

# Independent Radio (Alphabetical order)

# Frequency Finder

Commercial and community radio stations are listed together in alphabetical order. National, local and multi-city stations are listed together as there is no longer a clear distinction between them.

For maps and transmitter details see:

- Digital Multiplexes
- FM Transmitters by Region
- AM Transmitters by Region

FM and AM transmitter details are also included in the frequency-order lists.

Most stations broadcast 24 hours.

Stations will often put separate adverts, and sometimes news and information, on different DAB multiplexes or FM/AM transmitters carrying the same programmes. These are not listed separately.

Local stations owned by the same broadcaster often share overnight, evening and weekend, programming.

Many stations broadcast different formats from that listed for a few hours a week in the evenings and weekend afternoons.

## STATION

Format	Broadcaster	Coverage (AM/FM)
Programme sharing information (where relevant)		
DAB Coverage area		DAB channel
FM/AM Coverage area		FM/AM Frequency
<i>Airdate and historical notes</i>		
m = mono, s = stereo, FM and DAB+ transmissions are stereo unless indicated otherwise. All AM transmissions are mono		
* denotes frequencies previously relayed corresponding FM or AM service		

## A

### ABBEY 104

Mixed Format	Community	
Sherborne, Dorset		FM 104.7

### ABC

Mixed Format	Community	
Portadown, County Down		FM 100.2

### ABN RADIO

African	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

## ABSOLUTE RADIO

Format: Rock Music  
Broadcaster: Bauer

England, Wales and Northern Ireland (D1 Mux)	DABm 11D
Scotland (D1 Mux)	DABm 12A
London area, Surrey, W Kent, Herts, Luton (Mx 1)	a DABs 12C
London area	a FM 105.8
West Midlands region	b FM 105.2
London, Herts, Essex, S Beds	AM 1215
South East Kent & S East Sussex	AM 1260
Brighton and South Sussex	AM 1197
S Hampshire & Isle of Wight	AM 1215
Bournemouth area	AM 1197
South Wales, Avon, Somerset	AM 1215
Gloucestershire	AM 1197
Western Midlands Region	AM 1215
Oxfordshire	AM 1197
Northamptonshire	AM 1233
South East Suffolk & NE Essex	AM 1233
East Norfolk & NE Suffolk	AM 1215
Lincs, Peterborough, Kings Lynn	AM 1242
Nottingham and Derby area	AM 1197
Stoke-on-Trent area	AM 1242
NW England & Yorkshire	AM 1215
Cleveland, S Durham, N Yorkshire	AM 1242
Tyneside, N Durham, S Northumberland	AM 1215
Central Scotland	AM 1215
Belfast & East Northern Ireland	AM 1215
Torbay area <i>Closed/ To Close</i>	AM 1197
Sheffield, Roth., Chesterfield <i>Closed/ To Close</i>	AM 1233
Aberdeen & East Grampian <i>Closed/ To Close</i>	AM 1215

85% daytime coverage.  
Marginal reception is available in most other areas except NW Scotland, W Northern Ireland, South Scotland and North Cumbria and parts of Cornwall and the Cardigan Bay area  
Satellite 0107/724, DTT 727, Cable 915  
*Airdate: 30/4/1993 as Virgin Radio. Absolute from 29/9/2008*  
*The AM service originally used more transmitters. Gatwick closed in 2011; Reading in May 2015; Cambridge, Dundee Guildford, Hoo (Thames Estuary) and Swindon in May 2018; Hull, Plymouth, Redruth (Cornwall) and Wallasey (Merseyside) in June 2018.*  
*a: 10/4/1995. Absolute from 29/9/2008*  
*b: 10/6/2004: Kerrang (Modern Rock). 14/06/2013: Planet Rock. 07/09/2015: Absolute Radio*

**ABSOLUTE RADIO 00s**  
00s Rock and Pop Bauer DABm 12D  
Inverness area

**ABSOLUTE RADIO 60s**  
60s Rock and Pop Bauer DABm 12D  
Inverness area

**ABSOLUTE RADIO 70s**  
70s Rock and Pop Bauer DABm 11B  
Dundee, Angus, Perth & Kinross, North Fife

### ABSOLUTE RADIO 00s

00s Rock and Pop	Bauer	
Inverness area		DABm 12D

### ABSOLUTE RADIO 60s

60s Rock and Pop	Bauer	
Inverness area		DABm 12D

### ABSOLUTE RADIO 70s

70s Rock and Pop	Bauer	
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B

## ABSOLUTE 80s

Format: 80s Rock and Pop Music  
Broadcaster: Bauer

London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)	DABm 11A
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Satellite 0200/726  
*Airdate: 2009 (Moved from D1 Mux on 29/2/2016)*

## ABSOLUTE RADIO 90s

Format: 90s Rock and Pop Music  
Broadcaster: Bauer

England, Wales and Northern Ireland (D1 Mux)	DABm 11D
Scotland (D1 Mux)	DABm 12A
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABm 12C
Birmingham area, West Midlands, SE Staffs	DABm 11C
South Yorkshire, North Notts, Chesterfield	DABm 11C
Leeds and Wakefield Districts	DABm 12D
East Yorkshire and North Lincolnshire	DABm 11B
Tees Valley and County Durham	DABm 11B
Tyne and Wear, North Durham, Northumberland	DABm 11C
Greater Manchester and North East Cheshire	DABm 12C
Central and East Lancashire	DABm 12A
Merseyside and West Cheshire	DABm 10C
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C
Edinburgh, Lothian and South Fife	DABm 12D
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B
Inverness area	DABm 12D
Northern Ireland	DABm 12D

*National and Local DAB duplication will eventually cease*  
Satellite 0201  
*Airdate: 2010 (Moved from D1 to local multiplexes on 5/11/15)*

## ABSOLUTE RADIO CLASSIC ROCK

Format: Classic Rock Broadcaster: Bauer

London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11D
Birmingham area, West Midlands, SE Staffs	DABm 11C
South Yorkshire, North Notts, Chesterfield	DABm 11C
Leeds and Wakefield Districts	DABm 12D
East Yorkshire and North Lincolnshire	DABm 11B
Tees Valley and County Durham	DABm 11B
Tyne and Wear, North Durham, Northumberland	DABm 11C
Greater Manchester and North East Cheshire	DABm 12C
Central and East Lancashire	DABm 12A
Merseyside and West Cheshire	DABm 10C
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C
Edinburgh, Lothian and South Fife	DABm 12D
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B
Inverness area	DABm 12D
Northern Ireland	DABm 12D

Satellite 0203/725  
*Airdate (London DAB): 5/2004 (as Virgin Radio Classic Rock). Absolute Radio Classic Rock from 29/9/2008. Other DAB areas from 2010; coverage has subsequently varied.*

### ACADEMY FM (FOLKESTONE)

Mixed Format	Community	
Folkestone		FM 105.9

### ACCESS FM

Mixed Format	Community	
Bridgwater, Somerset		FM 104.2

### ADVENTIST WORLD RADIO

Christian	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A

### AHBS COMMUNITY RADIO

Mixed Format, Health	Community	
Ashford, Kent		FM 107.1

### AIR

Mixed Format	Community	
Weymouth, Dorset		FM 107.2

### RADIO AIRE

Contemporary, Adult	Bauer	1 100 000
Part of Hits Radio Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		FM 96.3

1/9/1981.

### RADIO AIRE 2

Oldies	Bauer	1 100 000
All programmes from Greatest Hits Network (England)		
Leeds and Wakefield Districts		DABs 12D
Leeds and Wakefield area		AM 828

17/7/1990\*: Magic 828 (oldies). 12/2/1997: Soft. 2003: oldies.  
5/1/2015: Radio Aire 2.

### AKASH RADIO

Asian	Community	
Leeds		AM 1323

### ALIVE RADIO

Mixed Format	Community	
Dumfries		FM 107.3

**ALL FM**

Mixed Format South Manchester	Community	FM 96.9
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**AMBER SOUND FM**

Mixed Format Amber Valley, Derbyshire	Community	FM 107.2
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**AMBUR RADIO**

Asian North East Birmingham Walsall	Community	DAB+ 9A FM 103.6
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**AN RADIO**

Mixed Format Benbecula South Uist	Community	FM 105.2 FM 107.2
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**ANDOVER RADIO**

Mixed Format Andover, Hampshire	Community	FM 95.9
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**ANGEL RADIO**

Nostalgia Based: Havant, Hampshire South Hampshire and Isle of Wight	Community	DABm 11C DABm 9A DAB+m 9A
Brighton area		DAB+m 9A
Bristol		DAB+m 9A
Cambridge		DABm 7D
Central London		DAB+m 9A
Norwich		DAB+m 9A
Aldershot and Woking area		DABm 8A
Portsmouth and Havant, Hants		FM 89.3

**ANGEL RADIO (ISLE OF WIGHT)**

Nostalgia Isle of Wight	Community	FM 91.5
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**ANTENNA**

Pop Aldershot and Woking area	Independent	DAB+ 8A
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**APPLE FM**

Mixed Format Taunton	Community	FM 97.3
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**APNI AWAZ**

Asian Satellite 0125	Independent	
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**ARGYLL FM**

Adult, Contemporary Campbeltown	Independent	25 000 FM 106.5
West Kintyre, S Islay, Gigha		FM 107.1
S Knapdale, East Islay, Jura		FM 107.7

17/6/2000.

**THE ARROW**

Classic Rock/ Rock London area, Surrey, W Kent, Herts, Luton (Mx 2)	Global	DABs 12A
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**ASHBOURNE RADIO**

Adult, Oldies Opt-out of High Peak Radio Asbourne area, Derbyshire	Independent	20 000 FM 96.7
Wirksworth, Derbyshire		FM 101.8
Uttoxeter, Staffordshire		FM 101.8

6/2008. 2010: +Wirksworth. 10/2015: +Uttoxeter

**RADIO ASIAN FEVER**

Asian North Leeds	Community	FM 107.3
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**ASIAN FX**

Asian Contemporary Music London area, Surrey, W Kent, Herts, Luton (Mx 2)	Independent	DAB+ 12A
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7/3/2016

**ASIAN SOUND RADIO**

Asian Greater Manchester and North East Cheshire	Independent	2 050 000 DABm 12C
Bradford, Calderdale and Kirklees Districts		DABm 11B
SE Lancashire & N Gt Mancs		AM 963
Manchester & East Gt Mancs		AM 1377

3/6/1996.

**ASIAN STAR**

Asian Glasgow Slough	Community	DAB+10B FM 101.6
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**ATHAVAN RADIO**

Tamil London area, Surrey, W Kent, Herts, Luton (Mx 3)	Lyca Media	DABm 11B
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**AWAAZ RADIO**

Asian High Wycombe	Community	FM 107.4
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**AWAAZ FM**

Asian Portsmouth Southampton	Community	DAB+7D FM 99.8
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**AWAZ FM**

Asian Glasgow	Community	FM 107.2
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**AWAZ 103.1**

Asian Nelson, Lancashire	Community	FM 103.1
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**B****BAIKAL RADIO**

Russian Music London area, Surrey, W Kent, Herts, Luton (Mx 2)	Independent	DAB+m 12A
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**BANBURY SOUND**

Adult Banbury & Brackley area	Quidem	150 000 FM 107.6
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26/2/2006: Touch Radio. 1/6/2009: Banbury Sound.

**BANGOR 107.9 FM**

Mixed Format Bangor	Community	FM 107.9
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**BCR FM**

Mixed Format Bradford	Community	FM 106.6
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**THE BEACH**

Adult Shares all programmes with Dream 100, North Norfolk Radio, Radio Norwich and Town FM	Celador	200 000
Southwold area, Suffolk		FM 97.4
Great Yarmouth		FM 97.4
Great Yarmouth & Lowestoft		FM 103.4

29/9/1996. 2/2004: +Southwold. 2007: +Gt Yarmouth relay.

**THE BEAT**

Adult, Contemporary Hertfordshire, Bedfordshire, Buckinghamshire	MKFM	DABm 10D
North East Birmingham		DAB+ 9A
Brighton area		DAB+ 9A
Norwich		DAB+ 9A

**THE BEAT LONDON**

Rythmic Contemporary Stonebridge & Harlesden	Community	FMm 103.6
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**BELFAST 89 FM**

Oldies Belfast	Community	FM 89.3
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**BETAR BANGLA**

Asian (Bengali) East Central London	Community	AM 1503
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**BEVERLEY FM**

Mixed Format Beverley, East Yorkshire	Community	FM 107.8
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**BEYOND RADIO**

Mixed Format Lancaster and Morecambe	Community	FM 103.5
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**BFBS NETWORK**

Format: Contemporary and Adult Contemporary Music for the armed forces  
Broadcaster: BFBS

**BFBS UK**

Contemporary, Adult London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Cent/ East Northern Ireland (SD Mux) from 24 Jan	BFBS	DAB+ 11A
Bristol		DABs 9A
Satellite 0211/786		

The following stations opt-out of BFBS UK with local output Mon-Fri 06-10 and local news and information:

**BFBS (ALDERSHOT)**

Contemporary, Adult Aldershot and Woking area	BFBS	DABs 8A
Aldershot, Mytchett, Pirbright		FM 102.5

**BFBS (BLANDFORD)**

Contemporary, Adult Blandford, Dorset	BFBS	FM 89.3
Bovington Camp, Dorset		AM 1287

**BFBS BRIZE NORTON**

Contemporary, Adult Oxfordshire	BFBS	DABm 10B
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**BFBS (CATERICK)**

Contemporary, Adult Catterick	BFBS	FM 106.9
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**BFBS (COLCHESTER)**

Contemporary, Adult Colchester	BFBS	FM 107.0
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**BFBS (EDINBURGH)**

Contemporary, Adult	BFBS	
Edinburgh		FM 98.5
Inverness		FM 87.7
Fort George, Highland		FM 87.7

**BFBS NORTHERN IRELAND**

Contemporary, Adult	BFBS	
Lisburn		FM 100.6
Palace Barracks, Holywood		FM 101.0
RAF Aldergrove, Crumlin		FM 106.5
Abercorn Barracks, Ballykinlar		FM 107.5

**BFBS (PORTSMOUTH)**

Contemporary, Adult	BFBS	
Portsmouth		DAB+m 7D

**BFBS (SALISBURY PLAIN)**

Contemporary, Adult	BFBS	
Bulford, Tidworth, Netheravon		FM 106.8

**BFBS BEATS**

Dance	BFBS	
Aldershot and Woking area		DABs 8A

**BFBS GURKHA RADIO**

Nepali	BFBS	
Bristol		DAB+ 9A
Aldershot and Woking area		DABs 8A
Catterick Garrison, North Yorkshire		AM 1134
Bramcote Barracks, Nuneaton		AM 1134
Gurkha Demo. Co., Sandhurst		AM 1134
Imphal Barracks, York		AM 1251
Sir John Moore Barracks, Folkestone		AM 1278
Beacon Barracks, Stafford		AM 1278
Aldershot Garrison		AM 1287
Blandford Forum		AM 1287
Infantry Training C., Brecon		AM 1287
Invicta Park Bcks, Maidstone		AM 1287
Innsworth, Gloucester		AM 1287
<i>Airdate: 2000</i>		

**RADIO BGWS**

Nepalese	Community	
NE Hampshire & Camberley		AM 1179

**BIG CITY RADIO**

Mixed Format	Community	
North East Birmingham		DABm 9A
North Central Birmingham		FM 89.1

**BIGGLES FM**

Mixed Format	Community	
Biggleswade & Sandy, Beds		FM 104.8

**BISHOP FM**

Mixed Format	Community	
Bishop Auckland, Durham		FM 105.9

**BLACK CAT RADIO**

Mixed Format	Community	
St Neots, Cambridgeshire		FM 107.0

**BLACK COUNTRY RADIO**

Mixed Format	Community	
North East Birmingham		DAB+ 9A
Stourbridge		FM 102.5

**BLACK DIAMOND FM**

Mixed Format	Community	
Dalkeith and Midlothian		FM 107.8

**BLAST 106**

New Music	Community	
Belfast		FM 106.4

**BLOOMBERG RADIO**

Business News	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**BLYTH VALLEY RADIO**

Mixed Format	Community	
Southwold		FM 105.0

**BOB FM**

Oldies, Adult, Rock	Independent	300 000
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Stevenage area		FM 106.7
Central and East Herts		FM 106.9
Hitchin and Letchworth, Herts		FM 106.9
<i>3/3/2001: Hertbeat. 9/2005: +Hitchin &amp; Letchworth. 10/5/2010: Jack FM from. 10/3/2014: Bob FM.</i>		

**BOLTON FM**

Mixed Format	Community	
Bolton		FM 96.5

**RADIO BORDERS**

Contemporary, Adult	Bauer	100 000
Part of Hits Radio Network (Scotland)		
Border Region		FM 96.8
Berwick-upon-Tweed		FM 102.3
Peebles, Border Region		FM 103.1
Eyemouth and Border Coast		FM 103.4
<i>22/1/1990.</i>		

**BRADFORD ASIAN RADIO**

Asian	Community	
Bradford		AM 1413

**BRADLEY STOKE RADIO**

Mixed Format	Community	
Bristol		DABs 9A
Bradley Stoke, Bristol		FM 103.4

**BRANCH FM**

Christian	Community	
Dewsbury		FM 101.8

**THE BREEZE (NETWORK)**

Format: Oldies and Easy Listening Music  
 Broadcaster: Celador  
 Stations broadcast local output Mon-Fri 06-10, 15-19, Sat-Sun 07-11, and local news and information.

