

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
87.6							
87.7	Barnstaple	Acorn FM	Student RSL	New Music	5.0E-05	North Devon College	SS 551 323
87.7	Lancaster	Bailrigg FM	Student RSL	New Music	5.0E-05	Lancaster University	SD 486 572
87.7	Harlech, Gwynedd	Radio Branwen	Student RSL	New Music	5.0E-05	Coleg Harlech	SH 574 723
87.7	Dundee	Bridge FM	Hospital RSL	Mixed Music	5.0E-05	Liff Hospital	NO 378 304
87.7	Dundee	Bridge FM	Hospital RSL	Mixed Music	5.0E-05	Nine Wells Hospital	NO 390 303
87.7	Dundee	Bridge FM	Hospital RSL	Mixed Music	5.0E-05	Royal Victoria Hospital	
87.7	Monifieth, Tayside	Bridge FM	Hospital RSL	Mixed Music	5.0E-05	Ashludie Hospital	
87.7	Newton Abbott, Devon	Radio Coombeshead	Student RSL	Pop	5.0E-05	Coombeshead College	SX 853 718
87.7	Carmarthen	Hospital Radio Glangwili	Hospital RSL	Mixed Music	5.0E-05	Carmarthen Hospital	SN 427 214
87.7	Barrow	Radio Lonsdale	Hospital RSL	Mixed Music	5.0E-05	Furness General Hosp	
87.7	Cockermouth, Cumbria	The Mouth	Student RSL	Pop	5.0E-05	Cockermouth School	NY 130 311
87.7	Plymouth	Hospital Radio Plymouth	Hospital RSL	Mixed Music	5.0E-05	Derriford Hospital	SX 499 595
87.7	Brechin, Tayside	RNA FM	Hospital RSL	Mixed Music	5.0E-05	Brechin Infirmary	
87.7	Brechin, Tayside	RNA FM	Hospital RSL	Mixed Music	5.0E-05	Stratchcaro Hospital	
87.7	Montrose, Tayside	RNA FM	Hospital RSL	Mixed Music	5.0E-05	Montrose Royal Infirmary	NO 711 574
87.7	Forfar, Tayside	RNA FM	Hospital RSL	Mixed Music	5.0E-05	Whitehills Hospital	
87.7	Tregony, Cornwall	Radio Roseland	Student RSL	Pop	5.0E-05	Roseland Comm. College	SW 934 454
87.7	Brae, Shetland	60 North FM	Tourist RSL	Mixed Format	.001	Brae Marina	HU 351 678
87.7	Bressay & Noss Nature Rsv, Shetland	60 North FM	Tourist RSL	Mixed Format	.001	Bressay & Noss Nature Rsv	HU 489 376
87.7	Esha Ness, Shetland	60 North FM	Tourist RSL	Mixed Format	.001	Esha Ness	HU 206 785
87.7	Haroldswick, Shetland	60 North FM	Tourist RSL	Mixed Format	.001	Haroldswick	HP 643 134
87.7	Sumburgh Head, Shetland	60 North FM	Tourist RSL	Mixed Format	.001	Sumburgh Head	HU 407 079
87.7	Walls Marina, Shetland	60 North FM	Tourist RSL	Mixed Format	.001	Walls Marina	HU 243 492
87.7	Bangor, Gwynedd	Storm FM	Student RSL	New Music	5.0E-05	University of Wales	SH 579 721
87.7	Ayr	UCA Radio	Student RSL	New Music	5.0E-05	University of Paisley	NS 352 215
87.7	Haverfordwest	Hospital Radio Withybush	Hospital RSL	Mixed Music	5.0E-05	Withybush Hospital	SM 957 162
87.7	Exeter	Xpression	Student RSL	New Music	5.0E-05	Exeter University	SX 922 940
87.8	NE Ireland, SE Northern Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	40.000	Clermont Carn	
87.8	Letterfrach, Galway	Connemara Community Radio	Irish Community	Mixed Format	.500	Letterfrach	
87.8	Aberystwyth	Radio Bronglais	Hospital RSL	Mixed Music	5.0E-05	Bronglais Hospital	SN 592 818
87.9	North Innishowen	Highland Radio	Communicorp	Adult, Irish & Country, Talk	.500	Malin	
87.9	Zeeland, Netherlands (4)	Omroep Zeeland	NOS	Dutch	15.000	Goes, Netherlands	
88.0	East Clwyd	Real Radio (Wales)	GMG	Adult, Talk	1.400	Wrexham	SJ 301 537
88.0	Calais, France (6)	TSF Radio Calais	France	French		Calais, France	
88.1	N Cumbria & S W Scotland	Radio 2	BBC	Adult, Oldies, Easy	250.000	Sandale	NY 266 398
88.1	Devon and East Cornwall	Radio 2	BBC	Adult, Oldies, Easy	160.000	North Hessayry Tor	SX 578 742
88.1	North East Essex & South Suffolk	Radio 2	BBC	Adult, Oldies, Easy	5.000	Manningtree	TM 123 295
88.1	North Uist	Radio 2	BBC	Adult, Oldies, Easy	2.000	Cletraval	NF 751 716
88.1	West Surrey and NE Hampshire	Radio 2	BBC	Adult, Oldies, Easy	3.000	Guildford	SU 975 486
88.1	North Islay	Radio 2	BBC	Adult, Oldies, Easy	.080	Bowmore	NR 318 590
88.1	Deiniolen & Llanberis, Gwynnd	Radio 2	BBC	Adult, Oldies, Easy	.050	Deiniolen	SH 576 621
88.1	Grantham, Lincolnshire	Radio 2	BBC	Adult, Oldies, Easy	.050	Grantham	SK 905 337
88.1	Ballachulish, Highland	Radio 2	BBC	Adult, Oldies, Easy	.025	Ballachulish	NN 059 593
88.1	Cirencester	Radio 2	BBC	Adult, Oldies, Easy	.010	Cirencester Town	SP 023 021
88.1	Hay on Wye area	Radio 2	BBC	Adult, Oldies, Easy	.010	Clyro	SO 204 432
88.1	Portree, Skye	Radio 2	BBC	Adult, Oldies, Easy	.010	Penifiler	NG 489 417
88.1	Ffestiniog area, Gwynedd	Radio 2	BBC	Adult, Oldies, Easy	.049	Ffestiniog	SH 709 392
88.1	Mallaig, Highland	Radio 2	BBC	Adult, Oldies, Easy	.014	Mallaig	NM 676 965
88.1	Llanidloes, Powys	Radio 2	BBC	Adult, Oldies, Easy	.005	Llanidloes	SN 948 844
88.2	North West Grampian	Radio 2	BBC	Adult, Oldies, Easy	.500	Knock More	NJ 321 497
88.2	Bexhill, East Sussex	Radio 2	BBC	Adult, Oldies, Easy	.100	Bexhill	TQ 744 080
88.2	Nailsworth & Stroud, Gloucs	Radio 2	BBC	Adult, Oldies, Easy	.100	Nailsworth	ST 849 990
88.2	Newbury & West Berkshire	Radio 2	BBC	Adult, Oldies, Easy	.100	Newbury	SU 494 687
88.2	Calne, Wiltshire	Radio 2	BBC	Adult, Oldies, Easy	.032	Calne	ST 997 699
88.2	Vale of Neath, West Glam	Radio 2	BBC	Adult, Oldies, Easy	.010	Rheola	SN 841 061
88.2	Betws-y-Coed & Llanrwst	Radio 2	BBC	Adult, Oldies, Easy	.010	Betws-y-Coed	SH 825 582
88.2	North West Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	120.000	Truskmore	
88.2	South East County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Crosshaven	
88.3	Midlands	Radio 2	BBC	Adult, Oldies, Easy	250.000	Sutton Coldfield	SK 113 003
88.3	Shetland Islands	Radio 2	BBC	Adult, Oldies, Easy	43.000	Bressay	HU 503 387
88.3	East Tayside and North Fife	Radio 2	BBC	Adult, Oldies, Easy	17.000	Forfar	NO 482 409
88.3	Barmouth area, Gwynedd	Radio 2	BBC	Adult, Oldies, Easy	.200	Llwyn Onn	SH 625 175
88.3	Ness of Lewis	Radio 2	BBC	Adult, Oldies, Easy	.200	Ness of Lewis	NB 533 603
88.3	Patna & Dalmellington, Ayrshire	Radio 2	BBC	Adult, Oldies, Easy	.200	Lethanhill	NS 438 105
88.3	Ullapool, Highland	Radio 2	BBC	Adult, Oldies, Easy	.050	Ullapool	NH 142 935
88.3	Trowbridge area, Wiltshire	Radio 2	BBC	Adult, Oldies, Easy	.050	Westwood	ST 817 598
88.3	Windermere & Ambleside, Cmb	Radio 2	BBC	Adult, Oldies, Easy	.064	Windermere	SD 383 980
88.3	Dumbarton & Alexandria	Radio 2	BBC	Adult, Oldies, Easy	.050	Millburn Muir	NS 378 796
88.3	Warrenpoint, Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	.032	Rostrevor Forest	IJ 189 176
88.3	Wensleydale, North Yorks	Radio 2	BBC	Adult, Oldies, Easy	.027	Wensleydale	SD 992 907
88.3	NE Donegal & North N Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	10.000	Monlue	
88.3	SE Tipperary & N Waterford	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000	Clonmel	
88.3	South West County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000	Castletownbere	
88.3	Waterford City	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.200	Gallows Hill	

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88.4	Isle of Man	Radio 2	BBC	Adult, Oldies, Easy	11.000	Douglas	SC 373 746
88.4	Carmarthenshire	Radio 2	BBC	Adult, Oldies, Easy	3.000	Carmel	SN 576 153
88.4	Campbeltown, Strathclyde	Radio 2	BBC	Adult, Oldies, Easy	.400	Campbeltown	NR 707 172
88.4	Folkestone area	Radio 2	BBC	Adult, Oldies, Easy	.100	Folkestone	TR 229 382
88.4	Colwyn Bay area, Clwyd	Radio 2	BBC	Adult, Oldies, Easy	.100	Penmaen Rhos	SH 877 779
88.4	Otley & Ilkley area, W Yorks	Radio 2	BBC	Adult, Oldies, Easy	.064	Wharfedale	SE 198 485
88.4	Hebden Bridge, West Yorks	Radio 2	BBC	Adult, Oldies, Easy	.025	Hebden Bridge	SD 988 267
88.4	Purley & Coulsdon, London	Radio 2	BBC	Adult, Oldies, Easy	.025	Kenley	TQ 329 592
88.4	Ebbw Vale & Tredegar, Gwent	Radio 2	BBC	Adult, Oldies, Easy	.030	Ebbw Vale	SO 159 088
88.4	Peebles, Border Region	Radio 2	BBC	Adult, Oldies, Easy	.020	Peebles	NT 228 416
88.4	Porth area, Mid Glamorgan	Radio 2	BBC	Adult, Oldies, Easy	.010	Porth	ST 029 919
88.4	Walsden, West Yorkshire	Radio 2	BBC	Adult, Oldies, Easy	.010	Walsden South	SD 937 215
88.4	Manchester	Gaydio	Community	Gay	.035	Portland Tower	SJ 842 979
88.4	Mid Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000	Knockmoyle	
88.4	Casla, Galway	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	4.000	Casla	
88.4	South West Netherlands (4)	Slam FM	Netherlands	Dutch Dance	30.000	Roosendaal, Netherlands	
88.5	Central Southern England	Radio 2	BBC	Adult, Oldies, Easy	250.000	Rowridge	SZ 447 865
88.5	North East England	Radio 2	BBC	Adult, Oldies, Easy	134.000	Pontop Pike	NZ 147 527
88.5	Skye, Harris, East N & S Uist	Radio 2	BBC	Adult, Oldies, Easy	30.000	Skraig	NG 451 408
88.5	North Devon	Radio 2	BBC	Adult, Oldies, Easy	1.000	Barnstaple	SS 502 289
88.5	Largs, Rothesay, Clyde Mouth	Radio 2	BBC	Adult, Oldies, Easy	.570	Rothesay	NS 125 691
88.5	Plymouth	Radio 2	BBC	Adult, Oldies, Easy	.040	Plymouth	SX 531 555
88.5	Bradford	Radio 2	BBC	Adult, Oldies, Easy	.025	Idle	SE 163 374
88.5	Blaenavon & Abersychan	Radio 2	BBC	Adult, Oldies, Easy	.010	Blaenavon	SO 277 063
88.5	Cwmafan, West Glamorgan	Radio 2	BBC	Adult, Oldies, Easy	.010	Cwmafan	SS 798 936
88.5	County Dublin	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	10.000	Three Rock	
88.5	West County Waterford	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Dungarvan	
88.6	Milton Keynes and West Beds	Radio 2	BBC	Adult, Oldies, Easy	10.000	Bow Brickhill	SP 914 342
88.6	Herefordshire & NE Gloucs	Radio 2	BBC	Adult, Oldies, Easy	10.000	Ridge Hill	SO 630 333
88.6	West, South & Central Lancs	Radio 2	BBC	Adult, Oldies, Easy	4.000	Winter Hill	SD 660 144
88.6	Fort Augustus area, Highland	Radio 2	BBC	Adult, Oldies, Easy	1.000	Fort Augustus	NH 361 049
88.6	Penicuik, Lothian	Radio 2	BBC	Adult, Oldies, Easy	.200	Penicuik	NT 229 597
88.6	Berwick-upon-Tweed	Radio 2	BBC	Adult, Oldies, Easy	.050	Berwick-upon-Tweed	NT 980 547
88.6	Llangeinor, Pontycymer, M Gm	Radio 2	BBC	Adult, Oldies, Easy	.010	Llangeinor	SS 905 886
88.6	Sheffield	Radio Sheffield	BBC	Mixed Format	.160	Tapton Hill, Sheffield	SK 324 870
88.7	Ceredigion & SW Gwynedd	Radio 2	BBC	Adult, Oldies, Easy	250.000	Blaenplwyf	SN 569 756
88.7	Grampian Region	Radio 2	BBC	Adult, Oldies, Easy	150.000	Meldrum	NJ 760 329
88.7	Derry area	Radio 2	BBC	Adult, Oldies, Easy	31.000	Londonderry	IC 404 176
88.7	South East Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	2.000	Camlough	IJ 055 246
88.7	Torbay	Radio 2	BBC	Adult, Oldies, Easy	1.000	Beacon Hill	SX 857 620
88.7	South West Central Region	Radio 2	BBC	Adult, Oldies, Easy	1.000	Ben Gullipen	NN 598 045
88.7	West Halifax	Radio 2	BBC	Adult, Oldies, Easy	.084	Luddenden	SE 048 248
88.7	Okehampton, Devon	Radio 2	BBC	Adult, Oldies, Easy	.070	Okehampton	SX 586 967
88.7	Abergavenny & Usk Valley	Radio 2	BBC	Adult, Oldies, Easy	.040	Abergavenny	SO 244 126
88.7	Kirkconnel & Sanquhar, D & G	Radio 2	BBC	Adult, Oldies, Easy	.040	Kirkconnel	NS 746 150
88.7	Wigtown Bay area, D & G	Radio 2	BBC	Adult, Oldies, Easy	.064	Cambret Hill	NX 524 578
88.7	Corran and Onich, Highland	Radio 2	BBC	Adult, Oldies, Easy	.050	Ardgour	NM 989 626
88.7	Dunquin, Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.100	Maamclassach	
88.7	Bantry, SW County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000	Bantry	
88.7	Nord Pas de Calais, France (1)	France Musique	Radio France	French Classical	400.000	Lille, France	
88.8	Lincolnshire & E Humberside	Radio 2	BBC	Adult, Oldies, Easy	16.000	Belmont	TF 217 837
88.8	London area	Radio 2	BBC	Adult, Oldies, Easy	4.000	Crystal Palace	TQ 339 712
88.8	Bodmin area, Cornwall	Radio 2	BBC	Adult, Oldies, Easy	.200	Penaligon Downs	SX 026 683
88.8	Ballycastle, Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	.100	Ballycastle	ID 077 423
88.8	Isles of Scilly	Radio 2	BBC	Adult, Oldies, Easy	.060	Isles of Scilly	SV 911 124
88.8	Newtownabbey, N Ireland	Radio 2	BBC	Adult, Oldies, Easy	.020	Carmoney Hill	IJ 336 829
88.8	Chippenham, Wiltshire	Radio 2	BBC	Adult, Oldies, Easy	.010	Chippenham	ST 914 751
88.8	Strachur & Inveraray, Strathcl	Radio 2	BBC	Adult, Oldies, Easy	.018	Strachur	NN 094 027
88.8	Rhonda Valley, Mid Glam	Radio 2	BBC	Adult, Oldies, Easy	.006	Ton Pentre	SS 960 955
88.8	Jersey	Radio Jersey	BBC	Mixed Format	3.800	Les Platons	
88.8	West Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	160.000	Maghera	
88.8	Falcarragh, Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.300	Magherdorty	
88.9	Clwyd, Merseyside, W Cheshire	Radio 2	BBC	Adult, Oldies, Easy	16.000	Llangollen	SJ 209 488
88.9	Oban area, Highland	Radio 2	BBC	Adult, Oldies, Easy	3.600	Oban	NM 850 290
88.9	Keighley area, West Yorks	Radio 2	BBC	Adult, Oldies, Easy	1.000	Keighley	SE 069 444
88.9	Cambridge area	Radio 2	BBC	Adult, Oldies, Easy	.260	Madingley, Cambridge	TL 392 594
88.9	West Berkshire & East Wilts	Radio 2	BBC	Adult, Oldies, Easy	.125	Membury	SU 307 763
88.9	Girvan, Ayrshire	Radio 2	BBC	Adult, Oldies, Easy	.100	Girvan	NX 211 981
88.9	Todmorden, West Yorks	Radio 2	BBC	Adult, Oldies, Easy	.100	Todmorden	SD 957 241
88.9	Northampton	Radio 2	BBC	Adult, Oldies, Easy	.124	Northampton	SP 760 647
88.9	Chard, Somerset	Radio 2	BBC	Adult, Oldies, Easy	.033	Chard	ST 358 086
88.9	Swansea Valley, W Glam	Radio 2	BBC	Adult, Oldies, Easy	.048	Varteg Hill	SN 776 077
88.9	Carmarthen, Dyfed	Radio 2	BBC	Adult, Oldies, Easy	.007	Carmarthen	SN 412 213
88.9	Brecon, Powys	Radio 2	BBC	Adult, Oldies, Easy	.010	Brecon	SO 030 299
88.9	County Monaghan	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Monaghan	
88.9	North Inishowen	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000	Malin	
88.9	Boulogne, France (5)	Fun Radio	France	French Pop	1.000	Boulogne, France	

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89.0	Cleveland, S Durham, N Yorks	Radio 2	BBC	Adult, Oldies, Easy	5.000	Bilsdale West Moor	SE 553 962
89.0	Perth area	Radio 2	BBC	Adult, Oldies, Easy	.964	Kirkton Mailer	NO 102 210
89.0	Chesterfield	Radio 2	BBC	Adult, Oldies, Easy	.400	Chesterfield	SK 383 764
89.0	Swindon area	Radio 2	BBC	Adult, Oldies, Easy	.200	Blunsdon	SU 143 900
89.0	South Islay	Radio 2	BBC	Adult, Oldies, Easy	.065	Port Ellen	NR 338 452
89.0	Kendal, Cumbria	Radio 2	BBC	Adult, Oldies, Easy	.100	Kendal	SD 540 912
89.0	Bath	Radio 2	BBC	Adult, Oldies, Easy	.082	Bath	ST 769 654
89.0	Gloucester & Cheltenham	Radio 2	BBC	Adult, Oldies, Easy	.072	Churchdown Hill	SO 880 188
89.0	Exeter	Radio 2	BBC	Adult, Oldies, Easy	.055	St Thomas	SX 898 922
89.0	Abertillery, Gwent	Radio 2	BBC	Adult, Oldies, Easy	.010	Abertillery	SO 244 023
89.0	Croeserw, West Glamorgan	Radio 2	BBC	Adult, Oldies, Easy	.010	Croeserw	SS 858 952
89.0	Minehead, Somerset	Radio 2	BBC	Adult, Oldies, Easy	.010	Minehead	SS 966 452
89.0	Central Isle of Man	Manx Radio FM	Independent	Mixed Format	4.000	Snaefell	SC 397 881
89.0	Mid Tipperary	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Suir Valley	
89.0	Kinsale, Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.010	Kinsale	
89.1	London & South East England	Radio 2	BBC	Adult, Oldies, Easy	250.000	Wrotham	TQ 595 604
89.1	Border Region	Radio 2	BBC	Adult, Oldies, Easy	50.000	Ashkirk	NT 470 244
89.1	E Lewis, N Skye & W Highland	Radio 2	BBC	Adult, Oldies, Easy	50.000	Melvaig	NG 757 900
89.1	Central Powys	Radio 2	BBC	Adult, Oldies, Easy	2.800	Llandrindod Wells	SO 018 635
89.1	West Dorset	Radio 2	BBC	Adult, Oldies, Easy	.200	Bridport	SY 453 915
89.1	Frome, Somerset	Radio 2	BBC	Adult, Oldies, Easy	.060	Egford Hill	ST 764 481
89.1	Conwy & Llandudno, Gwynd	Radio 2	BBC	Adult, Oldies, Easy	.050	Conwy	SH 781 765
89.1	West Kilbride area, Strathclyde	Radio 2	BBC	Adult, Oldies, Easy	.050	West Kilbride	NS 215 483
89.1	Larne, Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	.032	Larne	ID 395 037
89.1	Llanfyllin, Powys	Radio 2	BBC	Adult, Oldies, Easy	.014	Llanfyllin	SJ 151 181
89.1	Combe Martin, Devon	Radio 2	BBC	Adult, Oldies, Easy	.004	Combe Martin	SS 582 462
89.1	Kingussie, Highland	Radio 2	BBC	Adult, Oldies, Easy	.035	Kingussie	NN 769 985
89.1	North Central Birmingham	Big City Radio	Community	Mixed Format	.020	Barry Jackson Tower	SP 076 892
89.1	East Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	40.000	Kippure	
89.1	Dingle Peninsula, County Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.020	Ballydavid	
89.2	Chalford & Stroud, Gloucs	Radio 2	BBC	Adult, Oldies, Easy	.100	Chalford	SO 883 017
89.2	Pontypool & Cwmbran, Gwent	Radio 2	BBC	Adult, Oldies, Easy	.050	Pontypool	ST 284 990
89.2	Aberdare area, Mid Glam.	Radio 2	BBC	Adult, Oldies, Easy	.042	Aberdare	SO 034 013
89.2	Greenock & Firth of Clyde	Radio 2	BBC	Adult, Oldies, Easy	.032	Rosneath	NS 258 811
89.2	Ogmore Vale, Mid Glamorgan	Radio 2	BBC	Adult, Oldies, Easy	.010	Ogmore Vale	SS 929 894
89.2	Pitlochry & Aberfeldy, Tayside	Radio 2	BBC	Adult, Oldies, Easy	.200	Pitlochry	NN 923 565
89.2	Cork City and East County Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	10.000	Spur Hill	
89.2	East Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000	Holywell Hill	
89.2	North Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000	Knockanure Ballybun	
89.3	North West and Yorkshire	Radio 2	BBC	Adult, Oldies, Easy	250.000	Holme Moss	SE 095 041
89.3	Orkney Islands	Radio 2	BBC	Adult, Oldies, Easy	41.000	Keelylang Hill	HY 378 102
89.3	Pembrokeshire	Radio 2	BBC	Adult, Oldies, Easy	20.000	Haverfordwest	SN 028 261
89.3	South Uist	Radio 2	BBC	Adult, Oldies, Easy	1.000	Daliburgh	NF 736 216
89.3	Bristol	Radio 2	BBC	Adult, Oldies, Easy	1.300	Ilchester Crescent	ST 577 700
89.3	Crieff area, Tayside	Radio 2	BBC	Adult, Oldies, Easy	.125	Crieff	NN 814 200
89.3	Rhymney area, Mid Glam	Radio 2	BBC	Adult, Oldies, Easy	.020	Rhymney	SO 127 042
89.3	Fort William area, Highland	Radio 2	BBC	Adult, Oldies, Easy	1.500	Fort William	NN 117 772
89.3	S Kapdale, E Islay, Jura	Radio 2	BBC	Adult, Oldies, Easy	1.100	South Knapdale	NR 837 748
89.3	Central Mayo	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Castlebar	
89.3	Athlone	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.100	Athlone	
89.3	Dunkerque, France (6)	France Musique	Radio France	French Classical		Dunkerque, France	
89.4	Fermanagh and South Tyrone	Radio 2	BBC	Adult, Oldies, Easy	9.800	Brougher Mountain	IH 350 527
89.4	South East Grampian Region	Radio 2	BBC	Adult, Oldies, Easy	2.100	Durris	NO 763 897
89.4	Porthmadog area, Gwynedd	Radio 2	BBC	Adult, Oldies, Easy	.100	Llandecwyn	SH 644 371
89.4	Hexham & Tyne Valley, Nthmb	Radio 2	BBC	Adult, Oldies, Easy	.100	Newton	NZ 036 653
89.4	Teignmouth area, Devon	Radio 2	BBC	Adult, Oldies, Easy	.100	Holcombe Down	SX 934 752
89.4	Weston-super-mare, Avon	Radio 2	BBC	Adult, Oldies, Easy	.040	Hutton	ST 361 588
89.4	Machynlleth, Dyfed	Radio 2	BBC	Adult, Oldies, Easy	.060	Machynlleth	SH 723 003
89.4	Kilkeel, Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	.025	Kilkeel	IJ 281 180
89.4	Ventnor, Isle of Wight	Radio 2	BBC	Adult, Oldies, Easy	.020	Ventnor	SZ 567 783
89.4	Teignmouth area, Devon	Radio 2	BBC	Adult, Oldies, Easy	.100	Holcombe Down	SX 934 752
89.4	Limerick city	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.500	Woodcock H, Limerick	
89.4	Fermoy & Mitchelstown, Cork	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.100	Fermoy	
89.4	Boulogne and Calais, France (5)	France Musique	Radio France	French Classical	1.000	Boulogne, France	
89.4	West Bretagne, France (3)	France Musique	Radio France	French Classical	170.000	Brest, France	
89.5	Oxon, Bucks, Berks, S Midlands	Radio 2	BBC	Adult, Oldies, Easy	46.000	Oxford	SP 567 105
89.5	Ayrshire	Radio 2	BBC	Adult, Oldies, Easy	10.000	Darvel	NS 557 341
89.5	Tobermoray area, Highland	Radio 2	BBC	Adult, Oldies, Easy	5.000	Glengorm	NM 265 565
89.5	Swansea area	Radio 2	BBC	Adult, Oldies, Easy	.926	Kilvey Hill	SS 672 940
89.5	South Devon	Radio 2	BBC	Adult, Oldies, Easy	.250	Salcombe	SX 753 398
89.5	Axminster & Seaton, Devon	Radio 2	BBC	Adult, Oldies, Easy	.080	Axe Valley	SY 283 945
89.5	Innerleithen, Border	Radio 2	BBC	Adult, Oldies, Easy	.020	Innerleithen	NT 325 368
89.5	Darwen, Lancashire	Radio 2	BBC	Adult, Oldies, Easy	.010	Darwen	SD 708 223
89.5	Newbridge area, Gwent	Radio 2	BBC	Adult, Oldies, Easy	.005	Pennar	ST 209 958
89.5	Ramsay, Isle of Man	Manx Radio FM	Independent	Mixed Format	.050	Ramsay	SC 449 945
89.5	West County Galway	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Clifden	
89.5	West Kerry	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000	Cahirciveen	
89.5	North East Wicklow	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000	Greystones	
89.5	Mater Hospital area, Dublin	Mater Hospital Radio	Irish Hospital	Mixed Format		Mater Hospital	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
89.6	Inverness & Moray Firth area	Radio 2	BBC	Adult, Oldies, Easy	20.000	Rosemarkie	NH 762 263
89.6	Channel Islands	Radio 2	BBC	Adult, Oldies, Easy	16.000	Les Platons	
89.6	North Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	3.400	Limavady	IC 711 296
89.6	Tiverton, Devon	Radio 2	BBC	Adult, Oldies, Easy	.300	Gogwell	SS 967 111
89.6	Hastings	Radio 2	BBC	Adult, Oldies, Easy	.500	Hastings	TQ 807 100
89.6	Whitby, North Yorkshire	Radio 2	BBC	Adult, Oldies, Easy	.100	Whitby	NZ 904 113
89.6	Blairgowrie & Rattray, Tayside	Radio 2	BBC	Adult, Oldies, Easy	.032	Rosemount	NO 203 435
89.6	Ferndale, Mid Glamorgan	Radio 2	BBC	Adult, Oldies, Easy	.010	Ferndale	ST 006 970
89.6	Llyswen area, Powys	Radio 2	BBC	Adult, Oldies, Easy	.010	Llyswen	SO 137 361
89.6	Whalley, Lancashire	Radio 2	BBC	Adult, Oldies, Easy	.010	Whalley	SD 729 352
89.6	Ludlow, Shropshire	Radio 2	BBC	Adult, Oldies, Easy	.010	Ludlow	SO 498 741
89.6	Keswick, Cumbria	Radio 2	BBC	Adult, Oldies, Easy	.030	Keswick Forest	NY 223 244
89.6	Welshpool, Powys	Radio 2	BBC	Adult, Oldies, Easy	.024	Long Mountain	SJ 265 057
89.6	Southall, West London	Westside Community Radio	Community	Mixed Ethnic	.050	Windmill Business Centre	TQ 142 801
89.6	South East Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	100.000	Mount Leinster	
89.6	West Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	3.000	Aranmore	
89.7	Norfolk and Suffolk	Radio 2	BBC	Adult, Oldies, Easy	250.000	Tacolneston	TM 131 958
89.7	West Cornwall	Radio 2	BBC	Adult, Oldies, Easy	25.000	Redruth	SW 690 394
89.7	Lampeter & Teifi Valley, Dyfed	Radio 2	BBC	Adult, Oldies, Easy	.400	Mynydd Pencarreg	SN 577 430
89.7	Eyemouth and Border coast	Radio 2	BBC	Adult, Oldies, Easy	.100	Eyemouth	NT 947 599
89.7	Whitehaven area, Cumbria	Radio 2	BBC	Adult, Oldies, Easy	.100	Whitehaven	NX 992 123
89.7	Weardale, County Durham	Radio 2	BBC	Adult, Oldies, Easy	.180	Weardale	NZ 025 384
89.7	Newhaven & Seaford, Sussex	Radio 2	BBC	Adult, Oldies, Easy	.100	Newhaven	TQ 435 006
89.7	Lyme Regis, Dorset	Radio 2	BBC	Adult, Oldies, Easy	.050	Lyme Regis	SY 345 935
89.7	Stranraer, D & G	Radio 2	BBC	Adult, Oldies, Easy	.031	Stranraer	NX 111 632
89.7	Leatherhead area, Surrey	Radio 2	BBC	Adult, Oldies, Easy	.025	Mickleham	TQ 163 538
89.7	Barnoldswick area, Lancs	Radio 2	BBC	Adult, Oldies, Easy	.020	Barnoldswick	SD 897 490
89.7	Cornholme, West Yorkshire	Radio 2	BBC	Adult, Oldies, Easy	.020	Cornholme	SD 918 264
89.7	Caterham, Surrey	Radio 2	BBC	Adult, Oldies, Easy	.015	Caterham	TQ 343 557
89.7	Kinlochleven, Highland	Radio 2	BBC	Adult, Oldies, Easy	.010	Kinlochleven	NN 178 630
89.7	Ballybofey, Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	1.000	Ballybofey	
89.7	Cork City	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.200	Collins Barracks	
89.7	Lahinch, Clare	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	.200	Lehinch	
89.8	North Gwynedd & NW Clwyd	Radio 2	BBC	Adult, Oldies, Easy	21.000	Llanddona	SH 782 810
89.8	Isle of Lewis	Radio 2	BBC	Adult, Oldies, Easy	2.000	Eitshal	NB 305 302
89.8	Reading	Radio 2	BBC	Adult, Oldies, Easy	1.000	Hemdean	SU 710 762
89.8	Matlock & Bakewell, Derbys	Radio 2	BBC	Adult, Oldies, Easy	1.200	Stanton Moor	SK 246 637
89.8	Upper Tame Valley, Gt Mancs	Radio 2	BBC	Adult, Oldies, Easy	.095	Saddleworth	SD 987 050
89.8	Leeds	Radio 2	BBC	Adult, Oldies, Easy	.200	Beecroft Hill	SE 237 350
89.8	West Tyneside, Tyne & Wear	Radio 2	BBC	Adult, Oldies, Easy	.042	Fenham	NZ 216 648
89.8	Llanrhaeadr ym Mochnant, Cl	Radio 2	BBC	Adult, Oldies, Easy	.050	Llanrhaeadr ym Moch.	SJ 174 260
89.8	Salisbury, Wiltshire	Radio 2	BBC	Adult, Oldies, Easy	.020	Salisbury	SU 136 285
89.8	Dartmouth area, Devon	Radio 2	BBC	Adult, Oldies, Easy	.005	Kingswear	SX 887 511
89.8	Speyside, Highland	Radio 2	BBC	Adult, Oldies, Easy	.350	Grantown	NJ 003 267
89.8	Co Longford and North Midlands	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	16.000	Cairn Hill	
89.8	North Donegal	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	4.000	Fanad	
89.9	Central Scotland	Radio 2	BBC	Adult, Oldies, Easy	250.000	Black Hill	NS 828 647
89.9	South Wales & West England	Radio 2	BBC	Adult, Oldies, Easy	250.000	Wenvoe	ST 110 742
89.9	Sheffield	Radio 2	BBC	Adult, Oldies, Easy	.320	Tapton Hill, Sheffield	SK 324 870
89.9	Scarborough area, N Yorks	Radio 2	BBC	Adult, Oldies, Easy	.250	Oliver's Mount	SX 040 869
89.9	Haslingden area, Lancs	Radio 2	BBC	Adult, Oldies, Easy	.083	Haslingden	SD 795 236
89.9	Ivybridge, Devon	Radio 2	BBC	Adult, Oldies, Easy	.050	Ivybridge	SX 631 538
89.9	North West Mayo	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	2.000	Achill	
89.9	East Bretagne, France (3)	France Musique	Radio France	French Classical	100.000	Rennes, France	
90.0	East Kent	Radio 2	BBC	Adult, Oldies, Easy	11.000	Swingate	TR 334 429
90.0	South Cumbria & NW Lancs	Radio 2	BBC	Adult, Oldies, Easy	10.000	Morecambe Bay	SD 239 791
90.0	Weymouth, Dorset	Radio 2	BBC	Adult, Oldies, Easy	.130	Weymouth	SY 663 779
90.0	Buxton, Derbyshire	Radio 2	BBC	Adult, Oldies, Easy	.100	Buxton	SK 060 753
90.0	High Wycombe	Radio 2	BBC	Adult, Oldies, Easy	.050	High Wycombe	SU 856 942
90.0	Church Stretton, Shropshire	Radio Shropshire	BBC	Mixed Format	.020	Hazler Hill	SO 464 928
90.0	South West Ireland	Radio 1	RTE	Talk, Soft, Easy, Irish &Country	160.000	Mullaghinish	
90.1	East & Central Northern Ireland	Radio 2	BBC	Adult, Oldies, Easy	250.000	Divis	IJ 286 750
90.1	Cambs, Beds, S Lincs, E Nthnts	Radio 2	BBC	Adult, Oldies, Easy	40.000	Peterborough	TL 127 913
90.1	Thurso & Wick area, Highland	Radio 2	BBC	Adult, Oldies, Easy	10.000	Rumster Forest	ND 197 385
90.1	North Northumberland	Radio 2	BBC	Adult, Oldies, Easy	5.600	Chatton	NU 105 264
90.1	Brighton and Worthing area	Radio 2	BBC	Adult, Oldies, Easy	.600	Whitehawk Hill	TQ 330 045
90.1	Basingstoke	Radio 2	BBC	Adult, Oldies, Easy	.200	Basingstoke	SU 600 488
90.1	Marlborough area, Wilts	Radio 2	BBC	Adult, Oldies, Easy	.100	Marlborough	SU 209 688
90.1	Newcastle Emlyn area, Dyfed	Radio 2	BBC	Adult, Oldies, Easy	.088	Llandyfriog	SN 348 412
90.1	Dee Valley, Grampian	Radio 2	BBC	Adult, Oldies, Easy	.042	Tullich	NO 379 984
90.1	Newtown, Powys	Radio 2	BBC	Adult, Oldies, Easy	.036	Llandinam	SO 050 877
90.1	Dolgellau, Gwynedd	Radio 2	BBC	Adult, Oldies, Easy	.016	Dolgellau	SH 727 185
90.1	Bournemouth	Hope FM	Community	Christian, Mixed Format	.031	Poole House	SZ 073 937
90.1	Central Manchester	Peace FM	Community	African	.025		
90.2	Thirsk & Northallerton area	Radio 2	BBC	Adult, Oldies, Easy	5.000	Woolmoor	SE 457 881
