Calderdale and Kirklees Districts	DABm 11B	
Manchester	DAB+m 10B	
Glasgow	DAB+ 10B	
Bradford area	FM 103.2	
9/12/1989: Bradford City Radio. 1991: Sunrise.		

SUNSHINE RADIO (LUDLOW)

Adult, Oldies	Laser	110 000
S Shropshire & N Herefordshire	FM 105.9	
FM transmitter is to relocate to Clee Hill on a new frequency		
S Shropshire & N Herefordshire	AM 855	
18/10/1992 on AM. FM added 5/2013.		

SUNSHINE (HEREFORDSHIRE AND MONMOUTHSHIRE)

Adult, Oldies	Laser	220 000
Herefordshire and Worcestershire	DABs 12A	
Gloucestershire	DABs 10C	
Herefordshire	FM 106.2	
East Monmouthshire	FM 107.0	
Abergavenny & Usk Valley	FM 107.8	
14/12/2007.		

SUNSHINE RADIO

Christian	Community	
East Belfast	FM 104.9	

SUSY RADIO

Mixed Format	Community	
Reigate and Redhill, Surrey	FM 103.4	

SWANSEA BAY RADIO

Adult, Oldies	Nation Broadcasting	400 000
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire		
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
Swansea area	FM 102.1	
5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio		

SWANSEA SOUND

Oldies	Bauer	450 000
West Glamorgan and Carmarthenshire	DABs 12A	
Swansea area	AM 1170	
30/9/1974.		

SWINDON 105

Mixed Format	Community	
Swindon	FM 105.5	

SWITCH RADIO

Mixed Format	Community	
North East Birmingham	DAB+ 9A	
NE Birmingham & Solihull	FM 107.5	

T**TAKEOVER RADIO (LEICESTER)**

Childrens Leicester	Community	FM 103.2
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TAKEOVER RADIO (ASHFIELD)

Childrens Sutton in Ashfield area	Community	FM 106.9
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TALK SPORT

Format: Sport	Broadcaster: Wireless	
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
Glasgow, Edinburgh, Central Scotland	DABm 11D	
Aberdeen, Aberdeenshire	DABm 11C	
Ayrshire	DABm 11B	
London & South East England	AM 1089	
West Kent, N Sussex, E Surrey	AM 1053	
North Sussex and East Surrey	AM 1107	
South East Kent & S East Sussex	AM 1107	
Brighton and South Sussex	AM 1053	
S Hampshire & Isle of Wight	AM 1107	
Bournemouth area	AM 1053	
Exeter area	AM 1053	
Torbay area	AM 1107	
Plymouth area	AM 1053	
West Cornwall	AM 1089	
South Wales & West England	AM 1089	
Central England	AM 1053	
Norfolk and Suffolk	AM 1053	
Lincs, Peterborough, KingsLynn	AM 1107	
Nottinghamshire, E Derbyshire	AM 1071	
Merseyside and North Ctwyd	AM 1107	
NW England, Yorks, N Wales	AM 1089	
Humberside	AM 1053	
Cleveland, S Durham, N Yorks	AM 1053	
Tyneside, N Durham, S Nthmb	AM 1071	
SW Scotland, N & W Cumbria	AM 1053	
Central Scotland	AM 1089	
East Tayside	AM 1053	
Aberdeen and East Grampian	AM 1089	
North Scotland	AM 1053	
Belfast & East Northern Ireland	AM 1089	
Derry area	AM 1053	
96% daytime coverage		
Marginal reception is available in most other areas except parts of NW Scotland and Fermanagh		
Satellite 0108, DTT 723, Cable 927		
Airdate: 14/2/1995 as Talk Radio (Talk and News format), Sport phased in 1998-2000. Talk Sport from 17/1/2000		

TALK SPORT 2

Format: Sport	Broadcaster: Wireless	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	DABm 11A	
West Glamorgan and Carmarthenshire	DABm 12A	
Aberdeen, Aberdeenshire	DABm 11C	
Airdate: 15/3/2016.		