**BREEZE (BERKSHIRE & N. HANTS)**

Oldies, Easy	Celador	660 000
Newbury area, W Berkshire		a FM 105.6
Andover area		b FM 106.4
Reading		d FM 107.0
Hungerford area, W Berks		a FM 107.4
Basingstoke area		c FM 107.6
<i>a: 29/5/2000: Kick FM. 2010: Newbury Sound</i>		
<i>b: 26/5/2008: Andover Sound</i>		
<i>c: 18/5/1998: Kestrel FM.</i>		
<i>a, b, c: 16/12/2008: Stations merged as The Breeze.</i>		
<i>d: 22/10/2002: Reading 107. 2/3/2014: Jack FM. 8/2017: The Breeze</i>		

**BREEZE (BRISTOL & N SOMERSET)**

Oldies, Easy	Celador	860 000
Bristol		DABs 9A
Bristol		a FM 107.2
Warminster, Westbury, Frome		b FM 107.5
Weston-super-Mare area		c FM 107.7
Bath area		d FM 107.9
<i>a: 26/11/1999: The Eagle. 21/6/2001: Star. 2/14/2011: Breeze.</i>		
<i>b: 5/11/2001-24/3/2010: 3TR FM. 8/2010: TotalStar. 11/2011: The Breeze.</i>		
<i>c: 23/10/1999: WFM. 18/3/2002: Star. 26/9/2010: Nova Radio. 29/3/2013: The Breeze.</i>		
<i>d: 15/11/1999-24/3/2010: Bath FM. 8/2010: TotalStar. 11/2011: The Breeze.</i>		

**BREEZE (GLOUCESTERSHIRE)**

Oldies, Easy	Celador	180 000
Cheltenham & Tewkesbury		FM 107.5
<i>5/3/1993 (AM): CD 603, then 603 R, 1995: Boss 603, 1996: Cheltenham R. 7/9/1998 (FM): Cat FM. 3/2002: Star 107.5. 8/2010: TotalStar. 2013: The Breeze.</i>		

**BREEZE 107**

Oldies, Easy	Celador	1 070 000
Portsmouth		DABs 7D
Aldershot and Woking area		DABs 8A
Haslemere area, Surrey		a FM 97.1
Fourmarks & Meadstead		b FM 101.6
Hindhead area		b FM 101.6
Petersfield, Hampshire		b FM 101.8
Alton & Bordon area, Hants		b FM 102.0
Winchester area		c FM 107.2
Portsmouth area		d FM 107.4
Southampton area		e FM 107.8
<i>a: 1990: Delta R. 4/5/1992: R Mercury, 4/9/1995: County Sound R. 9/5/1996: Delta R. 2010: Kestrel. 16/12/2012: The Breeze.</i>		
<i>b: 22/11/1992: Wey Valley Radio. 1995: Fourmarks added. 11/1998: Delta FM. 2001: +Hindhead. 8/2003: +Petersfield. 2010: Kestrel. 16/12/2012: The Breeze.</i>		
<i>c: 3/10/1999: Win FM. 2007: Dream. 1/2009: R Hampshire. 7/2009: Play Radio.</i>		
<i>d: 19/9/1999: Victory. 4/8/2001: The Quay.</i>		
<i>e: 5/9/1999: South City FM. 24/4/2004: The Saint (previously digital only) 2007: R Hampshire. 7/2009: Play Radio.</i>		
<i>c/d/e: 30/7/2010: Stations merged as Breeze 107</i>		

**BREEZE (SOMERSET AND DORSET)**

Oldies, Easy	Celador	380 000
Blandford area, Dorset		a FM 96.6
N Dorset, SW Wilts, SE S'set		a FM 97.4
Porlock, Somerset		b FM 100.8
Minehead area		b FM 102.4
Yeovil area		c FM 105.6
Chard and Ilminster		c FM 106.6
Bridgwater area, Somerset		d FM 107.4
<i>a: 25/6/1995: Gold Radio. 1/1999: Vale FM. 9/2008: Midwest FM from. 25/6/2012: Breeze.</i>		
<i>b: 23/7/1998: Quay West Radio. 12/2004: +Porlock. 24/3/2010: closed. 8/2010: TotalStar. 7/8/2011: The Breeze.</i>		
<i>c: 2003: Ivel FM. 9/2008: Midwest FM from. 25/6/2012: Breeze.</i>		
<i>d: 7/2001: BCR. 3/2007: Quay West Radio. 24/3/2010: closed. 8/2010: TotalStar. 7/8/2011: The Breeze.</i>		

**BREEZE (TORBAY)**

Oldies, Easy	Celador	200 000
Torbay area		FM 105.5
<i>26/5/2006: Palm FM. 21/9/2015: The Breeze</i>		

**BRFM**

Mixed Format	Community	
Isle of Sheppey, Kent		FM 95.6

**BRFM**

Mixed Format	Community	
Blaenau Gwent		FM 97.3

**BRIDGE FM**

Adult, Oldies	Nation Broadcasting	140 000
Shares programmes with R Carmarthenshire, R Ceredigion, R Pembrokeshire and Swansea Bay Radio		
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
Bridgend area		FM 106.3
<i>1/5/2000.</i>		

**BRISTOL COMMUNITY FM**

Mixed Format	Community	
Bristol		DABs 9A
Bristol		FM 93.2

**BRO RADIO**

Mixed Format	Community	
Barry, South Wales		FM 98.1

**BUTE FM**

Mixed Format	Community	
Isle of Bute		FM 96.5

**C****RADIO CABIN**

Mixed Format	Community	
Herne Bay, Kent		FM 94.6

**CALON FM**

Mixed Format	Community	
Wrexham		FM 105.0

**CAM FM**

New Music	Community (Student)	
Cambridge		FM 97.2

**CAMBRIDGE 105**

Mixed Format	Community	
Cambridge		DABs 7D
Norwich		DAB+ 9A
Cambridge		FM 105.0

**CAMGLEN RADIO**

Mixed Format	Community	
Cambusland and Rutherglen		FM 107.9

**CANALSIDE RADIO**

Mixed Format	Community	
Bollington, Cheshire		FM 102.8

**CANDO FM**

Mixed Format	Community	
Barrow-in-Furness		FM 106.3

**CANNOCK CHASE RADIO**

Mixed Format	Community	
Rugeley and Trent Valley, Staffordshire		FM 89.6
Cannock Chase, Staffordshire		FM 94.0

**CANTERBURY STUDENT RADIO**

New Music	Community (Student)	
Canterbury		FM 97.4

**CAPITAL (NETWORK)**

Format: Contemporary Hit Music  
Broadcaster: Global Radio

**CAPITAL UK**

Contemporary	Global Radio	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Kent and Eastern London		DABs 11C
Sussex		DABs 10B
Berkshire and North Hampshire		DABs 12D
Oxfordshire		DABs 10B
Bristol, Bath and Avon		DABs 11B
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Somerset		DABs 10B
East Devon, Exeter and Torbay		DABs 11C
North and Central Devon		DABs 10C
Plymouth and South Devon		DABs 12D
Cornwall		DABs 11B
Most of Essex		DABs 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
North Cambridgeshire, Huntingdon, S Lincs		DABs 12D
South and Central Cambridgeshire		DABs 11C
East Norfolk		DABs 10B
Satellite 0109/719, Cable 958, DTT 724		
3/1/2011 (Capital FM Network), 12/9/2016 (National DAB)		

**CAPITAL LONDON**

Contemporary	Global Radio	9 650 000
As Capital UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 95.8
16/10/1973.		

The following stations opt-out of Capital UK with local output Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, and local news and information:

**CAPITAL CYMRU**

Contemporary, Welsh	Global Radio	180 000
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
W & N Gwynedd & Anglesey		FM 103.0
11/12/1998: <i>Champion FM</i> . 22/6/2009: <i>Heart</i> . 6/5/2014: <i>Capital FM</i> .		

**CAPITAL EAST MIDLANDS**

Contemporary	Global Radio	2 590 000
Leicestershire		c DABs 11B
South and Central Nottinghamshire		a DABs 12C
South and Central Derbyshire, SE Staffordshire		b DABs 10B
South Nottinghamshire		a FM 96.2
Mansfield & Ashfields, Notts		a FM 96.5
South Derbyshire & Burton		b FM 102.8
Leicestershire and Rutland		c FM 105.4
a: 3/7/1975: <i>Radio Trent</i> . 1991: + <i>Mansfield</i> .		
b: 3/3/1987: <i>Trent FM</i> . 1994: <i>Ram FM</i> .		
c: 7/9/1984: <i>Leicester Sound (city only, replaced Centre Radio 7/8/1981-6/10/1983)</i> . 1997: + <i>county</i> .		
3/1/2011: <i>Stations merged as Capital FM</i> .		

**CAPITAL LIVERPOOL**

Contemporary	Global	1 060 000
Merseyside and West Cheshire		DABs 10C
Liverpool area		FM 107.6
27/3/1998: <i>Crash FM (New Music)</i> . 3/2000: <i>Juice</i> . 18/1/2016: <i>Capital</i> .		

**CAPITAL MANCHESTER**

Contemporary	Global Radio	2 700 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Greater Manchester		FM 102.0
16/10/1994: <i>Kiss 102 (Dance)</i> . 27/9/1997: <i>Galaxy 102</i> .		
3/1/2011: <i>Capital FM</i> . (Replaced <i>Sunset 22/10/1989-1994</i> .)		

**CAPITAL NORTH EAST**

Contemporary	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, N Durham, S Nthmb		FM 105.3
West Tyneside, Tyne & Wear		FM 105.6
Hexham & Tyne Valley		FM 105.8
Cleveland, Durham, N Yorks		FM 106.4
1/6/1999: <i>Galaxy (Dance)</i> . 3/1/2011: <i>Capital FM</i> .		

**CAPITAL NORTH WEST AND WALES**

Contemporary	Global Radio	1 050 000
North East Wales, West Cheshire and Merseyside		DABs 10D
Conwy county		a DABs 12D
Gwynedd and Anglesey		a DABs 10D
N Clwyd and NE Gwynedd		a FM 96.3
Wirral and North East Clwyd		b FM 97.1
East Clwyd & West Cheshire		c FM 103.4
a: 27/8/1993: <i>Coast FM</i> .		
b: 1990: <i>MFM</i> . 1996: <i>separate programmes</i> . 14/2/1998: <i>Buzz</i> .		
c: 5/9/1983: <i>Marcher Sound</i> . 31/3/1989: <i>MFM</i> . 9/2006: <i>Marcher Sound</i> .		
All: 22/6/2009: <i>Heart</i> . 2/7/2010: <i>Stations merged</i> . 6/5/2014: <i>Capital FM</i> .		

**CAPITAL SCOTLAND**

Contemporary	Communicorp	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Lothian and Fife		FM 105.7
Glasgow and Clydeside area		FM 106.1
19/11/1999: <i>Beat 106 (New Music)</i> ; 4/1/2006: <i>XFM (Modern Rock)</i> . 8/11/2008: <i>Galaxy (Dance)</i> . 3/1/2011: <i>Capital FM</i> .		

**CAPITAL SOUTH COAST**

Contemporary	Global Radio	870 000
South Hampshire and Isle of Wight		DABs 11C
East, South and Central Dorset		DABs 11B
South Hampshire and Wight		FM 103.2
4/12/1988: <i>Power FM (previously relayed Ocean Sound)</i> .		
22/8/2008: <i>Galaxy (Dance)</i> . 3/1/2011: <i>Capital FM</i> .		

**CAPITAL SOUTH WALES**

Contemporary	Communicorp	880 000
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
South Gwent		FM 97.4
Cardiff & South Glamorgan		FM 103.2
11/4/1980 (Cardiff): <i>CBC</i> . 13/6/1983 (Gwent): <i>Gwent Broadcasting</i> . 1986: <i>Red Dragon</i> . 3/1/2011: <i>Capital FM</i> .		

**CAPITAL WEST MIDLANDS**

Contemporary	Global Radio	2 650 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
Birmingham area		FM 102.2
1/1/1995: <i>Choice (Dance, Rhythm)</i> . 1999: <i>Galaxy</i> . 3/1/2011: <i>Capital FM (Replaced Buzz FM 31/1/1990-1994)</i> .		

**CAPITAL YORKSHIRE**

Contemporary	Global Radio	4 540 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABs 11B
East Yorkshire and North Lincolnshire		DABs 11B
York and North Yorkshire		DABs 10C
West & South Yorkshire, York		FM 105.1
Sheffield area		FM 105.6
Bradford area		FM 105.6
Humberside		FM 105.8
14/2/1997: <i>Kiss 105 (Dance)</i> . 27/9/1997: <i>Galaxy 105</i> . 3/1/2011: <i>Capital FM</i> .		

**CAPITAL XTRA**

Format: Rhythmic Contemporary Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABs 11D
Scotland (D1 Mux)		DABs 12A
South and Central London		FM 96.9
North London		FM 107.1
Satellite 0114/720, Cable 959		
31/3/1990 (South): <i>Choice FM</i> . 31/5/2000: (North) <i>Choice FM (opted out until 2004)</i> . 7/10/2013: <i>Capital Xtra and National DAB</i>		

**RADIO CARDIFF**

Rhythmic Music	Community	
Cardiff		FM 98.7

**RADIO CARMARTHENSHIRE**

Adult, Welsh	Nation Broadcasting	170 000
Shares programmes with Bridge FM, R Ceredigion, R		
Pembrokeshire and Swansea Bay Radio		
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
Carmarthenshire		FM 97.1
Carmarthen		FM 97.5
Llanelli area		FM 97.5
13/6/2004. (Llanelli transmitter carried <i>Scarlet FM</i> from 2004 to 2012)		

**RADIO CAROLINE**

Classic Rock	Independent	
North East Birmingham		DAB+ 9A
Brighton area		DAB+ 9A
Glasgow		DAB+10B
Central London		DAB+ 9A
Norwich		DABs 9A
Portsmouth		DAB+7D
Aldershot and Woking area		DABs 8A
Suffolk and North East Essex		AM 648

**CASTLEDOWN RADIO**

Mixed Format	Community	
Tidworth area, Wiltshire		FM 104.7

**THE CAT**

Mixed Format	Community	
Crewe and Nantwich		FM 107.9

**CELTIC MUSIC RADIO**

Celtic Music	Community	
Glasgow		FM 95.0

**RADIO CENTRAL**

Asian	Community	
North East Birmingham		DAB+ 9A
Glasgow		DAB+ 10B

**CENTRAL FM**

Adult, Contemporary	New Wave Media	270 000
Glasgow, Edinburgh, Central Scotland		DABm 11D
Stirling and Falkirk area		FM 103.1
4/6/1990: <i>Centresound</i> . 1991: <i>Central FM</i> . 1994: + <i>Falkirk</i> .		

**RADIO CEREDIGION**

Mixed Music, Welsh	Nation Broadcasting	70 000
Shares programmes with Bridge FM, R Carmarthenshire, R		
Pembrokeshire and Swansea Bay Radio		
Lampeter & Teifi Valley		FM 96.6
Cardigan & Newcastle Emlyn		FM 97.4
Ceredigion		FM 103.3
14/12/1992.		

**CFM**

Contemporary, Adult	Bauer	300 000
Part of Hits Radio Network (England)		
North Cumbria		FM 96.4
Workington area, Cumbria		FM 102.2
Penrith, Cumbria		FM 102.5
Whitehaven area, Cumbria		FM 103.4
14/4/1993: <i>North</i> . 14/4/1995: <i>West</i> . 2003: <i>Stations fully merged</i>		



**CHANNEL 103 FM**

Adult Jersey	Tindle	85 000
		FM 103.7

**CHBN**

Mixed Format	Community	
Truro, Cornwall		FM 100.8

**CHELMSFORD COMMUNITY RADIO**

Mixed Format	Community	
Chelmsford, Essex		FM 104.4

**CHILL**

Chill-out music	Global Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
<i>Airdate: 3/2005 (Coverage cut 08-09/2009)</i>		

**CHORLEY FM**

Mixed Format	Community	
Chorley		FM 102.8

**CHRIS COUNTRY**

Country Music	Independent/Nation	
Based: Manchester		
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+ 12A
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Suffolk		DAB+ 10C
Cambridge		DABs 7D
Manchester		DAB+ 10B
Norwich		DAB+ 9A
Portsmouth		DAB+7D

**RADIO CITY**

Contemporary, Adult	Bauer	2 420 000
Part of Hits Radio Network (England)		
Merseyside and West Cheshire		DABs 10C
Merseyside & West Cheshire		FM 96.7
<i>21/10/1974.</i>		

**RADIO CITY 2**

Oldies	Bauer	2 000 000
Opts out of Greatest Hits Network (England)		
Merseyside and West Cheshire		DABs 10C
Merseyside & West Cheshire		FM 105.9
<i>21/10/1989*: City Talk (talk) on 1548 AM. 1991: Radio City Gold (oldies). 12/2/1997: Magic 1548 (soft). 2003: oldies. 5/1/2015: Radio City 2. 7/12/2015 moved to FM</i>		

**CITY BEAT PRESTON**

Mixed Format	Community	
Preston		FM 103.2

**RADIO CITY TALK**

Rock, Sport, Talk	Bauer	2 180 000
Merseyside and West Cheshire		DABm 10C
Merseyside		AM 1548
<i>28/1/2008 on 105.9 FM (Talk then Talk, Adult). 7/12/2015 moved to AM</i>		

**CLASSIC FM**

Format: Light Classical Music with News and Talk		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABs 11D
Scotland (D1 Mux)		DABs 12A
London & South East England		FM 100.9
London area		FM 100.6
Reading		FM 101.8
East Kent		FM 101.8
Brighton and Worthing area		FM 101.9
Central Southern England		FM 100.3
Devon and East Cornwall		FM 100.0
West Cornwall		FM 101.5
South Wales & West England		FM 101.7
Bristol		FM 101.4
Bath		FM 100.2
Swindon area		FM 100.8
Herefordshire and Gloucester		FM 100.4
Swansea area		FM 101.3
Pembrokeshire, W Carmar		FM 100.5
Ceredigion		FM 101.1
West and North Gwynedd		FM 100.7
North Clwyd & NE Gwynedd		FM 101.6
Midlands		FM 100.1
Oxon, Bucks, Berks, S Midlands		FM 101.3
Milton Keynes and West Beds		FM 100.4
Cambs, Beds, S Lincs, E Nthnts		FM 101.9
Norfolk and Suffolk		FM 101.5
Lincolnshire & Humberside		FM 100.5
NW England & Yorkshire		FM 101.1
Sheffield and Rotherham		FM 101.7
Leeds		FM 101.6

Bradford		FM 100.3
S Cumbria & NW Lancashire		FM 101.8
Cleveland and South Durham		FM 101.6
North East England		FM 100.3
West Tyneside & Tyne Valley		FM 101.0
North Cumbria & SW Scotland		FM 99.9
Isle of Man		FM 100.2
Border Region		FM 100.9
Central Scotland		FM 101.7
Ayrshire		FM 101.3
East Tayside and East Fife		FM 100.1
Grampian Region		FM 100.5
Inverness & Moray Firth area		FM 101.4
East & Cent. Northern Ireland		FM 101.9
Derry area		FM 100.5
<i>95% stereo coverage, (99% mono)</i>		
<i>Marginal reception is available most other areas except</i>		
<i>Powys and parts of NW Scotland</i>		
<i>Satellite 0106/721, DTT 731, Cable 922</i>		
<i>Airdate: 7/9/1992</i>		

**CLASSICAL 1**

Classical	Community	
Norwich		DAB+ 9A

**CLYDE 1 FM**

Contemporary, Adult	Bauer	2 050 000
Part of Hits Radio Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Dumbarton and Alexandria		FM 97.0
Largs, Rothesay, Clyde Mouth		FM 102.3
Glasgow and Clydeside area		FM 102.5
Greenock and Firth of Clyde		FM 103.3
<i>31/12/1973. 1994: Fillers added.</i>		

**CLYDE 2**

Oldies	Bauer	1 740 000
All programmes from Greatest Hits Network (Scotland)		
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Glasgow and Clydeside area		AM 1152
<i>12/8/1988* (opt-out). 12/1989: (full service).</i>		

**COAST FM**

Mixed Format	Community	
Penzance, Cornwall		FM 96.5
St Just, Cornwall		FM 97.2

**COAST AND COUNTY RADIO**

Oldies	Independent	
York and North Yorkshire		DABm 10C

**COLNE RADIO**

Mixed Format	Community	
Wivenhoe, NE Essex		FM 106.6

**COLOURFUL RADIO**

Black Community	Independent	
North East Birmingham		DAB+ 9A
Glasgow		DAB+ 10B
<i>Airdate: 3/2017.</i>		

**COMPASS FM**

Oldies, Soft	Lincs	100 000
Lincolnshire, North Lincolnshire and Hull		DABs 12A
Grimsby area		FM 96.4
<i>03/06/2001.</i>		

**CONNECT RADIO**

Adult, Oldies	Adventure Radio	380 000
Herefordshire, Bedfordshire, Buckinghamshire		DABm 10D
Wellingborough area		a FM 97.2
Peterborough area		b FM 106.8
Kettering and Corby area		a FM 107.4
<i>a: 6/4/1990 (AM): KCBC. 4/1998: KCBC on 107.4 FM and</i>		
<i>Connect on 97.2. 22/11/1999: Connect on 107.4.</i>		
<i>b: 24/7/1999: Life FM. 4/1/2010: Connect Radio.</i>		
<i>9/2010: Stations merged.</i>		

**COOL FM**

Contemporary	Bauer	930 000
Northern Ireland		DABs 12D
East & Cent. Northern Ireland		FM 97.4
<i>7/2/1990*.</i>		

**CORBY RADIO**

Mixed Format	Community	
Corby		FM 96.3

**CRESCENT RADIO**

Asian	Community	
Rochdale		FM 97.0

**CROSS RHYTHMS PLYMOUTH**

Christian	Community	
Plymouth		FM 96.3

**CROSS RHYTHMS STOKE**

Christian Contemporary	Community	
Stoke-on-Trent		FM 101.8

**CROSS RHYTHMS TEESIDE**

Christian Contemporary	Community	
Stockton on Tees		FM 107.1

**CRYSTAL FM**

Mixed Format	Community	
Penicuik, Lothian		FM 107.4

**CULLIN FM**

Mixed Music, Gaelic	Independent	8 000
Isle of Skye		FM 102.7
Portree, Skye		FM 106.2
<i>8/6/2004.</i>		

**CYBER HOT HITS**

Contemporary Pop	Independent	
Surrey, North East Hampshire, South London		DAB+ 10C
Brighton area		DAB+ 9A
Bristol		DAB+ 9A
Glasgow		DAB+ 10B
Norwich		DAB+ 9A

**CYBER ROCK**

Classic Rock	Independent	
Surrey, North East Hampshire, South London		DAB+ 10C
Bristol		DAB+ 9A
Norwich		DAB+ 9A

**D****DALES RADIO**

Mixed Format	Community	
Settle area, N Yorkshire		FM 104.9
Grassington area, N Yorkshire		FM 104.9
Ingleton & High Bentham		FM 103.0
West North Yorkshire		AM 93.6

**DAWN FM**

Asian	Community FM	
Nottingham		107.6

**RADIO DEAD**

Oldies	Independent	
Manchester		DAB+ 10B

**DEARNE FM**

Adult, Oldies	Lincs	230 000
Penistone area, S Yorkshire		FM 97.1
Barnsley		FM 102.0
9/2003.		