90.2	Burnley & Colne Valley, Lancs	Radio 2	BBC	Adult, Oldies, Easy	1.000	Pendle Forest	SD 825 384
90.2	Hay on Wye area	Radio 3	BBC	Classical	.010	Clyro	SO 204 432
90.2	South West Netherlands (4)	RTL Holland FM	Netherlands	Dutch Adult, Oldies	50.000	Roosendaal, Netherlands	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
90.3	N Cumbria & S W Scotland	Radio 3	BBC	Classical	250.000	Sandale	NY 266 398
90.3	Devon and East Cornwall	Radio 3	BBC	Classical	160.000	North Hessary Tor	SX 578 742
90.3	North East Essex & South Suffolk	Radio 3	BBC	Classical	5.000	Manningtree	TM 123 295
90.3	North Uist	Radio 3	BBC	Classical	2.000	Cletraval	NF 751 716
90.3	West Surrey and NE Hampshire	Radio 3	BBC	Classical	3.000	Guildford	SU 975 486
90.3	North Islay	Radio 3	BBC	Classical	.080	Bowmore	NR 318 590
90.3	Deiniolen & Llanberis, Gwynd	Radio 3	BBC	Classical	.050	Deiniolen	SH 576 621
90.3	Grantham, Lincolnshire	Radio 3	BBC	Classical	.050	Grantham	SK 905 337
90.3	Ballachulish, Highland	Radio 3	BBC	Classical	.025	Ballachulish	NN 059 593
90.3	Cirencester	Radio 3	BBC	Classical	.010	Cirencester Town	SP 023 021
90.3	Portree, Skye	Radio 3	BBC	Classical	.010	Penifiler	NG 489 417
90.3	Ffestiniog area, Gwynedd	Radio 3	BBC	Classical	.049	Ffestiniog	SH 709 392
90.3	Mallaig, Highland	Radio 3	BBC	Classical	.014	Mallaig	NM 676 965
90.3	Llanidloes, Powys	Radio 3	BBC	Classical	.005	Llanidloes	SN 948 844
90.3	Coolock, NE Dublin	Near	Irish Community	Mixed Format	.025		
90.4	North West Grampian	Radio 3	BBC	Classical	.500	Knock More	NJ 321 497
90.4	Nailsworth & Stroud, Gloucs	Radio 3	BBC	Classical	.100	Nailsworth	ST 849 990
90.4	Newbury & West Berkshire	Radio 3	BBC	Classical	.100	Newbury	SU 494 687
90.4	Calne, Wiltshire	Radio 3	BBC	Classical	.032	Calne	ST 997 699
90.4	Vale of Neath, West Glam	Radio 3	BBC	Classical	.010	Rheola	SN 841 061
90.4	Betws-y-Coed & Llanrwst	Radio 3	BBC	Classical	.010	Betws-y-Coed	SH 825 582
90.4	South East Hertfordshire	Three Counties Radio	BBC	Mixed Format	.100	Epping Green	
90.4	North West Ireland	2FM	RTE	Contemporary, Adult	120.000	Truskmore	
90.4	South East County Cork	2FM	RTE	Contemporary, Adult	3.000	Crosshaven	
90.4	Flanders, Belgium (6)	BRTN Radio 3	BRTN	Flemish	50.000	Egem, Belgium	
90.5	Midlands	Radio 3	BBC	Classical	250.000	Sutton Coldfield	SK 113 003
90.5	Shetland Islands	Radio 3	BBC	Classical	43.000	Bressay	HU 503 387
90.5	East Tayside and North Fife	Radio 3	BBC	Classical	17.000	Forfar	NO 482 409
90.5	Barmouth area, Gwynedd	Radio 3	BBC	Classical	.200	Llwyn Onn	SH 625 175
90.5	Ness of Lewis	Radio 3	BBC	Classical	.200	Ness of Lewis	NB 533 603
90.5	Patna & Dalmellington, Ayrshire	Radio 3	BBC	Classical	.200	Lethanhill	NS 438 105
90.5	Ullapool, Highland	Radio 3	BBC	Classical	.050	Ullapool	NH 142 935
90.5	Trowbridge area, Wiltshire	Radio 3	BBC	Classical	.050	Westwood	ST 817 598
90.5	Windermere & Ambleside, Cmb	Radio 3	BBC	Classical	.064	Windermere	SD 383 980
90.5	Dumbarton & Alexandria	Radio 3	BBC	Classical	.050	Millburn Muir	NS 378 796
90.5	Warrenpoint, Northern Ireland	Radio 3	BBC	Classical	.032	Rostrevor Forest	IJ 189 176
90.5	Wensleydale, North Yorks	Radio 3	BBC	Classical	.027	Wensleydale	SD 992 907
90.5	NE Donegal & North N Ireland	2FM	RTE	Contemporary, Adult	10.000	Moville	
90.5	SE Tipperary & N Waterford	2FM	RTE	Contemporary, Adult	1.000	Clonmel	
90.5	South West County Cork	2FM	RTE	Contemporary, Adult	1.000	Castletownbere	
90.5	Waterford City	2FM	RTE	Contemporary, Adult	.200	Gallows Hill	
90.6	Isle of Man	Radio 3	BBC	Classical	11.000	Douglas	SC 373 746
90.6	Carmarthenshire	Radio 3	BBC	Classical	3.000	Carmel	SN 576 153
90.6	Campbeltown, Strathclyde	Radio 3	BBC	Classical	.400	Campbeltown	NR 707 172
90.6	Folkestone area	Radio 3	BBC	Classical	.100	Folkestone	TR 229 382
90.6	Colwyn Bay area, Clwyd	Radio 3	BBC	Classical	.100	Penmaen Rhos	SH 877 779
90.6	Otley & Ilkley area, W Yorks	Radio 3	BBC	Classical	.064	Wharfedale	SE 198 485
90.6	Hebden Bridge, West Yorks	Radio 3	BBC	Classical	.025	Hebden Bridge	SD 988 267
90.6	Purley & Coulsdon, London	Radio 3	BBC	Classical	.025	Kenley	TQ 329 592
90.6	Ebbw Vale & Tredegar, Gwent	Radio 3	BBC	Classical	.030	Ebbw Vale	SO 159 088
90.6	Peebles, Border Region	Radio 3	BBC	Classical	.020	Peebles	NT 228 416
90.6	Porth area, Mid Glamorgan	Radio 3	BBC	Classical	.010	Porth	ST 029 919
90.6	Walsden, West Yorkshire	Radio 3	BBC	Classical	.010	Walsden South	SD 937 215
90.6	Mid Kerry	2FM	RTE	Contemporary, Adult	1.000	Knockmoyle	
90.6	Casla, Galway	2FM	RTE	Contemporary, Adult	4.000	Casla	
90.7	Central Southern England	Radio 3	BBC	Classical	250.000	Rowridge	SZ 447 865
90.7	North East England	Radio 3	BBC	Classical	134.000	Pontop Pike	NZ 147 527
90.7	Skye, Harris, East N & S Uist	Radio 3	BBC	Classical	30.000	Skriag	NG 451 408
90.7	North Devon	Radio 3	BBC	Classical	1.000	Barnstaple	SS 502 289
90.7	Largs, Rothesay, Clyde Mouth	Radio 3	BBC	Classical	.570	Rothesay	NS 125 691
90.7	Plymouth	Radio 3	BBC	Classical	.040	Plympton	SX 531 555
90.7	Bradford	Radio 3	BBC	Classical	.025	Idle	SE 163 374
90.7	Blaenavon & Abersychan	Radio 3	BBC	Classical	.010	Blaenavon	SO 277 063
90.7	Cwmafan, West Glamorgan	Radio 3	BBC	Classical	.010	Cwmafan	SS 798 936
90.7	County Dublin	2FM	RTE	Contemporary, Adult	10.000	Three Rock	
90.7	West County Waterford	2FM	RTE	Contemporary, Adult	3.000	Dungarvan	
90.7	West Netherlands (4)	Arrow 90.7 FM	Netherlands	Jazz, Classical	100.000	Lopik, Netherlands	
90.8	Milton Keynes and West Beds	Radio 3	BBC	Classical	10.000	Bow Brickhill	SP 914 342
90.8	Herefordshire & NE Gloucs	Radio 3	BBC	Classical	10.000	Ridge Hill	SO 630 333
90.8	West, South & Central Lancs	Radio 3	BBC	Classical	4.000	Winter Hill	SD 660 144
90.8	Fort Augustus area, Highland	Radio 3	BBC	Classical	1.000	Fort Augustus	NH 361 049
90.8	Penicuik, Lothian	Radio 3	BBC	Classical	.200	Penicuik	NT 229 597
90.8	Berwick-upon-Tweed	Radio 3	BBC	Classical	.050	Berwick-upon-Tweed	NT 980 547
90.8	Llangeinor, Pontycymer, M Gm	Radio 3	BBC	Classical	.010	Llangeinor	SS 905 886

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
90.9	Ceredigion & SW Gwynedd	Radio 3	BBC	Classical	250.000	Blaenplwyf	SN 569 756
90.9	Grampian Region	Radio 3	BBC	Classical	150.000	Meldrum	NJ 760 329
90.9	Derry area	Radio 3	BBC	Classical	31.000	Londonderry	IC 404 176
90.9	Lincolnshire & E Humberside	Radio 3	BBC	Classical	16.000	Belmont	TF 217 837
90.9	South East Northern Ireland	Radio 3	BBC	Classical	2.000	Camlough	IJ 055 246
90.9	Torbay	Radio 3	BBC	Classical	1.000	Beacon Hill	SX 857 620
90.9	South West Central Region	Radio 3	BBC	Classical	1.000	Ben Gullipen	NN 598 045
90.9	West Halifax	Radio 3	BBC	Classical	.084	Luddenden	SE 048 248
90.9	Okehampton, Devon	Radio 3	BBC	Classical	.070	Okehampton	SX 586 967
90.9	Abergavenny & Usk Valley	Radio 3	BBC	Classical	.040	Abergavenny	SO 244 126
90.9	Kirkconnel & Sanquhar, D & G	Radio 3	BBC	Classical	.040	Kirkconnel	NS 746 150
90.9	Wigtown Bay area, D & G	Radio 3	BBC	Classical	.064	Cambret Hill	NX 524 578
90.9	Corran and Onich, Highland	Radio 3	BBC	Classical	.050	Ardgour	NM 989 626
90.9	Dunquin, Kerry	2FM	RTE	Contemporary, Adult	.100	Maamclassach	
90.9	Bantry, SW County Cork	2FM	RTE	Contemporary, Adult	2.000	Bantry	
91.0	London area	Radio 3	BBC	Classical	4.000	Crystal Palace	TQ 339 712
91.0	Bodmin area, Cornwall	Radio 3	BBC	Classical	.200	Penaligon Downs	SX 026 683
91.0	Ballycastle, Northern Ireland	Radio 3	BBC	Classical	.100	Ballycastle	ID 077 423
91.0	Isles of Scilly	Radio 3	BBC	Classical	.060	Isles of Scilly	SV 911 124
91.0	Newtownabbey, N Ireland	Radio 3	BBC	Classical	.020	Carmoney Hill	IJ 336 829
91.0	Chippenham, Wiltshire	Radio 3	BBC	Classical	.010	Chippenham	ST 914 751
91.0	Strachur & Inveraray, Strathcl	Radio 3	BBC	Classical	.018	Strachur	NN 094 027
91.0	Rhondda Valley, Mid Glam	Radio 3	BBC	Classical	.006	Ton Pentre	SS 960 955
91.0	West Ireland	2FM	RTE	Contemporary, Adult	160.000	Maghera	
91.0	Falcarragh, Donegal	2FM	RTE	Contemporary, Adult	.300	Magherdorty	
91.1	Channel Islands	Radio 3	BBC	Classical	16.000	Les Platons	
91.1	Clwyd, Merseyside, W Cheshire	Radio 3	BBC	Classical	16.000	Llangollen	SJ 209 488
91.1	Oban area, Highland	Radio 3	BBC	Classical	3.600	Oban	NM 850 290
91.1	Keighley area, West Yorks	Radio 3	BBC	Classical	1.000	Keighley	SE 069 444
91.1	Cambridge area	Radio 3	BBC	Classical	.260	Madingley, Cambridge	TL 392 594
91.1	West Berkshire & East Wilts	Radio 3	BBC	Classical	.125	Membury	SU 307 763
91.1	Girvan, Ayrshire	Radio 3	BBC	Classical	.100	Girvan	NX 211 981
91.1	Todmorden, West Yorks	Radio 3	BBC	Classical	.100	Todmorden	SD 957 241
91.1	Northampton	Radio 3	BBC	Classical	.124	Northampton	SP 760 647
91.1	Chard, Somerset	Radio 3	BBC	Classical	.033	Chard	ST 358 086
91.1	Swansea Valley, W Glam	Radio 3	BBC	Classical	.048	Varteg Hill	SN 776 077
91.1	Carmarthen, Dyfed	Radio 3	BBC	Classical	.007	Carmarthen	SN 412 213
91.1	Brecon, Powys	Radio 3	BBC	Classical	.010	Brecon	SO 030 299
91.1	County Monaghan	2FM	RTE	Contemporary, Adult	3.000	Monaghan	
91.1	North Innishowen	2FM	RTE	Contemporary, Adult	1.000	Malin	
91.1	Dunkerque, France (6)	Skyrock	France	French Rock	1.000	Dunkerque, France	
91.2	Cleveland, S Durham, N Yorks	Radio 3	BBC	Classical	5.000	Bilsdale West Moor	SE 553 962
91.2	Perth area	Radio 3	BBC	Classical	.964	Kirkton Mailer	NO 102 210
91.2	Chesterfield	Radio 3	BBC	Classical	.400	Chesterfield	SK 383 764
91.2	Swindon area	Radio 3	BBC	Classical	.200	Blunsdon	SU 143 900
91.2	South Islay	Radio 3	BBC	Classical	.065	Port Ellen	NR 338 452
91.2	Kendal, Cumbria	Radio 3	BBC	Classical	.100	Kendal	SD 540 912
91.2	Bath	Radio 3	BBC	Classical	.082	Bath	ST 769 654
91.2	Gloucester & Cheltenham	Radio 3	BBC	Classical	.072	Churchdown Hill	SO 880 188
91.2	Exeter	Radio 3	BBC	Classical	.055	St Thomas	SX 898 922
91.2	Abertillery, Gwent	Radio 3	BBC	Classical	.010	Abertillery	SO 244 023
91.2	Croeserw, West Glamorgan	Radio 3	BBC	Classical	.010	Croeserw	SS 858 952
91.2	Minehead, Somerset	Radio 3	BBC	Classical	.010	Minehead	SS 966 452
91.2	Central Isle of Man	Energy FM	Independent	Contemporary	1.200	Snaefell	SC 397 881
91.2	Mid Tipperary	2FM	RTE	Contemporary, Adult	3.000	Suir Valley	
91.2	Kinsale, Cork	2FM	RTE	Contemporary, Adult	.010	Kinsale	
91.3	London & South East England	Radio 3	BBC	Classical	250.000	Wrotham	TQ 595 604
91.3	Border Region	Radio 3	BBC	Classical	50.000	Ashkirk	NT 470 244
91.3	E Lewis, N Skye & W Highland	Radio 3	BBC	Classical	50.000	Melvaig	NG 757 900
91.3	Central Powys	Radio 3	BBC	Classical	2.800	Llandrindod Wells	SO 018 635
91.3	West Dorset	Radio 3	BBC	Classical	.200	Bridport	SY 453 915
91.3	Frome, Somerset	Radio 3	BBC	Classical	.060	Egford Hill	ST 764 481
91.3	Conwy & Llandudno, Gwynd	Radio 3	BBC	Classical	.050	Conwy	SH 781 765
91.3	West Kilbride area, Strathclyde	Radio 3	BBC	Classical	.050	West Kilbride	NS 215 483
91.3	Larne, Northern Ireland	Radio 3	BBC	Classical	.032	Larne	ID 395 037
91.3	Llanfyllin, Powys	Radio 3	BBC	Classical	.014	Llanfyllin	SJ 151 181
91.3	Combe Martin, Devon	Radio 3	BBC	Classical	.004	Combe Martin	SS 582 462
91.3	Kingussie, Highland	Radio 3	BBC	Classical	.035	Kingussie	NN 769 985
91.3	Sandwell, West Midlands	Raaj FM	Community	Punjabi	.025	Sandwell West Bromwich	SP 007 909
91.3	East Ireland	2FM	RTE	Contemporary, Adult	40.000	Kippure	
91.3	Dingle Peninsula, County Kerry	2FM	RTE	Contemporary, Adult	.020	Ballydavid	
91.4	Chalford & Stroud, Gloucs	Radio 3	BBC	Classical	.100	Chalford	SO 883 017
91.4	Pontypool & Cwmbran, Gwent	Radio 3	BBC	Classical	.050	Pontypool	ST 284 990
91.4	Aberdare area, Mid Glam.	Radio 3	BBC	Classical	.042	Aberdare	SO 034 013
91.4	Greenock & Firth of Clyde	Radio 3	BBC	Classical	.032	Rosneath	NS 258 811
91.4	Ogmore Vale, Mid Glamorgan	Radio 3	BBC	Classical	.010	Ogmore Vale	SS 829 894
91.4	Pitlochry & Aberfeldy, Tayside	Radio 3	BBC	Classical	.200	Pitlochry	NN 923 565
91.4	Cork City and East County Cork	2FM	RTE	Contemporary, Adult	10.000	Spur Hill	
91.4	East Donegal	2FM	RTE	Contemporary, Adult	2.000	Holywell Hill	
91.4	North Kerry	2FM	RTE	Contemporary, Adult	2.000	Knockanure Ballybun	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
91.5	North West and Yorkshire	Radio 3	BBC	Classical	250.000	Holme Moss	SE 095 041
91.5	Orkney Islands	Radio 3	BBC	Classical	41.000	Keelylang Hill	HY 378 102
91.5	Pembrokeshire	Radio 3	BBC	Classical	20.000	Haverfordwest	SN 028 261
91.5	South Uist	Radio 3	BBC	Classical	1.000	Daliburgh	NF 736 216
91.5	Bristol	Radio 3	BBC	Classical	1.300	Ilchester Crescent	ST 577 700
91.5	Crieff area, Tayside	Radio 3	BBC	Classical	.125	Crieff	NN 814 200
91.5	Rhymney area, Mid Glam	Radio 3	BBC	Classical	.025	Rhymney	SO 127 042
91.5	Fort William area, Highland	Radio 3	BBC	Classical	1.500	Fort William	NN 117 772
91.5	S Kapdale, E Islay, Jura	Radio 3	BBC	Classical	1.100	South Knapdale	NR 837 748
91.5	Isle of Wight	Angel Radio (Isle of Wight)	Community	Nostalgia	.100	Newport	SZ 513 873
91.5	Central Mayo	2FM	RTE	Contemporary, Adult	3.000	Castlebar	
91.5	Athlone	2FM	RTE	Contemporary, Adult	.100	Athlone	
91.5	Basse Normandie, France (2)	France Culture	Radio France	French Talk	50.000	Caen, France	
91.5	Boulogne, France (5)	Europe 2	France	French Contemporary	1.000	Boulogne, France	
91.6	Fermanagh and South Tyrone	Radio 3	BBC	Classical	9.800	Brougher Mountain	IH 350 527
91.6	South East Grampian Region	Radio 3	BBC	Classical	2.100	Durriss	NO 763 897
91.6	Porthmadog area, Gwynedd	Radio 3	BBC	Classical	.100	Llandecwyn	SH 644 371
91.6	Hexham & Tyne Valley, Nthmb	Radio 3	BBC	Classical	.100	Newton	NZ 036 653
91.6	Teignmouth area, Devon	Radio 3	BBC	Classical	.100	Holcombe Down	SX 934 752
91.6	Weston-super-mare, Avon	Radio 3	BBC	Classical	.040	Hutton	ST 361 588
91.6	Machynlleth, Dyfed	Radio 3	BBC	Classical	.060	Machynlleth	SH 723 003
91.6	Kilkeel, Northern Ireland	Radio 3	BBC	Classical	.025	Kilkeel	IJ 281 180
91.6	Limerick city	2FM	RTE	Contemporary, Adult	2.500	Woodcock H, Limerick	
91.6	Fermoy & Mitchelstown, Cork	2FM	RTE	Contemporary, Adult	.100	Fermoy	
91.6	Dunkerque, France (6)	Europe 1	France	French Talk	1.000	Dunkerque, France	
91.7	Oxon, Bucks, Berks, S Midlands	Radio 3	BBC	Classical	46.000	Oxford	SP 567 105
91.7	Ayrshire	Radio 3	BBC	Classical	10.000	Darvel	NS 557 341
91.7	Tobermoray area, Highland	Radio 3	BBC	Classical	5.000	Glengorm	NM 265 565
91.7	Swansea area	Radio 3	BBC	Classical	.926	Kilvey Hill	SS 672 940
91.7	South Devon	Radio 3	BBC	Classical	.250	Salcombe	SX 753 398
91.7	Axminster & Seaton, Devon	Radio 3	BBC	Classical	.080	Axe Valley	SY 283 945
91.7	Innerleithen, Border	Radio 3	BBC	Classical	.020	Innerleithen	NT 325 368
91.7	Darwen, Lancashire	Radio 3	BBC	Classical	.010	Darwen	SD 708 223
91.7	Newbridge area, Gwent	Radio 3	BBC	Classical	.005	Pennar	ST 209 958
91.7	Ventnor, Isle of Wight	Radio 3	BBC	Classical	.020	Ventnor	SZ 567 783
91.7	West County Galway	2FM	RTE	Contemporary, Adult	3.000	Clifden	
91.7	West Kerry	2FM	RTE	Contemporary, Adult	2.000	Cahirciveen	
91.7	North East Wicklow	2FM	RTE	Contemporary, Adult	1.000	Greystones	
91.8	Inverness & Moray Firth area	Radio 3	BBC	Classical	20.000	Rosemarkie	NH 762 263
91.8	North Northern Ireland	Radio 3	BBC	Classical	3.400	Limavady	IC 711 296
91.8	Tiverton, Devon	Radio 3	BBC	Classical	.300	Gogwell	SS 967 111
91.8	Hastings	Radio 3	BBC	Classical	.500	Hastings	TQ 807 100
91.8	Whitby, North Yorkshire	Radio 3	BBC	Classical	.100	Whitby	NZ 904 113
91.8	Blairstown & Rattray, Tayside	Radio 3	BBC	Classical	.032	Rosemount	NO 203 435
91.8	Ferndale, Mid Glamorgan	Radio 3	BBC	Classical	.010	Ferndale	ST 006 970
91.8	Llyswen area, Powys	Radio 3	BBC	Classical	.010	Llyswen	SO 137 361
91.8	Whalley, Lancashire	Radio 3	BBC	Classical	.010	Whalley	SD 729 352
91.8	Ludlow, Shropshire	Radio 3	BBC	Classical	.010	Ludlow	SO 498 741
91.8	Keswick, Cumbria	Radio 3	BBC	Classical	.030	Keswick Forest	NY 223 244
91.8	Welshpool, Powys	Radio 3	BBC	Classical	.024	Long Mountain	SJ 265 057
91.8	Hayes area, W London	Hayes FM	Community	Mixed Format	.020	St Anselms Church	TQ 098 796
91.8	South East Ireland	2FM	RTE	Contemporary, Adult	100.000	Mount Leinster	
91.8	West Donegal	2FM	RTE	Contemporary, Adult	3.000	Aranmore	
91.9	Norfolk and Suffolk	Radio 3	BBC	Classical	250.000	Tacolneston	TM 131 958
91.9	West Cornwall	Radio 3	BBC	Classical	25.000	Redruth	SW 690 394
91.9	Lampeter & Teifi Valley, Dyfed	Radio 3	BBC	Classical	.400	Mynydd Pencarreg	SN 577 430
91.9	Eyemouth and Border coast	Radio 3	BBC	Classical	.100	Eyemouth	NT 947 599
91.9	Whitehaven area, Cumbria	Radio 3	BBC	Classical	.100	Whitehaven	NX 992 123
91.9	Upper Tame Valley, Gt Mancs	Radio 3	BBC	Classical	.095	Saddleworth	SD 987 050
91.9	Weardale, County Durham	Radio 3	BBC	Classical	.180	Weardale	NZ 025 384
91.9	Newhaven & Seaford, Sussex	Radio 3	BBC	Classical	.100	Newhaven	TQ 435 006
91.9	Lyme Regis, Dorset	Radio 3	BBC	Classical	.050	Lyme Regis	SY 345 935
91.9	Stranraer, D & G	Radio 3	BBC	Classical	.031	Stranraer	NX 111 632
91.9	Leatherhead area, Surrey	Radio 3	BBC	Classical	.025	Mickleham	TQ 163 538
91.9	Barnoldswick area, Lancs	Radio 3	BBC	Classical	.020	Barnoldswick	SD 897 490
91.9	Cornholme, West Yorkshire	Radio 3	BBC	Classical	.020	Cornholme	SD 918 264
91.9	Caterham, Surrey	Radio 3	BBC	Classical	.015	Caterham	TQ 343 557
91.9	Kinlochleven, Highland	Radio 3	BBC	Classical	.010	Kinlochleven	NN 178 630
91.9	Ballybofey, Donegal	2FM	RTE	Contemporary, Adult	1.000	Ballybofey	
91.9	Lahinch, Clare	2FM	RTE	Contemporary, Adult	.200	Lahinch	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
92.0	North Gwynedd & NW Clwyd	Radio 3	BBC	Classical	21.000	Llanddona	SH 782 810
92.0	Isle of Lewis	Radio 3	BBC	Classical	2.000	Eitshal	NB 305 302
92.0	Reading	Radio 3	BBC	Classical	1.000	Hemdean	SU 710 762
92.0	Matlock & Bakewell, Derbys	Radio 3	BBC	Classical	1.200	Stanton Moor	SK 246 637
92.0	Leeds	Radio 3	BBC	Classical	.200	Beecroft Hill	SE 237 350
92.0	West Tyneside, Tyne & Wear	Radio 3	BBC	Classical	.042	Fenham	NZ 216 648
92.0	Llanrhaeadr ym Mochnant, Cl	Radio 3	BBC	Classical	.050	Llanrhaeadr ym Moch.	SJ 174 260
92.0	Salisbury, Wiltshire	Radio 3	BBC	Classical	.020	Salisbury	SU 136 285
92.0	Dartmouth area, Devon	Radio 3	BBC	Classical	.005	Kingswear	SX 887 511
92.0	Speyside, Highland	Radio 3	BBC	Classical	.350	Grantown	NJ 003 267
92.0	Newham, E London	NuSound Radio	Community	Mixed Format	.025	Forest Gate	TQ 411 851
92.0	Co Longford and North Midlands	2FM	RTE	Contemporary, Adult	16.000	Cairn Hill	
92.0	North Donegal	2FM	RTE	Contemporary, Adult	4.000	Fanad	
92.0	Cork City	2FM	RTE	Contemporary, Adult	.200	Collins Barracks	
92.0	Haute Normandie, France (2)	France Musique	Radio France	French Classical	100.000	Rouen, France	
92.0	Boulogne, France (5)	Radio 6	France	French		Boulogne, France	
92.1	Central Scotland	Radio 3	BBC	Classical	250.000	Black Hill	NS 828 647
92.1	South Wales & West England	Radio 3	BBC	Classical	250.000	Wenvoe	ST 110 742
92.1	Sheffield	Radio 3	BBC	Classical	.320	Tapton Hill, Sheffield	SK 324 870
92.1	Scarborough area, N Yorks	Radio 3	BBC	Classical	.250	Oliver's Mount	SX 040 869
92.1	Haslingden area, Lancs	Radio 3	BBC	Classical	.083	Haslingden	SD 795 236
92.1	Ivybridge, Devon	Radio 3	BBC	Classical	.050	Ivybridge	SX 631 538
92.1	West Hertfordshire	Three Counties Radio	BBC	Mixed Format	.400	Hemel Hempstead	TL 088 045
92.1	Wirral	7 Waves	Community	Mixed Format	.051	Moreton	SU 271 899
92.1	North West Mayo	2FM	RTE	Contemporary, Adult	2.000	Achill	
92.2	South Cumbria & NW Lancs	Radio 3	BBC	Classical	10.000	Morecambe Bay	SD 239 791
92.2	Thirsk & Northallerton area	Radio 3	BBC	Classical	5.000	Woolmoor	SE 457 881
92.2	Weymouth, Dorset	Radio 3	BBC	Classical	.130	Weymouth	SY 663 779
92.2	Bexhill, East Sussex	Radio 3	BBC	Classical	.100	Bexhill	TQ 744 080
92.2	Buxton, Derbyshire	Radio 3	BBC	Classical	.100	Buxton	SK 060 753
92.2	High Wycombe	Radio 3	BBC	Classical	.050	High Wycombe	SU 856 942
92.2	South West Ireland	2FM	RTE	Contemporary, Adult	160.000	Mullaghanish	
92.2	Dunkerque, France (6)	Fun Radio	France	French Pop	1.000	Dunkerque, France	
92.3	East & Central Northern Ireland	Radio 3	BBC	Classical	250.000	Divis	IJ 286 750
92.3	Cambs, Beds, S Lincs, E Nthnts	Radio 3	BBC	Classical	40.000	Peterborough	TL 127 913
92.3	Thurso & Wick area, Highland	Radio 3	BBC	Classical	10.000	Rumster Forest	ND 197 385
92.3	North Northumberland	Radio 3	BBC	Classical	5.600	Chatton	NU 105 264
92.3	Brighton and Worthing area	Radio 3	BBC	Classical	.600	Whitehawk Hill	TQ 330 045
92.3	Basingstoke	Radio 3	BBC	Classical	.200	Basingstoke	SU 600 488
92.3	Marlborough area, Wilts	Radio 3	BBC	Classical	.100	Marlborough	SU 209 688
92.3	Newcastle Emlyn area, Dyfed	Radio 3	BBC	Classical	.088	Llandyfriog	SN 348 412
92.3	Dee Valley, Grampian	Radio 3	BBC	Classical	.042	Tullich	NO 379 984
92.3	Newtown, Powys	Radio 3	BBC	Classical	.036	Llandinam	SO 050 877
92.3	Dolgellau, Gwynedd	Radio 3	BBC	Classical	.016	Dolgellau	SH 727 185
92.3	Verwood area, Dorset	Forest FM	Community	Mixed Format	.020	Verwood Enterprise Park	SU 103 081
92.3	Runcorn & Widnes, Cheshire	Halton FM	Community	Mixed Format	.025	Halton	SJ537818
92.4	East Kent	Radio 3	BBC	Classical	11.000	Swingate	TR 334 429
92.4	West Yorkshire	Radio Leeds	BBC	Mixed Format	4.600	Holme Moss	SE 095 041
92.4	Hay on Wye area	Radio Cymru	BBC	Welsh	.010	Clyro	SO 204 432
92.5	N Cumbria & S W Scotland	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Sandale	NY 266 398
92.5	Devon and East Cornwall	Radio 4 FM	BBC	Talk, News, Entertainment	160.000	North Hessary Tor	SX 178 742
92.5	North East Essex & South Suffolk	Radio 4 FM	BBC	Talk, News, Entertainment	5.000	Manningtree	TM 123 295
92.5	West Surrey and NE Hampshire	Radio 4 FM	BBC	Talk, News, Entertainment	3.000	Guildford	SU 975 486
92.5	Grantham, Lincolnshire	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Grantham	SK 905 337
92.5	Cirencester	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Cirencester Town	SP 023 021
92.5	North Uist	Radio Scotland (Highland)	BBC	Mixed Format	2.000	Cletraval	NF 751 716
92.5	North Islay (mono)	Radio Scotland (Central)	BBC	Mixed Format	.080	Bowmore	NR 318 590
92.5	Ballachulish, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.025	Ballachulish	NN 059 593
92.5	Portree, Skye	Radio Scotland (Highland)	BBC	Mixed Format	.010	Penifiler	NG 489 417
92.5	Mallaig, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.014	Mallaig	NM 676 965
92.5	Deiniolen & Llanberis, Gwynd	Radio Cymru	BBC	Welsh	.050	Deiniolen	SH 576 621
92.5	Ffestiniog area, Gwynedd	Radio Cymru	BBC	Welsh	.049	Ffestiniog	SH 709 392
92.5	Llanidloes, Powys	Radio Cymru	BBC	Welsh	.005	Llanidloes	SN 948 844
92.5	Northwich & Middlewich area	Cheshire FM	Community	Mixed Format	.019	Northwich	SJ 663 687
92.5	Kilkee, Clare	Radio Corca Baiscinn	Irish Community	Mixed Format			
92.5	North West Dublin	Phoenix FM	Irish Community	Mixed Format	.025		
92.6	Burnley & Colne Valley, Lancs	Radio 3	BBC	Classical	1.000	Pendle Forest	SD 825 384
92.6	Nailsworth & Stroud, Gloucs	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Nailsworth	ST 849 990
92.6	Newbury & West Berkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Newbury	SU 494 687
92.6	Calne, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.032	Calne	ST 997 699
92.6	North West Grampian	Radio Scotland (Highland)	BBC	Mixed Format	.500	Knock More	NJ 321 497
92.6	Vale of Neath, West Glam	Radio Cymru	BBC	Welsh	.010	Rheola	SN 841 061
92.6	Betws-y-Coed & Llanrwst	Radio Cymru	BBC	Welsh	.010	Betws-y-Coed	SH 825 582
92.6	St Albans	Radio Verulam	Community	Mixed Format	.050	St Albans	TL 150 076
92.6	North West Ireland	Raidio na Gaeltachta	RTE	Irish	120.000	Truskmore	
92.6	South East County Cork	Raidio na Gaeltachta	RTE	Irish	3.000	Crosshaven	
92.6	West Netherlands (4)	NOS Radio 2	NOS	Dutch Adult, Oldies, Easy	100.000	Lopik, Netherlands	
92.6	Dunkerque, France (6)	France Bleu Nord	Radio France	French Oldies		Dunkerque, France	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
92.7	Midlands	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Sutton Coldfield	SK 113 003
92.7	Trowbridge area, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Westwood	ST 817 598
92.7	Windermere & Ambleside, Cmb	Radio 4 FM	BBC	Talk, News, Entertainment	.064	Windermere	SD 383 980
92.7	Wensleydale, North Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.027	Wensleydale	SD 992 907
92.7	Shetland Islands	Radio Scotland (Shetland)	BBC	Mixed Format	43.000	Bressay	HU 503 387
92.7	East Tayside and North Fife	Radio Scotland (Central)	BBC	Mixed Format	17.000	Forfar	NO 482 409
92.7	Ness of Lewis	Radio Scotland (Highland)	BBC	Mixed Format	.200	Ness of Lewis	NB 533 603
92.7	Patna & Dalmellington, Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	.200	Lethanhill	NS 438 105
92.7	Ullapool, Highland	Radio Scotland (Central)	BBC	Mixed Format	.050	Ullapool	NH 142 935
92.7	Dumbarton & Alexandria	Radio Scotland (Central)	BBC	Mixed Format	.050	Millburn Muir	NS 378 796
92.7	Warrenpoint, Northern Ireland	Radio Ulster	BBC	Mixed Format	.032	Rostrevor Forest	IJ 189 176
92.7	Barmouth area, Gwynedd	Radio Cymru (West)	BBC	Welsh	.200	Llwyn Onn	SH 625 175
92.7	NE Donegal & North N Ireland	Raidio na Gaeltachta	RTE	Irish	10.000	Moiville	
92.7	SE Tipperary & N Waterford	Raidio na Gaeltachta	RTE	Irish	1.000	Clonmel	
92.7	South West County Cork	Raidio na Gaeltachta	RTE	Irish	1.000	Castletownbere	
92.7	Waterford City	Raidio na Gaeltachta	RTE	Irish	.200	Gallows Hill	
92.7	Boulogne, France (5)	Skyrock	France	French Rock	1.000	Boulogne, France	
92.8	Isle of Man	Radio 4 FM	BBC	Talk, News, Entertainment	11.000	Douglas	SC 373 746
92.8	Carmarthenshire	Radio 4 FM	BBC	Talk, News, Entertainment	3.000	Carmel	SN 576 153
92.8	Otley & Ilkley area, W Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.064	Wharfedale	SE 198 485
92.8	Hebden Bridge, West Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.025	Hebden Bridge	SD 988 267
92.8	Purley & Coulsdon, London	Radio 4 FM	BBC	Talk, News, Entertainment	.025	Kenley	TQ 329 592
92.8	Ebbw Vale & Tredegar, Gwent	Radio 4 FM	BBC	Talk, News, Entertainment	.030	Ebbw Vale	SO 159 088
92.8	Porth area, Mid Glamorgan	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Porth	ST 029 919
92.8	Walsden, West Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Walsden South	SD 937 215
92.8	Manchester	Unity Radio	Community	New Music, Pop	.037	Portland Tower	SJ 842 979
92.8	Campbeltown, Strathclyde	Radio Scotland (Central)	BBC	Mixed Format	.400	Campbeltown	NR 707 172
92.8	Peebles, Border Region	Radio Scotland (Borders)	BBC	Mixed Format	.020	Peebles	NT 228 416
92.8	Colwyn Bay area, Clwyd	Radio Cymru	BBC	Welsh	.100	Penmaen Rhos	SH 877 779
92.8	Mid Kerry	Raidio na Gaeltachta	RTE	Irish	1.000	Knockmoyle	
92.8	Casla, Galway	Raidio na Gaeltachta	RTE	Irish	4.000	Casla	
92.9	Central Southern England	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Rowridge	SZ 447 865
92.9	North East England	Radio 4 FM	BBC	Talk, News, Entertainment	134.000	Pontop Pike	NZ 147 527
92.9	North Devon	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Barnstaple	SS 502 289