TALK RADIO

Format: Talk	Broadcaster: Wireless	
Most of England, South Wales, Central/NE Scotland, Central/Eastern Northern Ireland (SD Mux)	DABm 11A	
West Glamorgan and Carmarthenshire	DABm 12A	
Aberdeen, Aberdeenshire	DABm 11C	
Airdate: 21/3/2016.		

TAMESIDE COMMUNITY RADIO

Mixed Format Tameside	Community	FM 103.6
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TAY FM

Contemporary, Adult	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
Dundee	FM 96.4	
Perth area	FM 96.4	
East Tayside and North Fife	FM 102.8	
9/1/1995*: 2007: +Dundee relay.		

TAY 2

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
East Tayside	AM 1161	
Perth area	AM 1584	
17/10/1980: Radio Tay (mixed format). 9/1/1995: Radio Tay AM. 1/2015: Tay 2.		

TCR FM

Pop, New Music Tamworth, Staffs	Community	FM 106.8
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TD1 RADIO

Mixed Format Galashiels, Scottish Borders	Community	FM 106.5
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TEMPO FM

Mixed Format Wetherby, W Yorks	Community	FM 107.4
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10 RADIO

Mixed Format Wiveliscombe, Somerset	Community	FM 105.3
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TFM

Contemporary, Adult	Bauer	1 070 000
Part of Hits Radio Network (England). Shares all programmes with Metro Radio.		
Tees Valley and County Durham	DABs 11B	
Cleveland, Durham, N Yorks	FM 96.6	
24/6/1975: Radio Tees. 1/1/1988: TFM. 8/4/2013: All programming taken from Metro.		

THREE FM

Adult/Oldies	Independent	65 000
Ramsay, Isle of Man	FM 104.2	
Port Erin, Isle of Man	FM 104.2	
South and East Isle of Man	FM 105.0	
Peel and West Isle of Man	FM 106.2	
Central Isle of Man	FM 106.6	
18/11/2004.		

3TFM

Mixed Format Saltcoats, Ayrshire	Community	FM 103.1
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TIME 107.5 FM

Adult, Soul	Lyca Media	480 000
Romford, Barking, Dagenham	FM 107.5	
18/5/1998 as Active FM (Adult / Soul). Soul FM from 18/3/2002.		
Time from 7/2004.		

RADIO TIRCOED

Mixed Format NW Swansea	Community	FM 106.5
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TMCR

Mixed Format Thorne-Moorends, South Yorks	Community	FM 95.3
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STONE FM

Mixed Format Taunton	Community	FM 107.8
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TOTAL ACCESS LIKELY TO CLOSE

Contemporary, New Music	Wireless	
West Glamorgan and Carmarthenshire	DABs 12A	
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
Bradford, Calderdale and Kirklees Districts	DABs 11B	
1/1/2018.		

TOTALLY RADIO

Mixed Music Based: Brighton	Community	
Brighton area	DAB+ 9A	
Norwich	DAB+ 9A	
Portsmouth	DAB+7D	

TOUCH RADIO

Adult, Contemporary	Quidem	1 340 000
North East Birmingham	DAB+ 9A	
Coventry	a FM 96.2	
Lichfield & Tamworth area	b FM 101.6	
S & C Warwicks, E Worcs	c FM 102.0	
Burton & Swadlincote area	b FM 102.4	
Warwick & Leamington Spa	c FM 107.3	
a: 28/8/1990: Radio Harmony (Ethnic and mixed format).		
1995: Kix (Dance and Pop). 16/1/2006: Touch.		
b: 1/6/1998: Centre FM. 5/2006: Touch.		
c: 24/5/1996: The Bear. 16/1/2006: Touch. 7/4/2008: +Warwick (initially with some separate programmes).		

TOWER FM

Adult	Bauer	450 000
Bolton and Bury area	FM 107.4	
20/3/1999.		

TOWN RADIO

Oldies, Adult	Bauer	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Radio Norwich		
Suffolk	DABm 10C	
19/10/2006.		