**DEE 106.3**

Adult, Oldies	Dee Radio	200 000
North East Wales, West Cheshire and Merseyside		DABm 10D
Chester		FM 106.3
01/03/2003.		

**DELITE RADIO**

Soul	Community	
Central London		DAB+ 9A
Glasgow		DAB+10B
Manchester		DAB+ 10B
Portsmouth		DAB+7D

**DEMON FM**

New Music	Community (Student)	
Leicester		FM 107.5

**DESI RADIO**

Asian	Community	
Southall, W London		AM 1602
Satellite 0169		

**DESTINY 105**

Mixed Format	Community	
South East Oxford		FM 105.1

**DEVERON FM**

Mixed Format	Community	
Banff		FM 107.4

**RADIO DIAMOND**

Soul, Reggae, Rap	Community	
Manchester		DAB+ 10B

**DIVERSE FM**

Rhythmic Music	Community	
Luton		FM 102.8

**DOWN FM**

Mixed Format	Community	
Downpatrick, County Down		FM 105.0

**DOWNTOWN RADIO**

Adult, Oldies	Bauer	1 560 000
Northern Ireland		DABs 12D
North Northern Ireland		FM 96.4
Fermanagh and South Tyrone		FM 96.6
Larne, Northern Ireland		FM 97.1
Ballymena and Antrim		FM 102.3
Derry area		FM 102.4
South East Northern Ireland		FM 103.1
Newcastle, Northern Ireland		FM 103.4
Belfast & East Northern Ireland		AM 1026
16/3/1976. 1/10/1986: +Derry and North. 31/10/1987:		
+Fermanagh & S Tyrone, 26/4/1997: +South East, 5/11/98:		
+Ballymena & Antrim and Larne.		

**DOWNTOWN COUNTRY**

Country Music	Bauer	
Northern Ireland		DABs 12D

**DRAGON RADIO**

Oldies	Nation Broadcasting	
Pembrokeshire, Carmarthenshire, Swansea		DABm 12D
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
28/12/2015: Nation Gold. 1/9/2016: Dragon Radio		

**DREAM 100 FM**

Adult	Celador	130 000
Shares all programmes with The Beach, North Norfolk Radio, Radio Norwich and Town FM		
North East Essex		FM 100.2
7/10/1990 (AM): Mellow 1557. 19/11/1998 (FM): Dream.		

**DRIVE FM**

Mixed Format	Community	
Derry		FM 105.3

**DRYSTONE RADIO**

Mixed Format	Community	
Sutton in Craven area, N Yorks		FM 103.5

**DUNOON COMMUNITY RADIO**

Mixed Format	Community	
Dunoon, Argyll		FM 97.4

**E****THE EAGLE**

Adult, Oldies	UKRD	690 000
Surrey, North East Hampshire, South London		
West Surrey & NE Hampshire		FM 96.4
4/4/1983: County Sound. 7/6/1988: County Sound Premier. 4/5/1992: R Mercury. 4/9/1995: County Sound. 4/1/1996: The Eagle).		

**EAGLE 70s**

70s Music	UKRD	
Programmes shared with Pirate 70s		
Surrey, North East Hampshire, South London		DABm 10C

**EAGLE 80s**

80s Music	UKRD	
Surrey, North East Hampshire, South London		DAB+ 10C

**EAST COAST FM**

Mixed Format	Community	
Haddington, East Lothian		FM 107.6

**EAVA FM**

Asian, Rhythmic Music	Community	
Leicester		FM 102.5

**EDEX FM**

Mixed Format	Community	
Penrith, Cumbria		FM 107.5

**ELECTRIC**

Dance	Community	
Cambridge		DABs 7D

**ENCORE RADIO**

Musical Theatre	UKRD	
Surrey, North East Hampshire, South London		
Kent and Eastern London		DABm 10C
Herfordshire, Bedfordshire, Buckinghamshire		
Most of Essex		DABs 10D
York and North Yorkshire		DABs 12D
DABs 10C		

**ENDEAVOUR FM**

Mixed Format	Community	
Boston, Lincs		FM 107.0

**ENERGY FM**

Contemporary	Independent	65 000
Central Isle of Man		FM 91.2
North West Isle of Man		FM 93.4
South and East Isle of Man		FM 98.6
Ramsay, Isle of Man		FM 98.4
Peel area, Isle of Man		FM 102.4
Maughold area, Isle of Man		FM 105.2
Port Erin, Isle of Man		FM 105.2
2001 on 98.6, 2002: +Snaefell, Jurby and Ramsay. 2003: + Peel and Maughold: 2004: +Port St Mary.		

**EREWASH SOUND**

Mixed Format	Community	
Ilkeston, Derbyshire		FM 96.8

**RADIO ESSEX**

Adult, Oldies	Adventure Radio	530 000
Most of Essex		c DABm 12D
Southend area		b FM 105.1
Chelmsford & Central Essex		a FM 107.7
a: 18/10/1998: Chelmer FM. 14/2/2002: Dream 107.7 FM. 2/2/2009: Chelmsford Radio. 23/3/2015: Radio Essex		
b: 8/3/2008: Southend Radio. 23/3/2015: Radio Essex		
c: 6/3/2013 Radio Essex (3 stations sharing programming)		

**EWTN**

Christian (Catholic)	Independent	
Satellite 0147		

**RADIO EXE**

Adult, Oldies	Independent	150 000
East Devon, Exeter and Torbay		
North and Central Devon		DABm 11C
Exeter area		DABm 10C
		FM 107.3
18/2/2008: Exeter FM. 10/1/12: Radio Exe.		

**EXMOUTH AIR 106.4**

Mixed Format	Community	
Exmouth, Devon		FM 106.4

**EXPRESS FM**

Mixed Format	Community	
Portsmouth		DABs 7D
Portsmouth		FM 93.7

**THE EYE**

Mixed Format Community  
Melton Mowbray, Leics

FM 103.0

**F****RAIDIÓ FÁILTE**

Irish Language Community  
Belfast FM 107.1

**FANTASY**

Mixed Format Community  
Devizes, Wiltshire FM 97.0

**FAZA AWP**

Asian Community  
Nottingham FM 97.1

**FELIXTOWE RADIO**

Mixed Format Community  
Felixtowe, Suffolk FM 107.5

**THE FIRE**

Contemporary, Dance Celador 340 000  
East, South and Central Dorset DABm 11B  
Bournemouth area FM 107.6  
26/6/1999: *The NRG*. 11/2000: *The Fire*.

**FIX RADIO**

Mixed Format: Tradespeople Independent  
London area, Surrey, W Kent, Herts, Luton (Mx 2) DABm 12A

**FLAME CCR**

Christian Community  
Wirral AM 1521

**FLASH**

Classic Rock Community  
Portsmouth DAB+7D

**FLEX FM**

Rhythmic New Music Community  
South West London FM 101.4

**45 RADIO**

Oldies Community  
Norwich DAB+ 9A

**FOREST FM**

Mixed Format Community  
Verwood area, Dorset FM 92.3

**FORTH 1**

Contemporary, Adult Bauer 1 260 000  
Part of Hits Radio Network (Scotland)  
Edinburgh, Lothian and South Fife DABs 12D  
Lothian and Fife FM 97.3  
West Lothian FM 97.6  
Penicuik, Lothian FM 102.2  
22/1/1975: *Radio Forth*. 1990: +*West Lothian*. 1998: +*Penicuik*.  
2000: *Forth 1*.

**FORTH 2**

Oldies Bauer 1 260 000  
All programmes from Greatest Hits Network (Scotland)  
Edinburgh, Lothian and South Fife DABs 12D  
Lothian and Fife AM 1548  
6/2/1990\*: *Max AM*. 1997: *Radio Forth AM*. 2000: *Forth 2*.

**FOSSE 107**

Adult, Rock Independent 330 000  
Loughborough & NW Leics a FM 107.0  
Hinckley & SW Leicestershire b FM 107.9  
a: 3/1/1999. b: 1/11/1998: *Fosseway Radio*. 3/2008: *Oak FM*.  
6/2010: *Stations merged as Oak FM; closed 28/7/2016*  
30/11/2016: *Fosse 107*

**FREE RADIO (BIRMINGHAM)**

Contemporary, Adult Bauer 2 100 000  
Part of Hits Radio Network (England)  
Birmingham area, West Midlands, SE Staffs DABs 11C  
Birmingham area FM 96.4  
19/12/1974: *BRMB*. 26/3/2012: *Free Radio*.

**FREE RADIO (COVENTRY)**

Contemporary, Adult Bauer 890 000  
Part of Hits Radio Network (England)  
Coventry and Warwickshire DABs 12D  
Coventry and N Warwickshire FM 97.0  
Leamington Spa & Warwick FM 102.9  
23/5/1980: *Mercia Sound*. 1989: +*Leamington Spa*. 26/3/2012:  
*Free Radio*.

**FREE RADIO (HEREFORD & WORCS)**

Contemporary, Adult Bauer 460 000  
Part of Hits Radio Network (England)  
Herefordshire and Worcestershire DABs 12A  
Kidderminster area FM 96.7  
Herefordshire FM 97.6  
Worcestershire FM 102.8  
4/10/1982: *Radio Wyvern*. 1/1996: +*Kidderminster*. 26/3/2012:  
*Free Radio*.

**FREE RADIO (WOLVES AND SHROPSHIRE)**

Contemporary, Adult Bauer 1 680 000  
Part of Hits Radio Network (England)  
Shropshire, Wolverhampton, Black Country DABs 11B  
Wolverhampton area a FM 97.2  
Shropshire b FM 103.1  
a: 12/4/1976: *Beacon Radio*. b: 14/7/1987: *Beacon Radio*.  
2010: *Stations merged*. 26/3/2012: *Free Radio*.

**FREE RADIO 80S**

80s Music Bauer 4 060 000  
Shropshire, Wolverhampton, Black Country a DABm 11B  
Birmingham area, West Midlands, SE Staffs b DABm 11C  
Coventry and Warwickshire c DABm 12D  
Herefordshire and Worcestershire DABm 12A  
Wolverhampton area a AM 990  
Shropshire a AM 1017  
Birmingham area b AM 1152  
Coventry & N Warwickshire c AM 1359  
a: 15/1/1989\*: *WABC (Nostalgia)*. 31/12/1990: +*Shropshire*  
*added*. 1991: *oldies format*. 1997: *Classic Gold WABC*.  
b: 4/4/1989\*: *Xtra AM (oldies)*. 1/6/1998: *Capital Gold*.  
c: 4/4/1989\*: *Xtra AM (oldies)*. 7/3/1994: *Classic Gold*.  
All: 3/8/2007: *Gold*. 2010: *Merged*. 4/9/2012: *Free Radio 80s*.

**FRESH COVENTRY AND WARWICKSHIRE**

Contemporary Independent 890 000  
Coventry and Warwickshire DABm 12D  
4/2018

**FROME FM**

Mixed Format Community  
Frome 96.6

**FUN KIDS**

Format: Childrens Broadcaster: Folder Media  
London and surrounding counties, Central South, Western  
counties, Midlands, North, South Wales, Central Scotland,  
Central/ Eastern Northern Ireland (SD Mux) DAB+ 11A  
Herefordshire and Worcestershire DABm 12A  
Suffolk DABm 10C  
*Airdate: 5/2005 (London)*. On SD Mux: 29/2/2016.

**FUNKY SX**

Rhythmic Contemporary Community  
Southend, Essex FM 103.7

**FUSE FM**

Mixed Format Community  
Ballymoney, County Antrim FM 107.5

**FUTURE FM**

Mixed Format Community  
Norwich DABs 9A  
Norwich FM 107.8

**G****GATEWAY FM**

Mixed Format	Community	
Basildon, Essex		FM 97.8

**GAYDIO**

Music for Gay Community	Independent	
Based: Manchester		
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
North East Birmingham	DABm 9A	
Brighton area	DAB+ 9A	
Cambridge	DABs 7D	
Portsmouth	DAB+7D	
Manchester	DAB+ 10B	
Glasgow	DABs 10B	
Manchester	FM 88.4	
<i>Airdate: London 2002 (as Gaydar), Manchester 2010. Stations merged 2013.</i>		

**GEM 106**

Adult	Bauer	2 360 000
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
South and Central Derbyshire, SE Staffordshire		DABs 10B
East Midlands		FM 106.0
<i>23/9/1997: Radio 106. 17/4/1998: Century. 29/8/2005: Heart 106. 3/1/2011: GEM 106.</i>		

**GFM**

Rhythmic Music	Community	
Gloucester		FM 96.6

**RADIO GLAN CLWYD**

Oldies, Nostalgia	Community	
Bodelwyddan, Denbighshire		AM 1287

**GLASTONBURY FM**

Mixed Format	Community	
Glastonbury		FM 107.1

**GN RADIO**

Ghanian Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)	DABm 11B	
Satellite 0185		

**GO RADIO**

Adult	Independent	
Glasgow, Edinburgh, Central Scotland		DABs 11D

**GOLD**

Format: 60s, 70s and 80s Music	Broadcaster: Global Radio	
London area, Surrey, W Kent, Herts, Luton (Mx 1)	a DABs 12C	
Kent and Eastern London	DABs 11C	
Sussex	DABs 10B	
East, South and Central Dorset	DABs 11B	
Berkshire and North Hampshire	DABs 12D	
Swindon area	DABs 11C	
East Devon, Exeter and Torbay	DABs 11C	
North and Central Devon	DABs 10C	
Plymouth and South Devon	DABs 12D	
Cornwall	DABs 11B	
Leicestershire	b DABs 11B	
South and Central Nottinghamshire	b DABs 12C	
South and Central Derbyshire, SE Staffordshire	b DABs 10B	
Birmingham area, West Midlands, SE Staffs	DABs 11C	
Most of Essex	DABs 12D	
North Cambridgeshire, Huntingdon, S Lincs	DABs 12D	
South and Central Cambridgeshire	DABs 11C	
East Norfolk	DABs 10B	
East Yorkshire and North Lincolnshire	DABm 11B	
Greater Manchester and North East Cheshire	c DABs 12C	
London area	a AM 1548	
South Derbyshire & Burton	b AM 945	
South Nottinghamshire	b AM 999	
Greater Manchester	c AM 1458	
Satellite 0121/722, Cable 923		
<i>Airdates, a: 28/11/1988*: Capital Gold. 3/8/2007: Gold.</i>		
<i>b: 4/10/1988*: Gem AM. Also covered Leicester until 15/9/1992. 1998: Classic Gold GEM. 3/8/2007: Gold. 28/6/2010: National plus local news.</i>		
<i>c: 20/6/1994: Fortune 1458 (Soft, Adult, Talk). 9/1996: Lite AM (Easy). 5/2000: Big AM (Adult, Rock). 21/2/2002: Capital Gold (oldies). 3/8/2007: Gold. 28/6/2010: National plus local news. Other areas: 14/9/2015 (Smooth AM/DAB stations carried Gold from 3/8/2007 until 24/3/2014)</i>		

**GORGEOUS FM**

Contemporary, Adult	Community	
North East Birmingham		DAB+ 9A

**GRAVITY FM**

Mixed Format	Community	
Grantham, Lincolnshire		FM 97.2

**GREAT YORKSHIRE RADIO**

Adult	Independent	
York and North Yorkshire		DABm 10C

**GREATEST HITS NETWORK**

Format: Oldies Music	Broadcaster: Bauer	
Northern and Scottish networks broadcast separate output		
Mon-Fri 06–19, plus 6 hours on Sat and Sun. Individual stations broadcast separate local news and information. FM stations broadcast local programmes Mon-Fri 06-10, 16–19, plus 4 hours on Sat and Sun.		
Northern Network (formerly Magic): Radio Aire 2, Radio City 2 (local progs), Hallam 2, Key 2, Metro Radio 2, Rock 2, TFM 2, Viking 2		
Scottish Network: Clyde 2, Forth 2, MFR 2, Northsound 2, Tay 2, West Sound (West), West Sound (South, local progs)		

**GTFM**

Mixed Format	Community	
Pontypridd, S Wales		FM 107.9

**GULSHAN RADIO**

Asian	Community	
Wolverhampton		FM 106.9

**H****HAILSHAM FM**

Mixed Format	Community	
Hailsham, East Sussex		FM 95.9

**HALLAM FM**

Contemporary, Adult	Bauer	1 410 000
Part of Hits Radio Network (England)		
South Yorkshire, North Notts, Chesterfield		DABs 11C
Sheffield area		FM 97.4
Doncaster area		FM 103.4
Barnsley and Rotherham		FM 102.9
<i>1/10/1974. 1/10/1985: +Doncaster and Barnsley.</i>		

**HALLAM 2**

Oldies	Bauer	1 410 000
All programmes from Greatest Hits Network (England)		
South Yorkshire, North Notts, Chesterfield		DABs 11C
Doncaster area		AM 990
Barnsley		AM 1305
Sheffield and Rotherham		AM 1548
<i>1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 17/3/1997: Magic AM (soft). 2003: oldies. 5/1/2015: Hallam 2.</i>		