92.9	Plymouth	Radio 4 FM	BBC	Talk, News, Entertainment	.040	Plympton	SX 531 555
92.9	Bradford	Radio 4 FM	BBC	Talk, News, Entertainment	.025	Idle	SE 163 374
92.9	Blaenavon & Abersychan	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Blaenavon	SO 277 063
92.9	Cwmafan, West Glamorgan	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Cwmafan	SS 798 936
92.9	Skye, Harris, East N & S Uist	Radio Scotland (Highland)	BBC	Mixed Format	30.000	Skriag	NG 451 408
92.9	Largs, Rothesay, Clyde Mouth	Radio Scotland (Central)	BBC	Mixed Format	.570	Rothesay	NS 125 691
92.9	County Dublin	Raidio na Gaeltachta	RTE	Irish	10.000	Three Rock	
92.9	West County Waterford	Raidio na Gaeltachta	RTE	Irish	3.000	Dungarvan	
93.0	Milton Keynes and West Beds	Radio 4 FM	BBC	Talk, News, Entertainment	10.000	Bow Brickhill	SP 914 342
93.0	Herefordshire & NE Gloucs	Radio 4 FM	BBC	Talk, News, Entertainment	10.000	Ridge Hill	SO 630 333
93.0	West, South & Central Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	4.000	Winter Hill	SD 660 144
93.0	Berwick- upon- Tweed	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Berwick- upon- Tweed	NT 980 547
93.0	Llangeinor, Pontycymer, M Gm	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Llangeinor	SS 905 886
93.0	Fort Augustus area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	1.000	Fort Augustus	NH 361 049
93.0	Crubenmore & Dalwhinnie, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.200	Crubenmore	NN 666 904
93.0	Penicuik, Lothian	Radio Scotland (Central)	BBC	Mixed Format	.200	Penicuik	NT 229 597
93.0	West Bretagne, France (3)	France Bleu Breiz Izel	Radio France	French Oldies	170.000	Brest, France	
93.1	Lincolnshire & E Humberside	Radio 4 FM	BBC	Talk, News, Entertainment	16.000	Belmont	TF 217 837
93.1	Torbay	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Beacon Hill	SX 857 620
93.1	Folkestone area	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Folkestone	TR 229 382
93.1	West Halifax	Radio 4 FM	BBC	Talk, News, Entertainment	.084	Luddenden	SE 048 248
93.1	Okehampton, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.070	Okehampton	SX 586 967
93.1	Abergavenny & Usk Valley	Radio 4 FM	BBC	Talk, News, Entertainment	.040	Abergavenny	SO 244 126
93.1	Grampian Region	Radio Scotland (Aberdeen)	BBC	Mixed Format	150.000	Meldrum	NJ 760 329
93.1	South West Central Region	Radio Scotland (Central)	BBC	Mixed Format	1.000	Ben Gullipen	NN 598 045
93.1	Blair Atholl, Tayside	Radio Scotland (Central)	BBC	Mixed Format	.100	Blair Atholl	NN 894 150
93.1	Kirkconnel & Sanquhar, D & G	Radio Scotland (Central)	BBC	Mixed Format	.040	Kirkconnel	NS 746 158
93.1	Wigtown Bay area, D & G	Radio Scotland (Dumfries)	BBC	Mixed Format	.064	Cambret Hill	NX 524 578
93.1	Corran and Onich, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.050	Ardgour	NM 989 626
93.1	Derry area	Radio Ulster/ Radio Foyle	BBC	Mixed Format	31.000	Londonderry	IC 404 176
93.1	South East Northern Ireland	Radio Ulster	BBC	Mixed Format	2.000	Camrrough	IJ 055 246
93.1	Ceredigion & SW Gwynedd	Radio Cymru	BBC	Welsh	250.000	Blaenplwyf	SN 569 756
93.1	Dunquin, Kerry	Raidio na Gaeltachta	RTE	Irish	.100	Maamclassach	
93.1	Bantry, SW County Cork	Raidio na Gaeltachta	RTE	Irish	2.000	Bantry	
93.1	Cork City	Life FM	Irish Community	Christian		Cork	
93.2	London area	Radio 4 FM	BBC	Talk, News, Entertainment	4.000	Crystal Palace	TQ 339 712
93.2	Bodmin area, Cornwall	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Penaligon Downs	SX 026 683
93.2	Ballycastle, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Ballycastle	ID 077 423
93.2	Isles of Scilly	Radio 4 FM	BBC	Talk, News, Entertainment	.060	Isles of Scilly	SV 911 124
93.2	Newtownabbey, N Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Carmoney Hill	IJ 336 829
93.2	Chippenham, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Chippenham	ST 914 751
93.2	Guernsey and Sark	Radio Guernsey	BBC	Mixed Format	1.000	Les Touillets	UT 307 786
93.2	Strachur & Inveraray, Strathcl	Radio Scotland (Central)	BBC	Mixed Format	.018	Strachur	NN 094 027
93.2	Rhondda Valley, Mid Glam	Radio Cymru	BBC	Welsh	.006	Ton Pentre	SS 960 955
93.2	Bristol	Bristol Community FM	Community	Mixed Format	.020	Barton Hill	ST 610 731
93.2	Central Sheffield	Sheffield Live	Community	Mixed Format	.031	Tapton Hill, Sheffield	SK 324 870
93.2	West Ireland	Raidio na Gaeltachta	RTE	Irish	160.000	Maghera	
93.2	Falcarragh, Donegal	Raidio na Gaeltachta	RTE	Irish	.300	Magherdorty	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
93.3	Clwyd, Merseyside, W Cheshire	Radio 4 FM	BBC	Talk, News, Entertainment	16.000	Llangollen	SJ 209 488
93.3	Keighley area, West Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Keighley	SE 069 444
93.3	Cambridge area	Radio 4 FM	BBC	Talk, News, Entertainment	.260	Madingley, Cambridge	TL 392 594
93.3	West Berkshire & East Wilts	Radio 4 FM	BBC	Talk, News, Entertainment	.125	Membury	SU 307 763
93.3	Todmorden, West Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Todmorden	SD 957 241
93.3	Northampton	Radio 4 FM	BBC	Talk, News, Entertainment	.124	Northampton	SP 760 647
93.3	Chard, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.033	Chard	ST 358 086
93.3	Oban area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	3.600	Oban	NM 850 290
93.3	Girvan, Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	.100	Girvan	NX 211 981
93.3	Swansea Valley, W Glam	Radio Cymru	BBC	Welsh	.048	Varteg Hill	SN 776 077
93.3	Carmarthen, Dyfed	Radio Cymru	BBC	Welsh	.007	Carmarthen	SN 412 213
93.3	Brecon, Powys	Radio Cymru	BBC	Welsh	.010	Brecon	SO 030 299
93.3	County Monaghan	Raidio na Gaeltachta	RTE	Irish	3.000	Monaghan	
93.3	North Inishowen	Raidio na Gaeltachta	RTE	Irish	1.000	Malin	
93.3	Dunkerque, France (6)	Radio Rencontre	France	French		Dunkerque, France	
93.4	Cleveland, S Durham, N Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	5.000	Bilsdale West Moor	SE 553 962
93.4	Chesterfield	Radio 4 FM	BBC	Talk, News, Entertainment	.400	Chesterfield	SK 383 764
93.4	Swindon area	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Blunsdon	SU 143 900
93.4	Kendal, Cumbria	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Kendal	SD 540 912
93.4	Bath	Radio 4 FM	BBC	Talk, News, Entertainment	.082	Bath	ST 769 654
93.4	Gloucester & Cheltenham	Radio 4 FM	BBC	Talk, News, Entertainment	.072	Churchdown Hill	SO 880 188
93.4	Exeter	Radio 4 FM	BBC	Talk, News, Entertainment	.055	St Thomas	SX 898 922
93.4	Abertillery, Gwent	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Abertillery	SO 244 023
93.4	Minehead, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Minehead	SS 966 452
93.4	Perth area	Radio Scotland (Central)	BBC	Mixed Format	.964	Kirkton Mailer	NO 102 210
93.4	South Islay (mono)	Radio Scotland (Central)	BBC	Mixed Format	.065	Port Ellen	NR 338 452
93.4	Croeserw, West Glamorgan	Radio Cymru	BBC	Welsh	.010	Croeserw	SS 858 952
93.4	North Isle of Man	Energy FM	Independent	Contemporary	1.200	Jurby	SC 365 991
93.4	Mid Tipperary	Raidio na Gaeltachta	RTE	Irish	3.000	Suir Valley	
93.4	Kinsale, Cork	Raidio na Gaeltachta	RTE	Irish	.010	Kinsale	
93.5	London & South East England	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Wrotham	TQ 595 604
93.5	West Dorset	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Bridport	SY 453 915
93.5	Frome, Somerset	Radio 4 FM	BBC	Talk, News, Entertainment	.060	Egford Hill	ST 764 481
93.5	Llanfyllin, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.014	Llanfyllin	SJ 151 181
93.5	Combe Martin, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.004	Combe Martin	SS 582 462
93.5	Border Region	Radio Scotland (Borders)	BBC	Mixed Format	50.000	Ashkirk	NT 470 244
93.5	E Lewis, N Skye & W Highland	Radio Scotland (Highland)	BBC	Mixed Format	50.000	Melvaig	NG 757 900
93.5	West Kilbride area, Strathclyde	Radio Scotland (Central)	BBC	Mixed Format	.050	West Kilbride	NS 215 483
93.5	Kingussie, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.035	Kingussie	NN 769 985
93.5	Larne, Northern Ireland	Radio Ulster	BBC	Mixed Format	.032	Larne	ID 395 037
93.5	Central Powys	Radio Cymru	BBC	Welsh	2.800	Llandrindod Wells	SO 018 635
93.5	Conwy & Llandudno, Gwynnd	Radio Cymru	BBC	Welsh	.050	Conwy	SH 781 765
93.5	East Birmingham	Unity FM	Community	Mixed Format	.025	Birmingham East	SP 089 860
93.5	East Ireland	Raidio na Gaeltachta	RTE	Irish	40.000	Kippure	
93.5	Dingle Peninsula, County Kerry	Raidio na Gaeltachta	RTE	Irish	.020	Ballydavid	
93.5	East Bretagne, France (3)	France Inter	Radio France	French Mixed format	100.000	Rennes, France	
93.6	Chalford & Stroud, Gloucs	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Chalford	SO 883 017
93.6	Ogmore Vale, Mid Glamorgan	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Ogmore Vale	SS 929 894
93.6	Greenock & Firth of Clyde	Radio Scotland (Central)	BBC	Mixed Format	.032	Rosneath	NS 258 811
93.6	Pitlochry & Aberfeldy, Tayside	Radio Scotland (Central)	BBC	Mixed Format	.200	Pitlochry	NN 923 565
93.6	Pontypool & Cwmbran, Gwent	Radio Cymru	BBC	Welsh	.050	Pontypool	ST 284 990
93.6	Aberdare area, Mid Glam.	Radio Cymru	BBC	Welsh	.042	Aberdare	SO 034 013
93.6	Cork City and East County Cork	Raidio na Gaeltachta	RTE	Irish	10.000	Spur Hill	
93.6	East Donegal	Raidio na Gaeltachta	RTE	Irish	2.000	Holywell Hill	
93.6	North Kerry	Raidio na Gaeltachta	RTE	Irish	2.000	Knockanure Ballybun	
93.7	North West and Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Holme Moss	SE 095 041
93.7	Bristol	Radio 4 FM	BBC	Talk, News, Entertainment	1.300	Ilchester Crescent	ST 577 700
93.7	Rhymney area, Mid Glam	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Rhymney	SO 127 042
93.7	Orkney Islands	Radio Scotland (Orkney)	BBC	Mixed Format	41.000	Keelylang Hill	HY 378 102
93.7	South Uist	Radio Scotland (Highland)	BBC	Mixed Format	1.000	Daliburgh	NF 736 216
93.7	Crieff area, Tayside	Radio Scotland (Central)	BBC	Mixed Format	.125	Crieff	NN 814 200
93.7	Fort William area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	1.500	Fort William	NN 117 772
93.7	S Kapdale, E Islay, Jura	Radio Scotland (Central)	BBC	Mixed Format	1.100	South Knapdale	NR 837 748
93.7	Pembrokeshire	Radio Cymru	BBC	Welsh	20.000	Haverfordwest	SN 028 261
93.7	Alderney	Island FM	Tindle	Adult	.010	Fort Albert	WA 589 086
93.7	Portsmouth	Express FM	Community	New Music	.020	Ladywood House	SZ 645 999
93.7	Central Mayo	Raidio na Gaeltachta	RTE	Irish	3.000	Castlebar	
93.8	Hexham & Tyne Valley, Nthmb	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Newton	NZ 036 653
93.8	Teignmouth area, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Holcombe Down	SX 934 752
93.8	Weston-super-mare, Avon	Radio 4 FM	BBC	Talk, News, Entertainment	.040	Hutton	ST 361 588
93.8	Ventnor, Isle of Wight	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Ventnor	SZ 567 783
93.8	South East Grampian Region	Radio Scotland (Aberdeen)	BBC	Mixed Format	2.100	Durriss	NO 763 897
93.8	Fermanagh and South Tyrone	Radio Ulster	BBC	Mixed Format	9.800	Brougher Mountain	IH 350 527
93.8	Kilkeel, Northern Ireland	Radio Ulster	BBC	Mixed Format	.025	Kilkeel	IJ 281 180
93.8	Porthmadog area, Gwynedd	Radio Cymru	BBC	Welsh	.100	Llandecwyn	SH 644 371
93.8	Machynlleth, Dyfed	Radio Cymru	BBC	Welsh	.060	Machynlleth	SH 723 003
93.8	Limerick city	Raidio na Gaeltachta	RTE	Irish	2.500	Woodcock H, Limerick	
93.8	Fermoy & Mitchelstown, Cork	Raidio na Gaeltachta	RTE	Irish	.100	Fermoy	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
93.9	Oxon, Bucks, Berks, S Midlands	Radio 4 FM	BBC	Talk, News, Entertainment	46.000	Oxford	SP 567 105
93.9	South Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.250	Salcombe	SX 753 398
93.9	Axminster & Seaton, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.080	Axe Valley	SY 283 945
93.9	Darwen, Lancashire	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Darwen	SD 708 223
93.9	Newbridge area, Gwent	Radio 4 FM	BBC	Talk, News, Entertainment	.005	Pennar	ST 209 958
93.9	Ayrshire	Radio Scotland (Central)	BBC	Mixed Format	10.000	Darvel	NS 557 341
93.9	Tobermory area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	5.000	Glengorm	NM 265 565
93.9	Innerleithen, Border	Radio Scotland (Borders)	BBC	Mixed Format	.020	Innerleithen	NT 325 368
93.9	Swansea area	Radio Wales	BBC	Mixed Format	.926	Kilvey Hill	SS 672 940
93.9	West County Galway	Raidio na Gaeltachta	RTE	Irish	3.000	Clifden	
93.9	West Kerry	Raidio na Gaeltachta	RTE	Irish	2.000	Cahirciveen	
93.9	North East Wicklow	Raidio na Gaeltachta	RTE	Irish	1.000	Greystones	
93.9	South Dublin	South Dublin Community R	Irish Community	Mixed Format	.025	Dundrum	
94.0	North Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	3.400	Limavady	IC 711 296
94.0	Tiverton, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.300	Gogwell	SS 967 111
94.0	Whitby, North Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Whitby	NZ 904 113
94.0	Ferndale, Mid Glamorgan	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Ferndale	ST 006 970
94.0	Whalley, Lancashire	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Whalley	SD 729 352
94.0	Ludlow, Shropshire	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Ludlow	SO 498 741
94.0	Keswick, Cumbria	Radio 4 FM	BBC	Talk, News, Entertainment	.030	Keswick Forest	NY 223 244
94.0	Welshpool, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.024	Long Mountain	SJ 265 057
94.0	Llyswen area, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Llyswen	SO 137 361
94.0	Inverness & Moray Firth area	Radio Scotland (Highland)	BBC	Mixed Format	20.000	Rosemarkie	NH 762 623
94.0	Blaigowrie & Ratray, Tayside	Radio Scotland (Central)	BBC	Mixed Format	.032	Rosemount	NO 203 435
94.0	Newham, East London	Radio Ummah	Community	Asian	.025	Goodmayes	TQ 463 872
94.0	South East Ireland	Raidio na Gaeltachta	RTE	Irish	100.000	Mount Leinster	
94.0	West Donegal	Raidio na Gaeltachta	RTE	Irish	3.000	Aranmore	
94.0	Haute Normandie, France (2)	France Culture	Radio France	French Talk	100.000	Rouen, France	
94.1	Norfolk and Suffolk	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Tacolneston	TM 131 958
94.1	West Cornwall	Radio 4 FM	BBC	Talk, News, Entertainment	25.000	Redruth	SW 690 394
94.1	Whitehaven area, Cumbria	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Whitehaven	NX 992 123
94.1	Upper Tame Valley, Gt Mancs	Radio 4 FM	BBC	Talk, News, Entertainment	.095	Saddleworth	SD 987 050
94.1	Weardale, County Durham	Radio 4 FM	BBC	Talk, News, Entertainment	.180	Weardale	NZ 025 384
94.1	Newhaven & Seaford, Sussex	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Newhaven	TQ 435 006
94.1	Lyme Regis, Dorset	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Lyme Regis	SY 345 935
94.1	Leatherhead area, Surrey	Radio 4 FM	BBC	Talk, News, Entertainment	.025	Mickleham	TQ 163 538
94.1	Barnoldswick area, Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Barnoldswick	SD 897 490
94.1	Cornholme, West Yorkshire	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Cornholme	SD 918 264
94.1	Caterham, Surrey	Radio 4 FM	BBC	Talk, News, Entertainment	.015	Caterham	TQ 343 557
94.1	Eye-mouth and Border coast	Radio Scotland (Borders)	BBC	Mixed Format	.100	Eye-mouth	NT 947 599
94.1	Stranraer, D & G	Radio Scotland (Dumfries)	BBC	Mixed Format	.031	Stranraer	NX 111 632
94.1	Kinlochleven, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.010	Kinlochleven	NN 178 630
94.1	Lampeter & Teifi Valley, Dyfed	Radio Cymru	BBC	Welsh	.400	Mynydd Pencarreg	SN 577 430
94.1	Ballybofey, Donegal	Raidio na Gaeltachta	RTE	Irish	1.000	Ballybofey	
94.1	Cork City	Raidio na Gaeltachta	RTE	Irish	.200	Collins Barracks	
94.1	Lahinch, Clare	Raidio na Gaeltachta	RTE	Irish	.200	Lehinch	
94.2	Reading	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Hemdean	SU 710 762
94.2	Matlock & Bakewell, Derbys	Radio 4 FM	BBC	Talk, News, Entertainment	1.200	Stanton Moor	SK 246 637
94.2	Hastings	Radio 4 FM	BBC	Talk, News, Entertainment	.500	Hastings	TQ 807 100
94.2	Leeds	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Beecroft Hill	SE 237 350
94.2	West Tyneside, Tyne & Wear	Radio 4 FM	BBC	Talk, News, Entertainment	.042	Fenham	NZ 216 648
94.2	Llanrhaeadr ym Mochnant, Cl	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Llanrhaeadr ym Moch.	SJ 174 260
94.2	Salisbury, Wiltshire	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Salisbury	SU 136 285
94.2	Dartmouth area, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.005	Kingswear	SX 887 511
94.2	Isle of Lewis	Radio Scotland (Highland)	BBC	Mixed Format	2.000	Eitshal	NB 305 302
94.2	Dalnacardoch, Tayside	Radio Scotland (Central)	BBC	Mixed Format	.025	Dalnacardoch Wood	NN 720 714
94.2	North Gwynedd & NW Clwyd	Radio Cymru	BBC	Welsh	21.000	Llanddona	SH 782 810
94.2	Co Longford and North Midlands	Raidio na Gaeltachta	RTE	Irish	16.000	Cairn Hill	
94.2	North Donegal	Raidio na Gaeltachta	RTE	Irish	4.000	Fanad	
94.2	Dooradoyle, Co. Limerick	Regional Hospital Radio	Irish Hospital	Mixed Format			
94.3	South Wales & West England	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Wenvoe	ST 110 742
94.3	Sheffield	Radio 4 FM	BBC	Talk, News, Entertainment	.320	Tapton Hill, Sheffield	SK 324 870
94.3	Scarborough area, N Yorks	Radio 4 FM	BBC	Talk, News, Entertainment	.250	Oliver's Mount	SX 040 869
94.3	Haslingden area, Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	.083	Haslingden	SD 795 236
94.3	Ivybridge, Devon	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Ivybridge	SX 631 538
94.3	Central Scotland	Radio Scotland (Central)	BBC	Mixed Format	250.000	Black Hill	NS 828 647
94.3	Newham, East London	Voice of Africa	Community	African	.025	Plaistow	TQ 392 853
94.3	North West Mayo	Raidio na Gaeltachta	RTE	Irish	2.000	Achill	
94.4	East Kent	Radio 4 FM	BBC	Talk, News, Entertainment	11.000	Swingate	TR 334 429
94.4	South Cumbria & NW Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	10.000	Morecambe Bay	SD 239 791
94.4	Thirsk & Northallerton area	Radio 4 FM	BBC	Talk, News, Entertainment	5.000	Woolmoor	SE 457 881
94.4	Weymouth, Dorset	Radio 4 FM	BBC	Talk, News, Entertainment	.130	Weymouth	SY 663 779
94.4	Buxton, Derbyshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Buxton	SK 060 753
94.4	High Wycombe	Radio 4 FM	BBC	Talk, News, Entertainment	.050	High Wycombe	SU 856 942
94.4	Salford and Swinton, Manchester	Salford City Radio	Community	Mixed Format	.025	Swinton Civic Centre	SD 775 016
94.4	South West Ireland	Raidio na Gaeltachta	RTE	Irish	160.000	Mullaghinish	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
94.5	Cambis, Beds, S Lincs, E Nthts	Radio 4 FM	BBC	Talk, News, Entertainment	40.000	Peterborough	TL 127 913
94.5	North Northumberland	Radio 4 FM	BBC	Talk, News, Entertainment	5.600	Chatton	NU 105 264
94.5	Brighton and Worthing area	Radio 4 FM	BBC	Talk, News, Entertainment	.600	Whitehawk Hill	TQ 330 045
94.5	Basingstoke	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Basingstoke	SU 600 488
94.5	Marlborough area, Wilts	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Marlborough	SU 209 888
94.5	Newtown, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.036	Llandinam	SO 050 877
94.5	Thurso & Wick area, Highland	Radio Scotland (Highland)	BBC	Mixed Format	10.000	Rumster Forest	ND 197 385
94.5	Dee Valley, Grampian	Radio Scotland (Aberdeen)	BBC	Mixed Format	.042	Tullich	NO 379 984
94.5	East & Central Northern Ireland	Radio Ulster	BBC	Mixed Format	250.000	Divis	IJ 286 750
94.5	Newcastle Emlyn area, Dyfed	Radio Cymru	BBC	Welsh	.088	Llandyfriog	SN 348 412
94.5	Dolgellau, Gwynedd	Radio Cymru	BBC	Welsh	.016	Dolgellau	SH 727 185
94.6	Burnley & Colne Valley, Lancs	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Pendle Forest	SD 825 384
94.6	Perth area	Radio 4 FM	BBC	Talk, News, Entertainment	.964	Kirkton Mailer	NO 102 210
94.6	Swansea area	Radio 4 FM	BBC	Talk, News, Entertainment	.926	Kilvey Hill	SS 672 940
94.6	Bexhill, East Sussex	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Bexhill	TQ 744 080
94.6	Speyside, Highland	Radio Scotland (Highland)	BBC	Mixed Format	.350	Grantown	NJ 003 267
94.6	Henley, Oxon & Marlow, Bucks	Radio Berkshire	BBC	Mixed Format	.250	Henley	SU 780 822
94.6	Stoke-on-Trent area	Radio Stoke	BBC	Mixed Format	6.100	Alsagers Bank	SJ 812 478
94.6	Porth area, Mid Glamorgan	Radio Wales	BBC	Mixed Format	.010	Porth	ST 209 919
94.6	Naas, County Kildare	4FM	4FM	Oldies, Easy, Talk	.200	Naas	
94.6	Borris, County Carlow	KCLR	Irish Ind	Adult, Oldies, Talk	.100	Glencourn	
94.6	South Mayo	Claremorris Community Radio	Irish Community	Mixed Format	.025		
94.6	Roscommon Town	Ros FM	Irish Community	Mixed Format	.025		
94.7	South Islay	Radio 4 FM	BBC	Talk, News, Entertainment	.065	Port Ellen	NR 338 452
94.7	Ballachulish, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.025	Ballachulish	NN 059 593
94.7	Mallaig, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.014	Mallaig	NM 676 965
94.7	Herefordshire	BBC Hereford and Worcester	BBC	Mixed Format	2.000	Ridge Hill	SO 630 333
94.7	S W Scotland & N Cumbria	Radio Scotland (Dumfries)	BBC	Mixed Format	250.000	Sandale	NY 266 398
94.7	Chesterfield	Radio Sheffield	BBC	Mixed Format	.400	Chesterfield	SK 383 764
94.7	Aylesbury area	Three Counties Radio (Bucks)	BBC	Mixed Format	.200	Quainton Hill	SP 750 213
94.7	Newbridge area, Gwent	Radio Cymru	BBC	Welsh	.005	Pennar	ST 209 958
94.7	Burnham-on-Crouch area	Saint FM	Community	Mixed Format	.025	Mayland Hill	TL 923 003
94.7	Ballybofey, Donegal	Highland Radio	Communicorp	Adult, Irish & Country, Talk	.050	Ballybofey	
94.7	Ballyshannon & Bundoran, Don.	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	.100	Ballyshannon	
94.7	North & Central Co. Tipperary	Spin South West	Communicorp	Contemporary	1.000	Devil's Bit	
94.7	Nord Pas de Calais, France (1)	France Bleu Nord	Radio France	French Oldies	400.000	Lille, France	
94.8	Skye, Harris, East N & S Uist	Radio 4 FM	BBC	Talk, News, Entertainment	30.000	Skriag	NG 451 408
94.8	Channel Islands	Radio 4 FM	BBC	Talk, News, Entertainment	16.000	Les Platons	
94.8	North West Grampian	Radio 4 FM	BBC	Talk, News, Entertainment	.500	Knock More	NJ 321 497
94.8	Coventry and N Warwickshire	BBC Coventry & Warwickshire	BBC	Mixed Format	2.200	Meriden	SP 255 844
94.8	North Devon	Radio Devon	BBC	Mixed Format	.674	Huntshaw Cross	SS 527 221
94.8	North Gwynedd & NW Clwyd	Radio Wales	BBC	Mixed Format	10.000	Llanddona	SH 782 810
94.8	Rhonda Valley, Mid Glam	Radio Wales	BBC	Mixed Format	.006	Ton Pentre	SS 960 955
94.8	Cork City and SE County Cork	4FM	4FM	Oldies, Easy, Talk	2.500	Cork City	
94.8	Bantry, County Cork	4FM	4FM	Oldies, Easy, Talk	.200	Bantry	
94.8	County Cavan	Northern Sound	Radio Kerry	Adult, Oldies, I&C, Talk	3.000	Sliabh Glach	
94.8	Suir Estuary, Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	.100	Templeton	
94.8	Kilrush SW Clare	Radio Corca Baiscinn	Irish Community	Mixed Format	.025		
94.9	Shetland Islands	Radio 4 FM	BBC	Talk, News, Entertainment	43.000	Bressay	HU 503 387
94.9	East Tayside and North Fife	Radio 4 FM	BBC	Talk, News, Entertainment	17.000	Forfar	NO 482 409
94.9	Derry area	Radio 4 FM	BBC	Talk, News, Entertainment	10.000	Londonderry	IC 404 176
94.9	Patna & Dalmellington, Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Lethanhill	NS 438 105
94.9	Avon	Radio Bristol	BBC	Mixed Format	.500	Dundry East	ST 573 665
94.9	Lincolnshire	Radio Lincolnshire	BBC	Mixed Format	6.000	Belmont	TF 217 837
94.9	London area	BBC London	BBC	Mixed Format, Rock, Soul	4.000	Crystal Palace	TQ 339 712
94.9	Avoca, SE Co Wicklow	East Coast Radio	Irish Ind	Adult, Talk	.250	Avoca	
94.9	Glendalough, Co Wicklow	East Coast Radio	Irish Ind	Adult, Talk		Fassaroe	
94.9	County Dublin	4FM	4FM	Oldies, Easy, Talk	2.500	Three Rock	
95.0	Peebles, Border Region	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Peebles	NT 228 416
95.0	Stroud area, Gloucestershire	Radio Gloucestershire	BBC	Mixed Format	.100	Stroud	SG 836 077
95.0	Ludlow, Shropshire	Radio Shropshire	BBC	Mixed Format	.010	Ludlow	SO 498 741
95.0	Newhaven & Seaford, Sussex	BBC Sussex	BBC	Mixed Format	.100	Newhaven	TQ 435 006
95.0	Cleveland, S Durham, N Yorks	BBC Tees	BBC	Mixed Format	10.000	Bilsdale West Moor	SE 553 962
95.0	Ebbw Vale & Tredegar, Gwent	Radio Wales	BBC	Mixed Format	.030	Ebbw Vale	SO 159 088
95.0	Ogmore Vale, Mid Glamorgan	Radio Cymru	BBC	Welsh	.010	Ogmore Vale	SS 929 894
95.0	South West County Cork	4FM	4FM	Oldies, Easy, Talk	5.000		
95.0	County Limerick	95 FM Limerick	UTV	Adult, Talk	6.000	Woodcock Hill	
95.1	North Uist	Radio 4 FM	BBC	Talk, News, Entertainment	2.000	Clettraval	NF 751 716
95.1	Isle of Lewis	Radio 4 FM	BBC	Talk, News, Entertainment	2.000	Eitshal	NB 305 302
95.1	Largs, Rothesay, Clyde Mouth	Radio 4 FM	BBC	Talk, News, Entertainment	.570	Rothesay	NS 125 691
95.1	Strachur & Inveraray, Strathcl	Radio 4 FM	BBC	Talk, News, Entertainment	.018	Strachur	NN 094 027
95.1	Corran and Onich, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Ardgour	NM 989 626
95.1	Greater Manchester	Radio Manchester	BBC	Mixed Format	4.600	Holme Moss	SE 095 041
95.1	East Norfolk and North Suffolk	Radio Norfolk	BBC	Mixed Format	4.000	Stoke Holy Cross	TG 258 026
95.1	Newark and East Notts	Radio Nottingham	BBC	Mixed Format	.200	Newark	SK 873 538
95.1	Horsham	BBC Sussex	BBC	Mixed Format	.040	Horsham	TQ 176 307
95.1	Ballycastle, Northern Ireland	Radio Ulster	BBC	Mixed Format	.100	Ballycastle	ID 077 423
95.1	Carmarthenshire	Radio Wales	BBC	Mixed Format	3.000	Carmel	SN 576 153
95.1	Blaenavon & Abersychan	Radio Wales	BBC	Mixed Format	.010	Blaenavon	SO 277 063
95.1	West County Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	5.000	Dungarvan	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
95.2	Fort Augustus area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Fort Augustus	NH 361 049
95.2	Campbeltown, Strathclyde	Radio 4 FM	BBC	Talk, News, Entertainment	.400	Campbeltown	NR 707 172
95.2	East Cornwall & West Devon	Radio Cornwall	BBC	Mixed Format	4.300	Caradon Hill	SX 273 707
95.2	Kendal, Cumbria	Radio Cumbria	BBC	Mixed Format	.200	Kendal	SD 540 912
95.2	Oxfordshire and West Bucks	Radio Oxford	BBC	Mixed Format	5.800	Oxford	SP 567 105
95.2	Abergavenny & Usk Valley	Radio Wales	BBC	Mixed Format	.040	Abergavenny	SO 244 126
95.2	South and West Fife	Kingdom FM	Ind/ Bauer	Adult	.200	Knock Hill	NT 054 937
95.2	NE Ireland, SE Northern Ireland	Lyric FM	RTE	Classical, Jazz	40.000	Clermont Carn	
95.2	Lahinch and Ennistimon, Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	.200	Ennistimon	
95.2	Fermoy & Mitchelstown, Co Cork	4FM	4FM	Oldies, Easy, Talk	.200	Fermoy	
95.2	West County Donegal	Highland Radio	Communicorp	Adult, Country	.500	Arranmore Island	
95.2	Dingle, County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	.250	Dingle	
95.2	Dunkerque, France (6)	RTL	France	French Talk	1.000	Dunkerque, France	
95.3	Grampian Region	Radio 4 FM	BBC	Talk, News, Entertainment	150.000	Meldrum	NJ 760 329