TRAFFORD SOUND

Mixed Format Manchester	Community	DAB+ 10B
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TRAX FM

Oldies, Adult	Bauer	390 000
South Yorkshire, North Notts, Chesterfield	DABs 11C	
Doncaster area	a FM 107.1	
North Nottinghamshire	b FM 107.9	
a: 5/9/1999.		
b: 2/11/1998.		

TRICKSTAR

New Music Brighton area	Community	DAB+ 9A
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TUNDO FM

Mixed Format Llandudno, Wales	Community	FM 107.8
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2BR

Adult, Oldies	Global Radio	700 000
Central and East Lancashire	DABm 12A	
Chorley	a FM 96.3	
Burnley, Nelson and Colne	c FM 99.8	
Preston and Leyland area	a FM 106.5	
Blackburn & Darwen area	b FM 107.0	
a: 10/2008: Central R. 11/2011: The Bee. 12/2012: +Chorley.		
6/2016: 2BR		
b: 1/10/2005: The Bee. 6/2016: 2BR		
c: 25/7/2000. 6/2016: Stations merged		

TWO LOCHS RADIO

Mixed Music	Independent	2 000
Loch Gairloch, W Highland	FM 106.0	
Lochs Ewe & Maree, W Hghld	FM 106.6	
11/2003.		

TWR

Christian Satellite 0138	Independent	
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RADIO TYNESIDE

Mixed Format, Hospital Newcastle and Gateshead	Community	FM 93.6
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U**U105**

Oldies, Easy, Talk
Northern Ireland
Belfast area
14/11/2005.

Wireless Group 700 000
DABm 12D
FM 105.8

UCB 1

Format: Christian Contemporary Music
Broadcaster: UCB Based: Stoke-on-Trent
England, Wales and Northern Ireland (D1 Mux) DABm 11D
Scotland (D1 Mux) DABm 12A
Airdate 26/04/1993 as UCB UK (Analogue satellite), DAB from
2007. UCB 1 from 1/2016.

UCB 2

Format: Christian Soft Adult Contemporary Music
Broadcaster: UCB Based: Stoke-on-Trent
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) DABm 11A
Airdate on SD Mux: 29/2/2016 (previously UCB Inspirational)

UCB IRELAND

Christian UCB Ireland
Satellite 0214

UCKFIELD FM

Mixed Format Community
Uckfield, East Sussex FM 105.0

UJIMA RADIO

Rhythmic Music Community
Bristol DABs 9A
Bristol FM 98.0

UNION JACK

Format: British Pop and Rock Music
Broadcaster: Oxis Media
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) DAB+ 11A
Airdate: 3/9/2016.

UNITED DJS

Oldies Community
Glasgow DAB+ 10B
Portsmouth DAB+7D

UNITY RADIO

Dance and Rhythm Community
Manchester DAB+m 10B
Manchester FM 92.8

UNITY FM

Muslim Community Community
North East Birmingham DAB+m 9A
East Birmingham FM 93.5

UNITY 101

Asian Community
Southampton FM 101.1

URF

New Music (Student) Community
Brighton area DAB+ 9A

UWS RADIO

New Music Student RSL
Ayrshire DABm 11B
University of Paisley, Ayr FM 87.7

V**VECTIS RADIO**

Mixed Format Community
Newport, Isle of Wight FM 104.6

RADIO VERULAM

Mixed Format Community
St Albans FM 92.6

VIBE FM

New Music, Pop Community
Watford, Herts FM 107.6

VIBE FM

Mixed Format Community
Enniskillen FM 105.3

VIKING FM

Contemporary, Adult Bauer 960 000
Part of Hits Radio Network (England)
East Yorkshire and North Lincolnshire DABs 11B
Humberside FM 96.9
17/4/1984.

