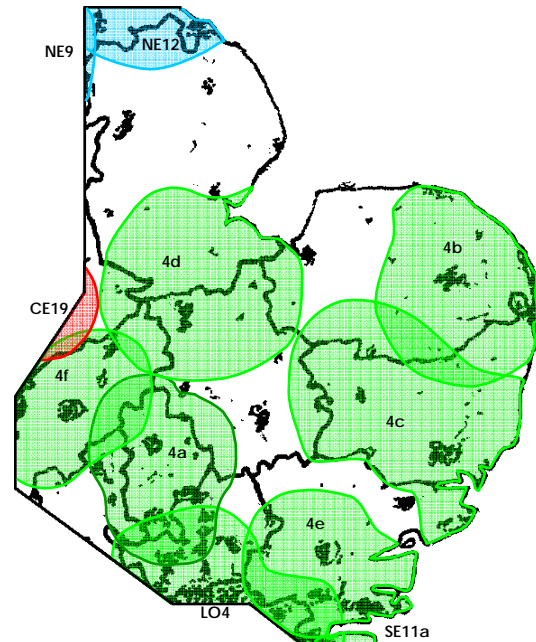
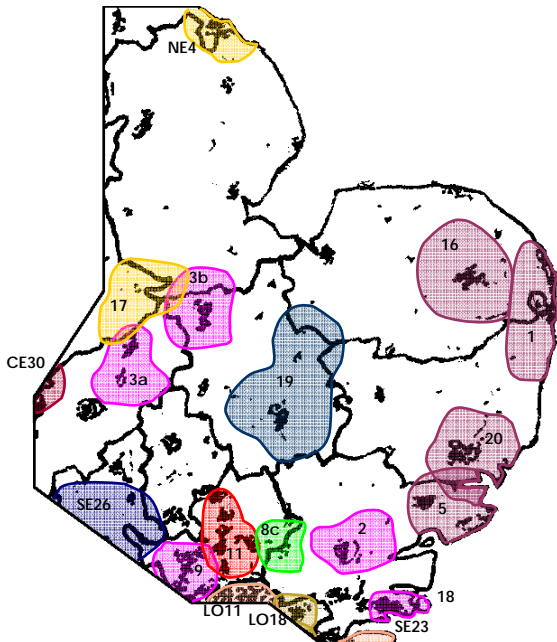
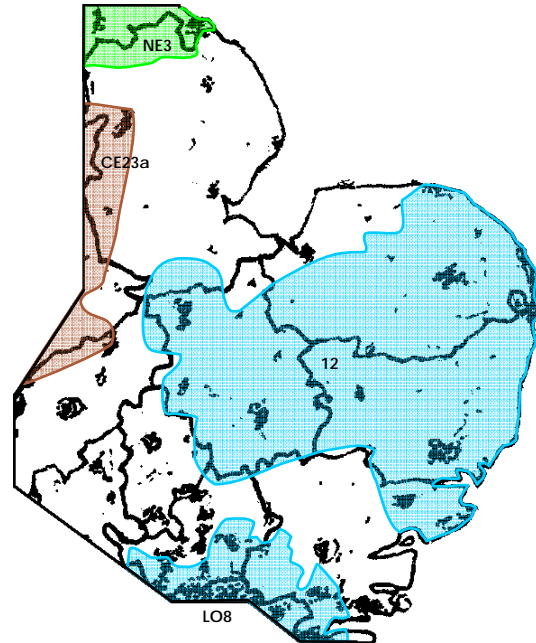
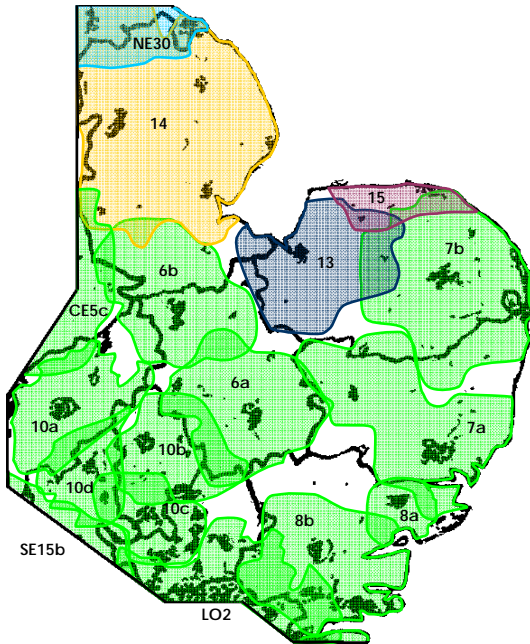


Eastern England



THE BEACH

DAB EA1		200 000
Adult	Tindle	200 000
Southwold area, Suffolk	97.4 Blythburgh	0.24
Great Yarmouth	97.4 Great Yarmouth	0.05
Great Yarmouth & Lowestoft	103.4 Lowestoft	2.0

29/9/1996. Southwold added 2/2004. Gt Yarmouth relay 2007.