95.3	Oban area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	3.600	Oban	NM 850 290
95.3	Crieff area, Tayside	Radio 4 FM	BBC	Talk, News, Entertainment	.125	Crieff	NN 814 200
95.3	Girvan, Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Girvan	NX 211 981
95.3	Kirkconnel & Sanquhar, D & G	Radio 4 FM	BBC	Talk, News, Entertainment	.040	Kirkconnel	NS 746 150
95.3	Wigtown Bay area, D & G	Radio 4 FM	BBC	Talk, News, Entertainment	.064	Cambret Hill	NX 524 578
95.3	Matlock & Bakewell, Derbys	Radio Derby	BBC	Mixed Format	1.200	Stanton Moor	SK 246 637
95.3	South East Essex	BBC Essex	BBC	Mixed Format	1.200	South Benfleet	TQ 790 867
95.3	West Halifax	Radio Leeds	BBC	Mixed Format	.084	Luddenden	SE 048 248
95.3	Otley & Ilkley area, W Yorks	Radio Leeds	BBC	Mixed Format	.064	Wharfedale	SE 198 485
95.3	Brighton and Worthing area	BBC Sussex	BBC	Mixed Format	1.200	Whitehawk Hill	TQ 330 045
95.3	Newtownabbey, N Ireland	Radio Ulster	BBC	Mixed Format	.020	Carmoney Hill	IJ 336 829
95.3	Ceredigion & SW Gwynedd	Radio Wales	BBC	Mixed Format	120.000	Blaenplwyf	SN 569 756
95.3	Thorne-Moorends, South Yorks	TMCR	Community	Mixed Format	.025	Thorne	SE 685 134
95.3	West County Limerick	95 FM Limerick	UTV	Adult, Talk	1.000	Barna	
95.3	Carrick on Suir, Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	.150	Carrick-on-Suir	
95.4	East Berkshire	Radio Berkshire	BBC	Mixed Format	.500	Windsor Castle	SU 968 770
95.4	Tyneside, Durham, S Nthmblnd	Radio Newcastle	BBC	Mixed Format	10.000	Pontop Pike	NZ 147 527
95.4	North Northern Ireland	Radio Ulster	BBC	Mixed Format	3.400	Limavady	IC 711 296
95.4	Wrexham area	Radio Wales	BBC	Mixed Format	.700	Wrexham	SJ 301 537
95.4	West County Cork	4FM	4FM	Oldies, Easy, Talk	10.000	Nowen Hill	
95.4	Athlone and W Westmeath	Midlands 103 Westmeath	Tindle	Adult, Oldies, Irish&Country, Talk	.200	Athlone	
95.4	Westport, Mayo	MWR FM	Irish Ind	Adult, Irish & Country, Talk	.050	Westport	
95.4	West Bretagne, France (3)	France Inter	Radio France	French Mixed format	170.000	Brest, France	
95.5	Penicuik, Lothian	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Penicuik	NT 229 597
95.5	Blaigowrie & Rattray, Tayside	Radio 4 FM	BBC	Talk, News, Entertainment	.032	Rosemount	NO 203 435
95.5	Carmarthen, Dyfed	Radio 4 FM	BBC	Talk, News, Entertainment	.007	Carmarthen	SN 412 213
95.5	East and Central Lancashire	Radio Lancashire	BBC	Mixed Format	1.600	Hameldon Hill	SD 808 288
95.5	Central Nottinghamshire	Radio Nottingham	BBC	Mixed Format	2.000	Fishponds Hill	SK 514 606
95.5	Somerset	BBC Somerset	BBC	Mixed Format	9.000	Mendip	ST 563 488
95.5	Lowestoft area, Suffolk	Radio Suffolk	BBC	Mixed Format	2.000	Lowestoft	TM 523 942
95.5	Bedfordshire & North Herts	Three Counties Radio	BBC	Mixed Format	1.000	Sandy Heath	TL 204 494
95.5	Swansea Valley, W Glam	Radio Wales	BBC	Mixed Format	.048	Varteg Hill	SN 776 077
95.5	Scarborough area, N Yorks	Radio York	BBC	Mixed Format	.250	Oliver's Mount	SX 040 869
95.5	North West County Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	.700	Burren Hill	
95.5	Kilrush, Clare	Clare FM	Irish Ind	Adult, Oldies, Talk	.600	Kilrush	
95.5	South County Meath	LM FM	UTV	Adult, Oldies, Talk	2.000	Red Gap Mountain	
95.5	Balina, Mayo	MWR FM	Irish Ind	Adult, Irish & Country, Talk	.020	Ballina	
95.5	Boulogne, France (5)	France Bleu Nord	Radio France	French Oldies	1.000	Boulogne, France	
95.6	Thurso & Wick area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	10.000	Rumster Forest	ND 197 385
95.6	Fermanagh and South Tyrone	Radio 4 FM	BBC	Talk, News, Entertainment	9.800	Brougher Mountain	IH 350 527
95.6	Kinlochleven, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Kinlochleven	NN 178 630
95.6	S Kapdale, E Islay, Jura	Radio 4 FM	BBC	Talk, News, Entertainment	1.100	South Knapdale	NR 837 748
95.6	North Cumbria	Radio Cumbria	BBC	Mixed Format	15.000	Sandale	NY 266 398
95.6	North Norfolk	Radio Norfolk	BBC	Mixed Format	2.000	West Runton	TG 186 412
95.6	West Midlands	Radio WM	BBC	Mixed Format	11.000	Sutton Coldfield	SK 113 003
95.6	Isle of Sheppey, Kent	Sheppey Community Radio	Community	Mixed Format	.020	Minster	TQ 968 733
95.6	Fermoy & Mitchelstown, Cork	Cork's 96 FM	UTV	Adult, Contemporary, Talk	.200	Turbeigh	
95.6	North County Wexford	South East Radio	Irish Ind	Adult, Oldies, I&C, Talk	4.000	Mount Leinster	
95.6	Basse Normandie, France (2)	France Musique	Radio France	French Classical	50.000	Caen, France	
95.7	E Lewis, N Skye & W Highland	Radio 4 FM	BBC	Talk, News, Entertainment	50.000	Melvaig	NG 757 900
95.7	North Islay	Radio 4 FM	BBC	Talk, News, Entertainment	.080	Bowmore	NR 318 590
95.7	Kingussie, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.035	Kingussie	NN 769 985
95.7	North Cambridgeshire	Radio Cambridgeshire(North)	BBC	Mixed Format	5.100	Peterborough	TL 127 913
95.7	Plymouth area	Radio Devon (Plymouth)	BBC	Mixed Format	1.000	Plympton	SX 531 555
95.7	Llanfyllin, Powys	Radio Cymru	BBC	Welsh	.014	Llanfyllin	SJ 151 181
95.7	Penistone, South Yorkshire	Penistone Community Radio	Community	Mixed Format	.020	Hoylandswaive	SE 259 045
95.7	Raphoe and Convoiy, E Donegal	Highland Radio	Communicorp	Adult, Irish & Country, Talk	2.000	Feirn Hill	
95.7	Tullamore, Offaly	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.100	Tullamore	
95.7	Boyle, Roscommon	Shannonside 104 FM	Radio Kerry	Adult, Oldies, Contemp, Talk	.020	Boyle	
95.7	Flanders, Belgium (6)	BRTN Radio 1	BRTN	Flemish	50.000	Egem, Belgium	
95.8	Central Scotland	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Black Hill	NS 828 647
95.8	Exeter area	Radio Devon	BBC	Mixed Format	.400	St Thomas	SX 898 922
95.8	Cirencester	Radio Gloucestershire	BBC	Mixed Format	.080	Cirencester	SP 004 057
95.8	Merseyside & West Cheshire	Radio Merseyside	BBC	Mixed Format	8.000	Allerton Park	SJ 421 866
95.8	Whitby, North Yorkshire	BBC Tees	BBC	Mixed Format	.100	Whitby	NZ 904 113
95.8	Aberdare area, Mid Glam.	Radio Wales	BBC	Mixed Format	.042	Aberdare	SO 034 013
95.8	London area	Capital FM (London)	Global Radio	Contemporary	4.000	Croydon	TQ 332 696
95.8	Galway City	Galway Bay FM	Irish Ind	Adult, Talk	.100	Galway City	
95.8	Co Louth & N Co Meath	LM FM	UTV	Adult, Talk	10.000	Mount Oriel	
95.8	West County Cork	Cork's 96 FM	UTV	Adult, Contemporary, Talk	2.000	Nowen Hill	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
95.9	South East Grampian Region	Radio 4 FM	BBC	Talk, News, Entertainment	2.100	Durriss	NO 763 897
95.9	South Uist	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Daliburgh	NF 736 216
95.9	Fort William area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	1.500	Fort William	NN 117 772
95.9	Humberside	Radio Humberside	BBC	Mixed Format	9.600	High Hunsley	SE 945 350
95.9	East Suffolk	Radio Suffolk	BBC	Mixed Format	2.000	Aldeburgh	TM 442 596
95.9	Pembrokeshire	Radio Wales	BBC	Mixed Format	20.000	Haverfordwest	SN 028 261
95.9	South Gwent	Radio Wales	BBC	Mixed Format	.500	Christchurch	ST 353 896
95.9	Thanet, Kent	Heart Kent	Global Radio	Adult	.270	Thanet	TR 366 678
95.9	East County Clare	Clare FM	Irish Ind	Adult, Oldies, Talk		Woodcock Hill	
96.0	East & Central Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	125.000	Divis	IJ 286 750
96.0	Orkney Islands	Radio 4 FM	BBC	Talk, News, Entertainment	41.000	Keelylang Hill	HY 378 102
96.0	S & Central Cambridgeshire	Radio Cambridgeshire (South)	BBC	Mixed Format	1.000	Madingley, Cambridge	TL 392 594
96.0	Isles of Scilly	Radio Cornwall	BBC	Mixed Format	.060	Isles of Scilly	SV 911 124
96.0	Buxton, Derbyshire	Radio Derby	BBC	Mixed Format	.100	Buxton	SK 060 753
96.0	Okehampton, Devon	Radio Devon	BBC	Mixed Format	.070	Okehampton	SX 586 967
96.0	North Northumberland	Radio Newcastle	BBC	Mixed Format	5.600	Chatton	NU 105 264
96.0	Shropshire	Radio Shropshire	BBC	Mixed Format	4.800	The Wrekin	SJ 628 082
96.0	West Dorset	Wessex FM	TLRC (UKRD)	Adult, Oldies	.062	Bridport	SY 453 915
96.0	Cobin & Monkstown, Cork	Cork's 96 FM	UTV	Adult, Contemporary, Talk	.200	Carrigaline	
96.0	Callan, County Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	.200	Callan	
96.0	West Dublin	West Dublin Access Radio	Irish Community	Mixed Format			
96.1	Tobermoray area, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	5.000	Glengorm	NM 265 565
96.1	Speyside, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.350	Grantown	NJ 003 267
96.1	Ness of Lewis	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Ness of Lewis	NB 533 603
96.1	Ullapool, Highland	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Ullapool	NH 142 935
96.1	Innerleithen, Border	Radio 4 FM	BBC	Talk, News, Entertainment	.020	Innerleithen	NT 325 368
96.1	Portree, Skye	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Penfiler	NG 489 417
96.1	S Hampshire E Dorset & IOW	BBC Radio Solent	BBC	Mixed Format	10.000	Rowridge	SZ 447 865
96.1	South Cumbria	Radio Cumbria	BBC	Mixed Format	3.200	Morecambe Bay	SD 239 791
96.1	Newtown, Powys	Radio Cymru	BBC	Welsh	.036	Llandinam	SO 050 877
96.1	Colchester & North East Essex	Heart Essex	Global Radio	Adult	.500	Wivenhoe Park	TM 02 8239
96.1	Ashford area, Kent	Heart Kent	Global Radio	Adult	.225	Wye	TR 066 472
96.1	Central Fife	Kingdom FM	Ind/ Bauer	Adult	.500	Purin Hill	NT 252 059
96.1	Rotherham area	Rother FM	Lincs	Adult, Oldies	.200	Rotherham	SK 432 913
96.1	Falmouth & Penryn, Cornwall	The Source	Community	Mixed Format	.025	Penryn	SW 769 347
96.1	North County Cork	Cork's 96 FM	UTV	Adult, Contemporary, Talk	1.000	Mount Hillery	
96.1	Clonaslee, Laois	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.100	Clonaslee	
96.1	County Mayo	MWR FM	Irish Ind	Adult, Irish & Country, Talk	5.000	Srahenna Kiltimach	
96.1	Waterford City	WLR FM	Irish Ind	Adult, Oldies, Talk	.005	Waterford	
96.2	South Nottinghamshire	Capital FM (East Midlands)	Global Radio	Contemporary	1.000	Mappertley Ridge	SK 583 424
96.2	Tunbridge Wells area, Kent	KM-FM (West Kent)	Kent Messenger	Adult	.190	Tunbridge Wells	TQ 607 440
96.2	North and Central Devon	Heart Devon	Global Radio	Adult	2.500	Huntshaw Cross	SS 527 221
96.2	Aylesbury area	Mix 96	TLRC (UKRD)	Adult	1.000	Quinton Hill	SP 750 213
96.2	North East Norfolk	North Norfolk Radio	Tindle	Adult	2.580	Stody	TG 073 333
96.2	Fakenham, Norfolk	North Norfolk Radio	Tindle	Adult	.010	Fakenham	TF 926 302
96.2	West Tyneside, Tyne & Wear	Real Radio (North East)	GMG	Adult, Talk, Sport	.050	Fenham	NZ 216 648
96.2	North East Greater Manchester	Revolution FM	Independent	Adult	.100	Oldham Civic Centre	SD 923 051
96.2	Shetland Islands	SIBC	Independent	Contemporary, Adult	4.000	Bressay	HU 503 387
96.2	Coventry	Touch FM (Coventry)	Quidern	Adult	.100	Coventry City Centre	SP 331 795
96.2	Scarborough & East N Yorks	Yorkshire Coast R (Scarborough)	TLRC (UKRD)	Adult	.625	Olivers Mount	SX 040 869
96.2	Central County Cork	Cork's 96 FM	UTV	Adult, Contemporary, Talk	.200	Macroom	
96.2	North & East County Wicklow	East Coast Radio	Irish Ind	Adult, Talk	10.000	Bray Head	
96.2	Dunfanaghy and North Donegal	Highland Radio	Communicorp	Adult, Irish & Country, Talk	4.000	Hornhead	
96.2	Graigueamagh, Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	.200	Graigueamagh	
96.2	Urlingford, Kilkenny	KCLR	Irish Ind	Adult, Oldies, Talk	.200	Urlingford	
96.2	South West Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	3.000	Portmagee	
96.2	Laois	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	.250	Portlaoise	
96.2	Castlepollard, N Westmeath	Midlands 103 Westmeath	Tindle	Adult, Oldies, Irish&Country, Talk	.100	Castlepollard	
96.2	Enniscorthy, Wexford	South East Radio	Irish Ind	Adult, Oldies, I&C, Talk	.020	Enniscorthy	
96.2	Wexford town	South East Radio	Irish Ind	Adult, Oldies, I&C, Talk	.020	Wexford town	
96.2	North Co Wexford	South East Radio	Irish Ind	Adult, Oldies, I&C, Talk	.020	Gorey	
96.2	Dunkerque, France (6)	Europe 2	France	French Contemporary	1.000	Dunkerque, France	
96.3	Leeds area	Aire FM	Bauer	Contemporary	2.500	Tingley	SE 279 266
96.3	South East Essex	Heart Essex	Global Radio	Adult	1.030	South Benfleet	TQ 790 867
96.3	North Clwyd & NE Gwynedd	Heart North West & Wales	Global Radio	Adult	1.250	Great Orme Head	SH 766 834
96.3	Avon	Heart West Country	Global Radio	Adult	2.000	Dundry	ST 551 669
96.3	Glasgow and Paisley area	Rock Radio (Scotland)	GMG	Rock	.200	Gleniffer Braes	NS 451 598
96.3	Chorley, Lancashire	Central Radio	UTV	Adult			
96.3	Plymouth	Cross Rhythms Plymouth	Community	Christian	.030	Mannamead	SX 487 504
96.3	County Monaghan	Northern Sound	Radio Kerry	Adult, Oldies, I&C, Talk	5.000	Callaigh	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
96.4	Birmingham area	<b>BRMB FM</b>	Orion	Contemporary	10.000	Sutton Coldfield	SK 113 003
96.4	North Cumbria	<b>CFM</b>	Bauer	Adult, Contemporary	1.250	Caldbeck	NY 299 425
96.4	Grimsby area	<b>Compass FM</b>	Lincs	Oldies, Soft	.100	Bevan House	TA 279 102
96.4	North Northern Ireland	<b>Downtown Radio</b>	Bauer	Adult, Oldies	2.000	Limavady	IC 711 296
96.4	West Surrey and NE Hampshire	<b>The Eagle</b>	UKRD	Adult	3.000	Guildford	SU 975 486
96.4	Torbay	<b>Heart Devon</b>	Global Radio	Contemporary	1.000	Beacon Hill	SX 857 620
96.4	West Suffolk	<b>Heart East Anglia</b>	Global Radio	Adult	2.000	Great Barton	TL 886 686
96.4	Folkestone	<b>KM-FM (Shepway)</b>	Kent Messenger	Adult	.100	Folkestone	TR 229 382
96.4	East Cheshire	<b>Signal One</b>	UTV	Contemporary	.250	Sutton Common	SJ 933 676
96.4	Hexham & Tyne Valley, Nthmb	<b>Smooth Radio (North East)</b>	GMG	Oldies, Easy	.200	Newton	NZ 036 653
96.4	Perth area	<b>Tay FM</b>	Bauer	Contemporary	.800	Perth	NO 108 212
96.4	Dundee	<b>Tay FM</b>	Bauer	Contemporary	.100	Tay Bridge	NO 430 284
96.4	Swansea area	<b>The Wave</b>	UTV	Contemporary	1.380	Holyhill	SS 672 940
96.4	Corby, Northants	<b>Corby Radio</b>	Community	Mixed Format	.025	Corby	SP 881 885
96.4	County Clare	<b>Clare FM</b>	Irish Ind	Adult, Oldies, Talk	5.000	Maghera	
96.4	Cork city and East County Cork	<b>Cork's 96 FM</b>	UTV	Adult, Contemporary, Talk	1.000	Holyhill	
96.4	Bantry, SW County Cork	<b>Cork's 96 FM</b>	UTV	Adult, Contemporary, Talk	.200	Bantry	
96.4	South County Wexford	<b>South East Radio</b>	Irish Ind	Adult, Oldies, I&C, Talk	.200	Forth Mountain	
96.4	New Ross, Wexford	<b>South East Radio</b>	Irish Ind	Adult, Oldies, I&C, Talk	.020	New Ross	
96.5	Mansfield & Ashfields, Notts	<b>Capital FM (East Midlands)</b>	Global Radio	Contemporary	.050	Fishponds Hill	SK 514 606
96.5	Taunton area	<b>Heart West Country</b>	Global Radio	Adult	.100	Taunton	ST 240 225
96.5	Marlborough area, Wilts	<b>Heart Wiltshire</b>	Global Radio	Adult	.050	Marlborough	SU 209 688
96.5	Blackpool area	<b>Wave FM</b>	UTV	Adult	.100	Blackpool Tower	SD 306 360
96.5	Stranraer area, D & G	<b>West Sound (South West)</b>	Bauer	Adult, Contemporary	.000	Cairn Pat	NX 044 563
96.5	Bolton	<b>Bolton FM</b>	Community	Mixed Format	.025	Bolton	SD 718 082
96.5	Isle of Bute, Argyll	<b>Bute FM</b>	Community	Mixed Format	.025	Rothsay Town	NS 089 645
96.5	Dundalk area, Louth	<b>LM FM</b>	UTV	Adult, Talk	.500	Castletown Mount	
96.5	Athboy, County Meath	<b>LM FM</b>	UTV	Adult, Talk	.020	Athboy	
96.5	Oldcastle, County Meath	<b>LM FM</b>	UTV	Adult, Talk	.020	Oldcastle	
96.5	Trim, County Meath	<b>LM FM</b>	UTV	Adult, Talk	.020	Trim	
96.5	Carlingford & Omeath, Louth	<b>LM FM</b>	UTV	Adult, Talk	.020	Omeath	
96.5	Central and East Westmeath	<b>Midlands 103 Westmeath</b>	Irish Ind	Adult, Oldies, Irish&Country, Talk	.500	Mullingar	
96.5	Haute Normandie, France (2)	France Inter	Radio France	French Mixed format	100.000	Rouen, France	
96.6	Lampeter & Teifi Valley, Dyfed	<b>Radio Ceredigion</b>	Tindle	Mixed Music, Welsh	.400	Mynydd Pencarreg	SN 577 430
96.6	Fermanagh and South Tyrone	<b>Downtown Radio</b>	Bauer	Adult, Oldies	8.200	Brougher Mountain	IH 350 527
96.6	Tavistock, Devon (mono)	<b>Heart Devon</b>	Global Radio	Adult	.040	Tavistock	SX 485 716
96.6	West Hertfordshire	<b>Heart Hertfordshire</b>	Adventure	Adult	.500	Pimlico	TL 088 045
96.6	Northamptonshire	<b>Heart Home Counties</b>	Global Radio	Adult	4.000	Northampton	SP 760 647
96.6	Kirkcaldy, Fife	<b>Kingdom FM</b>	Ind/ Bauer	Adult	.010	Kirkcaldy	NT 289 926
96.6	Blandford area, Dorset	<b>Mid West FM</b>	Independent	Adult, Oldies	.100	North Dorset Council	ST 888 071
96.6	Speyside, Highland	<b>Moray Firth Radio (Speyside)</b>	Bauer	Adult, Contemporary	.450	Cairngorm ski lift	NJ 006 048
96.6	Fort William area, Highland	<b>Nevis Radio</b>	Independent	Adult, Contemporary	.450	Trislaig	NN 086 749
96.6	Arbroath, Tayside	<b>RNA FM</b>	Independent	Mixed Music	.020	Arbroath Infirmary	NO 634 404
96.6	Chichester & Bognor Regis	<b>Spirit FM</b>	TLRC (UKRD)	Adult, Oldies	.200	The Trundle	SU 873 112
96.6	Cleveland, S Durham, N Yorks	<b>TFM</b>	Bauer	Contemporary	8.900	Bilsdale West Moor	SE 553 962
96.6	Gloucester	<b>GFM</b>	Community	Mixed Format, Ethnic	.020	Clapham Court	SO 835 189
96.6	County Kilkenny	<b>KCLR</b>	Irish Ind	Adult, Oldies, Talk	5.000	Johnswell Mt Nugent	
96.6	Killarney, County Kerry	<b>Radio Kerry</b>	Radio Kerry	Adult, Oldies, I&C, Talk	.100	Tullig	
96.7	North and West Kent	<b>Radio Kent</b>	BBC	Mixed Format	8.700	Wrotham	TQ 595 604
96.7	Ashbourne area, Derbyshire	<b>Ashbourne Radio</b>	Independent	Adult, Oldies	.200	Ashbourne	SK 182 474
96.7	Merseyside & West Cheshire	<b>City FM</b>	Bauer	Contemporary	8.200	Allerton Park	SJ 421 866
96.7	Belfast area	<b>City Beat</b>	CN Group	Adult	.550	Black Mountain	IJ 278 727
96.7	Winchester & Southampton	<b>Heart South Coast</b>	Global Radio	Adult	.500	Crabwood Farm	SU 4490295
96.7	West Norfolk	<b>KLFM</b>	UKRD	Adult, Contemporary	2.600	Great Massingham	TF 788 228
96.7	Grantham, Lincolnshire	<b>Lincs FM</b>	Lincs	Adult, Contemporary	.050	Grantham	SK 905 337
96.7	Fraserburgh area, Grampian	<b>Moray Firth Radio (Kinnaird)</b>	Bauer	Adult, Contemporary	.100	Mormond Hill	NJ 982 569
96.7	Ayrshire	<b>West FM</b>	Bauer	Contemporary	2.200	Darvel	NS 557 341
96.7	Kidderminster area	<b>Wyvern FM</b>	Orion	Contemporary	.100	Kidderminster	SO 808 739
96.7	Halifax	<b>Phoenix Radio</b>	Community	Mixed Format	.025	Halifax	SG 103 242
96.7	County Dublin	<b>Lyric FM</b>	RTE	Classical, Jazz	10.000	Three Rock	
96.8	South Wales & West England	<b>Radio Cymru</b>	BBC	Welsh	250.000	Wenvoe	ST 110 742
96.8	Border Region	<b>Radio Borders</b>	Bauer	Adult, Contemporary	5.000	Selkirk	NT 500 294
96.8	Lochinver & Enard Bay, Highland	<b>Lochbroom FM</b>	Independent	Adult	.500	Polbain	NB 999 109
96.8	Kinsale County Cork	<b>Cork's 96 FM</b>	UTV	Adult, Contemporary, Talk	.400	Kinsale	
96.8	Youghal, County Cork	<b>Cork's 96 FM</b>	UTV	Adult, Contemporary, Talk	.200	Monatrea	
96.8	County Galway	<b>Galway Bay FM</b>	Irish Ind	Adult, Talk	5.000	Abbeyknockmoy Hill	
96.8	Ilkeston, Derbyshire	<b>Erewash Sound</b>	Community	Mixed Format	.025	Ilkeston	SK 464 416
96.8	West Netherlands (4)	NOS Radio 3	NOS	Dutch Contemporary	100.000	Lopik, Netherlands	
96.8	Dunkerque, France (6)	France Culture	Radio France	French Talk		Dunkerque, France	
96.9	South Cumbria & NW Lancs	<b>The Bay</b>	CN Group	Adult	3.200	Morecambe Bay	SD 239 791
96.9	South and Central London	<b>Choice FM</b>	Global Radio	Rhythm	.050	Croydon	TQ 332 696
96.9	Bedfordshire & North Herts	<b>Heart Home Counties</b>	Global Radio	Adult	.900	Sandy Heath	TL 204 494
96.9	Newhaven & Seaford, Sussex	<b>Heart Sussex</b>	Global Radio	Adult	.100	Newhaven	TQ 435 006
96.9	East Grampian Region	<b>Northsound One</b>	Bauer	Contemporary	10.000	Durris	NO 763 897
96.9	Stafford	<b>Signal One (Stafford)</b>	UTV	Contemporary	.200	Pye Green	SJ 987 145
96.9	Humberside	<b>Viking FM</b>	Bauer	Contemporary	9.400	High Hunsley	SE 945 350
96.9	South Manchester	<b>ALL FM</b>	Community	Mixed Format	.050	Longsight	SJ 875 951
96.9	East County Donegal and Derry	<b>I102-104</b>	Irish Ind	Contemporary	5.000	Scalpe	
96.9	Co Carlow & S Co Kildare	<b>KCLR</b>	Irish Ind	Adult, Oldies, Talk	1.000	Rossmore	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
97.0	Dumbarton & Alexandria	Clyde 1	Bauer	Contemporary	.050	Millburn Muir	NS 378 796
97.0	Plymouth area	Heart Devon	Global Radio	Adult	2.000	Plympton	SX 531 555
97.0	Exeter area	Heart Devon	Global Radio	Contemporary	.900	St Thomas	SX 898 922
97.0	Dover and Folkestone area	Heart Kent	Global Radio	Adult	.500	Dover	TR 274 397
97.0	Reading	Heart Thames Valley	Global Radio	Adult	.500	Broad Street Mall	SU 713 733
97.0	Coventry & Warwickshire	Mercia FM	Orion	Contemporary	2.000	Shilton	SP 410 836
97.0	Glen Coe, Highland	Nevis Radio	Independent	Adult, Contemporary	.250	Glencoe	NN 260 515
97.0	Dumfriesshire	West Sound (South West)	Bauer	Adult, Contemporary	1.000	Riddings Hill	NX 903 779
97.0	Rochdale	Crescent Radio	Community	Asian	.020	Stoneyfield	SD 896 126
97.0	NE Ireland, SE Northern Ireland	2FM	RTE	Contemporary, Adult	40.000	Clermont Carn	
97.0	Central and East County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	20.000	Mullaghanish	
97.1	Channel Islands	Radio 1	BBC	New Music, Contemporary	16.000	Les Platons	
97.1	Carmarthenshire	Radio Carmarthenshire	Town & Country	Adult, Oldies, Welsh	3.000	Carmel	SN 576 153
97.1	Penistone area, South Yorks	Dearne FM	Lincs	Adult, Oldies	.050	Penistone	SE 259 045
97.1	Haslemere area, Surrey	Kestrel FM	Tindle	Adult	.275	Haslemere	SU 886 331
97.1	Larne, Northern Ireland	Downtown Radio	Bauer	Adult, Oldies	.080	Larne	ID 395 037
97.1	South and East Suffolk	Heart East Anglia	Global Radio	Adult	3.400	Foxhall Heath	TM 212 445
97.1	Wirral and North East Clywd	Heart North West and Wales	Global Radio	Adult	1.000	Storeton	SJ 314 841
97.1	Yeovil area	Heart West Country	Global Radio	Adult	.400	Chedington	ST 501 050
97.1	Tyneside, N Durham, S Nthmb	Metro FM	Bauer	Contemporary	10.000	Burnhope	NZ 184 474
97.1	Braemar and Upper Dee Valley	NECR	Independent	Adult, Oldies	.300	Morore	ND 132 866
97.1	Turriff, Grampian	NECR	Independent	Adult, Oldies	.100	Markethill Industrial Estate	ND729 505
97.1	Nottingham	Faza AWP	Community	Asian	.040	Forest Road East	SK 582 428
97.1	Luton	Radio Lab	Community	Mixed Format	.025	Luton	TL 075 211
97.1	North West Mayo	MWR FM	Irish Ind	Adult, I&C, Talk	1.500	Achill	
97.1	South County Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	15.000	Scrothea	
97.2	Wolverhampton area	Beacon Radio	Orion	Contemporary	2.000	Turners Hill	SO 969 887
97.2	Wellingborough area, Northants	Connect FM	Adventure	Oldies, Adult	.100	Studio, Wellingborough	SP 907 839
97.2	Swindon area & Cirencester	Heart Wiltshire	Global Radio	Adult	.700	Blunsdon	SU 143 900
97.2	Bristol	Kiss 101	Bauer	Dance	.300	Pur Down	ST 610 764
97.2	South and East IOM	Manx Radio FM	Independent	Mixed Format	11.800	Carnane	SC 372 746
97.2	Harrogate area	Stray FM	TLRC (UKRD)	Adult	.600	Harlow Hill	SE 288 542
97.2	Coleraine area	Q97.2 Causeway Coast Radio	Northern Media	Adult, Oldies	.310	Maddybenny More	IC 847 376
97.2	Dorchester & Weymouth	Wessex FM	TLRC (UKRD)	Adult, Oldies	.625	Bincombe Hill	SY 678 857
97.2	Cambridge	Cam FM	Community	New Music	.025	Cambridge Univ Library	TL 441 584
97.2	Grantham, Lincolnshire	Gravity FM	Community	Mixed Format	.025	Springfield Rd, Grantham	SK 909 347
97.2	Brighton	Radio Reverb	Community	Mixed Format	.050	Brighton Racecourse	TQ 330 051
97.2	Wythenshawe, Manchester	Wythenshawe FM	Community	Mixed Format	.050	Wythenshawe	SJ 827 871
97.2	Youghal, Co Cork	4FM	4FM	Oldies, Easy, Talk	.200	Monatrea	
97.2	Gort, County Galway	Galway Bay FM	Irish Ind	Adult, Talk	.050	Gort	
97.2	Central Leitrim & NW Cavan	Shannonside 104 FM	Radio Kerry	Adult, Oldies, I&C, Talk	.250	Slieve Anierin	
97.3	Lothian and Fife	Forth FM	Bauer	Contemporary	6.900	Craigkelly	NT 233 872
97.3	Ilfracombe area, Devon	Heart Devon	Global Radio	Adult	.100	Ilfracombe	SC 507 465
97.3	London area	LBC	Global Radio	Talk	4.000	Croydon	TQ 332 696
97.3	Blaenau Gwent	BRFM	Community	Mixed Format	.050	Brynmawr	SD 190 123
97.3	Leicester	Kohinoor FM	Community	Asian			
97.3	S Kildare, E Laois, N Carlow	KFM	Irish Ind	Soft, Talk	2.000	Rossmore	
97.4	Southwold area, Suffolk	The Beach	Tindle	Adult	.240	Blythburgh	TM 453 752
97.4	Great Yarmouth	The Beach	Tindle	Adult	.050	Great Yarmouth	TG 520 076
97.4	South Gwent	Capital FM (South Wales)	Global Radio	Contemporary	.500	Christchurch	ST 353 896
97.4	Cardigan & Newcastle Emlyn	Radio Ceredigion	Tindle	Mixed Music, Welsh	.400	Penwaun	SN 154 442
97.4	East & Central Northern Ireland	Cool FM	Bauer	Contemporary	3.200	Black Mountain	IJ 278 727
97.4	Sheffield	Hallam FM	Bauer	Contemporary	.400	Tapton Hill, Sheffield	SK 324 870
97.4	Haverhill, Suffolk	Heart Cambridgeshire	Global Radio	Adult	.100	Haverhill	TL 662 449
97.4	Newmarket, Suffolk	Heart Cambridgeshire	Global Radio	Adult	.004	Icwell Hill	TL 640 635
97.4	Banbury & Brackley area	Heart Thames Valley	Global Radio	Adult	.300	Farthinghoe	SP 532 387
97.4	N Dorset, SW Wilts, SE Somerset	Mid West FM	Independent	Adult, Oldies	.125	Shaftesbury	ST 864 235
97.4	Inverness & Moray Firth area	Moray Firth Radio (Inverness)	Bauer	Adult, Contemporary	10.000	Mounteagle	NH 639 580
97.4	West, South & Central Lancs	Rock FM	Bauer	Contemporary	2.000	Winter Hill	SD 660 144
97.4	Stamford area, Lincs	Rutland Radio	Lincs	Oldies, Soft	.048	East Casterton	TF 019 080
97.4	Canterbury	Canterbury Student Radio	Community	New Music	.025	Eliot College	TR 141 596
97.4	Dunoon, Argyll	Dunoon Community Radio	Community	Mixed Format	.025	Dunoon	NS 173 765
97.4	Neath	XS	Community	Pop, New Music	.025	Neath	SS 756 975
97.4	Central County Cork	4FM	4FM	Oldies, Easy, Talk	4.000	Macroom	
97.4	Cobin & Monkstown, Co Cork	4FM	4FM	Oldies, Easy, Talk	.200	Carrigaline	
97.4	East Galway	Galway Bay FM	Irish Ind	Adult, Talk	.300	Ballinasloe	
97.4	West County Galway	Galway Bay FM	Irish Ind	Adult, Talk	.125	Clifden	
97.4	Portrane, Dublin	St Ita's Hospital Radio	Irish Hospital	Mixed Format			
97.5	Carmarthen	Radio Carmarthenshire	Town & Country	Adult, Oldies, Welsh	.020	Carmarthen	SN 412 213
97.5	Southend, Essex	Heart Essex	Global Radio	Adult	.100	Southend Radio House	TQ 881 854
97.5	Portsmouth area	Heart South Coast	Global Radio	Adult	.850	Fort Widley	SU 657 065
97.5	Horsham	Heart Sussex	Global Radio	Adult	.030	Horsham	TQ 176 307
97.5	Pitlochry & Aberfeldy, Tayside	Heartland FM	Independent	Mixed Music	.115	Faire Mhor	NN 993 583
97.5	Bradford area	The Pulse	UTV	Contemporary, Adult	.500	Idle	SE 163 374
97.5	Tyneside, N Durham, S Nthmb	Smooth Radio (North East)	GMG	Oldies, Easy	9.000	Burnhope	NZ 184 474
97.5	Llanelli	Scarlet FM	Town & Country	Adult, Oldies	.200	Llanelli	SN 510 023
97.5	Girvan, Ayrshire	West FM	Bauer	Contemporary	.150	Girvan	NX 211 981
97.5	Nottingham	Kemet Radio	Community	Rhythm, Soul	.025	Nottingham	SK 560 407
97.5	Midsomer Norton, Avon	Somer Valley FM	Community	Mixed Format	.025	Midsomer Norton RFC	ST 662 528
97.5	Carrickmacross & Kingscourt	Northern Sound	Radio Kerry	Adult, Oldies, I&C, Talk	.200	Carrickmacross	
97.5	East County Waterford	WLR FM	Irish Ind	Adult, Oldies, Talk	8.000	Carrickpherish	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