**HALTON FM**

Mixed Format	Community	
Runcorn & Widnes, Cheshire		FM 92.3

**HARBOUR RADIO**

Mixed Format	Community	
Great Yarmouth		FM 107.4

**HARBOROUGH FM**

Mixed Format	Community	
Market Harborough, Leics		FM 102.3

**RADIO HARTLEPOOL**

Mixed Format	Community	
Hartlepool		FM 102.4

**HAYES FM**

Mixed Format	Community	
Hayes area, West London,		FM 91.8

**HCR FM**

Mixed Format	Community	
Huntingdon		FM 104.0

**HEART (NETWORK)**

Format: Adult Contemporary Music	
Broadcaster: Global Radio	

**HEART UK**

Adult	Global Radio	
Leicestershire		DABs 11B
South and Central Nottinghamshire		DABs 12C
South and Central Derbyshire, SE Staffordshire		DABs 10B
Satellite 0111, DTT 728, Cable 918		

**HEART LONDON**

Adult	Global Radio	9 650 000
As Heart UK with local news and information		
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 106.2
<i>5/9/1995.</i>		

The following stations opt-out of Heart UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

**HEART CAMBRIDGESHIRE**

Adult	Global Radio	950 000
North Cambridgeshire, Huntingdon, S Lincs		b DABs 12D
South and Central Cambridgeshire		a DABs 11C
Newmarket, Suffolk		a FM 97.4
Haverhill, Suffolk		a FM 97.4
N Cambridgeshire, S Lincs		b FM 102.7
South & C Cambridgeshire		a FM 103.0
<i>a: 12/2/1989: CNFM. 1995: Q103. 2007: +Haverhill</i>		
<i>b: 20/7/1980: Hereward FM.</i>		
<i>All: 5/1/2009: Heart. 2/7/2010: Stations merged.</i>		

**HEART CORNWALL**

Adult, Talk	Global	460 000
Cornwall		DABs 11B
East Cornwall		FM 105.1
West Cornwall		FM 107.0
<i>7/2006: Atlantic FM. 7/5/2012: Heart.</i>		



**HEART DEVON**

Adult	Global Radio	1 080 000
East Devon, Exeter and Torbay		b DABs 11C
North and Central Devon		a DABs 10C
Plymouth and South Devon		c DABs 12D
North and Central Devon		a FM 96.2
Torbay area		b FM 96.4
Tavistock, Devon		c FM 96.6
Exeter area		b FM 97.0
Plymouth area		c FM 97.0
Ilfracombe, Devon		a FM 97.3
Totnes area, Devon		d FM 100.5
Dartmouth area, Devon		d FM 100.8
South Hams, Devon		d FM 01.2
Ivybridge, Devon		d FM 101.9
East Devon		b FM 103.0
a: 19/10/1992: <i>Lantern FM</i> . 2002: + <i>Ilfracombe</i> .		
b: 1/11/1995: <i>Gemini FM</i> . (Replaced 7/11/1980- Devon Air R)		
c: 19/5/1975: <i>Plymouth Sound</i> . 28/10/85: + <i>Tavistock with opt-out Radio in Tavistock until 1994</i> .		
d: 1/12/1999: <i>South Hams Radio</i> .		
All: 23/3/2009: <i>Heart</i> . 27/8/2010: <i>Stations merged</i> .		

**HEART EAST ANGLIA**

Adult	Global Radio	1 100 000
East Norfolk		a DABs 10B
Suffolk		b DABs 10C
South and East Suffolk		a FM 97.1
West Suffolk		a FM 96.4
East Norfolk and NE Suffolk		b FM 102.4
a: 28/10/1975 (East): <i>Radio Orwell</i> . 6/11/1982 (West): <i>Saxon Radio</i> . 1992: <i>SGR FM</i> .		
b: 1/10/1984: <i>Broadland FM</i> .		
Both: 5/1/2009: <i>Heart</i> . 5/9/2010: <i>Stations merged</i> .		

**HEART ESSEX**

Adult	Global Radio	1 390 000
Most of Essex		DABs 12D
Colchester & NE Essex		a FM 96.1
South East Essex		b FM 96.3
Southend		b FM 97.5
Harlow area		c FM 101.7
Chelmsford & Central Essex		b FM 102.6
a: 17/10/1993: <i>SGR Colchester</i> . 5/1/2009: <i>Heart</i> .		
b: 12/9/1981: <i>Essex FM</i> . 1998: + <i>Southend</i> . 22/6/2009: <i>Heart</i> .		
c: 1/5/1993: <i>Ten 17</i> . 2000: <i>Mercury FM</i> . 2001: <i>Ten 17</i> .		
22-25/7/2010: <i>Stations merged as Heart</i> .		

**HEART GLOUCESTERSHIRE**

Adult	Global Radio	360 000
Gloucestershire		DABs 10C
Gloucester & Cheltenham		FM 102.4
Stroud area		FM 103.0
23/10/1980: <i>Severn Sound</i> . 7/3/1988: + <i>Stroud</i> . 23/3/2009: <i>Heart</i> .		

**HEART HERTFORDSHIRE**

Adult	Adventure	390 000
West Hertfordshire		FM 96.6
22/10/1994: <i>Oasis</i> . 96.6 1995: <i>Classic Hits</i> . 1997: <i>Oasis</i> . 2000: <i>Mercury</i> . 25/7/2010: <i>Heart</i> .		

**HEART HOME COUNTIES**

Adult	Global Radio	1 900 000
Hertfordshire, Bedfordshire, Buckinghamshire		DABs 10D
Northamptonshire		DABs 10C
Northamptonshire		a FM 96.6
Bedfordshire & North Herts		b FM 96.9
NW & C Herts, S Beds, E Bucks		c FM 97.6
Milton Keynes area		d FM 103.3
a: 1/10/1986: <i>Northants 96</i> .		
b: 1/3/1982: <i>Chiltern FM</i> . 1996: B97. 1999: <i>Chiltern FM</i> .		
c: 15/10/1981: <i>Chiltern FM</i> .		
d: 15/10/1989: <i>Horizon</i> .		
All: 5/1/2009: <i>Heart</i> . 16/7/2010: <i>Stations merged</i> .		

**HEART KENT**

Adult	Global Radio	1 440 000
Kent and Eastern London		DABs 11C
Thanet, Kent		FM 95.9
Ashford area, Kent		FM 96.1
Dover and Folkestone area		FM 97.0
Canterbury area		FM 102.8
West Kent		FM 103.1
1/10/1984: <i>Invicta</i> . 22/6/2009: <i>Heart</i> .		

**HEART NORTH LANCASHIRE AND CUMBRIA**

Adult	Global Radio	300 000
S Cumbria & NW Lancashire		FM 96.9
Windermere & Ambleside		FM 102.3
Kendal, Cumbria		FM 103.2
1/3/1993: <i>The Bay</i> . 5/3/2018: <i>Heart</i>		

**HEART NORTH EAST**

Adult	Global Radio	2 630 000
Tees Valley and County Durham		DABs 11B
Tyne and Wear, North Durham, Northumberland		DABs 11C
West Tyneside, Tyne & Wear		FM 96.2
Cleveland, Durham, N Yorks		FM 100.7
Hexham & Tyne Valley		FM 101.2
Sunderland		FM 101.2
Tyneside, N Durham, S Nthmb		FM 101.8
1/9/1994: <i>Century</i> . 1996: + <i>Tyne Valley</i> . 1/2009: <i>Real Radio</i> .		
6/5/2014: <i>Heart</i> .		

**HEART NORTH WALES**

Adult	Communicorp	720 000
East Clwyd		FM 88.0
Welshpool, Powys		FM 102.8
N Clwyd and NE Gwynedd		FM 105.7
Newtown, Powys		FM 106.0
Denbigh, Ruthin and Rhyl		FM 106.9
W & N Gwynedd & Anglesey		FM 107.2
Rhyl and Prestatyn		FM 107.3
Ceredigion		FM 107.7
1/12/2010: <i>Real Radio (as South Wales)</i> . 6/5/2014: <i>Heart (separate peak-time programmes)</i> .		

**HEART NORTH WEST**

Adult	Global Radio	5 670 000
Greater Manchester and North East Cheshire		DABs 12C
Central and East Lancashire		DABs 12A
Merseyside and West Cheshire		DABs 10C
North West England		FM 105.4
8/9/1998: <i>Century</i> . 1/2009: <i>Real Radio</i> . 6/5/2014: <i>Heart</i> .		

**HEART SCOTLAND**

Adult	Global Radio	2 920 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABs 11C
Edinburgh, Lothian and South Fife		DABs 12D
Dumbarton and Alexandria		FM 100.0
Glasgow and Clydeside area		FM 100.3
Lothian and Fife		FM 101.1
Greenock and Firth of Clyde		FM 101.1
Penicuik, Lothian		FM 103.3
16/9/1994: <i>Scot FM</i> . 2001: <i>Real Radio</i> . 11/2004: + <i>Rosneath</i> .		
10/2006: + <i>Millburn Muir</i> . 4/2008: + <i>Penicuik</i> . 6/5/2014: <i>Heart</i> .		

**HEART SOUTH COAST**

Adult	Global Radio	1 600 000
South Hampshire and Isle of Wight		a DABs 11C
East, South and Central Dorset		b DABs 11B
Winchester & Southampton		a FM 97.5
Portsmouth area		a FM 97.5
Bournemouth area		b FM 102.3
a: 12/10/1986: <i>Ocean Sound</i> . 1987: <i>added Winchester</i> .		
(4/12/88-27/1/91 on Winchester only: <i>Ocean Light</i> .)		
22/6/2009: <i>Heart</i> . (Replaced <i>R Victory in Portsmouth 1975-86</i> .)		
b: 15/9/1980: <i>Two Counties R</i> , then <i>2CR FM</i> . 22/6/2009: <i>Heart</i> .		
Stations merged: 29/7/2010		

**HEART SOUTH WALES**

Adult	Global	1 500 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
West Glamorgan and SW Carmarthenshire		DABs 12A
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
Pontypridd area		FM 102.3
Carmarthenshire		FM 105.2
Abergavenny & Usk Valley		FM 105.2
Cardiff & South Glamorgan		FM 105.4
Pembrokeshire		FM 105.7
South Gwent		FM 105.9
Merthyr Tydfil & Aberdare		FM 105.9
Swansea area		FM 106.0
Carmarthen		FM 106.0
Ebbw Vale & Tedegar, Gwent		FM 106.1
Fishguard & Newport, Pems		FM 106.2
Bargoed area		FM 107.3
3/10/2000: <i>Real Radio</i> . 2002: + <i>Carmarthenshire</i> . 2003: + <i>Pembrokeshire and Fishguard 12/2004</i> : + <i>Carmarthen</i> . 2005: + <i>Abergavenny, Ebbw Vale, Merthyr, Aberdare</i> . 2010: + <i>Eglysylan and Bargoed</i> . 6/5/2014: <i>Heart</i> .		

**HEART SUSSEX AND SURREY**

Contemporary	Global Radio	1 400 000
Sussex		a DABs 10B
Surrey, North East Hampshire, South London		b DABs 10C
Horsham		b FM 97.5
Newhaven & Seaford, Sussex		a FM 96.9
Hastings		a FM 102.0
East Sussex		a FM 102.4
North Sussex & East Surrey		b FM 102.7
Brighton and Worthing area		a FM 103.5
a: 29/9/1983: <i>Southern Sound</i> , then <i>Southern FM</i> . 5/2/1989: + <i>East Sussex</i> . 12/2/1988: + <i>Newhaven</i> . 22/6/2009: <i>Heart</i> .		
b: 20/10/1984 as <i>Radio Mercury</i> .		
Stations merged as <i>Heart 25/7/2010</i>		

**HEART THAMES VALLEY**

Adult	Global Radio	1 700 000
Berkshire and North Hampshire		a DABs 12D
Oxfordshire		b DABs 10B
Reading area		a FM 97.0
Banbury & Brackley area		b FM 97.4
Oxfordshire and West Bucks		b FM 102.6
N Hampshire & W Berkshire		a FM 102.9
Henley, Oxon		a FM 103.4
a: 8/3/1976: <i>Radio 210</i> . 1/1/1987: + <i>N Hants &amp; W Berks</i> . 1990: <i>2-Ten FM</i> . 1997: + <i>Henley</i> . 22/6/2009: <i>Heart</i> .		
b: 15/9/1989: <i>Fox FM</i> . 22/6/2009: <i>Heart</i> .		
Stations merged 9/7/2010.		

**HEART WEST COUNTRY**

Adult	Global Radio	1 290 000
Bristol, Bath and Avon		a DABs 11B
West Wiltshire and Bath		c DABs 10D
Somerset		b DABs 10B
Avon		a FM 96.3
Taunton		b FM 96.5
Yeovil area		b FM 97.1
Somerset		b FM 102.6
Bath		c FM 103.0
Weston-super-Mare area		a FM 103.0
a: 27/10/1981: <i>Radio West</i> . 1986: <i>GWR</i> . 2007: + <i>Weston</i> .		
b: 26/11/1989: <i>Orchard FM</i> . 1996: + <i>Taunton relay</i> .		
c: 22/5/1987 as part of <i>GWR Bristol</i> . Separate from 2002.		
All: 23/3/2009: <i>Heart</i> . 27/8/2010: <i>Stations merged</i> .		

**HEART WEST MIDLANDS**

Adult	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country		DABs 11B
Birmingham area, West Midlands, SE Staffs		DABs 11C
Coventry and Warwickshire		DABs 12D
West Midlands region		FM 100.7
1/9/1994.		

**HEART WILTSHIRE**

Adult	Global Radio	490 000
West Wiltshire and Bath		DABs 10D
Swindon area		DABs 11C
Marlborough area, Wilts		FM 96.5
Swindon area & Cirencester		FM 97.2
West Wiltshire		FM 102.2
12/10/1982: <i>Wiltshire Radio</i> . 1986: <i>GWR</i> . 14/10/1988: + <i>Marlborough</i> . 23/3/2009: <i>Heart</i> .		

**HEART YORKSHIRE**

Adult	Communicorp	3 750 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Leeds and Wakefield Districts		DABs 12D
Bradford, Calderdale and Kirklees Districts		DABm 11B
West & South Yorkshire, York		FM 106.2
Bradford area		FM 107.6
Sheffield area		FM 107.7
25/03/2002: <i>Real Radio</i> . 6/5/2014: <i>Heart</i> .		

**HEART EXTRA**

Adult	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Airdate: 29/2/2016		

**HEART 80S**

Format: 80s Pop Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Satellite 0112. Cable 921		
Airdate: 14/3/2017		

**HEARTLAND FM**

Mixed Music	Independent	110 000
Pillichry&Aberfeldy, Tayside		FM 97.5
21/3/1992.		

**HEAT**

Format: Adult Contemporary Music and Celebrity Gossip		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
		DABm 11A
DTT 716		
Airdate: 10/2003. On SD Mux: 29/2/2016.		

**HERITAGE RADIO**

Muslim Community	Community	
Manchester		DAB + 10B m
Manchester		AM 1602

**HERMITAGE FM**

Mixed Format	Community	
Coalville & Ashby-de-la-Zouch		FM 99.2

**HIGH PEAK RADIO**

Adult, Oldies	Independent	80 000
New Mills and Whaley Bridge		FM 103.3
Hope Valley, Derbyshire		FM 103.3
Buxton area, Derbyshire		FM 106.4
Glossop and Hadfield, Derbys		FM 106.4
Chapel-en-le-Frith, Derbys		FM 106.6

4/4/2004.

**HILLZ FM**

Mixed Format, Rhythmic	Community	
Hillfields, Coventry		FM 98.6

**HITMIX RADIO**

Mixed Format	Community	
Newcastle Under Lyme, Staffs		FM 107.5

**HITS RADIO (NETWORK)**

Format: Contemporary Hit and Adult Contemporary Music  
Broadcaster: Bauer

**HITS RADIO (UK)**

Contemporary, Adult	Bauer	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABs 12A
Kent and Eastern London		DABm 11C
Sussex		DABm 10B
South Hampshire and Isle of Wight		DABm 11C
East, South and Central Dorset		DABm 11B
Berkshire and North Hampshire		DABm 12D
Oxfordshire		DABm 10B
West Wiltshire and Bath		DABm 10D
Swindon area		DABm 11C
Bristol, Bath and Avon		DABm 11B
South Glamorgan, Mid Glamorgan, Gwent		DABm 12C
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Plymouth and South Devon		DABm 12D
Cornwall		DABm 11B
Shropshire, Wolverhampton, Black Country		DABm 11B
Birmingham area, West Midlands, SE Staffs		DABm 11C
Coventry and Warwickshire		DABm 12D
Leicestershire		DABm 11B
South and Central Nottinghamshire		DABm 12C
South and Central Derbyshire, SE Staffordshire		DABm 10B
Most of Essex		DABm 12D
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Northamptonshire		DABm 10C
North Cambridgeshire, Huntingdon, S Lincs		DABm 12D
South and Central Cambridgeshire		DABm 11C
East Norfolk		DABm 10B
South Yorkshire, North Notts, Chesterfield		DABm 11C
Leeds and Wakefield Districts		DABm 12D
East Yorkshire and North Lincolnshire		DABm 11B
Tees Valley and County Durham		DABm 11B
Tyne and Wear, North Durham, Northumberland		DABm 11C
Central and East Lancashire		DABm 12A
Merseyside and West Cheshire		DABm 10C
Ayrshire		DABm 11B
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk		DABm 11C
Edinburgh, Lothian and South Fife		DABm 12D
Dundee, Angus, Perth & Kinross, North Fife		DABm 11B
Inverness area		DABm 12D
Northern Ireland		DABm 12D

Satellite 0188, DTT 711  
Airdate: 4/6/2018

**HITS RADIO MANCHESTER**

Contemporary, Adult	Bauer	2 810 000
Greater Manchester and North East Cheshire		DABs 12C
Greater Manchester		FM 103.0

2/4/1974: *Piccadilly (mixed)*, 3/9/1988\*: *Key 103 (Adult)*.  
1990: *Piccadilly Key 103 (contemporary)*. 1996: *Key 103*. 200: *Piccadilly Key 103*. 2002: *Key 103*. 4/6/2018: *Hits Radio Manchester*

**Hits Radio Network - England**

Format: Contemporary, Adult  
Broadcaster: Bauer  
Stations broadcast local programmes Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, relaying Hits Radio at other times:  
Radio Aire, CFM, Radio City, Free Radio, Hallam FM, Metro Radio, Rock FM, TFM, Viking FM

**Hits Radio Network - Scotland**

Format: Contemporary, Adult  
Broadcaster: Bauer  
Stations broadcast local programmes Mon-Fri 06-10, 16-19, plus 4 hours on Sat and Sun, sharing programming with each other at other times:  
Radio Borders Clyde 1, Forth 1, MFR, Northsound 1, Tay FM, West FM

**HOPE FM**

Christian	Community	
Bournemouth		FM 90.1

**HOT**

Mixed Format	Community	
Poole		FM 102.8

**HUB RADIO**

New Music	Community (Student)	
Bristol		DAB+ 9A

**HULL KINGSTON RADIO**

Mixed Format	Community	
Hull		FM 107.4

**I****IBC TAMIL**

Tamil	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**RADIO IKHLAS**

Asian	Community	
Derby		FM 107.8

**IMAGINE FM**

Adult	Independent	1 460 000
South & Cent Gt Manchester		FM 104.9

17/2/1990: *KFM*. 1992: *Signal Cheshire (merged with 96.4)*.  
1997: *Signal FM*. 1/2000: *Imagine FM*.