VINTAGE MUSIC RADIO

Oldies View TV 600 000
York and North Yorkshire DABm 10C
Richmond area, North Yorks a FM 102.6
Durham & N Co Durham b FM 102.8
Darlington & S Co Durham c FM 103.2
Bishop Auckland area b FM 106.8

a: 4/5/1997: as part of Fresh Radio. 2012: Joined Star.

b: 3/12/2005: Durham FM..

c: 30/11/1995: A1 FM. 1997: Alpha 103.2.

b/c: 2/11/2009: Star Radio. 2010: Stations merged (including
Northallerton until 2017)

All FM and N Yorks DAB: 1/8/2017: Rathergood Radio (Adult).
12/2018: Vintage Music Radio (Oldies)

VIRGIN RADIO

Format: Rock Music
Broadcaster: Wireless
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) DABm 11A
West Glamorgan and Carmarthenshire DABm 12A
Aberdeen, Aberdeenshire DABm 11C
Satellite 0215/736
Airdate: 30/3/2016.

VIRGIN RADIO ANTHEMS

Format: Classic Rock Music
Broadcaster: Wireless
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) DAB+ 11A
Airdate: 25/12/2018.

VIRGIN RADIO CHILLED

Format: Soft Rock Music
Broadcaster: Wireless
Most of England, South Wales, Central/NE Scotland, Central/
Eastern Northern Ireland (SD Mux) DAB+ 11A
Airdate: 25/12/2018.

VISITOR RADIO (CAMBRIDGE)

Tourist Information Independent
Cambridge DAB+m 7D

VISITOR RADIO (GLASGOW)

Tourist Information Independent
Glasgow DAB+ 10B

VITA RADIO

Oldies Independent
Manchester DAB+ 10B

VIXEN 101

Mixed Format Community
Mkt Weighton & Pocklington FM 101.8

THE VOICE

Mixed Format Community
East Devon, Exeter and Torbay DABm 11C
North and Central Devon DABm 10C
Barnstaple, Devon FM 106.1
Bideford, Devon FM 107.8
Ilfracombe, Devon FM 107.8

VOICE FM

New Music Community (Student)
Southampton FM 103.9

VOICE FM

Mixed Format Community
Middlesbrough FM 104.5

VOICE OF ISLAM

Islamic Independent
London area, Surrey, W Kent, Herts, Luton (Mx 3) DABm 11B

W**RADIO WARRINGTON**

Mixed Format	Community	
Warrington		AM 1332

WAVE FM

Adult	Bauer	330 000
Blackpool area		FM 96.5

25/5/1992: Radio Wave. 1998: Wave FM.

WAVE 80s LIKELY TO CLOSE

80s Music	Bauer	
West Glamorgan and Carmarthenshire		DABs 12A

1/1/2018.

THE WAVE 96.4

Contemporary	Bauer	400 000
West Glamorgan and Carmarthenshire		DABs 12A
Swansea area		FM 96.4

30/9/1995*: Sound Wave. 1998: The Wave.

WAVE 102

Adult	Independent	150 000
Dundee		a FM 102.0
Perth area		b FM 106.6

a: 30/8/1999: Discovery FM. 3/2000: Wave.
b: 5/11/2008: Perth FM. 4/2011: Heartland. 1/2017: Wave

WAVE 105

Oldies, Adult	Bauer	2 020 000
South Hampshire and Isle of Wight		DABs 11C
East, South and Central Dorset		DABs 11B
S Hampshire, W Sussex, Wight		FM 105.2
Bournemouth area		FM 105.8

14/6/1998.

WAVES RADIO

Adult	Independent	60 000
Aberdeen, Aberdeenshire		DABm 11C
North East Grampian		FM 101.2

6/12/1997.

WCR

Mixed Format	Community	
Warminster		FM 105.5

WCR FM

Mixed Format	Community	
Wolverhampton		FM 101.8

WEATHER 24/7 RADIO

Weather	Independent	
Aldershot and Woking area		DAB+m 8A
Norwich		DAB+m 9A

WESSEX FM

Adult, Oldies	UKRD	150 000
West Dorset		FM 96.0
Dorchester and Weymouth		FM 97.2

4/9/1993.