97.6	Folkestone area	Radio Kent	BBC	Mixed Format	.100	Folkestone	TR 229 382
97.6	West Lothian	Forth FM	Bauer	Contemporary	.100	Black Hill	NS 828 647
97.6	NW & C Herts, S Beds, E Bucks	Heart Home Counties	Global Radio	Adult	1.000	Dunstable	TL 044 210
97.6	Scunthorpe area	Lincs FM	Lincs	Adult, Contemporary	.025	Trent View Flats	SE 882 092
97.6	Aberdeen	Northsound One	Bauer	Contemporary	.025	Balgownie	NJ 927 104
97.6	Herefordshire	Wyvern FM	Orion	Contemporary	.800	Ridge Hill	SO 630 333
97.6	North and East County Kildare	KFM	Irish Ind	Soft, Talk	2.000	Slieve Thule	
97.6	North County Kerry	Radio Kerry	Radio Kerry	Adult, Oldies, I&C, Talk	.500	Knockanure Ballybun.	
97.6	South West County Tipperary	Tipp FM	Irish Ind	Adult, Oldies, Talk	5.000	Keeper Hill	
97.7	N Cumbria & S W Scotland	Radio 1	BBC	New Music, Contemporary	250.000	Sandale	NY 266 398
97.7	Devon and East Cornwall	Radio 1	BBC	New Music, Contemporary	160.000	North Hessary Tor	SX 578 742
97.7	North East Essex & South Suffolk	Radio 1	BBC	New Music, Contemporary	5.000	Manningtree	TM 123 295
97.7	North Uist	Radio 1	BBC	New Music, Contemporary	2.000	Cletraval	NF 751 716
97.7	West Surrey and NE Hampshire	Radio 1	BBC	New Music, Contemporary	3.000	Guildford	SU 975 486
97.7	Hastings	Radio 1	BBC	New Music, Contemporary	.500	Hastings	TQ 807 100
97.7	North Islay	Radio 1	BBC	New Music, Contemporary	.080	Bowmore	NR 318 590
97.7	Deiniolen & Llanberis, Gwynd	Radio 1	BBC	New Music, Contemporary	.050	Deiniolen	SH 576 621
97.7	Grantham, Lincolnshire	Radio 1	BBC	New Music, Contemporary	.050	Grantham	SK 905 337
97.7	Ballachulish, Highland	Radio 1	BBC	New Music, Contemporary	.025	Ballachulish	NN 059 593
97.7	Cirencester	Radio 1	BBC	New Music, Contemporary	.010	Cirencester Town	SP 023 021
97.7	Portree, Skye	Radio 1	BBC	New Music, Contemporary	.010	Penfiler	NG 489 417
97.7	Ffestiniog area, Gwynedd	Radio 1	BBC	New Music, Contemporary	.049	Ffestiniog	SH 709 392
97.7	Mallaig, Highland	Radio 1	BBC	New Music, Contemporary	.014	Mallaig	NM 676 965
97.7	Llanidloes, Powys	Radio 1	BBC	New Music, Contemporary	.005	Llanidloes	SN 948 844
97.7	Greater Manchester	XFM (Manchester)	Global Radio	Modern Rock	1.000	Sunley Building	SJ 844 983
97.8	Burnley & Colne Valley, Lancs	Radio 1	BBC	New Music, Contemporary	1.000	Pendle Forest	SD 825 384
97.8	North West Grampian	Radio 1	BBC	New Music, Contemporary	.500	Knock More	NJ 321 497
97.8	Nailsworth & Stroud, Gloucs	Radio 1	BBC	New Music, Contemporary	.100	Nailsworth	ST 849 990
97.8	Newbury & West Berkshire	Radio 1	BBC	New Music, Contemporary	.100	Newbury	SU 494 687
97.8	Calne, Wiltshire	Radio 1	BBC	New Music, Contemporary	.032	Calne	ST 997 699
97.8	Vale of Neath, West Glam	Radio 1	BBC	New Music, Contemporary	.010	Rheola	SN 841 061
97.8	Betws-y-Coed & Llanrwst	Radio 1	BBC	New Music, Contemporary	.010	Betws-y-Coed	SH 825 582
97.8	Basildon, Essex	Phoenix FM	Community	Mixed Format	.025	Basildon	TQ 707 884
97.8	North West Ireland	Lyric FM	RTE	Classical, Jazz	120.000	Truskmore	
97.8	South East County Cork	Lyric FM	RTE	Classical, Jazz	3.000	Crosshaven	
97.8	Zeeiland, Netherlands (4)	NOS Radio 2	NOS	Dutch Adult, Oldies, Easy	50.000	Philippine, Netherlands	
97.8	West Bretagne, France (3)	France Culture	Radio France	French Talk	170.000	Brest, France	
97.9	Midlands	Radio 1	BBC	New Music, Contemporary	250.000	Sutton Coldfield	SK 113 003
97.9	Shetland Islands	Radio 1	BBC	New Music, Contemporary	43.000	Bressay	HU 503 387
97.9	East Tayside and North Fife	Radio 1	BBC	New Music, Contemporary	17.000	Forfar	NO 482 409
97.9	Barmouth area, Gwynedd	Radio 1	BBC	New Music, Contemporary	.200	Llwyn Onn	SH 625 175
97.9	Ness of Lewis	Radio 1	BBC	New Music, Contemporary	.200	Ness of Lewis	NB 533 603
97.9	Patna & Dalmellington, Ayrshire	Radio 1	BBC	New Music, Contemporary	.200	Lethanhill	NS 438 105
97.9	Ullapool, Highland	Radio 1	BBC	New Music, Contemporary	.050	Ullapool	NH 142 935
97.9	Trowbridge area, Wiltshire	Radio 1	BBC	New Music, Contemporary	.050	Westwood	ST 817 598
97.9	Windermere & Ambleside, Cmb	Radio 1	BBC	New Music, Contemporary	.064	Windermere	SD 383 980
97.9	Dumbarton & Alexandria	Radio 1	BBC	New Music, Contemporary	.050	Millburn Muir	NS 378 796
97.9	Warrenpoint, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.032	Rostrevor Forest	IJ 189 176
97.9	Wensleydale, North Yorks	Radio 1	BBC	New Music, Contemporary	.027	Wensleydale	SD 992 907
97.9	NE Donegal & North N Ireland	Lyric FM	RTE	Classical, Jazz	10.000	Moveille	
97.9	SE Tipperary & N Waterford	Lyric FM	RTE	Classical, Jazz	1.000	Clonmel	
97.9	South West County Cork	Lyric FM	RTE	Classical, Jazz	1.000	Castletownbere	
97.9	Waterford City	Lyric FM	RTE	Classical, Jazz	.200	Gallows Hill	
98.0	Isle of Man	Radio 1	BBC	New Music, Contemporary	11.000	Douglas	SC 373 746
98.0	Carmarthenshire	Radio 1	BBC	New Music, Contemporary	3.000	Carmel	SN 576 153
98.0	Campbeltown, Strathclyde	Radio 1	BBC	New Music, Contemporary	.400	Campbeltown	NR 707 172
98.0	Colwyn Bay area, Clwyd	Radio 1	BBC	New Music, Contemporary	.100	Penmaen Rhos	SH 877 779
98.0	Otley & Ilkley area, W Yorks	Radio 1	BBC	New Music, Contemporary	.064	Wharfedale	SE 198 485
98.0	Hebden Bridge, West Yorks	Radio 1	BBC	New Music, Contemporary	.025	Hebden Bridge	SD 988 267
98.0	Purley & Coulsdon, London	Radio 1	BBC	New Music, Contemporary	.025	Kenley	TQ 329 592
98.0	Ebbw Vale & Tredegar, Gwent	Radio 1	BBC	New Music, Contemporary	.030	Ebbw Vale	SO 159 088
98.0	Peebles, Border Region	Radio 1	BBC	New Music, Contemporary	.020	Peebles	NT 228 416
98.0	Porth area, Mid Glamorgan	Radio 1	BBC	New Music, Contemporary	.010	Porth	ST 029 919
98.0	Walsden, West Yorkshire	Radio 1	BBC	New Music, Contemporary	.010	Walsden South	SD 937 215
98.0	High Wycombe area	Three Counties Radio (Bucks)	BBC	Mixed Format	.200	High Wycombe	SU 856 942
98.0	Brentwood, Essex	Phoenix FM	Community	Mixed Format	.025	Brentwood	TQ 598 935
98.0	Bristol	Ujima Radio	Community	Mixed Format	.025	Bristol	ST 603 740
98.0	Mid Kerry	Lyric FM	RTE	Classical, Jazz	1.000	Knockmoyle	
98.0	Casla, Galway	Lyric FM	RTE	Classical, Jazz	4.000	Casla	
98.0	Nord Pas de Calais, France (1)	France Culture	Radio France	French Talk	400.000	Lille, France	
98.1	North East England	Radio 1	BBC	New Music, Contemporary	134.000	Pontop Pike	NZ 147 527
98.1	Skye, Harris, East N & S Uist	Radio 1	BBC	New Music, Contemporary	30.000	Skriag	NG 451 408
98.1	North Devon	Radio 1	BBC	New Music, Contemporary	1.000	Barnstaple	SS 502 289
98.1	Largs, Rothesay, Clyde Mouth	Radio 1	BBC	New Music, Contemporary	.570	Rothesay	NS 125 691
98.1	Plymouth	Radio 1	BBC	New Music, Contemporary	.040	Plympton	SX 531 555
98.1	Bradford	Radio 1	BBC	New Music, Contemporary	.025	Idle	SE 163 374
98.1	Blaenavon & Abersychan	Radio 1	BBC	New Music, Contemporary	.010	Blaenavon	SO 277 063
98.1	Cwmafan, West Glamorgan	Radio 1	BBC	New Music, Contemporary	.010	Cwmafan	SS 798 936
98.1	Barry, South Wales	Bro Radio	Community	Mixed Format	.025	Barry	ST 119 697
98.1	West County Waterford	Lyric FM	RTE	Classical, Jazz	3.000	Dungarvan	
98.1	Dublin Region	98FM	Communicorp	Adult	5.000	Three Rock	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
98.2	Central Southern England	Radio 1	BBC	New Music, Contemporary	250.000	Rowridge	SZ 447 865
98.2	Milton Keynes and West Beds	Radio 1	BBC	New Music, Contemporary	10.000	Bow Brickhill	SP 914 342
98.2	Herefordshire & NE Gloucs	Radio 1	BBC	New Music, Contemporary	10.000	Ridge Hill	SO 630 333
98.2	West, South & Central Lancs	Radio 1	BBC	New Music, Contemporary	4.000	Winter Hill	SD 660 144
98.2	Fort Augustus area, Highland	Radio 1	BBC	New Music, Contemporary	1.000	Fort Augustus	NH 361 049
98.2	Penicuik, Lothian	Radio 1	BBC	New Music, Contemporary	.200	Penicuik	NT 229 597
98.2	Berwick-upon-Tweed	Radio 1	BBC	New Music, Contemporary	.050	Berwick-upon-Tweed	NT 980 547
98.2	Llangeinor, Pontycymer, M Gm	Radio 1	BBC	New Music, Contemporary	.010	Llangeinor	SS 905 886
98.3	Ceredigion & SW Gwynedd	Radio 1	BBC	New Music, Contemporary	250.000	Blaenplwyf	SN 569 756
98.3	Grampian Region	Radio 1	BBC	New Music, Contemporary	150.000	Meldrum	NJ 760 329
98.3	Derry area	Radio 1	BBC	New Music, Contemporary	31.000	Londonderry	IC 404 176
98.3	Lincolnshire & E Humberside	Radio 1	BBC	New Music, Contemporary	16.000	Belmont	TF 217 837
98.3	South East Northern Ireland	Radio 1	BBC	New Music, Contemporary	2.000	Camlough	IJ 055 246
98.3	South West Central Region	Radio 1	BBC	New Music, Contemporary	1.000	Ben Gullipen	NN 598 045
98.3	Folkestone area	Radio 1	BBC	New Music, Contemporary	.100	Folkestone	TR 229 382
98.3	West Halifax	Radio 1	BBC	New Music, Contemporary	.084	Luddenden	SE 048 248
98.3	Okehampton, Devon	Radio 1	BBC	New Music, Contemporary	.070	Okehampton	SX 586 967
98.3	Abergavenny & Usk Valley	Radio 1	BBC	New Music, Contemporary	.040	Abergavenny	SO 244 126
98.3	Kirkconnel & Sanquhar, D & G	Radio 1	BBC	New Music, Contemporary	.040	Kirkconnel	NS 746 150
98.3	Wigtown Bay area, D & G	Radio 1	BBC	New Music, Contemporary	.064	Cambret Hill	NX 524 578
98.3	Corran and Onich, Highland	Radio 1	BBC	New Music, Contemporary	.050	Ardgour	NM 989 626
98.3	Dunquin, Kerry	Lyric FM	RTE	Classical, Jazz	.100	Maamclassach	
98.3	Bantry, SW County Cork	Lyric FM	RTE	Classical, Jazz	2.000	Bantry	
98.3	Cork City	Cork Campus Radio	Irish Student	New Music			
98.3	East Bretagne, France (3)	France Culture	Radio France	French Talk	100.000	Rennes, France	
98.4	Torbay	Radio 1	BBC	New Music, Contemporary	1.000	Beacon Hill	SX 857 620
98.4	Bodmin area, Cornwall	Radio 1	BBC	New Music, Contemporary	.200	Penaligon Downs	SX 026 683
98.4	West Berkshire & East Wilts	Radio 1	BBC	New Music, Contemporary	.125	Membury	SU 307 763
98.4	Ballycastle, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.100	Ballycastle	ID 077 423
98.4	Isles of Scilly	Radio 1	BBC	New Music, Contemporary	.060	Isles of Scilly	SV 911 124
98.4	Newtownabbey, N Ireland	Radio 1	BBC	New Music, Contemporary	.020	Carrmonee Hill	IJ 336 829
98.4	Chippenham, Wiltshire	Radio 1	BBC	New Music, Contemporary	.010	Chippenham	ST 914 751
98.4	Strachur & Inveraray, Strathcl	Radio 1	BBC	New Music, Contemporary	.018	Strachur	NN 094 027
98.4	Rhonda Valley, Mid Glam	Radio 1	BBC	New Music, Contemporary	.006	Ton Pentre	SS 960 955
98.4	Ramsay, Isle of Man	Energy FM	Independent	Contemporary	.040	Ramsay	SC 449 945
98.4	Barrahead, Near Glasgow	Pulse FM	Community	Mixed Format			
98.4	West Ireland	Lyric FM	RTE	Classical, Jazz	160.000	Maghera	
98.4	Falcarragh, Donegal	Lyric FM	RTE	Classical, Jazz	.300	Magherdorty	
98.5	Clwyd, Merseyside, W Cheshire	Radio 1	BBC	New Music, Contemporary	16.000	Llangollen	SJ 209 488
98.5	London area	Radio 1	BBC	New Music, Contemporary	4.000	Crystal Palace	TQ 339 712
98.5	Oban area, Highland	Radio 1	BBC	New Music, Contemporary	3.600	Oban	NM 850 290
98.5	Keighley area, West Yorks	Radio 1	BBC	New Music, Contemporary	1.000	Keighley	SE 069 444
98.5	Cambridge area	Radio 1	BBC	New Music, Contemporary	.260	Madingley, Cambridge	TL 392 594
98.5	Girvan, Ayrshire	Radio 1	BBC	New Music, Contemporary	.100	Girvan	NX 211 981
98.5	Todmorden, West Yorks	Radio 1	BBC	New Music, Contemporary	.100	Todmorden	SD 957 241
98.5	Northampton	Radio 1	BBC	New Music, Contemporary	.124	Northampton	SP 760 647
98.5	Chard, Somerset	Radio 1	BBC	New Music, Contemporary	.033	Chard	ST 358 086
98.5	Swansea Valley, W Glam	Radio 1	BBC	New Music, Contemporary	.048	Varteg Hill	SN 776 077
98.5	Carmarthen, Dyfed	Radio 1	BBC	New Music, Contemporary	.007	Carmarthen	SN 412 213
98.5	Brecon, Powys	Radio 1	BBC	New Music, Contemporary	.010	Brecon	SO 030 299
98.5	Edinburgh	Garrison FM (Edinburgh)	Community	Adult (for Army and families)	.020	Edinburgh Garrison	NT 227 683
98.5	County Monaghan	Lyric FM	RTE	Classical, Jazz	3.000	Monaghan	
98.5	North Innishowen	Lyric FM	RTE	Classical, Jazz	1.000	Malin	
98.5	Boulogne, France (5)	Transat FM	France	French		Boulogne, France	
98.6	Cleveland, S Durham, N Yorks	Radio 1	BBC	New Music, Contemporary	5.000	Blisdale West Moor	SE 553 962
98.6	Perth area	Radio 1	BBC	New Music, Contemporary	.964	Kirkton Mailer	NO 102 210
98.6	Chesterfield	Radio 1	BBC	New Music, Contemporary	.400	Chesterfield	SK 383 764
98.6	Swindon area	Radio 1	BBC	New Music, Contemporary	.200	Blunsdon	SU 143 900
98.6	South Islay	Radio 1	BBC	New Music, Contemporary	.065	Port Ellen	NR 338 452
98.6	Kendal, Cumbria	Radio 1	BBC	New Music, Contemporary	.100	Kendal	SD 540 912
98.6	Bath	Radio 1	BBC	New Music, Contemporary	.082	Bath	ST 769 654
98.6	Gloucester & Cheltenham	Radio 1	BBC	New Music, Contemporary	.072	Churchdown Hill	SO 880 188
98.6	Exeter	Radio 1	BBC	New Music, Contemporary	.055	St Thomas	SX 898 922
98.6	Abertillery, Gwent	Radio 1	BBC	New Music, Contemporary	.010	Abertillery	SO 244 023
98.6	Croeserw, West Glamorgan	Radio 1	BBC	New Music, Contemporary	.010	Croeserw	SS 858 952
98.6	Minehead, Somerset	Radio 1	BBC	New Music, Contemporary	.010	Minehead	SS 966 452
98.6	South and East IOM	Energy FM	Independent	Contemporary	2.000	Carnane	SC 372 746
98.6	Hillfields Coventry	The Hillz	Community	Mixed Format, Ethnic	.025	Coventry	SP 340 797
98.6	Mid Tipperary	Lyric FM	RTE	Classical, Jazz	3.000	Suir Valley	
98.6	Kinsale, Cork	Lyric FM	RTE	Classical, Jazz	.010	Kinsale	
98.6	Flanders, Belgium (6)	BRTN Radio 2 (East Flanders)	BRTN	Flemish	50.000	Egem, Belgium	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
98.7	Border Region	Radio 1	BBC	New Music, Contemporary	50.000	Ashkirk	NT 470 244
98.7	E Lewis, N Skye & W Highland	Radio 1	BBC	New Music, Contemporary	50.000	Melvaig	NG 757 900
98.7	Central Powys	Radio 1	BBC	New Music, Contemporary	2.800	Llandrindod Wells	SO 018 635
98.7	West Dorset	Radio 1	BBC	New Music, Contemporary	.200	Bridport	SY 453 915
98.7	Frome, Somerset	Radio 1	BBC	New Music, Contemporary	.060	Egford Hill	ST 764 481
98.7	Conwy & Llandudno, Gwynnd	Radio 1	BBC	New Music, Contemporary	.050	Conwy	SH 781 765
98.7	West Kilbride area, Strathclyde	Radio 1	BBC	New Music, Contemporary	.050	West Kilbride	NS 215 483
98.7	Larne, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.032	Larne	ID 395 037
98.7	Llanfyllin, Powys	Radio 1	BBC	New Music, Contemporary	.014	Llanfyllin	SJ 151 181
98.7	Combe Martin, Devon	Radio 1	BBC	New Music, Contemporary	.004	Combe Martin	SS 582 462
98.7	Kingussie, Highland	Radio 1	BBC	New Music, Contemporary	.035	Kingussie	NN 769 985
98.7	Cardiff	Radio Cardiff	Community	Ethnic	.025	Butetown	ST 187 752
98.7	Birmingham	New Style Radio	Community	Soul	.020	Cambridge Tower	SP 062 869
98.7	East Ireland	Lyric FM	RTE	Classical, Jazz	40.000	Kippure	
98.7	Dingle Peninsula, County Kerry	Lyric FM	RTE	Classical, Jazz	.020	Ballydavid	
98.8	London & South East England	Radio 1	BBC	New Music, Contemporary	250.000	Wrotham	TQ 595 604
98.8	Chalford & Stroud, Gloucs	Radio 1	BBC	New Music, Contemporary	.100	Chalford	SO 883 017
98.8	Pontypool & Cwmbran, Gwent	Radio 1	BBC	New Music, Contemporary	.050	Pontypool	ST 284 990
98.8	Aberdare area, Mid Glam.	Radio 1	BBC	New Music, Contemporary	.042	Aberdare	SO 034 013
98.8	Greenock & Firth of Clyde	Radio 1	BBC	New Music, Contemporary	.032	Rosneath	NS 258 811
98.8	Ogmore Vale, Mid Glamorgan	Radio 1	BBC	New Music, Contemporary	.010	Ogmore Vale	SS 929 894
98.8	Pitlochry & Aberfeldy, Tayside	Radio 1	BBC	New Music, Contemporary	.200	Pitlochry	NN 923 565
98.8	Leith, Edinburgh	Leith FM	Community	Mixed Format	.025	Leith	NT 270 760
98.8	Newcastle-upon-Tyne	Spice FM	Community	Asian	.025	W. Road, Newcastle	NZ 221 646
98.8	Cork City and East County Cork	Lyric FM	RTE	Classical, Jazz	10.000	Spur Hill	
98.8	East Donegal	Lyric FM	RTE	Classical, Jazz	2.000	Holywell Hill	
98.8	North Kerry	Lyric FM	RTE	Classical, Jazz	2.000	Knockanure Ballybun	
98.9	North West and Yorkshire	Radio 1	BBC	New Music, Contemporary	250.000	Holme Moss	SE 095 041
98.9	Orkney Islands	Radio 1	BBC	New Music, Contemporary	41.000	Keelylang Hill	HY 378 102
98.9	Pembrokeshire	Radio 1	BBC	New Music, Contemporary	20.000	Haverfordwest	SN 028 261
98.9	South Uist	Radio 1	BBC	New Music, Contemporary	1.000	Daliburgh	NF 736 216
98.9	Bristol	Radio 1	BBC	New Music, Contemporary	1.300	Ilchester Crescent	ST 577 700
98.9	Crieff area, Tayside	Radio 1	BBC	New Music, Contemporary	.125	Crieff	NN 814 200
98.9	Rhymney area, Mid Glam	Radio 1	BBC	New Music, Contemporary	.020	Rhymney	SO 127 042
98.9	Fort William area, Highland	Radio 1	BBC	New Music, Contemporary	1.500	Fort William	NN 117 772
98.9	S Kapdale, E Islay, Jura	Radio 1	BBC	New Music, Contemporary	1.100	South Knapdale	NR 837 748
98.9	Central Mayo	Lyric FM	RTE	Classical, Jazz	3.000	Castlebar	
98.9	West Netherlands (4)	NOS Radio 1	NOS	Dutch News, Talk	100.000	Lopik, Netherlands	
99.0	Fermanagh and South Tyrone	Radio 1	BBC	New Music, Contemporary	9.800	Brougher Mountain	IH 350 527
99.0	South East Grampian Region	Radio 1	BBC	New Music, Contemporary	2.100	Durris	NO 763 897
99.0	Porthmadog area, Gwynedd	Radio 1	BBC	New Music, Contemporary	.100	Llandecwyn	SH 644 371
99.0	Hexham & Tyne Valley, Nthmb	Radio 1	BBC	New Music, Contemporary	.100	Newton	NZ 036 653
99.0	Teignmouth area, Devon	Radio 1	BBC	New Music, Contemporary	.100	Holcombe Down	SX 934 752
99.0	Weston-super-mare, Avon	Radio 1	BBC	New Music, Contemporary	.040	Hutton	ST 361 588
99.0	Machynlleth, Dyfed	Radio 1	BBC	New Music, Contemporary	.060	Machynlleth	SH 723 003
99.0	Kilkeel, Northern Ireland	Radio 1	BBC	New Music, Contemporary	.025	Kilkeel	IJ 281 180
99.0	Ventnor, Isle of Wight	Radio 1	BBC	New Music, Contemporary	.020	Ventnor	SZ 567 783
99.0	Alderney	Radio Guernsey	BBC	Mixed Format	.010	Fort Albert	WA 589 086
99.0	Limerick city	Lyric FM	RTE	Classical, Jazz	2.500	Woodcock H, Limerick	
99.0	Fermoy & Mitchelstown, Cork	Lyric FM	RTE	Classical, Jazz	.100	Fermoy	
99.0	Dunkerque, France (6)	France Info	Radio France	French News	1.000	Dunkerque, France	
99.1	Oxon, Bucks, Berks, S Midlands	Radio 1	BBC	New Music, Contemporary	46.000	Oxford	SP 567 105
99.1	Ayrshire	Radio 1	BBC	New Music, Contemporary	10.000	Darvel	NS 557 341
99.1	Tobermoray area, Highland	Radio 1	BBC	New Music, Contemporary	5.000	Glenngorm	NM 265 565
99.1	Swansea area	Radio 1	BBC	New Music, Contemporary	.926	Kilvey Hill	SS 672 940
99.1	South Devon	Radio 1	BBC	New Music, Contemporary	.250	Salcombe	SX 753 398
99.1	Axminster & Seaton, Devon	Radio 1	BBC	New Music, Contemporary	.080	Axe Valley	SY 283 945
99.1	Innerleithen, Border	Radio 1	BBC	New Music, Contemporary	.020	Innerleithen	NT 325 368
99.1	Darwen, Lancashire	Radio 1	BBC	New Music, Contemporary	.010	Darwen	SD 708 223
99.1	Newbridge area, Gwent	Radio 1	BBC	New Music, Contemporary	.005	Pennar	ST 209 958
99.1	West County Galway	Lyric FM	RTE	Classical, Jazz	3.000	Clifden	
99.1	West Kerry	Lyric FM	RTE	Classical, Jazz	2.000	Cahirciveen	
99.1	North East Wicklow	Lyric FM	RTE	Classical, Jazz	1.000	Greystones	
99.1	Tallaght, County Dublin	Tallaght Community Radio	Irish Community	Mixed Format	.025		
99.2	Inverness & Moray Firth area	Radio 1	BBC	New Music, Contemporary	20.000	Rosemarkie	NH 762 623
99.2	North Northern Ireland	Radio 1	BBC	New Music, Contemporary	3.400	Limavady	IC 711 296
99.2	Tiverton, Devon	Radio 1	BBC	New Music, Contemporary	.300	Gogwell	SS 967 111
99.2	Bexhill, East Sussex	Radio 1	BBC	New Music, Contemporary	.100	Bexhill	TQ 744 080
99.2	Whitby, North Yorkshire	Radio 1	BBC	New Music, Contemporary	.100	Whitby	NZ 904 113
99.2	Blairstown & Rattray, Tayside	Radio 1	BBC	New Music, Contemporary	.032	Rosemount	NO 203 435
99.2	Ferndale, Mid Glamorgan	Radio 1	BBC	New Music, Contemporary	.010	Ferndale	ST 006 970
99.2	Llyswen area, Powys	Radio 1	BBC	New Music, Contemporary	.010	Llyswen	SO 137 361
99.2	Whalley, Lancashire	Radio 1	BBC	New Music, Contemporary	.010	Whalley	SD 729 352
99.2	Ludlow, Shropshire	Radio 1	BBC	New Music, Contemporary	.010	Ludlow	SO 498 741
99.2	Keswick, Cumbria	Radio 1	BBC	New Music, Contemporary	.030	Keswick Forest	NY 223 244
99.2	Welshpool, Powys	Radio 1	BBC	New Music, Contemporary	.024	Long Mountain	SJ 265 057
99.2	Coalville and Ashby-de-la-Zouche	Hermitage FM	Community	Mixed Format	.050	Hoo Ash Farm, Coalville	SJ 897 898
99.2	South East Ireland	Lyric FM	RTE	Classical, Jazz	100.000	Mount Leinster	
99.2	West Donegal	Lyric FM	RTE	Classical, Jazz	3.000	Aranmore	
99.2	Calais, France (6)	RTL 2	France	French Dance	1.000	Calais, France	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
99.3	Norfolk and Suffolk	Radio 1	BBC	New Music, Contemporary	250.000	Tacolneston	TM 131 958
99.3	West Cornwall	Radio 1	BBC	New Music, Contemporary	25.000	Redruth	SW 690 394
99.3	Lampeter & Teifi Valley, Dyfed	Radio 1	BBC	New Music, Contemporary	.400	Mynydd Pencarreg	SN 577 430
99.3	Eyemouth and Border coast	Radio 1	BBC	New Music, Contemporary	.100	Eyemouth	NT 947 599
99.3	Whitehaven area, Cumbria	Radio 1	BBC	New Music, Contemporary	.100	Whitehaven	NX 992 123
99.3	Upper Tame Valley, Gt Mancs	Radio 1	BBC	New Music, Contemporary	.095	Saddleworth	SD 987 050
99.3	Weardale, County Durham	Radio 1	BBC	New Music, Contemporary	.180	Weardale	NZ 025 384
99.3	Newhaven & Seaford, Sussex	Radio 1	BBC	New Music, Contemporary	.100	Newhaven	TQ 435 006
99.3	Lyme Regis, Dorset	Radio 1	BBC	New Music, Contemporary	.050	Lyme Regis	SY 345 935
99.3	Stranraer, D & G	Radio 1	BBC	New Music, Contemporary	.031	Stranraer	NX 111 632
99.3	Leatherhead area, Surrey	Radio 1	BBC	New Music, Contemporary	.025	Mickleham	TQ 163 538
99.3	Barnoldswick area, Lancs	Radio 1	BBC	New Music, Contemporary	.020	Barnoldswick	SD 897 490
99.3	Cornholme, West Yorkshire	Radio 1	BBC	New Music, Contemporary	.020	Cornholme	SD 918 264
99.3	Caterham, Surrey	Radio 1	BBC	New Music, Contemporary	.015	Caterham	TQ 343 557
99.3	Kinlochleven, Highland	Radio 1	BBC	New Music, Contemporary	.010	Kinlochleven	NN 178 630
99.3	Ballybofey, Donegal	Lyric FM	RTE	Classical, Jazz	1.000	Ballybofey	
99.3	Cork City	Lyric FM	RTE	Classical, Jazz	.200	Collins Barracks	
99.3	Lahinch, Clare	Lyric FM	RTE	Classical, Jazz	.200	Lehinch	
99.4	North Gwynedd & NW Clwyd	Radio 1	BBC	New Music, Contemporary	21.000	Llanddona	SH 782 810
99.4	Isle of Lewis	Radio 1	BBC	New Music, Contemporary	2.000	Eitshal	NB 305 302
99.4	Reading	Radio 1	BBC	New Music, Contemporary	1.000	Hemdean	SU 710 762
99.4	Matlock & Bakewell, Derbys	Radio 1	BBC	New Music, Contemporary	1.200	Stanton Moor	SK 246 637
99.4	Leeds	Radio 1	BBC	New Music, Contemporary	.200	Beecroft Hill	SE 237 350
99.4	West Tyneside, Tyne & Wear	Radio 1	BBC	New Music, Contemporary	.042	Fenham	NZ 216 648
99.4	Llanrhaeadr ym Mochant, Cl	Radio 1	BBC	New Music, Contemporary	.050	Llanrhaeadr ym Moch.	SJ 174 260
99.4	Salisbury, Wiltshire	Radio 1	BBC	New Music, Contemporary	.020	Salisbury	SU 136 285
99.4	Dartmouth area, Devon	Radio 1	BBC	New Music, Contemporary	.005	Kingswear	SX 887 511
99.4	Speyside, Highland	Radio 1	BBC	New Music, Contemporary	.350	Grantown	NJ 003 267
99.4	Co Longford and North Midlands	Lyric FM	RTE	Classical, Jazz	16.000	Cairn Hill	
99.4	North Donegal	Lyric FM	RTE	Classical, Jazz	4.000	Fanad	
99.5	Central Scotland	Radio 1	BBC	New Music, Contemporary	250.000	Black Hill	NS 828 647
99.5	South Wales & West England	Radio 1	BBC	New Music, Contemporary	250.000	Wenvoe	ST 110 742
99.5	East Kent	Radio 1	BBC	New Music, Contemporary	11.000	Swingate	TR 334 429
99.5	Sheffield	Radio 1	BBC	New Music, Contemporary	.320	Tapton Hill, Sheffield	SK 324 870
99.5	Scarborough area, N Yorks	Radio 1	BBC	New Music, Contemporary	.250	Oliver's Mount	SX 040 869
99.5	Haslingden area, Lancs	Radio 1	BBC	New Music, Contemporary	.083	Haslingden	SD 795 236
99.5	Ivybridge, Devon	Radio 1	BBC	New Music, Contemporary	.050	Ivybridge	SX 631 538
99.5	North West Mayo	Lyric FM	RTE	Classical, Jazz	2.000	Achill	
99.6	South Cumbria & NW Lancs	Radio 1	BBC	New Music, Contemporary	10.000	Morecambe Bay	SD 239 791
99.6	Thirsk & Northallerton area	Radio 1	BBC	New Music, Contemporary	5.000	Woolmoor	SE 457 881
99.6	Weymouth, Dorset	Radio 1	BBC	New Music, Contemporary	.130	Weymouth	SY 663 779
99.6	Buxton, Derbyshire	Radio 1	BBC	New Music, Contemporary	.100	Buxton	SK 060 753
99.6	High Wycombe	Radio 1	BBC	New Music, Contemporary	.050	High Wycombe	SU 856 942
99.6	South West Ireland	Lyric FM	RTE	Classical, Jazz	160.000	Mullaghanish	
99.6	Basse Normandie, France (6)	France Inter	Radio France	French Mixed format	50.000	Caen, France	
99.7	East & Central Northern Ireland	Radio 1	BBC	New Music, Contemporary	250.000	Divis	IJ 286 750
99.7	Cambs, Beds, S Lincs, E Nthnts	Radio 1	BBC	New Music, Contemporary	40.000	Peterborough	TL 127 913
99.7	Thurso & Wick area, Highland	Radio 1	BBC	New Music, Contemporary	10.000	Rumster Forest	ND 197 385
99.7	North Northumberland	Radio 1	BBC	New Music, Contemporary	5.600	Chatton	NU 105 264
99.7	Brighton and Worthing area	Radio 1	BBC	New Music, Contemporary	.600	Whitehawk Hill	TQ 330 045
99.7	Basingstoke	Radio 1	BBC	New Music, Contemporary	.200	Basingstoke	SU 600 488
99.7	Marlborough area, Wilts	Radio 1	BBC	New Music, Contemporary	.100	Marlborough	SU 209 688
99.7	Newcastle Emlyn area, Dyfed	Radio 1	BBC	New Music, Contemporary	.088	Llandyfriog	SN 348 412
99.7	Dee Valley, Grampian	Radio 1	BBC	New Music, Contemporary	.042	Tullich	NO 379 984
99.7	Newtown, Powys	Radio 1	BBC	New Music, Contemporary	.036	Llandinam	SO 050 877
99.7	Dolgellau, Gwynedd	Radio 1	BBC	New Music, Contemporary	.016	Dolgellau	SH 727 185