**INSANITY**

New Music, Pop	Community (Student)	
Egham, Surrey		FM 103.2

**INSPIRATION FM**

Soul, Reggae, Dance	Community	
Northampton		FM 107.8

**INSPIRE FM**

Muslim	Community	
Luton		FM 105.1

**INTOBEATS**

Rhythmic New Music	Community	
Bedford		FM 106.5

**IPSWICH COMMUNITY RADIO**

Mixed Format	Community	
Ipswich		FM 105.7

**IRVINE BEAT FM**

Mixed Format	Community	
Irvine, Ayrshire		FM 107.2

**ISLAND FM**

Adult	Tindle	60 000
Alderney		FM 93.7
Guernsey		FM 104.7

15/10/1992. 1994: +Alderney.

**ISLE OF WIGHT RADIO**

Adult	Media Sound Holdings	125 000
South East Isle of Wight		FM 102.0
Ryde and NE Isle of Wight		FM 102.0
Cowes, Isle of Wight		FM 102.0
Isle of Wight		FM 107.0

15/4/1990. Moved from AM to FM 28/3/1998.

**ISLES FM**

Mixed Music, Gaelic	Independent	20 000
Isle of Lewis		FM 103.0

7/3/1998.

**IÚR FM**

Mixed Format	Community	
Newry		FM 101.4

**J****JACK FM (OXFORD/SURREY/PORTSMOUTH)**

Oldies, Adult, Rock Oxfordshire	Oxis Media	350 000 DABm 10B
Bicester, Oxon		FM 106.4
Wallingford, Oxon		FM 106.4
Wantage, Oxon		FM 106.4
Witney, Oxon		FM 106.4
Central and South Oxon 2007.		FM 106.8

**JACK FM 2**

Pop Oxfordshire	Oxis Media	140 000 DABm 10B
Oxford		FM 107.9
14/2/1997: Oxygen (student station). 2000: Fusion (mixed format). 5/2003: Passion (Dance) 2006: Oxford's 107.9. 17/8/2010: Glide (pop). 20/9/2013: Jack FM 2.		

**JACK 3 UK LIKELY TO BE A TEMPORARY SERVICE**

Easy Listening, Oldies London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)	Oxis Media	DAB+ 11A 6/4/2018
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**JACK 3**

Easy Listening, Oldies Oxfordshire	Oxis Media	DABm 10B
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**RADIO JACKIE**

Adult, Oldies SW London & N Surrey	Independent	1 150 000 FM 107.8
1/3/1997: Thames Radio. 19/10/2003: Radio Jackie.		

**JAZZ FM**

Format: Jazz and Soul Music Broadcaster: Independent		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DAB+ 11A DABm 12A	
Norwich	DAB+ 9A	
Satellite 0202/729		
Airdate: 9/2008 (the original Jazz FM broadcast 4/3/1990 to 7/6/2005) DAB coverage has varied. On SD Mux: 29/2/2016.		

**JUICE 107.2 LIKELY TO BECOME CAPITAL**

New Music Sussex	Global Radio	210 000 DABm 10B
Brighton area		DAB+ 9A
Brighton area		FM 107.2
27/3/1998: Surf. 8/2001: Juice.		

**K****KANE FM**

Rhythmic Music Guildford, Surrey	Community	FM 103.7
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**KANSHI RADIO**

Punjabi Satellite 0205,	Independent	
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**KCC LIVE**

Mixed Format Knowsley, Merseyside	Community	FM 99.8
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**KCFM**

Adult, Oldies Lincolnshire, North Lincolnshire and Hull	Lincs	500 000 DABs 12A
Hull area		FM 99.8
1/8/2007.		

**KEEP 106**

Oldies, Easy Listening Dorchester, Dorset	Community	FM 106.3
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**KEITH COMMUNITY RADIO**

Mixed Format Keith & Buckie area	Community	FM 107.7
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**KEMET RADIO**

Rhythmic Music Nottingham	Community	FM 97.5
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**KENNET RADIO**

Mixed Format Newbury, Berkshire	Community	FM 106.7
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**KERRANG**

American style Rock Dundee, Angus, Perth & Kinross, North Fife	Bauer	DABm 11B
DTT 717		
10/2002 (Also carried on DAB until 12/12/2014 in Scotland, Northern England and Birmingham and until 23/5/2018 in London)		

**KEY RADIO**

Oldies All programmes from Greatest Hits Network (England)	Bauer	2 160 000
Greater Manchester and North East Cheshire		DABs 12C
Greater Manchester		AM 1152
3/9/1988*: Piccadilly (mixed format), 1990: Piccadilly Gold (Oldies). 1996: Piccadilly (Oldies, Adult, Talk). 4/1999: Magic 1152 (soft). 2003: oldies. 5/1/2015: Key 2. 4/6/2018: Key Radio		

**KHUSH KHABIRI**

Asian Christian Satellite 0151	Independent	
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**KINGDOM FM**

Adult South and West Fife	Independent	350 000 FM 95.2
Central Fife		FM 96.1
Kirkcaldy, Fife		FM 96.6
North East Fife		FM 105.4
South East Fife		FM 106.3
5/10/1998.		

**KISS**

Format: Rhythmic Contemporary		
Broadcaster: Bauer		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C	
Bristol	b FM 97.2	
London area	a FM 100.0	
South Wales, West England	b FM 101.0	
Southern Cambridgeshire	c FM 105.6	
East Norfolk and NE Suffolk	c FM 06.1	
Suffolk, S Norfolk & NE Essex	c FM 106.4	
Peterborough area	c FM 107.7	
Satellite 0178, DTT 713, Cable 963		
Airdate: Network: 6/2000, National DAB: 1/2013		
a: 1/9/1990		
b: 21/4/1990 (Bristol): FTP. 27/1/1991: Galaxy. 1/9/1994: +South Wales. 1/1/2003: Vibe. 6/9/2006: Kiss.		
c: 22/11/1997: Vibe FM. 6/9/2006: Kiss.		

**KISS FRESH**

Format: Rhythmic New Music		
Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABm 12C	
Birmingham area, West Midlands, SE Staffs	DABm 11C	
South Yorkshire, North Notts, Chesterfield	DABm 11C	
Leeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Greater Manchester and North East Cheshire	DABm 12A	
Central and East Lancashire	DABm 12C	
Merseyside and West Cheshire	DABm 10C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
DTT 712		
Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in North, Scotland, Birmingham, N Ireland: 1/5/2016.		

**KISSTORY**

Format: Rhythmic Oldies		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)	DABm 11A	
DTT 714		
Airdate: 7/3/2013 (DTT), DAB 12/2014. On SD Mux: 29/2/2016.		

**KLFM**

Adult, Oldies West Norfolk	UKRD	200 000 FM 96.7
1/7/1992.		

**KM-FM**

Contemporary Kent and Eastern London	Kent Messenger	1 500 000 DABs 11C
Tunbridge Wells area, Kent		a FM 96.2
Folkestone		b FM 96.4
Medway towns area		c FM 100.4
Sevenoaks area		a FM 101.6
Maidstone		d FM 105.6
Canterbury area		e FM 106.0
Dover area		b FM 106.8
Thanet, Kent		f FM 107.2
Ashford area, Kent		g FM 107.6
Medway towns area		c FM 107.9
a: 9/7/1995: KFM. 3/2000: Mercury. 9/2002: KM-FM.		
b: 29/9/1997: Neptune Radio. 2/2003: KM-FM.		
c: 1/9/1997: Medway FM. 3/2000: Mercury. 9/2002: KM-FM.		
d: 18/10/2003: CTR. 2009: KM-FM.		
e: 21/9/1997: CTFM. 2/2003: KM-FM.		
f: 17/1/1998: TLR. 2/2003: KM-FM..		
g: 3/10/2005.		
12/3/2012: Stations merged, changing format from Adult.		

**KOAST RADIO**

Mixed Format Ashington, Northumberland	Community	FM 106.6
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**KOHINOOR FM**

Punjabi Leicester	Community	FM 97.3
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**KYFM**

Mixed Format Kirkcaldy, Fife	Community	FM 107.0
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**L****RADIO LAB**

New Music Luton	Community (Student)	FM 97.1
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**LBC**

Format: Talk and News		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area	FM 97.3	
Satellite 0124/724, DTT 732, Cable 919		
Airdate (London): 6/10/1973: LBC. 2/10/1989 LBC Newstalk.		
8/10/1994 London News Radio. 27/11/1996: News Direct.		
6/1/2003: LBC.		
National DAB Airdate: 11/2/2014		

**LBC NEWS**

News	Global Radio	8 530 000
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
London area	AM 1152	
6/10/1973: LBC. 2/10/1989 London Talkback Radio.		
8/10/1994: London Newstalk Radio 1/1/1996: LBC. 6/1/2003: LBC News		

**LEGACY 90.1 FM**

Rhythmic Music Central Manchester	Community	FM 90.1
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**LEISURE FM**

Mixed Format Braintree, Essex	Community	FM 107.4
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**LIBERTY RADIO**

Christian Satellite 0186	Independent	
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**LIKE RADIO**

Contemporary Gloucestershire	Independent	DABm 10C
Herefordshire and Worcestershire		DABm 12A
North East Birmingham		DAB+ 9A

**LINCOLN CITY RADIO**

Oldies, Mixed Format Lincoln	Community	FM 103.6
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**LINCS FM**

Adult, Contemporary	Lincs	680 000
Lincolnshire, North Lincolnshire and Hull		DABs 12A
Grantham, Lincolnshire		FM 96.7
Scunthorpe, North Lincolnshire		FM 97.6
Lincolnshire & S Humberside		FM 102.2
1/3/1992. 1995: +Grantham. 1999: +Scunthorpe.		

**LINK FM**

Asian Sheffield	Community	FM 96.7
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**LIONHEART RADIO**

Mixed Format Alnwick, Northumberland	Community	FM 107.3
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**LISBURN CITY RADIO**

Mixed Format Lisburn	Community	FM 98.8
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**LOCHBROOM FM**

Adult	Independent	2 000
Lochinver & Enard Bay		FM 96.8
Ullapool area, Highland		FM 102.2
23/8/1997. 2001: + Lochinver & Enard Bay.		

**LONDON GREEK RADIO**

Greek	Independent	2 980 000
North East Birmingham		DABs 9A
Central London		DAB+ 9A
Glasgow		DAB+10B
Manchester		DAB+ 10B
North London		FM 103.3
13/11/1989 in London. Shared frequency with WNK (Dance) until 1994. Other cities from 2015.		

**LOVE 80s**

80s Music	Dee Radio	
Manchester		DAB+m 10B
North East Wales, West Cheshire and Merseyside		DAB+ 10D

**LOVE SPORT**

Sport, Talk	Independent	8 430 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11D
London area		AM 558
25/6/1990: Spectrum Radio (Mixed ethnic). 5/3/2018: Love Sport		

**LOVE TALK**

Talk (test transmissions)	Independent	
Central London		DAB+ 9A

**LRB DIGITAL**

Muslim Community	Independent	
Leicestershire	To close	DABm 11B
Central London		DABm 9A

**LYCA DIL SE 1035**

Asian	Lyca Media	7 440 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
London		AM 1035
1/9/1994: Country 1035. 2000: Ritz. 2003: Easy R London (all Country formats). 1/2005: Kismet. 12/2013: Sunrise R3. 2/2014: R 1035. 9/2014: Lyca Dil Se.		

**LYCA RADIO 1458**

Asian	Lyca Media	10 410 000
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B
London area		AM 1458
5/11/1989: Sunrise R in West London. 1/1/1994: London wide. 12/2013: Sunrise R1. 2/2014: R 1458. 9/2014: Lyca R		

**M****MAGIC**

Format: Oldies Music		
Broadcaster: Bauer		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 1)		DABs 12C
London area		FM 105.4
Satellite 0180, DTT 715, Cable 928		
Airdate (London): 9/7/1990: Melody (Soft, Nostalgic Format). Nostalgic phased out 1996-98. 9/1998-11/1998: Magic. National DAB Airdate: 5/1/2015		

**MAGIC CHILLED**

Format: Soft Adult Contemporary Music		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
		DAB+ 11A
Airdate: 21/3/2016.		

**MAGIC SOUL**

Format: Classic Soul music		
Broadcaster: Bauer		
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABm 12C	
Leeds and Wakefield Districts	DABm 12D	
East Yorkshire and North Lincolnshire	DABm 11B	
Tees Valley and County Durham	DABm 11B	
Tyne and Wear, North Durham, Northumberland	DABm 11C	
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABm 11C	
Edinburgh, Lothian and South Fife	DABm 12D	
Dundee, Angus, Perth & Kinross, North Fife	DABm 11B	
Inverness area	DABm 12D	
Northern Ireland	DABm 12D	
Airdate: 7/3/2013 (Online), DAB in London 12/2014. DAB in North, Scotland, N Ireland: 1/5/2016. DAB in Birmingham 1/5/2016-23/5/2018.		

**MANSFIELD 103.2 FM**

Adult	Independent	210 000
Mansfield & Ashfields, Notts		FM 103.2
1/12/1999.		

**MANGO VIBE**

Dance	Community	
Portsmouth		DAB+7D

**MANX RADIO**

Mixed Format	Independent	65 000
Central Isle of Man		FM 89.0
Ramsay, Isle of Man		FM 89.5
Peel area, Isle of Man		FM 89.5
South and East Isle of Man		FM 97.2
North Isle of Man		FM 103.7
Isle of Man		AM 1368
Some separate programmes on AM and FM 1968. 2014: +Ramsay and Peel.		

**MARLOW FM**

Mixed Format Marlow, Bucks	Community	FM 97.5
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**MATRYOSHKA RADIO**

Russian Music	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABs 11B
Glasgow		DAB+10B

**MAX**

80s Music Manchester	Independent	DAB+ 10B
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**MCR LIVE**

Mixed Format Manchester	Community	DAB+m 10B
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**MEARNS FM**

Mixed Format	Community	
Stonehaven, Grampian		FM 105.7
Inverbevie, Grampian		FM 106.2
Laurencekirk, Grampian		FM 107.3

**MELLOW MAGIC**

Format: Easy Listening Music		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
		DABm 11A
Airdate: 14/3/2016.		

**MERIDIAN FM**

Mixed Format	Community	
East Grinstead, Sussex		FM 107.0

**METAL MAYHEM**

Heavy Rock	Independent	
Portsmouth		DAB+7D

**METRO RADIO**

Contemporary, Adult	Bauer	1 830 000
Part of Hits Radio Network (England). Shares all programmes with TFM.		
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, N Durham, S Nthmb		FM 97.1
Alnwick area,		FM 102.6
West Tyneside, Tyne & Wear		FM 103.0
Hexham & Tyne Valley		FM 103.2
15/7/1974. 10/2/1989: +West Tyneside. 1996 + Tyne Valley and Alnwick.		

**METRO RADIO 2**

Oldies	Bauer	1 740 000
All programmes from Greatest Hits Network (England)		
Tyne and Wear, North Durham, Northumberland		DABs 11C
Tyneside, N Durham, S Nthm		AM 1152
8/4/1989*: Great North Radio (oldies) 2/1998: Magic 1152 (soft). 2003: oldies. 5/1/2015: Metro R 2.		

**MFR 2**

Oldies	Bauer	290 000
All programmes from Greatest Hits Network (Scotland)		
Inverness area		DABs 12D
North Scotland		AM 1107
9/2014*.		

**MI SOUL**

Soul	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DABm 12A
Brighton area		DAB+ 9A
Manchester		DAB+ 10B

**MINSTER FM**

Adult, Oldies	UKRD	460 000
York and North Yorkshire		DABs 10C
Thirsk area, North Yorkshire		b FM 102.3
Northallerton & Bedale		b FM 103.5
South & Central North Yorks		a FM 104.7
a: 4/7/1992. (Thirsk added 1996, then joined Northallerton)		
b: 12/6/2007: Minster Northallerton FM. 2/11/2009: Star Radio.		
4/2017: merged with Minster FM		

**MIX 96**

Adult	TLRC	160 000
Aylesbury area		FM 96.2
15/4/1994.		

**MKFM**

Mixed Format	Community	
Hertfordshire, Bedfordshire, Buckinghamshire		DABm 10D
Milton Keynes		FM 106.3

**MON FM**

Mixed Format	Community	
Anglesey		FM 102.5

**MOORLANDS RADIO**

Mixed Format	Community	
Leek and Biddulph, Staffs		FM 103.7

**MORAY FIRTH RADIO (MFR)**

Contemporary, Adult	Bauer	290 000
Part of Hits Radio Network (Scotland)		
Some frequencies carry separate community radio services in the evenings: (C) Caithness FM, (Ki) Kinnaird Radio.		
Inverness area		DABs 12D
Speyside, Highland		FM 96.6
Fraserburgh area (Ki)		FM 96.7
Wick (C)		FM 96.7
Inverness & Moray Firth		FM 97.4
Thurso & Wick area (C)		FM 102.5
Keith & Buckie area		FM 102.8
23/2/1982. 1995: +Speyside. 1997: + Thurso & Wick, Keith & Buckie and Fraserburgh.		

**MORE RADIO**

Adult, Oldies	Media Sound Holdings	790 000
Sussex		DABm 10B
Burgess Hill, Haywards Heath		a FM 106.4
Lewes area, Sussex		a FM 106.8
Eastbourne area		b FM 107.5
Worthing		c FM 107.7
Hastings area		d FM 107.8
a: 31/3/2001: Bright FM. 17/10/2005: +Lewes. 11/4/2016: More Radio.		
b: 17/11/1997: Sovereign Radio. 11/4/2016: More Radio.		
c: 05/05/2003: Splash FM. 11/4/2016: More Radio.		
d: 10/4/1998: Arrow FM. 11/4/2016: More Radio.		

**SE1****N****NATION RADIO (LONDON)**

Oldies	Nation Broadcasting	
London area, Surrey, W Kent, Herts, Luton (Mx 2)		DAB+ 12A
26/6/2016: Thames Radio. 25/6/2018: Nation Radio		

**NATION RADIO (WALES)**

Oldies, Easy Listening	Nation Broadcasting	1 350 000
Pembrokeshire, Carmarthenshire, Swansea		DABs 12D
South Glamorgan, Mid Glamorgan, Gwent		DABs 12C
North East Wales, West Cheshire and Merseyside		DAB+ 10D
Conwy county		DABs 12D
Gwynedd and Anglesey		DABs 10D
Carmarthenshire		FM 102.9
Cardiff and SE Wales		FM 106.8
Pembrokeshire		FM 107.1
Swansea area		FM 107.3
29/11/2007: XFM. 16/6/2008: Nation Radio. Rock format until 2017. 8/2017: Carmarthenshire added, 11/2017: Pembrokeshire added		

**NE1 FM**

Mixed Format	Community	
Newcastle		102.5

**NEVIS RADIO**

Adult, Contemporary	Community	20 000
Fort William area, Highland		FM 96.6
Glen Coe, Highland		FM 96.6
Mallaig, Arisaig & SE Skye		FM 102.3
Ballachulish & Loch Leven		FM 102.4
1/8/1994. 1997: Coverage extended.		