WEST FM

Contemporary, Adult	Bauer	320 000
Part of Hits Radio Network (Scotland)		
Ayrshire		DABs 11B
Ayrshire		FM 96.7
Girvan, Ayrshire		FM 97.5
Largs, Rothesay, Clyde Mouth		FM 106.7

1997* (previously relayed West Sound)

WEST HULL COMMUNITY RADIO

Mixed Format	Community	
West Hull		FM 106.9

WEST SOMERSET RADIO

Mixed Format	Community	
Minehead		FM 104.4

WEST SOUND

Oldies	Bauer	420 000
All programmes from Greatest Hits Network (Scotland)		
Ayrshire		DABs 11B
Ayrshire		AM 1035

16/10/1981.

WEST SOUND (SOUTH)

Oldies, Adult	Bauer	140 000
Opts out of Greatest Hits Network (Scotland)		
Stranraer area, D & G		FM 96.5
Dumfriesshire		FM 97.0
Wigtown Bay area, D & G		FM 103.0

21/5/1990: South West Sound. 1997: + Stranraer and Wigtown Bay. 2008: West Sound.

WESTSIDE COMMUNITY RADIO

Rhythmic Music	Community	
Southall, W London		FM 89.6

WEY VALLEY RADIO

Mixed Format	Community	
Alton, Hampshire		FM 101.1

RADIO WINCHCOMBE

Mixed Format	Community	
Winchcombe, Gloucs		FM 107.1

WIRE FM

Adult	Bauer	310 000
Warrington, Runcorn, Widnes		FM 107.2

1/9/1998.

WISH FM

Adult	Bauer	550 000
Wigan & Skelmersdale area		FM 102.4

1/4/1997.

WITNEY RADIO

Mixed Format	Community	
Witney, Oxfordshire		FM 99.9

RADIO WOKING

Mixed Format	Community	
Aldershot and Woking area		DABs 8A

WRN EUROPE

News, Talk	Independent	
Satellite 0122/728, Cable 920		

Carries programmes from various international broadcasters

WYCOMBE SOUND

Mixed Format	Community	
High Wycombe		FM 106.6

WYTHENSHAW FM

Mixed Format	Community	
Wythenshawe, Gt Manc		FM 97.2

XYZ**RADIO X**

Format: Rock Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
London area		FM 104.9
Greater Manchester		FM 97.7
Satellite 0113/723, Cable 960		

Airdate: 1/9/1997 as XFM in London, 6/2000: Other areas on DAB, 23/1/2006 Absorbed Storm network (airdate 31/1/2001), 15/3/2006 added FM in Manchester. 21/9/2015: Renamed Radio X and joined national DAB

RADIO XL

Asian	Independent	3 560 000
Shropshire, Wolverhampton, Black Country		DABm 11B
West Midlands		AM 1260

30/5/1995.

XS MANCHESTER

Rock, Talk	Communicorp	2 300 000
Manchester		DAB+ 10B
Greater Manchester		FM 106.1

6/5/2008: Rock Radio. 5/9/2011: Real Radio XS. 1/3/2016: XS Manchester

YOUR RADIO

Adult	Independent	220 000
Glasgow		DAB+ 10B
Dumbarton area		FM 103.0
Helensburgh		FM 106.9

30/5/2001: Castle Rock FM. 11/2003: Your Radio. 12/2003: +Helensburgh area.

YOUR FM

Mixed Format	Community	
Stockport		FM 107.8

YOUTHCOMM RADIO

Pop, New Music	Community	
Worcester		FM 106.7

YORKSHIRE COAST RADIO

Adult, Oldies	UKRD	160 000
York and North Yorkshire		a DABs 10C
Scarborough & E North Yorks		a FM 96.2
Bridlington, East Yorkshire		b FM 102.4
Whitby, North Yorkshire		a FM 103.1

a: 7/11/1993. b: 7/11/1999.

ZACK FM

Mixed Format	Community	
Cambridge		DAB+ 7D
Norwich		DAB+ 9A
Forest Heath, Suffolk		FM 105.3

ZEST LIVERPOOL

Adult	Independent	
North East Wales, West Cheshire and Merseyside		DAB+ 10D

ZETLAND FM

Mixed Format	Community	
Redcar and East Cleveland		FM 105.0

Institution Radio

Services are only intended for reception in the immediate vicinity of the institution, though the AM services will be receivable within a few kilometres. Institutional licences used to supplement coverage of larger scale services are included in the main list.