99.7	Oldham	Oldham FM	Community	Mixed Format	.025	Oldham	SD 923 051
99.8	Hay on Wye area	Radio 1	BBC	New Music, Contemporary	.010	Clyro	SO 204 432
99.8	Hull area	KCFM	Lincs	Adult, Oldies	6.250	Humber Bridge North Pier	TA 025 253
99.8	Burnley, Nelson and Colne	2BR	TLRC	Adult	.750	Pendle Forest	SD 825 384
99.8	Knowsley, Merseyside	KCC Live	Community	Mixed Format	.025	Knowsley	SJ 442 908
99.8	Aberdeen	SHMU FM	Community	Mixed Format	.025	Stewart Park Court	NW 917082
99.8	Zeeland, Netherlands (4)	NOS Radio 3	NOS	Dutch Contemporary	30.000	Goes, Netherlands	
99.9	N Cumbria & S W Scotland	Classic FM	Global Radio	Light Classical	250.000	Sandale	NY 266 398
99.9	Norwich area	Radio Norwich	Tindle/ Ind	Adult	99.900	Stoke Holy Cross	TG 258 026
99.9	North West Co Wicklow	East Coast Radio	Irish Ind	Adult, Talk	1.000	Saggart	
99.9	South West Co Wicklow	East Coast Radio	Irish Ind	Adult, Talk		Carnew	
96.8	Limerick	Wired FM	Irish Student	New Music			
99.9	Boulogne and Calais, France (5)	France Culture	Radio France	French Talk	1.000	Boulogne, France	
100.0	Devon and East Cornwall	Classic FM	Global Radio	Light Classical	160.000	North Hessary Tor	SX 578 742
100.0	London area	Kiss FM	Bauer	Dance, Rhythm	2.000	Croydon	TQ 332 696
100.0	Dumbarton & Alexandria	Real Radio (Scotland)	GMG	Adult, Talk	.100	Millburn Muir	NS 378 796
100.0	North West Ireland	Today FM	Communicorp	Adult, Talk	120.000	Truskmore	
100.0	South East County Cork	Today FM	Communicorp	Adult, Talk	3.000	Crosshaven	
100.0	Dundalk	Radio Active Dundalk FM	Irish Community	Mixed Format	.025		
100.1	Midlands	Classic FM	Global Radio	Light Classical	250.000	Sutton Coldfield	SK 113 003
100.1	East Tayside and North Fife	Classic FM	Global Radio	Light Classical	10.625	Angus	NO 394 407
100.1	Kendal, Cumbria	Lakeland Radio	CN Group/ Ind	Adult, Oldies	.200	Kendal	SD 540 912
100.1	NE Donegal & North N Ireland	Today FM	Communicorp	Adult, Talk	10.000	Moville	
100.1	SE Tipperary & N Waterford	Today FM	Communicorp	Adult, Talk	1.000	Clonmel	
100.1	South West County Cork	Today FM	Communicorp	Adult, Talk	1.000	Castletownbere	
100.1	Waterford City	Today FM	Communicorp	Adult, Talk	.200	Gallows Hill	
100.1	Haute Normandie, France (2)	France Bleu Haute Normandie	Radio France	French Oldies	115.000	Rouen, France	
100.1	Flanders, Belgium (6)	BRTN Radio 2 (West Flanders)	BRTN	Flemish	50.000	Egem, Belgium	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
100.2	South and East Isle of Man	Classic FM	Global Radio	Light Classical	1.000	Douglas	SC 373 746
100.2	Bath	Classic FM	Global Radio	Light Classical	.200	Bath	ST 769 654
100.2	North East Essex	Dream 100 FM	Tindle	Adult	2.000	Telstar Nurseries	TM 192 187
100.2	Mid Kerry	Today FM	Communicorp	Adult, Talk	1.000	Knockmoyle	
100.3	Central Southern England	Classic FM	Global Radio	Light Classical	250.000	Rowridge	SZ 447 865
100.3	North East England	Classic FM	Global Radio	Light Classical	130.000	Pontop Pike	NZ 147 527
100.3	Bradford	Classic FM	Global Radio	Light Classical	.500	Idle	SE 163 374
100.3	Glasgow and Clydeside area	Real Radio (Scotland)	GMG	Adult, Talk	20.000	Black Hill	NS 828 647
100.3	County Dublin	Radio Nova	Irish Ind	Classic Rock	10.000	Three Rock	
100.3	West County Waterford	Today FM	Communicorp	Adult, Talk	3.000	Dungarvan	
100.4	Milton Keynes and West Beds	Classic FM	Global Radio	Light Classical	10.000	Bow Brickhill	SP 914 342
100.4	Herefordshire & Gloucester	Classic FM	Global Radio	Light Classical	4.800	Ridge Hill	SO 630 333
100.4	Medway towns	KM-FM (Medway)	Global Radio	Adult	.040	Hoo St Werburgh	TQ 774 731
100.4	North West England	Smooth Radio (North West)	GMG	Oldies, Easy	5.000	Winter Hill	SD 660 144
100.4	Calais, France (6)	Radio 6	France	French		Calais, France	
100.5	Grampian Region	Classic FM	Global Radio	Light Classical	150.000	Meldrum	NJ 760 329
100.5	Derry area	Classic FM	Global Radio	Light Classical	31.000	Londonderry	IC 404 176
100.5	Pembrokeshire, W Carmarthen	Classic FM	Global Radio	Light Classical	7.300	Preseli	SN 176 306
100.5	Lincolnshire & S Humberside	Classic FM	Global Radio	Light Classical	6.400	Belmont	TF 217 837
100.5	South East Northern Ireland	Five FM	Northern Media	Adult, Oldies	1.000	Camrough	IJ 055 246
100.5	Totnes area, Devon	Heart West Midlands	Global Radio	Adult	.300	Totnes	SX 795 598
100.5	Meath, Kildare, NW Wicklow	Radio Nova	Irish Ind	Classic Rock		Saggart	
100.6	South, Central & West London	Classic FM	Global Radio	Light Classical	2.000	Crystal Palace	TQ 339 712
100.6	Lisburn, Northern Ireland	BFBS Northern Ireland	Community	Mixed Format	.020	Lisburn	IJ 262 659
100.6	West Ireland	Today FM	Communicorp	Adult, Talk	160.000	Maghera	
100.7	West and North Gwynedd	Classic FM	Global Radio	Light Classical	18.750	Arfon	SH 476 463
100.7	West Midlands region	Heart Devon	Global Radio	Adult	11.000	Sutton Coldfield	SK 113 003
100.7	Cleveland, S Durham, N Yorks	Real Radio (North East)	GMG	Adult, Talk, Sport	8.900	Bilsdale West Moor	SE 553 962
100.7	County Monaghan	Today FM	Communicorp	Adult, Talk	3.000	Monaghan	
100.7	North Innishowen	Today FM	Communicorp	Adult, Talk	1.000	Malin	
100.7	West Netherlands (4)	Q Music	Netherlands	Dutch Adult	100.000	Lopik, Netherlands	
100.7	Dunkerque, France (6)	Kestrel FM	France	French		Dunkerque, France	
100.8	Swindon	Classic FM	Global Radio	Light Classical	.720	Blunsdon	SU 143 900
100.8	Dartmouth area, Devon	Heart Devon	Global Radio	Adult	.100	Dartmouth	SX 866 508
100.8	Windermere & Ambleside, Cmb	Lakeland Radio	CN Group/ Ind	Adult, Oldies	.120	Windermere	SD 383 980
100.8	Porlock, Somerset	Total Star Somerset	One Gold	Adult, Oldies	.108	Porlock	SS 883 462
100.8	Watchet, Somerset	Total Star Somerset	One Gold	Adult, Oldies	.200	Watchet	
100.8	Exe and Barle Valleys, Somerset	Total Star Somerset	One Gold	Adult, Oldies	2.000	Brushford	
100.8	Cumbernauld & Kirkintilloch	Revival Radio	Community	Christian	.025	Cumbernauld	NS 765 750
100.8	Mid Tipperary	Today FM	Communicorp	Adult, Talk	3.000	Suir Valley	
100.9	London & South East England	Classic FM	Global Radio	Light Classical	250.000	Wrotham	TQ 595 604
100.9	Border Region	Classic FM	Global Radio	Light Classical	5.400	Selkirk	NT 500 294
100.9	East Ireland	Today FM	Communicorp	Adult, Talk	40.000	Kippure	
101.0	West Tyneside and Tyne Valley	Classic FM	Global Radio	Light Classical	.050	Fenham	NZ 216 648
101.0	South Wales & West England	Kiss 101	Bauer	Dance	40.000	Mendip	ST 563 488
101.0	Holywood, Northern Ireland	BFBS Northern Ireland	Community	Mixed Format	.025	Palace Barracks	IJ 392 777
101.0	West Glasgow	Insight	Community	Talk (Visually Impaired)	.025	Glasgow	NS 547 688
101.0	Cork City and East County Cork	Today FM	Communicorp	Adult, Talk	10.000	Spur Hill	
101.0	East Donegal	Today FM	Communicorp	Adult, Talk	2.000	Holywell Hill	
101.1	North West and Yorkshire	Classic FM	Global Radio	Light Classical	250.000	Holme Moss	SE 095 041
101.1	Ceredigion	Classic FM	Global Radio	Light Classical	10.000	Blaenplwyf	SN 569 756
101.1	Kilkeel, Northern Ireland	Five FM	Northern Media	Adult, Oldies	.042	Kilkeel	IJ 281 180
101.1	Lothian and Fife	Real Radio (Scotland)	GMG	Adult, Talk	10.000	Craigkelly	NT 233 872
101.1	Greenock & Firth of Clyde	Real Radio (Scotland)	GMG	Adult, Talk	.100	Rosneath	NS 258 811
101.1	Havant area, Hampshire	Angel Radio (Havant)	Community	Nostalgia	.020	Battens Way	SU 718 076
101.1	Southampton	Unity 101	Community	Ethnic	.020	Midanbury	SU 447 142
101.1	Central Mayo	Today FM	Communicorp	Adult, Talk	3.000	Castlebar	
101.2	South Devon	Heart Devon	Global Radio	Adult	1.150	Soar	SX 718 376
101.2	Fermanagh and South Tyrone	Q101.2 West	Northern Media	Adult, Oldies, Country	8.200	Brougher Mountain	IH 350 527
101.2	Hexham & Tyne Valley, Nthmb	Real Radio (North East)	GMG	Adult, Talk, Sport	.200	Newton	NZ 036 653
101.2	Sunderland	Real Radio (North East)	GMG	Adult, Talk, Sport	.070	Hendon	NZ 409 556
101.2	North East Grampian	Waves Radio	Independent	Adult	1.650	Mormond Hill	NJ 982 569
101.2	Limerick city	Today FM	Communicorp	Adult, Talk	2.500	Woodcock H, Limerick	
101.2	North West Netherlands (4)	Sky Radio	Netherlands	Dutch Adult	200.000	Hilversum, Netherlands	
101.3	Oxon, Bucks, Berks, S Midlands	Classic FM	Global Radio	Light Classical	46.000	Oxford	SP 567 105
101.3	Ayrshire	Classic FM	Global Radio	Light Classical	8.000	Darvel	NS 557 341
101.3	Swansea area	Classic FM	Global Radio	Light Classical	1.000	Kilvey Hill	SS 672 940
101.3	West County Galway	Today FM	Communicorp	Adult, Talk	3.000	Clifden	
101.3	West Kerry	Today FM	Communicorp	Adult, Talk	2.000	Cahirciveen	
101.3	Galway	Flirt FM	Irish Student	New Music	.025		
101.3	Dunkerque, France (6)	NRJ	France	French Adult	1.000	Dunkerque, France	
101.4	Inverness & Moray Firth area	Classic FM	Global Radio	Light Classical	11.000	Mounteagle	NH 639 580
101.4	Bristol	Classic FM	Global Radio	Light Classical	.200	Pur Down	ST 610 764
101.4	Derby	Smooth Radio (East Midlands)	GMG	Oldies, Easy	.190	Drum Hill	SK 375 425
101.4	Newry, Northern Ireland	IUR FM	Community	Mixed Format	.020	Newry Golf Club	
101.4	West London	On FM	Community	Mixed Format (Irish Audience)	.025	Hammersmith	TQ 232 786
101.4	South East Ireland	Today FM	Communicorp	Adult, Talk	100.000	Mount Leinster	
101.4	West Donegal	Today FM	Communicorp	Adult, Talk	3.000	Aranmore	
101.4	Abbeykneale	West Limerick 102	Irish Community	Mixed Format	.025		
101.5	Norfolk and Suffolk	Classic FM	Global Radio	Light Classical	250.000	Tacolneston	TM 131 958
101.5	West Cornwall	Classic FM	Global Radio	Light Classical	10.000	Redruth	SW 690 394
101.5	Ballybofey, Donegal	Today FM	Communicorp	Adult, Talk		Ballybofey	
101.5	Flanders, Belgium 6	Radio Donna	BRTN	Flemish	50.000	Egem, Belgium	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
101.6	North Clwyd & NE Gwynedd	Classic FM	Global Radio	Light Classical	2.500	Great Orme Head	SH 766 834
101.6	Cleveland and South Durham	Classic FM	Global Radio	Light Classical	2.000	Bilsdale West Moor	SE 553 962
101.6	Leeds	Classic FM	Global Radio	Light Classical	.300	Beecroft Hill	SE 237 350
101.6	Fourmarks & Alresford, Hants	Kestrel FM	Tindle	Adult	.100	Four Marks	SU 674 354
101.6	Hindhead area, Surrey	Kestrel FM	Tindle	Adult	.065	Hindhead	SU 886 356
101.6	Sevenoaks area, Kent	KM-FM (West Kent)	Kent Messenger	Adult	.400	Wrotham	TQ 595 604
101.6	Lichfield & Tamworth area	Touch FM (Staffordshire)	Quidern	Adult	.063	Lichfield	SK 164 043
101.6	Slough	Asian Star	Community	Asian	.025	Slough	SU 979 798
101.6	North Donegal	Today FM	Communicorp	Adult, Talk	4.000	Fanad	
101.6	Shannon Estuary, Limerick	West Limerick 102	Irish Community	Mixed Format	.025		
101.6	Boulogne, France (5)	RFM Nord	France	French Adult		Boulogne, France	
101.7	Central Scotland	Classic FM	Global Radio	Light Classical	250.000	Black Hill	NS 828 647
101.7	South Wales & West England	Classic FM	Global Radio	Light Classical	250.000	Wenvoe	ST 110 742
101.7	Sheffield	Classic FM	Global Radio	Light Classical	.500	Tapton Hill, Sheffield	SK 324 870
101.7	Harlow, Essex & East Herts	Heart Essex	Global Radio	Adult	.100	Rye Hill	TL 449 067
101.7	North West Mayo	Today FM	Communicorp	Adult, Talk	2.000	Achill	
101.8	East Kent	Classic FM	Global Radio	Light Classical	5.200	Dover	TR 274 397
101.8	South Cumbria and NW Lancs	Classic FM	Global Radio	Light Classical	6.400	Morecambe Bay	SD 239 791
101.8	Reading	Classic FM	Global Radio	Light Classical	.500	Hemdean	SU 710 762
101.8	Winksworth, Derbyshire	Ashbourne Radio	Independent	Adult, Oldies	.045	Hardhurst Farm	SK 297 529
101.8	Petersfield, Hampshire	Kestrel FM	Tindle	Adult	.100	Rams Walk	SU 748 233
101.8	Tyneside, N Durham, S Nthmb	Real Radio (North East)	GMG	Adult, Talk, Sport	10.000	Burnhope	NZ 184 474
101.8	Dewsbury, West Yorkshire	Branch FM	Community	Christian	.025	Dewsbury	SE 252 230
101.8	Stoke-on-Trent	Cross Rhythms City Radio	Community	Contemporary, Christian	.060	Stoke-on-Trent	SJ 917 496
101.8	Market Weighton area, E Yorks	Vixen 101	Community	Mixed Format	.025	Market Weighton	SE 903 421
101.8	Wolverhampton	WCR	Community	Mixed Format	.025	Wolverhampton	SO 917 984
101.8	South West Ireland	Today FM	Communicorp	Adult, Talk	160.000	Mullaghanish	
101.8	County Dublin	Today FM	Communicorp	Adult, Talk	10.000	Three Rock	
101.9	East & Central Northern Ireland	Classic FM	Global Radio	Light Classical	250.000	Divis	IJ 286 750
101.9	Cambs, Beds, S Lincs, E Nthnts	Classic FM	Global Radio	Light Classical	40.000	Peterborough	TL 127 913
101.9	Brighton and Worthing area	Classic FM	Global Radio	Light Classical	.500	Whitehawk Hill	TQ 330 045
101.9	Ivybridge, Devon	Heart Devon	Global Radio	Adult	.500	Ivybridge	SX 631 538
101.9	Dee Valley, Grampian	NECR	Independent	Adult, Oldies	.225	Tullich	ND 379 984
101.9	Zeeland, Netherlands (4)	Sky Radio	Netherlands	Dutch Adult	50.000	Goes, Netherlands	
102.0	Greater Manchester	Capital FM (Manchester)	Global Radio	Contemporary	1.000	Sunley Building	SJ 844 983
102.0	Barnsley	Deerne FM	Lincs	Adult, Oldies	.450	Ardley	SE 390 061
102.0	Hastings	Heart Sussex	Global Radio	Adult	.200	Hastings	TQ 807 100
102.0	Alton & Bordon area, Hants	Kestrel FM	Tindle	Adult	.100	Brockham Hill	SU 723 428
102.0	Ryde & North East Isle of Wight	Isle of Wight Radio	Independent	Adult	.020	Ryde Pier	SZ 593 936
102.0	Ventnor, SE Isle of Wight	Isle of Wight Radio	Independent	Adult	.020	Ventnor	SZ 567 783
102.0	Cowes, Isle of Wight	Isle of Wight Radio	Independent	Adult	.007	Cowes	SZ 496 903
102.0	Matlock & Bakewell, Derbys	Peak FM	Forever	Contemporary, Adult	.080	Stanton Moor	SK 246 637
102.0	South Wiltshire	Spire FM	TLRC (UKRD)	Adult	1.250	Camp Hill	SU 112 337
102.0	S & C Warwickshire, E Worcs	Touch FM (Warwickshire)	Quidern	Adult, Contemporary	3.000	Lark Stoke	SP 187 427
102.0	Ipswich area	Town FM	Tindle	Adult, Oldies	2.000	Warren Heath	TM 190 425
102.0	Dundee	Wave 102	UTV	Soft, Adult	.100	Dundee Law	ND 392 313
102.0	N Wexford, S Carlow, Kilkenny	Beat 102-103	Irish Ind	Contemporary	6.000	Mount Leinster	
102.0	Cork City	CUH FM	Irish Hospital	Mixed format		Wilton Hospital, Cork	
102.1	North East Grampian	NECR	Independent	Adult, Oldies	1.250	Meldrum	NJ 760 329
102.1	Swansea area	Bay Radio	Town & Country	Oldies, Soft	1.250	Kilvey Hill	SS 672 940
102.1	Teesdale, County Durham	Radio Teesdale	Community	Mixed Format	.100	Mickleton	NY 974 220
102.1	County Galway	102-104	Irish Ind	Contemporary	5.000	Loughrea	
102.1	Flanders, Belgium (6)	Studio Brussel	BRTN	Flemish	50.000	Egem, Belgium	
102.2	Birmingham area	Capital FM (West Midlands)	Global Radio	Contemporary	1.000	Metropolitan House	SP 055 862
102.2	Workington	CFM	Bauer	Adult, Contemporary	.815	Broughton Moor	NY 058 330
102.2	Penicuik, Lothian	Forth FM	Bauer	Contemporary	.500	Penicuik	NT 229 597
102.2	West Wiltshire	Heart Wiltshire	Global Radio	Adult	.500	Naish Hill	ST 947 686
102.2	Lincolnshire & S Humberside	Lincs FM	Lincs	Adult, Contemporary	6.400	Belmont	TF 217 837
102.2	Ullapool, Highland	Lochbroom FM	Independent	Adult	.700	Ullapool	NH 142 935
102.2	East Cornwall & West Devon	Pirate FM	UKRD	Adult, Contemporary	2.500	Caradon Hill	SX 273 707
102.2	Lerwick, Shetland	SIBC	Independent	Contemporary, Adult	.025	Lerwick	HU 475 415
102.2	London area	Smooth Radio	GMG	Oldies, Easy	2.000	Croydon	TQ 332 696
102.2	South West Waterford	Beat 102-103	Irish Ind	Contemporary	5.000	Dungarvan	
102.2	Dublin Region	Q102.2	UTV	Soft, Oldies	2.000	Three Rock	
102.2	West County Limerick	West Limerick 102	Irish Community	Mixed Format	.025		
102.3	Thirsk area, North Yorkshire	Star Radio North East	TLRC (UKRD)	Adult	.044	Calvert's Carpets	SE 429 819
102.3	Windermere & Ambleside, Cmb	The Bay	CN Group	Adult	.040	Windermere	SD 383 980
102.3	Berwick-upon-Tweed	Radio Borders	Bauer	Adult, Contemporary	.010	Berwick-upon-Tweed	NT 980 547
102.3	Largs, Rothesay, Clyde Mouth	Clyde 1	Bauer	Contemporary	.600	Rothesay	NS 125 691
102.3	Ballymena and Antrim	Downtown Radio	Bauer	Adult, Oldies	.625	Portglenone	ID 008 028
102.3	Bournemouth area	Heart South Coast	Global Radio	Adult	2.000	Nine Barrow Down	SZ 009 811
102.3	Mallaig, Arisaig & SE Skye	Nevis Radio	Independent	Adult, Contemporary	.800	Cnoc Malagan	NG 654 081
102.3	Pontypridd area, Mid Glamorgan	Real Radio (Wales)	GMG	Adult, Talk		Eglwysilan	
102.3	Littlehampton and Arundel	Spirit FM	TLRC	Adult, Oldies	.480	Hammerpot	TQ 072 055
102.3	Market Harborough, Leics	Harborough FM	Community	Mixed Format	.050	Little Oxendon Farm	SP 727 840

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
102.4	Derry area	<b>Downtown Radio</b>	Bauer	Adult, Oldies	10.000	Londonderry	IC 404 176
102.4	Peel, Isle of Man	<b>Energy FM</b>	Independent	Contemporary	.025	Beary Peak	SC 295 832
102.4	East Norfolk and NE Suffolk	<b>Heart East Anglia</b>	Global Radio	Adult	3.300	Stoke Holy Cross	TG 258 026
102.4	Gloucester/ Cheltenham area	<b>Heart Gloucestershire</b>	Global Radio	Adult	2.000	Churchdown Hill	SO 880 188
102.4	East Sussex	<b>Heart Sussex</b>	Global Radio	Adult	8.200	Heathfield	TQ 566 220
102.4	Ballachulish & L Leven, Highland	<b>Nevis Radio</b>	Independent	Adult, Contemporary	1.600	Glenachulish	NN 034 591
102.4	Minehead and Watchet	<b>Total Star Somerset</b>	One Gold	Adult, Oldies	4.000	Minehead North	SS 965 472
102.4	Burton & Swadlincote area	<b>Touch FM (Staffordshire)</b>	Quidern	Adult	.060	Burton	SK 266 227
102.4	Wigan and Skelmersdale area	<b>WISH 102.4</b>	UTV	Adult	.100	Billinge Hill	SD 423 016
102.4	Bridlington, East Yorkshire	<b>Yorkshire Coast R (Bridlington)</b>	TLRC (UKRD)	Adult	.100	Buckley Barn	TA 165 714
102.4	Hartlepool	<b>Radio Hartlepool</b>	Community	Mixed Format	.025	Hartlepool	NZ 505 326
102.4	South Rotherham	<b>Redroad FM</b>	Community	Mixed Format	.025	Wales Sheffield	SK 477 826
102.4	Banbridge, Northern Ireland	<b>Shine FM</b>	Community	Christian	.025	Bridges Street	IJ 125 459
102.4	South Tipperary	<b>Beat 102-103</b>	Irish Ind	Contemporary	5.000	Clonmel	
102.5	Penrith, Cumbria	<b>CFM</b>	Bauer	Adult, Contemporary	.100	Penrith	NY 531 313
102.5	Newtownabbey, N Ireland	<b>City Beat</b>	CN Group	Adult	.020	Carnmoney Hill	IJ 336 829
102.5	Glasgow and Clydeside area	<b>Clyde 1</b>	Bauer	Contemporary	15.000	Black Hill	NS 828 647
102.5	Pembrokeshire	<b>Radio Pembrokeshire</b>	Town & Country	Adult, Oldies	20.000	Haverfordwest	SN 028 261
102.5	Thurso & Wick area, Highland	<b>Moray Firth Radio (Caithness)</b>	Bauer	Adult, Contemporary	1.200	Ben Dorrery	ND 063 551
102.5	Huddersfield & Halifax area	<b>The Pulse</b>	UTV	Contemporary, Adult	2.000	Vicars Lot	SE 071 172
102.5	Stourbridge	<b>The Bridge</b>	Community	Mixed Format	.025	Brierly Hill	SO 918 867
102.5	Leicester	<b>EAVA FM</b>	Community	African	.025	Central Leicester	SK 592 063
102.5	Aldershot, Mytchett, Pirbright	<b>Garrison FM (Aldershot)</b>	Community	Adult (for Army and families)	.020	Aldershot	SU 864 512
102.5	Newcastle	<b>NE1 FM</b>	Community	Mixed Format	.025	Gateshead	NZ 266 615
102.5	Hedge End, West End, Botley	<b>Skyline Community Radio</b>	Community	Mixed Format	.020	Hedge End	SU 480 128
102.5	Totnes, Devon	<b>Soundart Radio</b>	Community	Mixed Format	.025	Dartington Hall	SX 79 8628
102.5	County Sligo	<b>Ocean FM</b>	Irish Ind	Adult, Irish & Country, Talk	5.000	Truskmore	
102.5	County Kerry	<b>Spin South West</b>	Communicorp	Contemporary	2.500	Slieve Mish	
102.5	Killaloe, Clare	<b>Spin South West</b>	Communicorp	Contemporary	.080	Killaloe	
102.5	Calais, France (6)	<b>RFM Nord</b>	France	French Adult		Calais, France	
102.6	Richmond area, North Yorks	<b>Fresh Radio</b>	Independent	Adult	.100	Richmond	NZ 168 017
102.6	Chelmsford & Central Essex	<b>Heart Essex</b>	Global Radio	Adult	2.000	Bakers Wood	TL 660 034
102.6	Oxfordshire and West Bucks	<b>Heart Thames Valley</b>	Global Radio	Adult	9.000	Oxford	SP 567 105
102.6	Somerset	<b>Heart West Country</b>	Global Radio	Adult	4.000	Mendip	ST 563 488
102.6	Alnwick area, Northumberland	<b>Metro FM</b>	Bauer	Contemporary	.200	Shilbottle	NU 191 081
102.6	Upper Don Valley, Grampian	<b>NECR</b>	Independent	Adult, Oldies	.300	Scar Hill	NJ 486 112
102.6	Stoke-on-Trent area	<b>Signal One</b>	UTV	Contemporary	4.000	Alsagers Bank	CJ 812 478
102.6	Newark, Nottinghamshire	<b>Boundary Sound</b>	Community	Mixed Format	.025	Severn Trent Tower	SK 814 538
102.6	Doncaster	<b>Sine FM</b>	Community	Mixed Format	.031	Doncaster	SE 576 028
102.6	Gorey, County Wexford	<b>Beat 102-103</b>	Independent	Contemporary	.025	Gorey	
102.6	Cork city	<b>C103</b>	UTV	Adult, Oldies, I&C, Talk	.200	Holyhill	
102.6	Borris in Ossary, Laois	<b>Midlands 103</b>	Tindle	Adult, Oldies, Irish&Country, Talk		Borris in Ossary	
102.6	Stradbally, Laois	<b>Midlands 103</b>	Tindle	Adult, Oldies, Irish&Country, Talk		Stradbally	
102.6	Basse Normandie, France (2)	<b>France Bleu Basse Normandie</b>	Radio France	French Oldies	50.000	Caen, France	
102.7	Keighley area, West Yorks	<b>Radio Leeds</b>	BBC	Mixed Format	.500	Keighley	SE 069 444
102.7	Skye, Harris, East N & S Uist	<b>Cuilin FM</b>	Independent	Mixed Format, Gaelic	9.040	Skriag	NG 451 408
102.7	N Cambridgeshire & S Lincs	<b>Heart Cambridgeshire</b>	Global Radio	Adult	4.000	Gunthorpe	TF 187 036
102.7	North Sussex and East Surrey	<b>Heart Sussex</b>	Global Radio	Adult	3.600	Reigate	TQ 256 521
102.7	NE Ireland, SE Northern Ireland	<b>Raidio na Gaeltachta</b>	RTE	Irish	40.000	Clermont Carn	
102.7	Bantry, W County Cork	<b>C103</b>	UTV	Adult, Oldies, I&C, Talk	.200	Bantry	
102.7	Counties Clare and Limerick	<b>Spin South West</b>	Communicorp	Contemporary	10.000	Maghera	
102.7	West Netherlands (4)	<b>Radio 538</b>	Netherlands	Dutch Contemporary	100.000	Rotterdam, Netherlands	
102.8	Durham and North County Durham	<b>Star Radio North East</b>	TLRC (UKRD)	Adult, Oldies	.500	Burnhope	NZ 184 474
102.8	Derby, Burton & S Derbyshire	<b>Capital FM (East Midlands)</b>	Global Radio	Contemporary	.920	Drum Hill	SK 375 425
102.8	Canterbury area	<b>Heart Kent</b>	Global Radio	Adult	1.000	Dunkirk	TR 078 590
102.8	Keith & Buckie area, Grampian	<b>Moray Firth Radio (Keith)</b>	Bauer	Adult, Contemporary	1.000	Tor Sliag	NJ 425 581
102.8	West Cornwall	<b>Pirate FM</b>	UKRD	Adult, Contemporary	10.200	Redruth	SW 690 394
102.8	Welshpool area, Powys	<b>Real Radio (Wales)</b>	GMG	Adult, Talk	.200	Long Mountain	SJ 265 057
102.8	East Tayside and North Fife	<b>Tay FM</b>	Bauer	Contemporary	5.250	Angus	NO 394 407
102.8	Worcestershire	<b>Wyvern FM</b>	Orion	Contemporary	1.000	Great Malvern	SO 774 464
102.8	Poole	<b>The Bay</b>	Community	Mixed Format	.025	Poole	SZ 034 933
102.8	Bollington, Cheshire	<b>Canalside Radio</b>	Community	Mixed Format	.048	Bollington	SJ 934 781
102.8	Chorley, Lancashire	<b>Chorley FM</b>	Community	Mixed Format	.020	Chorley	SD 574 174
102.8	Luton	<b>Diverse FM</b>	Community	Ethnic	.025	Farley Hill	TL 075 213
102.8	East Waterford	<b>Beat 102-103</b>	Independent	Contemporary	5.000	Carrickpherish	
102.9	Barnsley and Rotherham	<b>Hallam FM</b>	Bauer	Contemporary	.500	Ardsley	SE 390 061
102.9	N Hampshire & W Berkshire	<b>Heart Thames Valley</b>	Global Radio	Adult	4.000	Hannington	SU 527 568
102.9	Leamington Spa & Warwick	<b>Mercia FM</b>	Orion	Contemporary	.050	Leamington Spa	SP 329 663
102.9	Derry area	<b>Q 102.9</b>	Northern Media	Adult, Oldies	5.000	Minkey Hill	IC 397 173
102.9	Fermoy & Mitchelstown, Cork	<b>C103</b>	UTV	Adult, Oldies, I&C, Talk	.200	Turbeigh	
102.9	East County Wicklow	<b>East Coast Radio</b>	Irish Ind	Adult, Talk	4.000	Wicklow Head	
102.9	West County Wicklow	<b>East Coast Radio</b>	Irish Ind	Adult, Talk	5.000	Baltinglass	
102.9	West Kerry	<b>Spin South West</b>	Communicorp	Contemporary	3.000	Caherciveen	
102.9	Roscrea, County Tipperary	<b>Spin South West</b>	Communicorp	Contemporary	.200	Roscrea	
102.9	Killarney, County Kerry	<b>Spin South West</b>	Communicorp	Contemporary	.100	Killarney	
102.9	Castlebar, Mayo (moving to 100.3)	<b>Community Radio Castlebar</b>	Irish Community	Mixed Format	.025		

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
103.0	S & Central Cambridgeshire	Heart Cambridgeshire	Global Radio	Adult	1.000	Madingley, Cambridge	TL 392 594
103.0	West and North Gwynedd	Heart Cymru	Global Radio	Adult, Welsh	18.750	Arfon	SH 476 463
103.0	East Devon	Heart Devon	Global Radio	Adult	1.000	Stockland Hill	ST 222 014
103.0	Stroud area, Gloucestershire	Heart Gloucestershire	Global Radio	Adult	.100	Stroud	SO 836 077
103.0	Weston-Super-Mare	Heart West Country	Global Radio	Adult	.100	Worlebury Hill	ST 325 637
103.0	Bath	Heart West Country	Global Radio	Adult	.080	Bath	ST 769 654
103.0	Isle of Lewis	Isles FM	Independent	Mixed format, Gaelic	2.000	Eitshal	NB 305 302
103.0	West Tyneside, Tyne & Wear	Metro FM	Bauer	Contemporary	.050	Fenham	NZ 216 648
103.0	Peterhead area, Grampian	Northsound One	Bauer	Contemporary	.174	Stirling Hill	NK 124 411
103.0	Greater Manchester	Piccadilly Key 103	Bauer	Contemporary	4.000	Saddleworth	SD 987 050
103.0	Wigtown Bay area, D & G	West Sound (South West)	Bauer	Adult, Contemporary	.064	Cambret Hill	NX 524 578
103.0	Dumbarton area	Your Radio	Independent	Adult	.100	Dumbarton	NS 391 754
103.0	St Boswells, Border Region	Brick FM	Community	Mixed Format	.025	St Boswells RFC	NT 595 307
103.0	Melton Mowbray	The Eye	Community	Mixed Format	.040	White Lodge	SK 721 238
103.0	Kinsale County Cork	C103	UTV	Adult, Oldies, I&C, Talk	.400	Kinsale	SD 861 362
103.0	Youghal, County Cork	C103	UTV	Adult, Oldies, I&C, Talk	.200	Monatrea	SD 861 362