**NEW STYLE RADIO**

Rhythmic Music	Community	
Birmingham		FM 98.7

**RADIO NEWARK**

Mixed Format	Community	
Lincolnshire, North Lincolnshire and Hull		DAB+ 12A
Newark, Notts		107.8

**NEWTALK 106-108**

News and Talk	Communicorp	
Satellite 0210		
Also available on FM in Republic of Ireland (see Ireland section)		

**NLIVE**

Mixed Format	Community	
Northampton		FM 106.9

**NME 1**

Rock	Independent	
Brighton area		DAB+ 9A
Norwich		DAB+ 9A

**NME 2**

Contemporary Rock	Independent	
Norwich		DAB+ 9A

**NORTH EAST COMMUNITY RADIO**

Mixed Music	Independent	100 000
Aberdeen, Aberdeenshire		DABm 11C
Braemar & Upper Dee Valley		FM 97.1
Turriff, Grampian		FM 97.1
Dee Valley, Grampian		FM 101.9
Mid East Grampian		FM 102.1
Upper Don Valley, Grampian		FM 102.6
Huntly & Glen of Foudland		FM 103.2
Cock Bridge area, Grampian		FM 106.4
6/6/1994. 1997: + Scar Hill and Foudland, 1998: + Braemar.		
12/2003: +Turriff, Dee Valley, Cock Bridge.		

**NORTH MANCHESTER FM**

Mixed Format	Community	
North Manchester		FM 106.6

**NORTH NORFOLK RADIO**

Adult	Celador	120 000
Shares all programmes with The Beach, Dream 100, Radio Norwich and Town FM		
North East Norfolk		FM 96.2
Fakenham		FM 96.2
North West Norfolk		FM 103.2
Cromer, Sheringham, Norfolk		FM 103.2
10/11/2003. 11/2005: +Fakenham.		



**NORTHSOUND ONE**

Contemporary, Adult	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Aberdeen, Aberdeenshire	DABs 11C	
East Grampian Region	FM 96.9	
Aberdeen	FM 97.6	
Peterhead area, Grampian	FM 103.0	
27/7/1981.		

**NORTHSOUND TWO**

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Aberdeen, Aberdeenshire	DABs 11C	
1995*.On AM until 3/4/2018.		

**RADIO NORWICH**

Adult	Celador	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Town FM		
Norwich	DABs 9A	
Norwich area	FM 99.9	
7/2006.		

**NOVA FM**

Mixed Format	Community	
Newport, Shropshire	FM 97.5	

**NU SOUND RADIO**

Asian	Community	
Central London	DAB+ 9A	
Newham, E London	FM 92.0	

**O****OBAN FM**

Mixed Music	Independent	10 000
Opts-out of Clyde 2		
Oban area, Highland	FM 103.3	
1/7/1996.		

**OLDHAM COMMUNITY R**

Mixed Format	Community	
Oldham	FM 99.7	

**1BTN**

Dance Music	Community	
Brighton area	DAB+ 9A	
Central and East Brighton	FM 101.4	

**100% DRAGON HITS**

Contemporary, Adult	Triple Media	
Somerset and SE Wales coast	DABs 10B	
Portsmouth	DAB+7D	

**100% WHATEVER**

Music and Comedy	Triple Media	
Somerset and SE Wales coast	DABs 10B	
Portsmouth	DAB+7D	

**ORIGINAL 106**

Oldies, Adult, Rock	New Wave Media	110 000
Aberdeen	FM 106.3	
Peterhead area, Grampian	FM 106.3	
East Grampian Region	FM 106.8	
28/10/2007.		

**P****PANDA RADIO**

Mixed Format, News from China	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
Norwich	DAB+ 9A	

**RADIO PANJ**

Punjabi	Community	
Coventry	AM 1521	

**PANJAB RADIO**

Format: Music & Talk for the Punjabi and Sikh Communities		
Broadcaster: Independent		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
NE London, SW Essex, SE Herts	DABm 11A	
Satellite 0130	AM 1584	
Airdate: 1/9/200 (Satellite), 4/11/2003 (Local DAB), 29/2/2016 (National DAB)		
AM: 17/8/1995: London Turkish Radio (Turkish), 4/2014: Turkish Gold, 6/3/2015: Panjab Radio		

**PARK RADIO**

Mixed Format	Community	
Harleston, Norfolk	FM 105.2	
Diss, Norfolk	FM 107.6	

**PEAK FM**

Contemporary, Adult	Wireless	320 000
Matlock and Bakewell	FM 102.0	
Chesterfield area	FM 107.4	
7/10/1998.		

**RADIO PEMBROKESHIRE**

Adult, Oldies	Nation Broadcasting	110 000
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and Swansea Bay Radio		
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
Pembrokeshire	FM 102.5	
Fishguard & Newport, Pems	FM 107.5	
Tenby, Pembrokeshire	FM 107.5	
14/07/2002.		

**PENISTONE COMMUNITY RADIO**

Mixed Format	Community	
Penistone, South Yorks	FM 95.7	

**PENKY WIND-UPS**

Comedy	Independent	
Manchester	DAB+m 10B	

**PETERBOROUGH COMMUNITY RADIO**

Mixed Format	Community	
Peterborough	FM 103.2	

**PHOENIX RADIO**

Mixed Format	Community	
Halifax	FM 96.7	

**PHOENIX FM**

Mixed Format	Community	
Brentwood	FM 98.0	

**PHONIC FM**

Mixed Format	Community	
Exeter	FM 106.8	

**PIRATE FM**

Adult, Oldies	UKRD	790 000
Cornwall	DABs 11B	
East Cornwall & West Devon	FM 102.2	
West Cornwall	FM 102.8	
3/4/1992.		

**PIRATE 70s**

70s Music	UKRD	
Programmes shared with Eagle 70s		
Cornwall	DABs 11B	
Plymouth and South Devon	DABs 12D	

**PLANET ROCK**

Format: Classic Heavy Rock Music		
Broadcaster: Bauer		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
Satellite 0110/730, Cable 924	DABm 11A	
Airdate: 15/11/1999 (Moved from D1 Mux on 29/2/2016)		

**RADIO PLUS**

Christian Contemporary Coventry	Community	FM 101.5
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**RADIO PLYMOUTH**

Adult, Oldies Plymouth area 28/10/2010.	Independent	300 000 FM 106.7
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**POLSKIE RADIO**

Polish London area, Surrey, W Kent, Herts, Luton (Mx 3)	Independent	DABm 11B
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**PREMIER CHRISTIAN RADIO**

Format: Christian Talk and Music  
Broadcaster: London Christian Radio  
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
NE London, SE Herts, SW Essex a AM 1305  
South London & East Surrey a AM 1305  
London a AM 1332  
E London & Thames Estuary a AM 1413  
W London, E Berks & N Surrey a AM 1413  
W Surrey, NE Hants b AM 1566  
DTT 725  
Airdates: a: 10/06/1995  
b: 7/6/1988\*: First Gold (Oldies), 4/5/1992: County Sound, 1994: Mercury Extra, 4/9/1995: County Sound Radio (Oldies, Talk), 13/7/2012: Eagle Extra. 1/12/2014: Premier Radio  
National DAB: 21/9/2009 (Moved from D1 Mux on 29/2/2016)

**PREMIER GOSPEL**

Gospel Music (Christian) London area, Surrey, W Kent, Herts, Luton (Mx 3)	London Christian Radio	DABm 11B
Surrey, North East Hampshire, South London		DABm 10C

Airdate: 21/9/2009 (London)

**PREMIER PRAISE**

Format: Christian  
Broadcaster: London Christian Radio  
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux) DABm 11A  
Airdate: 27/3/2016.

**PULSE FM**

Mixed Format Glasgow Barrhead, near Glasgow	Community	DABs 10B FM 98.4
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**PULSE 1**

Contemporary, Adult	Wireless	1 140 000
Bradford, Calderdale and Kirklees Districts	FM	DABs 11B
Bradford area		97.5
Huddersfield & Halifax area		FM 102.5

16/9/1975: Pennine Radio. 4/12/1984: +Huddersfield and Halifax. 31/8/1991: The Pulse from. 2014: Pulse 1.

**PULSE 2**

Oldies	Wireless	1 090 000
Bradford, Calderdale and Kirklees Districts		DABs 11B
Bradford area		AM 1278
Huddersfield and Halifax area		AM 1530

1/5/1989\*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 17/3/1997: Classic Gold. 1/2000: Big AM (adult, rock). 4/11/2001: Classic Gold. 3/8/2007: Pulse Gold. 12/2008: Pulse 2.

**PULSE 80s**

80s Music	Wireless	
Bradford, Calderdale and Kirklees Districts		DABs 11B

1/1/2018.

**PURE RADIO**

Mixed Format Stockport	Community	FM 107.8
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**Q****Q RADIO**

Adult Northern Ireland Belfast area Coleraine area Ballycastle South East Northern Ireland Kilkeel, N Ireland Newcastle, Northern Ireland Fermanagh & South Tyrone Enniskillen, Fermanagh Newtownabbey Derry area Cookstown & Maghera, NI Maghera, N Ireland Dungannon area, N Ireland Ballymena and Antrim Larne, Northern Ireland	Northern Media	1 160 000 a DABm 12D a FM 96.7 b FM 97.2 h FM 97.6 c FM 100.5 h FM 101.1 h FM 101.1 d FM 101.2 h FM 102.1 a FM 102.5 e FM 102.9 f 1 FM 06.0 h FM 106.3 f FM 107.2 g FM 107.0 h FM 107.6
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a: 6/9/1990: BCR. 1997: City Beat. 9/8/2015: Q Belfast  
b: 26/11/2000.  
c: 2006: Five FM. 2012: Q100.5  
d: 19/3/2002.  
e: 21/10/1993.  
f: 01/02/2003: Mid FM. 3/2004: +Dungannon. 2006: Six FM. 2012: Q106-7  
g: 1/11/2005: Seven FM. 2012: Q107.  
h: added 2017

**QUAY FM**

Mixed Format Alderney	Community	FM 107.1
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**R****RAINBOW RADIO**

African Central London Satellite 0207	Independent	DABm 9A
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**RAAJ FM**

Punjabi Sandwell, West Midlands	Community	FM 91.3
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**RATHERGOOD RADIO**

Adult York and North Yorkshire Richmond area, North Yorks Durham & N Co Durham Darlington & S Co Durham Bishop Auckland area	View TV	600 000 DABm 10C a FM 102.6 b FM 102.8 c FM 103.2 b FM 106.8
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a: 4/5/1997: as part of Fresh Radio. 2012: Joined Star.  
b: 3/12/2005: Durham FM..  
c: 30/11/1995: A1 FM. 1997: Alpha 103.2.  
b/c: 2/11/2009: Star Radio. 2010: Stations merged (including Northallerton until 2017)  
All: 1/8/2017: Rathergood Radio.

**RED KITE RADIO**

Mixed Format Haddenham & Thame, Oxon	Community	FM 107.2
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**REDROAD FM**

Mixed Format South Rotherham	Community	FM 102.4
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**REPREZENT FM**

Rhythmic New Music Central London South London	Community	DABs 9A FM 107.3
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**RESONANCE**

Arts, Experimental Central London Central London	Community	DAB+ 9A FM 104.4
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**RESONANCE EXTRA**

Arts, Experimental Central London Brighton area Bristol	Community	DAB+ 9A DAB+ 9A DAB+ 9A
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**RADIO REVERB**

Mixed Format Brighton area Central and East Brighton	Community	DAB+ 9A FM 97.2
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**REVIVAL RADIO**

Christian Cumbernauld & Kirkintilloch	Community	FM 100.8
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**REVOLUTION FM**

Adult Manchester Oldham area	Independent	400 000 DAB+m 10B FM 96.2
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30/8/1999.

**RIBBLE FM**

Mixed Format Clitheroe, Lancs	Community	FM 106.7
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**RIDINGS FM**

Adult, Oldies Wakefield area	Lincs	290 000 FM 106.8
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3/10/1999.

**RINSE FM**

Rhythmic New Music Central London Central London	Community	DABs 9A FM 106.8
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**RNA FM**

Mixed Music Arbroath area Carnoustie Brechin Infirmary Strathcaro Hospital, Brechin Montrose Royal Infirmary Whitehills Health Centre, Forfar	Independent	30 000 FM 96.6 FM 107.5 FM 87.7 FM 87.7 FM 87.7 FM 87.7
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25/11/1998.

**RNIB CONNECT RADIO**

Talk for visually impaired West Glasgow DTT 730	Community	FM 101.0
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<b>ROCK FM</b>		
Contemporary, Adult	Bauer	1 340 000
Part of Hits Radio Network (England)		
Central and East Lancashire	DABs 12A	
South, West & Cent Lancashire	FM 97.4	
1/6/1990*: Red Rose Rock FM. 1996: Rock FM.		
<b>ROCK FM 2</b>		
Oldies	Bauer	1 060 000
All programmes from Greatest Hits Network (England)		
Central and East Lancashire	DABs 12A	
South, W & Cent Lancashire	AM 999	
5/10/1982: Red Rose (Mixed format), 1/6/1990: Red Rose Gold (Oldies). 1996: Red Rose 999 (Oldies, Adult). 1/1999: Magic 999 (soft). 2003: oldies. 5/1/2015: Rock 2.		
<b>ROCK SPORT</b>		
Rock, Sport	Independent	
Glasgow, Edinburgh, Central Scotland	DABs 11D	
18/12/2017.		
<b>ROTHER FM</b>		
Adult, Oldies	Lincs	250 000
Rotherham area	FM 96.1	
15/10/2006.		
<b>RTE RADIO 1</b>		
Format: Talk with Soft, Easy, Irish and Country music		
Broadcaster: RTE (Based: Dublin)		
Ireland, Wales, Western England & West Scotland	AM 252	
Satellite 0160/750		
Airdate: 17/3/2004 on 252 (previously carried Atlantic 252		
1/9/1989-31/12/2001, Teamtalk 252 25/2/2002-31/7/2002)		
<b>Also available</b> on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		
<b>RTE 2FM</b>		
Contemporary, Adult	RTE	
Satellite 0164/751		
<b>Also available</b> on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		
<b>RTE LYRIC FM</b>		
Classical, Jazz	RTE	
Satellite 0165/752		
<b>Also available</b> on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		
<b>RTE RADIO NA GAELTACHTA</b>		
Irish Language	RTE	
Satellite 0166/753		
<b>Also available</b> on FM in Republic of Ireland and parts of Northern Ireland (see Ireland section)		
<b>RUGBY FM</b>		
Adult	Quidem	100 000
Shares programmes with Touch Radio		
Rugby area	FM 107.1	
31/08/2002.		
<b>RUTLAND RADIO</b>		
Oldies, Soft	Lincs	4 500
Stamford, Lincs	FM 97.4	
Rutland	FM 107.2	
13/12/1998.		
<b>RWS FM</b>		
Mixed Format	Community	
Bury St Edmunds	FM 103.3	
<b>S</b>		
<b>SABRAS SOUND</b>		
Asian	Independent	610 000
Leicestershire	DABm 11B	
Leicester area	AM 1260	
7/9/1995. (replaced Sunrise E Midlands 15/9/1992-7/9/1995)		
<b>SALAAM RADIO</b>		
Muslim Community	Community	
Peterborough	FM 106.2	
<b>SALFORD COMMUNITY RADIO</b>		
Mixed Format	Community	
Salford and Swinton	FM 94.4	
<b>RADIO SALTIRE</b>		
Mixed Format	Community	
Glasgow	DABs 10B	
<b>SANDGROUNDER RADIO</b>		
Oldies	Independent	
North East Wales, West Cheshire and Merseyside	DAB+ 10D	
28/5/2016		
<b>SANSKAR RADIO</b>		
Asian	Independent	
Leicestershire	DABm 11B	
<b>SAM FM (BRISTOL AND SWINDON)</b>		
Rock	Celador	620 000
Bristol	DABs 9A	
Avon	a FM 106.5	
Swindon area	b FM 107.7	
a: 20/5/2007: Original 106. 2/12/2009: Jack FM. 1/4/2015: Sam FM		
b: 2/9/2006-24/3/2010: Brunel FM. 8/2010: TotalStar. 6/2011: More Radio. 28/5/2012: Jack FM. 1/4/2015: Sam FM. 6/2016: Stations merged		
<b>SAM FM (SOUTH COAST)</b>		
Rock	Celador	2 020 000
Berkshire and North Hampshire	DABm 12D	
Portsmouth	DABs 7D	
S Hampshire, W Sussex, Wight	FM 106.0	
Bournemouth area	FM 106.6	
Winchester	FM 106.6	
1/10/2006: Original 106. 10/2008: Coast. 4/7/2011: Jack FM. 1/4/2015: Sam FM. Berks & N Hants DAB added 9/2017.		
<b>RADIO SANGAM</b>		
Asian	Community	
Glasgow	DAB+ 10B	
North East Birmingham	DAB+ 9A	
Manchester	DAB+ 10B	
Huddersfield	FM 107.9	
<b>SCOTTISH SUN 80s</b>		
80s Music	Wireless	
Glasgow, Edinburgh, Central Scotland	DABs 11D	
1/1/2018.		
<b>SCOTTISH SUN GREATEST HITS</b>		
Oldies	Wireless	
Glasgow, Edinburgh, Central Scotland	DABs 11D	
1/1/2018.		
<b>SCOTTISH SUN HITS</b>		
Contemporary, Adult	Wireless	
Glasgow, Edinburgh, Central Scotland	DABs 11D	
1/1/2018.		
<b>SEAHAVEN FM</b>		
Mixed Format	Community	
Newhaven & Seaford area	FM 96.3	
<b>SEASIDE RADIO</b>		
Mixed Format	Community	
Withernsea area, E Yorks	FM 105.3	
<b>SECKLOW SOUNDS</b>		
Mixed Format	Community	
Milton Keynes	FM 105.5	
<b>RADIO SCILLY</b>		
Mixed Format	Community	
Isles of Scilly	FM 107.9	
<b>SFM</b>		
Mixed Format	Community	
Sittingbourne, Kent	FM 106.9	
<b>SHEFFIELD LIVE</b>		
Mixed Format	Community	
Central Sheffield	FM 93.2	
<b>SHEPPEY FM</b>		
Mixed Format	Community	
Isle of Sheppey, Kent	FM 92.2	
<b>SHMU FM</b>		
Mixed Format	Community	
Aberdeen	FM 99.8	
<b>SIBC</b>		
Contemporary, Adult	Independent	23 000
Shetland Islands	FM 96.2	
Lerwick, Shetland	FM 102.2	
19/10/1991.		
<b>SIGNAL 1</b>		
Contemporary, Adult	Wireless	970 000
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
East Cheshire	c FM 96.4	
Stafford area	b FM 96.9	
Stoke-on-Trent area	a FM 102.6	
a: 5/9/1983.		
b: 1990: Signal. 15/10/1990: Echo 96. 1992: Signal.		
c: 1989: Signal Cheshire 15/10/1990: Echo 96. 1992: Signal Cheshire (merged with 104.9). 1997: Signal FM. 1/2000: Imagine FM. 2002: Signal 1 (separate from 104.9).		
<b>SIGNAL 2</b>		
Oldies	Wireless	560 000
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
Stoke-on-Trent area	AM 1170	
14/9/1992*: Signal Gold (oldies). 1997: Signal 2. 1/2000: Big AM (adult, rock). 9/2002: Signal 2 (oldies).		
<b>SIGNAL 80s</b>		
80s Music	Wireless	
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
1/1/2018.		
<b>SIGNAL 107</b>		
Adult	Wireless	1 350 000
Shrewsbury area	a FM 106.5	
Oswestry, Shropshire	a FM 107.1	
Kidderminster area	b FM 107.2	
Telford area	c FM 107.4	
Wolverhampton area	d FM 107.7	
a: 18/9/2006: The Severn.		
b: 9/2005: The Wyre.		
c: 3/5/1999: Telford FM. 20/9/2010: The Severn (merged).		
d 7/10/1997: The Wolf.		
All: 26/3/2012: Signal 107.		
<b>SILK FM</b>		
Soft, Adult	Dee Radio	230 000
East Cheshire	FM 106.9	
25/5/1998.		
<b>SINE FM</b>		
Mixed Format	Community	
Doncaster	FM 102.6	
<b>SIREN FM</b>		
New Music, Pop	Community	
Lincoln	FM 107.3	
<b>60s</b>		
60s Music	Community	
Portsmouth	DAB+7D	
<b>SKYLINE COMMUNITY RADIO</b>		
Mixed Format	Community	
Hedge End, Botley, West End	FM 102.5	
<b>SMOOTH RADIO (NETWORK)</b>		
Format: Easy Listening and Oldies Music		
Broadcaster: Global		
<b>SMOOTH UK</b>		
Easy Listening, Oldies	Global Radio	
South Yorkshire, North Notts, Chesterfield	DABs 11C	
Leeds and Wakefield Districts	DABs 12D	
East Yorkshire and North Lincolnshire	DABs 11B	
York and North Yorkshire	DABs 10C	
Satellite 0128, DIT 718, Cable 916		
The following stations relay Smooth UK with local news and information:		

**SMOOTH RADIO (LONDON)**

Easy Listening, Oldies	Global Radio	9 650 000
London area, Surrey, W Kent, Herts, Luton (Mx 1)	DABs 12C	
London area	FM 102.2	
4/3/1990: <i>Jazz FM (Jazz and Soul)</i> . Known as <i>JFM</i> 1994-95.		
7/6/2005: <i>Smooth 26/3/2007: Easy/Oldies format</i> .		