HOSPITALS

FM Stations		
Bridge FM	Royal Dundee Liff Hospital	87.7
	Nine Wells Hospital, Dundee	87.7
	Royal Victoria Hospital, Dundee	87.7
	Ashludie Hospital, Monifieth	87.7
Radio Bronglais	Hospital, Aberystwyth	87.8
Hospital R Glangwili	Hospital, Carmarthen	87.7
Hospital R Plymouth	Derriford Hospital, Plymouth	87.7
AM Stations		
Anker Radio	George Eliot Hosp, Nuneaton	1386
Basildon Hospital R	Basildon Hospital, Essex	1287
Carillon Radio	Loughborough Hospital	1386
Radio Cavell	Royal Oldham Hospital	1350
Chichester Hospital R	St Richards Hosp, Chichester	1431
Radio Clatterbridge	Clatterbridge Hospital, Wirral	1386
Radio City Swansea	Singleton Hospital, Swansea	1386
Radio Gwendolen	Leicester General Hospital	1287
Harrogate Hospital R	Harrogate District Hospital	1386
Hemel Hospital Radio	Hemel Hempstead General H	1350
Hospital Radio Yare	James Paget H, Gt Yarmouth	1350
Kingstown Radio	Hull Royal Infirmary	1350
Luton & Dunstable H R	Luton & Dunstable hospitals	1134
Mid Downs H R	Princess Royal H, Haywards H	1350
Radio Nightingale	Rotherham District General H	1350
Radio Redhill	East Surrey Hospital, Redhill	1431
Sheffield Hospital Radio	Northern General, Sheffield	1431
Stoke Mandeville H R	Stoke Mandeville H, Aylesbury	1575
Radio Stortford	Bishops Stortford Hospital	1350
Trust AM	Bassetlaw Dist. Gen, Worksop	1278

UNIVERSITIES, COLLEGES AND SCHOOLS

FM Stations		
Bailrigg FM	Lancaster University	87.7
Fresh FM	N Devon College, Barnstaple	87.7
HCC Radio	Honiton Community College	87.7
Storm FM	University of Bangor	87.7
Xpression	University of Exeter	87.7
AM Stations		
Acacia Radio	Acacia C., Kirby-in-Ashfield	1287
Blast 1386	Reading College	1386
The Hub	University of Bristol	1449
RAW R	University of Warwick	1251
University Radio York	University of York	1350

SPORTS VENUES (PART-TIME)

FM Stations		
Radio Brands	Brands Hatch Circuit, Kent	87.7
The Baggies	West Bromwich Albion FC	102.7
Donnington FM	Donnington Park Circuit, Leics	87.7
Knockhill FM	Knock Hill Circuit, Fife	87.7
Nitro FM	Santa Pod Circuit, Northants	96.2
Radio Silverstone	Silverstone Circuit, Northants	87.7
Somerset Cricket	Somerset County Cricket Club	87.7
Radio Thruxton	Thruxton Circuit, Andover	87.7
AM Stations		
Radio Silverstone	Silverstone Circuit, Northants	1602
(Radio Silverstone uses FM and AM for different events)		

OTHER INSTITUTIONS

FM Stations		
Cornucopia Radio	Cornucopia Park, St Austell	87.7
Creatly Park Radio	Creatly Park, Exeter	87.7
Moonbeamers Drive-In	Drive-in, Billericay, Essex	87.7
Moonlight, Drive-in	Drive-in, Castleford, W Yorks	97.7
Moonlight, Drive-in	Drive-in, Paddock Wood, Kent	106.1
60 North FM (Tourist)	Brae, Shetland	87.7
	Bressay & Ross Nature Rsv, Shetl	87.7
	Esha Ness, Shetland	87.7
	Haroldswick, Shetland	87.7
	Sumburgh Head, Shetland	87.7
	Walls Marina, Shetland	87.7
AM Stations		
Brill AM	Brill Village, Buckinghamshire	1449