CHELMSFORD RADIO

EA2		210 000
Adult, Oldies	Adventure Radio	210 000
Chelmsford & Central Essex	107.7 Church Green	0.1

18/10/1998 as Chelmer FM. Dream 107.7 FM from 18/2/2002. Chelmsford Radio from 2009

CONNECT RADIO

EA3		380 000
Adult, Oldies	Adventure Radio	380 000
Wellingborough area	a 97.2 Wellingborough	0.1
Peterborough area	b 106.8 Gunthorpe	0.1
Kettering and Corby area	a 107.4 Geddington	0.2

a: 6/4/1990 as KCBC. Moved from AM to FM and Connect on 97.2 on 4/1998. Connect on 107.4 from 22/11/1999.
b: 24/7/1999 as Lite FM. Connect Radio from 4/1/2010
Stations merged 9/2010.

GOLD (NAT+LN)

DAB EA4		4 900 000
Oldies	Global Radio	4 900 000
Beds, NE Herts, SE Cambs	a 792 Kempston	0.275
W & C Herts, S Beds, E Bucks	a 828 Lewsey Farm	0.2
East Norfolk and NE Suffolk	b 1152 Brundall	0.83
South and East Suffolk	c 1170 Foxhall Heath	0.28
West Suffolk	c 1251 Great Barton	0.76
N Cambs, S Lincs, Rutland	d 1332 Gunthorpe	0.6
Central, North & SW Essex	e 1359 Bakers Wood	0.28
South East Essex	e 1431 Rayleigh	0.35
Northamptonshire	f 1557 Kings Heath	0.76

a: 15/7/1990* as Chiltern Supergold. Became Classic Gold in 1996.
b: 24/9/1995* as Amber Radio. Joined Classic Gold Network in 1998 as Classic Gold Amber.
c: 24/9/1995* as Amber Radio. Joined Classic Gold Network in 1998 as Classic Gold Amber.
d: 14/4/1992* as WGMS. Joined Classic Gold network 18/3/1995.
e: 16/7/1989* as Breeze. Joined Classic Gold Network 1/2001 as Classic Gold Breeze.
f: 15/7/1990* as Northants Radio Supergold. Joined Classic Gold Network in 1996.
All: Gold from 3/8/2007. National plus local news from 28/6/2010.

DREAM 100 FM

DAB EA5		130 000
Adult	Tindle	130 000
North East Essex	100.2 Telstar Nurseries	2.0

7/10/1990 as Mellow 1557 on AM in Tending only. Dream from 19/11/1998.

HEART CAMBRIDGESHIRE

DAB EA6		950 000
Adult	Global Radio	950 000
Newmarket, Suffolk	a 97.4 Icewell Hill	0.004
Haverhill, Suffolk	a 97.4 Haverhill	0.01
N Cambridgeshire, S Lincs	b 102.7 Gunthorpe	4.0
South & C Cambridgeshire	a103.0 Madingley	1.0

a: 12/2/1989 as CNFM. Renamed Q103 in 1995. Haverhill added 2007.
b: 20/7/1980 as Hereward FM.
Heart from 5/1/2009. Stations merged 2/7/1010.

HEART EAST ANGLIA

DAB EA7		1 100 000
Adult	Global Radio	1 100 000
South and East Suffolk	a 97.1 Foxhall Heath	3.4
West Suffolk	a 96.4 Great Barton	2.0
East Norfolk and NE Suffolk	b 102.4 Stoke Holy Cross	3.3

a: East: 28/10/1975 as Radio Orwell., West: 6/11/1982 as Saxon Radio. Both became SGR FM in 1992.
b: 1/10/1984 as Broadland FM.
Both: Heart from 5/1/2009. Stations merged 5/9/2010.