**SMOOTH RADIO (AM/DAB)**

Easy Listening, Oldies	Global Radio	12 910 000
Separate News and Information is broadcast for each area		
Kent and Eastern London	a DABs 11C	
Sussex	c DABs 10B	
South Hampshire and Isle of Wight	d DABs 11C	
East, South and Central Dorset	b DABs 11B	
Berkshire and North Hampshire	e DABs 12D	
Oxfordshire	DABs 10B	
Gloucestershire	f DABs 10C	
Bristol, Bath and Avon	g DABs 11B	
West Wiltshire and Bath	g DABs 10D	
Swindon area	q DABs 11C	
Somerset	DABs 10B	
East Devon, Exeter and Torbay	DABs 11C	
North and Central Devon	DABs 10C	
Plymouth and South Devon	h DABs 12D	
Most of Essex	n DABs 12D	
Hertfordshire, Bedfordshire, Buckinghamshire	j DABs 10D	
Northamptonshire	o DABs 10C	
North Cambridgeshire, Huntingdon, S Lincs	m DABs 12D	
South and Central Cambridgeshire	m DABs 11C	
Suffolk	l DABs 10C	
East Norfolk	k DABs 10B	
East Kent	a AM 603	
Gloucestershire	f AM 774	
Beds, NE Herts, SE Cambs	j AM 792	
Bournemouth area	b AM 828	
W & C Herts, S Beds, E Bucks	j AM 828	
West Wiltshire	g AM 936	
East Sussex	c AM 945	
Plymouth area	h AM 1152	
Swindon area	f AM 1161	
Portsmouth area	d AM 1170	
South and East Suffolk	l AM 1170	
West Kent	a AM 1242	
West Suffolk	l AM 1251	
Brighton and South Sussex	c AM 1323	
N Cambs, S Lincs, Rutland	m AM 1332	
Central, North & SW Essex	n AM 1359	
South East Essex	n AM 1431	
Southampton area	d AM 1557	
East Norfolk and NE Suffolk	k AM 1552	
Northamptonshire	o AM 1557	
a: 27/3/1989*: <i>Coast AM (oldies)</i> . 1991: <i>Invicta Supergold</i> .		
23/2/1998: <i>Capital Gold</i> .		
b: 15/9/1990*: <i>2CR Classic Gold: 1995: Classic Gold</i> .		
c: 10/3/1991*: <i>South Coast Radio (Talk, Nostalgia)</i> . 1995: <i>oldies</i> . 1996: <i>+East Sussex 1/6/1998: Capital Gold</i> .		
d: 4/12/1988*: <i>Ocean Gold (Oldies)</i> . <i>South Coast Radio (Talk, Nostalgia)</i> . 1995: <i>oldies</i> . 1/6/1998: <i>Capital Gold</i> .		
e: 1990*: <i>210 Classic Gold (oldies)</i> . 1997: <i>+ 1485</i> .		
f: 1/10/1990*: <i>Three Counties Radio (oldies)</i> , then <i>Severn Sound Supergold</i> . 1996: <i>Classic Gold</i> .		
g: 15/11/1988: <i>Brunel Radio (oldies)</i> . 1990: <i>Brunel Classic Gold</i> . 1998: <i>Classic Gold</i> .		
h: 1994*: <i>Plymouth Sound AM (oldies)</i> . 7/2/2000: <i>Classic Gold</i> .		
j: 15/7/1990*: <i>Chiltern Supergold (oldies)</i> . 1996: <i>Classic Gold</i> .		
k, l: 24/9/1995* <i>Amber R (oldies)</i> . 1998: <i>Classic Gold Amber</i> .		
m: 14/4/1992*: <i>WGMS (oldies)</i> . 18/3/1995: <i>Classic Gold</i> .		
n: 16/7/1989*: <i>Breeze (oldies)</i> . 1/2001: <i>Classic Gold Breeze</i> .		
o: 15/7/1990*: <i>Northants Radio Supergold (oldies)</i> . 1996: <i>Classic Gold</i> .		
All: 3/8/2007: <i>Gold (oldies)</i> . 28/6/2010: <i>National plus local news</i> . 24/3/2014: <i>Smooth Radio</i> .		

**SMOOTH RADIO (WALES)**

Easy Listening, Oldies	Global Radio	910 000
Separate programmes Mon-Fri 1500-1900		
South Glamorgan, Mid Glamorgan, Gwent	a DABs 12C	
Conwy county	b DABs 12D	
Gwynedd and Anglesey	b DABs 10D	
East Clwyd & West Cheshire	b AM 1260	
South and Central Gwent	a AM 1305	
Cardiff & South Glamorgan	a AM 1359	
a: 15/7/1990*: <i>Touch Radio (oldies)</i> . 7/1999: <i>Capital Gold</i> .		
3/8/2007: <i>Gold</i> . 24/3/2014: <i>Smooth</i> .		
b: 31/3/1989*: <i>Marcher Gold (oldies)</i> . 2001: <i>Classic Gold Marcher</i> .		

The following stations opt-out of Smooth UK with local output Mon-Fri 06-10, 13-19, plus 4 hours on Sat and Sun, together with local news and information.

**SMOOTH RADIO (EAST MIDLANDS, NET)**

Easy Listening, Oldies	Communicorp	2 500 000
Leicestershire	DABm 11B	
South and Central Nottinghamshire	DABm 12C	
South and Central Derbyshire, SE Staffordshire	DABm 10B	
Derby	FM 101.4	
East Midlands and Lincoln	FM 106.6	
11/02/2003 <i>Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)</i>		

**SMOOTH RADIO (LAKES)**

Oldies, Adult	Global Radio	100 000
Kendal, Cumbria	FM 100.1	
Windermere & Ambleside	FM 100.8	
Keswick	FM 101.4	
27/10/2001: <i>Lakeland Radio</i> . 4/2013: <i>+Keswick</i> . 5/3/2018: <i>Smooth</i>		

**SMOOTH RADIO (NORTH EAST)**

Easy Listening, Oldies	Communicorp	2 500 000
Tees Valley and County Durham	DABs 11B	
Tyne and Wear, North Durham, Northumberland	DABs 11C	
Tyneside, Durham, S Nthmb	FM 97.5	
Hexham & Tyne Valley	FM 96.4	
North West Tyne, Tyne & Wear	FM 107.5	
Cleveland	FM 107.7	
8/1/2008. <i>National plus local news 4/10/2010-23/3/2014</i> .		

**SMOOTH RADIO (NORTH WEST)**

Easy Listening, Oldies	Communicorp	5 670 000
Greater Manchester and North East Cheshire	DABs 12C	
Central and East Lancashire	DABs 12A	
Merseyside and West Cheshire	DABs 10C	
North West England	FM 100.4	
1/9/1994 as <i>JFM (Jazz, Soul)</i> . 1995: <i>Jazz FM</i> . 3/2004: <i>Smooth FM (Soul)</i> . 2007: <i>Easy listening format</i> . <i>National plus local news 4/10/2010-23/3/2014</i> .		

**SMOOTH RADIO (SCOTLAND)**

Easy Listening, Oldies	Global Radio	1 900 000
Glasgow, Clydeside, Lanarkshire, Stirling, Falkirk	DABs 11C	
Edinburgh, Lothian and South Fife	DABs 12D	
Glasgow and Clydeside area	FM 105.2	
7/9/2004 <i>Saga FM</i> . 26/3/2007: <i>Smooth</i> .		

**SMOOTH RADIO (WEST MIDLANDS)**

Easy Listening, Oldies	Global Radio	4 060 000
Shropshire, Wolverhampton, Black Country	DABs 11B	
Birmingham area, West Midlands, SE Staffs	DABs 11C	
Coventry and Warwickshire	DABs 12D	
West Midlands region	FM 105.7	
16/10/2001: <i>Saga FM 26/3/2007: Smooth (National plus local news 4/10/2010-23/3/2014.)</i>		

**SMOOTH EXTRA**

Easy Listening, Oldies	Global Radio	
Opts out of Heart UK between 1000 and 1900		
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
Satellite 0146		
Airdate: 27/12/2014		

**SOLAR RADIO**

Soul	Independent	
North East Birmingham	DAB+ 9A	
Brighton area	DAB+ 9A	
Central London	DABs 9A	
Manchester	DAB+ 10B	
Norwich	DAB+ 9A	
Satellite 0129		

**SOMER VALLEY FM**

Mixed Format	Community	
Bristol	DABs 9A	
Midsomer Norton, Avon	FM 97.5	

**SOUNDART RADIO**

Mixed Format	Community	
Totnes	FM 102.5	

**SOUL TRAIN RADIO**

Classic Soul	Independent	
Bristol, Bath and Avon	DABm 11B	

**THE SOURCE**

Mixed Format	Community	
Falmouth & Penryn	FM 96.1	

**SOUT AL KALEJ**

Arabic Community	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	

**SPARK FM**

Contemporary, New Music	Community	
Sunderland	FM 107.0	

**SPEYSOUND RADIO**

Mixed Format	Community	
Badenoch & Strathspey	FM 107.1	

**SPICE FM**

Asian	Community	
Newcastle	FM 98.8	

**SPIRE FM**

Adult, Oldies	UKRD	100 000
South Wiltshire	FM 102.0	
20/9/1992.		

**SPIRIT FM**

Adult, Oldies	UKRD	240 000
Chichester and Bognor Regis	FM 96.6	
Littlehampton and Arundel	FM 102.3	
North West Sussex	FM 106.6	
21/4/1996. 1997: <i>+Littlehampton</i> . 2005: <i>+Midhurst</i>		

**RADIO ST AUSTELL BAY**

Mixed Format	Community	
St Austell, Cornwall	FM 105.6	

**STAFFORD FM**

Mixed Format	Community	
Stafford	FM 107.3	

**STAR 107**

Adult	Independent	270 000
Cambridge	DABs 7D	
Ely and Littleport area	a FM 107.1	
Cambridge area	b FM 107.9	
a: 4/10/1999: <i>X-Cel FM</i> . 5/11/2001: <i>Star</i> .		
b: 23/3/1998: <i>Cambridge Cafe Radio</i> . 1998: <i>Cambridge Red</i> .		
31/7/2000: <i>The Eagle</i> . 21/6/2001: <i>Star</i> .		
Both: 2004: <i>Stations Merged</i>		

**STARPOINT**

Soul	Community	
North East Birmingham	DAB+ 9A	
Portsmouth	DAB+7D	

**STRAY FM**

Adult, Oldies	UKRD	250 000
York and North Yorkshire	DABs 10C	
Harrogate area	a FM 97.2	
Pateley Bridge, North Yorks	b FM 107.1	
Ilkley area, West Yorks	b FM 107.1	
Skipton town	b FM 107.1	
Craven District, incl Skipton	b FM 107.8	
a: 4/7/1994.		
b: 4/5/1997: <i>Yorkshire Dales Radio on AM</i> . 1999: <i>Fresh R</i> . 2007: <i>+Ilkley and Pateley FM</i> . 2012: <i>Move to FM and join Stray FM</i> .		

**SUFFOLK FIRST**

Oldies, Country	Lincs	
Suffolk	DABm 10C	

**SUKH SAGAR**

Asian religious	Independent	
Satellite 0150		

**SUN FM**

Adult, Oldies	Nation Broadcasting	390 000
Sunderland area	FM 103.4	
5/11/1990: <i>Wear FM</i> . 1/7/1995: <i>Sun City</i> . 1997: <i>Sun FM</i> .		

**SUNNY GOVAN RADIO**

Mixed Format	Community	
Govan, Glasgow	FM 103.5	

**SUNRISE RADIO (UK)**

Format: Asian	Broadcaster: Independent	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		
East and Central London	AM 963	
West and Central London	AM 972	
Airdate (London): 1/9/2003: <i>Club Asia</i> . 2009: <i>Buzz</i>		
Asia. 12/2013: <i>Sunrise R2</i> . 2/2014: <i>Sunrise Radio</i> . (Replaced 3/7/1995: <i>Radio Viva</i> . 1996-2/7/2003: <i>Liberty Radio</i> ).		
Airdate (National DAB): 29/2/2016.		

**SUNRISE RADIO (YORKSHIRE)**

Asian	Independent	430 000
Bradford, Calderdale and Kirklees Districts	DABm 11B	
Manchester	DAB+m 10B	
Glasgow	DABm 10B	
Bradford area	FM 103.2	

9/12/1989: Bradford City Radio. 1991: Sunrise.

**SUNSHINE RADIO (LUDLOW)**

Adult, Oldies	Laser	110 000
S Shropshire & N Herefordshire	FM 105.9	
FM transmitter is to relocate to Clee Hill on a new frequency		
S Shropshire & N Herefordshire	AM 855	

18/10/1992 on AM. FM added 5/2013.

**SUNSHINE (HEREFORDSHIRE AND MONMOUTHSHIRE)**

Adult, Oldies	Laser	220 000
Herefordshire and Worcestershire	DABs 12A	
Gloucestershire	DABs 10C	
Herefordshire	FM 106.2	
East Monmouthshire	FM 107.0	
Abergavenny & Usk Valley	FM 107.8	

14/12/2007.

**SUSY RADIO**

Mixed Format	Community	
Reigate and Redhill, Surrey		FM 103.4

**SWANSEA BAY RADIO**

Adult, Oldies	Nation Broadcasting	400 000
Shares programmes with Bridge FM, R Carmarthenshire, R Ceredigion and R Pembrokeshire		
Pembrokeshire, Carmarthenshire, Swansea	DABs 12D	
Swansea area	FM 102.1	

5/11/2006: Swansea Bay Radio. 9/2009: Bay Radio. 1/6/2012: Nation 80s. 16/1/2013: Nation Hits. 1/3/2016: Swansea Bay Radio

**SWANSEA SOUND**

Oldies	Wireless	450 000
West Glamorgan and SW Carmarthenshire	DABs 12A	
Swansea area	AM 1170	

30/9/1974.

**SWINDON 105**

Mixed Format	Community	
Swindon		FM 105.5

**SWITCH RADIO**

Mixed Format	Community	
North East Birmingham	DAB+ 9A	
NE Birmingham & Solihull	FM 107.5	

**T****TAKEOVER RADIO (LEICESTER)**

Childrens	Community	
Leicester		FM 103.2

**TAKEOVER RADIO (ASHFIELD)**

Childrens	Community	
Sutton in Ashfield area		FM 106.9

**TALK SPORT**

Format: Sport	Broadcaster: Wireless	
England, Wales and Northern Ireland (D1 Mux)	DABm 11D	
Scotland (D1 Mux)	DABm 12A	
London area, Surrey, W Kent, Herts, Luton (Mx 2)	DABm 12A	
Glasgow, Edinburgh, Central Scotland	DABm 11D	
Aberdeen, Aberdeenshire	DABm 11C	
Ayrshire	DABm 11B	
London & South East England	AM 1089	
West Kent, N Sussex, E Surrey	AM 1053	
North Sussex and East Surrey	AM 1107	
South East Kent & S East Sussex	AM 1107	
Brighton and South Sussex	AM 1053	
S Hampshire & Isle of Wight	AM 1107	
Bournemouth area	AM 1053	
Exeter area	AM 1053	
Torbay area	AM 1107	
Plymouth area	AM 1053	
West Cornwall	AM 1089	
South Wales & West England	AM 1089	
Central England	AM 1053	
Norfolk and Suffolk	AM 1053	
Lincs, Peterborough, KingsLynn	AM 1107	
Nottinghamshire, E Derbyshire	AM 1071	
Merseyside and North Cwlyd	AM 1107	
NW England, Yorks, N Wales	AM 1089	
Humberside	AM 1053	
Cleveland, S Durham, N Yorks	AM 1053	
Tyneside, N Durham, S Nthmb	AM 1071	
SW Scotland, N & W Cumbria	AM 1053	
Central Scotland	AM 1089	
East Tayside	AM 1053	
Aberdeen and East Grampian	AM 1089	
North Scotland	AM 1053	
Belfast & East Northern Ireland	AM 1089	
Derry area	AM 1053	

96% daytime coverage

Marginal reception is available in most other areas except parts of NW Scotland and Fermanagh

Satellite 0108, DTT 723, Cable 927

Airdate: 14/2/1995 as Talk Radio (Talk and News format),

Sport phased in 1998-2000. Talk Sport from 17/1/2000

**TALK SPORT 2**

Format: Sport	Broadcaster: Wireless	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)	DABm 11A	
Aberdeen, Aberdeenshire	DABm 11C	

Airdate: 15/3/2016.

**TALK RADIO**

Format: Talk	Broadcaster: Wireless	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)	DABm 11A	
Aberdeen, Aberdeenshire	DABm 11C	

Airdate: 21/3/2016.

**TAMESIDE COMMUNITY RADIO**

Mixed Format	Community	
Tameside		FM 103.6

**TAY FM**

Contemporary, Adult	Bauer	410 000
Part of Hits Radio Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
Dundee	FM 96.4	
Perth area	FM 96.4	
East Tayside and North Fife	FM 102.8	

9/1/1995\*. 2007: +Dundee relay.

**TAY 2**

Oldies	Bauer	410 000
All programmes from Greatest Hits Network (Scotland)		
Dundee, Angus, Perth & Kinross, North Fife	DABs 11B	
East Tayside	AM 1161	
Perth area	AM 1584	

17/10/1980: Radio Tay (mixed format). 9/1/1995: Radio Tay AM. 1/2015: Tay 2.