103.0	Limerick City	Spin South West	Communicorp	Contemporary	.500	Woodcock Hill	SD 861 362
103.1	Shropshire	Beacon Radio	Orion	Contemporary	2.700	The Wrekin	SJ 628 082
103.1	Peebles, Border Region	Radio Borders	Bauer	Adult, Contemporary	.035	Peebles	NT 228 416
103.1	Stirling and Falkirk area	Central FM	Independent	Adult, Contemporary	.500	Earls Hill	NS 718 884
103.1	South East Northern Ireland	Downtown Radio	Bauer	Adult, Oldies	2.000	Camlough	IJ 055 246
103.1	West Kent	Heart Kent	Global Radio	Adult	4.000	Bluebell Hill	TQ 757 613
103.1	Whitby, North Yorkshire	Yorkshire Coast R (Scarborough)	TLRC (UKRD)	Adult	.080	Whitby	NZ 904 113
103.1	Burngreave, Sheffield	Burngreave Community R	Community	Mixed Format	.250	Shirecliffe Lane, Sheffield	SK 353 895
103.1	Nelson, Lancashire	Pendle Community Radio	Community	Mixed Format	.025	Brierfields	SD 861 362
103.1	Rhyl, Wales	Point FM	Community	Mixed Format	.025	Rhyl	SJ 009 817
103.1	Saltcoats, Ayrshire	3TFM	Community	Mixed Format	.025	Saltcoats	NS 255426
103.1	South County Wexford	Beat 102-103	Irish Ind	Contemporary	.200	Forth Mountain	SE 163 374
103.1	Carrick on Suir & SW Kilkenny	Beat 102-103	Independent	Contemporary	.025	Carrick on Suir	SE 163 374
103.1	Longford, Roscommon, Leitrim	I102-104	Irish Ind	Contemporary	5.000	Cairn Hill	SE 163 374
103.1	North West County Mayo	I102-104	Irish Ind	Contemporary	1.400	Achill	SE 163 374
103.1	Glencolumbkille, Donegal	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	.100	Glencolumbkille	SE 163 374
103.1	East Bretagne, France (3)	France Bleu Armorique	Radio France	French Oldies	125.000	Rennes, France	SE 163 374
103.2	South Durham & W Cleveland	Star Radio North East	TLRC (UKRD)	Adult, Oldies	.400	Darlington	NZ 284 187
103.2	Kendal, Cumbria	The Bay	CN Group	Adult	.100	Kendal	SD 540 912
103.2	South Hampshire and Wight	Capital FM (South Coast)	Global Radio	Contemporary	2.000	Chillerton Down	SZ 475 835
103.2	Cardiff and South Glamorgan	Capital FM (South Wales)	Global Radio	Contemporary	2.000	Wenallt	ST 153 835
103.2	Mansfield & Ashfields, Notts	Mansfield 103.2 FM	Independent	Adult	.100	Fishponds Hill	SK 514 606
103.2	Hexham & Tyne Valley, Nthmb	Metro FM	Bauer	Contemporary	.120	Newton	NZ 036 653
103.2	Huntly & Glen of Foudland, Gmp	NECR	Independent	Adult, Oldies	.300	Hill of Foudland	NJ 608 335
103.2	North West Norfolk	North Norfolk Radio	Tindle	Adult	.250	Bunkers Hill	TF 903 388
103.2	Cromer & Sheringham, Norfolk	North Norfolk Radio	Tindle	Adult	.250	Aylmerton	TG 188 408
103.2	Bradford area	Sunrise Radio (Yorkshire)	Sunrise	Asian	.400	Idle	SE 163 374
103.2	West Belfast	Feile FM	Community	Mixed Format	.025	Belfast West	IJ 329 747
103.2	Preston	Preston FM	Community	Mixed Format	.025	Preston	SD 542 291
103.2	Leicester city	Takeover Radio	Community	Childrens, Pop	.025	Gorse Hill City Farm	SK 569 062
103.2	Dublin	Dublin City FM	Irish Community	Mixed Format	.500	Three Rock	SD 542 291
103.3	Ceredigion	Radio Ceredigion	Tindle	Mixed Music, Welsh	5.800	Blaenplwyf	SN 569 756
103.3	Greenock & Firth of Clyde	Clyde 1	Bauer	Contemporary	.100	Rosneath	NS 258 811
103.3	Milton Keynes area	Heart Home Counties	Global Radio	Adult	2.000	Bow Brickhill	SP 914 342
103.3	Whaley Bridge, New Mills, Derbys	High Peak Radio	Independent	Adult, Oldies	.170	Buxworth	SK 026835
103.3	Castleton to Heathersage, Derbys	High Peak Radio	Independent	Adult, Oldies	.100	Hope Valley	SK 177 842
103.3	North London	London Greek Radio	Independent	Greek	.050	Alexandra Palace	TQ 297 901
103.3	Oban area, Highland	Oban FM/ Clyde 2	Independent	Mixed Music	.315	Oban	NM 850 290
103.3	Penicuik, Lothian	Real Radio (Scotland)	GMG	Adult, Talk	.500	Penicuik	NT 229 597
103.3	Bury St Edmunds, Suffolk	RWS FM	Community	Mixed Format	.050	Bury St Edmunds	TL 850 627
103.3	West County Cork	C103 (West)	UTV	Adult, Oldies, I&C, Talk	5.000	Nowen Hill	SD 542 291
103.3	East County Donegal & Derry	Highland Radio	Communicorp	Adult, Irish & Country, Talk	5.000	Burnfoot	SD 542 291
103.3	West County Galway	I102-104	Irish Ind	Contemporary	2.000	Clifden	SD 542 291
103.3	Galway City	I102-104	Irish Ind	Contemporary	.250	Tonabrocky	SD 542 291
103.3	North County Monaghan (m)	News Talk 106-108 FM	Communicorp	News, Talk	.250	Lugad Hill	SD 542 291
103.3	Boulogne, France (5)	France Inter	Radio France	French Mixed format	1.000	Boulogne, France	SD 542 291
103.3	Dunkerque, France (6)	France Inter	Radio France	French Mixed format		Dunkerque, France	SD 542 291
103.4	Devon and East Cornwall	Radio Devon	BBC	Mixed Format	15.000	North Hessary Tor	SX 578 742
103.4	Great Yarmouth & Lowestoft	The Beach	Tindle	Adult	2.000	Lowestoft	TM 523 942
103.4	Eyemouth and Border coast	Radio Borders	Bauer	Adult, Contemporary	.500	Eyemouth	NT 947 599
103.4	Whitehaven area, Cumbria	CFM	Bauer	Adult, Contemporary	.400	Whitehaven	NX 992 123
103.4	Newcastle, Northern Ireland	Downtown Radio	Bauer	Adult, Oldies	.200	Newcastle	IJ 362 302
103.4	Doncaster and Rotherham area	Hallam FM	Bauer	Contemporary	1.500	Clifton	SK 518 959
103.4	Henley, Oxon	Heart Thames Valley	Global Radio	Adult	.100	Henley	SU 780 822
103.4	East Clwyd and West Cheshire	Heart North West and Wales	Global Radio	Adult	1.400	Wrexham	SJ 301 537
103.4	Sunderland area	Sun FM	TLRC (UKRD)	Adult, Oldies	.180	High Haining	NE 357 512

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
103.5	West Kilbride area, Strathclyde	Radio 4 FM	BBC	Talk, News, Entertainment	.050	West Kilbride	NS 215 483
103.5	Swansea Valley, W Glam	Radio 4 FM	BBC	Talk, News, Entertainment	.048	Varteg Hill	SN 776 077
103.5	Larne, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.032	Larne	ID 395 037
103.5	Ffestiniog area, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.049	Ffestiniog	SH 709 392
103.5	Central and North Essex	BBC Essex	BBC	Mixed Format	12.000	Great Braxted	TL 870 149
103.5	South Wiltshire	Radio Wiltshire	BBC	Mixed Format	2.000	Newton Barrow	SU 099 354
103.5	Abergavenny & Usk Valley	Radio Cymru	BBC	Welsh	.040	Abergavenny	SO 244 126
103.5	Tobermory area, Highland	Radio nan Gaidheal	BBC	Gaelic	5.000	Glengorm	NM 265 565
103.5	Nortallerton & Bedale area, N Yorks	Star Radio North East	TLRC (UKRD)	Adult	.200	Northallerton	SE 795 619
103.5	Brighton and Worthing area	Heart Sussex	Global Radio	Adult	.900	Whitehawk Hill	TQ 330 045
103.5	Lancaster	Diversity FM	Community	Mixed Format	.025	Ashton Memorial	SD 488 613
103.5	Govan, Glasgow	Sunny Govan Radio	Community	Mixed Format	.025	Glasgow	NS 536 640
103.5	Cobin & Monkstown, Cork	C103	UTV	Adult, Oldies, I&C, Talk	.200	Carrigaline	
103.5	Laois, Offaly & Westmeath	Midlands 103	Tindle	Adult, Oldies, Irish&Country, Talk	1.226	Slieve Bloom Mountain	
103.5	North County Kerry	Spin South West	Communicorp	Contemporary	2.000	Knockanure	
103.6	North Gwynedd & NW Clwyd	Radio 4 FM	BBC	Talk, News, Entertainment	21.000	Llanddona	SH 782 810
103.6	Inverness & Moray Firth area	Radio 4 FM	BBC	Talk, News, Entertainment	20.000	Rosemarkie	NH 762 623
103.6	Stranraer, D & G	Radio 4 FM	BBC	Talk, News, Entertainment	.031	Stranraer	NX 111 632
103.6	Croeserw, West Glamorgan	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Croeserw	SS 858 952
103.6	Machynlleth, Dyfed	Radio 4 FM	BBC	Talk, News, Entertainment	.060	Machynlleth	SH 723 003
103.6	Dolgellau, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.016	Dolgellau	SH 727 185
103.6	Weston-super-mare, Avon	Radio Bristol	BBC	Mixed Format	.050	Hutton	ST 361 588
103.6	East Northamptonshire	Radio Northampton	BBC	Mixed Format	.800	Geddington	SP 908 839
103.6	Swindon area	Radio Swindon	BBC	Mixed Format	.500	Blunsdon	SU 143 900
103.6	Welshpool, Powys	Radio Cymru	BBC	Welsh	.024	Long Mountain	SJ 265 057
103.6	North Islay (mono)	Radio nan Gaidheal	BBC	Gaelic	.080	Bowmore	NR 318 590
103.6	Walsall	Ambur Radio	Community	Asian, Mixed Format	.025	Walsall	SP 015 974
103.6	Stonebridge & Harlesden (mono)	BANG	Community	Mixed Format	.025	Harlesden	TQ 219 834
103.6	Lincoln	Lincoln City Radio	Community	Mixed Format, Nostalgia, Easy	.012	Lincoln Temp	SK 977 714
103.6	Tameside	Tameside Community Radio	Community	Mixed Format		Harrop Edge	SJ 984 964
103.7	Lampeter & Teifi Valley, Dyfed	Radio 4 FM	BBC	Talk, News, Entertainment	.400	Mynydd Pencarreg	SN 577 430
103.7	South & Central Warwickshire	BBC Coventry & Warwickshire	BBC	Mixed Format	1.400	Lark Stoke	SP 187 427
103.7	Hexham & Tyne Valley, Nthmb	Radio Newcastle	BBC	Mixed Format	.100	Newton	NZ 036 653
103.7	Merthyr Tydfil area, Mid Glam	Radio Wales	BBC	Mixed Format	.025	Merthyr Tydfil	SO 057 065
103.7	Central & S North Yorkshire	Radio York	BBC	Mixed Format	2.000	Acklam Wold	SE 795 619
103.7	East Tayside and North Fife	Radio nan Gaidheal	BBC	Gaelic	17.000	Forfar	NO 482 409
103.7	North Uist	Radio nan Gaidheal	BBC	Gaelic	2.000	Cletraval	NF 751 716
103.7	Ballachulish, Highland	Radio nan Gaidheal	BBC	Gaelic	.025	Ballachulish	NN 059 593
103.7	S Kapdale, E Islay, Jura	Radio nan Gaidheal	BBC	Gaelic	1.100	South Knapdale	NR 837 748
103.7	Jersey	Channel FM	Tindle	Adult	4.000	Fremont Point	UT 634 559
103.7	North Isle of Man	Manx Radio FM	Independent	Mixed Format	4.000	Jurby	SC 365 991
103.7	Leek and Biddulph, Staffordshire	Moorlands Radio	Community	Mixed Format	.050	Rails Farm	SJ 915 585
103.7	North County Cork	C103	UTV	Adult, Oldies, I&C, Talk	2.500	Mount Hillery	
103.7	County Mayo	I102-104	Irish Ind	Contemporary	1.750	Castlebar	
103.7	Connemara	I102-104	Irish Ind	Contemporary	.500	Seanafaistin	
103.7	Nord Pas de Calais, France (1)	France Inter	Radio France	French Mixed format	400.000	Lille, France	
103.8	Central Powys	Radio 4 FM	BBC	Talk, News, Entertainment	2.800	Llandrindod Wells	SO 018 635
103.8	Greenock & Firth of Clyde	Radio 4 FM	BBC	Talk, News, Entertainment	.032	Rosneath	NS 258 811
103.8	South Nottinghamshire	Radio Nottingham	BBC	Mixed Format	1.000	Mapperley Ridge	SK 583 424
103.8	Dorchester & Weymouth	BBC Radio Solent for Dorset	BBC	Mixed Format	.500	Bincombe Hill	SY 678 857
103.8	NW & C Herts, S Beds, E Bucks	Three Counties Radio	BBC	Mixed Format	.500	Zouches Farm	TL 045 210
103.8	Llanrhaeadr ym Mochnant, Cl	Radio Cymru	BBC	Welsh	.050	Llanrhaeadr ym Moch.	SJ 174 260
103.8	Dublin Region	Spin FM (Dublin)	Communicorp	Contemporary	5.000	Three Rock	
103.9	Border Region	Radio 4 FM	BBC	Talk, News, Entertainment	50.000	Ashkirk	NT 470 244
103.9	Pitlochry & Aberfeldy, Tayside	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Pitlochry	NN 923 565
103.9	Warrenpoint, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.032	Rostrevor Forest	IJ 189 176
103.9	Kilkeel, Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	.025	Kilkeel	IJ 281 180
103.9	West Cornwall	Radio Cornwall	BBC	Mixed Format	18.000	Redruth	SW 690 394
103.9	West, South & Central Lancs	Radio Lancashire	BBC	Mixed Format	2.000	Winter Hill	SD 660 144
103.9	Leeds	Radio Leeds	BBC	Mixed Format	.100	Beecroft Hill	SE 237 350
103.9	South Suffolk	Radio Suffolk	BBC	Mixed Format	5.000	Manningtree	TM 123 295
103.9	Cardiff and South Glamorgan	Radio Wales	BBC	Mixed Format	2.000	Wenallt	ST 153 835
103.9	E Lewis, N Skye & W Highland	Radio nan Gaidheal	BBC	Gaelic	50.000	Melvaig	NG 757 900
103.9	Central County Cork	C103	UTV	Adult, Oldies, I&C, Talk	3.000	Macroom	
103.9	Tipperary	Tipp FM	Irish Ind	Adult	1.600	Devils Bit	
103.9	Boulogne, France (5)	Europe 1	France	French Talk		Boulogne, France	
104.0	Ceredigion & SW Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	250.000	Blaenplwyf	SN 569 756
104.0	Nuneaton, Warwickshire	BBC Coventry & Warwickshire	BBC	Mixed Format	.050	Nuneaton	SP 340 938
104.0	Worcestershire	BBC Hereford and Worcester	BBC	Mixed Format	2.000	Great Malvern	SO 774 464
104.0	North Sussex and East Surrey	BBC Surrey	BBC	Mixed Format	3.800	Reigate	TQ 256 521
104.0	Largs, Rothesay, Clyde Mouth	Radio nan Gaidheal	BBC	Gaelic	.570	Rothesay	NS 125 691
104.0	Kingussie, Highland	Radio nan Gaidheal	BBC	Gaelic	.035	Kingussie	NN 769 985
104.0	Youghal, Cork	Community Radio Youghal	Irish Community	Mixed Format	.025	Youghal	
104.1	Deiniolen & Llanberis, Gwynd	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Deiniolen	SH 576 621
104.1	Dumbarton & Alexandria	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Millburn Muir	NS 378 796
104.1	N Hampshire & W Berkshire	Radio Berkshire	BBC	Mixed Format	3.000	Hannington	SU 527 568
104.1	West Cumbria	Radio Cumbria	BBC	Mixed Format	1.000	Whitehaven	SX 992 123
104.1	Keswick, Cumbria	Radio Cumbria	BBC	Mixed Format	.030	Keswick Forest	NY 223 244
104.1	South Yorkshire & North Notts	Radio Sheffield	BBC	Mixed Format	4.400	Holme Moss	SE 095 041
104.1	South West Shropshire	Radio Shropshire	BBC	Mixed Format	.080	Clun	SO 324 799
104.1	Stafford	Radio Stoke	BBC	Mixed Format	.070	Stafford	SJ 923 232
104.1	Blaenavon & Abersychan	Radio Cymru	BBC	Welsh	.010	Blaenavon	SO 277 063
104.1	Lothian and Fife	Radio nan Gaidheal	BBC	Gaelic	2.500	Craigkelly	NT 233 872
104.1	Roscommon/Long'd/S Leitrim	Shannonside 104 FM	Radio Kerry	Adult, Oldies, I&C, Talk	2.000	Slieve Bawn	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
104.2	East Kent	Radio Kent	BBC	Mixed Format	11.000	Swingate	TR 334 429
104.2	Northamptonshire	Radio Northampton	BBC	Mixed Format	4.000	Northampton	SP 760 647
104.2	Windermere & Ambleside, Cmb	Radio Cumbria	BBC	Mixed Format	.064	Windermere	SD 383 980
104.2	Swansea area	Radio Cymru	BBC	Welsh	.926	Kilvey Hill	SS 672 940
104.2	Grampian Region	Radio nan Gaidheal	BBC	Gaelic	150.000	Meldrum	NJ 760 329
104.2	South Uist	Radio nan Gaidheal	BBC	Gaelic	1.000	Daliburgh	NF 736 216
104.2	Strachur & Inveraray, Strathcl	Radio nan Gaidheal	BBC	Gaelic	.018	Strachur	NN 094 027
104.2	Fort William area, Highland	Radio nan Gaidheal	BBC	Gaelic	1.500	Fort William	NN 117 772
104.2	Port Erin, Isle of Man	Three FM	Independent	Adult, Oldies	.025	The Howe	SC 197 678
104.2	Ramsay, Isle of Man	Three FM	Independent	Adult, Oldies	.030	Ramsay	SC 449 945
104.2	West County Limerick	4FM	4FM	Oldies, Easy, Talk	10.000	Woodcock Hill	
104.2	West County Galway	4FM	4FM	Oldies, Easy, Talk	1.000	Clifden	
104.2	Cobin & Monkstown, County Cork	Red FM	Irish Ind	Contemporary, Dance	.200	Crosshaven	
104.3	Ayrshire	Radio 4 FM	BBC	Talk, News, Entertainment	10.000	Darvel	NS 557 341
104.3	Rhondda Valley, Mid Glam	Radio 4 FM	BBC	Talk, News, Entertainment	.006	Ton Pentre	SS 960 955
104.3	Torbay	Radio Devon	BBC	Mixed Format	1.000	Beacon Hill	SX 857 620
104.3	West Wiltshire	Radio Wiltshire	BBC	Mixed Format	.600	Naish Hill	ST 947 686
104.3	Thirsk & Northallerton area	Radio York (North)	BBC	Mixed Format	.500	Woolmoor	SE 457 881
104.3	Clwyd, Merseyside, W Cheshire	Radio Cymru	BBC	Welsh	16.000	Llangollen	SJ 209 488
104.3	Abertillery, Gwent	Radio Cymru	BBC	Welsh	.010	Abertillery	SO 244 023
104.3	Isle of Lewis	Radio nan Gaidheal	BBC	Gaelic	2.000	Eitshal	NB 305 302
104.3	Portree, Skye	Radio nan Gaidheal	BBC	Gaelic	.010	Penifiler	NG 489 417
104.3	Mallaig, Highland	Radio nan Gaidheal	BBC	Gaelic	.014	Mallaig	NM 676 965
104.4	Conwy & Llandudno, Gwynd	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Conwy	SH 781 765
104.4	Newcastle Emlyn area, Dyfed	Radio 4 FM	BBC	Talk, News, Entertainment	.088	Llandyfriog	SN 348 412
104.4	Reading	Radio Berkshire	BBC	Mixed Format	1.000	Fountain Ho, Reading	SU 711 733
104.4	Redditch area	BBC Hereford and Worcester	BBC	Mixed Format	.200	Headless Cross	
104.4	West Tyneside, Tyne & Wear	Radio Newcastle	BBC	Mixed Format	.042	Fenham	NZ 216 648
104.4	West Norfolk	Radio Norfolk	BBC	Mixed Format	4.200	Great Massingham	TF 788 228
104.4	Llyswen area, Powys	Radio Cymru	BBC	Welsh	.010	Llyswen	SO 137 361
104.4	Kinlochleven, Highland	Radio nan Gaidheal	BBC	Gaelic	.010	Kinlochleven	NN 178 630
104.4	Penicuik, Lothian	Radio nan Gaidheal	BBC	Gaelic	.200	Penicuik	NT 229 597
104.4	Central London	Resonance FM	Community	Experimental	.020	Guy's Hospital Tower	TQ 329 800
104.4	Arklow, Wicklow	East Coast Radio	Irish Ind	Adult, Talk	.100	Arklow Town	
104.4	Dublin Region	FM 104	UTV	Contemporary	10.000	Three Rock	
104.4	Co Sligo, N Leitrim, S Donegal	I102-104	Irish Ind	Contemporary	5.000	Truskmore	
104.4	West County Donegal	I102-104	Irish Ind	Contemporary	1.000	Arranmore Island	
104.4	Zeeland, Netherlands (4)	NOS Radio 1	NOS	Dutch News, Talk	50.000	Goes, Netherlands	
104.5	Dee Valley, Grampian	Radio 4 FM	BBC	Talk, News, Entertainment	.042	Tulloch	NO 379 984
104.5	South Derbyshire & East Staffs	Radio Derby	BBC	Mixed Format	5.400	Drum Hill	SK 375 425
104.5	North Lancashire	Radio Lancashire	BBC	Mixed Format	2.000	Lancaster	SD 490 662
104.5	East Sussex	BBC Sussex	BBC	Mixed Format	10.000	Heathfield	TQ 566 220
104.5	Milton Keynes area	Three Counties Radio (Bucks)	BBC	Mixed Format	2.200	Bow Brickhill	SF 914 342
104.5	Cwmafan, West Glamorgan	Radio Cymru	BBC	Welsh	.010	Cwmafan	SS 798 936
104.5	Porth area, Mid Glamorgan	Radio Cymru	BBC	Welsh	.010	Porth	ST 029 919
104.5	Perth area	Radio nan Gaidheal	BBC	Gaelic	.964	Kirkton Mailer	NO 102 210
104.5	Middlesbrough	Voice FM	Community	Mixed Format	.025	Middlesbrough	NZ 494 199
104.5	Ardara, Donegal	Highland Radio	Communicorp	Adult, Irish & Country, Talk	.100	Ardara	
104.5	West County Cork	Red FM	Irish Ind	Contemporary, Dance	5.000	Nowen Hill	
104.6	South East Northern Ireland	Radio 4 FM	BBC	Talk, News, Entertainment	2.000	Camrrough	IJ 055 246
104.6	Eyemouth and Border coast	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Eyemouth	NT 947 599
104.6	Colwyn Bay area, Clwyd	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Penmaen Rhos	SH 877 779
104.6	Bath	Radio Bristol	BBC	Mixed Format	.082	Bath	ST 769 654
104.6	Kidderminster area	BBC Hereford and Worcester	BBC	Mixed Format	.500	Kidderminster	SO 808 739
104.6	Upper Tame Valley, Gt Mancs	Radio Manchester	BBC	Mixed Format	.095	Saddleworth	SD 987 050
104.6	West Surrey and NE Hampshire	BBC Surrey	BBC	Mixed Format	3.000	Guildford	SU 975 486
104.6	West Suffolk	Radio Suffolk	BBC	Mixed Format	2.000	Great Barton	TL 886 686
104.6	Cardarthenshire	Radio Cymru	BBC	Welsh	3.000	Carmel	SN 576 153
104.6	Ebbw Vale & Tredgar, Gwent	Radio Cymru	BBC	Welsh	.030	Ebbw Vale	SO 159 088
104.6	Llangeinor, Pontycymer, M Gm	Radio Cymru	BBC	Welsh	.010	Llangeinor	SS 905 886
104.6	Thurso & Wick area, Highland	Radio nan Gaidheal	BBC	Gaelic	10.000	Rumster Forest	ND 197 385
104.6	Oban area, Highland	Radio nan Gaidheal	BBC	Gaelic	3.600	Oban	NM 850 290
104.6	West Ireland	4FM	4FM	Oldies, Easy, Talk	50.000	Maghera	
104.6	West Roscommon	Shannonside 104 FM	Radio Kerry	Adult, Oldies, I&C, Talk	.250	Ballinagare	
104.7	Aberdare area, Mid Glam.	Radio 4 FM	BBC	Talk, News, Entertainment	.042	Aberdare	SO 034 013
104.7	Brecon, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Brecon	SO 030 299
104.7	Gloucester/ Cheltenham area	Radio Gloucestershire	BBC	Mixed Format	2.000	Churchdown Hill	SO 880 188
104.7	Grantham, Lincolnshire	Radio Lincolnshire	BBC	Mixed Format	.035	Grantham	SK 905 337
104.7	Deeside, North Wales	Radio Cymru	BBC	Welsh	.250	Tressynnon	SJ 181 771
104.7	Skye, Harris, East N & S Uist	Radio nan Gaidheal	BBC	Gaelic	30.000	Skriag	NG 451 408
104.7	Glasgow and Clydeside area	Radio nan Gaidheal	BBC	Gaelic	10.000	Black Hill	NS 828 647
104.7	Fort Augustus area, Highland	Radio nan Gaidheal	BBC	Gaelic	1.000	Fort Augustus	NH 361 049
104.7	Speyside, Highland	Radio nan Gaidheal	BBC	Gaelic	.350	Grantown	NJ 003 267
104.7	Guernsey	Island FM	Tindle	Adult	1.250	Les Touillets	UT 307 786
104.7	Central & S North Yorkshire	Minster FM	TLRC (UKRD)	Adult	2.500	Acklam Wold	SE 795 619
104.7	Tidworth area, Wiltshire	Castledown Radio	Community	Mixed Format	.020	Sunnyhill Farm	SU 243 517
104.7	Rossendale Valley, Lancs	Rossendale Radio	Community	Mixed Format	.025	Haslingden	SD 795 236
104.7	East Inishowen	Highland Radio	Communicorp	Adult, Irish & Country, Talk	.100	Moville	
104.7	S Meath, N Kildare, W Wicklow	I105-107	Irish Ind	Contemporary	4.950	Saggart	
104.7	Calais, France (6)	France Inter	Radio France	French Mixed format	1.000	Calais, France	

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
104.8	Barmouth area, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.200	Llwyn Onn	SH 625 175
104.8	Pontypool & Cwmbran, Gwent	Radio 4 FM	BBC	Talk, News, Entertainment	.050	Pontypool	ST 284 990
104.8	Vale of Neath, West Glam	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Rheola	SN 841 061
104.8	Llanidloes, Powys	Radio 4 FM	BBC	Talk, News, Entertainment	.005	Llanidloes	SN 948 844
104.8	West Sussex	BBC Sussex	BBC	Mixed Format	2.000	Burton Down	SU 965 131
104.8	Cavan and South Monaghan	I105-107	Irish Ind	Contemporary	4.500	Slieve Glagh	
104.8	South West Co Tipperary	Tipperary Mid West Radio	Irish Community	Mixed Format	5.000	Dangardargan	
104.9	West Dyfed	Radio 4 FM	BBC	Talk, News, Entertainment	20.000	Haverfordwest	SN 028 261
104.9	South West Central Region	Radio 4 FM	BBC	Talk, News, Entertainment	1.000	Ben Gullipen	NN 598 045
104.9	Porthmadog area, Gwynedd	Radio 4 FM	BBC	Talk, News, Entertainment	.100	Llandecwyn	SH 644 371
104.9	Hay on Wye area	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Clyro	SO 204 432
104.9	Betws-y-Coed & Llanrwst	Radio 4 FM	BBC	Talk, News, Entertainment	.010	Betws-y-Coed	SH 825 582
104.9	Leicestershire	Radio Leicester	BBC	Mixed Format	8.000	Copt Oak	SJ 483 126
104.9	Marlborough area, Wilts	Radio Wiltshire	BBC	Mixed Format	.100	Marlborough	SU 209 688
104.9	Rhymney area, Mid Glam	Radio Cymru	BBC	Welsh	.020	Rhymney	SO 127 042
104.9	Ferndale, Mid Glamorgan	Radio Cymru	BBC	Welsh	.010	Ferndale	ST 006 970
104.9	Inverness & Moray Firth area	Radio nan Gaidheal	BBC	Gaelic	20.000	Rosemarkie	NH 762 623
104.9	Ness of Lewis	Radio nan Gaidheal	BBC	Gaelic	.200	Ness of Lewis	NB 533 603
104.9	South Islay (mono)	Radio nan Gaidheal	BBC	Gaelic	.065	Port Ellen	NR 338 452
104.9	Ullapool, Highland	Radio nan Gaidheal	BBC	Gaelic	.050	Ullapool	NH 142 935
104.9	Corran and Onich, Highland	Radio nan Gaidheal	BBC	Gaelic	.050	Ardgour	NM 989 626
104.9	South & Central Gt Manchester	Imagine FM	Independent	Adult	.320	Ratcliffe Towers	SJ 897 898
104.9	London area	XFM (London)	Global Radio	Modern Rock	2.900	Crystal Palace	TQ 339 712
104.9	Galway County and City	4FM	4FM	Oldies, Easy, Talk	10.000	Tonabrocky	
105.0	South and East IOM	Three FM	Independent	Adult, Oldies	2.000	Garnane	SC 372 746
105.0	Southwold, Suffolk	Blyth Valley Radio	Community	Mixed Format	.025	Reydon	TM 490 770
105.0	Wrexham	Calon FM	Community	Mixed Format	.025	Wrexham	SJ326511
105.0	Cambridge	Cambridge FM	Community	Mixed Format	.025	Cambridge	TL 455 577
105.0	Downpatrick, County Down	Down FM	Community	Mixed Format	.020	Downpatrick	IJ 498 441
105.0	Uckfield, Sussex	Uckfield FM	Community	Mixed Format	.025	Uckfield	TQ 483 207
105.0	County Louth & NE Co Meath	I105-107	Irish Ind	Contemporary	5.000	Mount Oriel	
105.0	South Donegal	Ocean FM	Irish Ind	Adult, Irish & Country, Talk	5.000	Oughtdaraid	
105.0	Rockchapel, County Cork	Red FM	Irish Ind	Contemporary, Dance	1.000	Rockchapel	
105.0	North Inishowen	Inishowen Community Radio	Irish Community	Mixed Format		Malin	
105.1	East Cornwall and West Devon	Atlantic FM	Tindle/ Ind	Adult, Oldies, Talk	2.500	Caradon Hill	SX 273 707
105.1	West and South Yorkshire, York	Capital FM (Yorkshire)	Global Radio	Contemporary	2.580	Emley Moor	SE 222 128
105.1	Southend, Essex	Southend Radio	Adventure	Adult, Oldies	.312	Maitland House	TQ 881 854
105.1	Luton	Inspire FM	Community	Muslim	.025	Luton	TL 075 211
105.1	Youghal, Cork	Red FM	Irish Ind	Contemporary, Dance	.100	Monatrea	
105.2	Maughold area, Isle of Man	Energy FM	Independent	Contemporary	.025	Billoisaig	
105.2	Port Erin, Isle of Man	Energy FM	Independent	Contemporary	.025	The Howe	SC 197 678
105.2	West Midlands	Kerrang Radio	Bauer	Modern Rock	11.000	Sutton Coldfield	SK 113 003
105.2	Carmarthenshire	Real Radio (Wales)	GMG	Adult, Talk	3.000	Carmel	SN 576 153
105.2	Abergavenny & Usk Valley	Real Radio (Wales)	GMG	Adult, Talk	.300	Abergavenny	SO 244 126
105.2	Glasgow and Clydeside area	Smooth Radio Scotland	GMG	Oldies, Easy	30.000	Black Hill	NS 828 647
105.2	S Hampshire, W Sussex, IOW	Wave 105	Bauer	Adult	10.000	Chilerton Down	SZ 475 835
105.2	County Dublin	Phantom FM	Irish Ind	Modern Rock	2.000	Three Rock	
105.2	Kinsale, County Cork	Red FM	Irish Ind	Contemporary, Dance	.400	Kinsale	
105.2	Nord Pas de Calais, France (1)	France Info	Radio France	French News	400.000	Lille, France	
105.3	Tyneside, N Durham, S Nthmb	Capital FM (North East)	Global Radio	Contemporary	10.000	Burnhope	NZ 184 474
105.3	Derry	Drive 105	Community	Mixed Format	.025	Londonderry	IC 437 149
105.3	Withernsea, East Yorkshire	Seaside Radio	Community	Mixed Format	.023	Withernsea	TA 342 280
105.3	Wiveliscombe area, Somerset	10 Radio	Community	Mixed Format	.025	Milverton	ST 106 262
105.3	Enniskillen	Vibe FM	Community	Mixed Format	.025	Enniskillen	IK 237 440
105.3	Forest Heath, Suffolk	Zeta 105.3	Community	Mixed Format	.100	Mildenhall St Mary's Ch	TL 710 746
105.4	North East Fife	Kingdom FM	Ind/ Bauer	Adult	.100	Allanhill Farm	NO 520 141
105.4	Leicestershire and Rutland	Capital FM (East Midlands)	Global Radio	Contemporary	5.000	Billesdon	SK 725 050
105.4	London area	Magic 105.4	Bauer	Soft, Oldies	4.000	Croydon	TQ 332 696
105.4	North West England	Real Radio (North West)	GMG	Adult, Talk, Sport	5.000	Winter Hill	SD 660 144
105.4	Cardiff and South Glamorgan	Real Radio (Wales)	GMG	Adult, Talk	5.000	St Hilary	ST 026 741