HEART ESSEX			DAB EA8 ■	COMMUNITY RADIO (EASTERN ENGLAND)		
Adult	Global Radio	1 390 000	BIGGLES FM	Mixed Format		
Colchester & NE Essex	a 96.1 Wivenhoe Park	0.5	Biggleswade, Beds			
South East Essex	b 96.3 South Benfleet	1.03	BLYTH VALLEY RADIO	Mixed Format		
Southend	b 97.5 Southend	0.1	Southwold	105.0 Southwold Reydon	0.025	
Harlow area	c 101.7 Rye Hill	0.1	CAM	New Music		
Chelmsford & Central Essex	b 102.6 Bakers Wood	2.0	Cambridge	97.2		
a: 17/10/1993 as SGR Colchester. Heart from 5/1/2009.			CAMBRIDGE 105	Mixed Format		
b: 12/9/1981 as Essex FM. Southend filler added 1998. Heart from 22/6/2009.			Cambridge	105.0 Cambridge	0.025	
c: 1/5/1993 as Ten 17 (Mercury FM 2000-1).			CORBAY RADIO	Mixed Format		
Stations merged 22-25/1/2010.			Corby	96.3 Corby	0.025	
			DIVERSE FM	Ethnic		
			Luton	102.8 Farley Hill	0.025	
			FELIXTOWE RADIO	Mixed Format		
			Felxtowe, Suffolk	107.5 Felxtowe	0.025	
			FUTURE FM	Mixed Format		
			Norwich	107.8 Markham Tower	0.05	
			GARRISON FM (COLCHESTER)	Adult (for Army and families)		
			Colchester	107.0 Colchester Garrison	0.03	
			GATEWAY FM	Mixed Format		
			Basildon, Essex	97.8 Basildon	0.025	
			GRAVITY FM	Mixed Format		
			Grantham, Lincolnshire	97.2 Springfield Road	0.025	
			HCR FM	Mixed Format		
			Huntingdon			
			INSPIRATION FM	Mixed Format		
			Northampton	107.8 Kingsthorpe CC	0.025	
			INSPIRE FM	Muslim		
			Luton	105.1 Luton	0.025	
			INTOBEATS	Rhythm		
			Bedford			
			IPSWICH COMMUNITY RADIO	Mixed Format		
			Ipswich	105.7 Suffolk College	0.015	
			RADIO LAB	Mixed Format		
			Luton	97.1 Luton	0.025	
			LEISURE FM	Mixed Format		
			Braintree, Essex	107.4 Paltiswick	0.025	
			LINCOLN CITY RADIO	Mixed Format, Nostalgia, Easy		
			Lincoln	103.6 Lincoln Temp	0.012	
			PHOENIX FM	Mixed Format		
			Brentwood	98.0 Brentwood	0.025	
			RWS FM	Mixed Format		
			Bury St Edmunds	103.3 Bury St Edmunds	0.05	
			SAFE FM	Mixed Format		
			Grays, Essex			
			SAINT FM	Mixed Format		
			Burnham-on-Crouch area	94.7 Mayland Hill	0.025	
			SIREN FM	New Music, Pop		
			Lincoln	107.3 Lincoln University	0.025	
			TULIP RADIO	Mixed Format		
			Spalding, Lincolnshire	97.5 Fulney	0.025	
			RADIO VERULAM	Mixed Format		
			St Albans	92.6 St Albans	0.05	
			WAYLAND RADIO	Mixed Format		
			Swaffham & Watton, Norfolk	107.3 Ashill	0.1	
			ZETA 105.3	Mixed Format		
			Forest Heath, Suffolk	105.3 Mildenhall St Marys	0.1	
			INSTITUTION RADIO (EASTERN ENGLAND)			
			Basildon Hospital R	Basildon Hospital, Essex	1287	
			Blue Bull Radio	RAF Marham, Kings Lynn	1278	
			Cambridge University R	Cambridge University	1350	
			Crush AM	Univ. Hertfordshire, Hatfield	1278	
			Radio Diamonds	Rushden and Diamonds FC	1503	
			Future AM	Woodbridge Prison, Suffolk	1350	
			Garrison Radio	ATR Bassingbourne	1287	
			Hospital Radio Yare	James Paget H, Gt Yarmouth	1350	
			Hemel Hospital Radio	Hemel Hempstead General H	1350	
			Radio Hotspot	Royal Hosp. Sch, Holbrook, Suff.	1287	
			Livewire	Univ. East Anglia, Norwich	1350	