**TCR FM**

Pop, New Music	Community	
Tamworth, Staffs		FM 106.8

**TD1 RADIO**

Mixed Format	Community	
Galashiels, Scottish Borders		FM 106.5

**TEMPO FM**

Mixed Format	Community	
Wetherby, W Yorks		FM 107.4

**10 RADIO**

Mixed Format	Community	
Wiveliscombe, Somerset		FM 105.3

**TFM**

Contemporary, Adult	Bauer	1 070 000
Part of Hits Radio Network (England). Shares all programmes with Metro Radio.		
Tees Valley and County Durham	DABs 11B	
Cleveland, Durham, N Yorks	FM 96.6	

24/6/1975: Radio Tees. 1/1/1988: TFM. 8/4/2013: All programming taken from Metro.

**TFM2**

Oldies	Bauer	960 000
All programmes from Greatest Hits Network (England)		
Tees Valley and County Durham	DABs 11B	
Cleveland and Darlington	AM 1170	

8/4/1989\*: Great North Radio (oldies) 2/1998: Magic 1170 (soft). 2003: oldies. 5/1/2015: TFM 2.

**THREE FM**

Adult/Oldies	Independent	65 000
Ramsay, Isle of Man		FM 104.2
Port Erin, Isle of Man		FM 104.2
South and East Isle of Man		FM 105.0
Peel and West Isle of Man		FM 106.2
Central Isle of Man		FM 106.6

18/11/2004.

**3TFM**

Mixed Format	Community	
Saltcoats, Ayrshire		FM 103.1

**TIME 107.5 FM**

Adult, Soul	Lyca Media	480 000
Romford, Barking, Dagenham		FM 107.5

18/5/1998 as Active FM (Adult/ Soul). Soul FM from 18/3/2002.

Time from 7/2004.

**TIMELESS RADIO**

Nostalgia, Easy Listening	Independent	
Glasgow		DAB+ 10B

**RADIO TIRCOED**

Mixed Format	Community	
NW Swansea		FM 106.5

**TMCR**

Mixed Format	Community	
Thorne-Moorends, South Yorks		FM 95.3

**TOPE FM**

Mixed Format	Community	
Taunton		FM 107.8

**TOTAL ACCESS**

Contemporary, New Music	Wireless Group	
West Glamorgan and SW Carmarthenshire	DABs 12A	
Stoke-on-Trent, West Staffordshire, South Cheshire	DABs 12D	
Bradford, Calderdale and Kirklees Districts	DABs 11B	

1/1/2018.

**TOTAL STAR**

Adult, Oldies		
Gloucestershire		DABm 10C

**TOTALLY RADIO**

Mixed Music	Community	
Based: Brighton		
Brighton area		DAB+ 9A
Norwich		DAB+ 9A
Portsmouth		DAB+7D



**TOUCH RADIO**

Adult, Contemporary	Quidem	1 340 000
North East Birmingham		DAB+ 9A
Coventry		a FM 96.2
Lichfield & Tamworth area		b FM 101.6
S & C Warwicks, E Worcs		c FM 102.0
Burton & Swadlincote area		b FM 102.4
Warwick & Leamington Spa		c FM 107.3
a: 28/8/1990: Radio Harmony (Ethnic and mixed format). 1995: Kix (Dance and Pop). 16/1/2006: Touch. b: 1/6/1998: Centre FM. 5/2006: Touch. c: 24/5/1996: The Bear. 16/1/2006: Touch. 7/4/2008: +Warwick (initially with some separate programmes).		

**TOWER FM**

Adult	Wireless	450 000
Bolton and Bury area		FM 107.4
20/3/1999.		

**TOWN FM**

Adult	Celador	300 000
Shares all programmes with The Beach, Dream 100, North Norfolk Radio and Radio Norwich		
Ipswich area		FM 102.0
19/10/2006. UNTIL 18/10/2018.		

**TRAFFORD SOUND**

Mixed Format	Community	
Manchester		DAB+m 10B

**TRAX FM**

Adult	Lincs	390 000
South Yorkshire, North Notts, Chesterfield		DABs 11C
Doncaster area		a FM 107.1
North Nottinghamshire		b FM 107.9
a: 5/9/1999. b: 2/11/1998.		

**TRICKSTAR**

New Music	Community	
Brighton area		DAB+ 9A

**TUNDO FM**

Mixed Format	Community	
Llandudno, Wales		FM 107.8

**2BR**

Adult, Oldies	UKRD	700 000
Central and East Lancashire		DABm 12A
Chorley		a FM 96.3
Burnley, Nelson and Colne		c FM 99.8
Preston and Leyland area		a FM 106.5
Blackburn & Darwen area		b FM 107.0
a: 10/2008: Central R. 11/2011: The Bee. 12/2012: +Chorley. 6/2016: 2BR b: 1/10/2005: The Bee. 6/2016: 2BR c: 25/7/2000. 6/2016: Stations merged		

**TWO LOCHS RADIO**

Mixed Music	Independent	2 000
Loch Gairloch, W Highland		FM 106.0
Lochs Ewe & Maree, W Hghld		FM 106.6
11/2003.		

**TWR**

Christian	Independent	
Satellite 0138		

**U****U105**

Oldies, Easy, Talk	Wireless Group	700 000
Northern Ireland		DABm 12D
Belfast area		FM 105.8
14/11/2005.		

**UCB 1**

Format: Christian Contemporary Music		
Broadcaster: UCB	Based: Stoke-on-Trent	
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
Airdate 26/04/1993 as UCB UK (Analogue satellite), DAB from 2007. UCB 1 from 1/2016.		

**UCB 2**

Format: Christian Soft Adult Contemporary Music		
Broadcaster: UCB	Based: Stoke-on-Trent	
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DABm 11A
Airdate on SD Mux: 29/2/2016 (previously UCB Inspirational)		

**UCB IRELAND**

Christian	UCB Ireland	
Satellite 0214		

**UCKFIELD FM**

Mixed Format	Community	
Uckfield, East Sussex		FM 105.0

**UJIMA RADIO**

Rhythmic Music	Community	
Bristol		DABs 9A
Bristol		FM 98.0

**UNION JACK**

Format: British Pop and Rock Music		
Broadcaster: Oxis Media		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DAB+ 11A
Airdate: 3/9/2016.		

**UNITY RADIO**

Dance and Rhythm	Community	
Manchester		DAB+ 10B
Manchester		FM 92.8

**UNITY FM**

Muslim Community	Community	
North East Birmingham		DAB+m 9A
East Birmingham		FM 93.5

**UNITY 101**

Asian	Community	
Southampton		FM 101.1

**URF**

New Music (Student)	Community	
Brighton area		DAB+ 9A

**UWS RADIO**

New Music	Student RSL	
Ayrshire		DABm 11B
University of Paisley, Ayr		FM 87.7

**V****VECTIS RADIO**

Mixed Format	Community	
Newport, Isle of Wight		FM 104.6

**RADIO VERULAM**

Mixed Format	Community	
St Albans		FM 92.6

**VIBE FM**

New Music, Pop	Community	
Watford, Herts		FM 107.6

**VIBE FM**

Mixed Format	Community	
Enniskillen		FM 105.3

**VIKING FM**

Contemporary, Adult	Bauer	960 000
Part of Hits Radio Network (England)		
East Yorkshire and North Lincolnshire		DABs 11B
Humberside		FM 96.9
17/4/1984.		

**VIKING 2**

Oldies	Bauer	790 000
All programmes from Greatest Hits Network (England)		
East Yorkshire and North Lincolnshire		DABs 11B
Humberside		AM 1161
1/5/1989*: Classic Gold (oldies). 13/9/1993: Great Yorkshire Gold. 12/2/1997: Magic 1161 (soft). 2003: oldies. 5/1/2015: Viking 2.		

**VIRGIN RADIO**

Format: Rock Music		
Broadcaster: Wireless		
London and surrounding counties, Central South, Western counties, Midlands, North, South Wales, Central Scotland, Central/ Eastern Northern Ireland (SD Mux)		DABm 11A
Aberdeen, Aberdeenshire		DABm 11C
Airdate: 30/3/2016.		

**VIXEN 101**

Mixed Format	Community	
Mkt Weighton & Pocklington		FM 101.8

**THE VOICE**

Mixed Format	Community	
East Devon, Exeter and Torbay		DABm 11C
North and Central Devon		DABm 10C
Barnstaple, Devon		FM 106.1
Bideford, Devon		FM 107.8
Ilfracombe, Devon		FM 107.8

**VOICE FM**

New Music	Community (Student)	
Southampton		FM 103.9

**VOICE FM**

Mixed Format	Community	
Middlesborough		FM 104.5

**VOICE OF ISLAM**

Islamic	Independent	
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**W****RADIO WARRINGTON**

Mixed Format Warrington	Community	AM 1332
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**WAVE FM**

Adult	Wireless	330 000
Blackpool area		FM 96.5
25/5/1992: Radio Wave. 1998: Wave FM.		

**WAVE 80s**

80s Music	Wireless	
West Glamorgan and SW Carmarthenshire		DABs 12A
1/1/2018.		

**THE WAVE 96.4**

Contemporary	Wireless	400 000
West Glamorgan and SW Carmarthenshire		DABs 12A
Swansea area		FM 96.4
30/9/1995*: Sound Wave. 1998: The Wave.		

**WAVE 102**

Adult	Independent	150 000
Dundee		a FM 102.0
Perth area		b FM 106.6
a: 30/8/1999: Discovery FM. 3/2000: Wave. b: 5/11/2008: Perth FM. 4/2011: Heartland. 1/2017: Wave		

**WAVE 105**

Oldies	Bauer	2 020 000
South Hampshire and Isle of Wight		DABs 11C
East, South and Central Dorset		DABs 11B
S Hampshire, W Sussex, Wight		FM 105.2
Bournemouth area		FM 105.8
14/6/1998.		

**WAVES RADIO**

Adult	Independent	60 000
Aberdeen, Aberdeenshire		DABm 11C
North East Grampian		FM 101.2
6/12/1997.		

**WCR**

Mixed Format Warminster	Community	FM 105.5
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**WCR FM**

Mixed Format Wolverhampton	Community	FM 101.8
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**WEATHER 24/7 RADIO**

Weather	Independent	
Aldershot and Woking area		DAB+m 8A
Norwich		DAB+m 9A
Portsmouth		DAB+m 7D

**WESSEX FM**

Adult, Oldies	UKRD	150 000
West Dorset		FM 96.0
Dorchester and Weymouth		FM 97.2
4/9/1993.		

**WEST FM**

Contemporary, Adult	Bauer	320 000
Part of Hits Radio Network (Scotland)		
Ayrshire		DABs 11B
Ayrshire		FM 96.7
Girvan, Ayrshire		FM 97.5
Largs, Røthesay, Clyde Mouth		FM 106.7
1997* (previously relayed West Sound)		

**WEST HULL COMMUNITY RADIO**

Mixed Format West Hull	Community	FM 106.9
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**WEST SOUND**

Oldies	Bauer	420 000
All programmes from Greatest Hits Network (Scotland)		
Ayrshire		DABs 11B
Ayrshire		AM 1035
16/10/1981.		

**WEST SOUND (SOUTH)**

Oldies, Adult	Bauer	140 000
Opts out of Greatest Hits Network (Scotland)		
Stranraer area, D & G		FM 96.5
Dumfriesshire		FM 97.0
Wigtown Bay area, D & G		FM 103.0
21/5/1990: South West Sound. 1997: + Stranraer and Wigtown Bay. 2008: West Sound.		

**WESTSIDE COMMUNITY RADIO**

Rhythmic Music	Community	
Southall, W London		FM 89.6

**WEY VALLEY RADIO**

Mixed Format Alton, Hampshire	Community	FM 101.1
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**RADIO WINCHCOMBE**

Mixed Format Winchcombe, Gloucs	Community	FM 107.1
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**WIRE FM**

Adult	Wireless	310 000
Warrington, Runcorn, Widnes		FM 107.2
1/9/1998.		

**THE WIRELESS**

Oldies and Easy Listening		
London area, Surrey, W Kent, Herts, Luton (Mx 3)		DABm 11B

**WISH FM**

Adult	Wireless	550 000
Wigan & Skelmersdale area		FM 102.4
1/4/1997.		

**WITNEY RADIO**

Mixed Format Witney, Oxfordshire	Community	FM 99.9
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**RADIO WOKING**

Mixed Format Aldershot and Woking area	Community	DABs 8A
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**WRN EUROPE**

News, Talk	Independent	
Satellite 0122/728, Cable 920		
Carries programmes from various international broadcasters		

**WYCOMBE SOUND**

Mixed Format High Wycombe	Community	FM 106.6
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**WYTHENSHAW FM**

Mixed Format Wythenshawe, Gt Manc	Community	FM 97.2
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**XYZ****RADIO X**

Format: Rock Music		
Broadcaster: Global Radio		
England, Wales and Northern Ireland (D1 Mux)		DABm 11D
Scotland (D1 Mux)		DABm 12A
London area		FM 104.9
Greater Manchester		FM 97.7
Satellite 0113/723, Cable 960		
Airdate: 1/9/1997 as XFM in London, 6/2000: Other areas on DAB, 23/1/2006 Absorbed Storm network (airdate 31/1/2001), 15/3/2006 added FM in Manchester. 21/9/2015: Renamed Radio X and joined national DAB		

**RADIO XL**

Asian	Independent	3 560 000
Shropshire, Wolverhampton, Black Country		DABm 11B
West Midlands		AM 1260
30/5/1995.		

**XS MANCHESTER**

Rock, Talk	Communicorp	2 300 000
Greater Manchester		FM 106.1
6/5/2008: Rock Radio. 5/9/2011: Real Radio XS. 1/3/2016: XS Manchester		

**YOUR RADIO**

Adult	Independent	220 000
Dumbarton area		FM 103.0
Helensburgh, Greenock, Clyde		FM 106.9
30/5/2001: Castle Rock FM. 11/2003: Your Radio. 12/2003: +Helensburgh area.		

**YOUTHCOMM RADIO**

Pop, New Music	Community	
Worcester		FM 106.7

**YORKSHIRE COAST RADIO**

Adult, Oldies	UKRD	160 000
York and North Yorkshire		a DABs 10C
Scarborough & E North Yorks		a FM 96.2
Bridlington, East Yorkshire		b FM 102.4
Whitby, North Yorkshire		a FM 103.1
a: 7/11/1993. b: 7/11/1999.		

**ZACK FM**

Mixed Format Cambridge	Community	DAB+ 7D
Norwich		DAB+ 9A
Forest Heath, Suffolk		FM 105.3

**ZEST LIVERPOOL**

Adult	Independent	
North East Wales, West Cheshire and Merseyside		DAB+ 10D

**ZETLAND FM**

Mixed Format Redcar and East Cleveland	Community	FM 105.0
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**ZONE ONE RADIO**

Mixed Format Central London	Community	DAB+ 9A
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## Institution Radio

Services are only intended for reception in the immediate vicinity of the institution, though the AM services will be receivable within a few kilometres. Institutional licences used to supplement coverage of larger scale services are included in the main list.

### HOSPITALS

FM Stations		
<b>Bridge FM</b>	Royal Dundee Liff Hospital	87.7
	Nine Wells Hospital, Dundee	87.7
	Royal Victoria Hospital, Dundee	87.7
	Ashludie Hospital, Monifieth	87.7
<b>Radio Bronglais</b>	Hospital, Aberystwyth	87.8
<b>Hospital R Glangwili</b>	Hospital, Carmarthen	87.7
<b>Hospital R Plymouth</b>	Derriford Hospital, Plymouth	87.7
AM Stations		
<b>Basildon Hospital R</b>	Basildon Hospital, Essex	1287
<b>Carillon Radio</b>	Loughborough Hospital	1386
<b>Radio Cavell</b>	Royal Oldham Hospital	1350
<b>Chichester Hospital R</b>	St Richards Hosp, Chichester	1431
<b>Radio Clatterbridge</b>	Clatterbridge Hospital, Wirral	1386
<b>Radio City Swansea</b>	Singleton Hospital, Swansea	1386
<b>Radio Gwendolen</b>	Leicester General Hospital	1287
<b>Hemel Hospital Radio</b>	Hemel Hempstead General H	1350
<b>Hospital Radio Yare</b>	James Paget H, Gt Yarmouth	1350
<b>Kingstown Radio</b>	Hull Royal Infirmary	1350
<b>Luton &amp; Dunstable H R</b>	Luton & Dunstable hospitals	1134
<b>Mid Downs H R</b>	Princess Royal H, Haywards H	1350
<b>Radio Nighthingale</b>	Rotherham District General H	1350
<b>Radio Redhill</b>	East Surrey Hospital, Redhill	1431
<b>Sheffield Hospital Radio</b>	Northern General, Sheffield	1431
<b>Stoke Mandeville H R</b>	Stoke Mandeville H, Aylesbury	1575
<b>Radio Stortford</b>	Bishops Stortford Hospital	1350
<b>Trust AM</b>	Bassetlaw Dist. Gen, Worksop	1278
<b>Radio Tyneside</b>	Royal Victoria Inf, Newcastle	1575

### UNIVERSITIES, COLLEGES AND SCHOOLS

FM Stations		
<b>Bairrigg FM</b>	Lancaster University	87.7
<b>Fresh FM</b>	N Devon College, Barnstaple	87.7
<b>HCC Radio</b>	Honiton Community College	87.7
<b>The Mouth</b>	Cockermouth School, Cumbria	87.7
<b>Storm FM</b>	University of Bangor	87.7
<b>Xpression</b>	University of Exeter	87.7
AM Stations		
<b>Acacia Radio</b>	Acacia C., Kirby-in-Ashfield	1287
<b>Blast 1386</b>	Reading College	1386
<b>The Cat</b>	Warrington Collegiate Institute	1251
<b>Crush AM</b>	Univ. Hertfordshire, Hatfield	1278
<b>HCR</b>	Halesowen College, W Mids	1386
<b>The Hub</b>	University of Bristol	1449
<b>RAW Radio</b>	University of Warwick	1251
<b>Stag Radio</b>	University of Surrey, Guildford	1350
<b>This Radio</b>	Liverpool Hope Univ College	1350
<b>University Radio Bath</b>	University of Bath	1449
<b>University Radio York</b>	University of York	1350

### SPORTS VENUES (PART-TIME)

FM Stations		
<b>Radio Brands</b>	Brands Hatch Circuit, Kent	87.7
<b>The Baggies</b>	West Bromwich Albion FC	102.7
<b>Donnington FM</b>	Donnington Park Circuit, Leics	87.7
<b>Knockhill FM</b>	Knock Hill Circuit, Fife	87.7
<b>Nitro FM</b>	Santa Pod Circuit, Northants	96.2
<b>Radio Silverstone</b>	Silverstone Circuit, Northants	87.7
<b>Somerset Cricket</b>	Somerset County Cricket Club	87.7
<b>Radio Thruxton</b>	Thruxton Circuit, Andover	87.7

### OTHER INSTITUTIONS

FM Stations		
<b>Cornucopia Radio</b>	Cornucopia Park, St Austell	87.7
<b>Crealy Park Radio</b>	Crealy Park, near Exeter	87.7
<b>Moonbeamers Drive-In</b>	Drive-in, Billericay, Essex	87.7
<b>60 North FM (Tourist)</b>	Brae, Shetland	87.7
	Bressay & Ross Nature Rsv., Shetl	87.7
	Esha Ness, Shetland	87.7
	Haroldswick, Shetland	87.7
	Sumburgh Head, Shetland	87.7
	Walls Marina, Shetland	87.7
AM Stations		
<b>Brill AM</b>	Brill Village, Buckinghamshire	1449