105.4	Orkney	Superstation Orkney	Community	Mixed Format	.025	Wideford Hill	HY 411 116
105.4	Bantry, W County Cork	Red FM	Irish Ind	Contemporary, Dance	.100	Bantry	
105.4	Fermoy & Mitchelstown, Cork	Red FM	Irish Ind	Contemporary, Dance	.200	Turbeigh	
105.4	Macroom, Central Cork	Red FM	Irish Ind	Contemporary, Dance	.500	Macroom	
105.5	Torbay	Palm FM	Sunrise	Adult, Oldies	1.160	Beacon Hill	SX 857 620
105.5	Swindon	Community Radio Swindon	Community	Mixed Format	.025	Swindon Football Stadium	SU 159 850
105.5	Barnard Castle, Co. Durham	Radio Teesdale	Community	Mixed Format	.025	Barnard Castle	NZ 057 172
105.5	NE Ireland, SE Northern Ireland	Today FM	Communicorp	Adult, Talk	40.000	Clermont Carn	
105.5	Basse Normandie, France (2)	France Info	Radio France	French News	50.000	Caen, France	
105.5	Bretagne, France (3)	France Info	Radio France	French News		Rennes & Brest, France	
105.6	West Tyneside, Tyne & Wear	Capital FM (North East)	Global Radio	Contemporary	.050	Fenham	NZ 216 648
105.6	Bradford area	Capital FM (Yorkshire)	Global Radio	Contemporary	.500	Idle	SE 163 374
105.6	Sheffield and Rotherham	Capital FM (Yorkshire)	Global Radio	Contemporary	.250	Tapton Hill, Sheffield	SK 324 870
105.6	S & Central Cambridgeshire	Kiss 105-108	Bauer	Dance	1.000	Madingley, Cambridge	TL 392 594
105.6	Maidstone	KM-FM (Maidstone)	Kent Messenger	Adult, Oldies	.500	Coxheath	TQ 742 508
105.6	Yeovil area	Mid West FM	Independent	Adult, Oldies	.250	Coker Hill	ST 509 133
105.6	Newbury, Berkshire	Newbury Sound	Independent	Adult	.100	Newbury	SU 452 648
105.6	St Austell, Cornwall	Radio St Austell Bay	Community	Mixed Format	.025	St Austell RFC	SX 024 512
105.6	Athlone	I105-107	Irish Ind	Contemporary	.250	Athlone	
105.6	Birr, County Offaly	I105-107	Irish Ind	Contemporary	.250	Birr	
105.6	Calais, France (6)	France Info	Radio France	French News	1.000	Calais, France	

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
105.7	Lothian and Fife	Capital FM (Scotland)	Global Radio	Contemporary	10.000	Craigkelly	NT 233 872
105.7	North Clwyd & NE Gwynedd	Real Radio (Wales)	GMG	Adult, Talk	1.250	Great Orme Head	SH 766 834
105.7	Pembrokeshire	Real Radio (Wales)	GMG	Adult, Talk	9.400	Presely	SN 172 306
105.7	West Midlands region	Smooth Radio (West Midlands)	GMG	Oldies, Easy	11.000	Sutton Coldfield	SK 113 003
105.7	Ipswich	Ipswich Community Radio	Community	Mixed Format	.025	Chantry High School	TM 146 432
105.7	Stonehaven, Grampian	Mearns FM	Community	Mixed Format	.025	Stonehaven	NO 875 846
105.7	North County Cork	Red FM	Irish Ind	Contemporary, Dance	5.000	Mount Hillery	
105.7	Haute Normandie, France (2)	France Info	Radio France	French News	100.000	Rouen, France	
105.8	London area	Absolute Radio	TIML	Rock	4.000	Crystal Palace	TQ 339 712
105.8	Hexham & Tyne Valley, Nthmb	Capital FM (North East)	Global Radio	Contemporary	.150	Newton	NZ 036 653
105.8	Humberside	Capital FM (Yorkshire)	Global Radio	Contemporary	9.400	High Hunsley	SE 945 350
105.8	Belfast Area	U105	UTV	Oldies, Soft, Talk	.960	Black Mountain	IJ 278 727
105.8	East Dorset	Wave 105	Bauer	Adult	.625	Poole	SZ 037 921
105.8	Offaly and Laois (m)	News Talk 106-108 FM	Communicorp	News, Talk	.250	Ridge of Cappard	
105.9	Merseyside and West Cheshire	City Talk	Bauer	Talk, Adult	7.570	Allerton Park	SJ 421 866
105.9	South Gwent	Real Radio (Wales)	GMG	Adult, Talk	1.000	Christchurch	ST 353 896
105.9	Aberdare area, Mid Glam.	Real Radio (Wales)	GMG	Adult, Talk	.020	Aberdare	SO 034 013
105.9	Folkestone, Kent	Academy FM (Folkestone)	Community	Mixed Format			
105.9	Bishop Auckland, Co. Durham	Bishop FM	Community	Mixed Format	.050	Etherley	NZ 165 281
106.0	South Hampshire and Wight	Coast FM	Celador	Soft, Oldies	4.000	Chillerton Down	SZ 475 835
106.0	East Midlands	GEM 106	Orion	Adult	8.000	Copt Oak	SK 483 126
106.0	Canterbury area	KM-FM 106	Kent Messenger	Adult	.100	Rough Common	TR 124 507
106.0	Swansea area	Real Radio (Wales)	GMG	Adult, Talk	1.000	Kilvey Hill	SS 672 940
106.0	Carmarthen, Dyfed	Real Radio (Wales)	GMG	Adult, Talk	.020	Carmarthen	SN 412 213
106.0	Newtown and Llanidloes, Powys	Real Radio (Wales)	GMG	Adult, Talk			
106.0	Cookstown & Maghera, N Ireland	Six FM	Northern Media	Adult, Oldies, Country	.600	Tulnagee Quarry	IH 824 874
106.0	Loch Gairloch, West Highland	Two Lochs Radio	Independent	Mixed Music	.600	Port Henderson	NG 763 940
106.0	Dublin Region (mono)	News Talk 106-108 FM	Communicorp	News, Talk	10.000	Three Rock	
106.1	Glasgow and Clydeside area	Capital FM (Scotland)	Global Radio	Contemporary	20.000	Black Hill	NS 828 647
106.1	East Norfolk and NE Suffolk	Kiss 105-108	Bauer	Dance	4.000	Stoke Holy Cross	TG 258 026
106.1	Ebbw Vale & Tredegar, Gwent	Real Radio (Wales)	GMG	Adult, Talk	.020	Ebbw Vale	SO 159 088
106.1	Greater Manchester	Rock Radio (North West)	GMG	Rock, Talk	1.000	Sunley Building	SJ 844 983
106.1	Cork City and East County Cork	Red FM	Irish Ind	Contemporary, Dance	10.000	Spur Hill	
106.1	Connemara (moving to 88.4)	Connemara Community R	Irish Community	Mixed Format	.200		
106.2	Portree, Skye	Cuillin FM	Independent	Mixed Format, Gaelic	.030	Portree	NG 482 440
106.2	London area	Heart London	Global Radio	Adult	4.000	Croydon	TQ 332 696
106.2	Fishguard & Newport, Pems	Real Radio (Wales)	GMG	Adult, Talk	.500	Fishguard	SM 944 391
106.2	West and South Yorkshire, York	Real Radio (Yorkshire)	GMG	Adult, Talk	2.580	Emley Moor	SE 222 128
106.2	Herefordshire	Sunshine 106.2	Sunshine Group	Adult, Oldies	1.600	Ridge Hill	SO 630 333
106.2	Peel and West Isle of Man	Three FM	Independent	Adult, Oldies	.250	Beary Peak	SC 295 832
106.2	Inverbevie, Grampian	Mearns FM	Community	Mixed Format	.025	Inverbevie	NO 828 717
106.2	Dundalk area, County Louth	I105-107	Irish Ind	Contemporary	.250	Dundalk	
106.2	Drogheda	I105-107	Irish Ind	Contemporary	.250	Drogheda	
106.2	Offaly and Laois	I105-107	Irish Ind	Contemporary	.250	Ridge of Cappard	
106.2	Calais, France (6)	France Bleu Nord	Radio France	French Oldies	1.000	Calais, France	
106.3	Bridgend area	Bridge FM	Town & Country	Adult, Oldies	.500	Mynydd Baeden	SS 972 855
106.3	Chester/ South Flintshire	Dee FM	Independent	Adult, Oldies	.130	The Steam Mill	SJ 413 666
106.3	South East Fife	Kingdom FM	Ind/ Bauer	Adult	.150	East Neuk	NO 568 088
106.3	Peterhead area, Grampian	Original 106 (Aberdeen)	Independent	Oldies, Adult, Rock	.174	Stirling Hill	NK 124 411
106.3	Aberdeen	Original 106 (Aberdeen)	Independent	Oldies, Adult, Rock	.025	Redross	NJ 924 024
106.4	Andover area	Andover Sound	Independent	Adult	.100	Andover	SU 372 445
106.4	Burgess Hill & Haywards Heath	Bright FM	MSH	Adult, Oldies	.390	Haywards Heath	TQ 338 229
106.4	Cleveland, S Durham, N Yorks	Capital FM (North East)	Global Radio	Contemporary	8.900	Bilsdale West Moor	SE 553 962
106.4	Buxton, Derbyshire	High Peak Radio	Independent	Adult, Oldies	.250	Buxton	SK 060 753
106.4	Glossop area, Derbyshire	High Peak Radio	Independent	Adult, Oldies	.250	Glossop	SK 022 953
106.4	Bicester, Oxfordshire	Jack FM (Oxford)	Absolute	Adult, Oldies, Rock	.030	Bicester	SP 592 231
106.4	Wallingford, Oxfordshire	Jack FM (Oxford)	Absolute	Adult, Oldies, Rock	.030	Wallingford	SU 615 895
106.4	Wantage, Oxfordshire	Jack FM (Oxford)	Absolute	Adult, Oldies, Rock	.030	Wantage	SU 398 878
106.4	Witney, Oxfordshire	Jack FM (Oxford)	Absolute	Adult, Oldies, Rock	.023	Witney	SP 353 099
106.4	Suffolk, South Norfolk, NE Essex	Kiss 105-108	Bauer	Dance	20.000	Mendlesham	TM 122 641
106.4	Cock Bridge area, Grampian	NECR	Independent	Adult, Oldies	.300	Hills of Allargue	NJ 258 100
106.4	Belfast	Blast FM	Community	New Music	.025	Europa Hotel Belfast	IJ 335 738
106.4	Dublin	Raidio Na Life	Irish Community	Irish	.500	Three Rock	
106.5	Campbeltown	Argyll FM	Independent	Adult, Contemporary	.500	Campbeltown	NR 742 212
106.5	Avon	Jack FM (Bristol)	Celador	Adult, Oldies, Rock	1.000	Dundry East	ST 573 665
106.5	Preston and Leyland area	Central Radio	UTV	Adult	.133	Bee Lane	SD 543 266
106.5	Shrewsbury area	The Severn	MNA	Adult	.500	Shelton	SJ 465 135
106.5	Aldergrave, Northern Ireland	BFBS Northern Ireland	Community	Mixed Format	.025	RAF Aldergrave	IJ 154 797
106.5	NW Swansea	Radio Tircoead	Community	Mixed Format	.050	Tircoead	SN 620 001
106.5	Boulogne, France (5)	France Info	Radio France	French News	1.000	Boulogne, France	
106.6	Bournemouth area	Coast FM	Celador	Soft, Oldies	.310	Mannings Heath	SU 449 295
106.6	Winchester	Coast FM	Celador	Soft, Oldies	.020	Crabwood Farm	SU 449 295
106.6	Chapel en-le-Frith, Derbyshire	High Peak Radio	Independent	Adult, Oldies	.070	Chapel en-le-Frith	SK 064 809
106.6	Chard and Ilminster, Somerset	Mid West FM	Independent	Adult, Oldies	.250	Windwhistle	ST 384 096
106.6	Perth area	Perth FM	Independent	Adult, Oldies	.800	Perth	
106.6	East Midlands and Lincoln	Smooth Radio (East Midlands)	GMG	Oldies, Easy	10.800	Waltham	SK 809 233
106.6	North West Sussex	Spirit FM	TLRC (UKRD)	Adult, Oldies		Midhurst	SU 912 250
106.6	Central Isle of Man	Three FM	Independent	Adult, Oldies	.250	Snaefell	SC 397 881
106.6	East Berkshire	Time 106.6	Sunrise	Adult	.250	Slough Industrial Est.	SU 954 814
106.6	Lochs Ewe & Maree, W Highland	Two Lochs Radio	Independent	Mixed Music	2.000	Cliff Hill	NG 850 799
106.6	Bradford	BCB	Community	Mixed Format	.200	Idle	SE 163 374
106.6	Kirkby Lonsdale	Indigo FM	Community	Mixed Format	.100	Keartswick	SD 605 800
106.6	North Manchester	North Manchester FM	Community	Mixed Format	.025	Maston Manchester	SD 867 017

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MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
106.7	Stevenage area	Jack FM (Hertfordshire)	Independent	Adult, Oldies, Rock	.100	Old Knebworth	TL 231 208
106.7	Plymouth area	Plymouth FM	Sunrise	Adult, Oldies	.625	Fort Staddon	SX 497 517
106.7	Largs, Rothesay, Clyde Mouth	West FM	Bauer	Contemporary	.600	Rothesay	NS 125 691
106.7	Worcester	Youth Com	Community	Pop, New Music	.025	Worcester	SO 868 551
106.7	County Monaghan	1105-107	Irish Ind	Contemporary	1.000	Monaghan	
106.7	Cashel, County Tipperary	Tipperary Mid West Radio	Irish Community	Mixed Format	.025		
106.8	Bishop Auckland area	Star Radio North East	TLRC (UKRD)	Adult, Oldies	.200	Brusseton	NZ 206 249
106.8	Lewes area, Sussex	Bright FM	MSH	Adult, Oldies	.100	Lewes County Hall	TQ 408 099
106.8	Peterborough	Connect FM	Adventure	Adult	.100	Gunthorpe	TF 187 036
106.8	Central and South Oxfordshire	Jack FM (Oxford)	Absolute	Adult, Oldies, Rock	.270	Boars Hill	SP 483 030
106.8	Dover area	KM-FM (Shepway)	Kent Messenger	Adult	.100	Guston	TR 320 436
106.8	Cardiff and South East Wales	Nation Radio	Town & Country	Modern Rock	4.540	Wenvoe	ST 110 742
106.8	East Grampian Region	Original 106 (Aberdeen)	Independent	Oldies, Adult, Rock	19.000	Durriss	NO 763 897
106.8	Wakefield area	Ridings FM	Lincs	Adult, Oldies	.500	Birkwood Farm	SE 361 234
106.8	Bulford, Tidworth, Netheravon	Garrison FM (Salisbury Plain)	Community	Adult (for Army and families)	.020	Bulford Camp	SU 195 429
106.8	Exeter	Phonic FM	Community	Mixed Format	.025	Exeter	SX 920 928
106.8	Tamworth, Staffordshire	TCR FM	Community	Pop, New Music	.025	Strode House	SK 204 039
106.8	County Dublin	Dublin's 106.8 FM	Irish Ind	Irish & Country	2.000	Three Rock	
106.9	East and Central Herts	Jack FM (Hertfordshire)	Independent	Adult, Oldies, Rock	.250	Cole Green	TL 287 116
106.9	Hitchin and Letchworth, Herts	Jack FM (Hertfordshire)	Independent	Adult, Oldies, Rock	.050	Letchworth	TL 209 313
106.9	Denbigh, Ruthin and Rhyl	Real Radio (Wales)	GMG	Adult, Talk	.440	Moel-y-Parc	SJ 123 701
106.9	East Cheshire	Silk FM	Independent	Soft, Adult	.150	Sutton Common	SJ 933 676
106.9	Helensburgh, Greenock, Firth of Clyde	Your Radio	Independent	Adult	.100	Rosneath	NS 258 811
106.9	Sutton in Craven area, N Yorks	Drystone Radio	Community	Mixed Format	.025	Valley Farm	SE 013 434
106.9	Catterick, North Yorkshire	Garrison FM (Catterick)	Community	Adult (for Army and families)	.025	Catterick Garrison	SE 181 984
106.9	Sandwell, West Midlands	SACDA Radio	Community	African	.025	Sandwell	SP 007 908
106.9	Sutton in Ashfield area	Takeover Radio	Community	Childrens, Pop	.025	Sutton in Ashfield	SK 495 587
106.9	West Hull	West Hull Community Radio	Community	Mixed Format	.044	Hull Royal Infirmary	TA 081 287
106.9	East Donegal & Derry area (mono)	News Talk 106-108 FM	Communicorp	News, Talk	2.000	Holywell Hill	
106.9	County Longford (mono)	News Talk 106-108 FM	Communicorp	News, Talk	1.000	Ardagh	
107.0	West Cornwall	Atlantic FM	Tindle/ Ind	Adult, Oldies, Talk	10.690	Redruth	SW 690 394
107.0	Blackburn, Darwen, Accrington	The Bee	TLRC (UKRD)	Adult, Oldies	.500	Haslington Road	SD 696 267
107.0	Isle of Wight	Isle of Wight Radio	Independent	Adult	.100	Chilerton Down	SZ 475 835
107.0	Loughborough area	Oak FM (Loughborough)	Lincs	Adult	.100	University Tower	SK 524 190
107.0	Reading	Reading 107	Independent	Adult	.100	Park Royal Water Tower	SU 663 729
107.0	Lampeter & Teifi Valley, Dyfed	Real Radio (Wales)	GMG	Adult, Talk	.400	Mynydd Pencarreg	SN 577 430
107.0	Ballymena and Antrim	Seven FM	Northern Media	Adult, Oldies	.620	Portlengone	ID 008 078
107.0	Monmouth area	Sunshine 107	Sunshine Group	Adult, Oldies	1.000	Monmouth	SU 526 128
107.0	Lothian and Fife				10.000	Craigkelly	NT 233 872
107.0	Colchester	Garrison FM (Colchester)	Community	Adult (for Army and families)	.025	Colchester Garrison	TL 989 242
107.0	East Grinstead, Sussex	Meridian FM	Community	Mixed Format	.025	East Grinstead	TQ 398 385
107.0	Sunderland	Spark FM	Community	New Music	.025	Monkwearmouth	NZ 400 579
107.0	East Wicklow (mono)	News Talk 106-108 FM	Communicorp	News, Talk	1.000	Wicklow Head	
107.0	West County Limerick (mono)	News Talk 106-108 FM	Communicorp	News, Talk	.500	Woodcock Hill	
107.0	North East County Cork (mono)	News Talk 106-108 FM	Communicorp	News, Talk	.250	Nagels	
107.1	W Kintyre, S Islay, Gigha	Argyll FM	Independent	Adult, Contemporary	.630	Ballygroggan	NR 629 189
107.1	North London	Choice FM	Global Radio	Rhythm	.100	Alexandra Palace	TQ 297 901
107.1	Pateley Bridge, North Yorks	Fresh Radio	Independent	Adult	.045	Pateley Bridge	SE 161 658
107.1	Ilkley area, North Yorks	Fresh Radio	Independent	Adult	.050	Ben Rhidding	SE 135 478
107.1	Oswestry, Shropshire	The Severn	MNA	Adult	.100	Selatynn	SJ 266 318
107.1	Ely and Littleport area	Star FM	UKRD	Adult	.150	Littleport	TL 567 879
107.1	Rugby	Touch Radio - Rugby FM	Quidern	Adult	.100	Royal Ct Rounds Garden	SP 498 754
107.1	Doncaster area	Trax FM (Doncaster)	Lincs	Adult, Oldies	.500	Clifton	SK 518 959
107.1	Stockton-on-Tees	Cross Rhythms Teeside	Community	Christian	.025	Stockton-on-Tees	NZ 442 188
107.1	Belfast	Radio Failte	Community	Irish Language	.025	Belfast	IJ 326 744
107.1	Glastonbury, Somerset	Glastonbury FM	Community	Mixed Format	.025	Glastonbury	ST 494 397
107.1	Badenoch and Strathspey	Speysound Radio	Community	Mixed Format	.132	Cairngorm Ski Lift	NJ 005 048
107.2	Winchester area	Breeze 107	Celador	Oldies, Easy	.200	Crabwood Farm	SU 449 295
107.2	Brighton and Hove	Juice FM (Brighton)	Independent	New Music	.100	Sussex Heights Tower	SQ 306 042
107.2	Thanet	KM-FM (Thanet)	Kent Messenger	Adult	.100	Broadstairs	TR 374 674
107.2	West and North Gwynedd	Real Radio (Wales)	GMG	Adult, Talk	18.750	Arfon	SH 476 463
107.2	Rutland	Rutland Radio	Lincs	Oldies, Soft	.100	Manton	SK 877 044
107.2	Dungannon area, Northern Ireland	Six FM	Northern Media	Adult, Oldies, Country	.250	Dungannon	IH 798 625
107.2	Bristol	Star 107.2	Celador	Oldies, Easy	.660	Pur Down	St 610 764
107.2	Warrington, Runcorn & Widnes	Wire FM	UTV	Adult	.100	High Warren	SJ 614 843
107.2	Kidderminster area	The Wyre	MNA	Adult	.200	Kidderminster	SO 808 739
107.2	Amber Valley, Derbyshire	Amber Sound	Community	Mixed Format	.025	Ripley	SK 398 504
107.2	Central Glasgow	Awaz FM	Community	Asian	.025	Glasgow	NS 579 635
107.2	South East Ireland (mono)	News Talk 106-108 FM	Communicorp	News, Talk	8.000	Mount Leinster	
107.2	Mid County Mayo (mono)	News Talk 106-108 FM	Communicorp	News, Talk	3.000	Kililtmagh	
107.2	North Kerry (mono)	News Talk 106-108 FM	Communicorp	News, Talk	1.000	Knocknoyle	
107.2	Clonmel, Tipperary	S Tipperary General Hospital R	Irish Hospital	Mixed Format			
107.3	Exeter area	Exeter FM	Sunrise	Adult, Oldies	.900	St Thomas	SX 898 922
107.3	Swansea area	Nation Radio	Town & Country	Modern Rock	1.250	Kilvey Hill	SS 672 940
107.3	Bargoed and Blackwood, Gwent	Real Radio (Wales)	GMG	Adult, Talk		Bargoed	
107.3	Prestatyn, North Wales	Real Radio (Wales)	GMG	Adult, Talk		Gwaenysgor	
107.3	Warwick & Leamington Spa	Touch FM	Quidern	Adult	.200	Leamington Spa	SP 329 663
107.3	Dumfries	Alive Radio	Community	Mixed Format	.050	Dumfries	NX 966 757
107.3	North Leeds	Radio Asian Fever	Community	Asian	.025	Potternewton Lane	SE 302 366
107.3	Alnwick, Northumberland	Lionheart Radio	Community	Mixed Format	.022	Alnwick Moor	NU 177 127
107.3	Laurencekirk, Grampian	Mearns FM	Community	Mixed Format	.025	Laurencekirk	NO 747 710
107.3	Lincoln	Siren FM	Community	Pop, New Music	.025	Lincoln University	SK 970 711
107.3	Swaffham & Watton, Norfolk	Wayland Radio	Community	Mixed Format			

## UK and Ireland FM Transmitters

MHz	Area	Station	Broadcaster	Format	kW	Transmitter Site	Grid
107.4	Portsmouth area	<b>Breeze 107</b>	Celador	Oldies, Easy	.100	Fort Southwick	SU 626 069
107.4	Kettering and Corby	<b>Connect FM</b>	Adventure	Oldies, Adult	.200	Geddington	SP 908 839
107.4	Hungerford, Berkshire	<b>Newbury Sound</b>	Independent	Adult	.020	Hungerford	SU 338 674
107.4	Chesterfield area	<b>Peak FM</b>	Forever	Contemporary, Adult	.100	Chesterfield	SK 383 764
107.4	Telford area	<b>The Severn</b>	MNA	Adult	.100	Heath Hill	SJ 681 077
107.4	Bridgwater area, Somerset	<b>Total Star Somerset</b>	One Gold	Adult, Oldies	.100	Bridgwater	ST 293 357
107.4	Bolton and Bury area	<b>Tower FM</b>	Forever	Adult	.100	Old Halls Fm, Harwood	SD 763 121
107.4	Braintree, Essex	<b>Lesiure FM</b>	Community	Mixed Format	.025	Pateswick	TL 814 241
107.4	Wetherby, West Yorks	<b>Tempo FM</b>	Community	Mixed Format	.020	Wetherby	SE 407 486
107.4	North West Ireland (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	5.000	Truskmore	
107.4	NE Republic of Ireland (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	5.000	Mohercrome	
107.4	Kerry & West County Cork (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	4.000	Mullaghanish	
107.4	SE Tipperary & N Waterford (m)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	.250	Clonmel	
107.4	Waterford City (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	.250	Gallows Hill	
107.4	Fermoy & Mitchelstown, Cork (m)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	.250	Turbeigh	
107.5	Fishguard & Newport, Pems	<b>Radio Pembrokeshire</b>	Town & Country	Adult, Oldies	.090	Fishguard	SN 944 391
107.5	Tenby Pembrokeshire	<b>Radio Pembrokeshire</b>	Town & Country	Adult, Oldies	.070	Tenby	SN 133 613
107.5	West Tyneside, Tyne & Wear	<b>Smooth Radio (North East)</b>	GMG	Oldies, Easy	.050	Fenham	NZ 216 648
107.5	Eastbourne area	<b>Sovereign Radio</b>	MSH	Adult, Oldies	.100	Butts Brow, Hailsham	TQ 580 015
107.5	Romford, Barking & Dagenham	<b>Time 107.5 FM</b>	Sunrise	Adult, Soul	.340	Lambourne House	TQ 518 889
107.5	Cheltenham & Tewkesbury area	<b>Total Star Gloucestershire</b>	One Gold	Adult, Oldies	.100	Eagle Star Building	SO 948 217
107.5	Warminster, Westbury & Frome	<b>Total Star Warminster</b>	One Gold	Adult, Oldies	.100	Warminster	ST 874 462
107.5	Ballykinlar, Northern Ireland	<b>BFBS Northern Ireland</b>	Community	Mixed Format	.025	Abercorn Barracks	IJ 463 364
107.5	Leicester	<b>Demon FM</b>	Community	New Music	.025	Leicester	SK 582 038
107.5	Felixstowe, Suffolk	<b>Felixtowe Radio</b>	Community	Mixed Format	.025	Felixtowe	TM 303 351
107.5	NE Birmingham and Solihull	<b>Switch Radio</b>	Community	Mixed Format	.025	Castle Vale	SP 140 914
107.5	Spalding, Lincolnshire	<b>Tulip Radio</b>	Community	Mixed Format	.025	Fulney	TF 266 223
107.6	Banbury & Brackley area	<b>Banbury Sound</b>	Quidern	Adult	.200	Farthinghoe	SP 532 387
107.6	Bournemouth area	<b>The Fire</b>	Independent	Dance	1.000	West Howe	SZ 043 951
107.6	Liverpool area	<b>Juice FM (Liverpool)</b>	Ind/ UTV	New Music	.400	Liverpool Anglican Cat	SJ 354 849
107.6	Basingstoke	<b>Kestrel FM</b>	Tindle	Adult	.100	Basingstoke Fanum Ho	SU 649 523
107.6	Ashford area, Kent	<b>KM-FM (Ashford)</b>	Kent Messenger	Adult	.500	Charter House	TR 011 429
107.6	Bradford area	<b>Real Radio (Yorkshire)</b>	GMG	Adult, Talk	.100	Idle	SE 163 374
107.6	Nottingham	<b>Dawn FM</b>	Community	Asian	.050	Mappley Ridge	SK 582 428
107.6	West Ireland (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	15.000	Maghera	
107.6	West Waterford (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	3.000	Dungarvan	
107.6	Meath, Kildare, NW Wicklow (m)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	1.000	Saggart	
107.6	East Inishowen	<b>Inishowen Community Radio</b>	Irish Community	Mixed Format	.060	Moville	
107.7	S Kapdalle, E Islay, Jura	<b>Argyll FM</b>	Independent	Adult, Contemporary	.500	South Knapdale	NR 837 748
107.7	Chelmsford area	<b>Chelmsford Radio</b>	Adventure	Adult, Oldies	.100	Danbury	TL 784 054
107.7	Peterborough area	<b>Kiss 105-108</b>	Bauer	Dance	.200	Gunthorpe	TF 187 036
107.7	Weston-super-mare, Burnham	<b>Nova Radio</b>	Independent	Adult	.100	Worlebury Hill	ST 325 627
107.7	Ceredigion	<b>Real Radio (Wales)</b>	GMG	Adult, Talk	12.500	Blaenplwyf	SN 569 756
107.7	Sheffield and Rotherham	<b>Real Radio (Yorkshire)</b>	GMG	Adult, Talk	.100	Tapton Hill, Sheffield	SK 324 870
107.7	Cleveland and Darlington	<b>Smooth Radio (North East)</b>	GMG	Oldies, Easy	5.000	Eston Nab	NZ 569 183
107.7	Worthing	<b>Splash FM</b>	MSH	Adult, Oldies	.100	Guildbourne House	TQ 149 025
107.7	Swindon area	<b>Total Star Swindon</b>	One Gold	Adult, Oldies	.200	Blunsdon	SU 143 900
107.7	Wolverhampton area	<b>The Wolf</b>	UTV	Adult, Oldies	.100	Mander House	SO 915 986
107.7	Calais, France (6)	<b>Autoroute Info</b>	France	French Travel News		Calais, France	
107.8	Hastings	<b>Arrow FM</b>	MSH	Adult, Oldies	.100	Hastings	TQ 807 100
107.8	Southampton area	<b>Breeze 107</b>	Celador	Oldies, Easy	.900	Chilworth	SU 406 180
107.8	Kingston area, SW London	<b>Radio Jackie</b>	Independent	Adult, Oldies	.800	Tolworth Tower	TQ 198 659
107.8	<i>Leominster, Herefordshire</i>	<i>Sunshine 106.2</i>	Sunshine Group	<i>Adult, Oldies</i>	<i>1.600</i>	<i>Ridge Hill</i>	<i>SO 630 333</i>
107.8	Abergavenny and Usk Valley	<b>Sunshine 107</b>	Sunshine Group	Adult, Oldies	.040	Abergavenny	SO 244 126
107.8	Thanet, Kent	<b>Academy FM (Thanet)</b>	Community	Mixed Format	.025	Ramsgate	TR 363 666
107.8	Dalkeith and Midlothian	<b>Black Diamond FM</b>	Community	Mixed Format	.021	Newtongrange	NT 341 628
107.8	Norwich	<b>Future FM</b>	Community	Mixed Format	.050	Markham Tower	TG 213 109
107.8	Derby	<b>Radio Ikhlas</b>	Community	Asian	.020	Normanton	SK 335 345
107.8	Northampton	<b>Inspiration FM</b>	Community	Mixed Format	.025	Kingsthorpe Comm College	SP 760 642
107.8	Stockport	<b>Pure Radio</b>	Community	Mixed Format	.025	Ratcliffe Towers	SJ 897 898
107.8	Llandudno, Wales	<b>Tundo FM</b>	Community	Mixed Format	.025	Lamudno	SH 785 816
107.8	Cork City & SE Co. Cork (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	5.000	Spur Hill	
107.8	Mid Tipperary (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	1.000	Kilduff	
107.8	Gorey, County Wexford (mono)	<b>News Talk 106-108 FM</b>	Communicorp	News, Talk	.250	Gorey	
107.8	<i>Arklow, Wicklow (mono)</i>	<i>News Talk 106-108 FM</i>	<i>Communicorp</i>	<i>News, Talk</i>		<i>Glenoge</i>	
107.8	<i>South Wexford (mono)</i>	<i>News Talk 106-108 FM</i>	<i>Communicorp</i>	<i>News, Talk</i>		<i>Forth Mountain</i>	
107.9	Bath	<b>Total Star Bath</b>	One Gold	Adult, Oldies	.100	Bath	ST 769 654
107.9	Southport, Ormskirk & Sefton	<b>Dune FM</b>	Independent	Adult	.100	Gaw Hill	SD 400 076
107.9	Oxford	<b>Glide FM</b>	Absolute	Pop	.200	Boars Hill	SP 483 030
107.9	Medway towns	<b>KM-FM (Medway)</b>	Kent Messenger	Adult	.190	Gillingham	TQ 776 667
107.9	Hinckley & SW Leicestershire	<b>Oak FM (Hinckley)</b>	Lincs	Adult	.100	Barwell Water Tower	SP 452 970
107.9	<i>Central Powys</i>	<i>Real Radio (Wales)</i>	<i>GMG</i>	<i>Adult, Talk</i>	<i>2.800</i>	<i>Llandrindod Wells</i>	<i>SO 018 635</i>
107.9	Cambridge	<b>Star FM</b>	UKRD	Adult	.100	Limekiln Hill	TL 483 555
107.9	North Nottinghamshire	<b>Trax FM (Bassetlaw)</b>	Lincs	Adult, Oldies	.070	Workshop	SK 603 822
107.9	Pontypridd, South Wales	<b>GTFM</b>	Community	Mixed Format	.100	Bryn Tail Farm	ST 093 899
107.9	Isles of Scilly	<b>Radio Scilly</b>	Community	Mixed Format	.025	Marine & Coastguard Agency	SV 912 121
107.9	Stoud, Gloucestershire	<b>Stroud FM</b>	Community	Mixed Format	.025	Stroud High Street	SO 852 051
107.9	Port Talbot	<b>XS</b>	Community	Pop, New Music	.025	Aberavon	SS 764 901

*Italic font indicates a planned transmitter - subject to change*

Weak reception of some French, Belgian and Netherlands services is possible in certain areas: (1) Kent and East Sussex (2) South coast of Sussex, Hants, Wight and Dorset, (3) Channel Isles and South coast of Dorset, Devon and Cornwall, (4) East coast of Norfolk and North Suffolk, (5) South coast of Kent and East Sussex, (6) East and South coasts of Kent