			Luton & Dunstable H R	Luton & Dunstable hospitals	1134	
			RED	University of Essex, Colchester	1404	
			Radio Stortford	Herts & Essex Community Hosp	1350	
			Radio West Suffolk	W Suffolk Hosp Bury St Edmunds	1350	
HEART HERTFORDSHIRE			EA9 ■			
Adult	Independent	390 000				
West Hertfordshire	96.6 Pimlico	0.5				
22/10/1994 as Oasis. 96.6 Classic Hits from 1995. Oasis again from 1997. Mercury from 2000. Heart from 25/7/2010.						
HEART HOME COUNTIES			EA10 ■			
Adult	Global Radio	1 900 000				
Northamptonshire	a 96.6 Northampton	4.0				
Bedfordshire & North Herts	b 96.9 Sandy Heath	0.9				
NW & C Herts, S Beds, E Bucks	c 97.6 Dunstable	1.0				
Milton Keynes area	d 103.3 Bow Brickhill	2.0				
a: 1/10/1986 as Northants 96.						
b: 1/3/1982 as Chiltern FM. Known as B97 from 1996 to 1999.						
c: 15/10/1981 as Chiltern FM.						
d: 15/10/1989 as Horizon.						
All: Heart from 5/1/2009. Stations merged 16/7/2010.						
HERTBEAT FM			EA11 ■			
Adult	Independent	300 000				
Stevenage area	106.7 Old Knebworth	0.1				
Central and East Herts	106.9 Cole Green	0.25				
Hitchin and Letchworth, Herts	106.9 Letchworth	0.05				
3/3/2001. Hitchin & Letchworth added 9/2005.						
KISS 105-108 (NET)			DAB EA12 ■			
Dance	Bauer	2 140 000				
South & Cent Cambridgeshire	105.6 Madingley	1.0				
East Norfolk and NE Suffolk	106.1 Stoke Holy Cross	4.0				
Suffolk, S Norfolk & NE Essex	106.4 Mendlesham	20.0				
Peterborough area	107.7 Gunthorpe	0.2				
22/11/1997 as Vibe FM. Kiss from 6/9/2006.						
KLFM			EA13 ■			
Adult, Contemporary	UKRD	200 000				
West Norfolk	96.7 Great Massingham	2.6				
1/7/1992.						
LINCS FM			DAB EA14 ■			
Adult, Contemporary	Lincs	680 000				
Grantham, Lincolnshire	96.7 Grantham	0.05				
Scunthorpe, North Lincolnshire	97.6 Trent View Flats	0.025				
Lincolnshire & S Humberside	102.2 Belmont	6.4				
1/3/1992. Grantham relay added 1995. Scunthorpe added 1999.						
NORTH NORFOLK RADIO			EA15 ■			
Adult	Tindle	120 000				
North East Norfolk	96.2 Stody	2.58				
Fakenham	96.2 Fakenham	0.01				
North West Norfolk	103.2 Bunkers Hill	0.25				
Cromer, Sheringham, Norfolk	103.2 Aylmerton	0.25				
10/11/2003. Fakenham added 11/2005.						
RADIO NORWICH			EA16 ■			
Adult	Tindle/ Independent	300 000				
Norwich area	99.9 Stoke Holy Cross	0.5				
7/2006.						
RUTLAND RADIO			EA17 ■			
Oldies, Soft	Lincs	4 500				
Stamford, Lincs	97.4 East Casterton	0.048				
Rutland	107.2 Manton	0.1				
13/12/1998.						
SOUTHEND RADIO			EA18 ■			
Adult, Oldies	Adventure Radio	320 000				
Southend area	105.1 Mailland House	0.312				
28/3/2008.						
STAR 107			EA19 ■			
Adult	UKRD	270 000				
Ely and Littleport area	107.1 Littleport	0.15				
Cambridge area	107.9 Limekiln Hill	0.1				
107.9: 23/3/1998 as Cambridge Cafe Radio, then Cambridge Red. The Eagle from 31/7/2000. Star from 21/6/2001. 107.1: 4/10/1999 as X-Cel FM. Star from 5/11/2001, Merged 2004						
TOWN FM			EA20 ■			
Adult	Tindle	300 000				
Ipswich area	102.0 Warren Heath	1.2				
19/10/2006.						